



ATLANTIC CROSSING PROJECT APPROVED

By Rigel Herman
The Pineapple Staff Writer

On Tuesday, January 21, the Delray City Commission approved the nine acres of East Atlantic Avenue that will comprise Atlantic Crossing. The \$200 million redevelopment project will consist of shops, offices, restaurants and apartments.

The privately funded reconstruction has been a heavily debated subject among city officials and residents. The approval is a frustrating loss for many who fought to keep the project from becoming reality. Some impassioned citizens even commissioned their own studies of the area as leverage to have the project terminated.

However, according to a legal memorandum stating the City Commission's elements of consideration for the approval or denial of the project, these studies could not legally be factors in the decision making process.

While City Commissioner Adam Frankel thinks it was "great" that residents conducted these studies, he felt that "it was beyond the scope of what I could look at."



Legally, the commissioners were allowed to consider only matters of code and conduct as well as relevant evidentiary testimony. Mayor Cary Glickstein and Commissioner Shelly Petrolia, who voted against the construction, were fearful that the project would "bombard Atlantic Avenue and the surrounding neighborhoods with traffic that would impede the residents safety and ability to get around town."

It took more than a decade for local entrepreneur and philanthropist Carl DeSantis to **Continued on page 3**



John Isner is the top-ranked American and has reached the semifinals in Delray Beach the last two years (Credit: CameraSport)

LOPEZ, POSPISIL, MATOSEVIC, KARLOVIC, QUERREY PLAYING IN DELRAY BEACH OPEN

The Delray Beach Open by The Venetian® Las Vegas has received the Official Entry List for its 2014 ATP World Tour event coming up Feb. 17-23 at the Delray Beach Stadium & Tennis Center. The event is in its 22nd year, and 16th in Delray Beach.

The latest stars to join the 32-player field included Top 30 players Feliciano Lopez of Spain and Vasek Pospisil of Canada, No. 2 American Sam Querrey, and former Delray Beach finalists Marinko Matosevic (2012) and Ivo Karlovic (2010).

Overall, four Top 20 players and six of the world's Top 30 will make up the Delray Beach field. Singles stars who committed early to play include Top 20s Tommy Haas (No. 12), American John Isner (No. 14), Kei Nishikori (No. 17) and Kevin Anderson (No. 20) as well as 2012 world No. 8 Janko Tipsarevic, former world No. 1 Lleyton Hewitt, and former world Top 10s Marin Cilic and Marcos Baghdatis. Isner looks to move up in the rankings after winning his eighth career ATP title at the Heineken Open last week.

Hewitt, the two-time Grand Slam champion, beat Roger Federer in the 2014 opening-week Brisbane final. Hewitt (1999), Haas (2006), Nishikori (2008) and Anderson (2012) are all former Delray Beach champions, while Tipsarevic was the 2011 runner-up.

The world No. 1 Bryan Brothers doubles team is going for its third Delray Beach doubles titles after winning titles in 2009 and 2010. **Continued on page 10**

Delray Beach CRA issues RFQ for management of Arts Warehouse



DELRAY BEACH, FL – The Delray Beach Community Redevelopment Agency has announced a Request for Qualifications (RFQ) to secure an operator for the management and operation of the Arts Warehouse located in Delray's Pineapple Grove Arts District.

The CRA plans to convert the vacant 15,000 square foot warehouse, located at 313 NE 3rd Street, into a public arts and business incubator facility for the Delray Beach community. Proposed plans include creating studio space for local artists, galleries, classrooms for educational programming, and workspace for creative businesses by 2016. CRA encourages both private and non-profit organizations to apply.

The deadline for proposals is March 4, 2014 at 2:00 pm. A pre-submittal meeting was recently held at the warehouse building. The complete RFQ is available at www.delraycra.org.

