



52nd Annual Delray Affair set for April 25-27 Featuring "The Art of the Automobile Classic Car Show"

DELRAY BEACH, FL – In 2014, the Greater Delray Beach Chamber of Commerce will celebrate its 52nd year of the Delray Affair. Nicknamed the "Greatest Show under the Sun", the Delray Affair is the largest arts & craft festival in the Southeast United States. The event takes place along the palm tree lined downtown streets of Delray Beach and stretches 12 city blocks from the Intracoastal to NW 2nd Avenue, grounds of Delray Beach Center for the Arts and Old School Square Park. The Delray Affair has received numerous awards for its 'eclectic' mixture of fine art, great crafts and funky products from around the world. Last year, artists and crafters from 30 states and twelve countries exhibited at the Delray Affair.

Produced by the Greater Delray Beach Chamber of Commerce, the Delray Affair traces its roots back to the 1940's and '50s and the annual Delray Beach Gladiola Festival, a community-wide event, that attracted tourists as well as local residents who participated in everything from the annual Gladiola parade to the Miss Gladiola beauty pageant.

The upcoming event takes place April 25-27, 2014. Fri & Sat: 10 am - 6 pm, Sun: 10 am - 5 pm. Record crowds are expected again (if that's possible)! Visit the Delray Affair as you stroll the streets of The Most Fun Small Town in US!

For more information visit www.delrayaffair.com



SEE DELRAY AFFAIR SPECIAL SECTION INSIDE!

'Hot Here: It's Always Cool in Delray Beach'

Delray Beach Marketing Cooperative launches summer marketing campaign

DELRAY BEACH, FL – "No matter what the thermometer says, this summer it's always cool in Delray Beach." That's the message the Delray Beach Marketing Cooperative will be sending out beginning this month with its new "Hot Here: It's Always Cool in Delray Beach" summer marketing campaign.

"The campaign is designed to bring visitors to Delray Beach in the summer and shoulder seasons to support our local businesses," said Stephanie Immelman, executive director of the Delray Beach Marketing Cooperative.

The campaign, created by Immelman and DBMC Associate Director Stephen Chrisanthus, will target in-state travelers as well as residents of cities with non-stop flights to Palm Beach International Airport. It will use heavy social media and public relations, in addition to advertising, to get the message across.

"The locals know that Delray Beach is a cool place to be year round," Chrisanthus said. "We want to send that message to cities that may not know" **Continued on page 13**

Delray Beach voters elect Jarjura and Jacquet

By Nicole Danna
The Pineapple Staff Writer

On Tuesday, March 11 Delray Beach voters went to the polls to elect candidates for two City Commission seats. Out of 41,455 registered voters more than 6,332 hit the polls to choose between seven candidates, including political newcomer, Jordana Jarjura.

Vying for Seat 2, incumbent Commissioner Al Jacquet went head-to-head with Chris Davey, winning by 265 votes. Jacquet received 3,138 of the more than 6,000 recorded votes; Davey took 2,908; and Rick Burgess following with 286 votes.

"This was a hard-fought battle," Jacquet told the Sun Sentinel in a recent interview. "I love my town, and I want to

serve. The people have spoken and they agree."

With overwhelming support Jarjura, a Delray Beach native, won Seat 4 from incumbent City Commissioner Angeleta Gray, securing just over 50 percent of the 5,992 votes cast in the race. Splitting the remaining votes was Victor Brinson with 292 votes, followed by Pam Kirson with 219 votes.

Jarjura, 34, told *The Pineapple* in a recent interview that she has always had an interest in running for local office. Currently a partner at Conrad & Scherer in Fort Lauderdale, Jarjura added her experience as a government attorney offers valuable insight into the type of issues that come before local government officials, including land use, contracts and regulatory concerns.

"It is clear the voters are interested in a responsible, practical and common sense approach to" **Continued on page 5**

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Delray Beach to Expand East and Develop Pineapple Island

DELRAY BEACH, FL – In efforts to lessen the stresses of growth and development upon Atlantic Avenue west of Swinton, Delray Beach officials voted to expand the city east, approving plans to dredge and raise an additional square mile of useable land off the Delray Beach coast. A private charette was held on February 3, 2014, whereupon Beaux & Gussé



Rendering of proposed Pineapple Island east of beach

Developers Corp. proposed an ambitious plan that would lengthen Atlantic Avenue eastward to accommodate a 300-acre residential community and 225,000 square-foot mixed-use development consisting of a 850-key boutique resort with ground floor retail and restaurant space.

The development, currently labeled as Pineapple Island, was approved March 3, 2014. The Delray Beach Community Redevelopment Agency has partnered with the developer to help fund and facilitate the project, calling the endeavor "an innovative approach to easing tensions between the city and those who are being pushed west of 95 by current development." **Continued on page 5**

22nd Annual Egg Hunt



Children, ages 1 to 8 years old, are invited to bring their baskets and help Delray Beach Parks and Recreation hunt for over 10,000 Eggs filled with candy and special prizes.

When: April 19
8:00 a.m.—Visit with the Bunny
8:30 a.m. Sharp! —Hunt Starts

Where: Seacrest Soccer Complex
2505 N. Seacrest Blvd., Delray Beach

Sponsored by: Delray Beach Parks and Recreation and Delray Citizens for Delray Police/Kids and Cops Program

Volunteer Opportunities: Help Stuff 10,000 plastic eggs with candy and prizes. Hours will be awarded! April 14 and April 16, 6:00 pm - 8:00 pm at the Delray Beach Community Center, 50 NW 1st Ave., Delray Beach.

For more information or if you are interested in sponsoring prizes for the Egg Hunt, please contact Danielle Beardsley at (561) 243-7277 or by email at Beardsleyd@mydelraybeach.com



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Dinner 7 days 4:30 – close

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Delray Marketplace to host second annual Easter Egg Hunt and Breakfast

DELRAY BEACH, FL – Delray Marketplace, Delray Beach's 254,686 sq. ft. dining, entertainment and shopping destination, will host a Breakfast Buffet, Easter Egg Hunt, and photos with the Easter Bunny event on Saturday, April 19 from 11:00 a.m. to 3:00 p.m. While children are hunting for eggs, parents can register for a chance to pick one of six golden eggs filled with gift cards and prizes.

The Breakfast Buffet will be hosted at Bella Amici beginning at 11 a.m. followed by the Easter Egg Hunt, face painting with mother goose at 1:00 p.m. and photos with the Easter Bunny at The Grind Coffee Café from 1:30 p.m. to 3 p.m.

Tickets for the breakfast buffet are \$6 per person, children three years or younger eat free. Photos with the Easter Bunny are \$6 per photo; each ticket includes one Polaroid photo from the Polaroid Fotobar. Tickets can be purchased in advance at www.delraymarketplaceegghunt.eventbrite.com.

Located at 14851 Lyons Road just west of the Florida Turnpike with easy access off of West Atlantic Avenue and Lyons Road, Delray Marketplace draws from the local Delray Beach market, plus residents and visitors in the Boynton Beach, Boca Raton, and southwest Palm Beach County areas.

For more information on Delray Marketplace, please call (561) 865-4613 or visit www.delraymarket.com.



Earth Day Celebration - Saturday, April 19 Delray Beach "Green and Thriving"

DELRAY BEACH, FL – The City of Delray Beach invites the community to celebrate Earth Day on Saturday, April 19th at Old School Square Park, 95 NE 1st Avenue. From 10:00 am - 12:00 pm noon, families and friends are invited to participate in fun, green-themed activities while learning about the City's continuing efforts to be "green and thriving". The event is free and the public is encouraged to attend.

This year's event will be held in collaboration with the Delray GreenMarket in the Park, an open air marketplace located in Old School Square Park. The Delray GreenMarket is a favorite weekend destination with more than sixty plus vendors offering farm fresh local produce

and citrus, artesian baked goods, vegan and gluten free products and more.

In addition, representatives from local agencies and organizations will provide information on water conservation, energy efficiency programs and our local marine environment. Games, arts & crafts activities and environmental storytelling will entertain children of all ages.

Join the City on April 19th to celebrate the people, policies, products and services that are moving Delray Beach toward sustainability. For more information, contact the Public Information Office at (561) 243-7190 or E-mail PIO@mydelraybeach.com.

Earth Day is an annual event designed to inspire awareness and appreciation



for our global environment. Founded by U.S. Senator Gaylord Nelson in 1970, the first Earth Day led to the creation of the United States Environmental Protection Agency and the passage of the Clean Air, Clean Water, and Endangered Species Acts. This year's event, themed "Green Cities", is expected to be celebrated in over 190 countries worldwide. For more information, visit www.earthday.org/greencities.

The Delray GreenMarket in the Park is a project of the Delray Beach Community Redevelopment Agency.

The Delray Beach Historical Society, The Historical Society of Palm Beach County and Ocean Properties Present "Barefoot by the Sea!"

The journey of the "Barefoot Mailman" is being remembered on Sunday, April 6th as our Historical Society will host a family fun event on its campus from 1 pm – 4 pm!

In 1885, the sixty-mile stretch of South Florida coastline between Lake Worth and Biscayne Bay was fast becoming populated with settlers. The U.S. Postal Service had a challenge delivering mail to these settlers and with no roads or railroad the only option was to transport mail on foot along the coastline. A "Star" or "Barefoot" route was created. The hardy souls that traversed this distance in the hot Florida sun with heavy mail sacks became known as the legendary "Barefoot Mailmen."

The Barefoot Mailman walked five miles across Boynton Beach and rested his first night at the Orange Grove House of Refuge (for shipwrecked sailors) just north of Atlantic Avenue in Delray Beach. The next day he walked twenty-five miles on the beach until he reached Hillsborough Inlet and crossed in a small boat he kept hidden in the bushes. Alternating between foot and small boat he reached Lemon City on day three and began his return early the next morning. The round trip was 136 miles—80 by foot and 65 by boat.

Kids at "Barefoot by the Sea" will learn

about the Barefoot Mailman, take part in Turtle Races by Dr. Scott, and enjoy beach crafts, face painting and more as the live Reggae sounds of ARTIKaL play on the north lawn! Cost is \$10 per person; children under 3 free. Profits benefit the many educational programs, exhibits and important archiving taking place at our Historical Societies.



For more information please call 561-274-9578 or visit delraybeachhistory.org
Delray Beach Historical Society Campus – 5 NE 1st Street, Delray Beach
Parking across the street in the garage • Entry \$10; children under 3 are free



SAY HELLO TO YOUR NEW PINEAPPLE DELIVERY AGENT

With the continued success of your hometown community newspaper, **The Pineapple**, we've recently contracted with a new delivery management team, National Distribution Solutions, to help us deliver **The Pineapple** to our more than 250 dropoff locations in a timely manner, each and every month.

Join us in welcoming our new team of professionals. If you have any questions about delivery to your location, please give us a call at 561-299-1430 or email us at info@PineappleNewspaper.com.

A special thanks to all of our local businesses and organizations who proudly serve as delivery points for the legions of devoted readers of **The Pineapple**.

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GREEN MARKET

OLD SCHOOL SQUARE PARK delray GreenMarket in the park
1/2 Block North of Atlantic on NE 2nd Ave every saturday • 9 a.m. to 2 p.m.

Shop with more than 60 vendors:

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- The Orchid Doctor
- Hot Sauces
- Anita's Guacamole
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- Amazing Creations Florist
- Kaler's Orchids
- Serenity Flow Soaps
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- Paellas de Espana
- LipSMaKin Good Honey
- Tweedle Organic Dog Treats
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- Stone Crabs
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- Old School Bread Co.
- Juice King
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- Katie Kakes – Gluten Free
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- Delray Beach Jam Company
- Pickle Peddler
- Bistro Blends Olive Oils & Balsamic Vinegars
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Visit Tri-County Humane Society and Dezy's 2nd Chance Rescue every week at the Green Market!



(561) 276-7511
greenmarket@delraycra.org
www.delraygreenmarket.com

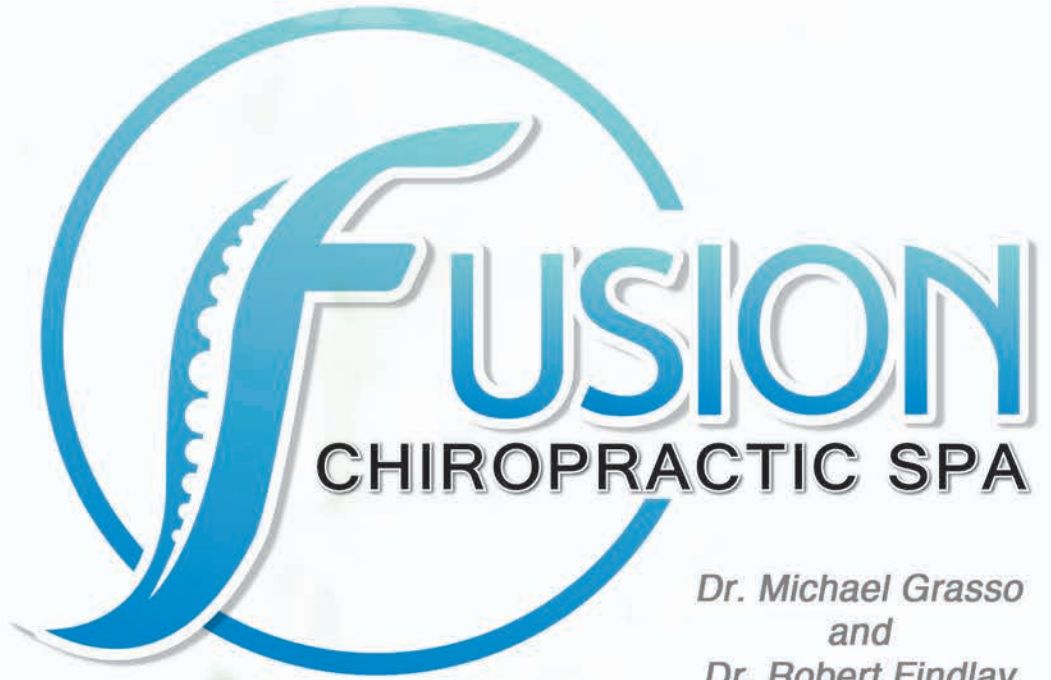


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delraygreenmarket.wordpress.com



13th Annual Easter Bonnet Pet Parade
Sat. Apr. 19th
• 9:00-9:45am Registration under "Big Top" in front of Delray Center for the Arts Amphitheater \$3 entry fee to benefit local animal rescue group
• 10:00am Parade south on 1st to Atlantic, west to Cornell Museum for Judging & Prizes
Closed April 26 for the Delray Affair

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PINEAPPLE ISLAND - continued from page 1

When asked about the environmental impact of dredging the coastline and accommodating the required 36 months of construction, Nathaniel Giltner, president of Beau & Gussé stated, "When it comes to accommodating the needs of the ocean versus accommodating the needs of city residents and project investors, I choose the latter. This project will generate more than enough revenue to support local environmental groups, which will undoubtedly be cleaning up after us."



Expecting an outcry of protest, *The Pineapple* is pleased to announce, "Happy April Fools Day."

Milagro Center's futuristic-themed "2014 SuperSTAR Spectacular" showcase event to deliver brighter futures for local disadvantaged at-risk children

DELRAY BEACH, FL – Nonprofit arts and education-based Milagro Center will be holding its annual fundraising event, the "2014 SuperSTAR Spectacular" presented by Mercedes-Benz of Delray, on Wednesday, April 9, 2014 at 6:00 PM at the Mercedes-Benz of Delray showroom. The "2014 SuperSTAR Spectacular" will be a bright and futuristic event showcasing the outstanding talents of Milagro Center's children and teens from kindergarten through 12th grade. Highlights of the night will include musical, freestyle dance, and spoken word performances by Milagro students along with a display of student-created art available for sale. Guests will participate in silent and

live auctions of more than 50 fabulous items, including a Las Vegas trip and ESPN co-host opportunity. Delicious hors d'oeuvres and an assortment of cocktails will be served throughout the evening.

Each year, the "SuperSTAR Spectacular" event raises funds to support Milagro Center's innovative cultural arts and education programs which have a direct and positive impact on the local South Palm Beach County community. Located in one of the most economically challenged neighborhoods in Delray Beach, Milagro (which means "miracle" in Spanish) Center is a nonprofit organization providing cultural arts, academic support, non-sectarian Living Values education and mentoring to the community's most at-risk children living at or below the federal poverty level. Students attending Milagro Center gain an indestructible sense of self worth and succeed academically through participation in Milagro's uniquely integrated curriculum. This past academic school year, 100% of the children attending Milagro Center were promoted to the next grade level. This is a significant outcome, considering that nearly 40% of all at-risk youth nationwide do not graduate from high school. Milagro Center's social impact on the community at large is evident in the success of its children.

"The support of the community is vital to ensuring the long-term success of a child who starts life at risk of educational and social failure," says Milagro Center's Executive Director Barbara Stark. "With the involvement of caring and committed individuals and local companies, the cycle of poverty and academic failure can be reversed. By supporting Milagro Center, our children will have a better and brighter future and will become self-sufficient successful members of our community."

More than 250 guests demonstrating their support for Milagro Center are expected to attend the showcase event. Proceeds from the event will help fund and grow the Center's afterschool STARS, Teens, Mentoring, and ArtReach programs. Returning event sponsors include AutoNation, Inc., Florida Community Bank, Jarden Consumer Solutions, Mercedes-Benz of Delray, PermaPlate Company, and Zimmerman Advertising. Tickets are on sale now for \$75 in advance or \$85 at the door. To purchase tickets and for more information on the event, including sponsorship opportunities, please call 561-279-2970 or visit www.milagrocenter.org.



About Milagro Center

Milagro, which means "miracle" in Spanish, serves disadvantaged, undervalued children, teens, and families throughout South Florida. The Center's four goals are to ensure academic success, promote the arts, teach inclusion while embracing diversity, and create strong individuals who positively impact their communities. Please visit the website at www.milagrocenter.org, become a Facebook fan of "The Milagro Center" Cause page, and follow Milagro Center on Twitter @MilagroCenter.

ABUNDANCE OF KITTENS ON THE HORIZON WITH IMPENDING WARM WEATHER MONTHS

Peggy Adams Animal Rescue League provides key suggestions to help kittens thrive

WEST PALM BEACH, FL —With the impending "Kitten Season"—from early spring through late fall when cats more commonly mate—Peggy Adams Animal Rescue League is providing critical public awareness tips for the public to help kittens, shelters and community withstand the season. The abundance of litters throughout the community typically causes an unnecessary increased intake of kittens at area shelters even though it is best for kittens to be left with their mothers.



"Most discoveries of newborn kittens do not call for human assistance, and in fact, no intervention is the best thing," said Heidi Nielsen, Assistant Director of the League. "The goal is to keep the mother and kittens together to ensure the best chances for the kittens' survival until the kittens are weaned and can be safely removed for socialization and adoption."

Animal shelters like Peggy Adams Animal Rescue League are significantly impacted during this time of year, even though kittens need their mothers to survive. It also causes impact to shelter staff who do not have the resources to feed the kittens around the clock.

Before jumping to the rescue, consider the following:

- In the first weeks of their lives, kittens need their mother's care and antibodies from her milk. As they grow, the mother will begin to give her kittens the critical training needed to survive on their own.
- Before concluding that the kittens have been abandoned, quietly observe from a safe distance to determine if the mother is present. The mother will continually stay with her litter for the first day or two after giving birth. Then, she will need to leave for short periods of time to find food for herself. If the mother is not present, she is most likely scouting for food and will return.
- A mother cat will instinctively move her nest of kittens. If a single, young kitten is spotted, it is likely that it is the first of the group to be moved to the new location or the last of the group to get moved from the old location.
- Do not interfere with the kittens or the space they are occupying. It is essential to not handle them, create shelter, or feed them as long as the mother is around. These interventions may cause the mother stress and for her to abandon her family.
- Help by providing food and water to the mother. Be sure to place food and water far enough away from the nest so you do not disturb the mother and kittens, or draw predators.
- Cats should be brought in for spay/neuter once the kittens are weaned. For details visit, www.peggyadams.org/found-kitten-resources and www.peggyadams.org/feral-cat-tr-trap-neuter-return

Following these simple measures will increase the survival rate of the kittens, allowing them to thrive in their natural environment. Additionally, it will allow local animal shelters to use their resources to further assist the current shelter population with the critical care they need and help place adoptable animals in homes.

For additional information on Peggy Adams Animal Rescue League and more details on Kitten Season, visit peggyadams.org or call 561.686.3663.

COMMISSIONER ELECTION - continued from page 1

problem solving in city hall, and that's exactly what I am going to give them," said Jarjura. "Over the past few months, I promised transparency, accountability, responsiveness and respect. You might not agree with me

on every issue, but I can promise these four tenets throughout my three-year tenure. I'm humbled by the opportunity, and plan to work hard to make those that put their faith in me proud."



Al Jacquet



Jordana Jarjura

THE PINEAPPLE
delray beach newspaper

DELRAY BEACH CITY DIRECTORY

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100 NW 1st Avenue
Delray Beach, Florida 33444
www.mydelraybeach.com

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City Manager's Office
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Water/Sewer Maint.
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Parks & Recreation
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City Clerk's Office
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pineapple slices

John A. (Jack) Warner to serve as Interim Finance Director

The City of Delray Beach is pleased to announce that John A. (Jack) Warner will serve as its Interim Finance Director while the City searches for a candidate to fill the position. Warner has served as Chief Financial Officer (CFO) in established companies both domestic and international. His background in managing financial organizations will prove to be an asset to the City.

Warner has worked in finance for over twenty years. During his career, he has led financial operations for major corporations as well as provided consulting services to government and private enterprises. He brings a wealth of knowledge in budget analysis, financial planning and resource management to the City's organization.

Warner has been a member of the Board of the YMCA of South Palm Beach County since 1994. He is currently a member of the Finance Committee and is Chair of the Foundation Board. In addition, Warner is Vice Chair of the Palm Beach County Schools Finance Committee and is a member of the Board of Trustees of the Delray Beach Police Officers' and Firefighters Retirement System.

A graduate of Princeton University, Warner holds a Bachelor of Science Degree in Engineering. He earned his Master of Science Degree in Engineering at Northwestern University and attended Harvard Business School where he studied Financial Management and Strategic Marketing Management.

Please join the City in welcoming Jack Warner as interim Finance Director for the City of Delray Beach. For more information, contact the Public Information Office at (561) 243- 7190 or E-mail pio@mydelraybeach.com.

City continues to seek qualified candidates to fill five senior management positions

The City of Delray Beach is composed of twelve departments, providing quality services to the residents of our community. Each department is led by a director or department head who is a member of the Senior Management Team.

Due to retirements, resignations, etc., the City has experienced vacancies within the Senior Management Team. The City is pleased to announce that some of these positions have been filled (Environmental Services Director, Parks and Recreation Director). In addition, the City recently hired a Sustainability Officer.

The City is actively pursuing qualified candidates to fill the remaining five (5) open positions on the Senior Management Team: Assistant City Manager, City Attorney, Planning and Zoning Director, Finance Director and Human Resources Director.

To ensure that each department continues to operate at its highest level and provide quality services to our residents, interim (acting) directors/department heads have been assigned to all open positions on the Senior Management Team with the exception of the Assistant City Manager. Duties and responsibilities of this position have been temporarily assigned to the current Assistant City Manager.

Announcements will be forthcoming via press releases as these positions are filled. For more information, contact the Public Information Office at (561) 243-7190 or E-mail pio@mydelraybeach.com. To view

The Delray Beach Elks Lodge Annual Dinner Awards Night



This year's Delray Beach Awards Dinner was enjoyed by many of Delray Beach's finest! This annual event is held to honor the Delray Beach Police, Firefighter/Paramedic and Ocean Rescue Person of the Year. They are chosen by their supervisor or department head for their accomplishment and dedication, or for their services back to the community during the past year.

This year's Police Officer of the Year award went to **Det. Bruce Danin**. Firefighter/Paramedic of the Year award went to **Captain Shawn Gibson**. Ocean Rescue of the Year award went to Lt. Robert Black. Included this year were Students on the Month; **Michael** and **Ryan Haag** from St. Vincents and Trinity Lutheran. Delray Beach Elks Lodge Member of the Year was awarded to **Rick Janke**. Delray Beach Elks Lodge Officer of the Year was awarded to **Art Johnson**. Congratulations to all!

employment opportunities with the City of Delray Beach, visit www.mydelraybeach.com and select Employment Opportunities under Human Resources or contact the Human Resources Department at (561) 243-7080.

Town Hall Lecture: April 24

On April 24, Donald Shoup, Professor of Urban Planning at UCLA, will discuss "The High Cost of Free Parking". The lecture will begin at 6:00 pm at the Delray Beach Center for the Arts at Old School Square's Crest Theatre, 51 North Swinton Avenue. Mr. Shoup is a Distinguished Professor of Urban Planning at UCLA, where he serves as Chair of the Department of Urban Planning and Director of the Institute of Transportation Studies. His seminal book, The High Cost of Free Parking, explains how better parking policies can improve cities, the economy, and the environment.



Professor Donald Shoup

City of Delray Beach special event: Great American Cleanup

Looking to make Palm Beach County a cleaner, greener, more livable place? Local non-profits, Keep Palm Beach County Beautiful, Inc., Solid Waste Authority of Palm Beach County, Delray Beach Parks and Recreation, and the Sandoway House Nature Center encourage you to get involved in the

2014 Great American Cleanup, a national campaign organized by nonprofit Keep America Beautiful, Inc. The local cleanup will take place along Delray Municipal Beach on Saturday, April 5. Check in will begin at 8:00 am in front of the Sandoway House Nature Center, 142 S. Ocean Blvd, in Delray Beach.

All supplies will be provided and commemorative t-shirts will be given away to volunteers while supplies last. Community service hours will be given. Registration forms can be downloaded online at www.mydelraybeach.com by selecting "Great American Cleanup" on the home page photo slider.

For more information, contact Danielle Beardsley with Delray Beach Parks and Recreation at (561) 243-7277 or by E-mail at beardsleyd@mydelraybeach.com or the Sandoway House at (561) 274-7263.

Funny Name, Great Game, Pickleball

City of Delray Beach Parks and Recreation Department invites adults to learn and play Pickleball. This net sport combines tennis, badminton, table tennis and racquetball. It's fun, social, exercise and competitive.

Pickleball is available Tuesdays, Thursdays and Fridays 9 - 1 p.m. at Delray Beach Community Center, 50 NW 1st Avenue. Cost is \$5 per session. Residents: \$100 for six months. Non Residents: \$110. Schedule changes during the summer. Paddles and balls supplied. Free lesson at 11 a.m. For information: Call (561) 243-7250.

Sizzling South County Celebration

The American Red Cross South Florida Region will host A Sizzling South County Celebration on Wednesday, April 2, 2014, from 7-10 p.m. at Ruth Chris's Steak House at Mizner Park in Boca Raton. The evening will be filled with fine food, fun, and celebration. A cocktail reception will be available as will lavish dinner stations and live and silent auctions. Complimentary valet service will be available and smart, casual attire is requested. Tickets

are \$150 and can be purchased online at <http://american.redcross.org/southcounty>. Proceeds will support local American Red Cross programs and services. For more information, please contact Jennifer Durrant at 561-650-9105 or jennifer.durrant@redcross.org.

North Federal Highway News

The CRA has contracted with the consulting firm WTL+a, to do a real estate market analysis for the North Federal Highway Redevelopment Area (between N.E. 4th Street and the north City limits). WTL+a will prepare a demographic and economic profile of the area, examine real estate market conditions and trends, and analyze market and development potential. The City and CRA will use the information to identify any changes that should be made to the land development regulations to accommodate market trends, and plan for future capital improvements to attract new development.

In the coming months a neighborhood meeting will be arranged to solicit input on the future of the area. For more information contact CRA Assistant Director Jeff Costello, costello@mydelraybeach.com.

THE PINEAPPLE
delray beach newspaper

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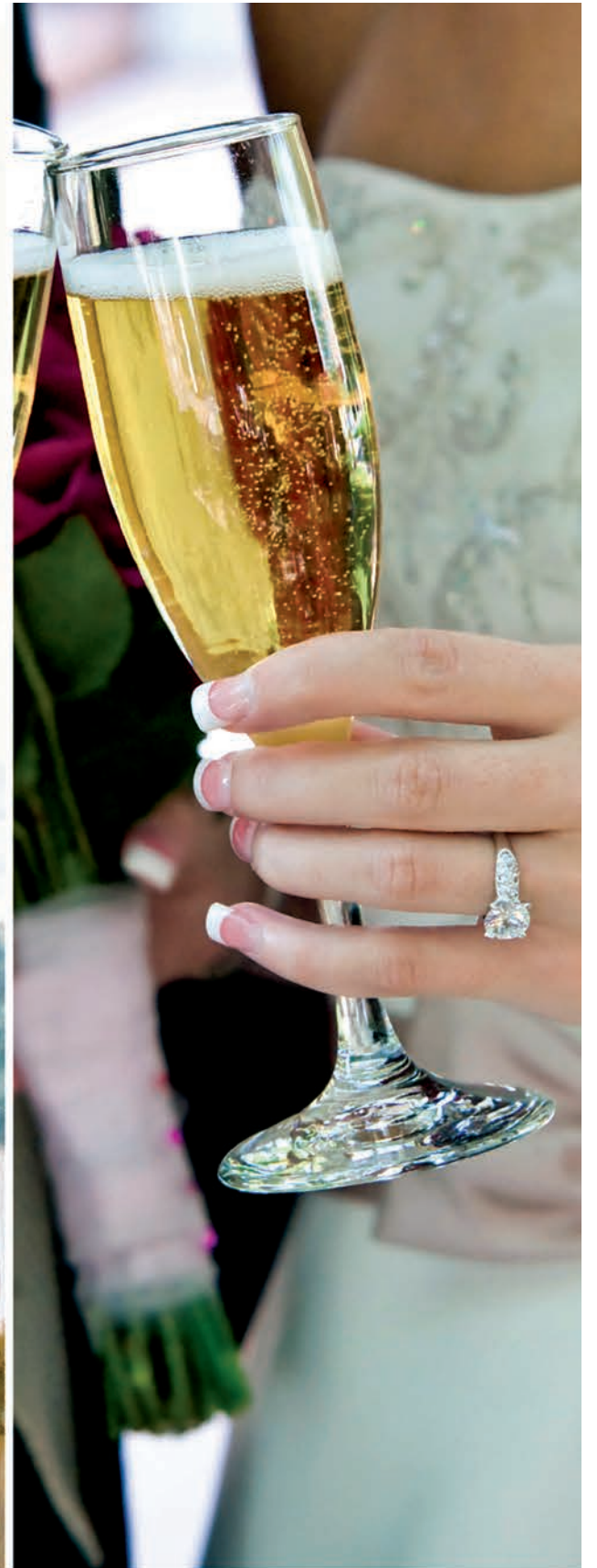
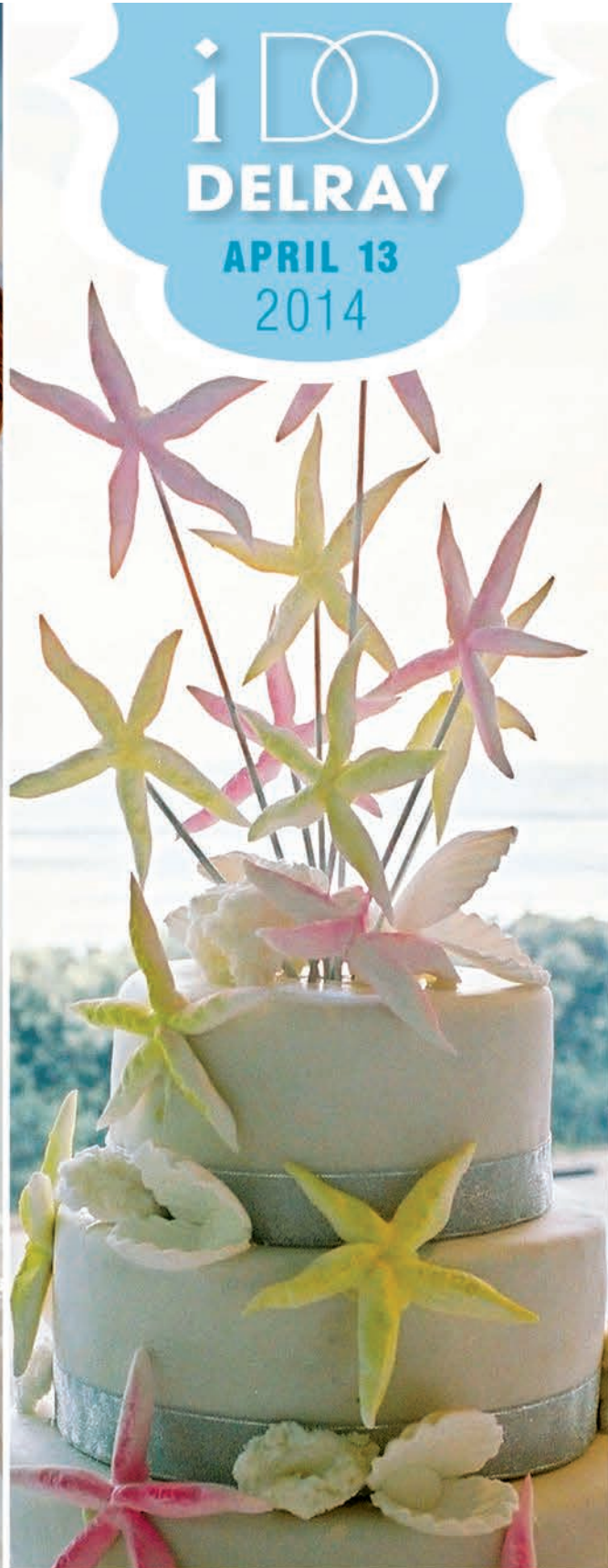
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Tri-Plus training class at Aqua Crest Pool

Fitness enthusiasts... ever wish there was a class that was a true cross training work out using water, cycling, and land? Well, here it is! Saturday, April 12th, will be the first ever "Tri-Plus" training class offered at Aqua Crest Pool in Delray Beach.

This program will continue on Saturdays and possibly expand to more days based on the level of interest. The class will be a true cross training work out, where participants will be exposed to fitness routines using the pool, spin bikes, resistance equipment, running and core work.

Aqua Crest Pool is committed to adding new programs as an ever growing plan to offer the community the type of activities that they want most. Rod Redzanic, owner of Ground Zero Fitness, and David Salvador, Pool Director, have been working together for several months to develop this new

Tri-Plus Training class to be offered at the Pool. Both Rod and David have a common mission, to create opportunities for healthy, happy living in the area.

This program will be the first of its kind for Palm Beach County Parks & Recreation. Participants will be able to purchase classes at the front desk. (\$20 Drop-in....\$90 for 5 class card....\$150 for 10 class card) . Many people in the area have been waiting for a fitness program just like this!

Aqua Crest is committed to instilling a fun and water safe environment throughout the community. Programs like Tri-Plus Training and their long lasting "Learn-to-Swim" are just some examples of this commitment.

For more information, contact Rod Redzanic 561-886-8124. Aqua Crest Pool is located at 2503 Seacrest Blvd, Delray Beach FL 33444



Summer Camp registration is now open

Ages 5 to 12 years old at Pompey Park and Community Center



The Delray Beach Parks & Recreation Department is excited to offer a new Summer Camp Program that will partner with the City's new Reading Initiative to help prepare participating children to read on grade level by 3rd grade. This new Summer Camp program will be held from Monday, June 16 through Friday, August 8, 2014 and will include on-site activities, field trips, sports, games, crafts, literacy and educational program in a non-traditional format. Certified teachers will be on staff to help oversee the program.

The total cost for the 8 week summer camp program is \$500.00 for Delray Beach residents and \$525.00 for non-residents (A non-refundable \$25.00 registration fee is included within this cost), which can be paid by cash, check, Visa, MasterCard or American Express. Discounts are available for multiple children or those for children that are currently enrolled in the City's

Out-of-School program. The Camp Cost includes five (5) summer camp T-shirts, a camp bag, breakfast, snacks and daily lunch. Partial payments will be accepted, but all fees must be in no later than Friday June 2, 2014. Spaces are limited, so sign up early.

Parents can begin registering their children, ages 5 to 12 years old, today, Mondays through Fridays, from 8:00 am to 5:00 pm, at the Community Center, located at 50 NW 1st Avenue. Registration will be accepted for two camp sites - Delray Beach Community Center and Pompey Park. A headshot of each child and a copy of their birth certificate are required. Daily attendance is critical in achieving reading goals and to make sure children do not lose any of their reading skills over the summer months.

For more information please contact Tonya Smith at (561) 243-7249 or by E-mail at SmithTC@mydelraybeach.com.

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\$5 'All Day' Parking:

- Visitors are able to utilize the three new parking garages in downtown Delray Beach:
- Courthouse Garage-Southeast Corner of Atlantic and SW 2nd Avenue
 - Old School Square Parking Garage-corner of NE 2nd Avenue and NE 1st Street
 - SE 1st just South of Atlantic Avenue

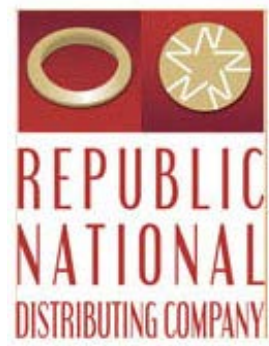


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Welcome to the 52nd Annual Delray Affair

Each April, artists and crafters from across the globe gather to enjoy one of South Florida's most popular street festivals – The Delray Affair. The event draws more than 300,000 residents and visitors each year and is a tradition spanning more than five decades.

Now in its 52nd year, the 2014 Delray Affair is bigger and better than ever, stretching for more than a mile through the city's vibrant downtown and showcasing the works of 750 artists and crafters from across the nation.

Add to that outstanding live music at the beer and wine gardens and amazing food – from sweet potato pie and conch fritters to roasted corn picked yesterday – and it's easy to understand why the Delray Affair is known as the largest award-winning arts and craft show of its kind in the Southeastern United States.

Each year there is something new at the Delray Affair, and this year visitors will enjoy "The Art of the Automobile", a classic car show that showcases the finest collection of automobiles ever manufactured. Located on the grounds of Delray Beach Center for the Arts and Park Area, each day we will showcase a different group of cars.

Produced by the Greater Delray Beach Chamber of Commerce, the Delray Affair traces its roots back to the 1940s and '50s and the annual Delray Beach Gladiola Festival, a community-wide event, that attracted tourists as well as local residents who participated in everything from the annual Gladiola parade to the Miss Gladiola beauty pageant.

Today, the community spirit that sparked the first Delray Affair lives on in an arts and crafts festival like no other under the sun.



Commemorative Poster Artist

Ora Sorensen



I love the charm, the beach, the downtown and the people. For 20 years Delray has given me platform to show my art to visitors from all over the world. When I had an art gallery at the corner of Atlantic and Federal I had exposure that made my career as an artist larger than it would have been if I was located elsewhere. Thanks Delray!!! I chose to paint a view of Delray's beautiful beach this year. www.orasorensenart.com

Commemorative Pin & T-Shirt Artist

Teri Brant

Teri Brant recently joined the staff of the Greater Delray Beach Chamber of Commerce as Executive Assistant. She started painting many years ago with her girlfriends, which then led to a business as a decorative painter for 13 years. She understands the "Village by the Sea" lifestyle first-hand. A lover of the beach and fun, she appreciates the wonderful feel of Delray Beach. Teri uses latex and acrylic paint to create her signature style for her home, and for many others who she has painted for over the years.



#59 Continue filling your days with what you love.

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Welcome! From your
Greater Delray Beach
Chamber of Commerce



On behalf of the Greater Delray Beach Chamber of Commerce, we welcome you to the 52nd Annual Delray Affair. What started out as a small "fair" and Gladiola Festival has grown into the largest international award-winning arts and craft festivals of its kind in the southern United States.

add to the lure and charm of Delray Beach. Make sure you visit the sparkling beach, too. You'll see in no time why it's not a surprise Delray Beach was named "Most Fun Small Town in America" by the Travel Channel, Rand McNally and USA Today.



We sincerely thank our many sponsors who invest so generously in our community, our vendors participating from all over the world, the City of Delray Beach, and countless volunteers who help make Delray Affair the cherished event it is.

See if you can find "Pat," in her bright Delray Affair t-shirt – she's been volunteering for Delray Affair for all 52 years! Or you may run into one of three generations from the Titcomb family – Jamie and his wife, Nellie have volunteered at Delray Affair for over 30 years.

Finally, the Delray Chamber has grown tremendously, too. We'd love to connect with you! We are excited to share our new state-of-the art offices and meeting rooms and tell you about our re-designed programs and benefits of Chamber membership. Please stop by the information booths to learn more.

You'll find that over the years Delray Beach has grown, too as an international tourist destination and hub for entrepreneurs. We invite you to enjoy our little party for 300,000 over these three fun-filled days and we welcome you to soak up all the treasures Delray Beach has to offer.

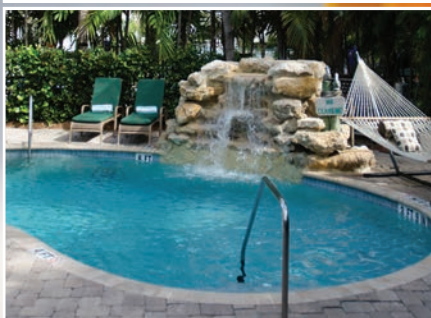
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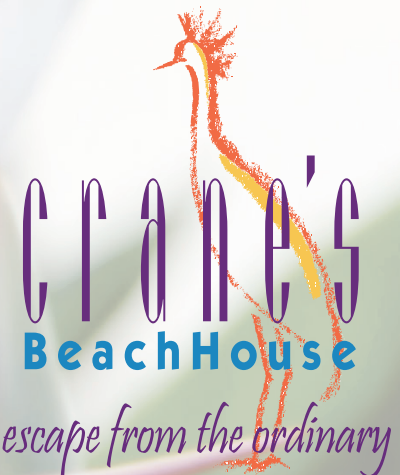
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Budding Artist booth located in front of the Cornell Museum during Delray Affair. Craft activity is by donation.

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2014 DELRAY AFFAIR Entertainment Schedule

The Delray Affair features live entertainment all weekend long at our beer & wine gardens located at the Delray Beach Center for the Arts front lawn and on Atlantic Avenue and NE 3rd Avenue and Atlantic

FRIDAY, APRIL 25th •••••



Adam Fine

Delray Beach Center for the Arts Stage and 3rd Avenue Beer Tent
3:00 pm – 6:00 pm
Adam Fine

NEW this year... The Art of the Automobile

- American Classics
- European Classics
- Future Classics

Visit our new addition located in Old School Square Park area - under the tent! Each day we will feature a unique collection of privately owned classic cars.



SATURDAY APRIL 26th (music throughout the day starting at 11 am) •••••



Sarah Hadeka

Delray Beach Center for the Arts Stage

11:15 am – 2:15 pm
Taylor Road Band

3:00 pm – 6:00 pm
Sarah Hadeka

Taylor Road Band



Don't forget your t-shirt!



SUNDAY, APRIL 27th (music throughout the day starting at 11 am) •••••



Sarah Hadeka

Delray Beach Center for the Arts Stage

11:45 pm – 2:00 pm
Sarah Hadeka

2:45 pm – 5:00 pm
Meeting of the Minds



Meeting of the Minds

3rd Avenue Beer Tent

11:30am – 2:00 pm

Daniel Ericks

2:30 pm – 5:00 pm

Mike Kavo



Mike Kavo



Jason Colannino

SATURDAY APRIL 26th •••••

3rd Avenue Beer Tent

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Jason Colannino

2:45pm - 6:00 pm

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Delray Beach Fire Rescue announces Firefighter and Civilian Employee of the Year

Delray Beach Fire-Rescue (DBFR) is pleased to announce that Captain Sean Gibson has been named the Department's Firefighter of the Year and Plan Reviewer David Herbert has been named its Civilian Employee of the Year.

Captain Gibson has served with DBFR since 2003. He is currently assigned to the Special Operations station, Station 5, on "A" Shift. He also oversees the Department's Explorer Post 320, which currently has 17 active participants. Captain Gibson's volunteerism is extensive and includes many Department and City programs, and several that are outside of those organizations.

Plan Reviewer Herbert has served with DBFR since 2012, after retiring from an extensive fire service career in New Jersey. His knowledge of fire codes and fire protection systems has resulted in safer buildings for the City's residents and business owners and, in turn, DBFR's firefighters. Because of his extensive knowledge and experience, Plan Reviewer Herbert is a tremendous resource in DBFR's Fire Safety Division.

Traditionally, the Firefighter of the Year is honored by the Elk's Lodge at a dinner in his/her honor. Captain Gibson was honored on March 1, 2014.



Pictured left to right are: Firefighter/Paramedic Joseph Cafone, Fire Chief Danielle Connor, Captain Sean Gibson, and Firefighter/Paramedic Brian Pollack. They are pictured at the Elk's Lodge award dinner.

Sea Angels given Awesome Palm Beach award



(left to right) Jeff Pheterson, James Carvin, Michael Halasz, Robin Halasz, Kathy Silverio, Ian Berkner, Rod Silverio, Matthew Lally, Jeff Brown, Perry The Inventor Kaye, Brian Schmidt, Bill Bathurst

At the March meeting of Awesome Palm Beach at Bizaare Café in Lake Worth, the Palm Beach County chapter of the Awesome Foundation, met for its Pitch Party and Grant Award and donated a \$1,100 micro-grant to Sea Angels Green Beach Clean, Inc.

Jeff Brown, one of the co-founders of Awesome Palm Beach, explains the concept, "We give a no-strings-attached grant each month of at least \$1,000 to people who do something awesome in Palm Beach County. These grants can go to individuals, groups, companies, charities, self-help groups or any type of entity to support projects in charity, sciences, arts, civic engagement, media, entertainment... just about anything as long as it contributes to making Palm Beach County more awesome! The grants are crowd funded from the trustees of Awesome Palm Beach and from anyone with \$100 that attends our monthly Pitch Parties."

According to Brown, "By offering these micro-grants the trustees of Awesome Palm Beach seek to support worthy local organizations and projects for which the money would make a huge impact to the community and the people of Palm Beach County."