Please note that with the exception of the pre-submittal meeting, questions about the RFQ must be submitted in writing to City of Delray Beach Purchasing Manager Patsy Nadal at nadal@mydelraybeach.com. For general information about the CRA and its initiatives, visit the CRA website or call the office at (561) 276-8640.

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Renewal is theme of 15th Annual Garlic Fest set for February 7-9

DELRAY BEACH, FL – For thousands of years, human beings have gathered together at festivals and fairs to celebrate religion, the harvest and the arts. Festivals and fairs give families, friends and communities an opportunity to gather and enjoy each others company and offered relief from the hardships of daily life and a chance to renew the human spirit.

Delray Beach is blessed with a plethora of festivals and fairs but for many the height of the festival season is the Delray Beach Garlic Fest. Now in its fifteenth year, The Garlic Fest is truly a unique Delray Beach tradition. It was started by a group of locals as a means to raise funds for local non-profit organizations dedicated to children's arts and activities and it is still run by those local organizations today! This year it will surpass \$500,000 in charitable contributions to the 16 organizations and the 500 **Continued on page 3**



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ATLANTIC CROSSING - continued from page 1

assemble the property, which includes the existing Atlantic Plaza. In a joint venture with The Edwards Companies, Atlantic Crossing is on track to explore the area's potential, bringing jobs, new tax revenues and an a new mixed-use destination to Downtown Delray; considerations the commissioners who voted in favor of the project could not say no to.

Don DeVere, Vice President of The Edwards Companies, said, "The vision from the start was to give Atlantic Crossing a distinct sense of place, authentic to the character of Delray and woven seamlessly into the existing downtown. Every aspect has been designed to complement the eclectic charm, walkability, and city life that's evolved naturally in Downtown Delray, while adding some new dimensions to the experience."

The convenience for those who live and work at Atlantic Crossing will include numerous transportation options including bike and car shares and shuttles, DeVere noted.

Within Atlantic Crossing there will be a group of 6 restaurants and about 15 specialty shops. "We've had very strong interest from prospective restaurant, retail and office tenants, based on Delray's appeal and the uniqueness of this particular location. Our goal is to find those that are the very best fit for Delray," DeVere said.

The final plan for Atlantic Crossing, DeVere said, is the result of adopting many community suggestions and trips back to the drawing board. "We recognize that redeveloping this site is a once-in-a-generation opportunity. It's a responsibility we don't take lightly. We'll continue to work hard to see that Atlantic Crossing is a welcome addition to Delray."

Says Commissioner Frankel, "I believe Atlantic Crossing, when complete, will be a jewel for the entire city of Delray Beach. The improvements that this group is bringing to such a critical area will be nothing less than world class. In the economic climate that we're in, these individuals are willing to spend \$200 million; this group can't be thanked enough for the employment opportunities and overall improvements they're bringing to our town."

GARLIC FEST - continued from page 1

community volunteers they represent. The Delray Beach Garlic Fest is a gathering that renews the communal spirit and it enriches the fabric of Delray Beach life.

Renewal is the theme of the 15th Annual Delray Beach Garlic Fest. It reflects the organizer's commitment to bringing you something new and different each year in entertainment and to educate you in a fun way.

A new presenting sponsor, Heineken, joins the 15th edition of the Garlic Fest. A heartfelt thanks to Heineken for supporting the 15th Annual Delray Beach Garlic Fest and welcome to the Garlic Fest family. Back by popular demand is an old friend, Italian Rose, with their lineup of innovative garlic products. And from Naples, Florida, Jimmy P's Butcher Shop is welcomed. Fans have called Jimmy P's the best butcher shop in America!

Over the past few years, The Garlic Fest has brought great music to South Florida! Seminal performances by Buddy Guy, G. Love & Special Sauce, The Wailers and Lifehouse in the last

three years reflect a commitment to great music. This year, Garlic Fest is proud to bring one of the most requested bands by Garlic Head fans on Friday, February 7, 2014, Collective Soul. With seven number one hits including "Shine", "The World I know" and "Precious Declaration", the band from Stockbridge, Georgia will rock this seaside town.

Saturday, February 8 will feature a band that sold out three shows at Madison Square Garden and three shows at Red Rocks Amphitheatre in 30 minutes. Yet, they have never played Florida! The band is called Dispatch and is guaranteed to be a concert to remember! To quote Brad Corrigan, one of Dispatch's three singers and multi-instrumentalists, "We've been called the biggest band nobody's ever heard of." "People either know everything about us or they know nothing. There never seems to be any middle ground." Listen to "The General" or "Bang Bang" online and you will be hooked!

The renewal theme continues at Garlic Chef Stadium with the introduction of our food waste

and hunger awareness program, "Waste to Taste." Nearly 72 billion pounds of food are wasted in the United States each year. "Waste to Taste" seeks to raise public awareness of the potential to utilize food products wisely at home and to help eradicate hunger in the United States in our lifetimes. Reigning Garlic Chef Champion, local Chef Bruce Feingold of Dada's, is sharpening his knives and kitchen skills to repeat his amazing culinary performance of last year.

While there will be many returning artists and crafters coming back to Garlic Fest, over 30 new vendors will bring a variety of food products, arts and crafts. Old friends like Kenny "The Tin Man" Hoff and Mike Syphrit's "Crushable Hats" return while new artist Haiyan Wang, brings his Pop Art along with Doug Thomas and his 1000 Oaks Barrel Co.

So Garlic Heads get ready to regale, rejoice, refresh and renew at the 15th Annual Delray Beach Garlic Fest Presented by Heineken on February 7-9, 2014. For more information, visit www.dbgarlicfest.com.

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Getting Fit with the Apple Fruit

- ◆ Children & Parents Day has joined the Let's Move Campaign to promote healthy eating and fight childhood obesity.
- ◆ Healthy benefits of the Apple Fruit presentations
- ◆ Child and Parent Get Fit presentation by The Zoo Gym of Boynton Beach. Health experts from the Zoo Gym will be in attendance to conduct an exercise activity
- ◆ Health screenings by Florida Health Palm Beach County

Special thanks to Student Volunteers from:

- ◆ American Heritage School of Boca/Delray
- ◆ National Honor Society at Palm Beach Lakes High School
- ◆ South Tech Culinary Academy

For more information, call 561-243-2662
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***\$15 per adult/senior citizen *\$15 per child age 3 or older
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Advance pre-payment suggested because space is limited

Credit card payments ONLY accepted online
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- ◆ Apple fruit cooking demos by local chefs and bakers
- ◆ Make-Me-an-Apple Kids cooking classes led by local chefs and bakers
- ◆ Apple fruit food tastings created by local chefs and bakers (along with all-you-can eat buffet)
- ◆ Farm-to-table apple-infused all-you-can-eat buffet lunch by Secret Garden Café
- ◆ Apples & Ice Cream tastings sponsored by Blue Bell Creameries
- ◆ Apple-themed arts & crafts activities hosted by local artists
- ◆ Apple-themed arts & crafts offered by Boynton Beach Art in Public Places and artists from local art galleries Inge Behrens CIB Art Gallery, and Art-Sea Living
- ◆ Apple-themed coloring activities
- ◆ Apple-themed face painting
- ◆ Apple-themed storybook reading
- ◆ History of Apple Farming in America
- ◆ Personal appearance by Granny "Apple" Smith
- ◆ Meet farmers from the Florida Farm Bureau Federation
- ◆ Jazz music by Greg Kokus
- ◆ Musical performance by the Lake Worth High School Steel Band

Featured Chefs & Bakers, to date

- ◆ Chef Chrissy Benoit of The Little House
- ◆ Chef Phillip Herman of Secret Garden Café
- ◆ Pastry Chef Lara Fisher of Cakes by Lara
- ◆ Pastry Chef Anna Orlando of Palermo's Bakery
- ◆ Bonnie Brown of Bonnie's Best Bites



Chef Chrissy Benoit
The Little House



Chef Phillip Herman
Secret Garden Café & the Urban Farm



Pastry Chef Anna Orlando
Palermo's Bakery



Pastry Chef Lara Fisher
Cakes by Lara



Bonnie Brown
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pineapple slices

Elks Club says thanks!