Making good on its mission, Awesome Palm Beach recently heard live presentations from a number of non-profit organizations and awarded \$1,100 to the local charity, Sea Angels Green Beach Clean, Inc. Sea Angels is a non-profit organization that works tirelessly to educate people about keeping our seashores and parks clean, by organizing and leading monthly beach clean ups and through a series of educational programs in schools.

For Robin and Michael Halasz it is a labor of love. "It's amazing the stuff that people will leave behind on their beaches," Robyn Halasz said. "We find shotgun shells, syringes, stilettos. We find so many things on the beach outside of the trash cans that

nothing is abnormal to us."

With so much junk already on the beaches, Sea Angels members use recyclable materials to minimize their impact when cleaning. Instead of giving out plastic bags, water bottles and plastic gloves during cleanups, the group lets attendees use reusable gloves, buckets, reusable plastic cups and grabbers. Picked up items are recycled or repurposed, sometimes in art. They use a green approach, start to finish.

Michael Halasz said, "We have been funding this project ourselves, with some help from volunteers. We will use this grant to buy more reusable equipment, and we are grateful for this exposure as an Awesome Palm Beach winner! Thanks Awesome Palm Beach!"

About Awesome Palm Beach

Awesome Palm Beach is the local Palm Beach County Chapter of the Awesome Foundation. They are a volunteer group that helps crowdfund awesome projects and people that touch lives, and the community in Palm Beach County. They support anything that makes Palm Beach County a more Awesome place, from arts to education, to social media, innovation and far-out creativity. Applications are reviewed on a monthly basis and grants start at \$1,000.

For more information about Awesome Palm Beach, founding members (called Trustees of Awesome), or to apply for a \$1,000 minimum grant, check out more at www.awesomepalmbeach.com

About Sea Angels

Sea Angels is working hard to keep our beaches clean and for doing it in a green way. Recycling, upcycling, implementation of initiatives such as recycling mono-filament line and recycle bins being placed on beaches as well as providing education are just a some of the things that are being done.

For more information or to donate to or volunteer with Sea Angels please visit www.seaangels.org

schools

Carver Middle School performs at the Walt Disney World Resort

ORLANDO, FL – The Carver Middle School "Eagles Drill & Cheer" members became stars of their own Disney show on March 15 when they entertained resort guests at the Waterside Stage in Downtown Disney. They traveled from Delray Beach to the Walt Disney World Resort to take part in the Disney Performing Arts Program.

The "Eagles Drill & Cheer" members, under the direction of Robyn Wilson, put on a fantastic show, entertaining Disney Park

guests from around the world right in the heart of Downtown Disney, giving dance members the unique experience and opportunity to shine, while also elevating their performance skills at a high-profile venue.

This was the group's sixth visit to the resort with the Disney Performing Arts Program, having performed for the first time in March 2009.

Vocal, instrumental and dance ensembles from all around the world apply to perform each year as a part of Disney Performing Arts at both the Disneyland Resort and the Walt Disney World Resort. Once selected, they are

given the opportunity to perform at the resort for an international audience of theme park guests. Millions of performers have graced the stages of the Disney Parks in the more than 25-year history of the program.

For more information, visit www.DisneyPerformingArts.com or call 1-800-603-0552.

Saint Joseph's celebrates national "Pi Day"

BOYNTON BEACH FL – Middle school students at Saint Joseph's Episcopal School celebrated "National Pi Day" with a special event that "sweetened" the learning process! Pi Day is celebrated on March 14th (3/14) around the world. Pi (Greek letter "π") is the symbol used in mathematics to represent a constant – the ration of the circumference of a circle to its diameter which is approximately 3.14159.... To make Pi Day learning more hands-on, the Middle School Math Department hosted a pie in the face celebration.

Students were invited to purchase an opportunity to throw a pie in their math teacher's face in support of National Pi Day festivities. The event raised enough funds to purchase scientific calculators and an iPad for the Middle School Math Department.

Tyler Thomas, President of the Student Council said, "We look forward to fun opportunities such as this one that give us the opportunity to be outside learning math



SJES middle school students celebrating Pi Day with PIES in the face for their teachers

concepts in a different way. We will always remember our Pi facts!"

"Each month in middle school forum, we encourage students to share with us what they believe would make learning more exciting and fun and then work diligently to match up their desires with opportunities available which further enhances traditional in-classroom learning," stated Tami Pleasanton, Head of School for Saint Joseph's. "Pi Day is a perfect example of that collaboration," stated Pleasanton.

For more information on Saint Joseph's Episcopal School, call 561-732-2045 or visit www.sjsonline.org.



WORKING THE WAVES OF THE BLACK SEA



BLACK SEA – Boatswain's Mate 3rd Class Henrey Stegall, from Fort Mill, S.C., (left) and Boatswain's Mate 1st Class Carlos Gonzalez, from Delray Beach, FL, assist in the landing of a Romanian IAR 330 Puma (Naval) aboard the Arleigh Burke-class guided-missile destroyer USS Truxtun (DDG 103). Truxtun is deployed as part of the George H. VV. Bush Strike Group on a scheduled deployment supporting maritime security operations and theater security cooperation efforts in the U.S. 6th fleet area of operations. (U.S. Navy photo by Mass Communication Specialist 3rd class Scott Barnes/Released)

Children & Parents Day was Applelicious celebrating National Nutrition Month and Viva Florida

BOYNTON BEACH, FL – On Sunday, February 23, 2014, the ninth Children & Parents Day took the apple fruit to new heights with its incorporation in over ten different apple cuisines, a kids cooking class and cooking demo, face painting, arts and crafts, entertainment, souvenir photos in the apple orchard and a personal appearance by 'Granny Smith' who's credited with cultivating the green apple in year 1868.



Chef Chrissy Benoit of The Little House in Boynton Beach with student volunteers from South Tech Culinary Academy in the Apple Orchard at the Museum of Lifestyle & Fashion History's ninth annual Children & Parents Day sponsored by Target, Kingston Fresh, Coca-Cola, Blue Bell Creameries and the Upper Cervical Institute of Florida

The annual Children & Parents Day has evolved into Palm Beach County's premier cultural culinary event for kids and their families mixing arts activities, kids cooking classes and culinary demos for the whole family. The event was a draw with families coming from Palm Beach County and Broward County.

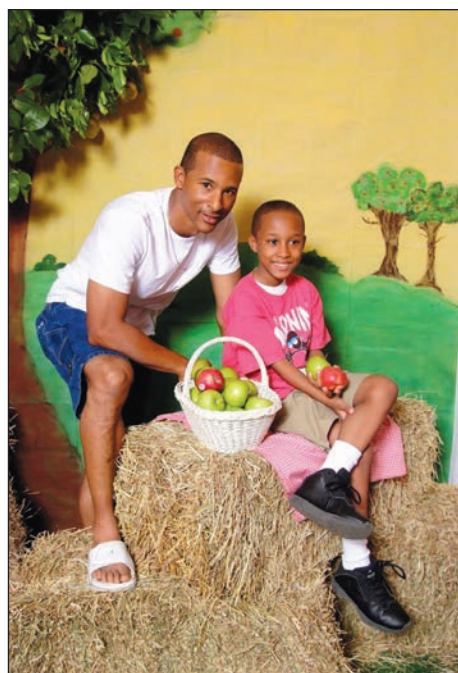
The 2014 Children & Parents Day: Celebrating the Apple Fruit served as a prelude to National Nutrition Month and offers continued support to the State of Florida's Viva Florida initiative.

The presenting sponsors are Target and Kingston Fresh, a produce company. Other important sponsors for 2014 are Coca-Cola, Blue Bell Creameries and the Upper Cervical Institute of Florida. Continuing support is from the Patricia Ann Ravo Fund and the Boris & Edith Rueger Fund.

Apples were introduced in North

America in the 17th century by colonists. There are now more than 7,000 varieties of apples. The origin of the apple is Asia in 328 BC. The apple fruit is very nutritious containing dietary fiber, protein and Vitamin C. The cuisines featured included Apple Mac & Cheddar Cheese, Apple Chicken Stir-Fry, Maple-glazed Apple and Carrots, Apple and Sweet Potato Casserole, Apple Spring Salad, Sweet Potato Apple Soup, Apple Cake, Apple Crisps, Apple Cookies, Apple Muffins, Apple Squares, Apple Tarts; and Apples with Blue Bell Ice Cream. The mac and cheese; and stir-fry recipes came from the U.S. Apple Association. The Florida Farm Bureau Federation served yogurt parfait featuring Florida grown fruits.

The apple-infused buffet was prepared by Chef Juniper Torres. The kids cooking class of the sour cream apple pie was led by Chef Chrissy Benoit of The Little House in Boynton Beach using apples from Kingston Fresh and ingredients from Target's Market Pantry. And, the cooking demo of the apple muffins was conducted by baker Bonnie Brown. Pastry Chef and artisan Lara Fisher of Cakes by Lara in Lantana made a stunning three-dimensional apple cake topped with a three-dimensional edible apple tree.



Michael Hayes with son JR in the Apple Orchard at the Museum of Lifestyle & Fashion History's ninth annual Children & Parents Day.

The Children & Parents Day program expanded to include an artist-in-residence with the purpose of an artist visiting a class to teach an art activity connected to the theme of the annual Children & Parents Day. The 2014 artist-in-residence is Inge Behrens of Boca Raton. Artist Bab Lentz of Art-Sea Living Gallery in Boynton Beach offered at the event ceramic tile painting with apple motifs. Representing the City of Boynton Beach Art in Public Places was Rolando Chang Barrero who designed an apple puppet theater.

Golf great Dana Quigley named Honorary Chair of inaugural Clinics Can Help golf tournament

May 16 event at Atlantis Country Club benefits those in need of medical equipment and supplies

PALM BEACH COUNTY, FL – Clinics Can Help, the only non-profit in Palm Beach County that provides medical equipment and supplies to children and adults in need, is proud to announce that golf great, Dana Quigley, will serve as Honorary Chair for their inaugural golf tournament, which will be held on May 16, 2014.

Quigley originally became involved with the nonprofit when his son, Devon, was in need of medical equipment following a motor vehicle accident that left him severely injured. "This organization is truly there for anyone in need," said Quigley. "When Devon was injured we had no idea where to go. Clinics Can Help gave us the proper medical equipment and supplies that helped to ensure my son's quality of life. Now, four years later, we are living proof, having appropriate medical equipment and supplies equals access to medical care. We want to do all we can to ensure Clinics Can Help can do the same for others."

Each year, Clinics Can Help assists more than 1,500 individuals and dozens of organizations through the donation of durable medical equipment and supplies. They are currently the only nonprofit organization in Palm Beach County that recycles medical equipment, ensuring equal access to medical care.

The Clinics Can Help Golf Tournament will take place at Atlantis Country Club and will give golfers the opportunity to spend the day on the rolling greens while enjoying the South Florida sunshine. Registration for the event begins at 11:30 a.m. with a shotgun start at 1:00 p.m. followed by the awards presentation and reception at 5:00 p.m. Prizes will be given for Closest to the Pin and Longest Drive for both women and men. There is also a special Hole in One Contest prize. Tickets are \$125 per player or \$500 for



a foursome. Entry fee includes golf, range balls, driving range, practice and putting green, green & cart fees, goody bag, lunch, cocktail reception and awards ceremony. Sponsorships and tee sign sponsors are also available.

Those wishing to register can contact Maureen Ashe, Director of Development at 561-640-2995 or by email to Maureen@Clinicscanhelp.org.

Clinics Can Help is a grass roots organization founded by a local hospice nurse in 2005, who collected and donated wheelchairs and hospital beds to his patients. It has since grown to an organization that assists over 1,500 clients a year by donating over \$600,000 worth of recycled medical equipment. To arrange a donation of medical equipment, simply call Clinics Can Help at (561) 640-2995 or visit their centrally located office at 1550 Latham Rd., Unit #10 in West Palm Beach for more information or to complete a simple application.



MEET OUR NEW YOUTH MINISTRY TEAM at CHURCH OF THE PALMS CONGREGATIONAL, UCC

Church of the Palms is pleased to announce the formation of a Youth Group for ages 12 to 18. Every Wednesday night, from 6:00 to 8:00, they meet in the Friendship Center under the capable leadership of three to four adults. Supper of pizza is provided. If you know any youth who would like to join us, please contact the church office for further information

Come join us for an evening of faith, food and fun.

Church of the Palms Congregational, UCC
1960 N. Swinton Ave, Delray Beach

561.276.6347

www.churchofthepalms.net



cityhouse

Delray Beach



Krissy and Neveah

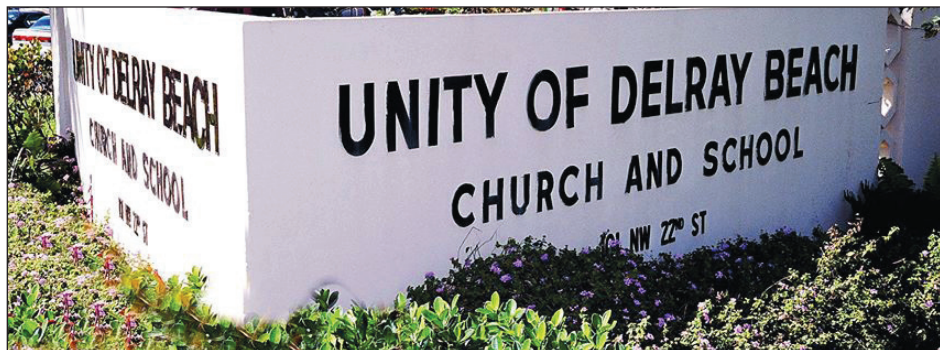
The CityHouse Delray Beach opened their doors this past February to single, homeless mothers and their children. The CityHouse is a two year holistic initiative designed to bring hope and renewal expressed in mentoring, community involvement, and education. The CityHouse property is located in Delray Beach and offers a safe and loving place for as many as nine families to learn and grow within a two year journey. "We have been blessed with a beautiful property that offers a safe, fun environment for our families to live and grow; thus far we have been blessed with an outstanding board, committed volunteers and a program director who will do whatever it takes to

support and grow our families" according to Jeff Rose, Executive Director.

The effort thus far has received its greatest support from local sources such as Gospel Fellowship, Spanish River Church, The Avenue Church, and private donors. Fundraising and donations in kind are currently being pursued as the CityHouse looks to move forward with serving local families. CityHouse is led by Board President Chris Edwards, Executive Director Jeff Rose, and Program Director Vanessa Valmont, all Delray Beach residents.

CityHouse Community Vision includes: Safe Housing, Living Assistance, Emotional Support and Mentoring, Redemptive Relationships, Professional Staff, Spiritual, Physical, and Financial Education. For more information about CityHouse and how you can participate, visit their website at cityhousedelray.com

According to Casey Cleveland, Senior Pastor at The Avenue Church "Love changes everything, and is usually best received when it is given, spoken, and lived. All of this takes time and resources, but is so worth the investment!"



Events at Unity of Delray Beach

THE REVEREND DENISE DESIMONE
Guest Speaker Sunday, April 27

In addition to giving the sermon at both the 9:25 and 11 a.m. services, Rev. DeSimone will lead a workshop from 1:30 to 3:30. There is no admission charge.

Denise's story is one of extraordinary courage, strength, and deep spirituality. Her journey began the moment she opened her eyes in a post-op ward to the words, "You have cancer. A very aggressive cancer in your throat/neck and you need to move on this immediately." Within days of receiving this news she was given three months to live. That was seven years ago!

Once you hear Denise tell her story and you meet her in person, your life will be deeply enriched and perhaps changed forever. Denise is truly the walking, breathing manifestation of "Love Conquers All". Joy exudes through her every pore, her eyes sparkle, her laugh is contagious, her smile infectious and her love unconditional.

The Reverend Denise DeSimone is an author, motivational and inspirational public speaker, and workshop leader, with an extensive background in interfaith ministry, and a wide range of holistic healing practices. These healing practices include: Sound Healing, Reiki, Polarity Therapy, Reflexology, Shamanism and Process Therapy.

Denise's first book, From Stage IV to Center Stage is an extraordinary story of courage, strength and spirit. It will be a source for her workshop.

She travels extensively throughout the United States speaking and teaching. She has lived in the Newburyport, MA area for the past 15 years. www.denisedesimone.com

NEW MEMBER'S CLASS

Sunday, April 6, 1:30 to 3:30 p.m.

Both new and longtime Unity students are very welcome to attend. Senior minister the

Reverend Nancy Norman will teach the class. This class is required for church membership

NEW MEMBER'S SUNDAY

Sunday, April 13, 9:25 and 11 a.m., is New Members' Sunday as well as Palm Sunday. New members will be introduced at both services.

PALM SUNDAY

Sunday, April 13, 9:25 and 11 a.m.

Start of Easter season celebration, with Karl Van Richards and the famed Ebony Chorale with Dr. Orville Lawton

PRAYER VIGIL

Good Friday, April 18, 12 noon to 3 p.m.

All are welcome to the Sanctuary from noon to three on Good Friday. The church will be open for a silent time of inspiration, meditation and conscious communion.

TENEBRAE SERVICE

Good Friday, April 18, 7 p.m.

The Tenebrae service is a tradition that dates to the 12th century. It is in remembrance of Jesus, focusing on the final hours before the crucifixion. "Tenebrae" is a Latin word meaning darkness or shadows. During this sacred ceremony we rediscover and share the Truth that all of the world's darkness cannot extinguish the Christ light, which shines eternally in each and every one of us.

EASTER SUNDAY SERVICES

Sunday, April 20, 9:25 and 11 a.m.

The Reverend Nancy Norman will conduct the Easter services at 9:25 and 11 a.m. There will be special music and singing for the season, with Karl Van Richards and Daniel Cochran.

THE ANNUAL EASTER EGG HUNT

Sunday, April 20, following 9:25 Sunday School. Students will once again look for hidden eggs in the courtyard; all ages are welcome to watch the merriment. A highlight of the hunt is always the arrival of the awesome Easter Bunny.

TAO – The South Florida Center for Jewish Renewal

Temple Adath Or (TAO) - The South Florida Center for Jewish Renewal, will be coming back to Delray Beach on Saturday, April 5th at 7:30pm for a Havdallah Drumming Service at the Duncan Center, 15820 South Military Trail in Delray Beach.

Join in celebration:

• Shabbat Drumming Service on Saturday, April 5th, @ 7:30 PM

Bring your drums, tambourines and percussion instruments and join the beat and the spirit for a Havdallah you won't soon forget. Bring your family and friends.

Temple Adath Or (TAO – Together As One,) is the largest Jewish Renewal community in the Southeast. It has been called the "singing & dancing shul." Each service is filled with soulful music, dancing and meditation. Rabbi Marc Labowitz will once again, bring his passionate expression of Judaism to the TAO North community. We are delighted that TAO

is now available to serve those in the Northern & Southern parts of Palm Beach County who are looking for this spiritual connection too. See why folks say that coming to TAO is like coming home!

Other scheduled TAO events are:

• Sunday, April 6th - Spa Day - A Day of Ahhhh for Your Mind, Body & Soul REGISTER NOW! 954-888-1408

• Monday, April 14 at Artserve – 6:30pm PASSOVER SEDER - TAO-style

Join your family with ours for a soulful and meaningful seder. We provide the matzoh, wine, seder plate and you bring your dinner. Last year was a huge success. This year promises to be even better! Reserve by April 2nd @ 954-888-1408

• Friday, April 18 at Artserve - 7:15pm Meditation & Chanting Service

• Saturday, May 10th at Duncan Center - 7:30pm - Havdallah Service

Get involved. For further information on all programs call 954-888-1408 or visit the website at www.TAOcenter.net.

Spady Cultural Heritage Museum named recipient of 2014 Muse Award

Cultural Council of Palm Beach County presents Delray Beach Museum with Chairs' Choice Award

The Spady Cultural Heritage Museum, the only African-American History Museum of its kind in Palm Beach County, was recently recognized as one of 10 cultural organizations to receive a prestigious 2014 Muse Award from the Cultural Council of Palm Beach County.

The Delray Beach museum was presented with the Chairs' Choice Award for its significant contributions in bringing the Black-American history of Palm Beach County to life through exhibits, lectures, festivals, and cultural education and enrichment programs.

"We're honored to have been selected as a recipient of the 2014 Muse Award and to be in the company of nine other cultural organizations recognized by the Cultural Council of Palm Beach County," said Museum Director Charlene F. Jones. "This award is a validation of the value of the programs and services we provide as well as the value of Black-American cultural programming in Palm Beach County."

Created nearly a decade ago, the Muse Awards are designed to celebrate and bring attention to outstanding art and culture in the county, and to raise funds for educational programs put on by the Cultural Council of Palm Beach County. The awards were presented during ceremonies on March 13.

The Cultural Council of Palm Beach County is one of several organizations that support the Spady Museum and make it possible for the museum to preserve the history of the Black community in our area through careful and consistent archiving, and also through exhibits, special events and programming for children.

"We're very appreciative of the Cultural Council's ongoing support, which helps make



Left to Right: Rena Blades, president and CEO of the Palm Beach County Cultural Council, Charlene Jones, Spady Cultural Heritage Museum Director and Jan Rodusky, Director of Grants for the Cultural Council.

events such as our Spady Day Heritage Festival, a community-wide celebration of Black-American culture, possible," said Gillian Ebanks-Knowles, president of the board of directors. "With the help of organizations such as the Cultural Council, we've been able to open the door of our museum to thousands of visitors and share the rich past of a community that is an integral part of Palm Beach County's history."

The Spady Cultural Heritage Museum is the only museum of its kind in Palm Beach County. Located at 170 NW Fifth Avenue in Delray Beach, it is dedicated to showcasing the African-, Haitian- and Caribbean-American cultural contributions to the artistic landscape of Florida and the U.S.

The Cultural Council of Palm Beach County, The State of Florida Division of Cultural Affairs and The Auburn Group are also proud sponsors of selected museum programs. Museum Hours: 11 a.m. - 4 p.m., Monday-Friday; Saturday by appointment. Closed on Sundays. Admission: \$10; Members are free. For more information, call 561-279-8883 or visit www.spadymuseum.org

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"LOVE"

The Milagro Center STARS recently explored the living value of "LOVE". Here, in their own words, is what the kids said about the meaning of "LOVE":

"Love is when you respect and care for someone... be cute!! I love pets, nature, animals, everything!"
~ Jazmin, 4th grade

"Hmm... what do you mean about love?!?!? Love, is caring about something or someone, like family." ~ Josh, 4th grade

"When my mommy tells me she loves me it makes me feel happy. I tell my mommy I love her because I like my mommy!"
~ Eiel, Kindergarten

"Love means caring for others. If someone is hurt, you pick them up and say 'Are you okay?' Everyone should do that more often."
~ Jonathan, 5th grade

"I love my baby sister, I give her kisses and hugs."
~ Jania, Kindergarten

"Love means somebody you love. Like teachers! They are nice and sweet." ~ Naima, Kindergarten

WWW.MILAGROCENTER.ORG

SAVE THE DATE

MILAGRO CENTER'S
SUPERSTAR SPECTACULAR GALA

APRIL 09, 2014
at Mercedes-Benz of Delray

Join us at 6:00pm for an evening of "out of this world" proportions!
Witness show-stopping performances by our SHINING STARS and striking artwork to stun the senses.

For more information or sponsorship opportunities, please contact Gina Skelton at gskelton@milagrocenter.org or Barbara Stark at bstark@milagrocenter.org • 561.279.2970

THE MIRACLE LEAGUE

SPRING SEASON 2014 GAME SCHEDULE

April 5th, 2014 - Opening Day
The Anthony V. Pugliese V
Miracle League Field

2:00 pm - Mandatory Buddy Training
(All past & new buddies MUST attend)

2:30 pm - Player Registration
(players will receive their baseball jersey & baseball cap, meet their coach & buddy, and practice)

3:00 pm - Opening Ceremonies
1 inning games will start

April 5th - May 24th

(Every Saturday EXCEPT April 19th)
(no games on April 19th)

1st game - 2:30pm - Buddies arrive
Game time - 3:00pm

2nd game - 4:00pm - Buddies arrive
Game time - 4:30pm

1st game - Warm up & practice will start promptly @ 3:00 & game will start @ 3:15pm

2nd game - Warm up & practice will start promptly @ 4:30 & game will start @ 4:45pm

Concessions will be available!

FOR MORE INFO
Jeff and Julia Kadel, (561) 414-4441
or email coachkadel@aol.com

at the library

Pawsitive Reading Program returns to Delray Beach Library

The Delray Beach Public Library's exciting new Children's Department "Pawsitive Reading Program" featuring Bootsie, the therapy dog will return for only two more sessions on Saturday, April 12 & May 10 @ 2:00 p.m. Bootsie will return to the Library after the summer. Bootsie is owned and trained by Evan Kotler, a Children's Department employee.

The Pawsitive Reading program allows children who may need extra help in reading and with interpersonal communication to read to Bootsie, the therapy dog. In the process, the children are actually teaching themselves to read since the dog provides a comfortable, non-judgmental environment.

Sign-up to read to Bootsie is required. You can reserve your child's spot either at the Children's Desk or by calling the Children's Department at 561-266-0197.

Never ending music

The Delray Beach Public Library wants to remind you of two musical events coming soon!

- Sunday, April 6th @ 2:00 p.m. - The last concert of our 2014 Sunday Musical Matinee Series will feature award-winning entertainer, singer, musician, comedian, actor & composer Wayne Hosford.

- Tickets are required and cost \$15.00 per person. They are available at the Circulation Desk.

- Wednesday, May 7th @ 2:00 p.m. - "The Madri' Gals" Women's Choral Group led by founder Irene Soskin, will perform a concert of madrigal repertoire both a cappella and with piano accompaniment.

All of the members have a classical music background and they also perform familiar folk songs & art songs. This program is free and open to the public.

Celebrate National Library Week April 13 - 19, 2014

It's National Library Week April 13 - 19 and the downtown Delray Beach Public Library, 100 West Atlantic Avenue, joins libraries in schools, campuses and communities nationwide to celebrate the contributions of libraries, librarians and library workers.

Libraries today are more than repositories for books. "Every day, libraries in big cities and small towns, colleges and universities, in schools and in businesses help transform their communities," says Alan Kornblau, Library Director. "At our library, people of all backgrounds can come together for community meetings, lectures and programs, to do research with the assistance of a trained professional, to get a job or to find homework help."

First sponsored in 1958, National Library Week is a national observance sponsored by the American Library Association (ALA) and libraries across the country each April.

Date Change "Lunch with Liz"

The Delray Beach Public Library's very successful brown-bag lunchtime program entitled "Lunch With Liz" at the Library changed the date of the April program to Thursday, April 10, 2014.

Join Liz for the April discussion - "There's Nothing New Under the Sun" based on the insights of Wayne Dyer.

This is a free program and no registration is required. However, space is limited and is on a first-come, first-served basis. For further information call the Director of Community Relations at 561-266-9490 or visit the Library web site at www.delraylibrary.org.

Meet the Authors This Spring

We celebrate authors every day at the Delray Beach Public Library, 100 West Atlantic Avenue. We have a large variety of authors discussing various subjects as part of our popular Authors Series.

You won't want to miss these upcoming programs!

- Wednesday, April 16th @ 2:00 p.m. - "Finding the Dragon Lady, The Mystery of Vietnam's Madame Nhu" - Author Monique Brinson Demery tells the story of Madam Nhu, Vietnam's unofficial First Lady whose political power and ruthlessness earned her the nickname of the Dragon Lady.

Delray Beach Public Library adds rare Mickey Mantle watch to baseball memorabilia collection

DELRAY BEACH, FL - A rare Mickey Mantle watch, signed and worn by the Yankee slugger, will now be on display at the Delray Beach Public Library thanks to a donation by local restaurant owner Fran Marincola, who has previously donated several other baseball memorabilia items to the library.



Delray Beach Library Director Alan Kornblau, surrounded by young baseball players from Elev8Sports Institute, with framed Mickey Mantle watch.

"What makes this watch special is that it's part of a limited edition and it was one of only two actually worn by Mickey Mantle," says Marincola, founder/partner of Caffè Luna Rosa in Delray Beach. "It has his picture on the face and it's signed by Mantle on the back."

The watch is the latest addition to the library's baseball memorabilia collection, which includes autographed photographs, books and an original 1954 Mickey Mantle contract - all donated by Marincola.

"What's different about this collection is that it's fun, it's unique and it adds value to our community library," says Delray Beach Public Library Director Alan Kornblau. "It's an extension of what we have in the library but in a less traditional form."

"Housed on the library's second floor not far from the top of the staircase, the collection has become a popular display, drawing visitors from throughout South Florida.

"This is a big part of Americana," Kornblau said. "It brings back good feelings and brings out the kid in all of us."

The contract, which shows that Mantle was paid \$21,000 in 1954, is the crown jewel in the collection that also includes a framed replica of a couple of Life Magazine covers featuring the Yankee Hall of Fame

- Thursday, April 17th @ 2:00 p.m. - "Last Train From Key West" - Join author Suzanne Tripp as she tells the story of the northbound train from Key West that was stopped en route by the 1935 Labor Day Hurricane. It was not blown off the track, however, unlike the rescue train headed south from Miami.

- Wednesday, April 23rd @ 2:00 p.m. - "Protecting My Child" - Author Miriam Silver tells the story of Miriam who experiences an abusive relationship, a bitter divorce, and the turmoil of a court system that fails to do what's best for herself or her son.

- Tuesday, April 29th @ 3:00 p.m. - "Discovering the Dead Sea Scrolls" - Author Roz Davidson will present a lecture and multimedia program on the Dead Sea Scrolls.

- Wednesday, June 18th @ 2:00 p.m. - "Love & Loss In Life and In Treatment" - Writing as both a psychoanalyst and a widow, author Linda Sherby makes it possible for the reader to take an inside look at the emotional experience of being analyst while offering insights on how to live through grief.

These programs are free and open to the public. Books will be available for purchase and autographing. Registration is not required.

"From A Woman's Perspective" Book Group

The Delray Beach Public Library is pleased to announce a new book group "From A Woman's Perspective" starting Tuesday, April 8, 2014 @ 10:00 a.m. The group facilitator is Karen Kurzer. She has a Master's Degree in English and Personnel Management and has taught AP language as well as a popular film class in the Dade County Public School system for over 30 years.

member, as well as close to 20 autographed photos of players from years gone, such as Yogi Berra, Sandy Koufax, Warren Spahn and Carl Hubbell, a left-handed screwball pitcher with the New York Giants. There is also an autographed photo of Don Larsen, who pitched the sixth perfect game in baseball history in game five of the 1956 World Series.

"He autographed it on the day of his perfect game," Marincola said

The collection also includes a rare book, *The New York Yankees: An Illustrated History* by Donald Honig, which includes 30 signed photos of Yankees, as well as other Hall of Fame players.

The bulk of the items on display, Marincola said, were sold to him at a discounted price by Delray Beach residents Jim and Jodi Murray who knew the memorabilia would be donated to the library.

Marincola said he decided to donate his personal collection of Yankee and baseball memorabilia to the library because he thought it was important to share the pieces of baseball history with other people who appreciate their significance.

"I figured, Why not let everyone enjoy these things?" he said.



Framed Mickey Mantle watch, worn by the slugger and signed by him on the back.

The group will meet monthly on Tuesdays April - July 2014.

*The Reading List is as follows:

April 8 - *The Awakening* by Kate Chopin

May 13 - *Madame Bovary* by Gustave Flaubert

June 10 - *The Scarlet Letter* by Nathaniel Hawthorne

July 8 - *The Bell Jar* by Sylvia Plath

*Please note that participants are required to provide their own copies of the books to be discussed.

This program is free and open to the public. Registration is not required. For further information on this program, please contact Bonnie Stelzer, Director of Community Relations at 561-266-9490 or visit our website at www.delraylibrary.org. Please "like" us on Facebook: www.facebook.com/DelrayBeachPublicLibrary.

For further information on the many programs at the Delray Beach Public Library, please visit www.delraylibrary.org or call 561-266-9490. Please "like" the library on Facebook: www.facebook.com/DelrayBeachPublicLibrary.



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**BOYS & GIRLS CLUBS
OF PALM BEACH COUNTY**

Merchants of Delray Beach celebrate Boys and Girls Club Day on April 3rd

WEST PALM BEACH, FL – Delray Beach will rally around the Boys & Girls Clubs of Palm Beach County for “Boys and Girls Club Day,” proclaimed by Mayor Cary D. Glickstein on April 3, 2014. Many stores near Atlantic Avenue will donate 10% or more of all sales on April 3, 2014 to the Naoma Donnelley Haggin Boys & Girls Club of Delray Beach.

Participating vendors include:

- Periwinkle
- Hand's
- J. McClaughlin
- Juliet Salon
- Tootsie's
- Sequin Delray Beach
- Vince Canning
- The Trouser Shop
- The Snappy Turtle

Mayor Cary D. Glickstein signed the proclamation February 4, 2014 on behalf of the City Commission and called upon Delray Beach citizens to join in recognizing and commending the Boys & Girls Club in the area for providing its everyday contributions and commitment to improving the lives of children and young adults in the community.

“Delray Beach has always supported its local Boys & Girls Club and we're excited to celebrate this special day with the community. In addition, the second annual Be Great Celebration Dinner, also hosted on April 3rd, honors the achievements of the

Club's members and community partners. Together, these two events help support our future leaders and continue to make an impact in these children's lives,” said Beau Delafield, Delray Beach Board President.

The Be Great Celebration Dinner honors the outstanding achievements of the Naoma Donnelley Haggin Club members in Delray Beach, as well as recognizes the principles of the Boys & Girls Clubs. The Be Great Celebration Dinner is Thursday, April 3, 2014 at the Delray Beach Marriott at 10 North Ocean Boulevard. Sponsorships and tickets are available at www.bgepbc.org or by calling 561-683-3287.

About the Boys & Girls Clubs

Founded in 1971, the Boys & Girls Clubs of Palm Beach County is a not-for-profit youth development organization dedicated to promoting the educational, vocational, health leadership and character of boys and girls in a safe, nurturing environment. The Clubs provide more than a safe, fun and constructive alternative to being home alone – they offer a variety of award-winning developmental programs to help youth build skills, self-esteem and values during critical periods of growth.

The thirteen Boys & Girls Clubs throughout Palm Beach County serve more than 6,000 children ages 6-18. For more information, please visit www.bgepbc.org or call 561-683-3287.

Get ready for the season's most distinctive charity event!

BOCA RATON, FL – On April 10, 2014, national retailer, Boston Proper and the Achievement Centers for Children & Families (ACCF) will unite once again to host the Sixth Annual Proper Affair in support of low-income children and families in our community. What began as an intimate luncheon has grown into a high-profile event that has raised over \$500,000 to date.

In addition to exceeding fundraising goals, the event has become a fun and fabulous celebration featuring live entertainment, complimentary cocktails and delicious hors d'oeuvres. Guests can bid in an extensive silent auction featuring sought after items and services or purchase tickets for exclusive and exotic raffle prizes including a vacation in the Florida Keys. The highlight of the evening is the much-anticipated runway show featuring a sneak peek at the hottest spring and summer fashions from Boston Proper.

Boston Proper Brand President, Sheryl Clark raves; “My team looks forward to this all year! We are passionate about giving back to the community through ACCF and are so proud to be a part of this incredible evening. With the help of our generous sponsors, we raise the bar on making a difference every year.”

A variety of sponsorship packages are available in addition to many opportunities to make a difference that include: purchasing raffle tickets, donating products or services or becoming a volunteer.

THE PROPER affair

The Season's Most Distinctive Charity Event

All proceeds from the Proper Affair go directly to supporting nationally accredited education and afterschool programs for the families served by ACCF, allowing those families to increase economic stability while providing a safe and nurturing environment for their children.

With media coverage and glamorous photo ops, this year promises to be another unforgettable evening that will surprise and delight everyone in attendance.

The Proper Affair will be held Thursday, April 10th from 6:30pm-9:00pm at the newly remodeled St. Andrews Country Club in Boca Raton.

For more details and to purchase tickets, please visit www.properaffair.com or call the Achievement Centers Foundation at (561) 266-0003.

DBMC CAMPAIGN - continued from page 1

about us, that this a fantastic place to visit during the summer.”

“In Delray Beach, you can get the best of a big city – with culture, art, great nightlife and restaurants – and at the same time you have a small town environment where you can find a relaxing getaway on the beach,” he added.

The ads are designed to drive customers to visit the website www.VisitDelrayBeach.org where they can find local hotel specials and other valuable information for visitors to Delray Beach, which last year was named The Most Fun Small Town by Rand McNally, USA Today and the Travel Channel.

“This is a simple campaign that people can relate to,” Chrisanthus said. “In the summer months it is hot everywhere, so why not be cool in Delray?”

About the Delray Beach Marketing Cooperative:

The Delray Beach Marketing Cooperative (DBMC) is a partnership between the City of Delray Beach, the Community Redevelopment Agency and the Greater Delray Beach Chamber of Commerce. The DBMC's mission is to attract people to the City, create a positive image and increase awareness of Delray Beach for a positive economic impact through Destination Marketing, marketing programs, special events and community collaboration. For more information, please contact DBMC at (561) 279-1380 or visit www.VisitDelrayBeach.org.



Many positive developments are happening on West Atlantic Avenue between Swinton Ave. and I-95. The Gateway feature, the Libby Wesley Plaza on SW 5th, and development projects such as the Fairfield Inn, have all been initiated in the past few years. Over the next 12 issues we invite you to meet some of the people that have worked tirelessly to develop the West Atlantic area. They come from all backgrounds and walks of life, but the common driving force among all of these individuals has been the positive development of the West Atlantic area. It's time to meet the neighbors.



Charlene Jones

Delray Native

Executive Director of the Spady Cultural Heritage Museum

Education: BBA from Mercer University, Macon GA

Big idea/hopes for the West Atlantic area: Cultural vibrancy that represents the people who live in the West Atlantic area.

Favorite quote: Until the lions have their historians, the tales of the hunt will continue to glorify the hunter...an African proverb.

What you may not know about Charlene: My father's family is from is island of Nassau and my mother's family is from the island of Exuma.



Reggie Cox

Delray Native

Architect, CRA Board, Board Chairman – West Atlantic Redevelopment Coalition, National Council of Architecture Registration Boards, National Organization of Minority Architects, American Planning Association, Building Officials Association of Florida, Historic Preservation Board Member

Education: MBA – Master of Business Administration, University of Phoenix 2001; BA Bachelor of Architecture, Florida A&M University, 1997; BS – Bachelor of Science, Architectural Studies, Florida A&M University, 1995; AS Associate of Science, Drafting / Design Technology, Palm Beach Community College, 1990; AA Associate of Arts, Education, Palm Beach Community College, 1991.

Big idea/hopes for the West Atlantic area: I envision the West Atlantic Renaissance to be a thriving diverse cultural hub for the entire world to see. There is live jazz entertainment, family oriented restaurants, a healthy mix of housing, business and essential neighborhood uses. Young professionals, entrepreneurs and visitors avail themselves to well-planned public spaces that allow people to interact and capture the essence of a beautiful thriving place called Delray Beach.

Favorite quote: It's hard; but it's fair!

What you may not know about Reggie: His nickname and high school was the “Candy Man”. He took a briefcase to school every day full of candy for sale and several teachers were his regular customers. His favorite TV show is investigative discovery. ID, Favorite Movie - Rocky.



Volunteer Opportunities!

Are you a history bluff? Love art and culture? Do you think Delray Beach has many fascinating stories to tell?

Call today to learn about working with us!

561.274.9578

www.delraybeachhistory.org



Re-Use, Re-purpose, Restore, or Resale
All welcome - Delray's Largest Garage Sale!
Every Sat. from 8am- 3pm
Something new every week!
367 NE 3rd Ave
Delray Beach Fl



events calendar

APRIL 1 - 30

Pottery Classes — Mon-Fri. Cloud House Pottery Artist Alley. Beginning, intermediate, advanced instruction. \$40 including materials. 561-862-9222

APRIL 1 - 30

Shark Feeding — Tues-Sat 10:30am-Sun 1:30pm. Sandoway House Nature Center. \$4 ages 3 and up. 561-274-7263

WEDNESDAY - THURSDAY • APRIL 2-3

Radio Theatre | Sunset Boulevard — 7:30pm. Arts Garage. Passion, murder, madness as silent screen goddess Norma Desmond dreams of a comeback. \$15-\$25/advance. artsgarage.org

THURSDAY • APRIL 3

Lunch With Liz @ the Library — 11:30am. Delray Beach Public Library. Liz Sterling on There's Nothing New Under the Sun based on insights of Wayne Dyer. Free. 561-266-9490 delraylibrary.org

FRIDAY • APRIL 4

Wine, Nibbles and Fun!, 6:00- 8:00PM at The Wine Cellar of Boynton Beach, 1500 Gateway Blvd, #140, Boynton Beach, FL 33426, Great Wines to sample, Food pairings, Prizes to win, Admission is free. Prequel to 4th Annual Kentucky Derby Event on May 3, 2104. Sponsored by Quota International Boca/Delray. For more information: 561-927-7179.

SATURDAY • APRIL 5, 12, 19, 26

Delray GreenMarket in the Park — 9am-2pm. Delray Beach Center for the Arts Old School Square Park. delraycra.org Budding Artists at the Delray GreenMarket — 9am-2pm. Old School Square Park 561-243-7922 DelrayCenterForTheArts.org

SATURDAY • APRIL 5

Gala Gig III | Night of the Gypsies — 7pm. Arts Garage. Trio Caliente with vocals in Spanish, Portuguese, Catalan, English set to wide array of Latin grooves. \$100/person. \$550/table for 6. artsgarage.org

Great American Clean Up — 8-10am. Sandoway House. America's largest litter reduction & community improvement project. Supplies provided. 561-243-7277 beardleyd@mydelraybeach.com 561-274-7263 mydelraybeach.com

SUNDAY • APRIL 6

Barefoot by the Sea -1-4pm. Delray Beach Historical Society. Arts & crafts, live music, special appearance by Palm Beach Pioneer, treasure hunt and more! \$10/person; kids under 3 free. 561-274-9578 delraybeachhistory.org/

Sunday Musical Matinee | Wayne Hosford — 2pm. Delray Beach Public Library. \$15 individual show. 561-266-9490 delraylibrary.org

Real Men Bake — 6pm. Arts Garage. All-you-can eat feast of baked goods prepared by men from all walks of life. \$20 admission. artsgarage.org

MONDAY - TUESDAY • APRIL 7 - 8

Crest Broadway Cabaret Series | Aaron Lazar — 8pm. Delray Beach Center for the Arts / Crest Theatre. Film & Broadway star. Tickets \$45. 561-243-7922, DelrayCenterForTheArts.org

TUESDAY - WEDNESDAY • APRIL 8 - 9

Orquesta Aragón | Concert — 7:30pm. Arts Garage. One of Cuba's grandest, most established bands. \$25-\$45 in advance. artsgarage.org

WEDNESDAY • APRIL 9

SuperSTAR Spectacular Gala- 6pm. Mercedes-Benz of Delray. Fundraiser for Milagro Center's innovative cultural arts & education programs. Tickets \$75. 561-279-2970 milagrocenter.org

THURSDAY • APRIL 10

Contacts & Cocktails — 5pm. Woo Creative. Chamber of Commerce evening of mixing and mingling. \$10/advance; \$15/door; \$20/nonmembers. 561.279.1380 delraybeach.com

ARTISTS ALLEY

OPEN STUDIOS & GALLERIES

THURSDAY, APRIL 17 • 6-9PM

All artists will be available to discuss their works. Painting...Pottery...Sculpture...Works of Art

ARTISTS ALLEY - runs north and south between NE 3rd and 4th Streets, east of 3rd Avenue and west of the RR tracks in the Pineapple Grove Arts District in downtown Delray Beach.

FOR MORE INFO -
Call Vincent Cacace
561-276-1177 or 561-523-5300

THURSDAY • APRIL 10

Robert D. Chapin Lecture Series Linda Evans — 2pm. Delray Beach Center for the Arts / Crest Theatre. People's Choice Award winning actress and winner of Celebrity Hell's Kitchen competition. 561-243-7922 DelrayCenterForTheArts.org

THURSDAY • APRIL 10

Raise Your Glass to End Hunger- 6-9pm. Delray Beach Center for the Arts. Tasting from three California wineries, food pairings from local restaurants, raffle, live auction. \$40/advance; \$50/door. 561-233-9009 x106

Wine tasting 6-8pm. \$10/pp. Catered gourmet appetizers included. Buy any (4) bottles and your tasting fee is waived. To RSVP please call (561) 276-2076 - The Wine Wave 900 E. Atlantic Ave Suite 3 in Delray Beach

FRIDAY • APRIL 11

Trampled Under Foot — 8pm. Delray Beach Center for the Arts / Crest Theatre. Trampled Under Foot, 2014 nominee for 'Band of the Year' at the Blues Music Awards, will perform on April 11 in Delray Beach. The hot young band's most recent CD, Badlands, debuted at #1 on Billboard Blues, iTunes Blues and Amazon Blues charts. Tickets are \$30 for reserved seats and \$55 for reserved VIP seats, which include a meet & greet after the show. To purchase tickets: www.delraycenterforthearts.org 561-243-7922

Where the Wild Things Are - 6:30pm. Benvenuto Restaurant/ Boynton Beach. Gala fundraiser for Sandoway House Nature Center. Live music, dancing, silent auction. 561-274-7263

Rene Marie | Jazz — 8pm. Arts Garage. Award winning singer pays tribute to Eartha Kitt. \$25-\$45 in advance. 561-450-6357 artsgarage.org

SATURDAY • APRIL 12

Ride & Remember Trolley Tour — 10am-12pm. Spady Museum. Tour Delray Beach's five historic districts. \$20. 561-279-8883 spadmuseum.org

The Olive Taste of Delray — 1pm. Featuring Executive Chef Ellis of 3rd and 3rd Restaurant. Free. Space is limited. 561-266-3228 info@theolivetasteofdelray.com.