Congratulations are in order for the Delray Beach Elks Lodge #1770! Thanks to PSP Bob Shell's vision, his time and his work, the street designation (pictured above) was all brought to fruition!

Elks Club members have been supporting our community, our state and our country for over 64 years. They are an integral and vital asset to all segments of Delray Beach's diverse community and a worthy honoree of this street designation! The Elks Club also sends a special "Thank You" to the City of Delray Beach.

Spring Training Day Trip: St. Louis Cardinals vs. Boston Red Sox at Roger Dean Stadium March 5

Enjoy an All-American experience at a live pre-season spring training baseball game featuring the 2013 World Champions the St. Louis Cardinals versus the Boston Red Sox at Roger Dean Stadium. You may even get an autograph!!!



Dress for the weather! *All seats are behind home plate and in the shade!*

Concessions are available at the stadium for lunch and you will have a \$10 food voucher to use while you are there.

City Bus leaves from Veterans Park, 802 NE 1 Street, at 11:30 am to Roger Dean

Stadium and will return at approximately 5:00 pm. Advanced reservations and payment only. Bus seating is limited.

March 5, 2014 • 11:30 am - 5:00 pm
Cost: \$50 Residents \$60 Nonresidents (Includes admission, \$10 food voucher, and City bus ride)

For more information contact Samantha Roland, Recreation Supervisor II at (561) 243-7350 or by email at Roland@mydelraybeach.com.



City earns upgraded bond rating for utilities tax revenue bonds

The City of Delray Beach has recently been notified that its rating for Utilities Tax Revenue Bonds Series 2002 and Series 2007 has been upgraded to "Aa3" from an "A1" rating by Moody's Investors Service. This upgrade indicates strong debt service coverage, stable tax base and healthy liquidity and reserves.

The bonds, currently outstanding in the combined amount of \$25.8 million, are secured by a priority lien on the pledged revenues, which consist of the local communications services tax (CST) and the municipal public service tax (PST) imposed on purchases of electricity and gas (natural, manufactured and liquefied petroleum gas) within the City.

Higher bond ratings signify that the City is financially sound and result in lower interest costs for future borrowings. In addition, bond buyers will feel that the risk of loss is minimized and are willing to accept a lower interest rate return.

To view Moody's Investors Service Report, visit www.mydelraybeach.com and select Finance under Departments. Click on Treasury and select Utilities Tax Revenue Bonds Rating Upgrade under Debt Ratings.

For more information, contact the Public Information Office at (561) 243-7190.

"Fantastic Foursome" to participate in Beth Daniel Golf Clinic February 1 at Delray Beach Golf Club



Beth Daniel



Meg Mallon



Jaye Marie Green



Stefanie Kenoyer

DELRAY BEACH, FL – The 2014 Beth Daniel Golf Clinic will be held on Saturday, February 1, 2014, 11:00 am, at the Delray Beach Golf Club (DBGC), 2200 Highland Avenue. The clinic will feature a "Fantastic Foursome" of women professionals including World Golf Hall of Fame member Beth Daniel, 2013 Solheim Captain Meg Mallon, 2014 LPGA Q School winner Jaye Marie Green and 2013 Big Break star Stefanie Kenoyer. The clinic is free and open to the public.

For 23 years, Daniel has assembled professional friends and colleagues to present this clinic in cooperation with JCD Sports Group, Inc., managers of the City's DBGC Municipal course. Coordinating this event is Sandra Eriksson, former director of golf and current seasonal LPGA teaching professional at DBGC. "This is arguably one of the absolute best combinations of players we've ever had at this event," comments Eriksson. The event will be mc'd by Annette Thompson, BallenIsles Country Club LPGA Master Teaching Professional.