Cirque du CJ — 6pm. Gleneagles Country Club, Delray Beach. CJ Foundation for Children's 5th Annual Gala fundraiser. Stacey Staley, 561-364-2001, ext. 1115 cjfoundation.net

Oriente | Fusion — 8pm. Arts Garage. Funky guitar driven tumbas, blazing harmonic brass, explosive Afro-Latin percussion. \$25-\$45 in advance. artsgarage.org

SATURDAY • APRIL 12

Pawsitive Reading Program — 2pm. Delray Beach Public Library. Children who need extra help in reading & interpersonal communication read to Bootsie the therapy dog. Registration required at Children's Desk or call 561-266-0197

SATURDAY - SUNDAY • APRIL 12 - 13

I Do Delray - Showcasing Downtown Delray Beach as wedding & celebration destination. 561-243-1077 downtowndelraybeach.com/weddings-and-celebrations

SATURDAY - SUNDAY • APRIL 12 - 13

Delray Art League Artists in the Park — 10am-4:30pm. Delray Beach Center for the Arts. Fine art exhibitions & sales. 561-243-7922 delrayartleague.com

SUNDAY • APRIL 13

The Ebony Chorale will perform a concert at Unity of Delray Beach, 101 NW 22nd St. at Swinton Ave, at 4 p.m. There is no admission charge; a free will love offering will be collected.

WEDNESDAY • APRIL 16

Focus on Women — Networking Luncheon. 11:30am — 1pm. Delray Beach Golf Club. "7F Words for Leading a Balanced Life" Deborah Bacarella. \$25 Members/\$35 Future Members. Hosted by the Delray Beach Chamber of Commerce. www.delraybeach.com

FUN FRIDAYS AT SOLITA DELRAY!

Join Marketing & Events by Priscilla for a networking and social happy hour party every Friday from 5 PM to 7:30 PM. With Half Off all bar beverage including premium drinks and wines, and off all appetizers. (until 7 PM). No rsvp necessary.

25 NE 2nd Ave.
PINEAPPLE GROVE
IN DELRAY BEACH

THURSDAY • APRIL 17

Artists Alley Open Studios - 6-9pm - Pineapple Grove Arts District between NE 3rd & 4th Streets, east of 3rd Ave, west of RR tracks. artistsalleydelray.com

Booksigning — 7pm. Hilary Davidson author of Blood Always Tells. Murder on the Beach Mystery Bookstore, 273 NE 2nd Ave.. 561-279-7790 murderonthebeach.com

High end wine tasting. Tasting 10 wines averaging \$100+ Per bottle. \$50/pp. 6-8pm. Catered gourmet appetizers included. Limited space, RSVP required. (561) 276-2076 The Wine Wave 900 E. Atlantic Ave Suite 3 in Delray Beach

National League of American Pen Women Luncheon/Lecture At 11:30 am Delray Beach Golf Club, 2200 Highland Ave. in Delray Beach. 561/243-7385. \$28.00 Charles Sheikowitz and Cirque du Soleil dancer Jennifer Wilson present a collaborative treat of Music, Art, Letters, and choreography of Sheila Firestone's The Pandora's Triptych. Register on line: www.bocapenwomen.org

THURSDAY-SATURDAY • APRIL 17-18, 24-26

Shakespeare at The Pavilion — 8pm. Delray Beach Center for the Arts / Outdoor Pavilion. Take Heed Theater Company presents Shakespeare classic. Free admission. 561-243-7922 DelrayCenterForTheArts.org

Please Send Your Calendar Listings To:
Calendar@delraypineapple.com

aGc

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library calendar

CALENDAR OF EVENTS • APRIL 2014

LIBRARY CLOSED – EASTER SUNDAY, APRIL 20

All Programs are free except the Musical Matinee Series on Sunday April 6 - tickets are \$15.00 per person & the Lifelong Learning Community Institute courses

Wednesday, April 2, 9, 16, 24 & 30

@ 11:30 a.m. Socrates Café – Weekly discussion group facilitated by Claire Drattell & Don Clare

Wednesday, March 26, April 2 & 9

@ 2:00 p.m. - Lifelong Learning Community Institute Course "The Greatest Stories Ever Sold" - see brochure for course listings - Fee = \$45.00

Wednesday, March 12, 19 & 26, April 2

@ 6:00 p.m. - Lifelong Learning Community Institute Course "The Tudors: The True History of England's Most Famous Dynasty" - see brochure for course listings - Fee = \$50.00

Thursday, April 3 @ 11:30 a.m. - Lunch with Liz @ the Library - "There's Nothing New Under the Sun" based on the insights of Wayne Dyer presented by media personality & columnist Liz Sterling

Thursday, April 3, 10, 17 & 24

from 1:00 p.m. - 4:30 p.m. - Empowerment Zone

Saturday, April 5, 12, 19 & 26 @ 10:00 a.m.

The Writers' Studio weekly Saturday morning program Contact Howard Gleichenhaus at 561-638-7251

Sunday, April 6 @ 2:00 p.m. - Sunday Musical Matinee Series

- featuring entering entertainer Wayne Hosford Tickets are \$15.00 per person

Monday, April 7, 14, 21 & 28

from 1:00 p.m. - 4:30 p.m. - Empowerment Zone

Monday, March 17, 24 & 31 & April 7

@ 2:00 p.m. - Lifelong Learning Community Institute Course "The New Yorker Short Story" see brochure for course listings Fee - \$50.00

Monday, April 7, 14, 21 & 28 @ 5:15 p.m. Got Gaming?

presented by Young Adult Librarian Loanis Menendez-Cuesta

Tuesday, April 8 @ 10:00 a.m. - From A Woman's Perspective Book Group

presented by Karen Kurzer

Tuesday, April 8 @ 6:00 p.m. - Evening Book Group

Palm Beach County "Read Together" Book

Tuesday, April 8 & 22 @ 6:00 p.m.

"Ukulele Workshop for Beginners & Players" For further information & registration, contact Tavit Smith at 561-665-1718 or e-mail at tavitandlynn@gmail.com.

Thursday, April 10 @ 2:00 p.m.

Authors' Series - "Orange Peels & Cobblestones" presented by Rose Marie Dunphy

Monday, April 14 & 28 @ 10:00 a.m.

Quilting Bee - twice monthly quilting class presented by Karen Pugh & Linda Bouvier

Wednesday, April 16 @ 2:00 p.m. - Authors' Series

Finding the Dragon Lady, The Mystery of Vietnam's Madame Nhu presented by Monique Brinson Demery

Thursday, April 17 @ 10:30 a.m.

Publix Apron's Cooking School Demonstration "Grilling Favorites" presented by Chef Rey De La Osa

Tuesday, April 17 @ 2:00 p.m. - Authors' Series

Last Train From Key West presented by Suzanne Tripp

Tuesday, April 22 @ 3:00 p.m. - Healthy Living Series

"TBA" presented by the Delray Medical Center

Wednesday, April 23 @ 2:00 p.m. Author's Series

What Happens To Children In Family Court? presented by Caren Ragan

Monday, April 28 @ 1:00 p.m. - Afternoon Book Group

- Z: A Novel of Zelda Fitzgerald by Therese Anne Fowler presented by Librarian Kathleen Hensman

Monday, April 28 @ 2:00 p.m. - Cercle Français

French conversation group with rotating facilitators

ART EXHIBITS

Through April 18 - "Oil Paintings" by Carol Gold
April 19 - June 14 - Paintings - "Favorite Places, Europe & Delray" - Sue Lynch

FREE COMPUTER WORKSHOPS

Registration Required - call 561-266-0196
4/1 @ 2:00 pm Beginning Computers
4/2 @ 2:00 pm Internet
4/8 @ 2:00 pm Email
4/9 @ 2:00 pm Word
4/15 @ 2:00 pm Internet
4/16 @ 2:00 pm Email
4/22 @ 2:00 pm Excel
4/23 @ 2:00 pm Facebook



A BENEFIT FOR CRUISE BOGLE

**WHEN: SATURDAY, APRIL 26, 2014
5:00-11:00 PM**

WHERE: DELRAY BEACH PLAYHOUSE

950 NW 9TH STREET, DELRAY BEACH FL

Come support Cruise and his family
Enjoy Food, Drink, Auction Items,
Raffles and Live Music by:

**NO STRINGS ATTACHED, FUNKABILLY PLAYBOYS,
THE PEOPLE UPSTAIRS AND BUSHWOOD !**



At age 19, Cruise Bogle, was tragically paralyzed from the chest down while skim boarding. Cruise and his family require financial support to allow for physical therapy at a specialized gym which is not covered by insurance. Please come out to support Cruise and his family while enjoying a fun night out !

\$35 Donation Appreciated Upon Entry

For more information visit us at www.cruisebogle.com, Facebook or contact Kristi Vick #561-306-7667 or kjvick@gmail.com, 1344 NW 3rd Ave., Delray Beach FL 33444.

Monetary donations can be made payable to "In Cruise We Trust/SNT" or online at www.cruisebogle.com.

Sponsored in part by:



THE PINEAPPLE
your community newspaper

events calendar

FRIDAY • APRIL 18

Booksigning - 7pm. Stuart Wood will speak and sign Carnal Curiosity. Murder on the Beach Mystery Bookstore 273 NE 2nd Ave.. 561-279-7790 murderonthebeach.com

APRIL 18-20, 23-27, 30

Trouble with Doug | Theatre - Wed-Fri 7:30pm; Sat-Sun 2pm. New musical about man who turns into giant talking slug. \$30-\$45 in advance. artsgarage.org

SATURDAY • APRIL 19

The 22nd Annual Easter Egg Hunt - 8am - Seacrest Soccer Complex, 2505 N Seacrest Blvd. Free admission.

Earth Day Event | Green and Thriving - 10am-12noon. Old School Square Park. Free. "Green" activities for entire family. 561-243-7190 mydelraybeach.com

SATURDAY • APRIL 19

Jimmy Webb | Cabaret - 8pm. Arts Garage. Legendary songwriter takes to the stage. \$25-\$50 in advance. artsgarage.org

The 14th Annual Easter Bonnet Pet Parade - 9am registration Old School Square Park. 10am parade down Pineapple Grove Way and Atlantic Ave. Judging and prizes in front of Cornell Museum. Entry Fee \$2/proceeds to Animal Rescue Force. delraycra.org

THURSDAY • APRIL 24

Craft beer and craft spirit tasting 6-8pm. \$15/pp 10 beers and 6 craft spirits. Catered gourmet appetizers included. To RSVP call (561) 276-2076. The Wine Wave 900 E. Atlantic Ave Suite 3

FRIDAY • APRIL 25

Booksigning - 7pm. Andrew Gross author of Everything to Lose. Murder on the Beach Mystery Bookstore, 273 NE 2nd Ave. 561-279-7790 murderonthebeach.com

FRIDAY - SUNDAY • APRIL 25 - 27

Delray Affair - Downtown Delray Beach. 10am - 6pm. Free arts & crafts show event spread over 10 blocks and three public parks with more than 725 artists & crafters. Entertainment with Street Performances at select locations. delrayaffair.com

SATURDAY • APRIL 26

Jazz Professors & Jeff Rupert - 8pm. Arts Garage. Chart topping jazz sextet with grammy winning Jeff Rupert. \$25-\$35 in advance. artsgarage.org

Family Fun Mini Workshop: Calligraphy - 11am-12noon. Morikami Museum & Japanese Gardens. Learn basic Japanese calligraphy techniques. \$10/parent and child, \$5/additional participants. Advance registration required; children must be in 3rd grade or higher and registered with a parent or guardian. 561-495-0233 morikami.org

TUESDAY • APRIL 29

Discovering the Dead Sea Scrolls - 3pm. Delray Beach Public Library. Author Roz Davidson lecture and multi-media program. 561-266-9490 delraylibrary.org

EXHIBITS

Through April 27- Delray Art League- Delray Beach Center for the Arts / Crest Theatre Galleries Multi-media exhibit showcasing oils, watercolors, acrylics, sculptures and photographs.

Through May 11 - 2014 National Juried Exhibition - Delray Beach Center for the Arts / Cornell Museum of Art & American Culture. Juried works by artists from around the United States

Through May 18 - Japanese Prints of the Shining Prince Genji. Morikami Museum & Japanese Gardens. More than 50 woodblock prints & books depicting scenes from Shikibu's masterpiece.

DELRAY BEACH'S NEW #1 GOLF CAR DEALER

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5 DAYS
3 STAGES
50 BANDS

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Goo Goo Dolls Young the Giant J. Cole
Alice In Chains Sublime with Rome Daughtry
Doobie Brothers Austin Mahone Dropkick Murphys
Rebelution Dirty Heads Cake
Justin Moore - David Nail - Josh Thompson
The Bangles Trombone Shorty & Orleans Avenue
Blues Traveler Wailers Streetlight Manifesto
Sky Blu of LMFAO Rusted Root Dick Dale
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CLOUD 10 BLOW DRY BAR EXPANDS TO FULL SERVICE HAIR SALON

DELRAY BEACH, FL – Cloud 10, the innovative beauty salon that specializes in luxurious blowouts and makeovers, has expanded to offer a full array of hair services, including cut, color, extensions, and more. The full menu is now offered at both of their locations - in Delray Beach (next to Salt Seven, just off Atlantic Avenue) and their newest location in East Boca Raton (next to Rebel House).

Cloud 10 is generally recognized as the most deluxe and best-equipped blow dry bar in Florida. With the addition of their new services, they are taking the salon experience to the next level. Luxurious blowouts, including a deluxe shampoo, will continue to be offered for only \$40. All color services will be performed with Davines organic color compounds and start at just \$70 – combining luxury and affordability. New cutting services will include special pricing for pixie cut, bang trim, and even men's styling.

In addition to package deals, Cloud 10 also offers a variety of party packages. There's the "Girls Getaway," the ultimate beauty experience for a ladies' night out with gorgeous blowouts, makeovers, relaxers, and even drinks, hors d'oeuvres and dessert. Brides can book their Wedding Package and have a one-stop-shop **Continued on page 6**



TAO'S SPA DAY – A DAY OF AHHH

For your mind, body and soul!

Temple Adath Or (TAO), The South Florida Center for Jewish Renewal, will be holding A Spa Day – A Day of Ahhhh for Your Mind, Body and Soul on Sunday, April 6. Classes, spa services, raffle prizes, breakfast, a spa lunch, cash for gold and more will be available throughout the day!

Join for a day of Zen, Calm & Peace from 10:00am – 5:00pm at the former home of supermodel Nikki Taylor in Davie's Stonebrook Estates. Exact location of the event will be given at time of registration. 100% of proceeds will benefit TAO, (a non-profit 501 c 3 Corporation).

Celebrate a birthday, anniversary, or friendship with family and friends and choose a package that fits your needs:

- Day of Zen includes 3 services, classes, light breakfast and spa lunch for \$236.
- Day of Calm includes 2 services, classes, light breakfast and spa lunch for \$186.
- Day of Peace includes 1 service, classes, light breakfast and spa lunch for \$136.
- Day of Relaxation included spa lunch, classes after 11:00am for \$86.
- Double Delights includes yoga & mediation with Rabbi Marc after 3:00pm for \$36.

For more information or to register, call 954-803-5753 or 305-586-1745.

CrossFit Dimensions now open in Delray Beach



DELRAY BEACH, FL – Coach Rebecca and Matt Campbell have collaborated their resources and expertise to open Delray Beach's newest, and most innovative CrossFit facility, CrossFit Dimensions.

"I was first introduced to CrossFit in my hometown in Canada where I immediately got hooked. After graduating from college with a degree in Exercise Science and Health Promotion, I knew I wanted to pursue a career in the health and fitness industry, and CrossFit seemed like the perfect opportunity. I believe the concept behind CrossFit is genius, however the bad rep it often gets comes from trainers who do not have the proper education or knowledge required to teach the CrossFit movements correctly. With my athletic experience and expertise, I wanted to change that and create a CrossFit gym like no other," Says Rebecca Campbell. Rebecca and Matt Campbell got married in July of 2013. As their relationship grew, so too did their desire to create a brand new box (CrossFit Gym) that approached CrossFit from all dimensions. "We specialize in training and optimizing fitness in every dimension – strength, stamina, endurance, flexibility, speed, power, agility, accuracy, balance, and coordination – without favoring one at the expense of another."

CrossFit Dimensions officially opened its doors Saturday Feb. 8 and set their full schedule into effect offering up to 8 classes per day, open gym times, beginners classes, and specialty classes. The

On-Ramp program is a perfect way for beginners to prepare for the regular CrossFit program. The emphasis of the On-Ramp is on skill development and exposure to our basic movements. A heavy emphasis is placed on technique, both to ensure safety and success at the next level.

It is hard not to get fired up about a gym like CrossFit Dimensions, located only a quarter mile from Atlantic Ave in downtown Delray Beach. As soon as you walk in, you're taken over by the 20' ceilings, the brand new Rogue equipment and flooring, the custom pull-up/lifting rigs, and a sense that thought went into every detail.

"CrossFit Dimensions is a CrossFit facility built for our members," Rebecca says with pride. "We love CrossFit and want to share our passion for health and fitness with everyone that walks in this place. It can change your life."

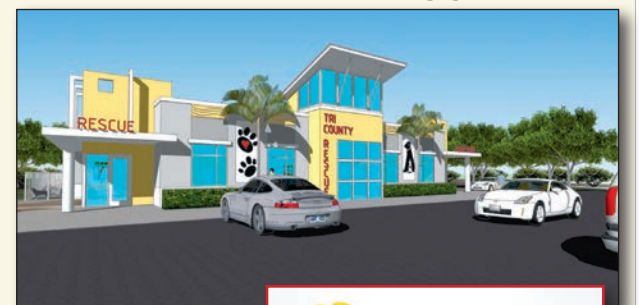
CrossFit is a worldwide strength and conditioning fitness program designed for all ages. Whether you're a beginner or a professional athlete, the CrossFit program is designed with universal scalability, making this the ideal exercise program for anyone, regardless of age or experience. You attain these goals using a wide variety of exercises, including running, rowing, plyometrics, gymnastics, weight training, and Olympic weightlifting techniques. The CrossFit program is sure to challenge you, no matter your current athletic abilities.

Tri County Humane Society Boca Raton Expansion Plans and new logo unveiled at 12th Annual Doggie Ball

BOCA RATON, FL – Before more than 550 board members, staff, volunteers, donors and advocates, all donned in their finest Western fashions, cowboy boots and hats, and diamonds and pearls at its 12th Annual Doggie Ball, Tri County Humane Society leadership announced a new organization name and unveiled a new logo and plans for campus expansion. The new name -- Tri County Animal Rescue (TCAR) -- and visual re-branding was launched to best reflect the distinctive brand promise, critical mission, and expansive reach of the largest 100% no-kill regional 501(c)3 animal rescue nonprofit that operates 100% on donations.

"Our new name now accurately defines our organization's brand promise of rescuing animals and preserving lives," noted TCAR Chair and Doggie Ball Co-Chair Harriet Lewis-Mooney, Esq. "We have spent a great deal of time strategizing on a re-freshed branding that effectively communicates 'what we do' and 'what drives us' and determined that Tri County Animal Rescue achieves that."

She added that the new logo design is symbolic in both



Rendering of New Rescue Center - subject to change



color and elements. "It is a dramatic departure from the rescue organization's previous branding mark that featured an umbrella and a variety of animals, including ducks, bunnies, hamsters and birds, that are not rescued by Tri County for adoption." **Continued on page 9**



GREEN TURTLE GALLOP

GUMBO LIMBO 2014

April 13 | 7:15am | Spanish River Park | Boca Raton | greenturtlegallop@hotmail.com

5th Annual

10K RUN



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Gary Player joins PHIT America as Celebrity Ambassador

Golf legend leads star athlete roster in fight against inactivity, obesity



SILVER SPRING, MD – PHIT America – the non-profit education and advocacy organization designed to combat the nation's inactivity and obesity crisis – announces Gary Player, one of the greatest players in golf history, as a celebrity ambassador.

Winner of 165 tournaments, including nine Major Championships, Player achieved legendary status as one of only five golfers in history to claim a career Grand Slam winning the Masters Tournament (1961, 1974, 1978), U.S. Open (1965), The Open Championship (1959, 1968, 1974) and PGA Championship (1962, 1972). Additionally, Player is the only golfer in history to achieve the Grand Slam on the Senior Tour.

He credits his success on the course to the stringent exercise regimen maintained throughout his career.

"At age 78, I still complete a rigorous fitness routine, which includes 1,000 sit-ups daily," says Player. "My greatest ambition is to spread the message to the youth of the world that your body is a temple – you cannot do anything without health."

As a father of six and grandfather of 22, Player's desire to instill the importance of an active lifestyle, especially in children, aligns with the message of PHIT America. Participation in youth sports is a way to get fit while also building self-confidence and developing skills such as discipline and dedication to setting and achieving goals.

Player joins an all-star roster of celebrity ambassadors including NFL icon Herschel Walker and Golf Channel instructor Michael Breed. Each PHIT America ambassador is selected due to a common vision. The collective goal is to create "A Movement for a Fit and Healthy America" by educating men, women and children about the importance of an active lifestyle to improve overall health.

"Almost 30 percent of Americans are totally sedentary and this has increased the last five years," says Jim Baugh, Founder of PHIT America, former President of Wilson Sporting Goods and a 2011 inductee into the Sporting Goods Industry Hall of Fame. "Inactivity is the prime contributor to the escalating health care costs we all face and Gary Player is setting a great example of how we can all work to create a more fit country."

Since its January 2013 launch, more than 150 leading companies and associations from the sports, fitness, retail and media industries have contributed funds and services to support PHIT America.

The organization supports two pieces of legislation crucial to increasing the number of healthy Americans. When passed, the Personal Health Investment Today Act (PHIT) will allow people to use pre-tax medical accounts for physical activity expenses. The Physical Education Program (PEP) is a 14-year Federal grant from the Department of Education for schools to rebuild and revolutionize fitness programs.

Americans are encouraged to support PHIT America by visiting www.PHITAmerica.org to advocate, provide a donation or participate in health and wellness programs.

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THE HOW? CENTER FOR HOLISTIC ORGANIC WELLNESS OPENS IN BOCA RATON

One stop for all things holistic

BOCA RATON, FL – Residents of Palm Beach County now have a wonderful new choice in healthcare and the pursuit of complete wellness. The HOW? Center has opened as a new "holistic oasis" for those seeking alternative health options and natural wellness products.

This unique center offers the services of several different practitioners, and both individual or group sessions are available for services such as Acupuncture, Reiki/Energy Work, Healing Touch, Essential Oils, Yoga and more. The group sessions make these beneficial experiences affordable for everyone.

"We couldn't be any more excited about this," commented Adriana Guardia, manager of the HOW? Center. "The center opens up so many possibilities for helping people and bringing amazing products and services to those who need relief from various conditions and symptoms," she adds.

The HOW? Center is a total wellness center where people can come to discuss and improve: diet and nutrition, energy, libido, skin and hair, anxiety and stress, pain, joint and muscle issues, low immunity, weight management,

cardio health, and more. They can also obtain cleanses and other top-quality, 100% natural supplements (medical grade, no fillers).

"This is truly a special place where people's lives will be improved and their quality of life restored, using the knowledge and practices – and ingredients – utilized for centuries by ancient healers and improved by today's science," Guardia states. "I am thrilled to be part of this new company and new wellness center, and I look forward to meeting and helping new clients here in South Florida."

She explains that the name HOW stands for Holistic Organic Wellness, and that the question mark was added because the center answers the question of how to achieve that wellness. Want to live healthier? Feel better? Ask us how?

The mission of the center is to help people obtain a healthy lifestyle and feel as good as possible as they age. Educational classes and workshops will also be part of the center's monthly calendar.

For more information on the center call 561-955-0099. The HOW? Center is located at 3270 N. Federal Hwy. in Boca Raton (Gary Woo plaza).



Healthiest Clubs of America names St. Andrews CC in top ten

BOCA RATON, FL – St. Andrews Country Club has been recognized as a Top Ten Healthiest Clubs of America by Prevo Health Solutions. St. Andrews excelled in providing healthy menu items to members and staff, accommodating health related needs and providing activities that leverage the amenities and facility. Private clubs must earn a score above 800 to qualify as one of America's Healthiest Clubs and St. Andrews CC achieved one of the Top Ten highest scores.

St. Andrews CC excels in providing healthier options during breakfast, lunch and dinner at any one of their four dining venues. Executive Chef, Stephen Viggiano works with Maureen Buchbinder, NuYou Nutrition Expert, to provide tasty salads that feature red quinoa, wild rice, barley, couscous, tabbouleh and hummus.

"We are proud to be named Top Ten of the Healthiest Clubs in America and to be recognized for our health conscious efforts," says Craig Martin, C.C.M., St. Andrews GM/C.O.O. "St. Andrews is committed to improving the well-being of every member and staff member and are looking to expand our farm-to-table offering of natural whole foods. A partnership with local farmers is being arranged to grow every food product used at St. Andrews."

For more visit www.standrewscc.com

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- ▶ Recipient of the Healthgrades Cardiac Care Excellence Award™ in 2014
- ▶ Highest Rated Hospital in Palm Beach County by The Society of Thoracic Surgeons (STS)
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New Business Owner Spotlight



Dr. Michael Grasso – Fusion Chiropractic Spa

Dr. Grasso and his business partner, Dr. Robert Findlay (a South Florida Chiropractor for 12 years), recently opened up Fusion Chiropractic Spa together. This hybrid concept offers both chiropractic services and affordable spa offerings - including 1 hour massages for 35 dollars.

Dr. Michael Grasso is a family chiropractor born and raised in sunny south Florida. As a second-generation chiropractor, Dr. Grasso has been under chiropractic care his whole life and at a young age decided that he too had a passion for bettering the lives and health of others. Dr. Grasso graduated from the University of Central Florida in Orlando with a Bachelors of Science degree in life and Biomedical Sciences, as well as a degree in Health and Physical Sciences.

Upon graduation, Dr. Grasso went on to attend Palmer Chiropractic College in Daytona Beach where he earned his Doctor of Chiropractic Degree. After thousands of hours of course work and field study, Dr. Grasso decided to return back to South Florida with the hope of changing lives for the better through chiropractic care. Dr. Grasso now lives and works in Delray Beach, FL.

He is a member of the Florida Chiropractic Association and is recognized by their board as a licensed physician. He works with the Delray Beach Police Department, the Delray Beach Lifeguards, Elev8 Sports Institute, and the Prep and Sports non-profit organization. He is a member of the Chamber of Commerce and is the attending chiropractic physician of the Atlantic High School Eagles football team.

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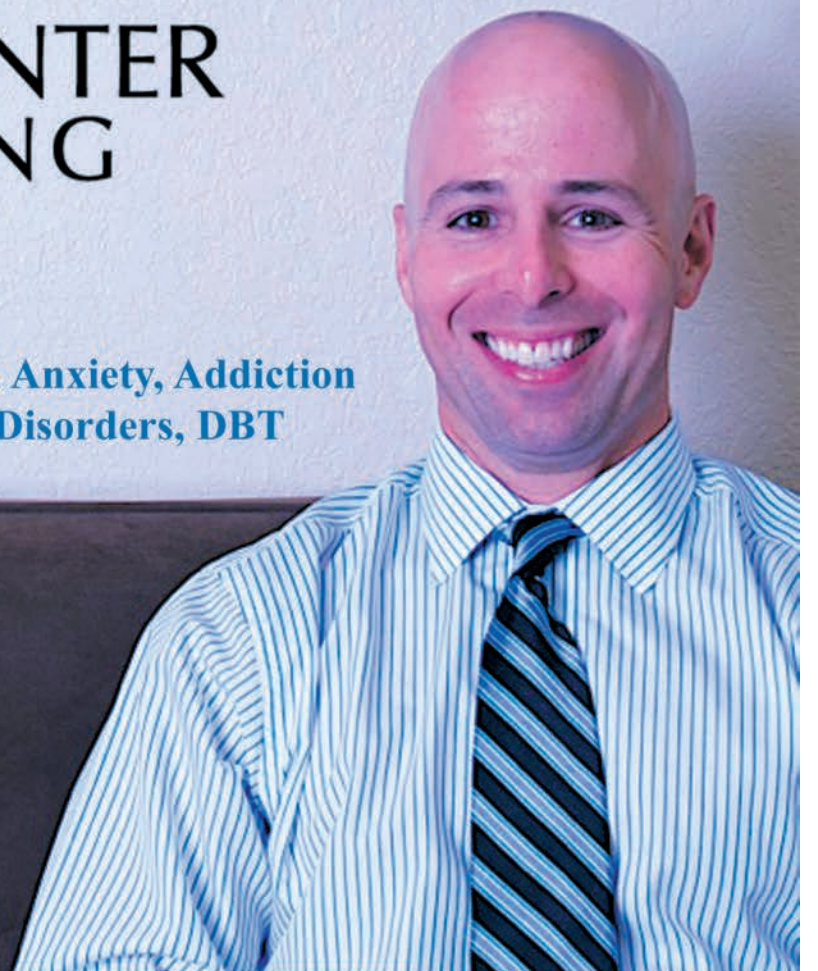


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City of Delray Beach Parks and Recreation New Programs for Spring and Summer 2014

The City's Parks and Recreation Department offers recreational and fun programs to our residents and visitors year round. New programs are open for registration and feature a variety of activities for the entire family!

SOCCER SHOTS

Dates: Starts March 22
Times: Saturdays
2 year olds 9:30 am - 10:00 am
3 - 8 year olds 10:00 am - 11:00 am
Cost: \$80 residents, \$85 non-residents (per 10 week session)
Location: Veterans Park, 802 NE 1st Street

Soccer Shots is the national leader in youth soccer development for children ages 2 through 8. This intro-to-soccer program has been created under the guidance of childhood education specialists. By enrolling your child in Soccer shots, you can expect your child to have an overall increased understanding of team dynamics, character formation, skill development and coordination through fun fitness activities. No gear needed! All soccer equipment is provided. For more info, call (561) 243-7350.

AEROBICS

Ages: 18 years and up
Days/Time: Mon/Wed/Sat 9-10 am and Tue/Thu 6-7 pm
Cost: Please contact instructor for pricing
Contact: Sandy Hughes, (561) 272-7897
Location: Community Center, 50 NW 1st Avenue

Creative routines that work all muscles, burn calories, improve cardiovascular fitness, reduce stress and helps you lose weight. For more information, please call (561) 243-7250.

ZUMBA

Dates: Starts March 17
Days: Mondays, Wednesdays and Thursdays
Time: 6:00 pm - 7:00 pm
Cost: \$7 residents; \$8 non-residents per class
Location: Pompey Park, 1101 NW 2nd Street

Zumba Fitness combines Latin infused music with international beats to motivate a feel good workout for all. For more information call (561) 243-7356.

START SMART SPORTS

Start Smart Soccer: March 1st - 22nd
Start Smart Basketball: March 29th - April 19th
Start Smart Baseball: April 26th - May 17th
Start Smart Football: May 24th - June 14th
Ages: 3-6
Days: Saturday
Times: 10:30am-11:30am
Cost: \$30 resident/\$40 non-resident/4 weeks per sport
Contact: Coach Erik or Coach Kenneth at (561) 243-7194 or email Lawsons@mydelraybeach.com
Location: Catherine Strong Park, 1500 SW 6th Street

The Start Smart Sports Development Program is geared to ages 3-5 years old. Start Smart, created by the National Alliance for Youth Sports, helps children prepare for sports... and succeed in life. A variety of innovative products will be utilized to enhance child development.

ONE DAY SKATE CAMP

Dates: Friday, April 18
Ages: 5-12
Times: 9:00am - 4:00pm each day
8:00am-9:00am: drop-off / 4:00pm-5:30pm: pickup
Cost: \$25 residents \$30 non-residents/per day
Contact: Danielle Pearson, 243-7158
Location: Hobbit Skate Park

Join us for camp when school is not in session! Each student must provide their own skateboard, helmet and knee/elbow pads.



BELLY DANCING

Ages: Adults
Days: Wednesdays
Times: 1:00 pm - 2:00 pm
Cost: \$5 residents, \$6 non-residents per class
Location: Veterans Park, 802 NE 1st Street
Contact: Veterans Park, 243-7350

Belly dance is a non-impact, weight-bearing exercise and is thus suitable for all Ages. Many of the moves involve isolations, which improves flexibility of the torso help burn fat, improve circulation, increase joint flexibility and reduces stress. Belly dance moves are beneficial to the spine, as the full-body undulation moves lengthens (decompress) and strengthens the entire column of spinal and abdominal muscles in a gentle way. Dancing with a veil will build and strengthen upper body, arm and shoulders. It is a good exercise for the prevention of osteoporosis in older people. Join and meet others who share your love for dance. Belly dancing is a fun, safe, low-impact dance class for all ages.

MODERN LINE DANCE

Ages: 18 years old and up
Days: Wednesdays
Times: 2:30 pm - 3:30 pm
Cost: \$4 residents, \$5 non-residents per class
Location: Veterans Park, 802 NE 1st Street
Contact: Veterans Park, 243-7350

Learn line dances to Latin music, top 40's, country music, oldies and hip hop music. This active aging group exercise class is safe, heart-healthy and gentle on the joints. The workout includes easy-to-follow low-impact movement, and upper-body strength designed to energize your active lifestyle.



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**YOUR NEW WALK-IN URGENT CARE CENTER
WHEN WAS THE LAST TIME YOU MADE AN APPOINTMENT TO GET SICK?**

Publix and Walgreens team up with local coalition to stop prescription drug abuse, protect drinking water

Not sure what to do with leftover or expired medications? Thanks to the efforts of the Palm Beach County Substance Awareness Coalition, starting this month, every pharmacy in Publix and Walgreens stores in Palm Beach County will display signs with the location of the nearest pill drop-box.

Named Operation Pill Drop, all 52 Publix pharmacies and 69 Walgreens pharmacies in Palm Beach County are participating in the effort, which aims to prevent prescription drug abuse as well as keep the local drinking water safe.

"Having these signs in every Publix and Walgreens pharmacy, and hopefully others in the future, is a huge step forward in making the public aware of the availability of the drop-boxes," says Jeff Kadel, Executive Director of the Palm Beach County Substance Awareness Coalition (www.pbcac.org). "The drop-boxes ensure safe collection of unwanted prescription drugs and keep them out of the

hands of children and our water supply."

"We're proud to be a part of all the communities we serve, not only as a grocer but as an active participant in programs dedicated to keeping our customers safe, like Operation Pill Drop," said Publix spokeswoman Nicole Krauss. "Providing our customers with this important information will contribute to a clean environment and safe homes throughout Palm Beach County."

In 2013, the Palm Beach County Sheriff's Office collected more than 3,000 pounds of unwanted medications from their drop-boxes, which make up approximately half of the county's drop-boxes.

To see the locations of all 21 of the county's drop-boxes and what is and is not accepted, go to pbedrop.org. The drop-boxes are part of a joint effort between the Palm Beach County Substance Awareness Coalition and the Palm Beach County Sheriff's Office, the Solid Waste Authority and the NOPE Task Force.

MinuteClinic opens Walk-in Medical Clinic inside CVS Pharmacy in Delray Beach

MinuteClinic, the largest provider of retail-based medical clinics in the United States, has opened a new walk-in clinic inside the CVS Pharmacy in Delray Beach at 1690 S. Federal Highway. It is the sixth location in Palm Beach County.

The clinic is open 7 days a week, including weekday evening hours.

"Since opening our first store-based clinic in Florida in 2006, we have helped to expand access to high-quality, convenient and affordable care to thousands of residents who have visited us at CVS pharmacy locations near where they live and work," said Andrew Sussman, M.D., President, MinuteClinic and Senior Vice President/Associate Chief Medical Officer, CVS Caremark Corporation.

MinuteClinic nurse practitioners specialize in family health care and can diagnose, treat and write prescriptions for common family illnesses such as strep throat and ear, eye, sinus, bladder and bronchial infections. Minor wounds, abrasions, skin conditions and joint sprains can be treated, and common vaccinations such as influenza, tetanus, pneumonia and Hepatitis A & B are available at most locations.

Walk-in camp, sports and college physicals are available daily. In addition, MinuteClinic administers a series of wellness services designed to help patients identify lifestyle changes needed to improve their current and future health, including screenings and monitoring for diabetes, high blood pressure and high cholesterol.

No appointments are required at MinuteClinic and most health insurance is accepted. For patients paying cash or credit, treatment prices are posted at each clinic and on www.minuteclinic.com. The cost for most treatment starts at \$79.

MinuteClinic practitioners use a software program that at the conclusion of each visit generates educational material, an invoice and a prescription (when clinically appropriate) for the patient, as well as a diagnostic record that can be sent via electronic health record, fax or mail to a primary care provider with patient permission.

The MinuteClinic walk-in medical clinic in Delray Beach operates from 8:30 a.m. to 7:30 p.m. Monday through Friday and 9 a.m. to 5:30 p.m. Saturday and 10 a.m. to 5:30 p.m. Sunday.

How Laura Norman Transformed My Life

By Diane Stone

Special to The Pineapple

"When nothing goes right, go left!"

- Anonymous

Have you ever met a person who quickly becomes a course changer on your path? An individual who inspires, delights and expands your consciousness to a level where each moment thereafter you experience the blessing of your union? I have been blessed to meet some along my life's journey.

These special angels that appeared on my path may have initially seemed to be a detour from my original route but, in retrospect, they were actually leading me back to myself. Such has been my experience with world-renowned Life Wellness Coach, Reflexologist and Delray Beach resident, Laura Norman.

I had the pleasure of meeting Laura when a dear friend gave me a gift certificate for a session with her. I was a big fan of full-body massage and, until I met Laura, it didn't even seem logical to opt for just the feet when you could have your entire body massaged.

Boy, was I in for a surprise!

Before I entered Laura's peaceful sanctuary in Delray Beach, I was in a state of semi-unease. I had reentered the world of career searching after taking time to raise my daughter. I found the process more daunting than I had planned. I was rejected for jobs I didn't even want and the hours and pay offered for most positions did not seem to warrant the time and commitment being asked for. I came to Laura as an escape from my distress, hoping her life coaching and reflexology would bring me comfort.

Laura had me sit down on an extremely relaxing chair, offered me some purified water in a special glass and smiled gently upon my soul like an angel sending me a vibrational healing. I figured I would capitalize on her mystical enchantment and ask her what she thought I should do with my career - or rather lack thereof! Clearly, this smiling, warm, compassionate soul would know what I was to do!

In her charming, unassuming manner, Laura gently pointed out that I had all the answers within me, and that she would help me discover them for myself.

This was not what I wanted to hear!

I have always prided myself on being a goal-oriented taskmaster that merely required a script that I could tackle, master, and then move on to next, loftier goal. Even so, I surrendered to the moment and listened intently. I somehow knew this was a gift and I was willing to receive

it. As I spoke, Laura reflected on how my choice of words affected how I felt. She encouraged me to be mindful to select words that make me feel good, which serve to shift my energy and outcome. If I opted to share something unpleasant, Laura advised using the phrase "in the past" before or after the statement to remove any power from the old thought pattern.

At first, this was challenging. She asked that I focus on what I desire, rather than explain what was showing up in my life that I didn't want. I noticed, even in our initial meeting that I was already feeling more empowered!

Before long, by implementing Laura's strategies, the career I had always wanted opened up!

As it became clear that the hours I was investing in my new job were more than I wanted to expend, I sought out Laura's counsel again. She reminded me to keep focusing on what I desired. She said "This or better!" and it became my chant! I willingly surrendered what seemed "safe" and have now created my own unique career path that empowers women to listen to their inner voices and honor their sacred internal wisdom. This journey has led me to discover more joy and abundance than I had ever imagined.

During my series of life wellness coaching sessions with Laura, I also gave myself sessions to experience her reflexology gift. The experience was heavenly! The aromatherapy caused pleasant shifts in my brain chemistry. I experienced her gentle, yet firm pressure on my soles as a tingly, delightful internal massage in my head and behind my eyes.

I imagined butterfly wings caressing my inner eyes. I heard a harp although Laura later told me no harps were on the CD she was playing. In Laura's trademark fashion, she credited me with the extraordinary sensations that radiated throughout my body. Laura said she was merely the facilitator. It was my allowing consciousness that gave me the fullness of the healing!

I have been so inspired by Laura and the magnitude of the profound positive changes in my life, that I enrolled in her Reflexology Training program in Boynton Beach. I wanted to be able to offer the gift of complete relaxation to my family and friends. Thanks to Laura I have come to learn that my most powerful intervention with anyone starts with me being at peace with myself and surrendering to my higher Self.

Diana Stone, Writer, Speaker, Wellness Consultant and Delray Beach resident • www.dianalynstone.com

CLOUD 10 - continued from Health Section page 1

for just \$135: hair including an up-do, full airbrush makeup, and a "mini-emergency" kit.

Cloud 10 has also now established a Rewards Program, where customers earn points for their first service, sharing reviews on social media, friend and family referrals, and more. Upon accumulating 1200 points, members will receive complimentary blowouts or credit towards any other salon services.

Cloud 10 Blow Dry Bar & Hair Salon was founded by Jodi Dery, who has an extensive background in providing spa services, most recently at the world renowned Boca Raton

Resort's Spa Palazzo. Before launching the first Cloud 10 Salon in Delray, she visited more than 30 blow dry bars throughout the U.S. and then selected the 'best of the best' in products, services and ambiance for Cloud 10. Dery is also an accomplished author, penning four best-selling e-books on how to most effectively use Siri on the iPhone 4S and 5.

Appointments can be made at either Cloud 10 location, or by calling 561-303-3000 (Delray location) or 561-465-3900 (Boca location) or reserving online at Cloud10USA.com.



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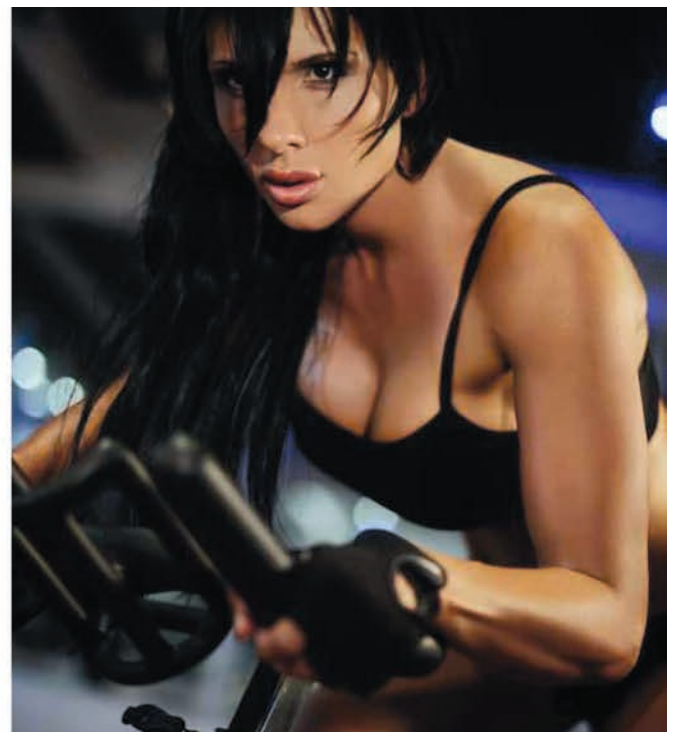
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CARIDAD CENTER ANNOUNCES '25 YEARS OF CARING: A SALUTE TO THE HEROES OF CARIDAD' TO BE HELD APRIL 7

BOYNTON BEACH, FL – Caridad Center (Caridad.org), the largest free healthcare and dental clinic in the state of Florida, will hold the '25 Years of Caring: A Salute to the Heroes of Caridad,' on Monday, April 7th from 6:00 – 9:00 p.m. at the International Polo Club, 3667 120th Avenue South in Wellington.

The event will honor the 400 volunteers whose medical, dental, vision and social service expertise enables the clinic to provide 26,000 patient visits each year. The dinner will also celebrate Caridad's 25 years of providing free medical services to the working poor and uninsured in Palm Beach County.

"Caridad Center simply could not exist without its incredible corps of volunteers," said Laura Kallus, Executive Director. "It is remarkable to reflect on the number of children and their families whose health and lives have been improved – and sometimes saved – through our partnership of donors and volunteers."

The presenting sponsor is International Polo Club and International Polo Club Catering. Additional sponsors include the Goshen Hill Foundation, FirstPath, Quest Diagnostics, Inc., Bethesda Health, Inc., Maserati of Palm Beach, Grand Champions Polo Club, Phelps Media Group International, Equestrian Sport Productions, Kosinski Foundation, Mr. and

Mrs. William McCauley, Dazkal Bolton Accountants and Advisors, the Sun Sentinel, Nurse on Call, Illustrated Properties, Central Palm Beach County Chamber of Commerce and The Wanderers Club.

The event co-chairs are Caroline Moran, Sanjiv Sharma and Robert Souaid. Committee members include Constance Berry, Luis Torres, Richard Retamar, Marie Speed, Paul Archacki, D.D.S., Penny Kosinski, Sugar Savin McCauley and Billy Williams.

This evening will honor all of Caridad's volunteers and especially recognize those who have reached their 5, 10, 15, and 20 year anniversary of service. Tickets are available for \$250.

For more information about sponsorship opportunities or for an invitation to the event, call 561-853-1638.

Caridad Center is the largest free healthcare clinic operated through volunteer providers in the state of Florida, serving the working poor and recently uninsured throughout Palm Beach County. More than 400 doctors, dentists and other medical professionals donate their time and provide services valued at over \$2.3 million a year. Caridad Center provides 26,000 patient visits each year, bypassing costly emergency room visits, which saves Palm Beach County taxpayers an estimated \$4.8 million annually.

In addition to medical services, Caridad Center provides college scholarships, baby supplies, crisis intervention services, back-to-school supplies, and the adopt a family program during the holidays.

In 2013, Caridad Center was named South Florida Business Journal Non-Profit Business of the Year. For more information, visit www.caridad.org.

Caridad Heroes Event Committee: Dr. Marita Malone, Sanjiv Sharma, Caroline Moran, Robert Souaid, Luis Torres, Sonia Torres, Dr. Paul Archacki



YOGA FOR BACK PAIN

By Lori Wasserman
Special to The Pineapple

Whether you're sitting at your desk all day, chasing after your kids or you tried a new swing on the tennis court, most of us, at one time, suffer from back problems.

Left untreated, these occasional pains and stiffness can turn into chronic back issues - not a good thing! Over time your vertebrae can become crooked and condensed leading to nerve compression and pain, bulging discs and a crooked spine.

Yoga happens to be one of the few exercises that can actually reverse your back problems. Yoga focuses on strengthening and aligning your spine. Every movement and twist is formulated to increase flexibility, improve spinal fluid flow, and create the proper space needed between your vertebrae. Yoga has succeeded where other practices have failed when it comes to "straightening" out back problems.

If you haven't tried yoga yet, please do! The benefits are limitless, and your body will feel better than it has in years. I promise, you'll be glad you did. Give the pose below a try and feel the benefits yoga can have for you.

THE CAT - COW POSE

This yoga pose (Asana) is designed to relax, lengthen, and strengthen the spine. It

is great first thing in the morning to get the kinks out or anytime you feel your back is threatening a revolt.

- Get on your hands and knees with your back in a straight / neutral position.
- Inhale through your nose as you arch your back slowly, raising your head and opening your chest.

- As you exhale through your nose, slowly round your back, pushing up through your shoulder blades, tucking your chin to your chest looking at your belly.

- Repeat the above movements 8 – 10 times slowly, really feeling the movement and the stretch.

Doing this twice a day (morning and evening) will have your back feeling much freer and will keep you from that walker you were thinking of borrowing from your Great Aunt Gertie - You know, the one with the fuzzy dice on the handlebar?

Lori Wasserman is a certified Health Coach, Nutrition and Wellness Counselor, AADP Board Certified Holistic Health Practitioner, and a certified Vinyasa Yoga instructor. Lori teaches yoga at Mint Fit 111 and can be reached at info@mintfit.com



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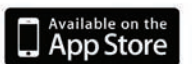
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TRI COUNTY HUMANE SOCIETY - continued from Health Section page 1

The new TCAR logo features:

- Colors of red, yellow and orange, each evoking their own meaning while vibrantly blending to reflect a shared relationship and relevancy that has evolved into today's TCAR brand. The choice of:

- Red reflects the action and passion of its Board of Directors, staff, volunteers, donors and advocates who support and champion the TCAR mission and vision

- Yellow infusion emulates the warm Florida sun, happiness and cheer awaiting the thousands of abandoned, abused or neglected dogs and cats, puppies and kittens rescued by TCAR each year, and

- Orange awakens social communication of and within community to join and advocate for TCAR and those it protects and saves, AND stimulates the optimism of finding loving “forever homes”, either on campus or through carefully vetted adoptions.

- A more accurate representation of the today's Tri County Animal Rescue mission and services, with only a dog and cat (a canine and feline) are featured living in harmony in a protective haven with the brand promise of “100% no kill” arched above their heads. A Florida Palm Tree, with generous frowns, provides a sense of geographical place with added protection to dogs and cats in need — near and far.

TCAR Co-Founder and Executive Director Suzi Goldsmith reported that the new nearly 9,000-square-foot, state-of-the-art Animal

Rescue Center has been a dream for more than seven years and in development by TCAR board leadership for 18 months. With input from staff and volunteers, the center has been designed to boost TCAR's ability to expand quality intake services, including veterinary health assessments and medical treatment, inoculations and grooming. The center will house an examination room, a treatment room, and isolation facilities for rescues with contagious illnesses and conditions.



Lewis-Mooney noted that “if a dog or cat is in need of medical care, it will receive it at the new center if level of care is possible. Once cleared medically, and as disease-free and non-contagious, only then will it join the other animals at the main facility for adoption.”

“The dedicated Tri County Animal Rescue staff, volunteers and advocates witness

first-hand the rough, lonesome road many furry paws have traveled to its doors, not understanding why they've been abandoned or surrendered by their owners,” added Lewis-Mooney. “These animals long to be loved and yearn for acts of loving kindness. Their stories and resilient spirits inspire us to help write a new chapter in their lives, one with a happy ‘forever home’ ending!”

“TCAR's compassion for homeless animals has no boundaries or borders,” reports Sharon DiPietro, TCAR board member and co-chair of this year's Doggie Ball that annually raises significant funds to enable TCAR to continue its life-saving work and restoring wholeness on a daily basis to animals in need, providing a safe home, comfort, nutritious food, lots of tender loving care and veterinary treatment until they can be adopted.

Successful rescue stories abound from TCAR:

- When news hit of the Oklahoma EF5 tornadoes, Tri County deployed five employees and two vans to the Moore, Oklahoma area that had 200 dogs/cats in various shelters to make room for displaced animals from the tornado devastation. They brought back 81 dogs and cats, and all but one has been adopted.

- Earlier this month, Tri County partnered with the all-volunteer Pilot

for Paws organization to rescue and fly-in 18 abandoned puppies and dogs from the Bahamas for medical care and then to find their “forever homes” in South Florida.

Located at 21287 Boca Rio Road in Boca Raton, TCAR is open for adoptions Tuesday-Sunday from 10:30 a.m. to 4:00 p.m. For more information, call (561) 482-8110.

About Tri County Animal Rescue

Saving lives in Palm Beach, Broward, Dade and Martin counties and beyond, the TCAR is a protective haven to thousands of abandoned, abused or neglected pups, kittens, dogs and cats from other facilities in South Florida, Treasure Coast and as far as Sarasota, Alabama, Tennessee, Oklahoma and Louisiana.

A top rated 501(c)3 animal rescue center, TCAR has rescued more than 42,000 animals since its inception, offering homeless pets a welcoming forever home, either on campus or through carefully vetted adoptions that total more than 3,000 per year.

Important Links:

ADOPTABLE DOGS:

<http://tricityhumane.org/dogs-for-adoption>

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VOLUNTEER:

<http://tricityhumane.org/volunteer>

Contagious Optimism LIVE! official launch

First event scheduled for April 4 at FAU Lifelong Learning Society in Jupiter

JUPITER, FL — The Contagious Optimism team, including author David Mezzapelle, co-author Becky Woodbridge and publisher Viva Editions, along with Florida Atlantic University Lifelong Learning Society Jupiter, is excited to launch Contagious Optimism LIVE!

Contagious Optimism LIVE! is a series of events featuring inspirational talks from speakers with uplifting real-life stories from around the world. From well-known actress Sherry Hursey of television's Home Improvement and Days of Our Lives to David J. Pollay, author of The Law of The Garbage Truck, this event promises to connect with each and every attendee.

The kickoff event, scheduled for Friday, April 4, 2014, from 1:30 p.m. to 8 p.m. at Florida Atlantic University Lifelong Learning Society, Jupiter, FL., will be the inspirational happening of the year. A ticket purchase includes the reception, over 20 speakers, live entertainment, food, beer, wine, and more at this landmark event. Online pre-registration is required to reserve your seat. Tickets are \$50, but with the promo code “funfriday” those registering will get a 20% discount. Plus all attendees get a free copy of the book as well.

More info is available at www.contagiousoptimismlive.com.

“My goal is to make optimism contagious before a live audience in cities and towns around the globe. Being able to offer a motivational event unlike any other that people from all walks of life can afford and experience is exactly what this movement is about”, says Mezzapelle. Mezzapelle was inspired to write this book series based on his life's experiences, his own contagious optimism, and the encouragement of his Alma Mater, Fairfield University in Connecticut.

Throughout his life, Mezzapelle has encountered great peaks and valleys, all of which he is grateful for. He never lost sight along the way and has kept the proverbial glass “completely full.” His outlook has influenced many people, and Contagious Optimism is his way of offering optimism to others. Mezzapelle has been a guest on various television and radio programs. He is a frequent contributor to the Wall Street Journal and various other publications around the globe.

Learn more about registration and other details at www.contagiousoptimismlive.com.

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10 Top Health Tips

1. Wake Up and drink: Sleep promotes dehydration, so drink a glass of water before slurping your tea or coffee when you first wake up. Keep topping up your class throughout the day and aim for 1.5-2.5 litres.

2. Go Bananas: Bananas are perfect energy boosters, with only 99 calories and 0.1g fat. They make a great snack just before a high-energy workout as they help balance blood-sugar levels, plus this super food contains potassium which is great for preventing muscle cramps.

3. Sweet Treat: If you really need a treat after dinner, swap high-sugar, fatty desserts for diet jelly with natural yoghurt.

4. Cull soft drinks: A study by researchers from the University of Texas found a 70 per cent increase in weight among people who drank soft drinks compared with those who didn't. Go without, and feel less bloated and gassy.

5. Opt for Wholefoods: Eat more green leafy vegetables, tomatoes, sweet potatoes, spirulina, berries, dark chocolate (in small quantities), white tea, soybeans, flaxseeds, broccoli, cabbage, and Asian greens. They provide health-boosting phytonutrients.

6. Don't Forget Your D: As well as building strong bones, vitamin D found in the sun is also found in foods, and can help regulate the immune system and modulate mood. Look for naturally occurring vitamin D3 in cod-liver oil, fish, oysters, cereal, eggs and mushrooms.

7. Resistance Training: The more muscle you have, the more fat you can burn, so consider a weight-resistance class like BODYPUMP to keep you looking lean and mean.

8. Be Intense: High intensity exercise is the best weight-loss training tool. The longer it takes you to recover, the more weight loss you can achieve.

9. Mix It Up: Don't be too hard on yourself if you feel results are taking a while to show. Your body takes about 5-6 weeks to adjust to a new exercise routine. Change the way you train every 6 weeks to see continued improvement and to surprise your body into making long-term changes.

10. Get a Massage: The perfect treat instead of sugar, chips or booze at the end of the week, a remedial massage can increase circulation, loosen tight muscles, stimulate internal organs, and calm the nervous system. Great for a reward after a hard week of training.

the coach

With Coach Julia Kadel



Beautiful Body Types

Almost all of us have a distorted image of our body, often due to the importance our culture places on outward appearance and the onslaught of media images of airbrushed models and celebrities. On a daily basis, we talk to ourselves in ways we would never speak to another. Imagine speaking to a child the way you speak to yourself about your body. It would devastate and crush a child. It affects you similarly, causing stress and emotional pain in your body, which can make improving your health or losing weight even more difficult.

Think of all the intelligence, creativity and time you spend on improving, altering and judging your appearance. Who would you be and what could you accomplish if your valuable resources weren't used this way? Constant emphasis on the external makes us discount the great being within and makes us forget the true sense of who we are and fail to acknowledge the beautiful bodies we have.

The body you have right now is incredible! It never misses a heartbeat, it maintains homeostasis and it miraculously digests whatever you put in it. It is your instrument for expressing your creativity, intelligence and love. By focusing on the 1% you don't like or wish were different, you may be ignoring the remaining 99% about your body that is beautiful, unique and delightful.

What would your life be like if you were simply at peace with the body you have? You may wish to make your body healthier and stronger, but could you do that out of love and respect for your body instead of the opposite? Could you begin to treat yourself with kindness, to limit the negative self-talk and to reconnect with your inner wisdom? Take a minute to imagine what that would feel like. It would mean celebrating your body rather

than punishing it. It would mean nourishing your body rather than depriving it. It would mean a chance to watch your body flourish when treated with care and respect.

Food Focus: Sprouts

In the spring season, seeds flaunt their vitality and energy by sprouting. Sprouts of all varieties contain the building blocks of life in the form of vitamins, enzymes, amino acids and simple sugars. In their early growth state, sprouts are very easy to digest, allowing our bodies to access many amazing nutrients. Recent research by the American Cancer Society has backed what holistic nutrition has known for years: that sprouts contain anti-cancer properties, high levels of active antioxidants, concentrated amounts of phytochemicals and significant amounts of vitamins A, C and D.

In their raw form, sprouts have a cooling effect on the body, and therefore are best consumed in warm weather. You can try steaming sprouts or adding them to warm dishes such as stir-fries and soups, to reduce the cooling effect. There is a wide variety of edible and delicious sprouts, each with a different texture and flavor: alfalfa, mung bean, lentil, radish, clover, sunflower, broccoli, garbanzo and adzuki.

Here are some great ways to serve up sprouts:

- Add to salads.
 - Combine with other vegetables in wraps, roll-ups or stir-fries.
 - Use as garnish on top of soups, stews, omelets or scrambled eggs.
 - Add to rice or whole-grain dishes.
 - Use in sandwiches instead of lettuce.
- Spring has arrived! Eat sprouts and feel alive!

Recipe of the Month:
Spring Sprouting Steamer

Prep Time:
3 minutes
Cook Time:
5 minutes
Yield: 4 servings

Ingredients:
1 zucchini
1 summer squash
1 package mixed crunchy sprouts (lentil, adzuki, mung, garbanzo)
3 tablespoons of freshly chopped tarragon
1 tablespoon of butter or olive oil
4 lemon wedges
salt to taste

Directions:
1. Slice zucchini and summer squash in discs about 1/4 inch thick. Steam with sprouts for about 5 minutes or until desired tenderness.
2. Toss with tarragon, butter/olive oil and salt in bowl.
3. Serve with lemon wedge.
Note: Try fresh herbs like parsley, dill, cilantro or mint for a totally different taste.

*Coach Kadel is a firm believer in that you are what you eat. She is a Board Certified Holistic Health Coach and a loving mother of three active boys. She supports the idea that by integrating food, exercise and lifestyle choices on a personal level, you will obtain a more balance and happy life. Coach Kadel is a graduate of The Institute of Integrative Nutrition in New York City. She is Board Certified by the American Association of Drugless Practitioners and is a Certified Personal Trainer by the American Exercise Council. She runs workshops on exercise and nutrition, and offers individual and group, health and nutrition coaching.
For more information call 561-414-4441 or visit www.CoachKadel.com*

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The Great Legalized Marijuana Debate Part 1

By Dr. Raul Rodriguez
Special to The Pineapple



The Florida Supreme Court already made a decision that put the potential legalization of medicinal marijuana on the ballot for the November 4, 2014 election.

This issue is real and has many far-reaching implications. If you've read my prior articles you will understand my concerns about the chemical risks of cannabis and the primary active ingredient Tetrahydrocannabinol (THC). There is more to marijuana than just THC though, which is what this 3 part series is intended to educate the community on.

The first aspect of understanding the complex marijuana issue is to understand that there are many different marijuana "communities". Cannabis is used by many different types of people, in many different ways and for many different reasons.

The first group, is the one for which the legalization of marijuana is primarily intended. These are people who have a number of serious medical conditions, such as glaucoma or certain types of epilepsy, for which cannabis provides a significant degree of symptom relief. This group is motivated by feeling better and may have limited alternatives to do so.

The next group includes those who would derive benefits from using cannabis to treat other legitimate conditions, but for which there may be equally effective or even better medical options already in existence. These conditions include psychiatric disorders such as depression, anxiety, and insomnia. Even with effective medical options readily available, members of this group may prefer marijuana if given the choice.

A third group exists that simply wants to get high on pot and does not want the legal hassle or inconvenience of having to go to a bad neighborhood to get it. They may fabricate or embellish symptoms in order to receive a prescription. This group is large and may very well outnumber the previous 2 groups combined. This group is the source for many of my concerns.

A fourth group consists of existing recreational cannabis users that have no interest in being "patients". They don't bother pretending and just do what they need to do to procure their supply. Lastly, a fifth group is comprised of former marijuana users. They may have "outgrown" their usage or given it up for other reasons. They all still have a prior experience with cannabis and will have a different perspective than someone who has never tried it. All of these groups can be further subdivided by age.

The perception and understanding

of marijuana use may be very different to individuals from different age groups. Baby Boomers have often developed their opinion of cannabis based on the weaker strains that predominated before the development of the more modern agricultural technologies and the stronger strains.

The truth is that just based on the "dose effect", marijuana was safer back then. Many of the complications seen in recent years are directly related to high concentrations of THC and other psychoactive chemicals in the "stronger" strains.

Boomers also grew up in a time where drug use was not nearly as widespread and typically started at a later age. They had a healthy respect for the dangers of drugs in general and were reluctant to try harder drugs. They also grew up without the Internet and the rapid and far-reaching spread of information that came with that invention.

Generation X was too young for Woodstock and the hippie movement, but otherwise not that far off with their earlier drug experiences. This group did start to use the stronger cannabis strains while in their 20's and 30's, but typically not yet during their earliest experiences. The Internet became widely accessible later in their use.

Generation Y was much more likely to be exposed to stronger marijuana early on, as was generation Z. Availability of all other illicit drugs has continued to increase, especially affecting generations Y and Z.

These 2 generations essentially grew up with the Internet and had unlimited information available to them. Early drug experimentation has been all but normalized for our youngest generation, placing them at the highest risk for the most negative outcomes among all of these groups.

The differences among these categories help explain the different perspectives that will be held by different groups. The psychological impact of legalized marijuana may be limited for the baby boomers but severe for generations Y and Z.

The ratio of risks to benefits, as a whole, will be much better for the older generations and the worst for the youngest. In order to make a well-informed decision on this complex topic, the positives and negatives must be weighed out among all of the different groups, not just the group to which you belong.

Look for Part 2 next month

Dr. Rodriguez is the founder and Medical Director of the Delray Center For Healing. He is board certified in both Adult Psychiatry and Addiction Medicine, with a clinical focus in the treatment of addiction, eating disorders, mood disorders, and anxiety. The Delray Center For Healing is a comprehensive outpatient treatment center that incorporates the most advanced psychotherapeutic and psychopharmacological modalities in the treatment of complex multiple diagnosis cases.

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How can you fix bad posture?

By Dr. Travis Lamperski
Special to The Pineapple

Yes! If you're like most Americans, you would have to admit that you spend a good part of your day parked in some type of seat. All this sitting adds up to more time than you think, and prolonged sitting has consequences on your back and neck. I would like to share this link with you. Go to www.travislamperski.com and click on the sitting-time calculator at the bottom.

It will take you to a sitting calculator site so you can see the truth when it comes to the amount of hours you spend on your gluteus maximus. I'm going to guess and say that it is more than you thought...a lot more. I'm not writing this to pick on you, I'm here to help! If you find yourself in the high to very high level, it is important that you start to take the correct steps to lower your time sitting.

One small thing you can do is to take micro breaks at work. Take a ten minute activity break at a scheduled time, a few times per day, every day. This can consist of simple stretches to the muscles that are shortened during the sitting process, such as the Hamstrings and Psoas muscle. Or park father away (around 50 feet) from where you work, shop, play, study and worship. This can add up to 20 miles per year.

Another tip is to replace your desk chair with a big therapy exercise ball or have one in your office and sit on it for a few hours out of the day. This will use more muscles and more energy than a normal chair. It will help to improve your core muscles and balance. But, most importantly, it is imperative to have your posture and spine checked.

Have you ever noticed your reflection in a mirror or window and realized that your head leads the way? Most Floridians go about their day without giving much thought to their poor posture or realizing that their chronic neck and back pain are a result.

A head that is positioned forward is the most common posture, spinal misalignment problem

seen in public and the source of much pain and discomfort. Forward Head Posture can develop over time from many of our normal daily activities, such as: reading, wearing bifocals, watching television in bed and working at a computer, and let's not forget all the time spent looking down at our smart phones.

Once you're aware of your posture problems, it's not difficult to fix, it just takes some education and attention. One of the first and most important steps is to have your spine checked by your chiropractic physician for joint fixations and muscle tightness. A posture evaluation is an important part of my initial examination and examining you neurologically can address much of your abnormal posture patterns.

Your side profile should show your ear, shoulder, hip and ankle in a straight line. When you re-position your shoulders and head, you dramatically change the dynamics of your neck joints and, over time, all the joints throughout your spinal column. They can fit together the way they were meant once again. It will also take immediate tension off your upper back and neck muscles and help with that chronic discomfort we chalk up to a stressful day.

Chiropractic care and performing daily home exercises to improve your posture can start you on the road to a pain free lifestyle and increase your confidence.

Dr. Travis Lamperski is a Board Certified Chiropractic Physician with The Conde Center for Chiropractic Neurology. Our office provides specialized care for difficult cases of back-neck pain,



numbness-tingling, vertigo-dizziness, balance disorders, fibromyalgia, migraines, AD/HD, autism, and dyslexia. Visit www.thecondcenter.com or call (561) 330-6096, or email drlamperski@thecondcenter.com.



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My boyfriend, "the sissy"

Question

My boyfriend is not into sports. Not even a little. I come from a big sports family and I just can't look at him as a real 'man' because of it. He's super sweet and fun but struggles around my friends. Can I get over it?

Answer

Sure you can get over it, if you want to, but you have to decide if your different interests make you incompatible.

Dating is great because you can go out with anyone, of any walk of life, of any background, and of any interest. By dating people that have dissimilar interests, you can expand your horizons and discover new things about yourself, while exposing new people to your passions. Maybe he'd love baseball but hasn't been to a game yet, and maybe you'd love bird watching but don't know where to go. You have a better chance of finding someone you are compatible with after you've tried to discover as much about yourself as possible, while learning to love and respect the differences in others. You learn what you can live with, what you can live without, what you love, and what you hate. By understanding yourself and your desires, it is easier to figure out what you want from a mate.

Serious relationships are slightly different. Dating is simple, fast, and if it stinks you only lose an evening. Getting into a serious long-term relationship usually requires more effort. If it doesn't work out, you've invested more emotionally and you risk hurting yourself or someone else. I wouldn't characterize a failed relationship as a waste of time, but it doesn't make much sense to spend a lot of time with someone you're wholly incompatible with just to 'make it work', when you'd be happier with someone else. Compatibility is key. It's still important to find someone that has some dissimilar interests, to keep things fresh and challenging, but some commonality is important because you two will be together and you'll naturally want to spend time pursuing your interests. You need enough common traits to stay happy and satisfied and enough differences to keep things interesting.

So this becomes a balance. How much do you love sports? If you spend a lot of your free time watching and participating in sports, and aren't that into his interests, then you might have a problem. He might be hanging out with you during sporting events simply to be with you, which is nice, but after a while he could become tired and eventually resentful if you don't reciprocate by spending some time on his interests. There has to be balance in a relationship if it's going to work. Maybe you can simply pursue your individual interests separately, which can be nice if you want a little space, but if that becomes too much space then what is the point the relationship? You just need to determine where that balance is, and what keeps you both happy.

The 'man' issue is a bit of a twist. The comment seems judgmental and somewhat insulting, and, if it is, I don't understand why you would date someone you don't respect. If you have an issue with how he is, then you should accept him, dump him, or try to expose him to your interests in a positive, encouraging manner to build common ground. But remember, this is a two way street, sports are important to you and if he doesn't try to participate in something you love, then he isn't doing his part in the relationship and you might want to consider whether to let him go. The question of whether you can get over it isn't as important as whether you want to. You can simply date someone that is just as into sports as you are, you just have to decide if you'd be happier dating that guy, or your dissimilar boyfriend that requires a little more compromise.

Stargazing? Hot dog eating contest? Maybe write a play or go knife fighting? Delray, we can gorge ourselves on the life cornucopia, just write in and ask your questions to andthenjackhappened@gmail.com

Nit-picking is much more than what it seems

By Riana Milne
Special to The Pineapple

I recently had three couples in my office present to me the very same issue – fighting, screaming and acting out over the littlest things that don't even matter. Although the topic they fight about may be different, the reasons are exactly the same – they have lost their intimate connection.

They are stuck in the nit-picking, blame and control game, where each partner wants things their way, or they get angry or shut down emotionally and verbally. They subconsciously fight over such issues because they dread facing the elephant in the room – that they have not had intimate relations for months, or even years.

These relationships have become so toxic, that both parties are swept up in the dark side of life like a sinister tornado. They can't seem to stop the destruction, and it becomes "the norm" of their life. I begin with couples like these by taking them back to when they fell in love, and what qualities and traits they treasured about their partners. Each person physically softens as they visualize in their mind, their first few dates, or honeymoon.

As one partner tells the other about their wonderful qualities, they are less likely to fight and get nasty, at least in my office! Then, I pose this question to each of them – "How have you changed personally, from that description of who you were back then?" At that point, they realize they have changed; perhaps they have become disillusioned with life for themselves, in the area of personal achievement, career status, parenting roles, or how they personally look and feel. They are now ready to take on some responsibility, versus just blame their partner for everything.

Those partners that try to rehash things to "prove that they are right" may feel happy to think they have "won the battle" but they will lose the war, and their marriage, if they stay stuck on negativity and past disagreements. Yes, I do believe that forgiveness is the highest spiritual thing that one can do, and no matter the hurt

My Relationship Coach

against the marriage, if your partner offers a sincere apology, shows remorse, asks for a chance to do better, and agrees to counseling or coaching, then it is the kindest thing to forgive.

However, new boundaries have to be discussed and agreed upon. If there is a second infraction, or affair, then this marriage is over. The person that caused the hurt often wants the victim to "act normal right away," yet, this is rarely possible. The discovery of an affair frequently brings on Post Traumatic Shock, which takes a long time to recover from.

An affair is usually the result of a broken marriage, one that has lacked intimacy for a long time, however, it is not the only reason. A marriage could be loving and sensual, however one partner may lack integrity and go outside of the marriage due to personality disorders characterized by a lack of integrity, honesty, and the inability to live up to promises made.

Very often, the most charming, affectionate, socially confident and quick-loving mate who was the life of the party, turns out to have a constant need for attention and affection; either due to a lack of it in childhood, or they used charm and manipulation as a coping mechanism.

Children who had addicted parents, who were verbally, physically or emotionally abused, abandoned by either parent, or had other family trauma often develop survival strategies as children that no longer work as an adult, resulting in faulty or toxic relationships. With coaching, healthy skills can be learned

to overcome destructive habits. For singles, knowing these personality flaws before dating is essential, to broaden your chances of choosing an emotionally healthy partner.

Getting back to intimate relations when it has been long gone, is a challenge, but I use a coaching process that is quite successful. It begins with encouraging honest, loving, and kind communication about what each person needs, wants, and desires to be happy; individually and within the relationship. This type of communication is best led by a Certified Relationship Coach, so the conversation stays calm and without blame. Also, it begins by becoming friends first, by showing respect and understanding of your partner's feelings. You may not agree with the feelings, however, they are entitled to them, and they are not wrong; as it is their perception. These feelings from each partner must be processed and shared by writing a letter, or by verbally taking turns with your Coach present. I have seen couples get back to a loving, fun relationship that is more passionate than it ever was. So don't give up! Doesn't your marriage or partnership deserve a chance to heal and grow?

Riana Milne, MA, LMHC, CAP is a Licensed Mental Health Counselor and Cert. Addictions Professional at Therapy by the Sea, LLC; 15300 Jog Rd, Suite 109 in Delray Beach. Also a Certified Relationship & Life Coach, published author, and motivational speaker, her free App: My Relationship Coach offers more articles and her books, *LIVE Beyond Your Dreams* – and *LOVE Beyond Your Dreams* – addresses relationships with yourself and others. To learn more or suggest a topic, go to www.RianaMilne.com or email RianaMilne@gmail.com. FB: Coach Riana Milne. Ph: 201-281-7887.



ASK THE HEALTH GURU

By Devin Burke
Special to The Pineapple

Q: What is Alternative Medicine and is it for me?

A: When you think of the word medicine what do you think of? Most people think of pills, shots, surgery and x-rays. However Alternative Medicinal therapies, such as herbalism, acupuncture, chiropractic, homeopathy, and Ayurveda medicine, to name a few, have a robust and long history of healing the ill.

The interesting thing about most forms of alternative medicine is they can also be used to prevent illness. Alternative Medicine can be defined as any range of medical therapies not regarded as orthodox by the western allopathic medical profession. Here in the West, we tend to only think of medicine when we are sick.

Alternative medicine can offer substitutes for prescription drugs, which often only mask the underlying cause of an illness and don't treat the root of the problem. Many western doctors are beginning to shift their practices towards including more integrative and alternative health methods.

So is alternative medicine for you? I encourage everyone to try alternative ways of finding health and healing. I am not advocating replacing your doctor, but alternative health practices can act in synergy with your current health plan and as a preventive practice. Similar to finding a good mechanic, finding the right alternative health practitioner and healing therapy is important.

So how does one go about finding the right practitioner and healing therapy? I believe the best way to become acquainted with alternative medical healing therapies is to experience them.

Your Local Guide to Living Your Healthiest Life

There is no one way to health. So I encourage you to try new, or should I say "old" ways to get healthier now.



Author Devin Burke is the founder of Empowerment Wellness Solutions, a healthy lifestyle coaching business based in South Florida and Renew Wellness Retreats, a boutique Wellness

Retreat Company that offers day, weekend and destination wellness retreats focused on enhancing well-being and conducted by health experts.

Have a health question? Email devin@empowermentwellnessolutions.com

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THOUSANDS ATTEND 6th ANNUAL BOATING & BEACH BASH FOR PEOPLE WITH DISABILITIES

Each year the nation's largest disability event celebrates adults and kids with special needs, along with their families and caregivers

BOCA RATON, FL – March 27, 2014 – All morning they arrived in wheelchairs, on walkers, gripping canes, led by service dogs, or holding onto the arms or hands of loved ones and caregivers. One by one, children and adults with every conceivable disability poured into Boca Raton, Florida's Spanish River Park for the 6th annual Boating & Beach Bash for People with Disabilities.

Dubbed the "Miracle on the Intracoastal," the Bash is the largest free, fun event in the US for those with physical and/or intellectual challenges. For many it is their most anticipated day of the year. This year's Bash was sponsored by Boca Raton based Unicorn Children's Foundation, dedicated to education, awareness and research on behalf of children and young adults with developmental, communications and learning disorders.

"We reach out across the State of Florida and the nation to invite families that have a loved one with a disability to enjoy a free day of picnicking, boat rides, live music, and fun and games suited to all abilities, no matter how limited they might be," says Bash Director Jay Van Vechten. "For most of our guests, it is the one event in the nation where they can fully relax and not be judged or stared at for their differences. For the thousands who participated in the March 22, 2014 Bash, and for the 400 volunteers there to help them, it was one of the most memorable days of their lives," he adds.

Started in 2009, the first Bash attracted 350 participants. It has enjoyed double digit growth since then, reaching nearly 6,000 attendees by 2013. "Clearly we've struck a chord in the disability community," says Van Vechten. "The thing that makes this event



Dozens of costumed Super Heroes join other volunteers and Bash attendees in raising a banner to the 2014 Boating & Beach Bash for People with Disabilities photo by Aaron Lurie - VMA Studio

work is that it is totally free with no strings attached. Everything is taken care of from complimentary park admission, to a hot BBQ lunch with all the trimmings, a nonstop concert with multiple performing artists, numerous exhibits and attractions and, at the heart of the Bash, the opportunity to ride on dozens of privately owned motor yachts."

Wendy Friswell, a Bash volunteer, says, "Our special population tends to live restricted lives. Most of the folks attending the Bash are unlikely to visit the mall, the local movies or even hang out at a fast food restaurant with friends. The majority have never been on a boat or even enjoyed a picnic in the park with their family, but they get to do that each year at the Bash," she notes.

Sharon Alexander, Executive Director of Unicorn Children's Foundation, title sponsor for the 2014 Bash, says what makes the Bash so special is that from the moment guests arrive at the park until the volunteer's line up to wave goodbye as they drive away, every attendee is treated like a VIP. "Even those who

have no verbal skills still smile at the kindness that surrounds them at this miraculous event," she says.

The most popular attraction each year, by far, is the opportunity to enjoy a well-supervised ride aboard any of 20 yachts, lent to the Bash for the day by their generous owners, most being members of Boca Raton's famed Royal Palm Yacht & Country Club. The entire operation is administered by 30 active members of the US Coast Guard, standing shoulder to shoulder to help guests board and then disembark from half hour ride on the famed Intracoastal Waterway. When required, even those in wheelchairs are lifted on and off the boats.

Another big treat for attendees in 2014, was the opportunity to meet America's favorite piggy with paralysis, Chris P. Bacon. Chris was born without the use of his hind quarters. He was to be euthanized by an Ocala, Florida veterinarian, Dr. Len Lucero. Instead Lucero opted to save Chris and make him a household pet. He fashioned strap-on-wheels for the baby piglet's mobility, and filmed Chris scampering about the house and

yard. He put the video on YouTube, and the rest is history.

Today Chris has millions of followers, with multiple newspaper and TV appearances to his credit. His new inspirational book, Chris P. Bacon: My Life so Far, is now available in book stores and online. To learn more about Chris visit www.chrispbacon.org.

Bash organizers hope to replicate the Bash in other communities that have direct access to yacht clubs and open water. "We'd like to see more Bash-like events created in water front cities like Boston, Chicago, Philadelphia, New Orleans, Detroit, Cleveland, Baltimore and West Coast markets, like Seattle, Portland, San Francisco, and San Diego," says Van Vechten. "We're here to help make that happen and hope other towns will contact us for support and guidance."

For more information about the Boating & Beach Bash for People with Disabilities, write Boating Beach Bash, PO Box 99, Boca Raton, FL., 33429, or call 561.715.2622. For further information visit www.boatingbeachbash.com, or follow the Bash on Facebook @ Boating & Beach Bash for People with Disabilities





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Ava Mellon, who has been a professional

hair stylist for over 23 years, 10 spent in Delray Beach at Ava Mellon Hair Design, is the mastermind behind this unique concept.

Hair 2Day Shop 4 Tomorrow is the perfect spot if you're thinking of consigning some of your wardrobe. Book a spa day while the Consignment Coordinator gets your pricing taken care of. Enjoy getting pampered while getting top dollar for your consignable clothes. For more info visit www.hair2dayshop.com

Hair Styles

HELP! I NEED A NEW HAIR STYLIST

By Dianne E. Adams
Special to The Pineapple

It happens to everyone, you call your salon for an appointment, and the receptionist says, "I'm sorry your stylist no longer works here." After inquiring where your stylist has gone, generally the salon encourages that you choose a new stylist with them and declines to give you the whereabouts of your trusted hair expert. Choosing not to tell you how to find your stylist is, in my opinion, lacking in integrity because it should always be your decision want to do with your hair. If you choose to leave the salon as a result, you are going to face the dilemma of where to go next.

Fortunately, you're in luck; Delray Beach is the land of hair salons! To tackle this situation, you need to have a concrete idea of what you like in a salon and in a stylist. It is essential to find a spot where you feel comfortable.

Here are some questions you will want to ask yourself when looking for just the right stylist for you.

1. Do you like to get dressed up to go to the salon?
2. Do you prefer a specific hair care line?
3. What is your price point?

4. Do you like one person to do your color and another to cut?
5. Do you like a "Scene"?
6. Or do you like peaceful and serene?
7. Do you like personalized attention?

No matter how you answer these questions, you'll be pleased to know that Delray Beach's plethora of salons includes one that's just right for you. Most salons are happy to offer a look around and a gratis consultation. The consultation is very important for both the client and the stylist, as it sets the tone for what will hopefully be a long and significant relationship.

When choosing a salon keep in mind that, depending on your hair needs, you may be there every month or every week. Sticking with one stylist at one salon will give you and your hair much needed consistency. Remember too, to budget the price when choosing your new salon.

After answering these questions and having a few consultations, you will be sure to find exactly what you're looking for and your hair will always look fantastic!

Dianne E. Adams is owner-stylist of Studio Seven Hair in Pineapple Grove. Visit www.StudioSevenHairDelray.com

Kohl's dressing up fall clothing line with designer Elie Tahari

By Rick Romell
Courtesy Milwaukee Journal Sentinel

Kohl's will offer clothing this fall from Elie Tahari, probably the biggest fashion name yet to team with the retailer for one of its limited-edition collections.

A rags-to-riches success, Tahari has been a fixture on the New York fashion scene since the 1970's. His subtle designs feature clean lines and rich fabrics, and are sold in his small chain of boutiques as well as in luxury department stores.

Tahari will be the fifth designer with whom Kohl's has collaborated on a seasonal line available for a few months. His clothing will retail for \$40 to \$175 — a bit more expensive than previous limited-edition collections at Kohl's, but well below Tahari's usual prices.

The line, which is intended to reflect a New York sensibility, will include dresses, sweaters, knit tops and bottoms in shades of blue, black and ivory.

A 2012 article in The New York Times sketched Tahari's backstory: The son of Iranian refugees who migrated to Israel, he lived at one point in an orphanage, immigrated to New York at 19 with less than \$100 and for a while slept on park benches.

Then came the tube top. As Tahari has described it, he spotted a pile of the stretchy, skimpy tops on sale for \$2 each at a garment trader's store in the early '70s and bought the lot, figuring he could easily sell them for twice that much. They were a hit, and Tahari was on his way.

Today, he sells his clothes at upscale retailers — Nordstrom, Nieman Marcus, Bloomingdale's — and in his own shops in



places such as Manhattan; **Boca Raton**, and Doha, Qatar.

Offering designer collections for a limited time has become a popular strategy for mass-market retailers such as Kohl's, Target and J.C. Penney. The chains get attention and fashion credibility without the investment and risk connected with adding a permanent line.

Kohl's began its series, which it calls "DesigNation," in November 2012 with an Istanbul-inspired collection from designer Narciso Rodriguez. The retailer also has featured designers Derek Lam and Catherine Malandrino, and in April will offer a line from Peter Som.

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Delivery Dudes Continue to Expand Their Business



By Rigel Herman
The Pineapple Staff Writer

The idea came to Jayson Koss in '09 when he and a bunch of friends were hungry. It occurred to Koss that it would be nice if there were a delivery service that delivered, well, everything.

This simple idea evolved into a well devised and professionally run service that began in Delray Beach and quickly added a Boca Raton location.

Now, five years later, Delivery Dudes has 15 locations including Nashville, Tennessee and Portland, Oregon as well as all over Florida, and over 100 employees or, "Dudes."

Basically, Delivery Dudes has stayed true to Koss' vision, to deliver almost everything. While pizza and Chinese are standard delivery fare, for a \$5 fee, Delivery Dudes picks up your meal from a large selection of local restaurants that don't

deliver and brings it right to your door.

No need to search for parking on Atlantic Ave. on a Saturday night to grab take-out from Sazio, or try to park in Mizner on a weekend to grab Lemongrass, just call The Dudes. They are middlemen extraordinaire and they enjoy and have fun with every minute of it.

"We're fortunate to have started in Delray," says Simon Rashkin, General Manager of Delray Delivery Dudes. "The layout of the town lends itself to what we're trying to do and the reception from the people and the city have been amazing," he continues.

Koss explains the benefit of starting his small business in Delray by saying, "Delray is just small enough and just big enough. It's the smallest big city around and we have been able to get to know everyone because of that."

Opening shortly after Delray, Boca Delivery Dudes has been a great success as well. "Boca has

Continued on page 14

Siemens Group announces plans to build Akoya, nine-story luxury address in Boca West

Legend Diana Ross to play "The Concert for the Children" at Akoya Amphitheater

BOCA RATON, FL – Siemens Group announced plans to break ground on a new luxury condominium this fall that will change the residential landscape of Boca West Country Club. Akoya, set to be a sanctuary of modern architecture, will boast every conceivable amenity and white-glove services within the gates of the #1 Private Residential Country Club in the Country. Slated to open fall 2015, Akoya has been thoughtfully designed by GarciaStromberg, famed architects of One Thousand Ocean, and award-winning Interiors by Steven G., known worldwide for fashionable metropolitan style. Akoya will be the first new residential development in Boca West Country Club in more than two decades. Pricing ranges from \$1.2 million to more than \$2 million.

"Akoya is truly a rare opportunity without precedent," says Richard Siemens, president and CEO of Siemens Group. "Akoya offers a high-style, highly serviced luxury lifestyle all within a resort-style community that will provide owners with the highest quality living experience possible."

For 40 years, Richard Siemens and family have left their mark on the South Florida real estate industry through such innovative

Continued on page 3

Caffe Luna Rosa implements higher minimum wage rate for staff in Delray Beach

DELRAY BEACH, FL – Ever since the recent State of the Union Address where President Obama championed raising the minimum wage to \$10.10 an hour, the usual natters and naysayers have been all abuzz with political attacks and alarmist predictions. At the same time, a number of businesses, ranging from Jaxson's Ice Cream Parlor in Dania Beach to mega-retailer The Gap, have publicly endorsed the higher minimum wage and have already started to raise pay rates for their lowest income employees.

"Today, Caffe Luna Rosa of Delray Beach is proudly joining their parade – and we are doing so because we believe it is in the best, long-term financial interests of both the restaurant and our loyal, hard-working staff," says the restaurant's founder/partner Fran Marincola.

Continued on page 11

WATER COOLER CHAT

A conversation with Boca Raton Chamber Chair Randy Nobles

By David Reeves
Courtesy YourDelrayBoca.com



YourDelrayBoca.com recently caught up with Randy Nobles, who currently serves as the Chairman of the Greater Boca Raton Chamber of Commerce. Randy talked about many issues – the Boca Raton business community, his retirement from Comerica Bank, and his new position with an accounting firm based in Michigan which has opened an office in Boca Raton.

Randy, tell us a little bit about your role as Chairman of the Greater Boca Raton Chamber of Commerce:

It is a great role that I am proud to serve in. To be the Chief Volunteer Officer of the one of the most prominent business groups in Palm Beach County gives me exposure and insight into a lot of the progressive things happening in our area. The Chamber has over 1,400 members and is not only doing a great job in traditional chamber areas such as networking activities and events, but also is doing a lot of things to better

educate its members. It is also active on the public policy front, helping to ensure that a pro business stance is forefront with both issues and our elected officials. And don't forget about the Golden Bell Education Foundation that has put over \$1 million into area classrooms. All things considered, this is no ordinary chamber of commerce!!

What are your impressions of Boca's business community and why it is considered a favorable landing spot for companies moving to Florida?

I always start with some of the no brainers; great year-round weather and no state income tax are two biggies...but those are not necessarily unique to Boca. Education is always top of mind, from our superior private school offerings, to the great strides our public schools have made (my kids are in Boca Middle and Boca High) to what we have to offer on the higher education front with three fantastic institutions. Health care is far superior with Boca Regional, West Boca and Delray Community all on the forefront.

“We've got Trader Joe's coming and Office Depot staying. Jobs in the technology, health care and educational sectors continue to increase.” – Randy Nobles

There are plenty of options when it comes to where to live — from one-of-a-kind ocean condos to sprawling homes in great communities in our western areas. Miles and miles of beautiful, undeveloped beaches and countless parks are a big plus as well. Having supportive organizations such as the Chamber and the Business Development Board of Palm Beach County helps set a pro-business climate. The list goes on.....

Continued on page 11



Founder/Partner
Fran Marincola at
Caffe Luna Rosa

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SHORT SALE. You won the lottery with this 5 bedroom and 4 1/2 bath purchase. Uniquely designed split bedroom home with built-ins, cook island and fireplace. French doors off the living room lead to covered screened patio for relaxing outdoors. Located on 3/4 acre and waterfront. **\$620,000**



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Spectacular 4 bedroom, 2 1/2 bath home with 3 car garage. Located on oversized lakefront lot. Large kitchen with granite counter tops. Spacious Master bedroom with his and her closets, dual sinks and roman tub. Master bedroom balcony overlooks the large screened patio and pool. **\$395,000**



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WEST BOCA LAKE

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VIZCAYA

Short sale Beauty. Waterford model features three bedrooms, two baths. Updated kitchen with granite countertops for the cook in the house. Extended screened patio for outdoor serenity in the Florida lifestyle. Community features social director, health spa, heated pool and spa and six Har Tru courts. **\$289,000**



WINDWOOD

Features this 3 bedroom, 2 bath end unit. Bike around this gated community, tennis and hardball courts with 2 community pools and 2 clubhouses for relaxing. Kitchen features granite counter tops and ceramic tile. Everything is special about this condo. **\$189,000**



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Boca Raton's Woodfield Country Club announces major renovations

By David Reeves

Courtesy YourDelrayBoca.com

Woodfield Country Club, one of the area's premier residential communities with world-class resort amenities, has announced a \$23.75 million renovation plan that will begin in 2015 and continue for approximately two-three years.

Architectural plans and timetables will be finalized this year with construction to begin in early 2015.

"We have been successful in bringing an attractive and affordable plan to the membership that will enhance the resort-style experience," said Eben Molloy, General Manager of Woodfield Country Club.

"Maintaining our position as the premier family country club in the fiercely competitive local marketplace involves continually investing in our club and evolving to meet the needs of current and future members."

Woodfield's home sales have increased annually in recent years, a trend indicating that the community is meeting the needs of home buyers seeking year-round, family-oriented lifestyles, according to Molloy.

"Our ability to attract families and those seeking a vibrant lifestyle sets us apart from many other country club communities," added Molloy. "The planned improvements are the direct result of input from our members. There is a combination of renovations that appeal to children as well as adults."

"This diversity is what has established Woodfield as the premier family country club in Boca Raton."

The Long Range Plan was developed in 2011 after surveying members and ranking projects by importance. It was approved by the members in December 2013.

"Our goal was to get support from our members," said Molloy. "We accomplished this by asking for their input and incorporating their suggestions into the plan. As a result, our members understand the financial aspects as well as the timeframes for this ambitious plan that will enhance the

country club experience at Woodfield."

The plan involves new and expanded card rooms, an interior design refresh in the main clubhouse and dining areas, along with an overhaul of the fitness, aquatics, poolside dining and child care areas. A major addition is a new building and play area for the exclusive use of younger members.

"So many of our members have children," said Molloy. "We are improving an already outstanding and safe amenity for young children and teenagers."

The outdoor playground and kids pools with such interactive features as splash pad and aquatic playground, will be centrally located in one area next to the new Kids Korner building. The Kids Korner building will include a child care area for younger children as well as a dedicated teen area with pool tables, video games, air hockey, and much more.

Other significant improvements include the addition of a lap pool, a zero entry resort-like swimming pool, and new a poolside dining venue. The renovation will also feature an expanded workout facility and larger high end salon. Additionally, the golf practice area will receive improvements such as an enhanced practice area and teaching facilities.

"Woodfield is a young, vibrant community," added Molloy, "and it's refreshing and encouraging to see that the members support a well-planned future for their club and are enthusiastic about re-investing in their community."

About Woodfield Country Club

Woodfield Country Club is a family-oriented social and recreational full-service equity country club featuring a wide range of residential selections and world-class, resort-style amenities.

The country club features an 18-hole championship golf course, nationally recognized tennis program, a fitness and salon/spa complex, and an array of casual and fine dining opportunities.

For more information on Woodfield Country Club, visit www.woodfield.org or call 561-994-5203.

OFFICE DEPOT FOUNDATION'S WEEKEND IN BOCA VII TO HELP NONPROFIT ORGANIZATIONS TELL COMPELLING STORIES

Free symposium focuses on performance, impact and inspiration

BOCA RATON, FL – The independent, nonprofit Office Depot Foundation – the primary charitable giving arm of Office Depot, Inc. invites nonprofit organizations and anyone with a strong interest in serving the community to its Seventh Annual Weekend in Boca Civil Society Leadership Symposium. The theme of this year's conference – which is free to the participants. ? is "Innovation and Collaboration – Telling Your Story through Performance, Impact and Inspiration."

Weekend in Boca will take place on Friday, May 2, and Saturday, May 3, at Office Depot Corporate Headquarters in Boca Raton. The highly regarded speakers scheduled to participate include:

- Carol Cone, global chair for Business + Social Purpose, Edelman, New York, N.Y. (keynote speaker)

- Melissa Bradley, founder and managing director, New Capitalist, Washington, D.C.