The "Fantastic Foursome" are South Florida residents and their respective professional careers range from Daniel's "Rookie of the Year" title in 1979 to Green's record setting 29 under par score at the LPGA Qualifying Tournament this past December. All four have experience as USGA Women's Open participants and Mallon owns the 2004 U.S. Women's Open title.

Bleacher seating is limited so arrive early. For more information, contact Sandra Eriksson at (561) 704-6964 or call DBGC at (561) 243-7380. Note: During the event, donations will be accepted with proceeds benefiting Breast Cancer Research.

"Parking Lot" Flea Market hosted by Pompey Park Senior Club

Join the Pompey Park Senior Club at Pompey Park, 1101 NW 2nd Street, Delray Beach on February 8, from 7:00 am until 1:00 pm to sell your unwanted treasures or to buy previously loved treasures for yourself.

The cost to rent table space is \$10 and includes one table and one chair. Proceeds

from the rental benefit the Pompey Park Senior Club Program. You keep any profit from your sales. If you are there to treasure hunt admission is free. The outdoor flea market will be held in the West Parking Lot at Pompey Park Recreation Center.

For more information or to purchase table space, please contact Verna Pinder, at (561) 243-7356 or by email at pinder@mydelraybeach.com

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- Farriss Farm
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- The Orchid Doctor
- Anita's Guacamole
- Organic Juice Booth
- Bistro Blends Olive Oils & Balsamic Vinegars
- Amazing Creations Florist
- Serenity Flows Soaps
- Italian Cheeses
- Cottage Garden Teas
- Pasta Amore Raviolis
- Paellas de Espana
- LipSMAKin Good Honey
- Tweedle Organic Dog Treats
- Finn-Atic Fish Company
- Stone Crabs
- Little Chunks of Love
- Old School Bread Co.
- Juice King
- La Petite Pain Bakery
- Katie Kakes-Gluten Free
- Inika Vegan Foods
- Pascale's Jams & Jellies
- Arrowhead Beef
- Organic Raw Nut Butters
- Fun with Food-Gluten Free
- Dr. Pickle
- Taste of Africa
- Teas and Spices
- Thoroughly Modern Muffins
- Budding Artists Kids Booth
- Empanada's
- L'Autret French Bakery
- Taste of Spain
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Creating Romance in Delray Beach

By Priscilla Speicher
Special to The Pineapple

With Valentine's Day comes thoughts of romance. Hearts, Cupid, sweet nothings, and true love. Some may shrug it off as an unimportant holiday. But for the romantics out there, it's a chance to shine! And if you're not so romantic, well, it's a chance to really impress your significant other by surprising them and doing something romantic. This is a holiday that allows you to step out of character, and be Romeo or Juliet. Just how do you do that? Well, here are some suggestions, sure to make your lover's heart flutter.

- Wear your partner's favorite scent! Find out her favorite cologne or his favorite perfume, and BAM!

- Favorite colors are a turn-on, too. Wear the color that your significant other likes best on Valentine's Day.

- Candle up! That's right. We mean lots of candles. Lighting one candle at dinner isn't exactly a big romantic endeavor. But filling a room with candles will get their attention (and stimulate their senses). Add rose petals for an even more romantic touch. (Rose petals sprinkled on the bed, yes. Rose petals floating in the bath you drew for your mate... Priceless!)

- You know what's coming next, right? Of course. Food. It's true the way to a man's heart is often through his stomach. But women love delicious food, too. Cook, bake, or purchase their favorite dish or treat. Find where to get the best of that item (unless you're confident in your own culinary abilities). End with just a piece of good chocolate, strategically placed on a bed pillow or underneath his or her napkin.