- Richard Crespino, CEO, Crespino Enterprises, and senior fellow, U.S. Chamber of Commerce Foundation Corporate Citizenship Center, Washington, D.C.

- Lindsay J.K. Nichols, marketing and communications senior director, GuideStar USA Inc., Washington, D.C.

- Stacy Palmer, editor, The Chronicle of Philanthropy, Washington, D.C.

- Diane Remin, president and founder, MajorDonors.com, Boston, Mass.

"Nonprofit organizations must strive to be innovative and explore opportunities to collaborate if they want to be sustainable," notes Office Depot Foundation President Mary Wong. "Weekend in Boca plays a key role in our continuing efforts to help nonprofits harness the power of innovation

and collaboration, leverage their strengths and make the greatest possible impact in their communities."

The 2014 edition of Weekend in Boca is designed to help nonprofit organizations learn how to tell their stories concisely and effectively by focusing on:

- Performance – communicating their success in accomplishing their goals.

- Impact – communicating the difference that they are able to make over the long haul.

- Inspiration – engaging the community in supporting their mission through donations, volunteerism, opportunities to collaborate and other ways both tangible and intangible.

Symposium sessions will be presented from 8:30 a.m. to 3:30 p.m. on May 2 and from 9 a.m. to noon on May 3. It includes lunch on Friday and breakfast both days. Parking is free. To view the agenda, learn more about the speakers and register for Weekend in Boca, visit www.officedepotfoundation.org/weekendinboca.

Weekend in Boca "was exhilarating, involving and eye opening," said Juan Gordon Sr., president/CEO of One Source Management in Atlanta, who attended the symposium in 2013. "It was an overall highly valuable conference with excellent content that is timely and relevant, great speakers and panelists, and a format that provides a perfect mix of education and networking. If you can attend the next event you cannot afford to miss it."

In conjunction with Weekend in Boca VII, the Office Depot Foundation will present its annual Listen Learn Care Awards Celebration on the evening of May 2 at Boca West Country Club. The keynote speaker will be Michael Chatman, the popular host of #WHYIGIVE on Twitter and chief generosity officer for Look to the Stars. For more information, visit www.officedepotfoundation.org/celebration.

AKOYA AT BOCA WEST - continued from Business Section page 1



developments as the Polo Club Boca Raton, Gleneagles Country Club, and Harbour's Edge. And now, for the first time in area history, a private country club is inviting a developer to build a luxury high-rise condominium within its community. Siemens Group plans to break the mold once again with the much-anticipated Akoya.

"It's been a long time since any new developments have been built in Boca West, and Akoya is truly a one of a kind building for this area," Siemens says. "We know discerning homebuyers will appreciate the word-class amenities and services that Akoya will offer. We're creating a private sanctuary for a privileged few who demand the very best."

Akoya residents will enjoy the resort-style amenities and more than 300,000 square feet of award-winning club facilities Boca West is renowned for, including 31 Har-Tru tennis courts; six distinguished restaurants; an expansive aquatic and fitness center; a world-class 38,000-square-foot European-inspired spa; and four championship golf courses designed by legends Arnold Palmer, Pete Dye, and Jim Fazio.

Akoya will comprise nine stories, 120 private residences, three dramatic porte-cochere arrival courts, a resort-style swimming pool with tropical sun deck and intimate lounging area, a 24-hour fitness center with state-of-the-art training equipment, men's

and women's card rooms, a lavish Grand Room and more. Residences, from two to three bedrooms with den and offices ranging from 2,676 to 4,780 square feet, will feature secured elevators opening into the foyer of each residence, expansive terraces creating an outdoor environment that takes full advantage of South Florida living, designer kitchens, spacious master suites and floor-to-ceiling glass windows. Truly a full-service building, Akoya's professional valet, front desk staff and dedicated concierge will deliver white-glove service catering to residents' every need. A state-of-the-art security system will ensure peace of mind for residents 24/7.

Akoya will be perfectly situated within walking distance of the 300,000 square feet of club facilities and resort-style amenities Boca West has to offer—not to mention its convenient location in Boca Raton, with easy access to shopping, dining, entertainment, all major highways and the private airport.

On Tuesday, April 1, Akoya will co-sponsor "The Concert for the Children," starring the legendary Diana Ross. The concert will take place at Boca West Country Club in the Akoya Amphitheater.

The Akoya Sales Gallery is located in the Boca West Sports Complex, 20583 Boca West Drive, Boca Raton. For more information, visit www.akoyabocawest.com or call 561-362-2719.

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We will not rest




BUSINESS CONSULTANTS OF SOUTH FLORIDA CLIENTS EXPAND THEIR BUSINESS AGAIN!

K. Everett Brooks of Entranced Soulutions LLC is reorganizing his marketing and sales strategies to create a solid foundation over the next year with the help of BCoSF. His parent company is life coaching and helps individuals to be their best in all of their relationships, overcome fears, forgiveness work, and manifest the life of their dreams by starting with their own spirit. For more information visit www.EntrancedSoul.com

Thaddeus Gamory of SwimTriPros, a masters swim coach and triathlon trainer, is growing his business in the South Florida area. As an individual who cured himself of Lyme Disease through a balance of diet and exercise, Thaddeus is passionate about working with individuals in a wide variety of ways from overcoming a fear of the water, to building a customized swim training program up to training for a triathlon. Kimberly West, BCoSF CEO, is currently training with Thaddeus for her first competition scheduled for August, 17th 2014. *Website to be launched April 30, 2014.

Cathy Davis of Minnie's List is seeking to launch her second Enlightenment Conference in October 2014 to celebrate the one-year anniversary of her South Florida Online Spiritual Resource Website. Learn more about Minnie's List at www.MinniesList.com

Emiliano Brooks of Emiliano Brooks Productions recently moved his offices to 636 E. Atlantic Avenue, Suite 209, Delray Beach. For more information visit www.EmilianoBrooks.com.

Eric Mundt of Marriage & Family Services, Inc. recently hired BCoSF for help in starting to structure the growth of his business. After conducting a thorough SWOT competitive analysis many gaps were uncovered that will help in prioritizing his growth from a private to a group practice. www.DelrayBeachCounselor.com

Francisco Perez-Azua of FPA Enterprises in collaboration with Allison Turner of BCoSF just launched his new website. To learn more about how FPA Enterprises can help your Real Estate and Development needs, please go to www.FPAEnterprises.com

To learn more about the company, go to www.BCoSF.com or call (561) 276-4422.

BANYAN FINANCE, LLC NAMES SCOTT L. MEYER, C.P.A. AS CONTROLLER


Scott L. Meyer, CPA

BOCA RATON, FL - Banyan Finance, LLC has announced that it has named Scott L. Meyer, C.P.A. as Controller. In that role, he will work closely with CEO Ross E. Elgart and other members of the senior management team in implementing the company's growth strategy. Banyan Finance is the leader in the fast-growing Casualty Medical Plan segment, which offers physicians and other medical services providers, including MRI facilities, hospitals, and ambulatory surgery centers, an alternative reimbursement source to traditional health insurance for uninsured and underinsured accident victims.

Prior to joining Banyan Finance, Mr. Meyer worked for the international accounting firm of Deloitte & Touche, LLP as a manager in its audit and enterprise risk services division. Meyer will work in the company's Boca Raton headquarters. He received his Bachelors of Business Administration from the University of Miami and is a member of the American Institute of Certified Public Accountants.

CENTURY RISK ADVISORS HIRES THOMAS KERNAN AS VICE PRESIDENT AND JOHN IZZO AS SALES EXECUTIVE

As part of its ongoing expansion in the marketplace, independent brokerage and risk management agency, Century Risk Advisors (CRA), announced that it has added two new employees to its growing team of insurance and risk management specialists. Thomas Kernan has joined the agency as Vice President, and John Izzo has joined CRA in

the position of Sales Executive and high value Personal Lines Specialist.

As a Vice President in CRA's Commercial Division, Kernan will be responsible for creating customized risk management and insurance programs for CRA's larger commercial accounts while also expanding the agency's new client base. Izzo will be responsible for market negotiations, account management and creating complete insurance programs tailor-made to fit each of CRA's clients' needs.

"Both Thomas and John are seasoned professionals who will help us increase our presence in the marketplace," said Ron Reshefsky, CEO of Century Risk Advisors. "They will both play key roles in developing customized programs for our clients and meeting all of their insurance and risk management needs." Thomas Kernan brings a unique depth and breadth of insurance experience to CRA. He began his career with a major insurer helping families make important life planning decisions. He expanded his knowledge base during a six-year period during which he owned his own agency.

John Izzo brings over 25 years of insurance knowledge, experience and dedication offering new business and renewal services to CRA's clientele. From 1988-2006, he owned and operated a South Florida office for one of the largest national insurers in the country where he concentrated on sales, services and claims handling. He received his BS in Business Administration from Florida Atlantic University in 1985.

For more information, call 561.409.2420 or visit www.centuryriskadvisors.com.

CHIEF VOLUNTEER OFFICER 'PASSES THE GAVEL' AT YMCA OF SOUTH PALM BEACH COUNTY


Charles Deyo

The YMCA of South Palm Beach County is pleased to announce their board's incoming Chief Volunteer Officer, Charles Deyo. The role of Chief Volunteer Officer is determined by the YMCA Association's governing board of Trustees and has a bi-annual change of leadership. The 2013 CVO Paul Adkins has passed on the gavel this year to Charles Deyo.

JOHN W. NEWCOMER, M.D. APPOINTED TO BOARD OF DIRECTORS OF RESEARCH PARK AT FLORIDA ATLANTIC UNIVERSITY

BOCA RATON, FL - The Research Park at Florida Atlantic University announced that John W. Newcomer, M.D., Interim-Vice President for Research and Executive Vice Dean for Research and Graduate Programs, and Professor of Clinical Biomedical Science at FAU's Charles E. Schmidt College of Medicine has been appointed to serve on its Board of Directors.

Dr. Newcomer oversees the development and implementation of the College's biomedical science research programs and graduate programs. He provides leadership in areas that include research infrastructure development and support, faculty development, collaboration with biotech industry partners, growth of sponsored research, as well as community outreach and education. He joins three members appointed by the Board of County Commissioners of Palm Beach County and three members appointed by the Board of County Commissioners of Broward County.



Dr. John W. Newcomer

"It is a privilege to have Dr. Newcomer as a member of the Board of Directors for the Research Park at Florida Atlantic University," stated Andrew Duffell, President and CEO of the Research Park. "His background in medical science, as well as his experience in research and education provide insights that

will be very valuable as we continue to grow the Research Park and move toward our goal of becoming the preeminent place for innovation and R&D in Florida."

On February 12, 2014, Bruce Rosetto was elected Chairman of the Board of Directors. Rosetto is the co-managing shareholder at Greenberg Traurig in Boca Raton and previously served the Board as vice chairman. "The Research Park is well positioned to meet its goals in 2014, and I am excited to be able to lead the organization at such a dynamic time," Rosetto commented.

The Florida Atlantic Research and Development Authority was created in 1985 by Palm Beach and Broward County commissions to promote scientific research and development and promote the broadening of the economic base of the two counties. It is a special district organized under Chapter 159 of the Florida Statutes.

Established in 1985, the 94-acre Research Park (www.research-park.org) is home to 22 technology companies working in conjunction with the FAU College of Engineering and Computer Science, the FAU Charles E. Schmidt College of Medicine and the FAU College of Business. The Research Park also hosts the Technology Business Incubator® (TBI) with 35 startup technology companies, each of which receives business and consulting services with the goal of becoming established businesses and permanent residents in the Research Park.

DELRAY MARKETPLACE ANNOUNCES NEW TENANT APEIRO BY RAPOPORT'S RESTAURANT GROUP TO BREAK GROUND THIS SPRING

DELRAY BEACH, FL - Delray Marketplace announced that new tenant, Apeiro by Rapoport's Restaurant Group, one of Palm Beach County's most renowned restaurant operators, will break ground this spring and is expected to open in Fall.

Apeiro will bring healthy, affordable Mediterranean cuisine to West Delray. The full-service restaurant will feature a casual, welcoming ambience reminiscent of an open-air café along the Mediterranean coast that brings the outdoors in via sliding glass doors and an indoor-outdoor bar. The menu will offer light dishes, including salads, grilled fish, kebabs and house-made pitas and cheese.

Delray Marketplace also announced three new tenant leasings, well-known LOFT, SOMA Intimates and Oh My Bod that will contribute to the center's ever-growing tenant mix.

LOFT offers a variety of fashions for women, from t-shirts and sweaters to denim, shorts, pants, dresses, jackets, work fashions, loungewear and swimwear. Designed for women with more relaxed lifestyles, LOFT provides high quality and on-trend fashions at an astonishing value. Featuring essential seasonal fashions for every moment of the week, LOFT's apparel, footwear and accessories help create and update women's perfect wardrobe.



Soma Intimates offers an exclusive collection of women's lingerie and is dedicated to offering supremely comfortable, high quality bras, panties, sleepwear and active wear in a welcoming environment. Soma's mission is to make women look and feel wonderful by offering designer quality at affordable prices through luxurious fabrics, and highly personalized customer service with trained Soma fit stylists.

Oh My Bod provides unique fitness wear, and street wear for women. At Oh My Bod you will find fashion forward fitness apparel, along with original design patterns on dresses, tops, skirts, and so much more. Oh My Bod's designs are very original, handmade in the USA, and are featured on "FIT TV" and

worn by some of the top fitness professionals around the world.

Located at 14851 Lyons Road just west of the Florida Turnpike with easy access off of West Atlantic Avenue and Lyons Road, Delray Marketplace is well-positioned to draw from the local Delray Beach market, plus residents and visitors in the Boynton Beach, Boca Raton, and southwest Palm Beach County areas.

For more information on Delray Marketplace, please call (561) 865-4613 or visit www.delraymarket.com.

FINANCIAL TRUST ASSET MANAGEMENT RELOCATES TO A NEW CORPORATE HEADQUARTERS IN BOCA RATON

BOCA RATON, FL - Financial Trust Asset Management, a leader in quantitative investment management, recently announced the relocation of its new corporate headquarters in Boca Raton, Florida.

Financial Trust's new corporate headquarters will occupy a 2,700 square feet office located in the Boca Village Executive Center at 4755 Technology Way, Suite 110, Boca Raton, FL 33431, which the firm purchased in the spring of 2013. The new corporate headquarters consists of a state-of-the-art research and trading room, conference room, reception area, 8 individual offices and 2 work cubicles all of which will be dedicated to improved client service, operations, and future employee hires.

The corporate headquarters will be led by the firm's President Arno O. Mayer, CFP CFA; Michael Matthews, Senior Research Analyst, who recently joined the company in May of 2013; and Peter Zaharko, the firm's Business Development Officer since October 2011.

"We are fortunate to have found such a nice space so close to our old office. We really want to limit the impact that relocation could have on our clients and our current employees. I don't think we could have found a better area for our team. Our new location and enhanced operational efficiencies will help us continue to grow and evolve to keep pace with our client's needs, allowing us to provide exceptional value and service along the way," said, Arno O. Mayer Financial Trust's President.

For more information about Financial Trust Asset Management visit www.financialtrust.net or call 561-391-8188.

KAYE COMMUNICATIONS ADDS NEW CLIENTS AND BIZ-GEN TOOLS AND SERVICES AT NEW LOCATION

BOCA RATON, FL - South Florida-based Kaye Communications, an award-winning, Seriously Strategic full-service integrated public relations and marketing firm that empowers regional and national brands to grow and dominate, opened the new year at a new location with an expanded client roster and new client services.

In addition to debuting California Pizza Kitchen's newest location reinvention in Ft. Lauderdale with its CEO G.J. Hart this month and completing a business intelligence "best practices" market research project for concrete industry leader Titan America, the firm was tapped to develop and implement strategic brand communications for the following new clients:

Sklar Furnishings

(SklarFurnishings.com):

Nat King Cole Generation Hope

(www.natkingcolegenhope.org):

Tri County Animal Rescue

(www.tricountyhumane.org):

Life Insurance Concepts!

(www.lifeinsuranceconcepts.com):

"At Kaye Communications, we're always looking to be a trailblazer in strategic business generation communication, by regularly introducing market-relevant innovative Biz-Gen tools to propel brands," said Kaye Communications Founder & Chief Strategist Bonnie Kaye.

Kaye Communications is now headquartered at One Boca Place, 2255 Glades Road, Suite 324A, Boca Raton, FL 33431. For more information and updates, visit kcompr.com, follow on Twitter, or like us on Facebook, email SmartStrategiesStart@kcompr.com, or call (561) 392-5166.



“There is no place like Florida”



Boynton Beach – Chapel Hill - \$279,000

Charming 3bd, 2ba home in the desirable Chapel Hill area! Features include stainless steel appliances, tile throughout, tons of natural light, lots of storage, walk-in closets, a screened-in lanai and large fenced-in backyard! Great home with lots of potential and a great opportunity to live in Chapel Hill! No HOA, all ages and pets welcome!

Close to downtown Delray Beach!

For more information or to schedule a private showing please call Noelle McIntyre (561) 266-3119



Boynton Beach – Cypress Creek - \$379,000

This gorgeous 4bd, 2.5ba home rests nestled in the gated community of Cypress Creek. The large eat-in kitchen overlooks the living room where you can walk right outside to your private and fully fenced-in backyard making this perfect for entertaining and lounging around your salt water heated pool. This home is boasting with natural light and features two spacious family rooms and a formal dining room! The master bedroom is complete with French doors overlooking the pool and backyard and a spa like master bath with a clawfoot tub, separate shower and dual sinks.

For more information or to schedule a private showing please call Noelle McIntyre (561) 266-3119



Delray Beach – Former Ihop - \$799,000

This former Ihop is a Delray Beach landmark! Located directly on Federal Highway, it's one mile to the beach, close to the Publix anchor shopping plaza, CVS and Walgreens. 129,254 residents in the immediate area. Property offers ample parking (46 parking spots) for your next business venture!

Property is also PRE-QUALIFIED FOR CRA ASSISTANCE! Being offered FOR SALE, FOR LEASE (NNN or Ground Lease Option) and/or AS IS option with concessions!! For more information or to schedule a private showing please call Eric Nova (561) 266-3119



Delray Beach – Lake Ida

Live in the heart of downtown Delray beach! This home sits on an expansive corner lot just one block west of Swinton. This home is only a quick bike or golf cart ride away to the trendy Atlantic Avenue, where you can enjoy all of the shops and restaurants our village by the sea has to offer! This home has a spacious first floor with an extended family room, formal dining room, walk in pantry, separate laundry room, two guest rooms and an updated cabana bath. Oversized 2 car garage with impact rated garage doors and plenty of additional parking space.



Boynton Beach – Chapel Hill - \$289,000

Stunning home nestled in the community of Chapel Hill features a BRAND NEW roof, impact windows, New A/C and a beautifully appointed kitchen with granite countertops, gorgeous tile backsplash and stainless steel appliances. There is a separate laundry room as well as lots of storage space for all your storage needs. Extras include crown molding, freshly painted inside and out, updated bath(s) & hi-hat lighting!



Delray Beach – The Mark - \$260,000

Downtown Delray at its finest! This loft style condo offers indoor and outdoor living space with an enormous balcony giving you over 1200 sq. ft.! This unique 1bd, 2 full bath home offers luxurious finishes with an urban loft style setting. Features include: polished concrete ceilings, exposed duct work, waterfall granite counter tops in the kitchen, stainless steel Bosch appliances, European soft close kitchen cabinetry, Carrara marble bathroom counter tops and subway tiles. The nearly 600 sq.ft. private balcony is perfect for entertaining and is set up for a Jacuzzi. The community features a rooftop terrace with a barbeque and overlooks all of downtown. Watch the fireworks from home! 1 designated parking spot plus guest parking.



Delray Beach – Tropic Palms - \$219,000

3 bedroom, 2 bath pool home with 1 car garage in the very desirable Tropic Palms neighborhood! Updates include: newer roof and a brand new A/C. Just south of Linton Blvd this home is close to downtown Delray! Enjoy all that Delray and Boca have to offer! This is a NO HOA community! All ages and pets welcomed!



CONNECT WITH US!



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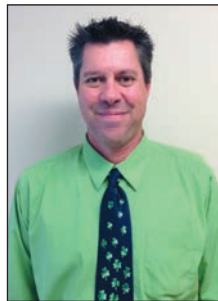
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people

ABBAY DELRAY SOUTH NAMES CAREY BENZENBERG NEW CULINARY DIRECTOR



Abbey Delray South recently introduced Carey Benzenberg as the new culinary director of the senior living community located in Delray Beach.

“Carey brings a great deal of experience to our community and will certainly complement all the enhancements we’ve made to our dining venues and services,” said David Randazzo, executive director of Abbey Delray South. “With the completion of our dining expansions and the stunning renovations, we’re excited to have an experienced culinary pro lead the dining team.”

Earlier this year, Abbey Delray South completed a \$6.5 million renovation project that included adding two new dining venues, a bistro, bar and lounge, and a 5,000-square-foot gourmet kitchen, along with major modifications to existing dining venues.

“One of my main focuses is going to be listening to residents’ preferences and desires,” Benzenberg said. “It will allow us to fine-tune the menu and all the options residents have, so we can create the best possible dining experience.”

As the culinary director, Benzenberg will oversee the food service department, plan menus based on seasonal and locally available produce, organize private parties and special events, as well as assess and evaluate policies and procedures within the dining and kitchen area.

Benzenberg has more than 20 years of culinary experience, and previously worked as the director of dining and director of culinary & nutritional services at two different senior living communities. Prior to that, he served as director of dining and executive chef at Fine Host Services. He studied at the Atlantic Vocational School for the Culinary Arts and the Culinary Institute of America in Hyde Park, New York.

“I have a special connection to senior living communities with my grandmother living at one, and I visit her often,” Benzenberg said. “It helps me see and understand the dining experience through the eyes of residents, and that’s important because their satisfaction is our top priority at Abbey Delray South.”

More information about Abbey Delray South is available by calling (561) 272-9600 or by visiting www.AbbeyDelraySouth.com.

ISABEL ZALDIVAR RECEIVES PROFESSIONAL WOMAN OF THE YEAR AWARD FOR LEADERSHIP IN HOSPITALITY

You may never get a second chance to make a good first impression, but when you’re Isabel Zaldivar, whose modus operandi is creating memorable moments, every second counts.



Isabel Zaldivar, food and beverage

manager at The Wanderers Club, has received the Professional Woman of the Year award for leadership in hospitality from the National Association of Professional Women. “I am honored to receive this prestigious award,” Ms. Zaldivar said. “Creating noteworthy experiences and exceeding expectations for our guests is what I love doing.”

Ms. Zaldivar, who graduated from EUHT StPOL (Barcelona) with a master’s degree in hospitality, has worked for some of the finest dining establishments in Mexico and the U.S., including the Resort at Singer Island. As the food and beverage manager at The Wanderers Club, the top golf club in Wellington, Ms. Zaldivar oversees the main restaurant and bar, event planning, weddings, and catering for the club.

About The Wanderers Club

Named after the winning team of the first United States Open Polo Championship, The Wanderers Club is a classic pairing of golf and polo. It is a private golf club located in Palm Beach County in the heart of Wellington’s premier equestrian community. Only recently has the private club allowed nonmembers to host special events at its facility.

CRANE’S BEACHHOUSE HOTEL & TIKI BAR ANNOUNCES RECENT STAFF PROMOTIONS

Cathy Balestriere, the general manager of Crane’s BeachHouse Hotel & Tiki Bar, announced the following promotions among her award-winning staff of hospitality professionals:



• Ashley Mileschkowsky was promoted from Front Desk Agent to Sales, Marketing & Guest Service Manager, where she is the in-house social media expert and helps to develop and manage special promotions, such as the ongoing The Bucket List Experience, a whole array of fun-tastic activities that will make a guest’s next vacation truly unforgettable and life-expanding. A four-year veteran at Crane’s, Ms. Mileschkowsky coordinates the hotel’s annual Best Bite on the Ave. promotion every November.

• Tara Baret was recently promoted from Front Office Supervisor to Front Office Manager. A 2011 graduate from FAU with a Bachelor’s Degree in Hospitality Management, Ms. Baret is an outdoor



enthusiast who enjoys getting to know each guest on a personal level. She has worked at Crane’s BeachHouse Hotel since 2010.

• Adam Artile has been at Crane’s since 2012 and was recently promoted to Front Office Supervisor. He takes particular pride in the wide range of personalized services that Crane’s BeachHouse offers to guests.



• Lauren McMorrow started her hospitality career working at a B&B in North Carolina before joining the Crane’s team last year. She started at the hotel as Front Desk Agent and was recently promoted to Senior Front Desk Agent, where the favorite part



of her job is helping guests create wonderful memories.

Crane’s GM Cathy Balestriere also took the opportunity to praise two long-serving and instrumental members of the hotel’s hospitality team:

• Chris Therien has been the hotel’s outstanding Event Director since 2003. In addition to her other responsibilities such

as managing accounting services and human resources, the creative and experienced Ms. Therien also writes and performs personalized wedding ceremonies on site or elsewhere. When a couple from Germany flew in last April for their wedding and reception, she helped choose the bridal bouquet and wedding cake, coordinated the reception and even worked with the groom’s best friend to translate the spoken ceremony from English to German.

• Nick Balestriere, who has been Housekeeping Manager at Crane’s since 2009 and enjoys interacting with guests, especially long term and repeat visitors who he considers almost as family.

“I am very proud of our entire award winning team,” said Cathy Balestriere. “We have the most amazing energy that makes us work so well together. This excellent level of service not only shows in our record-breaking occupancy level of 98 percent in January and February, but also in the appreciative comments that guests write in the journals left in each room. Certainly, it is the personalized service level from our professional team that brings visitors back to Crane’s BeachHouse Hotel over and over again.”

For more information please contact Crane’s BeachHouse Hotel & Tiki Bar at 561.278.1700 or visit the website at www.cranesbeachhouse.com.

Liquid Assets

By Jeremy Office
Special to The Pineapple

In the August 2013 edition of the Maclendon Monthly, we wrote about Maslow’s hierarchy of needs. At the foundation of this hierarchy are your physiological needs—your needs for human survival, one of which is water. We are in a growing world of constant consumption. Natural resources, although they seem abundant, are being depleted every day at a faster pace. We continuously hear and read about the impending peak oil scenario and how we are investing billions of dollars in alternative energy, but what are we doing to preserve our other resources?

Of all the natural resources we have available, the most important to mankind is water. Water covers about 70% of planet, but only about 2% is drinkable. The rest is seawater and frozen glaciers. This super commodity is also the resource we’re most likely to take for granted. Every morning I wake up, brush my teeth and take a shower, but I don’t even think about how essential clean water is to my daily life. The U.S. Geological Survey estimates that on average each person uses an average of 80–100 gallons of clean water per day.

Here in the United States, you rarely hear about the water crisis that is affecting other regions of the world. We sometimes tune out the bad news that doesn’t directly affect us, but in reality, as the world’s population grows, drought conditions are becoming more severe throughout many parts of the world.

As long-term investors, we look for trends and themes that could play out over the coming decades. Urbanization in emerging markets will increase demand higher for clean water, putting strain on existing facilities and infrastructure. According to the World Bank, demand for water will increase 40% within the next 20 years. A shortage of water resources could increase conflicts in the future. Population growth and climate change will only make the problem worse. As the global economy grows, so will its thirst for water. Recently, we have seen a rise in the demand for investments that capitalize on the need for clean water. As investors realize the need for water-related infrastructure, we believe that water investments will become more popular.

One area of possible investment would be water treatment, or more specifically, desalination. According to the International Desalination Association, from 2001 through 2011 the industrial capacity of desalinated water expanded 276% to 6.7 billion cubic meters (237 billion cubic feet) a day. China, which is in desperate need of clean water for its growing economy, plans to more

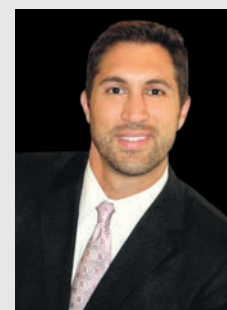
than triple its production to 2.2 million cubic meters a day by 2015, according to the Chinese National Development and Reform Commission. The water will supply 15% of the needs of China’s factories along its eastern seaboard. Desalination plants will provide clean water to at least 100 million people in the country by 2020.

Another area of investment is within the water infrastructure: pipelines and pumps. Half the water pipelines in the United States are in poor condition. According to the EPA, nearly 44% of water pipelines are over 40 years old and 9% are over 80 years old. Water infrastructure spending is expected to reach \$41.5 billion in 2020, while infrastructure needs will grow to \$125.9 billion—representing an \$84.4 billion funding gap that could present an opportunity to investors. These numbers only represent the needs within the United States. The needs in emerging markets and undeveloped countries present a much larger potential for investment.

The agriculture industry is the largest consumer of water worldwide. Water is used to feed livestock and water our crops. It is essential to feeding our nation. As climate change threatens our global food supply, there needs to be a way to ensure the efficient delivery of water to our crops. Irrigation delivery and monitoring systems could be an area of interest as water becomes scarcer and its price goes up.

We believe that as time goes on, discussions about investing in water will become more prevalent. We simply have not made accommodations for the increased demand. The lack of infrastructure development, growing population and essential need for clean water will force investors to see the potential in investing in water. It is not only an investment in water, but an investment to our survival. After reading this, I hope that as you wake up each morning you don’t take for granted that hot shower or glass of water. Maybe you’ll turn off the water while brushing your teeth and be a little more cognizant of your consumption. It can only help.

Jeremy Office, Ph.D., CFP, CIMA, MBA is Principal at Maclendon Wealth Management in Delray Beach and specializes in portfolio construction, strategic asset and liability management, and long term planning relating to financial matters as well as real estate, income tax, insurance and estate planning. He is also Managing Partner of SJO Worldwide a venture capital company. www.maclendon.com • 855.MAC.WEALTH



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Boca Raton. This majestic estate on three lushly-landscaped acres in Boca Raton's most exclusive luxury gated lakefront community is reminiscent of a grand lakeside English Country Manor. This sprawling property is fit for the most discerning. This is an Estate Sale. Great value \$4.250M.



TOWN & COUNTRY ESTATE LIVING AT ITS FINEST

Boca Raton. 6 BR, 5 bath estate, 5 horse paddocks created by architects Slattery & Root. The estate is the epitome of modern Florida living with poolside oasis & 5 acres of finest equestrian facilities. \$3.5M



MIZNER COUNTRY CLUB'S BEST ESTATE HOME

Delray Beach. Prime location 9, 168 SF 5 BR, 5 1/2 bath home. Venetian plaster, hand-painted ceilings, mahogany doors, impact windows, generator, 5 car garage and so much more. \$2.65M



AWARD WINNING CONTEMPORARY TOWNHOUSE

Delray Beach. Luxurious, contemporary showplace. As towers continue to rise along Atlantic Avenue, this is a rare opportunity for a private hideaway in the middle of all the action. 3 BR, 3 baths. \$1.15M



PERFECT BEACH TOWNHOME

Delray Beach. Contemporary Bermuda-style townhouse offers modern design and beautiful surroundings. This 2-story spacious beach villa 3 BRs and 2.1 baths. Listed below appraisal at \$975K.



LAKE IDA MODERN BEAUTY - TURN KEY!

Delray Beach. South Beach-like living in Delray, just blocks from the beach and Atlantic Avenue! This spacious modern home has vaulted ceilings, heated pool, and sun deck. This stunner won't last! 3 BR, 2 baths. \$899K



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PALM BEACH MEETS FRANK LLOYD WRIGHT

Delray Beach. This is the one you've been admiring! The perfect fusion of warmth and modernity. Interior features include African hardwood, stacked limestone pillars, massive windows, incredible natural light. Prime location! 4 BR, 4.2 baths. \$2.399M



UNDER CONTRACT

PALM TRAIL PRIME LOCATION

Delray Beach. Charming cottage w/ 140' water frontage is the most prime location for your next home, a renovation, or brand new build. Located in sought-after Palm Trail, a tropical paradise with amazing water views. Highly desirable location in East Delray Beach. 3 BRs and 3 baths. Listed at \$2.495M.



UNDER CONTRACT

CONTEMPORARY KEY WEST NEW CONSTRUCTION

Delray Beach. Bringing beauty and distinctive style, this Coastal Modern 4 BR, 4 bath home highlights the best in new construction by renown Marc Julien Homes. \$849K



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APPLE-ICON TO HEADLINE SCIENCE CENTER'S ANNUAL BENEFIT

The Tech Revolution: An evening with Steve 'Woz' Wozniak April 4 at the Breakers

WEST PALM BEACH, FL – The South Florida Science Center and Aquarium's annual benefit - "The Tech Revolution: An Evening with Steve 'Woz' Wozniak" will feature an interactive presentation and conversation with Wozniak, Silicon Valley icon and philanthropist for more than 30 years, who has significantly influenced modern technology. The event will be held on April 4, 2014 at The Breakers. Benefit chairs are Elizabeth and Ben Gordon.



Apple Co-Founder Steve Wozniak

One of the most sought after technology speakers, Wozniak has helped shape the computing industry with his design of Apple's first line of products – the Apple I and II, and influenced the popular Macintosh. In 1976 Wozniak and Steve Jobs founded Apple Computer, Inc., with Wozniak's Apple I personal computer. Currently he serves as chief scientist for Fusion-io and is a published author.

"The most staggering burst of technical invention by a single person in high-tech history" (Business Week), Steve Wozniak ignited the computer revolution and significantly influenced modern technology and the computing industry with his designs of the Apple I and II. "The Tech Revolution"

will be an opportunity to hear Wozniak's personal story about his love of engineering, Apple's inception and rise as an industry giant, and the future impact of cyber-technology.

"We are excited to hear from a true visionary like 'Woz' about how swiftly-changing technology has affected our world and how it will have an impact on our future," said Mrs. Gordon. "The Tech Revolution" is, of course, timely and relevant to everyone, and to every age group."

"Science and technology are vital to our future," said Lew Crampton, Science Center CEO. "It is critical to engage children at a young age and turn them on to a future in science as so many STEM jobs, those specializing in Science, Technology, Engineering and Math, are going unfilled as there are not enough qualified candidates. We are thankful to our benefit chairs, Elizabeth and Ben Gordon, for recognizing the importance of technology and securing world-class speaker Steve 'Woz' Wozniak."

Tickets for the event are \$650 per person and seating is limited. Contact Marcy Hoffman at (561) 370-7738 or mhoffman@sfsiencecenter.org for more information.

The South Florida Science Center and Aquarium, formerly known as the South Florida Science Museum, recently completed a \$5 million expansion and renovation, and Titanic: The Artifact Exhibition is currently open in the Center's Quantum Hall of Exploration. With a new mission to "open every mind to science," the Science Center now features more than 50 hands-on educational exhibits, an 8,000 gallon fresh and salt water aquarium-featuring both local and exotic marine life, a digital planetarium, Science on a Sphere, conservation research station, Florida exhibit hall and an interactive Everglades exhibit.

The South Florida Science Center and Aquarium is located at 4801 Dreher Trail North, West Palm Beach and is open Monday – Friday from 9am-5pm, and on Saturday and Sunday from 10am-6pm. For Gala event sponsorship and ticket information, please reach Marcy Hoffman, mhoffman@sfsiencecenter.org or 561.370.7738. For more information on Science Center events, call 561-832-1988 or visit www.sfsiencecenter.org.

Your estate plan and the benefits of Florida residency

By Colleen Hasey Schuhmann, CRPC
Special to The Pineapple

Putting an estate plan in place may be challenging because of emotional topics or difficult-to-answer questions. With that in mind, considering these questions may be an effective way to get started:

- Who will make medical and financial decisions for you if you become incapacitated?
- What special concerns do you have about children or others who depend on you?
- Do you want your children to inherit your entire estate?
- Should your children achieve certain goals before receiving an inheritance?
- How does charitable giving factor into your estate plan?

Once you've answered these and other important questions, you can begin crafting the core elements of an estate plan, including:

Last will and testament provides instructions for the orderly transfer of assets at death. Without a valid will, distribution of assets will be made according to state law, which might not be in accordance with your wishes. A will enables you to plan for the management and distribution of assets, appoint personal representatives, and trustees, etc. It's revocable and can be amended until your death.

Financial durable power of attorney names someone as an agent to act on your behalf. In the event you become physically or mentally incapacitated, the agent could be authorized to handle your investments, pay bills, collect benefits or file tax returns, and carry out any other financial function you would be unable to handle yourself. (Some states permit you to designate an agent to act on your behalf even when you are not incapacitated. This can provide some benefit and flexibility, but gives your agent a great deal of power and must be carefully considered.)

Medical power of attorney and directives, (also known as a healthcare proxy and living will, respectively), names an agent to make medical decisions for you—or let others know what medical treatment you would want or would not want—in the event you're unable to express your wishes. Make sure these documents incorporate provisions authorizing the release of private medical information.

Transferring assets not covered by a will
Not all property passes according to the terms of a will; certain assets pass by operation of law or prior agreement. These may include assets that are:

Jointly owned, with right of survivorship: Title of the asset—often real estate and bank accounts—is in the names of joint owners. Upon the death of an owner, the surviving owner(s) will have uninterrupted access to the assets.

Covered by beneficiary designations: If a valid beneficiary designation form is on file, certain assets like IRAs and other retirement accounts, life insurance policies

and annuities will be passed down according to those designations.

Transfer on death or payable on death: This is a type of account that has a named beneficiary who will directly inherit the account outside of the probate process.

Held in a trust: An agreement names the trust's beneficiaries and governs how its assets will be managed. There are many types of trusts that can be advantageous in different ways. With the popular revocable living trust, for example, trust assets avoid the probate process.

Individuals with significant wealth often rely on trusts that take effect upon death and aim to minimize estate taxes, which can greatly diminish an estate and must be paid within nine months of death. Currently, amounts up to \$5.25 million (indexed for inflation) are exempt from federal estate tax, with a maximum 40% tax rate applied to any excess over that amount. States may also impose their own estate taxes (or other death taxes).

Such states typically have lower state estate tax exemption amounts and varying rates.

Florida's distinct advantages

If your permanent residence is in Florida, you can benefit from tax and asset protection benefits. First, there are no individual or personal income taxes, state income taxes, capital gains taxes or estate taxes.

Second, Florida offers its permanent residents special "homestead" protection, with tax relief that reduces the value of one's home for property tax assessment by up to \$50,000, and also by limiting the amount by which the assessed value of the homestead can be increased from year-to-year. (Generally, the reassessed value of a homestead cannot be increased by more than 3% of the assessed value of the homestead for the prior year.)

And from an asset protection perspective, the Florida State Constitution shields homestead property from levy and execution by judgment creditors, subject to certain restrictions in the federal bankruptcy law.

No matter where you reside, it's important to review your estate planning documents every five years or so, or anytime you encounter a major life event (like marriage, having children or divorce). Also, if there has been a major change in your financial condition or in the tax laws, you should revisit your plan.



For more information, please contact Colleen Hasey Schuhmann, Vice President - Wealth Management at UBS Financial Services in Boca Raton. She can be reached at 561-367-1817.



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Palm Beach County Real Estate: What's Happening?

By Jessica Rosato
Special to The Pineapple

Everyone wants to know what's going on with the real estate market in general, and especially, close to home. What's hot, what's not, what's selling, what's sitting, and most importantly, what is their home worth under today's current market conditions.

Just a few months ago, I was invited to be the guest speaker for PNC Bank where I delved into those exact topics. I can't stress how important it is for buyers and sellers to keep up with these market trends so that they are informed and know how best to proceed and when. And it is even more important for buyers and sellers to have an agent who is constantly educating themselves, keeping up with the latest stats. You have to know the numbers!

As a Delray Beach resident for over 10 years, I am very passionate about my community. I am also very passionate about real estate. As I serve my buyers and sellers locally, nationally and internationally, it is critical for me to be informed. For example, mortgage rates are still extremely low, averaging back and forth between 4.00% and 4.125% on a 30 year fixed loan. Although mortgage rates are up 1 per cent from spring of last year, the current numbers prove to buyers that it's still a great time to buy. We anticipate rising rates, and so many buyers are pulling the trigger now to take advantage of a positive buying environment, not missing out by waiting and buying at a later date.

Oddly enough, although mortgage rates are in great standing, cash buyers are at a high. In Florida, cash buyers equaled 33% of all sales last year. This is partly due to market conditions and partly due to more stringent mortgage underwriting. We have cheap prices, a cheap dollar and low interest rates . . . a scenario that hasn't been seen in about 50 years. Foreign buyers, especially those from South America and Canada, are taking advantage of this.

Influx of foreign money has certainly boosted demand and helped push up prices. South Florida home prices are up 19% from last year at this time, although they do remain about 40% below the 2006 peak. Sales are up 6%. Also increasing are the average list prices and average sold prices. The average list price for all current active listings in Palm Beach County is \$601,413 with 14,227 active listings currently on the market. New construction is up and will continue to increase in 2014 and 2015. Average days on the market have gone down from 130 to 110 year to date, and inventory is at a low. Just in Delray Beach alone, inventory is at 4081 whereas last year at this time it was 4567!

And what's selling the fastest are the condos/single family homes in the \$500,000-\$999,999 range which have seen the largest increase. The second largest increase is in the \$1 million - \$2 million price range.

According to the Case-Shiller Real Estate Index, we are now in active recovery, and I would have to agree. Overall, things are much better in today's market. Home prices are inching up, sales are rebounding, and while foreclosure is still a problem, it's much less of a problem than it has been. There's a lot of positive news about housing all over the United States. Expect even more as we move through 2014.

For me personally, in my business, the end of the 4th quarter of 2013 was very successful with 3 closings just in the month of December. The first quarter of 2014 is starting off on the heels of 2013, with already 6 newly acquired listings and many closings on the horizon. Buyers are active and present and serious, and sellers are listing their homes for sale because they see the solid market conditions.

Also expect to see changing trends in 2014 . . . old-world elegance design and style is hot as is the truly vintage, the minimal, the textured, the handmade, the colorful, the patterns, and the luxurious. They even say that yellow is the color of 2014 - bolder, happier and more energized! Here's to happy home buying and happy home making!

Jessica Rosato is a Luxury Residential Real Estate Specialist for Nestler Poletto Sotheby's International Realty of Delray Beach. Visit her website at www.bocadelrayluxury.com.

real estate briefs

BOCAIRE COUNTRY CLUB CELEBRATES \$10.5 MILLION RENAISSANCE WITH RENOVATED CLUBHOUSE, NEW AQUATIC CENTER, GOURMET BISTRO & MORE



Boca Raton, FL - Residents of the 237 homes located within Bocaire Country Club, a unique gem nestled between the heart of Boca Raton and the vitality of Delray Beach, are celebrating the recent completion of \$10.5-million in major renovations.

According to Bocaire Board President Marvin Padover, the recent renovations at the country club were driven by the changing demographics. "We're selling a lot of homes and getting a lot of new people and younger families with children," he says. "Our goal was to bring the club into the future."

A boutique-sized country club noted for its 300 acres of beautiful fairways, lakes and landscaped vistas, Bocaire now offers a spectacular clubhouse that is "an extension of each member's home, something warm and inviting," says Chief Executive Officer Russell Carlson.

Reimagined by Edward Cox Interiors of Miami, the shiny new clubhouse interior sports new sconces and carpets, plus dazzling reflection pools at the main entrance. Yet it remains a comfortable place for members to gather with friends over a glass of wine or a game of cards.

While Bocaire has long had numerous indoor and outdoor dining areas, the recently renovated country club now conveys a

refreshing new ambiance offering exquisite menu selections all year long, ranging from basic home style cooking to exquisite gourmet fare - all under the watchful eye of Executive Chef Kevin Marcelle.

"All of our meats are prime quality and if members want something that is not on the menu, we'll prepare it for them," he promises.

Golfers of every level have always appreciated the lack of tee times at Bocaire's 18-hole, par-72 Joe Lee designed golf course, but now members can revel in the gorgeous new Aquatic Center, complete with "a relaxing, temperature-controlled pool area with two 75-foot dedicated lap lanes and a tranquil spa, surrounded by a 9,100-square-foot natural stone sundeck with two shaded pavilions," according to a recent issue of Boca Piquant.

Bocaire also offers five Har-Tru tennis courts and a 4,300-square-foot Fitness Center and Spa, stocked with the latest weight training and cardio equipment and offering a variety of classes in zumba, yoga, aerobics, stretch and body sculpting.

About Bocaire Country Club:

Bocaire Country Club is located at 4989 Bocaire Boulevard, east of Military Trail between Clint Moore Road and Linton Boulevard. For more information about Bocaire, where all homes are at least 3,000 square feet on a minimum of 1/3 acre, please call 561.997.6556 or visit www.Bocairecc.com.

BOCA RATON REAL ESTATE RENTALS ADDED TO INTERNET PORTFOLIO AT PROPERTY COMPANY WEBSITE

The property rental industry has increased in size due partly to the slowdown in sale of homes since the 2008 year. The Rescue Real Estate company is now enhancing its property solutions in 2014 by including Boca Raton real estate rentals that are now marketed at <http://rescuerealestatellc.com>.

The company owned and contracted

homes that are now offered as rentals are expected to increase housing options for individuals who prefer to rent instead of buy. The Boca properties that are currently marketed feature the full sales price as well as the monthly rent price on the Rescue Real estate website.

"The rental industry in the state of Florida grows each year as more demand for rentals are recognized and we're positioned to help fill demand," said one RescueRealEstateLLC.com company source.

Part of the new properties that are marketed in the Boca area have been sourced through internal buying procedures. A new buying team has been assembled to help seek out available homes that are in excellent neighborhoods in the South Florida market. All acquired homes are now marketed publicly to buyers.

"The rentals and homes for sale that we're providing this year are part of our company expansion into different real estate markets," said the source.


The Rescue Real Estate company website now features a full-time blog that is updated by housing specialists. The distributed information now includes details about the rental industry and what other types of programs are being offered to help make homeownership a reality for all individuals.

LANG REALTY OPEN HOUSE EXTRAVAGANZA FEATURED 300 LISTINGS

Boca Raton-based Lang Realty held its annual open house event recently featuring more than 300 listings throughout Palm Beach County and the Treasure Coast.


Homes on the tour are priced from \$200,000 to more than \$1 million and include waterfront properties and condominiums.