- Watch a romantic movie. If one of you isn't up for that, read a sexy or love-filled poem out loud. The Internet is full of romantic and erotic poetry. Be bold = read one in the dark!

- This one is a winner, and we promise that if you do it, you'll score big points. Ready? So you suggest a beach walk. But your significant other waits in the car or on a bench while you take a call, or run to get something. Draw two hearts in the sand with your initials in them. Then walk them out to the drawing. Awwwww....

Now, let's talk about Delray Beach. You know, in America, we stretch our holidays out

So you don't have to go out on Feb. 14th. The 13th or 15th are good, too. Restaurants will be less crowded, and appreciate your business on an off night.

Delray Beach can proudly boast of its wide array of great eateries. And there are many that we could rave about here. But this article is about romance, so we'll list the best local spots to get romantic with your boyfriend, girlfriend, lover or spouse.

- Sundry House is undoubtedly one of the most romantic spots in South Florida. Dining under the trees, out in the foliage, with the waterfalls beside you...perfect. You don't have to have dinner. Do lunch. Or, if they're not crowded, you can sit outside and just enjoy a drink and an appetizer, or just dessert. Or just stroll the gardens (take a romantic, slow walk around - they don't mind!) and then just visit the bar. PS - many people don't realize it, but this is also a hotel, so you could do a romantic stay!

- The food of love... "Italian food". Rocky's Italian Bistro is romantic because it's small and quaint, the food is romantic (and delicious) and the setting is intimate.



- Boheme Bistro is also a romantic gem. Charming, small, and friendly. Sit inside or out.

- Joseph's Wine Bar in Pineapple Grove - also romantic. (Italian food). Indoor and outdoor seating.

- Sitting at a table for two and gazing at the ocean sounds romantic, doesn't it? Try this at 50 Ocean, above Boston's, and enjoy a fine bottle of wine while you're at it.

Of course there are other romantic outings besides dinner at a restaurant. Delray has some ideal spots for stirring up love! Consider an overnight stay at Crane's Beach House. Secluded patios and tropical suites make this

a cozy spot for an intimate weekend. What about a romantic cruise on the Intracoastal? Escape aboard the lovely Lady Atlantic, docked at Veteran's Park.

Speaking of that park, here's an inexpensive romantic idea. Slip a small bottle of wine and some cheese and crackers into a tote and stroll through the park down to the waterfront benches. Watch the boats go by, watch the moon rise, and reminisce about something you did together. Another idea: couples massages at one of our many local spas and salons.

Last but not least, one of our greatest assets, and an icon of romance, is the sea. Surprise him or her with an impromptu beach picnic. Sunset, even better. Pop into the Wine Wave wine and spirits shop on East Atlantic Ave and pick up your favorite "beverage" and some cheese. Pull a blanket out of your car and walk down to the sand. Enjoy!

Happy, Happy Valentine's Day, one and all!

Valentine's Day for Singles

If you're single, Valentine's Day can be a holiday you simply don't care about. Maybe it even makes you a bit sad, as it is a "couples" day. Well, consider 2014 as the year you celebrate Valentine's Day as a single person. YES, you CAN do that. And here's how!

- Go and get yourself your favorite dish, entrée, snack or dessert. Indulge yourself.

- Curl up in your favorite spot at home and pull out a notepad and pen. Now, write down the things you love about yourself. Or, the things you love about your home, or Delray, your pet, or your best friend. You'll feel good just from making this list!

- Contemplate a way that you can spread love for Valentine's. What can you do to show love to somebody you know, or complete strangers, thus sharing the emotion that IS Valentine's Day... Love. Then do it.

- Don't you feel great after a bubble bath? So take one. And as Calgon says - let it take you away!

- Plan a trip! Yes, just the planning of a getaway, purchasing that airfare or selecting a hotel online, can release those good-mood chemicals!

- Make a homemade Valentine and give it to your favorite coworker or friend. Or maybe someone you know who isn't getting any Valentines. Heck, make a few and give them out to those you truly care about. Shock a family member and send them one!