Visit langrealty.com for a list of the properties. Call 561-989-2100 for more information.



FOCUS ON WOMEN NETWORKING LUNCHEON

APRIL 16 / 11:30AM-1:00PM



SPECIAL GUEST SPEAKER: DEBORAH BACARELLA
co-author of Amazon Best Selling Book, "7F Words For Living a Balanced Life".

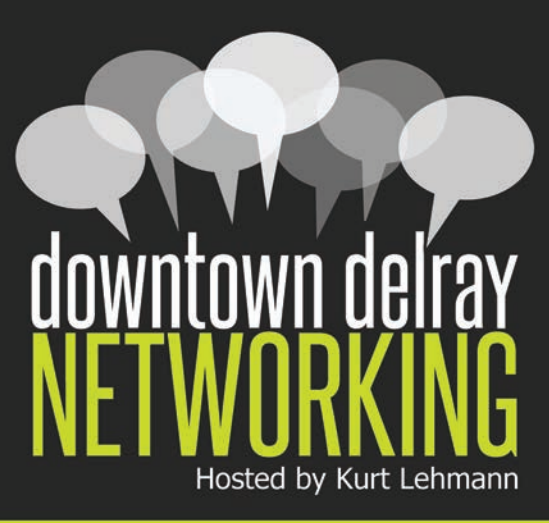
This interactive workshop will share tools for living life with joy and purpose. The Wheel of Balance exercise will help participants identify where the seven key elements of life: Focus, Faith, Freedom, Family, Finance, Fitness and Fun might be out of balance with work. The Significant 7 exercise shows who is getting their precious time and who is getting what's left over at the end of busy days.

Invite a friend and sign up now!
• Member price: \$25 on/after April 1 • Future Member price: \$35

No walk-ins - must make reservations in advance for this exclusive event!
Delray Beach Golf Club and Restaurant • 2200 Highland Avenue, Delray Beach

Focus on Women is a special networking program that engages and empowers women in business. Please join us for this inspiring event.

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Polynesian Culture Assoc.
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Tuesday, April 1 • 11:30 AM TO 1:30 PM
International Business ALLIANCE
Lynn University
3601 N. Military Trail

Friday, April 4 • 12:00 Noon - 1:00 PM
Boca Chamber Ambassador Meeting
Junior League of Boca Raton, Inc.
261 NW 13th Street

Tuesday, April 8 • 11:45 AM TO 1:15 PM
New Member Orientation
Ruth's Chris Steak House
225 NE Mizner Boulevard, Suite 100

Thursday, April 10 • 11:30 AM TO 12:30 PM
Government Affairs Committee
Research Park at Florida Atlantic University
3651 FAU Boulevard, Suite 400

Thursday, April 10 • 7:45 AM - 9:15 AM
Membership Breakfast
Woodfield Country Club
3650 Club Place

Tuesday, April 15, 2014 • 5:30 PM - 7:30 PM
PULSE Network
Jazziz Nightlife
201 Plaza Real

Tuesday, April 15 • 3:00 PM TO 4:00 PM
Economic Development Committee
Research Park at Florida Atlantic University
3651 FAU Boulevard, Suite 400

Wednesday, April 16 • 8:30 AM TO 10:00 AM
South Healthcare Advocacy Network (S.H.A.N)
The Boca Chamber's Medical Initiative
Boynton Beach Rehabilitation Center
9600 Lawrence Road, Boynton Beach

Wednesday, April 16 • 6:00 PM TO 7:30 PM
Trustee ONLY: Waterstone Resort and Marina
Reception and Sneak Peak
Waterstone Resort & Marina
999 East Camino Real

Thursday, April 17 • 11:45 AM - 1:15 PM
Successful Women In Business
Maggiano's Little Italy
21090 Saint Andrews Boulevard

Tuesday, April 22 • 11:30 AM - 1:30 PM
SMART Talk for Women
Ruth's Chris Steak House
225 NE Mizner Boulevard, Suite 100
Topic: Measuring Success - Where Are You After Your First Quarter?
Facilitator: Nancy Proffitt, Founder and President of Proffitt Management Solutions

Monday, April 28 • 12:00 PM TO 1:30 PM
Trustee Luncheon with Attorney General Pam Bondi
Ruth's Chris Steak House
225 NE Mizner Boulevard, Suite 100

Join The Boca Chamber for the Spring Business EXPO!

Tuesday, April 22, 2014 5:30 PM - 7:30 PM at The Wyndham Hotel - Boca Raton 1950 Glades Road / Wyndham Way

No matter what field you are in this Expo has something for everyone.

This FREE-to-attend event will give you the opportunity to network with local business. Come learn about what products and services are available in our local community.

If you would like to be an exhibitor, please Click here to download the registration form or contact Chasity J. Navarro at cnavarro@bocaratonchamber.com

If you are interested in being a featured restaurant and showcase your cuisine to over 200 attendees, please contact Chasity J. Navarro at 561.395.4433 ext. 233 or REGISTER ONLINE at www.bocachamber.com/events to guarantee seating.

Chamber member Corey Weiner is publishing

BOCA RATON, FL – Boca Raton Chamber of Commerce member, Corey Weiner, is publishing a new web column on the topic of personal and professional high achievement for the Sun-Sentinel's brand new hypesouthflorida platform.

Fellow chamber members and their organizations are invited to contact Weiner regarding guest appearances on the Look-Feel-Do-Better channel he authors twice monthly. Audio, video and digital content are incorporated based on the topic of discussion.

Subject matter expertise in the following areas are ideal:

- 1) Business productivity—staying ahead of competition and achievement stories / case studies
- 2) Personal education, continuing education, growth,
- 3) Career upward mobility
- 4) Product reviews geared towards those that help people look-feel-do better

Weiner's new online column is already followed by the Sentinel reporters and will be a viable visibility source moving forward. Readers come to Look-Feel-Do-Better for candid op-ed-style tidbits of information few editors publish these days.

"South Florida consumers and the business community want objective information from intelligent sources; which translates well into this sort of multimedia material going up on the Sun Sentinel's new community platform. So that is a good thing to individuals and organizations with a [relevant] story or message to communicate," says Weiner, a copy editor involved in complex B2B advertising turnarounds.

Boca Chamber members can contact him about being a guest at c@hypothesiscooks.com or @weinercorey via Twitter.

CARING FOR YOURSELF AND YOUR FAMILY

A unique team approach to physical, social and financial well-being

The Whole Care Network is hosting an interactive panel discussion with four local, experienced professionals in the legal, financial and health care fields who use a team approach in assisting their clients and patients in every aspect of their lives.

The four distinguished speakers are: Dr. Richard A. Levine, MD, FACP, Priority Concierge MD; Mr. Brad Milhauser, Esq., the Milhauser Law Firm, P.L.; Ms. Colleen Hasey Schuhmann, CRPC, UBS Financial Services; and Ms. Doris Haas, RN, CCM, CMC, Atlas Care Management. Moderated by Christopher MacLellan, CSA, of SunServe.

Thursday, April 24, 2014 at 3:00 p.m. at Grand Villa of Delray West, 5859 Heritage Park Way, Delray Beach, FL 33484

For more information, please call Colleen at 561-367-1817.

DID YOU EVER WONDER?

Insurance Q & A

By Harvey Brown
Special to The Pineapple

Question: If I decide to rent out my house or condominium unit, will my Homeowners policy still cover me properly?

Answer: No! You need to call your insurance agent immediately.

We often receive calls from our homeowners clients who are either seasonal or who have moved telling us that they have decided to rent out their homes since they are away. Rental income can be very attractive to homeowners in this strong real estate market these days.

Your Homeowners policy is designed for the "owner occupied" dwelling, not a tenant occupied dwelling.

It's important to remember that the risk to the insurance company may be higher from a tenant occupied property compared to an owner occupied property as (generally speaking) people who own property take better care of it than people who are renting.

When you rent out your home, you have become a "lessor" and you need different liability coverage under your house policy than the type your Homeowners policy gives you. Also, when you rent your property we agents will need to know if you're renting it furnished or not.

You will need to convert your Homeowners policy to a "Dwelling Fire" policy which covers many of the same "perils" or "hazards" as your Homeowners policy (perils such as Fire, Lightning, Wind, Hail, Vandalism, Water Damage – not Flood, Explosion, Smoke, etc.).

This Dwelling Fire policy should include Liability coverage known as "Lessors Risk" liability which will properly protect you as owner of the property if someone should be injured or their property damaged due to your negligence. Slip and fall claims are the most common liability claims we have seen for our "lessor" insureds.

If you rent out your home or condominium and don't tell your insurance agent or insurance company, then you may risk having a claim denied due to a "significant change in exposure" (that's insurance industry language for the risk isn't the same now as when they wrote the policy).

Please be sure that anytime you are thinking about a major change to your home whether it's renting it out, renovations, or major improvements that you call your agent to be sure you're properly covered. Claim time is the wrong time to find out you're not covered!

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CAFFE LUNA ROSA WAGE HIKE - continued from Business Section page 1

“While others have every right to ponder whether the federal government, or any government for that matter, should be dictating to independent business owners how much they should pay the people they employ, at our small, beachfront restaurant, we believe human reality trumps political theory every time,” he says.

Accordingly, after careful consideration, the Caffé Luna Rosa management team decided that bringing all our hourly employees up to \$10.10 an hour would have several positive benefits. Approximately 20 employees will be positively impacted by this higher minimum wage.

“We see giving our employees a reasonable increase as an investment in our restaurant, one that is good for business both short term and long term,” says Marincola. “It’s also just the right thing to do.”

“For years, we have been guided by the philosophy that it makes sense to invest in our employees because they are the people that are the first contact with our customers, he adds. “At Caffé Luna Rosa, wages and benefits make up about a third of our expenses, with food costs and operating costs making up the difference. We invest in quality food products, such as Eggland’s Best eggs and certified San Marzano tomatoes, because we know it is what our customers want.

“At the same time, we invest in our employees because we have seen it translate into better customer service as most of our team members take a longer view of their employment with us and begin to take ownership in their jobs as well as in the restaurant as a whole.”

That’s why, over the years, Caffé Luna Rosa has consistently helped employees set up bank accounts with direct deposit so they can avoid having to pay check-cashing fees. The restaurant also has helped staff members navigate the process of buying a car and even getting their first mortgage. In addition, Marincola and his team have helped fellow employees become American citizens.

“As a direct result, most of our workers embrace Caffé Luna Rosa as more than just a job, we are part of their family, and this almost always translates into their providing our guests with superior customer service,” says Marincola. “Finally, we believe that investing in employees is not only good for business, but also good for the community we serve. So, after taking a hard look at the numbers, we decided that this was not only a bearable expense, but it was also a business investment that will pay large dividends in the long run.”

For more information or to experience Caffé Luna Rosa visit www.caffelunarosa.com.

RANDY NOBLES - continued from Business Section page 1

Can you give us any insight regarding new companies, construction projects or any other news that may be of interest to our readers?

I don’t think you need to have any real insight here, just take a look around. Cranes are in the air all over downtown. There is a great vision for Arvida Park of Commerce with lots of things underway there, too. We’ve got Trader Joe’s coming and Office Depot staying. Jobs in the technology, health care and educational sectors continue to increase. Town Center Mall is thriving and continues to expand as are other retail areas and establishments. Business is good and getting better!

You had a distinguished banking career with Comerica for over 30 years. How is retirement? Any improvement in your golf game?

“Retirement” was interesting, while it lasted! As planned, I was successful in taking about 8 months off to relax and focus on my family, some home projects, and do some traveling. Having recently moved into a new house, we did some fairly major renovations, which felt good to get done. We also did some quality family traveling, highlighted by a trip to Hawaii. Aside from the Chamber, I am active on two other boards, the YMCA of South Palm Beach County and Hospice by the Sea, which also helped keep me busy. Bottom line, I had a lot of fun, got some things accomplished, gave back to the community but the time really flew by! And my golf game is “still lacking”!

We understand that you are working with Croskey Lanni, PC, a Michigan-based accounting firm as it opens a Boca Raton office. How is it going? And, what is appealing about Boca to the company owners?

Dave Croskey, the firm’s founder and managing partner, and I have been friends for 30 years. Through the efforts of Dave and others, the firm has built a solid client base in the Florida market over the years but the opening of an office will solidify our presence and allow us to grow at a heightened pace. What attracted me to the firm was simple: Values common to mine. Starting with the firm’s vision of “Embrace Extraordinary” and incorporating their values built around quality, integrity and respect made it a perfect fit. The value proposition is the starting point in appealing to Boca business owners. It is a given that we have strong competencies with respect to tax preparation and financial reporting, but the firm’s consultative and value-added approach sets us apart. Our focus is targeted at small to medium businesses and their owners with specialties in health care, non profits, material handling, real estate, charter schools, retail business and professionals. Feel free to give me a call to grab a cup of coffee—561-289-6281

The Proper Ways to Mentor Interns

By Kimberly West

Business, Marketing & Sales Consultant

Your start-up or growing company has a tight budget. You’re hoping to get a lot done, but only have a business partner or a few employees. Has the thought of hiring an intern – or several interns – ever crossed your mind?

These benefits of hiring interns might persuade you to start an internship program as we did at BCoSF, Inc.

New perspective on organizational issues. Interns challenge “the way we’ve always done it” mentality and bring fresh, new ideas to the company. Interns are good at questioning processes and can often see a better way of doing things that a manager might not.

Ease of use with technology. Social media, computer programs, iPads – these are a piece of cake for young professionals. And, although you’re a young entrepreneur, you can always use a hand from a fellow Gen Y tech-savvy professional.

It’s a trial period that could lead to something more. An internship is a great way to see how much potential a student or recent graduate has in the field. You’ll get to see their skills and work ethic as an intern—and might choose to bring them on as a paid employee down the line.

Help with projects or tasks that you’re struggling to complete. An interested candidate takes on an internship in hopes of accomplishing something to use on their resume or in future interviews. Give them real, meaningful work that will help your organization run smoother, accomplish more, or be more successful.

Gain brand advocates. Hiring an intern helps spread the word about your company—whether you mean to or not. If you’re an impressive internship supervisor and mentor, your interns will probably talk about their experience with peers, friends and family members, essentially advertising for your organization.

However, don’t hire an intern (or several) for any of these reasons below:

You need the “free labor.” An internship isn’t something to take lightly—you need to provide mentorship and training for the student or professional in order for them to learn something. An intern should not be a replacement for a paid employee; however, they should have real goals and leave the opportunity with additional skills for their career.

You’re too busy. If you know you won’t be a good intern supervisor, don’t bring on interns. Unless you can dedicate much of your time to training and mentorship, it won’t be a beneficial experience for either party.

You don’t have any clear goals in mind for the program. Just because you need additional help does not mean you should hire interns. Instead, you can consider hiring temporary employees or contractors to help with your workload. If you do want to bring on interns, consider what goals you’d like them to reach by the end of the internship period.

Kimberly West & Allison Turner are business, marketing and sales consultants for their company BCoSF, Inc d/b/a Business Consultants of South Florida. For more information visit www.BCoSF.com or call 561-276-4422.

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CHAMBER DAY PLANNER

April 1, 2014 11:30 AM - 1:00 PM

Non-Profit Council Luncheon
Location: To Be Determined

April 2, 2014 5:00 PM

GRAND OPENING / RIBBON CUTTING
"Taverna Opa"
At Taverna Opa
Join us for the Grand Opening and Ribbon Cutting at Taverna Opa! All Chamber members welcome!

April 3, 2014 11:45 AM - 1:00 PM

Ambassadors Monthly Meeting
At Delray Beach Chamber of Commerce

April 8, 2014 11:00 AM - 12:00 PM

Focus On Women Program Committee
At Delray Beach Chamber of Commerce
Monthly planning meeting

April 8, 2014 3:30 PM - 4:30 PM

Programming Committee Meeting
At Delray Beach Chamber of Commerce
Monthly planning meeting

April 9, 2014 12:00 PM - 1:00 PM

Chairman's Club Monthly Luncheon
At Solita Delray
Hear updates on the new passenger rail service from Florida East Coast Industries representative, Jose Gonzalez

April 9, 2014 5:00 PM

GRAND OPENING / RIBBON CUTTING
"Two Fat Cookies"
at Two Fat Cookies, LLC
Join us for the Grand Opening and Ribbon Cutting at Two Fat Cookies! All Chamber members welcome!

April 10, 2014 5:00 PM

CONTACTS & COCKTAILS at "Woo Creative" & Grand Opening
At Woo Creative
Join us for the Grand Opening and Ribbon Cutting along with our Contacts & Cocktails... All Chamber members are welcome!

April 16, 2014 11:30 AM - 1:00 PM

"7F Words..." Focus On Women Networking Luncheon
At Delray Beach Golf Course
Special Guest Speaker: Deborah Bacarella, co-author of Amazon Best Selling Book, "7F Words For Living a Balanced Life". This interactive workshop will share tools for living life with joy and purpose.

The Wheel of Balance exercise will help participants identify where the seven key elements of life: Focus, Faith, Freedom, Family, Finance, Fitness and Fun might be out of balance with work. The Significant 7 exercise shows who is getting their precious time and who is getting what is left over at the end of their busy days.
Categories: Chamber of Commerce

April 16, 2014 5:00 PM

GRAND OPENING / RIBBON CUTTING
"KAAB Continuum LLC"
At KAAB Continuum
Join us for this Grand Opening/Ribbon Cutting for KAAB Continuum. All Chamber members welcome!

April 17, 2014 8:00 AM - 9:00 AM

Healthcare Committee
At Delray Beach Chamber of Commerce

April 17, 2014 5:00 PM

GRAND OPENING / RIBBON CUTTING
"Hard Exercise Works"
At Hard Exercise Works

April 18, 2014 8:00 AM - 9:00 AM

Government Affairs Committee
At Delray Beach Chamber of Commerce

April 21, 2014 11:30 AM - 1:30 PM

Budget & Finance Committee
At Delray Beach Chamber of Commerce

April 21, 2014 11:30 AM - 1:00 PM

Executive Committee Meeting of the Greater Delray Beach Chamber of Commerce
At Delray Beach Chamber of Commerce

April 22, 2014 8:00 AM - 9:00 AM

Economic Development Committee
At Delray Beach Chamber of Commerce

April 23, 2014 5:00 PM

GRAND OPENING / RIBBON CUTTING,
"Paris Couture"
At Paris Couture

Apr 25 to 27, 2014 10:00 AM - 5:00 PM

52nd Annual Delray Affair
At Atlantic Avenue
52nd Annual Delray Affair

April 30, 2014 11:45 AM - 1:15 PM

Greater Delray Beach Chamber of Commerce Board of Directors
At Delray Beach Chamber of Commerce

April 30, 2014 5:00 PM

GRAND OPENING / RIBBON CUTTING,
"Schrier Family Chiropractic", Dr. Elan Schrier
Location: Schrier Family Chiropractic

May 1, 2014 11:45 AM - 1:00 PM

Ambassadors Monthly Meeting
At Delray Beach Chamber of Commerce

DELRAY BEACH Chamber of Commerce
Grand Openings and Ribbon Cutting Ceremonies

Wednesday, April 2 • 5:00pm

Grand Opening & Ribbon Cutting
Taverna Opa
270 E Atlantic
Come check out Delray Beach's newest Greek Restaurant

Wednesday, April 9 • 5:00pm

Grand Opening & Ribbon Cutting
Two Fat Cookies, LLC
245 N.E. 2nd Avenue

Thursday, April 10 • 5:00pm

Grand Opening & Ribbon Cutting
Woo Creative
135 E Atlantic Avenue
Grand Opening, Ribbon Cutting AND CONTACTS & COCKTAILS

Wednesday, April 16 • 5:00pm

Grand Opening & Ribbon Cutting
KAAB Continuum LLC
220 Congress Park Avenue, Suite 245

Thursday, April 17 • 5:00pm

Grand Opening & Ribbon Cutting
Hard Exercise Works
5195 W. Atlantic Avenue

Wednesday, April 23 • 5:00pm

Grand Opening & Ribbon Cutting
Paris Couture
111 NE 2nd Avenue

Wednesday, April 30 • 5:00pm

Grand Opening & Ribbon Cutting
Schrier Family Chiropractic,
Dr. Elan Schrier
315 NE 2nd Avenue

Thursday, May 1 • 5:00pm

Grand Opening & Ribbon Cutting
Cavastone Group
518 NW 77th Street
Boca Raton

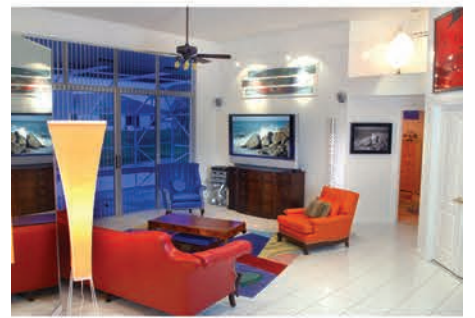
Wednesday, May 7 • 5:00pm

Grand Opening & Ribbon Cutting
Fractl Partner
601 N. Congress Avenue, Suite 206

Wednesday, May 16 • 5:00pm

Grand Opening & Ribbon Cutting
Fusion Chiropractic Spa
1836 S. Federal Highway

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Build a team of professionals for your business

By John M. Campanola
Special to The Pineapple

As a business owner, you probably handle most of the responsibility of running the business yourself. But what if you could utilize a team of professionals to consult and guide the management of your company? What if this team could understand your situations and needs on an ongoing basis?

No matter what type of business you own or how successful you are, everyone can benefit from the guidance and knowledge of these four key business specialists, many of whom are independent business operators just like you.

Attorney: You may want to hire an attorney who specializes in the needs of business owners and can consult with you on asset ownership, best-choice business form, succession planning, contract review, and employee-employer relationships. It's crucial to establish a relationship with your attorney, so that you can pick up the phone when you have a question.

Accountant: Again, you may prefer someone who understands the needs of independent business people and, if possible, also knows your industry. An accountant should help you "read" your books more effectively, translate raw data, plot areas of profit and loss, and show you how to manage your tax liability. In short, your CPA could save you money. Don't make the mistake of meeting only once a year at tax time: give your accountant the opportunity to work with you all year long.

Financial institution officer: Credit is the lifeblood of many businesses. It's always important to maintain contact with a person who can help you access the cash flow you need when you need it, and at a favorable rate.

In addition to issuing credit, many financial institutions frequently provide a wealth of other services at minimal or no charge. Regular contact with your institution will keep you abreast of new opportunities that can benefit your business.

Insurance professional: An insurance agent familiar with the challenges facing independent business owners can act as an effective problem solver. Specifically, a trained, licensed insurance professional can play several crucial roles in your business:

Help your company meet its immediate insurance protection needs. This includes helping select and fund insurance for key executive coverage, death and disability* buy-out, pension, and other qualified plans.

Help meet your personal insurance and financial product needs.

Family decisions can be a key factor in making any business decisions. Your insurance agent can help you coordinate a cohesive insurance program that satisfies your needs and goals on personal and professional levels.

Help coordinate the work of other professionals.

Insurance agents will help you focus on the big picture and work to help you put together a team of professionals.



John M. Campanola is an Agent for New York Life Insurance Company. For additional information on the information or topic(s) discussed, please contact him at 561-212-2903

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DELIVERY DUDES - continued from Business Section page 1

been great for us," Rashkin says, "We've had great luck with Mizner restaurants like Max's Grille and generally have high ticket averages from our Boca customers."

In fact, Boca's ticket averages are the highest in the company, confirms Koss and Ryan Torchin, part owner of Boca Delivery Dudes. East Boca is exploding, according to the guys, and they are quickly trying to open West Boca to keep up with the fierce demand.

"We are crazy busy lately," says Torchin. "Although we deliver 4 to 1 dinner to lunch, office buildings are finding out about us now, too."

"The secret to our success in Boca is that we are able to put on an extra driver even if we don't necessarily need it. It relieves the pressure and orders don't take over an hour that way," says Torchin.

The thing about The Dudes aside from their goal to "Bring the Good" to your door, is that Koss' business model is rooted in his desire to cultivate a lifestyle and a culture, not to grow a giant corporate franchise.

"We're all young, cool, high energy dudes. We want people to want us to deliver not 1 time but 100 and we plant that seed with the cool name and our lifestyle and get people excited to order from us," Torchin says.

Koss explains further, "Dudes don't have to have long hair and surf. Dudes are good people, Dudes have good hearts." The business ideal developed by Koss is

unintentionally strategic. The benefits of promoting a culture and a way of life for his employees are "limitless," he says.

"We have good people in the office and that creates an environment where people love to be here, they want to hang out, they want to do their job well and have pride in it. They're proud to be Delivery Dudes and that makes a huge difference," Koss says.

Part of Koss' business culture is that Delivery Dudes is always hiring, not only to keep up with the 20-30% growth per month that they're achieving, but also to keep up with the lifestyle that they're creating and promoting.

"The goal of Delivery Dudes isn't financial," says Koss. "It's to provide a service that customers love and to provide employment opportunities to young people to improve the idea that work sucks."

Koss explains further that The Dudes are able to have freedom, fun and make money delivering for his company. And a "Dude" doesn't have to be a guy, there are girl "Dudes" as well.

"We hire good people," Koss reiterates. "They are able to find this right thing for themselves to do professionally and we all benefit, including the communities. It's a beautiful thing."

For more information on Delivery Dudes and to see where they deliver in your area, visit www.deliverydudes.com

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- Gsky Plant Systems, Inc.**
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- Robert A. Sarro, MD, Dermatology**
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www.abilityhealthandwellness.com - HEALTH CARE / SUPPLIES (Referred by Dave Henninger, Island Air Conditioning)
- Association for Community Counseling**
 (561) 638-0908, 4731 W. Atlantic Ave., Ste B-13, Delray Beach
www.associationforcommunitycounseling.org - NONPROFIT ORGANIZATION & COUNSELORS
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www.crossfitdimensions.com - FITNESS
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www.homedepot.com - SHOPPING & SPECIALTY RETAIL (Referred by Stephanie Immelman, Delray Beach Marketing Cooperative)
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www.delraywellnessvillage.com - WELLNESS
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DELRAY BEACH CHAMBER OPENING SCENES

Contact & Cocktails at Spodak Dental

Blu Atlantic Apartment Homes

24/7 Drug Testing Services

Donna Pascoe Salon

Erinn Beck, LMHC

LEEWORKS at tira Gallery

LifeCare Companions

The Porch


Reminder to Contact Delray Beach Chamber of Commerce



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2014





Sunday 22 Jun

Thursday 3 July

Beyond its usual association with Lights and Romantic Love, Paris is an Ancient city with a lot of dark moments in its history and many secret places where it still hides its wounds. This cultural itinerary, led by Paris native and FAU Professor Frédéric Conrod, will take you on different sides of the French capital and less traveled roads...

OPTION 1

- Airport Transfer (arrival and return)
- Accommodation for the entire duration of the stay
- 1 week class (20 lessons) in international class (Monday 23rd to Friday 27th)
- On completion of the courses students will receive an attendance certificate

OPTION 2

- Airport Transfer (arrival and return)
- Accommodation for the entire duration of the stay
- No lessons included

ACCOMMODATION

Student's accommodation

- Host family, double room with half-board
- Host family, single room with half-board
- Private apartment (Adagio La Defense), no meals included

OPTION 1	
▪ Course + Host family single room:	1 122,00 €
▪ Course + Host family double room:	1 177,00 €
▪ Course + Private Apartment:	1 419,00 €
OPTION 2	
▪ Host family single room:	892,00 €
▪ Host family double room:	947,00 €
▪ Private Apartment:	1 189,00 €

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Seagate Extension
 1002 S Ocean Blvd
 6 bed/2 bath, Steps to the sand, Separate Guest Quarters, Great for Entertaining, Cabana bath, Open Patio & Private Pool
Asking \$2,395,000
 Jerilyn Walter
 561-537-0050



Vista Del Mar
 1126 N. Vista Del Mar
 3 bed/3 bath, Floor to Ceiling Windows, True Beach Home, Steps to Sand, 3 Outdoor Decks, Incredible lot & location
Asking \$2,100,000
 Catherine McGlennon
 561-239-0037



Tropic Isle - Waterfront
 942 Allamanda Drive
 4 bed/4.5 bath, A Boaters Paradise! Expansive Waterfront Resort Style Backyard, 3 Car Garage, 30 ft Ceiling Foyer
Asking \$1,999,990
 Catherine McGlennon
 561-239-0037



Key West Estate
 37 Spanish River Drive
 4 bed/3 bath, New hardwood flooring, Over sized Veranda, Custom Kitchen, Tropical Yard Private Paradise, Steps to Beach
Asking \$1,295,900
 Dina Branham
 561-241-0950



PENDING!
The Astor
 225 NE 1st St 407
 3 bed/ 2 bath Penthouse Unit in Downtown Pineapple Grove, Fully Updated Kitchen, One Block of Atlantic Avenue
Asking \$625,000
 Jerilyn Walter
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Artists Alley
 333 NE 3rd Avenue
 2,000 sq ft Duplex with private office & bath, 4 separate artist lofts in back, 2 large units in the front, Upcoming Trendy Location
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Tivoli Reserve
 11017 Via San Remo
 3 bed/ 2 bath Tray Ceilings, Faux Paintings, Custom Cabinetry, Built in Bar, Jacuzzi Tub, Private Oasis w/ Built-in Grill Station
Asking \$549,999
 Michelle Sadownick
 561-633-1020



Andover
 2705 Windham Court
 4 bed/ 3 bath Open Floorplan, Volume Ceiling, Walk-in Closets, Private Heated Pool, Great Family Friendly East Neighborhood
Asking 495,000
 Catherine McGlennon
 561-239-0037



City Walk
 200 NE 2nd Ave #211
 2 bed +Den/2.5 bath Condo High Ceilings, Granite Kitchen, Large Master Suite w/ 2 Walk-ins Steps from Atlantic Avenue
Asking \$479,900
 Jerilyn Walter
 561-537-0050



UNDER CONTRACT 3 DAYS!
Hamilton Place
 285 SE 6th Ave Unit C
 3 bed/ 3 bath Townhome, 2 car garage, Private Entrance, Volume ceilings, Cherrywood kitchen w/ granite countertops
Asking \$474,900
 Jerilyn Walter
 561-537-0050



SOLD!
The Astor
 235 NE 1st Street #413
 2 bedroom/2 bathroom
 Amazing opportunity - Hardwood flooring - Split bedrooms
Asking \$409,999
 Catherine McGlennon
 561-239-0037



The Barrton
 555 SE 6th Ave 5E
 2 bedroom/2 bathroom
 Water views from every room - Completely updated - Full service building
Asking \$399,000
 Catherine McGlennon
 561-239-0037



Marina Village
 625 Casa Loma Blvd #808
 3 bedroom/2bathroom
 Intercoastal and Marina views - Rare 3BR - Large Balcony Steps to the Beach
Asking \$369,000
 Catherine McGlennon
 561-239-0037



Villa Borghese
 7356 Viale Michelangelo
 3 bedroom/2.5 bathroom
 Located by Delray Marketplace - Beautiful well maintained home - Many updates - MUST SEE
Asking \$359,800
 Lenny Felberbaum
 561-306-5440



UNDER CONTRACT!
The Barrton
 555 SE 6th Ave #8H
 2 bed/2 bath Intracoastal View
 Front desk staff, Full fitness room, Updated unit w/ Walk-in Closets, Glass Porch w/ Breathtaking Views
Asking \$339,000
 Lenny Felberbaum
 561-306-5440



Tuscany - Intracoastal
 3218 Tuscany Way
 3 bedroom/2 bathroom
 Gated Community - Clubhouse w/ fitness center - Balcony - Resort style pool
Asking \$299,999
 Catherine McGlennon
 561-239-0037



Wilton Manors
 2517 NW 3rd Ave
 3 bedroom/2 bathroom
 Quiet street near downtown - Wood and Tile floors - Large yard - Great starter home
Asking \$299,999
 Anthony Aliberti
 561-232-5924



PENDING!
Swinton Square
 116 S Lonport Circle 13d
 3 bedroom/ 2bathroom
 Mediterrean Architecture - East Delray Location - Updated Kitchen - Split Bedroom
Asking \$209,000
 Lenny Felberbaum
 561-306-5440



Casa Costa
 450 N Federal Highway #904n
 1 bedroom/1 bathroom
 Upscale Condo - Scenic Views - Complimentary Valet - Sauna - Fitness Center
Asking \$207,000
 Catherine McGlennon
 561-239-0037



UNDER CONTRACT!
St Tropez
 2105 Lavers Circle #512
 2 bedroom/2 bathroom
 Luxury building - Two master bedrooms - Community pool
Asking \$154,900
 Michelle Sadownick
 561-633-1020

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Realtor

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DELRAY DUNES C.C.

\$995,000 - Just completed, this home was completely redone and extended. Stunning golf views overlooking the 13th, 14th & 15th holes. This southern exposure home is on an oversized lot with large pool area with lanai. All top of the line finishes and appliances.



SEASIDE DUNES

\$925,000 - Great 3 bedroom townhouse steps from the sand. Two 2nd story balconys from the bedrooms that overlook the ocean. Updated interior ready for immediate move-in. Seaside Dunes is a gated community on the ocean & only a few blocks Atlantic Ave. shops & restaurants.



DELRAY DUNES C.C.

\$449,000 - Great 4 bedroom with wide open golf course views of the 5th green and 6th hole. Screened in pool with large covered lanai. Split floor plan. Great family home.



DELRAY DUNES C.C.

\$935,000 - 4/3 completely remodeled home on a premier golf course lot overlooking the 13th, 14th and 15th holes. This home has wood floors, a gourmet kitchen, crown molding and impact glass. There is a large pool area with a summer kitchen.



MICHAEL MULLIN
Realtor

561-441-0635



DELRAY ISLE

\$1,695,000 - Nestled in the exclusive ole Delray enclave of Seaside Delray. This adorable home is almost 3100 sq. ft. under air and on a large lot over 1/3 of an acre. The home overlooks wide canal views and is only a block to the beach and a few more to Atlantic Ave.



SOUTHAMPTON

\$475,000 - Direct oceanfront unit with great ocean views, great beach cottage, building closed 5/31 to 10/1



DELRAY DUNES C.C.

\$649,000 - Large family home built in 2001 overlooking the 2nd fairway. Ground floor master bedroom with his & hers walk in closets and a oversized master bath with separate shower and Jacuzzi tub. Fenced backyard with pool and hot tub.



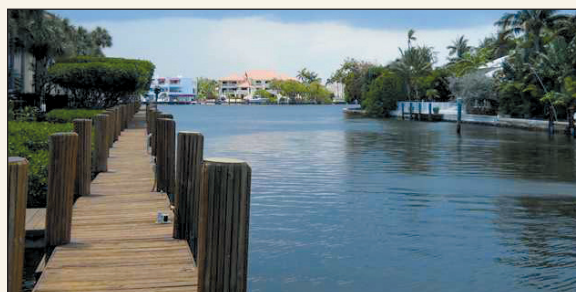
QUAIL RIDGE

\$229,000 - Completely updated condo on the 2nd floor with open views of the 4th fairway of the golf course. Extended kitchen with Thomasville cabinets and quartz counters and recessed lighting. Master bedroom overlooks the golf course and master bath has been reconfigured to have a large walk-in shower and dual sinks.



SHOREWALKER PLACE - DELRAY BEACH

\$1,150,000 - 4/3.5 Key West Style 3 Story Townhome is located a half block to the beach and within walking distance to Atlantic Ave., shops and restaurants. The building was built in 2005 and has a 2 car garage. The townhome has 2 balconies and a backyard and a hot tub.



WATERWAY NORTH - DELRAY BEACH

\$749,900 - 3/2.5 townhome on Intracoastal, deeded dock included in sale. 2 large decks. Recently updated. 2 blocks to beach and close to Atlantic Ave shops & restaurants.



DELRAY DUNES C.C.

\$544,900 - Outstanding golf course home overlooking the 8th & 9th holes. Bordering the water this private oversized lot is set back from the golf course. The home has a large lanai area that opens to the pool with a waterfall. It has a split floor plan with large oversized rooms.

Warren Heeg 561.441.1599 | Michael Mullin 561.440.0635

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The Creative City Collaborative (Arts Garage) expands cultural influence into Broward County

Arts Garage leadership to develop programming for Hotel Bailey (renamed Bailey Contemporary Arts or BaCA) and the Ali Building



Pictured - Seated: Alyona Ushe, Nicole Escalera. Standing: Mark Kirschenbaum, Drew Tucker, Alan Stewart, James Ulysses

In February, the Pompano Beach Community Redevelopment Agency (CRA) Commission approved a contract with the Creative City Collaborative (CCC) to manage two new cultural venues.

The CCC leadership team, the organization that has launched and manages Arts Garage in Delray Beach, is tasked with spearheading the city's cultural renaissance and will develop cultural programming for Pompano's Bailey Contemporary (BaCA) and the Ali Building. After a lengthy review process, the Pompano CRA selected the team from the Creative City Collaborative to lead this project because of their proven track record in creating a dynamic, internationally acclaimed cultural venue.

"We are thrilled to have been selected to develop and implement new programming for the exciting cultural revitalization in Pompano Beach," said Alyona Ushe, Executive Director of the CCC. "The expansion of the CCC into Broward County allows for the creation of an even greater cultural experience for South Florida residents and visitors, and provides tremendous opportunities for each cultural movement to expand individual programming and national visibility."

Ushe went on to explain how having one organization program various venues becomes win-win for all:

"The expansion into Pompano Beach enabled us to assemble a creative leadership team that is second to none. By sharing resources, expertise and talent we will be able to provide and implement a much more diverse and exciting vision for both the Delray Beach and Pompano Beach cultural scenes. Neither one would be able to afford such a creative force individually, but together the possibilities are infinite."

CCC leadership is especially excited about the cross county connection. South Florida is emerging as an international cultural destination and Creative City Collaborative will now contribute even more to the thriving arts community.

"I applaud Pompano CRA and the City Commission for their rich vision and for realizing the critical role that arts

and culture play in both the quality of life and economic development. We are determined to hit the ground running infusing diverse arts programming into the fiber of Pompano Beach," Ushe said.

Ushe who has been described as a "force of nature," by the Sun-Sentinel, has extensive experience in launching and growing cultural arts organizations across the nation. Since opening Arts Garage in April 2011, she and her team have presented over 300 concerts by international talent and emerging artists and launched an array of signature series, including musical concerts, visual art exhibitions, theater programs, and educational and outreach initiatives. She was the guiding force in building the organization, strengthening the Board of Directors, implementing new policies and procedures, and growing the organizational budget over \$1.5 million in under three years.

Driven by passion and genuine love for arts and culture, Ushe got her start by founding and developing a diverse theatre company in the Washington, D.C. metropolitan area called Classika-Synetic. There, she produced more than 100 original theater productions and organized an extensive educational outreach program for underserved youth that was praised on the floor of the U.S. House of Representatives. The organization won many prestigious awards and participated in numerous international festivals. Prior to arriving in Delray Beach, she was the executive director of the New Orleans Opera Association.

Ushe and her team have already begun plans for phase one of the project --- programming for BaCA. The city purchased the pigeon-filled building in 2012, and after a \$1.2 million dollar renovation it is now poised to become the center of artistic energy in the city.

"The building itself is breathtaking," Ushe continued. "With over a dozen sunny studios for visual artists, kilns, classrooms and galleries that can be transformed for various events including intimate concerts, film and improv, BaCA is destined to be a magnet for creative energy."

BLUES MUSIC AWARDS 'BAND OF THE YEAR' NOMINEE TO PERFORM IN DELRAY BEACH

Trampled Under Foot to appear at the Crest Theatre

DELRAY BEACH, FL – Trampled Under Foot (www.tufk.com), 2014 nominee for 'Band of the Year' at the Blues Music Awards, will perform on Friday, April 11th at 8:00 p.m. at the Crest Theatre, 51 North Swinton Avenue in Delray Beach.

The hot young band's most recent CD, *Badlands*, which has been nominated as 'Contemporary Blues Album' of the year at this year's Blues Music Awards, debuted at #1 on Billboard Blues, iTunes Blues and Amazon Blues charts. Tickets are \$30 for reserved seats and \$55 for reserved VIP seats, which include a meet and greet after the show. To purchase tickets, visit www.delraycenterforthearts.org or call 561-243-7922.

Band members are siblings Danielle on vocals and bass and Nick Schnebelen on guitar, along with Jan Faircloth and Mike "Shinetop" Sedovic. The Schnebelens grew up with the blues, soaking up the music of their parents, who were active in the thriving Kansas City blues scene. With this serious pedigree in hand, Trampled Under Foot quickly rose on the scene and took First Place in the Memphis Blues competition, with Nick winning the Albert King award for best guitarist.

"Trampled Under Foot is one of the hottest blues/rock bands in the country right

now," said Lee Babitt of Music Works, the organization producing the show. "This may be the last opportunity to see this powerful band play at such an intimate venue."

Trampled Under Foot has been the recipient of numerous accolades. Their DVD *From the Emporium to the Orpheum* received a best DVD nomination at the 2012 Blues Music Awards. Danielle Schnebelen was also nominated that year in the Instrumentalist—Bassist category. In the Blues Matters Writer's Poll (UK) they were chosen as Best Newcomer. In both 2009 and 2012, they received the Pitch Music Award for Best Blues Band and were Band of the Year at the 2012 Blues Blast Music Awards. The band will also perform on Wednesday, April 9th at 8 p.m. at the Colony Theatre in Miami Beach and on Thursday, April 10th at 7:00 p.m. at the Sunrise Theatre in Ft. Pierce.

About MusicWorks

MusicWorks specializes in producing live entertainment events for nonprofit and for profit organizations. MusicWorks provide a full service, turnkey production solution, and helps clients leverage the power of live music to help them realize their fundraising and budget goals. For more information, visit musicworks-ent.com.

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GUMBO LIMBO NATURE CENTER April Programs

Hammock Trails

Various Dates & Times

Join Gumbo Limbo for a free guided walk on their quarter-mile boardwalk. Explore this rare remnant of coastal hardwood hammock, and get a glimpse of the past. All ages welcome. Children under 18 must be accompanied by an adult. No reservations required.

Cooking with Sustainable Seafood

Wednesday, April 9 (6-7:30 p.m.)

Join Gumbo Limbo for a special culinary demonstration provided by community partner, Whole Foods Market Boca Raton. Shawn McClain, Seafood Department Team Leader, will teach participants about sustainably sourced fish and seafood while chef Abigail Nagorski will show participants how to create delicious dishes utilizing locally-sourced fish and seafood. Participants will have the opportunity to sample recipes. Adults only. Prepayment required; online reservations available at gumbolimbo.org. Member \$7, non-member \$10.

Great American Clean-Up

Saturday, April 12 (9-11 a.m.)

Join Gumbo Limbo and millions across the nation for Keep America Beautiful's largest annual coastal cleanup. Event tee shirts (limited supply) and supplies provided by Keep Palm Beach County Beautiful, Inc. sponsors. Children under 18 must participate with an adult. Community service hours awarded, groups welcome. Advanced reservations required. No fee.

Green Turtle Gallop & Turtle Trot

Sunday, April 13 (7 a.m.)

Join Gumbo Limbo for the 5th Annual Green Turtle Gallop 10K run and 1-mile Turtle Trot. The proceeds will support Gumbo Limbo Nature Center's Sea Turtle Programs. The event will be held in Spanish River Park, 3001 North Ocean Blvd, Boca Raton. Register at www.active.com.

Seining the Lagoon

Tuesday, April 15 (3-4 p.m.)

Wading in the Intracoastal Waterway just behind Gumbo Limbo catch (and release) fish, shrimp, crabs, and more. With hand-held dip nets and large seine nets, get up close and personal with local our marine life. Ages 10-adult; children under 18 must sign-up and participate with an adult. Closed toed shoes required. Bring a change of clothes and towel. Prepayment recommended. Member \$5, non-member \$8.

Mangrove Paddle

Thursday, April 17 (11:30-1:30 p.m.)

Nature lovers, get close up and personal with birds, crabs, spiders, and other swampy critters. Discover the magic of the mangroves with a Gumbo Limbo guide on a boardwalk tour at Rutherford Park, followed by a paddle through sheltered mangrove trails, and out into the open Intracoastal waters. Must be proficient at canoeing and able to get into and out of a canoe without assistance. Open to ages 7 to adult. One adult required per child under 18. Prepayment \$15 for members; \$22 non-members.

Beach Treasures

Thursday, April 17 (3-4:30 p.m.)

Jingle shells? Kitten's paw? Find these and more at the Gumbo Limbo Nature Center where you can learn about shells, coral and sea life after a trip in the caravan to Red Reef Beach Park for a tour with beach combing experts. All ages welcome; children under 18 must sign-up and participate with an adult. Reservations recommended. Cost \$5 for members, \$8 for non-members.

Wetlands & Wildlife

Friday, April 18 (3-5 p.m.)

A favorite for birdwatchers and photographers, Wakodahatchee is a man-made wetland in Delray Beach. Bring your binoculars and join us for a ¾ mile guided boardwalk tour to learn more about Florida's wetland ecosystems. Ages 7 to adult. Children under 18 must be accompanied by an adult. Reservations recommended. No fee.

For more information contact Gumbo Limbo Nature Center at (561) 544-8605, or visit them at 1801 N. Ocean Blvd in Boca Raton.

Creative City Collaborative Summer Camp Program at Arts Garage

The Creative City Collaborative (CCC) is proud to announce their summer camp programs, beginning June 9th, for both Arts Garage and BaCA campuses. Arts Garage in Delray Beach will continue its successful program of a weeklong Summer Jazz Camp, and an 8-week summer camp.

The new program in Pompano Beach at the Baily Contemporary Arts Center will be named "Base Camp" for Bailey Summer Enrichment. Drew Tucker, the driving force behind the educational initiatives at the CCC, will oversee classes in visual arts, music, drama, spoken word, dance and more.

This exciting expansion of the highly successful summer camp program into Pompano Beach is part of the overall plan for the CCC to develop programming for both BaCA and the Ali Building. The leadership team of Arts Garage is tasked to spearhead the city's cultural renaissance.

Registration Information: Scholarship programs are available. For more information on the Pompano offerings, visit www.BaCApompano.org. For classes in Delray Beach, visit www.artsgarage.org



The Wick Theatre Announces its Second Season

Featuring beloved Broadway musicals including *La Cage aux Folles* and *Man of La Mancha*

Coming on the heels of the rousing success of their 2013 debut which included three Carbonell nominations for The Sound of Music and Irving Berlin's White Christmas, the Wick Theatre is thrilled to continue their high-level of excellence with an exciting 2014-2015 season. In keeping with the theatre's mission to bring classic American musical theatre to the stage, the theatre carefully selected shows that are fun, family-friendly and representative of some of the greatest musicals of our time.

Evening performances are Thursday through Saturday at 7:30 pm and matinees Wednesday, Thursday, Saturday and Sunday at 2:00 pm. Single tickets are \$58 and Museum tour /lunch/show packages are available at www.thewick.org or by calling the box office at 561-995-2333.

"I must express my sincerest gratitude for the incredible support and critical acclaim The Wick Theatre and Costume Museum has received in its inaugural season," said Executive Producer, Marilyn A. Wick. "This has been a dream come true for my family and me. Our goal was to bring a magnificent new entertainment venue to the people of South Florida, and we have been overwhelmed by the incredible support we received by this community. With your input, we have planned another exciting season, and we look forward to seeing you all for many years to come!"

The 2014/2015 Season at the Wick Theatre

Swing!

October 23-November 16

"Two thirds rhythm and one third soul." That's how Fats Waller defined the uniquely American form of popular music and dance known as Swing. A joyful celebration in both music and dance, Swing! is full of incredible hits from the greatest era like It Don't Mean a Thing, Jumpin' at the Woodside, Hit Me With a Hot Note, Harlem Nocturne, G.I. Jive and Stompin' at the Savoy. As this enthralling song-and-dance show makes abundantly clear, swing was never a time and place, it was always a state of mind!

"The most purely exhilarating show in town." The New York Post

"Astonishing...a Masterpiece." Gannett Newspapers

"Sophisticated wit, tuneful and sexy." USA Today.

Mame

December 4-December 28

Book by Jerome Lawrence & Robert E. Lee
Music by Jerry Herman

This classic musical based on the novel "Auntie Mame" by Patrick Dennis tells the ageless story of Mame Dennis' eccentric, bohemian lifestyle suddenly interrupted when her late brother's son is entrusted to her care. But rather than adopt to any societal standards about child rearing, money-making and romance - Mame does everything with her own dramatic flair.

Many of Jerry Herman's most memorable melodies grace this production including Mame, It's Today, Open a New Window, If He Walked into My Life, We Need a Little Christmas, Bosom Buddies and That's How Young I Feel.

Winner of 3 Tony Awards for Best Actress, Best Featured Actress and Actor and 3 Outer Critics Circle Awards for exceptional performances.

La Cage aux Folles

January 8-February 15

With music and lyrics by Jerry Herman and an incredibly inspired book by Harvey Fierstein, *La Cage aux Folles* is the story of a flamboyant gay couple who must pretend to be straight for one night — with one of the men in drag — to dupe the conservative political family of their son's fiancée. This treasure-trove includes a host of great Herman songs like I Am What I Am, A Little More Mascara, Song on the Sand, The

Best of Times and the title song *La Cage aux Folles*. Winner of 6 Tony Awards in 1984.

"Carry your maiden aunt off to *La Cage aux Folles*...It's a family show, a glittering, fast stepping extravaganza." -New York Daily News

Man of La Mancha

February 26-March 22

Set in the dungeons of the Spanish Inquisition, Miguel de Cervantes gives a dramatic defense by reenacting the story of Don Quixote of La Mancha: the passionate and poignant tale of a noble knight who lives in a world of madness and cannot see that chivalry has died. His holy quest is a mission of salvation to find compassion not for himself but for others. The incredible show features music by Mitch Leigh and lyrics by Joe Darion and some of its songs have become Broadway standards such as *The Impossible Dream*, *It's All the Same*, *Dulcinea*, *I'm Only Thinking of Him*, *I Really Like Him* and *Little Bird* remain in your thoughts and in your soul well after you see the show.

Oklahoma!

April 2-April 26

The first collaboration between the amazing duo of Richard Rodgers and Oscar Hammerstein, *Oklahoma!* is set in the western Indian territory in the midst of a high-spirited rivalry between the local farmers and cowboys and provides a colorful back ground against which *Curly*, a handsome cowboy, and *Laurey*, a winsome farm girl play out their love story. Some of the most memorable hits of the musical theatre are in this show including *Surrey With the Fringe on Top*, *The Farmer and the Cowman*, *Out of My Dreams*, *People Will Say We're in Love* and the beloved title song *Oklahoma!*

The original Broadway production opened on March 31, 1943. It was a box-office smash and ran for an unprecedented 2,212 performances, later enjoying award-winning revivals, national tours, foreign productions and an Academy Award-winning film adaptation in 1955.

Dames at Sea

May 7-May 24

A long-running hit off-Broadway that brought stardom to Bernadette Peters, this campy song and dance show is based on the nostalgia of Hollywood musicals of the 30's. It's big time New York, into which sweet little Ruby from Centerville, Utah has come to make it big on Broadway. Not surprisingly and in true Broadway fashion, Ruby begins the day in the chorus, and ends it as a star on the deck of a battleship which just happens to be passing by. Full of fun music including *Choo, Choo Honeymoon*, *Raining in My Heart*, *The Beguine* (Do You Remember Pensacola), *Good Times Are Here to Stay* and the 11-hour, save-the-day number, *Star Tar, Dames at Sea* was selected as "Best Musical of the Year" by Time, Newsweek, and Outer Critics Circle.

"A winner! A gem of a musical!" - The New York Times

Evening performances are Thursday through Saturday at 7:30 pm and matinees Wednesday, Thursday, Saturday and Sunday at 2:00 pm. Single tickets are \$58 and Museum tour /lunch/show packages are available at www.thewick.org or by calling the box office at 561-995-2333.

The Delray Beach Playhouse presents The Pajama Game

The Delray Beach Playhouse welcomes spring with a brand-new production of *The Pajama Game*, one of Broadway's most exciting new musical comedies. Based on the popular novel *Seven-and-a-Half Cents*, *The Pajama Game* is a fun-filled 1950's "blue collar" musical set in The Sleep-Tite Pajama Factory in Cedar Rapids, Iowa.



The story begins when Sid Sorokin (Michael DeGrotta) is hired as the plant's new superintendent, who soon finds himself in conflict with the Union Representative, Babe Williams (Jeanette Thompson). Sid has been hired to increase the factory's productivity, while Babe's agenda includes a 7 ½ Cent raise. They soon find themselves falling hopelessly -- and conveniently -- in love.

The musical score includes such popular favorites as "Hey There," "Steam Heat," "Hernando's Hideaway," "There Once Was a Man" and the comic duet "I'll Never Be Jealous Again."

The show runs from March 29 through April 20, with evening shows Thursday through Saturday, and matinees Saturday and Sunday. Tickets are \$30 and are available at The Delray Beach Playhouse.

Reservations can be made by calling the Box Office at (561) 272-1281. Group Rates are available. Student tickets are half-price.

The Delray Beach Chorale to perform Great Moments at the Opera

The Delray Beach Chorale's spring concert will feature highlights from several of the world's most famous operas. The 65-voice chorale, under the direction of Conductor/Artistic Director Eric Keiper, will perform selections from the works of Puccini, Verdi, Rossini, Donizetti, and Britten and others. The concert will take place at the Duncan Theatre in Lake Worth on Friday, April 4th at 7:30 pm.

"This program is for music lovers of all kinds, not just opera lovers," says Keiper. "Audiences will be thrilled with the high-speed angst of the *La Traviata*, the seduction of *Carmen*, the comedy and tragedy of *Rigoletto*, and the beauty of "Nesum Dorma" from *Tourandot*. The beauty of "O Mio Babino Caro", and the rugged Toreador Song will leave everyone with a song on their lips, passion in their souls, and rhythm in their hearts!"

The concert will feature solos by Chorale Artists in Residence Alicia Branch (soprano), Monica Hidalgo (mezzo soprano), Myngoe Brashears (countertenor), Jorge L. Toro (tenor), and William R. Stafford (baritone).

The Chorale operates a Music Academy Program, the only one of its kind in the state. The five young professional musicians selected as Artists-in-Residence perform as soloists with the chorale, act as section leaders, and provide instruction to a select group of talented high school singers who also sing with the chorale. These young professionals will be showcased in the April performance.

Tickets for the Delray Beach Chorale's Spring Concert are \$25 in advance and \$30 the day of the concert. \$5 student tickets (under 25, with ID) are also available. Tickets can be purchased on-line at <http://delraybeachchorale.org/> or by phone at 1-800-984-7282.

Special Group Rates (15 or more) are also available.

For more information about the Delray Beach Chorale, please visit <http://delraybeachchorale.org/> or contact Carol Kassie at - 561-445-9244 / ckassie@gmail.com.



EVENTS, THEATER, EXHIBITS and LEARNING DELRAY BEACH'S CENTER FOR THE ARTS

COMING THIS MONTH . . .

APRIL

EVENTS

Each Saturday from 9 am to 2 pm through May 10, bring the kids to the Budding Artists booth at the Delray Beach Green Market and take home a treasure! Our craft activities are designed for fun and learning. Visit delraycra.org for Green Market information.

National Juried Exhibit and Budding Artists 52nd Annual Delray Affair

Hours will be Friday & Saturday 10-4:30 pm, and Sunday, 1-4:30 pm. Stop by our Budding Artists booth on the front lawn and come into the Cornell Museum (free that weekend) to vote on your favorite piece in our National Juried Exhibit. Enjoy 700 art, craft, business, food and beverage booths along Atlantic Avenue.

THEATRE

All performances are in the Crest Theatre. Tickets are available at DelrayArts.org, or by calling (561) 243-7922, ext. 1

Little River Band "Cool Change" Benefit Concert

Tuesday, April 1 | 7:30-9 pm

This charity concert benefits the Florida Fishing Academy, a non-profit, after-school fishing education program for at-risk kids. For more information and tickets, call 561-740-7227, or visit the website at FloridaFishingAcademy.com. General admission \$50, and \$125 for VIP entrance.

BANFF Mountain Film Festival World Tour

April 6 | 6 pm (\$11)

The Banff Mountain Film Festival is the largest, and one of the most prestigious, mountain festivals in the world. The Festival's World Tour comes to Delray for its ONLY Florida stop and features a collection of the most inspiring action, environmental, and adventure films from the festival. Hosted by Florida Atlantic University. Learn more at banffcentre.ca.

Crest Broadway Cabaret Series Presents Aaron Lazar

Monday, April 7-8 | 8 pm (\$45)

This film, TV and Broadway star is currently starring on Broadway as Sam Carmichael in the global musical phenomenon Mamma Mia! He recently played opposite NBC Smash's Megan Hilty in Gentlemen Prefer Blonds (NY City Center's Encore Series). Other Broadway credits include A Little Night Music, Les Miserables, Impressionism, The Phantom of the Opera, and Oklahoma! among others.

Trampled Under Foot

Friday, April 11 | 8 pm (\$30-55)

Trampled Under Foot has quickly become



Aaron Lazar
one of the hottest up-and-coming blues bands on the circuit today. Siblings Danielle (lead vocals and bass), Nick (guitars and vocals) and Kris Schnebelen, (drums) have a lifelong connection with the blues. Growing up in Kansas City, MO, the hard-charging trio soaked up the music of their parents, who were active in the thriving blues scene.

EXHIBITS

Enjoy and support our local artists and visit an nearby exhibition or gallery event this month.

The Delray Art League

April 1-27

The Crest Theater Galleries will be exhibiting multi-media pieces showcasing oils, watercolors and acrylics. Gallery entry open to the public Monday-Friday, 9:30-4:30 pm; Saturday, 10-3 pm.

National Juried Exhibition

April 1-11

Cornell Museum of Art & American Culture will be presenting this premiere exhibition featuring juried works by artists from around the United States, including 13 current/former students and instructors from the Center's School of Creative Arts.

Media includes acrylics, collage, glass, mixed media, oils, photography, sculpture and watercolors. The final 99 works were selected for the exhibit from nearly 350 submissions reviewed by independent juror, Michael Monroe, who currently serves as Director of Curatorial Affairs at Bellevue Arts Museum and has also served as an independent curator, writer and advisor.

Tuesday-Saturday, 10-4:30 pm; Sunday, 1-4:30 pm; closed Mondays and major holidays. Admission: \$8 general; \$6 seniors & students with ID; free for ages 10 and under. Palm Beach County residents receive free admission every Thursday.



Delray Beach Center for the Arts announces the 2014 Robert D. Chapin Lecture Series

The 2014 Lecture Lineup

April 10 – Linda Evans

Thursday 2 pm Tickets \$30/\$45

Evans is an Award-winning actress and author of Linda Evans: Recipes for Life. In her talk, entitled "Aging Gracefully - Living your best life and life lessons," Evans will share her personal wisdom, using her own life experiences as compelling, inspirational stories to discuss aging in a culture that does not revere it.



Linda Evans

School of Creative Arts Showcase

May 1-September 28

Crest Theatre Galleries presents a multi-media exhibit showcasing drawings, paintings, collage, mixed-media and photographs by adult and youth students and instructors. The exhibit is open to the public Monday-Friday, 9:30am - 4:30 pm, and Saturday, 10 am-3 pm; free admission.

LEARNING

Try something new at the School of the Creative Arts, where art, photography and writing classes are enriching hundreds of local residents every week. Whether you're a beginner or more advanced, we have many opportunities for you and your children! Registration for Spring/Summer terms (May-August) opens April 21st for new students. Visit DelrayArts.org or call 561-243-7922, ext. 478 for all the details.

Free Open Readings

Thursday, April 10 | 6:30-8:30 pm

The Writers' Colony invites aspiring writers and poets to share their original works in a literary gathering. All levels are welcome! Come to listen or sign up to participate. It's the perfect opportunity to get started writing or continue that memoir. Participants can read fiction, nonfiction or poetry for 10-15 minutes; a brief, open discussion follows. This is not a critique session! The purpose is to offer feedback and encouragement. Open readings are organized by Barbara Cronie, Bobbie Kotler and Rosemarie Stinnett. To sign up, call 561-364-4157.



Artist Ralph Papa appearing at Delray Affair

Delray Beach Center for the Arts, located at Old School Square in the heart of downtown Delray Beach, offers world-class events, theater, exhibits and learning opportunities. The restored early 20th century school buildings (listed on the National Register of Historic Places as Delray Beach Schools) house the charming Cornell Museum of Art & American Culture (c. 1913), the intimate Crest Theatre (c. 1925) and a Vintage Gymnasium. The Pavilion, which opened in 2002, hosts outdoor concerts and festivals. The School of Creative Arts offers art, photography and writing classes. The Center also serves as a venue for community, corporate, private and media events. For information on performances, exhibits, classes or facility rentals, call 561-243-7922 or visit DelrayArts.org.

All dates, times, events and exhibits are subject to change without notice.

Happy 3rd Anniversary Arts Garage

There is so much to celebrate as Art Garage marks its 3rd Anniversary. The “cultural powerhouse,” as the Sun-Sentinel calls the venue, has been embraced by the local community, praised by critics, and is now beloved by innumerable international musical icons. To observe this momentous occasion, March offers an abundance of what Arts Garage does best—amazing music and incredible theatre.

“We have only just begun!” says Alyona Ushe, Executive Director. “The love and support of the arts and culture lovers in our community and beyond has been overwhelming. We could not have come so far so fast without them. I assure you, we will continue to expand the programming at Arts Garage and create new exciting adventures for our patrons, the best is yet to come!”

To celebrate the anniversary, Arts Garage is holding their annual Gala Gig, a lavish blow-out, featuring awesome food, amazing art, fantastic musicians, and dancing all night long! This year’s theme is Night of Gypsies and will feature internationally renowned, multi-award winning violinist Vitali Imereli, who is traveling from Europe just to be a part of this celebration. In addition, Washington DC based Trio Caliente who’ve been compared to Gypsy’s King and praised by The Washington Post, “...the blend of fiery guitar work... rumba beats, bossa nova rhythms, flamenco-tinted guitar flourishes and romantic ballads... evocative vocals... shimmering guitars...”

Other musical highlights of the month, that will also have you dancing in the aisles, include the return performances of Cuba’s own Orquesta Aragon. The New York Times called them “one of the Cuba’s grandest.” In contrast, Cuban American Band, Oriente will present a fusion of Cuban, blues, jazz, Caribbean and Brazilian influences.

Cabaret series continues with the incredible Jimmy Webb, the songwriter behind some of the most famous songs of all-time and “a superb natural melodist whose best songs often combine the tuneful directness of country music with the unabashedly romantic harmonic palette of classic Hollywood film scores,” according to The New York Times.

And American Songwriter Magazine notes, “He’s a prodigious performer, and a night with Jimmy at the keys is not unlike getting to hear George Gershwin or Cole Porter live. It’s hard to believe one guy could have written all these amazing songs. ... if you get a chance to see him live, grab it. People ask why nobody writes songs like they used to. Fortunately for us all, Jimmy Webb still does.”

The jazz scene explodes this month with one of the hottest American vocalists – award winning René Marie. Jazz Times says of her “... Sheer brilliance...one of the most sensuous songbirds ever captured on disc. Marie’s torch

burns hotter and oft-times brighter than any of her peers.”

While the full musical calendar includes pulsating rhythms, familiar melodies, and jazz favorites, theatre packs a punch with a classic film noir and a comedic, insightful musical.

The immortal Sunset Boulevard comes to life with the return of the now classic Arts Garage Radio Theatre. Watch Norma Desmond get ready for her close-up in this dramatic radio play.

And award-winning composer Daniel Mate returns to Arts Garage with The Trouble with Doug, his collaboration Will Aaronson, that offers a daring and witty look at how a family reacts when one member changes rather dramatically.

“We are thrilled with the critical acclaim our theatrical productions have received during these first three years,” said Lou Tyrrell. “We have re-imagined grand film classics with our radio productions, and have featured some of the finest current playwrights, creating theatre that is fresh, insightful, funny and always provocative.”

We encourage everyone to celebrate the best of music, theatre and art, for tickets please visit www.artsgarage.org or call 561-450-6357.

APRIL

Wed 4/2 & Thu 4/3 | 7:30 pm
Sunset Boulevard | Arts Garage Radio Theatre (\$15-25)

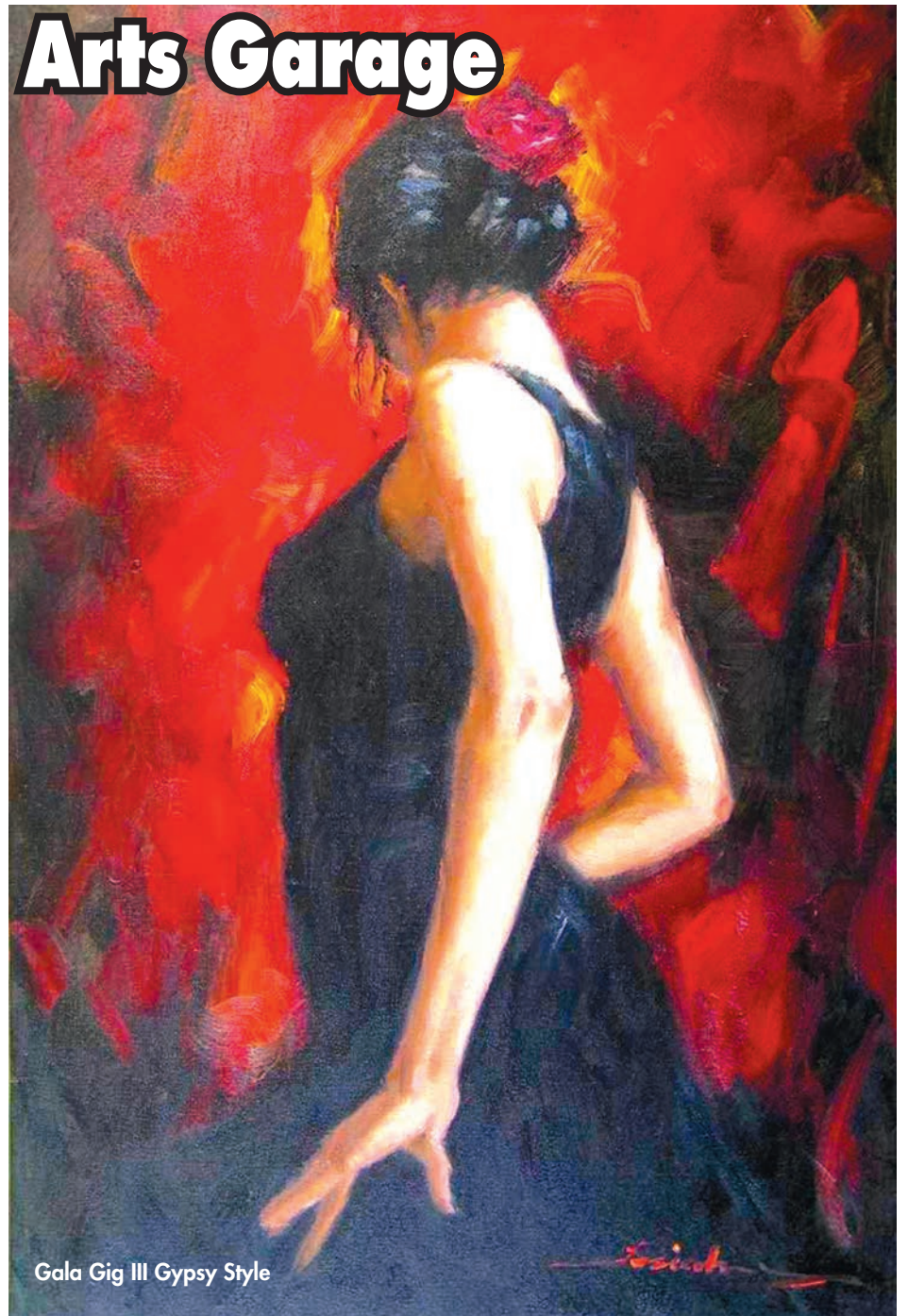
Norma Desmond is a silent-screen goddess who dreams of a comeback to motion pictures. Joe Gillis is a hack writer who becomes her lover in a tale of passion, murder and madness. Script adapted from the classic movie during the heyday of radio performed live, with performers utilizing specially designed sound effect devices, providing a nostalgic trip to the past with a modern twist.

Sat Apr 5 | 7:00 pm - 11 pm
Gala Gig III Gypsy Style | \$100 per person
Tale for 6 \$550

Arts Garage celebrates its third anniversary in true Gypsy style. The pulsating night will be filled with delectable cuisines, vivacious entertainment and enthralling works of art. Enjoy the exciting sounds of internationally renowned Vitali Imereli, and DC based Trio Caliente, whose sound is reminiscent of The Gipsy Kings, Buena Vista Social Club, Strunz & Farah, and Jobim— but with a flavor all their own.

Tues 4/8 & Wed 4/9 | 7:30 pm | Orquesta Aragón | Cuban (\$25-45)

“One of Cuba’s grandest, longest-established bands,” according to the New



Gala Gig III Gypsy Style

York Times. For two nights only, this legendary ensemble ignites the stage in a fury of Latin rhythms and raucous beats. They are credited with inspiring the New York mambo movement in the 1950s, and are hailed as “the purest form music from Cuba.” This 15-person ensemble combines violins, piano, flute, percussion and vocals to deliver one of the best live shows on the planet.

Fri 4/11 | 8 pm | René Marie Jazz (\$25-45)

Award winning singer Marie is unmistakably honest and unpretentious with her impassioned vocals and powerful interpretations of jazz, soul, blues and gospel.

“...Sheer brilliance...one of the most sensuous songbirds ever... Marie’s torch burns hotter and oft-times brighter than any of her peers” – Jazz Times

Sat 4/12 | 8 pm | Oriente | Fusion (\$25-35)

Conceived by Cuban-born guitarist/composer Eddy Balzola after years of touring with show bands, reggae groups and Latin bands, Oriente’s signature sound features funky, guitar driven tumbaos, blazing harmonic brass, and explosive Afro-Latin

percussion – fusing Cuban roots with Blues, Jazz, Caribbean and Brazilian influences, creating a hard-driving and soulful sound.

The Trouble With Doug
Fri 4/18-20 Preview | (\$25)
Wed 4/23 - 5/11 | (\$30-45) | 7:30 pm
Saturday & Sunday, 2 pm

A contemporary re-imagining of Kafka’s Metamorphosis, “The Trouble With Doug” is a hilarious and moving new musical about a healthy young man who transforms inexplicably into a giant talking slug. “The places Aronson and Maté take us here are constantly surprising.” – NYTheatre.com

Sat 4/ 19 | 8 pm | Jimmy Webb | Cabaret (\$25-50)

A true living legend of songwriting, Jimmy Webb’s been crafting amazing songs, many of which have become cherished standards, for some forty years. And he’s still doing it. His critically acclaimed album, Just Across The River, featuring duets with many luminaries (including Jackson Browne, Michael McDonald, Glen Campbell, Vince Gill, Billy Joel, Linda Ronstadt and more) might serve as the bridge that connects this songwriter with his famous songs in the public mind.

Now on tour with his new CD, “Still Within the Sound of My Voice” Jimmy Webb is engaging his audiences like never before. Though some might still not know his name, they know the songs: “Wichita Lineman,” “By The Time I Get To Phoenix,” “Galveston,” “The Moon’s A Harsh Mistress,” “All I Know,” “The Highwayman,” “Up, Up and Away,” “MacArthur Park,” and many more. And those are just the famous ones. Webb is one of those rare songwriters who manages to bring a genuine measure of magic to everything he touches.

Sat 4/26 | 8 pm The Jazz Professors
Jeff Rupert (UCF) | Jazz (\$25-35)

Grammy winning musician Jeff Rupert is - among many talents - a Yamaha performing artist, record producer, recording artist, freelance tenor saxophonist and a full-time professor as the Director of Jazz Studies at the University of Central Florida. His group, the Jazz Professors, is a sextet. Together, they have created top Jazz Week charting hit albums, including two that appeared in both 2012 and 2013.

THIS MONTH AT

arts garage



Oriente

The Wick Theatre presents Steel Magnolias

BOCA RATON, FL – The sassy, outspoken women of Truvy's Beauty Salon take center stage at the Wick Theatre for the classic comedy-drama *Steel Magnolias*. The iconic play by Robert Harling offers a brilliant mix of outrageously funny lines, heart-rending scenes, and powerful lessons in female bonding.

"Steel Magnolias is our only non-musical production of the year," said Executive Producer, Marilyn A. Wick. "We chose this current classic because its heartache and humor resonates so powerfully with audiences."

Harling's play is based upon the experiences surrounding his sister's death and is a testament to the strength women derive from each other. *Steel Magnolias* debuted in 1987 at the Lucille Lortel Theatre, was translated to film with a star-studded cast in

1989, and made its Broadway debut at the Lyceum Theatre in 2005.

Directing the Wick's production is Norbert Joerder, who has choreographed revivals of *42nd Street* with Jerry Orbach and Tammy Grimes, and *Guys and Dolls* with Andrea McArdle and *My Fair Lady* with Michael Moriarty. He is working alongside a cast of accomplished actresses including Linda Farmer, Patti Eyer, Sally Bondi, Alison McCartan, Aaron Bower, and Robin Proett Olsen.

The production runs from April 3 to April 20, with evening performances Thursday through Saturday at 7:30 p.m., and matinee Wednesday, Thursday, Saturday and Sunday at 2:00 p.m. Single tickets are \$58, and Museum tour / lunch / show packages are available for purchase at www.thewick.org, or by calling the box office at (561) 995-2333.



Little River Band

Crane's Beach House Hotel & Tiki Bar sponsors benefit concert at Delray Beach Center for the Arts

DELRAY BEACH, FL - Cathy Balestriere, the general manager of Crane's Beach House Hotel & Tiki Bar, has announced the boutique hotel will be serving as the presenting sponsor for the Little River Band "Cool Change" Benefit Concert happening Tuesday, April 1 at 7:30 p.m. at the Delray Beach Center for the Arts Crest Theater.

All proceeds will go to support the Florida Fishing Academy, a nonprofit afterschool fishing education program that uses fishing as a vehicle for delivering life lessons and environmental education for at-risk youth in Palm Beach County.

Wayne Nelson, a Delray Beach resident and lead singer and bass player for the Little River Band, will be joined by band mates Richard Herring and Greg Hind on guitars and vocals, as well as keyboard player and

vocalist Chris Marion, and drummer Ryan Ricks. The band, originally from Melbourne, Australia, has sold over 30 million records since relocating to the U.S. in the mid-1990s, and popular hits include "It's a Long Way There," "Help Is On Its Way," "Happy Anniversary," "Lonesome Loser," and "Cool Change."

"We're very happy to be pairing with the good folks at Crane's Beachhouse in support of this benefit concert," said Nelson. "The Florida Fishing Academy is doing great things for our coastline by teaching kids how to respect and protect it. It's our honor to help them create a 'Cool Change' for our community."

The Arts Crest Theater is located at 51 N. Swinton Ave. Tickets are \$50 for reserved seating, and can be purchased by calling the Florida Fishing Academy at (561) 740-7227, or directly at FloridaFishingAcademy.com.

BRINGING IT BACK TO BOCA Palm Beach International Film Festival partners with Cinemark Palace 20 and Bogart's Bar & Grille for 19th Annual Cinematic Celebration

WEST PALM BEACH, FL – From the opening night premiere to closing gala – and many screenings in between – Cinemark Palace 20 in Boca Raton, located at 3200 Airport Road, will be the place to see and be seen during the 19th Annual Palm Beach International Film Festival running April 3 – 10, 2014.

The 19th Annual Palm Beach International Film Festival will kick off with a grand Opening Night Film & Celebration on April 3 at 7 p.m. at Cinemark Palace 20 & Bogarts Bar and Grille in Boca Raton, followed by a week of film screenings and parties throughout Palm Beach County. Bogarts will host the official VIP hospitality suite, welcoming filmmakers, VIPs, and special guests throughout the entire duration of the festival, and will offer special menu items for all festival patrons.

On April 10 at 7 p.m., Cinemark Palace 20 will host the Closing Night Film Presentation, followed by It's a Wrap Party with award presentations at Bogarts Bar and Grille.

"Cinemark is excited and honored to be the host theatre for the 19th Annual Palm Beach International Film Festival," states Tim Warner, President and CEO of Cinemark. "Our Palace 20 theatre is a state of the art facility and our partnership with Bogarts will provide a new level of comfort and prestige to this already outstanding event."

"For nearly 20 years, the Palm Beach International Film Festival has brought many cinematic milestones and opportunities to South Florida film goers," said Burt Rapoport, president, Rapoport's Restaurant Group. "We are honored to join in hosting the opening night, wrap party and many screenings in between. We are most excited about hosting the festival's official hospitality suite and offering lunch, happy hour and other menu specials to film festival patrons throughout this ten-day celebration of cinema."

"We are thrilled to partner with our friends at Cinemark Palace 20 and Bogarts, gracious hosts throughout this year's festival," said Randi Emerman, president and CEO of the Palm Beach International Film Festival. "Cinemark Palace 20 has pioneered a one-of-a-kind experience with no place like it in this area. It is the perfect film-lover venue

known for bringing independent blockbusters to the area and conveniently located for all throughout South Florida to enjoy."

The Palm Beach International Film Festival has been recognized as one of the Top 25 Independent Film Festivals in the World and one of Top 10 Destination Festivals from Movie Maker Magazine. Over the years, the PBIFF has hosted a bevy of top celebrities and filmmakers including: Academy Award® Winners Adrien Brody, Anthony Hopkins, Tommy Lee Jones, Faye Dunaway, Dennis Hopper, Louise Fletcher and Michael Caine; Academy Award® Nominees Salma Hayek, Edward Norton, Robert Evans, Sylvester Stallone, Woody Harrelson and Burt Reynolds. Along with countless other legends, stars and filmmakers that have created movie magic for the past 80 years, including: Roger Moore, Faye Wray, Esther Williams, Anouk Aimee, Samuel L. Jackson, Cyd Charisse, Richard Zanuck, William Friedkin, Brett Ratner, Jacqueline Bisset, Michael Clarke Duncan, Rod Steiger, Josh Hutcherson, AnnaSophia Robb and Jennifer Lawrence.

Palm Beach
INTERNATIONAL
Film Festival

The Palm Beach International Film Festival is a 501(c)(3) not for profit organization supporting film programs in local schools and dedicated to making a difference in the lives of future filmmakers by helping them fulfill their dreams to one-day work in the world of film.

Support and enjoy the 19th Annual Palm Beach International Film Festival with sponsorships, memberships, ticket packages and individual tickets available at www.pbifilmfest.org. Membership packages range from \$100 - \$1500; ticket packages from \$175 - \$350 and individual screening tickets are \$13.50.

For more information, please call (561) 362-0003 or visit the festival web site at www.pbifilmfest.org.

SPRING BFA EXHIBITION

APRIL 17, 2014

RITTER ART GALLERY

7:00 - 9:00 PM

ON STAGE

arts garage



RENÉ MARIE

FRI, 4/11, 8PM

Award-winning singer René Marie is unmistakably honest and unpretentious while transforming audiences worldwide with her impassioned vocals and powerful interpretations of jazz, soul, blues and gospel. René Marie has drawn a legion of fans who are entertained, encouraged and even changed by her performances.



SUNSET BOULEVARD

WED 4/2 & THU 4/3, 7:30PM

Norma Desmond is a silent-screen goddess who dreams of a comeback to motion pictures. Joe Gillis is a hack writer who becomes her lover in a tale of passion, murder and madness.

GALA GIG III

NIGHT OF THE GYPSIES

SAT 4/5, 7PM

3 years running and just getting warmed up! Arts Garage celebrates Gala Gig III, our third anniversary in true Gypsy style! Come drink and dine with the lights, colors, sounds and entertainment that only gypsies can deliver.



REAL MEN BAKE

SUN, 4/6, 6PM

Presented by GFWC Woman's Club of Delray Beach, Real Men Bake is an all-you-can-eat feast of baked goods (sweet or savory) prepared by about 30 "bakers" -- men who come from all walks of life.



ORQUESTA ARAGAON

TUE 4/8 & WED 4/9, 7:30PM

This legendary ensemble, formed in Cuba in 1939, quickly established itself as a true institution of Cuban music, and has evolved over the years to incorporate new instruments and musical innovations.



ORIENTE

SAT, 4/12, 8PM

Oriente's signature sound has funky, guitar driven tumbaos, blazing harmonic brass, and explosive Afro-Latin percussion - fusing Cuban roots with Blues, Jazz, Caribbean and Brazilian.



JIMMY WEBB

SAT, 4/19, 8PM

"Mr. Webb is a superb natural melodist whose best songs often combine the tuneful directness of country music with the unabashedly romantic harmonic palette of classic Hollywood film scores." - The New York Times



THE JAZZ PROFESSORS /JEFF RUPERT (UCF)

SAT, 4/26, 8PM

Grammy winning Jeff Rupert is a Yamaha performing artist, a record producer, recording artist, freelance tenor saxophonist, full time professor, and Director of Jazz Studies at UCF.



SHERRIE AUSTIN

SAT, 5/10, 8PM

"a sultry young country music singer... That twang in her voice provides some much-needed authenticity in excellent pop-country numbers like "Ain't Goin' Back."

"BRING YOUR OWN WHATEVER"

A BOTTLE OF WINE, FAVORITE BEVERAGES & MUNCHIES

JAZZ FUSION LATIN CABARET COUNTRY SPECIAL RADIO THEATRE

180 NE 1st Street Delray Beach, FL 33444 | 561-450-6357 | artsgarage.org

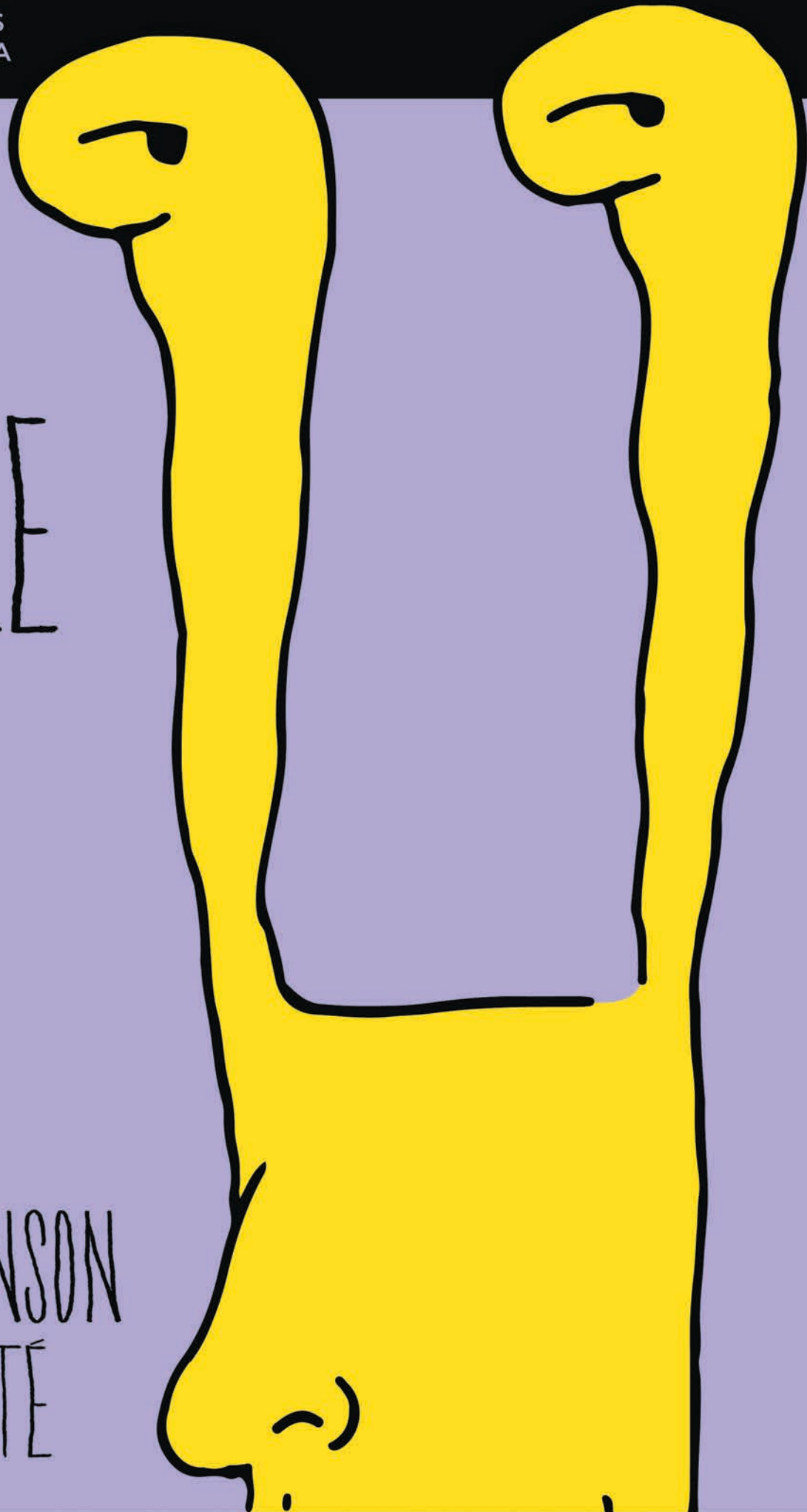
THEATRE ARTS GARAGE

LOUIS TYRRELL, ARTISTIC DIRECTOR

BEST THEATRE 2013 - NEW TIMES
OFF-BROADWAY SOUTH FLORIDA

THE TROUBLE WITH DOUG

BY WILL ARONSON
& DANIEL MATÉ



Executive Producers: Pam & Chuck Halberg, Stuart & Shelby
Co-Producers: Matthew Gracey, Danna-Gracey; Melanie Jacobson & Anonymous

APRIL 18 - MAY 11

Wed - Fri 7:30pm; Saturday & Sunday 2pm

"The Trouble With Doug" is a hilarious and moving new musical about a healthy young man who transforms inexplicably into a giant talking slug. Thrust together awkwardly under the same roof, Doug, his family, and his fiancée all struggle to understand and respond to this strangest of crises.

561-450-6357 | ARTSGARAGE.ORG | 180 NE First Street Delray Beach, FL 33444



arts & ends

Mae West immortalized in *Dirty Blonde* at the Plaza Theatre

MANALAPAN, FL – “I made myself platinum, but I was born a dirty blonde.” This immortal film quote from the one and only Mae West provides the title to *Dirty Blonde*, the hit show at the Plaza Theatre in Manalapan running through April 13, 2014. Featuring music from I’m No Angel, and She Done Him Wrong, this prize-winning play written by Claudia Shear will delight fans of the ever-original and quotable Mae West.

Dirty Blonde, tells the story of Jo, an office temp and aspiring actress, and Charlie, who works in the New York Public Library’s film archives, both lonely and obsessive West fans who meet at her grave and form a unique relationship as they swap stories about the career highlights and eventual decline into parody of the woman they worship.

One of the few plays to have its entire cast nominated for a Tony Award, *Dirty Blonde*, won the 2000 Theatre World Award, and a Drama Desk Award for best actress, as well as the additional Tony Award Nominee for Best Play.

Dirty Blonde, finds the enduring substance in the smoke and mirrors of one actress’s stardom, allowing Mae West to shock and delight once again. “Hands down the best new American play of the season... Take off your hats, boys, Mae West is back on Broadway...” – New York Times

Starring in The Plaza Theatre production are Carbonell-Award winner Margot Moreland, who also starred as Jo/Mae a few years ago at Gablestage, Carbonell-Award winner KenClement, and Terry Cain, who will also serve as musical director and play the piano onstage. The play will be directed by Beverly Blanchette.

Dirty Blonde, comes to the stage at the Plaza Theatre April 3 – 5, April 10 – 13, 2014 at 7:30 p.m. with 2 p.m. matinees on April 2, 5, 6, 9, 12, 13. Tickets are \$45, with special rates for groups of 10 or more, and may be purchased online at the Plaza Theatre website www.theplazatheatre.net; in person at the Plaza Theatre box office located at 262 S. Ocean Blvd., Manalapan, in the Plaza Del Mar Shopping Center; or by calling 561-588-1820.

ABOUT THE PLAZA THEATRE: The Plaza Theatre, a not-for-profit 250-seat theatre, is home to a variety of light-hearted shows, with an occasional gripping drama, that will please every show-goer. Opened in early 2012 by Alan Jacobson, a Palm Beach Gardens resident who ran the Florida Jewish Theatre for five seasons in the 1990s and then became an independent producer of cabaret shows, musical revues and comedies such as *If You Ever Leave Me ... I’m Going With You* and *Down the Garden Path*, which played at the Royal Poinciana Playhouse, The Plaza Theatre promises lower-than-average ticket prices and is bringing quality entertainment to all. The Plaza Theatre is located at 262 S. Ocean Blvd in Manalapan, FL. For more information, please call (561) 588-1820 or visit www.theplazatheatre.net.

Palm Beach Photographic Centre seeks applicants for Artist in Residence 2014

WEST PALM BEACH, FL – Fatima NeJame, president and chief executive officer of the world-renowned Palm Beach Photographic Centre (PBPC), today announced that the nonprofit organization is issuing its first public call for an Artist-in-Residence. The deadline to apply is April 30, 2014.

“Our new Artist-in-Residence program offers artists/photographers the opportunity to live and work in Palm Beach County for a minimum of three months, complete with monthly honorarium, dedicated studio space at PBPC and a free studio apartment in Palm Beach,” says Ms. NeJame.

During the residency period, the selected artist will be free to explore his/her personal vision while teaching and engaging both students and the community-at-large at the world acclaimed Palm Beach Photographic Centre. The residency period culminates with a Community Gallery exhibition, a project, or special event created by the artist-in-residence in collaboration with PBPC participants.

Underwritten by one of the Photo Centre’s generous board members, the residency program is offered to fine art photographers in three experience levels: Professional Artist, Emerging Artist and MFA candidate. Selected artists will be awarded through a review process.

“The program will provide the selected artist with the opportunity to reflect, research, produce, teach and present, while working within one of the world’s leading photographic centers,” adds Ms. NeJame. “As a result, our Artist-in-Residence will be able to further his/her work, garner reputable teaching experience, and engage the community in the experimental and intellectual exploration of photography as a fine art form.”

The goals of PBPC’s Artist-in-Residence program are to:

- Attract outstanding photographic talent from around the globe
- Provide a professional working environment in which to pursue the resident’s art
- Raise community discourse and further community participation in and understanding of the photographic arts.

The application for the Palm Beach Photographic Centre’s Artist-in-Residence Program 2014 is available online at: https://www.workshop.org/pdf/air_program_application.pdf

Opening March 20 at Palm Beach Photographic Centre:

The exhibition *Keys To The Cure* by artist Kelly Milukas will run through May 31. Comprised of more than 50 multi-media artworks, *Keys To The Cure* is a dynamic interplay of photography and sculpture to tell the incredible story of stem-cell research and regenerative medicine. Handmade keys float off painted color fields representing the interior tissue and organs of the bodies, while glowing keys hang from above, giving abstract visualization to the human body’s complex systems.

Also on exhibit will be *The Art Of Science: Under the Surface*, pictures taken through a microscope that draws the viewer into the world of regenerative medicine and the human

body – images that have clear scientific value but are also stunning works of art.

Originally commissioned by the Regenerative Medicine Foundation, which promotes exploring “the body’s natural ability to heal itself,” the joint exhibition at the Photo Centre reflects “a unique collaboration between art and science (as it) visually captures this extraordinary science revolution,” adds Ms. Milukas.

For more information, please call 561.253.2600 or visit www.workshop.org or www.fotofusion.org.

Eau Palm Beach Resort & Spa to host Aim Benefit with Amy Grant

MANALAPAN, FL – Six-time Grammy Award winner Amy Grant, best known as “The Queen of Christian Pop” will perform with other celebrity musicians when Eau Palm Beach Resort & Spa presents “Artists for Others,” a benefit for Agape International Missions (AIM) on Thursday, April 3rd from 7 to 10 p.m.



Joining Grant, who, with over 30 million units sold remains the best-selling contemporary Christian music singer ever, will be Kip Winger, Lincoln Brewster, Buddy Hyatt and Celica Westbrook, as well as T.G. Sheppard, Danny Gokey and Kelly Lang. “Artists for Others” will also feature Lisa Cohen of the CNN Freedom Project, Bridget and Don Brewster of AIM, Ken Peterson of 3Strands and artist David Garibaldi.

The event was announced recently at Eau Palm Beach Resort & Spa when Bill Porter Music presented a special performance of *Le Div4s* at the hotel, which served as a kickoff for the April 3rd benefit event. *Le Div4s* just completed a six-city U.S. tour with Andrea Bocelli and have toured with the maestro worldwide over the past two years. The group made their premiere in Palm Beach County at Eau Palm Beach Resort & Spa.

“Eau Palm Beach Resort & Spa is proud to present Amy Grant and this impressive lineup of musical talent as we help to raise funds for AIM, which rescues children from sex trafficking,” reported Eva Hill, president of Britannia Pacific Properties, which owns the AAA Five-Diamond Award property, part of Preferred Hotels and Resorts.

“Artists for Others’ is our way of giving back to the community,” she added. “The AIM benefit on April 3rd will be the inaugural kickoff for other charitable performances to be held every year at Eau Palm Beach Resort & Spa. Although we are serious about raising funds for AIM, the event will be a fun-filled evening where guests will enjoy a magical night of magnificent music, in an elegant setting – up close and personal with these talented artists. All of our guest artists are performing at the benefit without a fee because they love children and want to do all that they can to help AIM provide more lifesaving services.”

In addition, Hill noted that the evening will include a cocktail reception with heavy hors d’oeuvres, musical performances and a dessert buffet.

Grant, an American singer-songwriter, musician, author, media personality and actress, has had Billboard Hot 100 No. 1 songs, such as “The Next Time I Fall” with Peter Cetera and “Baby Baby.” Heart in Motion is her highest-selling album, with over five million copies sold in the U.S. alone. She has a star on the Hollywood Walk of Fame and has been awarded 25 Gospel Music Association Dove Awards.

“Eau Palm Beach Resort & Spa is proud to open our doors and raise funds for AIM, which fights trafficking, restores victims and transforms communities,” concluded Hill. “Please mark your calendars and plan to be with us on April 3rd. We promise it will be an extraordinary evening.”

Tickets for the event are \$250 per person or \$2000 for a VIP table. Specially-priced hotel accommodations are available for those attending the event.

Sponsors to date include Cheney Brothers and 3Strands.

For tickets and additional information, please call Alison Votaw at Eau Palm Beach Resort & Spa at 561-540-4994 or email her at: Alison.Votaw@EauPalmBeach.com.

Delray Beach Center for the Arts to kick off its 25th Anniversary with a first-ever, co-produced musical, *A Chorus Line*

DELRAY BEACH, FL – Delray Beach Center for the Arts will celebrate its 25th Anniversary in 2015, and what better way to ramp up to this milestone than presenting its first-ever, co-produced musical in the Crest Theatre! The Center will, literally, “kick off” the 25th anniversary with *A Chorus Line*.

The show will be produced for the Crest Theatre’s 2014-14 Main Stage Series in partnership with MNM Productions, an exciting new collaboration between arts consultants, Michael Lifshitz and Marcie Gorman-Althof. The production will be directed and choreographed by Kimberly Dawn (KD) Smith, with musical direction by Evan Farrar. Not only did Ms. Smith appear in *A Chorus Line* on Broadway, she is one of only a handful of choreographers personally entrusted by Director/Choreographer Michael Bennett to carry on his original vision.

Show dates are December 5-14, 2014 with 12 performances. The production, which is non-equity professional, will hire and cast local talent, with the possibility for two equity guest artists. Open auditions are slated for April 21st; audition details will be available soon.

The first four performances will be included in the 2014-15 Main Stage Subscription Series, which will be announced on March 28th. New subscriptions will go on sale in June, following renewals. Ticket sales open to members July 10th, groups July 17th, and to the public September 2nd.

A Chorus Line has remained the sixth longest-running show in Broadway history, with music by Marvin Hamlisch, lyrics by Edward Kleban and book by James Kirkwood, Jr. and Nicholas Dante. Centered on 17 Broadway dancers auditioning for spots on a chorus line, the musical is set on the bare stage of a Broadway theatre during an audition for a musical. *A Chorus Line* provides a glimpse into the personalities of the performers and the choreographer as they describe the events that have shaped their lives and their decisions to become dancers.



With just 323 seats, the historic Crest Theatre offers an intimate, comfortable experience. Originally the auditorium for Delray High School, dating back to 1925, the theatre was beautifully restored, re-adapted for professional use and opened to the public in 1993. Since then, the Crest Main Stage Series has presented national tours of Broadway’s best musicals and revivals as well as professional music, dance, comedy and variety shows. A premier lecture series (introduced in 1994) and Broadway Cabaret Series (introduced in 1997) have also put the Crest Theatre in the national spotlight.

For more information visit DelrayArts.org.

CALL TO ARTISTS FOR THE 5TH ANNUAL PEEPS SHOW!
APRIL 4 - 17 CLAY GLASS METAL STONE GALLERY
15 South J Street, Lake Worth

\$25 Entry Fee for up to 3 Designs
 Entry fee by check payable to Flamingo Clay Studio
 Entry fee must be submitted by March 21
 Late submission fee \$30
 All designs must be 3-D and no smaller than a shoe-box
 All designs must incorporate Peeps brand marshmallows
 All designs must be delivered to CGMSG no later than April 2

LOCAL CELEBRITY JUDGES
FIRST PRIZE \$100!
FOUR RUNNERS UP PRIZES
FROM PEEPS, INC!

Contact 561-588-8344 for more details.



arts & ends

Art outside the walls: 'En Plein Air'

LAKE WORTH, FL – The Cultural Council of Palm Beach County will bring the outdoors indoors during its "Art Outside the Walls: En Plein Air" exhibition opening to the public April 11th, which will feature the work of Palm Beach County artists who have embraced the French expression "en plein air" or to paint in the open air.

The Council's main exhibition space will show off the spectacular results of a series of "paint-outs" the Council organized through the Plein Air Palm Beach artist group at 10 inspiring locations from Boca Raton to Jupiter.

"This exhibition provides an outstanding opportunity for visitors to bring nature home with them, as all the paintings on display at the Council are available for purchase, and purchasing locally produced art is a terrific, affordable way to collect," says Cultural Council President and CEO Rena Blades. "Guests to our exhibition will also certainly want to visit the locations they see in 'Plein Air.' While some of the featured spots are popular among locals and tourists, some are off the beaten path."

Cultural Council Manager of Artist Services, Nichole M. Hickey says: "While artists have long painted outside in small groups, social media has made organizing 'plein air' painting groups more popular. We are thrilled to collaborate with the Plein Air Palm Beach artist group and its co-organizers Donna Walsh and Ralph Papa."

Admission to the preview party on Thursday, April 10th at 5:30 p.m. is free to Cultural Council members, \$10 for non-members, and includes admission to the artist trunk show featuring LizKat and Cheryl Edwards. The exhibition is free and open to the public from April 11th to June 7th. To RSVP, call 561-472-3341 or email dcalabria@palmbeachculture.com.

Two artist lectures connected to this exhibition will be held on Tuesday, April 29th at 3 p.m. and Tuesday, May 6th at 3 p.m. For more information call 561-472-3341 or go to www.palmbeachculture.com.

The "En Plein Air" exhibition is sponsored by The Gardens Mall.

Connect with the Council at www.palmbeachculture.com, or 561-471-2901.

Gallery hours are 10 a.m. - 5 p.m. Tuesday through Saturday.

The Symphonia | Boca Raton April Concert Weekend to feature all Mozart program

BOCA RATON, FL – The Symphonia Boca Raton's April 6th concert will include Mozart's Serenade No. 9 in D Major, K 320, "Posthorn," Mozart Clarinet Concerto in A Major, K 622 and Mozart's Symphony No. 41 in C Major, K 551, "Jupiter."

"The weekend will include three days of fabulous events designed to entertain and enlighten music lovers of all ages," Steve Pomeranz, Board President said. The weekend will include:

Friday, April 4, from 2-4 PM

The Symphonia's support group, the Allegro Society, will host 'Tea and Symphony' at the Boca Raton Country Club at 17751 Boca Club Boulevard, Boca Raton. Conductor Gerard Schwarz and Jon Manasse, clarinet soloist, who will be performing at the upcoming Connoisseur Concert Series, will talk to guests about their craft. Tickets for 'Tea and Symphony' are \$35.

Saturday, April 5, from 10:30 AM – Noon

Children are invited to attend 'Meet the Orchestra,' a unique opportunity for kids to interact with musicians and experience a variety of instruments. Kids and their families will also be allowed a sneak peak at The Symphonia's dress rehearsal. 'Meet the Orchestra' takes place at the Roberts Theatre at St. Andrews School. Children are free, and adults attending with a child are \$5 each. Reservations are required at 1-866-Music-01 (1-866-687-4201).

Sunday, April 6, beginning at 2 PM

2 PM – Pre-Concert Conversation

3 PM – The Symphonia Performance

This final concert of the Connoisseur Concert Series will be held at the Roberts Theatre at St. Andrews School, 3900 Jog Road, Boca Raton.

The concert will begin promptly at 3 PM. Anyone with a concert ticket may attend the 2 PM pre-concert conversation with Maestro Schwarz to learn about the pieces that will be performed. The pre-concert conversation will be in the Roberts Theatre, as well.

For information on any of the weekend's events, call 866-687-4201, email info@thesymphonia.org or visit www.thesymphonia.org.

The mission of The Symphonia, considered to be one of South Florida's world-class orchestras, is to provide quality classical music for the enjoyment and benefit of the Palm Beach County community. The Symphonia will celebrate its tenth year in the 2014-2015 season.

Felix The Cat and his pal . . . Artist Don Oriolo to appear at Delray Marketplace

Don Oriolo, who is one of only three people authorized to paint Felix the Cat (along with his Dan and Otto Messmer), uses Felix as his muse to create magnificent Pop Art painting on paper, cardboard and canvas. As the president of Felix the Cat Productions and the Felix the Cat Guitar Company, Don travels globally, personally managing each and every project that involves Felix the Cat.

"Felix has always been like a brother to me," said Oriolo. "When I was a child, I sat next to my father Joe Oriolo, and my Uncle Otto Messmer, and was swept into the fantasy



world that they both shared."

Mr. Oriolo is making an extremely rare personal appearance at The Pop Culture Vault located at Delray Marketplace, 9169 West Atlantic Avenue, Suite 110 in Delray Beach. Call 561-498-1462 for information or visit www.popculturevault.com.

Two Days Only...Friday April 25th and Saturday April 26th, from 5 pm – 10 pm daily. Admission is free.

Oriolo will be meeting his fans, painting in the gallery and signing his book "Felix the Cat's Magical Garden of Paintings and Verse." He will also be showing and answering

questions about his brilliant pop art creations and his world of Felix the Cat.

Don Oriolo began his masterful painting career using Felix as his muse to express emotions of love, peace, and happiness through his bright creations on a variety of media. Don is overjoyed at the range of happiness people say they experience when they look at his paintings and welcomes the opportunity to share his work with both old and new fans alike.

Delray Marketplace hosts "2014 Marketplace Music Fest"

Delray Marketplace will host the "2014 Marketplace Music Fest" Thursdays from 5-7 p.m. April 3-24. The free and open-to-the-public live entertainment will be featured in the center's open-air amphitheater, and guests are encouraged to bring a blanket or lawn chair for comfortable seating.

Thursday, April 3: 5-7 p.m.

The 100 Proof Band

Frank Sinatra, Neil Diamond and More

Thursday, April 10: 5-7 p.m. 33 Years Pop, Rock and Classics

Thursday, April 17: 5-7 p.m.

Classic Rock and Blues

Dryvin' South Bank

Thursday, April 24: 5-7 p.m.

String Theory

Variety of Rock and Reggae

FRIDAY, MAY 9TH

CELEBRATING THE ART OF A WELL-CRAFTED BEER

SAMPLE BEERS & CIDERS

LIVE MUSIC

FOOD

WINE TASTING

6-7:30PM (EXCLUSIVE VIP ACCESS)

7:30-10:30PM (GEN)

ADVANCE TICKETS: \$30 (GEN); \$50 (VIP)

GATE: \$40/\$60

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destinations

ASK PRISCILLA

by Priscilla Speicher

Daytrips from Delray Beach

Experiencing South Florida is easy



I'm always a little surprised, maybe even a tad amazed, when someone who lives in Delray Beach tells me they've never been to Jupiter, or Key Largo – or they don't know where Coral Gables or Hutchinson Island is. The fact is, we live in an incredible location that gives us access to so many great destinations – each of them different in their own way.

You don't need to use vacation days or have a fat bank account to explore South Florida and have a great time in a different town, for one day, or maybe an overnight. I've been doing daytrips and weekenders with Delray Beach as a launching pad for 15 years, and I'll share some recommendations here. Every place you go, every person you meet, is a new opportunity, a unique experience, and a potential to affect you in a positive way. As National Geographic says, explore your world!

For just a day, or a day and a night, drive 75 minutes north to Jensen Beach. Just north of Stuart, this small, beachy town is big on charm. Just a couple of blocks of "downtown" businesses are more than enough to make for a great day and evening out. Crawdaddy's has delicious New Orleans fare and their crab cakes were impressive even to me, a Baltimore girl who's darn picky about them. Their courtyard bar is fun and has a cool atmosphere, with bands to entertain you several nights a week.

The quaint "artist village" of small bungalow style "houses" in bright Caribbean colors is adorable, housing several different shops. Kona's Island tiki bar is a great place for a cold drink as you listen to a guitarist take your cares away. Mulligan's is the classic "vacation bar" that just feels fun, tropical and lively. Check out the fish and chips.

You also must, must go to Conchy Joe's, just a three minute ride north of the main street/downtown. This rambling "boathouse" of a bar and restaurant is the bomb. Food – excellent. Intracoastal view – outstanding. Character – priceless. The seafood is the best, and the cocktails are too. Live music most afternoons and evenings and pricing that's so affordable. Actually all of Jensen is priced less than our neck of the woods.

Places to stay include a few motels – I can recommend Caribbean Shores on the

Intracoastal. Also the lovely, charming B&B called The Inn at Tilton Place is a delight, and half a block from all the businesses mentioned above. I would spend the night to fully enjoy the town, but a day is doable.

Closer to Delray Beach, Jupiter is a great daytrip, and no need to get a room for the night. The Jupiter Lighthouse and the surrounding park is a great site to see. Jupiter has one of the best waterfront bars I've been to in the U.S., let alone Florida. The Square Grouper boasts tables in the sand, under the shade of swaying palm trees, affording you a great spot to watch the boats go by.

Also enjoy the open tiki-style bar, with their delicious drinks (not so much for food) and a cool stage with great musicians and room to dance. And if you like tiki bars, you'll love Guanabana's – just about as tiki as it gets, and a very popular place, with good reason. Jupiter is just 35 to 40 minutes north of Delray Beach, and well worth a visit.

A forty-minute daytrip to the south – Hollywood's oceanfront boardwalk is wonderful. Once a year I venture down there and enjoy seeing old familiars like Nick's landmark bar (known for their burgers and steaks) and the many new places that have opened. Play putt putt golf, experience Afghani food, or the amazing Kohr's frozen custard. Rent a bicycle on the 2.4 mile stretch (called the Broadwalk by the city of Hollywood) – maybe pick up a touristy T-shirt or shot glass.

And don't leave the area without a pitstop at Le Tub on A1A – another landmark bar that locals have loved and enjoyed for a couple decades. No better burger to be found, period. Not much to look at for décor, just lots of wood and well, tubs! And toilets. With plants in them. Boats meander by, you are looking across the water at a park, and if you look down, you might see some fish under your feet.

These are but a few of the dozens of cool destinations for a day or a weekend, right here where we live. Forget same ol, same ol, and make yourself an adventure. Pack a change of clothes and a beach towel and head north or south on 95 and then, just pick an exit and head east to the beach, and see what you find.

Tapir calf receives name chosen by local students

WEST PALM BEACH, FL - A three-week-old female Baird's tapir calf at the Palm Beach Zoo & Conservation Society now has a name, voted upon by students at Palmetto Elementary School in West Palm Beach, Florida. With 258 votes, Luna is the winning name, versus 75 votes for Sandia, and 112 votes for Dulce. Zookeeper April Winters, a primary keeper for the Zoo's Baird's tapirs, chose the three options from which the students chose.

"We wanted to honor the native environment where Baird's tapirs naturally roam, so she has a Spanish name, since that's the language spoken in Central America," explained Jan Steele, General Curator for the Zoo. "We are thrilled that Luna can now be introduced by name, as an ambassador for her species."

Zoo supporter Nancy Rogers sponsored the naming rights for the tapir calf, then donated the rights back to the Zoo so local students could choose a name. Palmetto Elementary School students were shown a photo of the calf and received a lesson about endangered Baird's tapirs, before each student was allowed to cast one vote.

Luna, which translates to "moon," was one of the options, since the tapir calf was born at night on February 17, 2014. The calf now weighs 49.3 pounds, and continues to gain at least one pound every day, which is normal for tapirs. Veterinary staff said Luna is active and energetic, and remains in excellent health. Her mother, Alyssa, continues to nurse her, and zookeepers said a strong bond between the two tapirs is

apparent. Luna is out on exhibit at the Zoo every day, along with Alyssa.

The sex ratio within the North American Baird's tapir captive population is skewed towards males, so the birth of a female is significant. The Zoo participates in the Baird's Tapir Species Survival Plan (SSP) through the Association of Zoos and Aquariums (AZA) to maintain a genetically diverse and demographically stable population of animals. Every successful birth, such as Luna's, is critical for this endangered species.

Link to information about Luna's birth: www.palmbeachzoo.org/Zoo-Announces-Birth-of-Bairds-Tapir-New-Zoo-Blog



Museum of Discovery and Science Announces Sea Turtle Walks

FORT LAUDERDALE, FL - The Museum of Discovery and Science invites the whole family for an evening of sea turtle discovery this summer at the annual evening Turtle Walks being in June and July. Visitors will enjoy plenty of sea turtle exploration and identification while uncovering the natural history and myths of turtles.

Nature permitting, participants will have a chance to watch a 300 pound Loggerhead sea turtle venture out of the ocean to lay her eggs. A female loggerhead sea turtle may travel thousands of miles to return to the beach where she hatched as a baby to lay her own eggs as an adult.

The adventure begins at 9 p.m. at the Museum of Discovery and Science with an informative hands-on session about turtles (land, fresh water and salt water) with an expanded focus on sea turtles. Guests will also meet the Museum's Ambassador Loggerhead sea turtle who is almost one year old. Once it reaches an appropriate size it will be released in the ocean. Museum staff will provide answers to questions about nesting, threats and conservation before proceeding to the beach.

Guests should be prepared to walk approximately one to two miles, and participants must be 9 years of age or older. Advance reservations are required as space is limited. Prices are \$18 for members and \$20 for non-members. For more information visit the website at www.mods.org, or to make reservations call 954-713-0930.



• • APRIL IN LAKE WORTH • •

April 1-30

In recent years, Lake Worth has become the go-to destination for artists of every known talent. From galleries and shops filled with one-of-a-kind works, to the live music venues and stages for performing arts, and this month brings a new addition. The spirit of arts and entertainment will take new shape with the debut of a new team of street performers known as FlowSource. Starting in April, the first and third Friday of every month FlowSource will be presenting a team of performing artists who will mesmerize, captivate, and amaze with special talents throughout the streets and showcasing at local businesses in downtown Lake Worth.

Enjoy live painting and portraits, spoken word, poetry, musicals and poi, staff, and hula hoop performances.

April 4-17

The 5th Annual Peeps Show will take place at the Clay Glass Metal Stone Gallery at 15 South J Street in Downtown Lake Worth. Artists from all over the region present art made with marshmallow Peeps. In the past we saw "Little Bo Peeps," "The Life of Peep," and "The Beetles as Peeps." Hundreds of visitors have a chance to walk past these exhibits each year. Prizes will be awarded for the most creative Peeps of all. A winner will be determined by a panel of local celebrities.

April 10-27

The Lake Worth Playhouse and the Stonzek Movie Theater are the finest antiques Lake Worth has to offer. The buildings are architectural gems, well worth the visit. This month enjoy Monty Python's Spamalot.

Ticket prices range from \$26-\$35. Rumpelstiltskin is a wonderful children's production that will play at 11 a.m. and 3:30 p.m., and tickets will cost \$6 for children and \$8 for adults. Visit LakeWorthPlayhouse.org for theater and movie listings.

April 26

The Second Semi-Annual Zombie Crawl in Downtown Lake Worth will take place on Saturday, April 26th.

A dedicated costumed bevy of fun-loving folks invade Lake Worth's downtown for an afternoon and evening of contests and adventure. One might think that these "crawls" are drunken brawls. Au Contraire, these are funny, zany events filled with special effects aficionados who costume themselves to the nines.

Most restaurants and shops in town contribute prizes to the event, and proceeds go Big Dog Ranch, the charity of the month. Registration begins at 4 p.m. at South Shores Tavern, 502 Lucerne Avenue. To make this year extra fun, organize your very own Zombie Horde, or join a group of stragglers and compete for prizes.

Visit www.GoThirdEyeAdventures.com for more information.

FOOD & DINING



Chili Cook-Off Winner
Joe Farrell

And the winner is....Oh Deer!

By The Delray Beach Green Market
Special to the Pineapple

Hats off to all our participants in the 17th Annual Chili Cook-Off! It was a great morning with competition, music, heart-warming food and more. We took a few minutes to get to know our 2014 People's Choice and Chef's Choice winner, Joe Farrell, with his "Oh Deer" chili entry.

Q: What is your award-winning recipe?

A: I made a tomato-based chili with venison and pork. I begin with a base of tomato sauce and paste. I buy a mix of dried peppers, toast them and grind them, and mix with Cumin, Coriander, ground oregano, black pepper and cayenne pepper and mix into chili powder. This is the background flavor.

Upfront we have the two meats, along with onions, garlic, chopped tomatoes, red and orange sweet, long hot, Serrano, and jalapeño peppers (all fresh from the GreenMarket, of course!) These are sautéed and then added to the sauce. Kidney, pinto, and great northern beans are added for bulk. I thinned it out with water, stock and beer. And simmered it for twenty-four hours.

Q: What was your inspiration behind this dish?

A: Competition. There is always really tough competition each year. I knew I had to pull out all the stops to make the best. My Mom always said, "You can taste the love in slow cooked foods," and I couldn't agree more.

Q: When you're not in the kitchen making chili, where would we most likely find you?

A: Playing golf, fishing or poker, or taking our two beautiful dogs to the beach.

Q: What is your favorite thing about Delray Beach?

A: The best thing about Delray Beach is the way they cater to people to have a good time. The Ave. provides the venue and events like the GreenMarket and the giant

tree with Santa, bring the people back to the restaurants and businesses downtown. You have so much fun you can't wait for the next event and party to roll around. I've brought my nieces and nephews from Atlanta to the last couple of First Nights and everyone had a blast (even my cranky mother-in-law...shhh!)

Q: Share with us a little known fact about yourself.

A: My wife Jackie and I have raised five puppies for Canine Companions for Independence. It has been an amazing journey for such a worthwhile organization. If you are interested, you should check out CCI.org!

And a BIG shout out to all our other award-winning participants. Until next year's heated competition.

Chef's Choice Awards, Traditional Chili

1st Red, White & Blue – Lisa Mark
2nd Bubba's Beef & Beans – John Hackman
3rd My New Boyfriend –
Hot & Sweet – Mary Schroeder

Chef's Choice Awards, New Age Chili

1st Oh Deer – Joe Farrell
2nd South of the Border Harvest –
Nancy Simon & Sally Poe Hackman
3rd The Chunky Chicken Chili –
Hank Langa

Chef's Choice, Vegetarian Chili

1st Natasha & Nicole Minnerly

People's Choice Awards, Traditional Chili

1st Bubba's Beef & Beans – John Hackman
2nd Carolina Ale House Homemade
Chili – Kayte Zopp
3rd Red, White & Blue – Lisa Mark

People's Choice, New Age Chili

1st Oh Deer – Joe Farrell
2nd South of the Border Harvest –
Nancy Simons & Sally Poe Hackman
3rd California Love – Marc Raygoza

People's Choice, Vegetarian Chili

1st Natasha & Nicole Minnerly

The GreenMarket Goddess

LORI NOLAN, Delray GreenMarket Manager

Delray's GreenMarket is celebrating its 18th year in 2014. The popular open-air market now features more than 60 vendors, and the variety of items and entertainment offered each week just continues to expand. So, who is behind the success of the Delray GreenMarket? The GreenMarket Guru or Goddess, of course! Meet Lori Nolan, Delray GreenMarket Manager.

Q: How many years have you been the manager and what has been your greatest accomplishment?

A: This is my 15th year, and one of the greatest achievements would be when we relocated the Market to Old School Square Park in 2012.

Q: What is a tip you would share for a GreenMarket newbie?

A: Shop early for best selection of items. Many of our vendors sell out of their most popular items early in the day, so definitely, the early bird gets the worm!

Q: When not at the GreenMarket, where would we most likely find you?

A: You'd find me at home, on the Avenue, or at the CRA office (my home away from home).

Q: What are your favorite restaurants in Delray Beach?

A: I have lots of favorites and I am such a creature of habit! On Monday my favorite is Marianne's; Tuesday, Papa's Tapa's; Wednesday is Ziree's; Thursday is the Green Owl; and Friday's is City Oyster. Saturdays of course, I eat at the GreenMarket!

Q: What is your favorite Delray Beach event (beside the GreenMarket of course)?

A: Hands-down I would say the Delray Affair. It is such a fun event with an eclectic mix of art, music and food, and it brings so many interesting, vibrant people to the city.



Q: If we opened your pantry, what could we always find?

A: I always keep sea salt, organic olive oil and Pascale's Jams readily available.

Q: If you were stuck on a deserted island, what are the three things you would want?

A: Exotic fruit and nut trees, fresh water supply and a thatched roof tree house (Swiss Family Robinson style).

Q: What are your favorite words to live by?

A: On Saturday's it's Chop-Chop!

Q: Dogs or cats?

A: I am a dog LOVER and have always had them in my life. I currently live with two rescues, Phish our Chihuahua, and Gabby our Bassett Hound. Oh, and Jim my hubby!

Mellow Mushroom Delray Beach serves over 3,000 gluten-free pizzas and hundreds of gluten-free beers in 2013



DELRAY BEACH, FL – The calculations are complete! Mellow Mushroom Delray Beach announced that the pizza baker served over 3,000 gluten-free pizzas in its Delray Beach location in 2013! Gluten-free options have risen in popularity and the market is now a \$4.3 billion industry according to NPD Group, a consumer research firm. Thirty percent of adults are interested in avoiding or cutting down on gluten in their diets according to a 2013 NDP Group survey. The interest has extended to the restaurant industry as well with more than 200 million restaurant visits over the past year including a gluten-free order.

Mellow Mushroom Delray Beach bakes five specialty gluten-free pizzas (House Special, Gourmet White, Mighty Meaty, Veg Out, Cosmic Karma) as well as numerous create your own options, featuring 16 select gluten-free toppings! Mellow Mushroom's unique gluten-free crust contains Smart Flour™, Potato Starch, Modified Tapioca Starch, Sorghum Flour, Water, Olive Oil, Molasses, Sugar, Flax Seed, Yeast, Salt, Xanthan Gum, Agave, Baking Powder,

Guar Gum, Baking Soda and Canola Oil. Mellow Mushroom's gluten-free crust is also vegan.

The Mellow Mushroom Delray Beach team prepares its gluten-free pizzas in a dedicated section of the kitchen, stores all gluten-free toppings separately to avoid cross-contamination, and bakes its gluten-free dough in an exclusively gluten-free oven. To learn more and view a complete menu, visit the Mellow

Mushroom Delray Beach Gluten-Free Menu. Mellow Mushroom Delray Beach also carries gluten-free beer, including Red Bridge and several cider beers, all of which are gluten-free as well.

A gluten-free diet is a diet that excludes the protein gluten. Gluten is found in grains such as wheat, barley, rye and triticale (a cross between wheat and rye). Gluten-free diets are often associated with those diagnosed with celiac disease, which can cause intestinal damage as a result of eating wheat, barley or rye. Celiac disease affects more than three million Americans today, which is an increase of 400 percent as many that were diagnosed with the disease 50 years ago. However, surveys show that the majority of people going gluten-free are not doing so out of medical necessity.

Mellow Mushroom Delray Beach is located at 25 SE 6th Avenue in Delray Beach, Florida. The location is family owned and run. Call 561-330-3040 or visit the Mellow Mushroom Delray Beach website for more information.



Renown European Chef Visits The Olive Taste of Delray

Albert Roux, French-born restaurateur and chef owner of Le Gavroche, the first restaurant in the UK to win 3 Michelin Stars, stopped in for a visit to The Olive Taste of Delray last month. Roux loved the 25 Year Balsamic Vinegar. Owner Lori Richards (pictured here with Roux) stated enthusiastically, "I'm very honored to have had him visit my little shop right here in beautiful Delray Beach."

FOOD & DINING

“Brew at the Zoo” returns for 2014

WEST PALM BEACH, Fla. — “Brew at the Zoo,” Palm Beach County’s most unique craft beer festival, returns to the Palm Beach Zoo & Conservation Society on Saturday, April 12, 2014 from 6 p.m. to 9:30 p.m. With more than 25 craft breweries, live music, delicious food and up-close animal encounters, event organizers encourage guests to purchase tickets early, since tickets must be purchased in advance and the event is predicted to sell out.

“Brew At The Zoo” puts a special focus on South Florida brews,” said Ron Brooks, Events Manager for the Zoo. “It’s all about sustainability and the reduced impact on the environment that comes from local products.”

“Our local breweries aren’t driving trucks across the country to deliver their product, it’s coming from just down the road, which leads to a lower carbon footprint,” Brooks continued. “They’re also creating jobs in our local economy, while creating a top-of-the-line product!”

“Brew at the Zoo” guests must be 21 years old to enter, with a government-issued photo ID. VIP Admission costs \$75, and includes the following:

- Early admission at 5:30 p.m.
- Limited edition t-shirt
- Exclusive premium beer samples
- Buffet meal in the air-conditioned Tropics Café, courtesy of Palm Beach Kennel Club, with live music by Steve Chumley
- All elements of a General Admission ticket

General Admission is \$35, and includes the following:

- Admission beginning at 6 p.m., until the festival closes at 9:30 p.m.
- Collectible sampling mug
- Taxi Taxi-sponsored lanyard for your mug (to keep hands free for eating!)
- Unlimited samples from 25 brewers, estimated 60+ different brews (Please drink responsibly)
- Approx. half of the Zoo will be open (note; some animals may be sleeping or choose to stay in the shadows)
- Up-close animal encounters throughout the evening
- A variety of food to purchase from local restaurants and/or food trucks (cash or credit)
- Live music by Making Faces in the Fountain Plaza and Salty Pirates in the Mayan Plaza

Designated Driver Admission is \$15, and includes the following:

- Admission to the Zoo beginning at 6 p.m. (unless accompanying a VIP ticket holder)
- Free water and soft drinks at the Tropics Café Snack Bar
- A pledge to arrive sober and not consume any beer during the event.

All attendees will be required to wear a wristband specific to their admission level. All ticket purchases are final, with no refunds.

For more information, visit www.palmbeachzoo.org.

RAPOPORT’S RESTAURANT GROUP INVITED TO HOST PRESTIGIOUS JAMES BEARD DINNER IN NEW YORK MAY 22

BOCA RATON, FL – Award winning Rapoport’s Restaurant Group is pleased to announce that the legendary James Beard Foundation has invited the group’s executive chefs and president Burt Rapoport to prepare a special dinner at the James Beard House in New York on May 22. Themed “Fresh From Florida,” the multi-course tasting menu will be inspired by Florida cuisine and incorporate ingredients grown in the Sunshine State.

“This is a tremendous honor for Rapoport’s Restaurant Group and will surely be a career milestone for our team,” says president Burt Rapoport. “We are especially excited to bring authentic Florida flavor to this legendary New York venue.”

This will be Burt Rapoport’s second visit to the renowned James Beard House. Rapoport, then a partner in Unique Restaurant Concepts, was invited with the group to prepare a special dinner in 1997. Now, as president of Rapoport’s Restaurant Group, Burt Rapoport has accepted this prestigious invitation once again. Rapoport’s participating chefs will include Jon Greening, executive chef of Deck 84 in Delray Beach; Jay Prisco, executive chef of Bogart’s Bar & Grille in Boca Raton; Ben Burger, executive chef of Henry’s in Delray Beach; and David Innes, Rapoport’s Restaurant Group pastry chef.

Located in the West Village, the James Beard House invites guest chefs from around the world to prepare elaborate dinners, either focusing on their signature cuisine or a specific theme, complemented by wine pairings. Guests are invited to meet the night’s chefs and observe them at work. Dinner is followed by a question-and-answer session.

The planned menu includes Tuna Sashimi Taco, Compressed Florida Watermelon, Snapper Ceviche, Black Grouper Paella, Roasted Jackman Florida Wagyu Beef Tenderloin and more. The featured cocktail is a Mango Mojito, and dessert is a Florida Citrus Mousse Trio.

The menu was inspired by the Fresh From Florida On the Menu program, which Rapoport’s Restaurant Group recently introduced at all of its locations. Fresh From Florida logos are featured alongside select dishes on menus at Henry’s, Bogart’s Bar & Grille, Deck 84 and Burt & Max’s.

The Rapoport’s Restaurant Group locations are the first to feature the Fresh From Florida logos, indicating that a dish contains at least two or more ingredients grown in state. The Fresh From Florida program provides added exposure for select menu items and connects consumers, restaurateurs and Florida growers.

For more information on the organization and the Fresh From Florida dinner, visit www.jamesbeard.org.

We’re Going Way Beyond Bagels

“Rollin with Murph” is one of *The Food Beat*’s original programs that feature Delray Beach restaurants. The show stars Danny Murphy, a professional actor who has appeared in several major motion pictures including “There’s something about Mary,” “Kingpin,” “Shallow Hall,” “Hall Pass,” and “Me, Myself, and Irene.”

In “Rollin with Murph,” Danny who is a chair user, explores the accessibility attributes of the establishment for people in chairs, walkers and strollers.



a different vibe than most bagel joints I’ve rolled into. No matter what time of day you visit, the place is like a swarming bee hive of activity with locals gobbling up a wide variety of freshly prepared foods and enjoying spirited banter with owner Mindy Hyman. Mindy, who is often spotted in the dining room welcoming customers, purchased Way Beyond Bagels with her partner Harvey Daniels in January of 2012. When asked what it is about WBB that makes it so special, her reply was simply, “It’s a New York thing.” There

it is again...New York. Apparently my Bostonian accent has tipped her off.

But it’s hard to deny. With a dense population of Empire state bagel munchers located here in south Florida, you can easily understand the attraction of Way Beyond Bagels. The cases are loaded with freshly made bagels that stand alone as a go to choice, either plain or with one WBB’s many custom created cream cheeses, butter, or the ever popular lox. Mindy tells me the key to making a great bagel begins with quality ingredients and ends with knowledgeable bakers who know the importance of temperature and timing.

Now take any of those fabulous bagels and make it a sandwich. The house made chicken salads are phenomenal, and every kind of high quality deli meat and cheese is available to complete any selection. Breakfast is also addressed with a variety of egg sandwiches and the ever popular yogurt parfait that Mindy refers to as a “gut stuffa.” And like most great deli’s, WBB has a wide variety of house made salads, made to order entree salads, packaged items, bagel chips, freshly brewed coffees, and all the side items you can dream of.

Catering is also a big part of Way Beyond Bagels business, and after viewing photos of the many platters they put together, I can see why. Once again, fresh and quality are the main ingredients for all catering jobs, whether it’s an office luncheon or a wedding reception.

My visit was a good one, and being a newer building, ADA codes are all up to snuff and getting in and out was convenient. Moreover, the welcoming staff, the genuine desire to make my visit a pleasant one, and the fabulous food makes coming back a no brainer.

As tough as it is for a Boston guy to admit, there is “Something about Way Beyond Bagels.”

To see the *Rollin with Murph* episode featuring *Way Beyond Bagels*, visit www.thefoodbeat.com

Way Beyond Bagels

16850 Jog Road, Delray Beach
(across from Morikami Gardens)
<http://waybeyondbagels.com>

It was a terrible night, blowing cold and rain in a most frightful manner. The streets were deserted and the local baker was just about to close up shop when Bernie slipped through the door. He carried an umbrella, blown inside out, and was bundled in two sweaters and a thick coat. But even so he still looked wet and bedraggled.

As Bernie unwound his scarf he said to the baker, “May I have two bagels to go, please?”

The baker said in astonishment, “Two bagels? Nothing more?”

“That’s right,” answered Bernie, “One for me and one for Bernice.”

“Bernice is your wife?” asked the baker.

“What do you think,” snapped Bernie, “my mother would send me out on a night like this?”



Being a Boston guy, I’ve never fully embraced the bagel phenomenon that seems to be all things New York. And of course, being from Boston, most anything that is New York (like the Yankees) I have trouble digesting. But I have to admit, the food, service, and friendly atmosphere that is Way Beyond Bagels has won me over.

The restaurant located in the gorgeous Shops at Addison Place on Jog Road has

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THE PINEAPPLE



APRIL

Spring is in the air, and that means a fresh, light and flavorful when it comes to beer. This month, Ommegang Hennepin Saison 7.7% ABV is on spotlight at Little House, a farmhouse saison that transitions from the heavy stouts of winter with its wonderful straw, spice and fruit flavors.

Made with a Belgium-style brewing, saisons are a lovely rich sunshine color similar to a wheat beer, but much more complex. The word "saison" comes from France, when farmers would take the end-of-season crops to make beer. As a result, saisons are often distinctive and full of unique flavors, no two exactly alike.

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An interior and exterior overhaul of the original Carnival Flea Market was completed this past winter—but the first thing that changed was the name. “With an array of merchants selling new jewelry, clothing, food, paintings, toys, electronics, household items and much more, this is no flea market.” states Alexis. The Big Apple Shopping Bazaar said it all. With New York residents playing such a large part in the local demographics, it was only fitting. From there the idea grew, and award-winning interior designers have transformed the Carnival Flea Market into a mini indoor New York City, complete with **streetlights, iconic buildings, brick walkways, the Statue of Liberty and even Central Park.** “We really wanted it to be a place you would bring visiting friends and family. As a Mom, I will tell you where I will be on rainy days. In Central Park drinking a latte while the kids play around on the grass.”

The Big Apple Shopping Bazaar is certain to become a popular destination purely for the spectacle, but it is the merchants that bring the true value. **With an average of almost 20 years in business, these merchants know their products, customers and business inside and out.** Customer service from these varied specialist cannot be found in today's shopping environments. "With so many high priced commercial shopping options going up in the area, your local merchant, jeweler, trade specialist or even artist are becoming a thing of the past." The Big Apple Shopping Bazaar offers shoppers over 50 unique merchants—all with unmatched knowledge, professionalism and personalized service.

Parking and Admission is FREE, wheelchair accommodations are available, and an ATM is on site for your convenience.

**"Shop, experience, and save at The Big Shopping Bazaar!
We look forward to your visit."**

- Alexis, The Big Apple Shopping Bazaar.

Green Market in Central Park Every Thursday!



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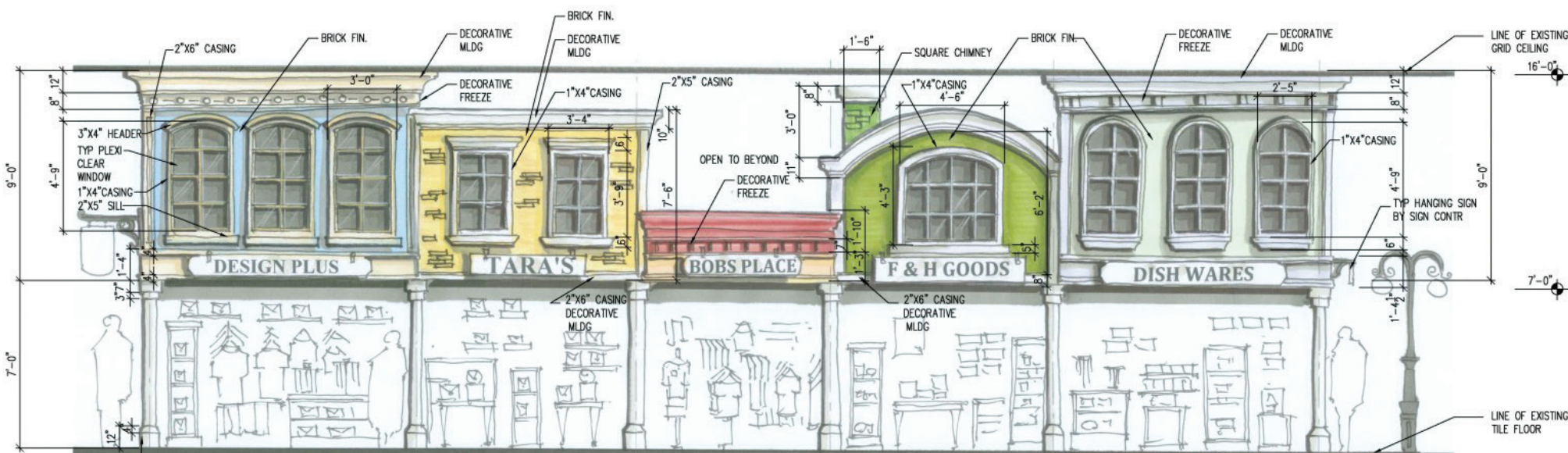
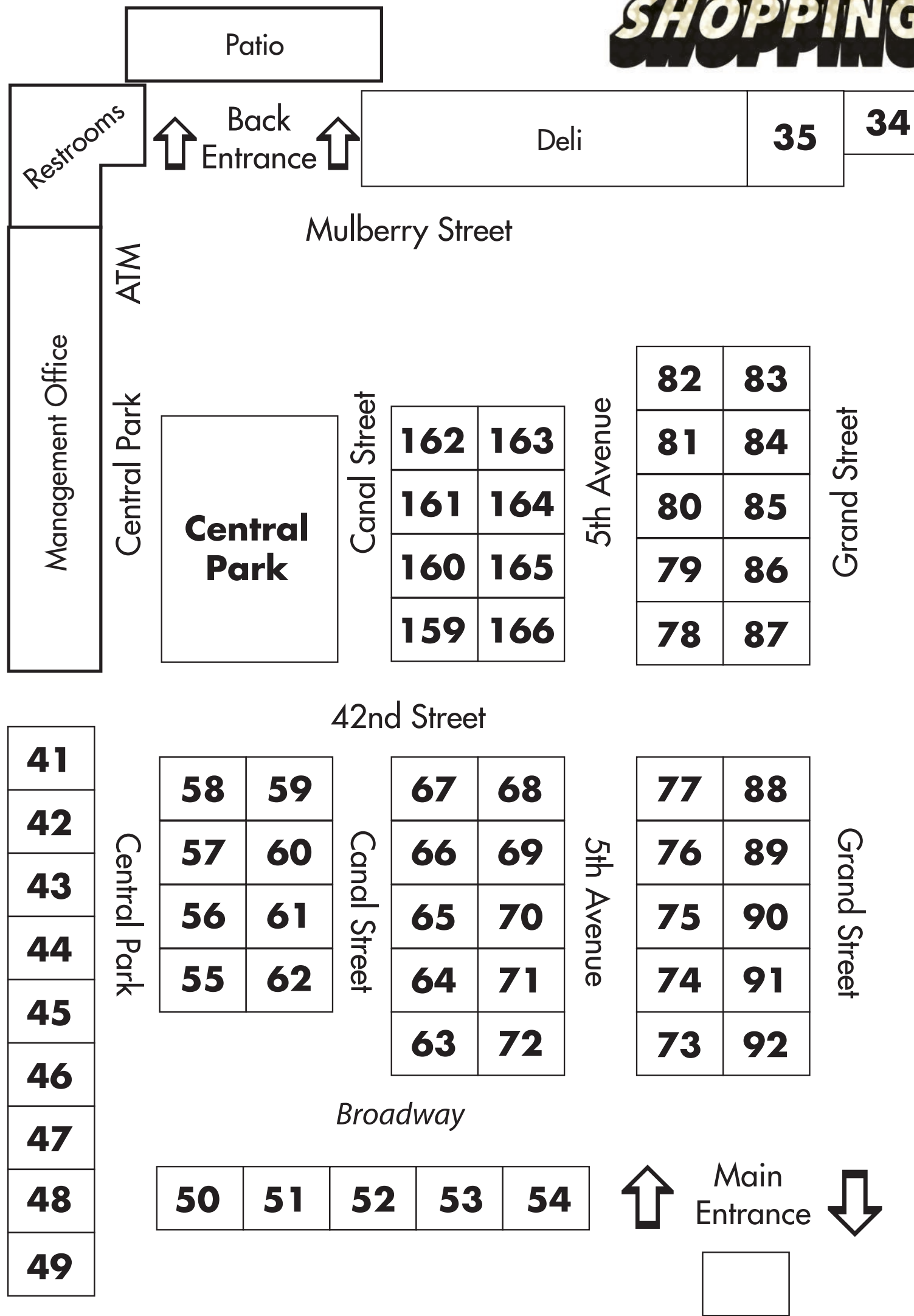
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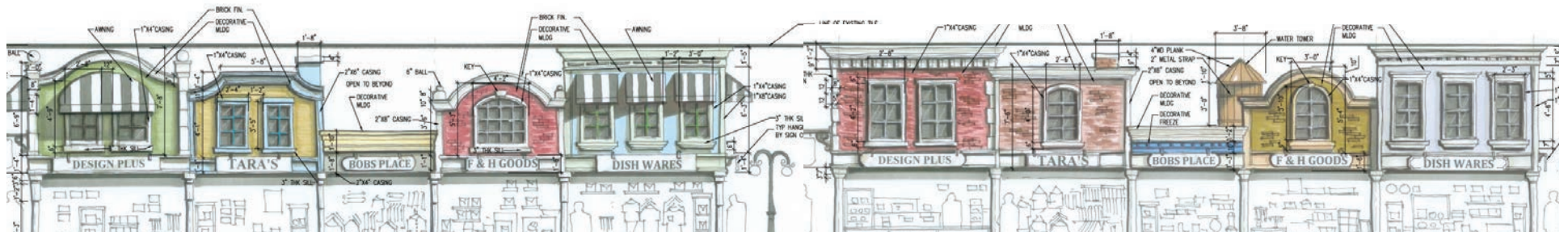
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