- Make a Valentine's Day Resolution! Hey, it's a second chance if you messed up on your New Year's one. ;)

- Go out to Happy Hour. Yes, Valentine's Day means couples out to dinner. But lounges, sports bars, pubs and many places all have happy hour prices on food and drink, and happy hour is for everyone! So you CAN go out on Valentine's Day evening. The bartenders at the 'non romantic' places appreciate your business. Just enjoy yourself! You should never feel like "it's so obvious I'm alone because I'm out on Valentine's by myself". Instead, think "I'm celebrating myself!" Or, have a single friend join you.

- Get great photos taken of yourself...by a friend, a studio, or a photographer. Valentines is a great time to get your hair done, look your best, and get good pics taken. Post that hot new profile picture on Feb. 15th!

You get the idea, single friends! Don't ever let Valentine's Day get you down. Love, for all creatures great and small, and all mankind, is a beautiful thing, and always worth celebrating, wherever we are.

FLAVOR



THE OLIVE TASTE OF DELRAY RECIPE OF THE MONTH

Strawberry & Dark Chocolate Balsamic Vinegar Salad

Serves 4

8 Cups mixed salad greens
4 oz honey-infused chevre (goat cheese)
2 oz. toasted slivered almonds
4 Tablespoons OTD Dark Chocolate Balsamic Vinegar
1 Cup Strawberries, sliced
4 Tablespoons OTD Arbequina extra virgin olive oil
Pinch Kosher Salt

Directions: Divide the salad greens between 4 plates; top with the strawberries, almonds and cheese. Whisk together the olive oil, balsamic vinegar and salt in a small bowl until well combined. Drizzle over salad and serve.

www.theolivetasteofdelray.com



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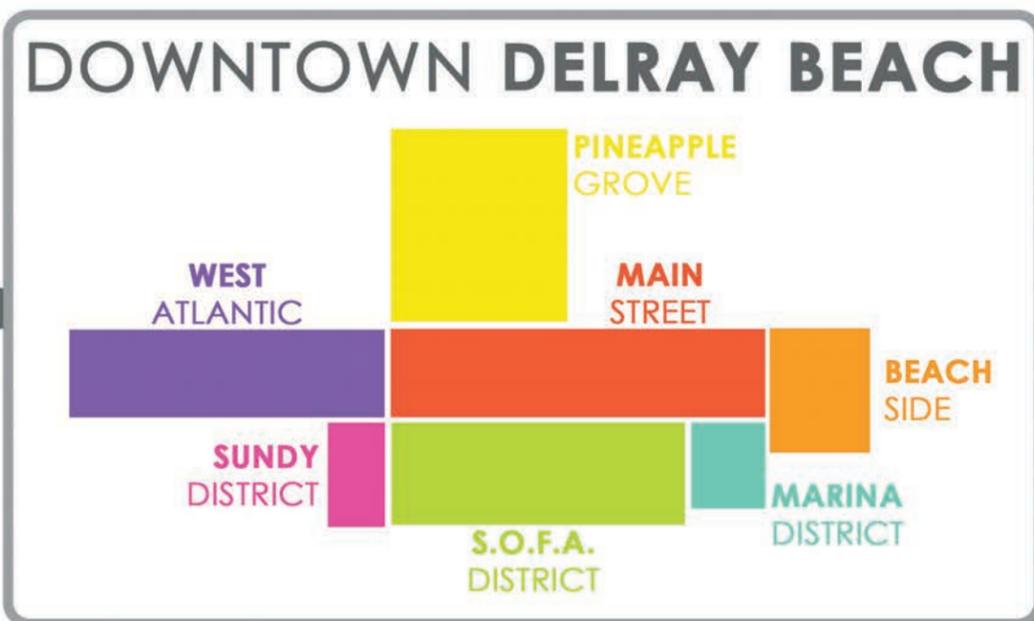


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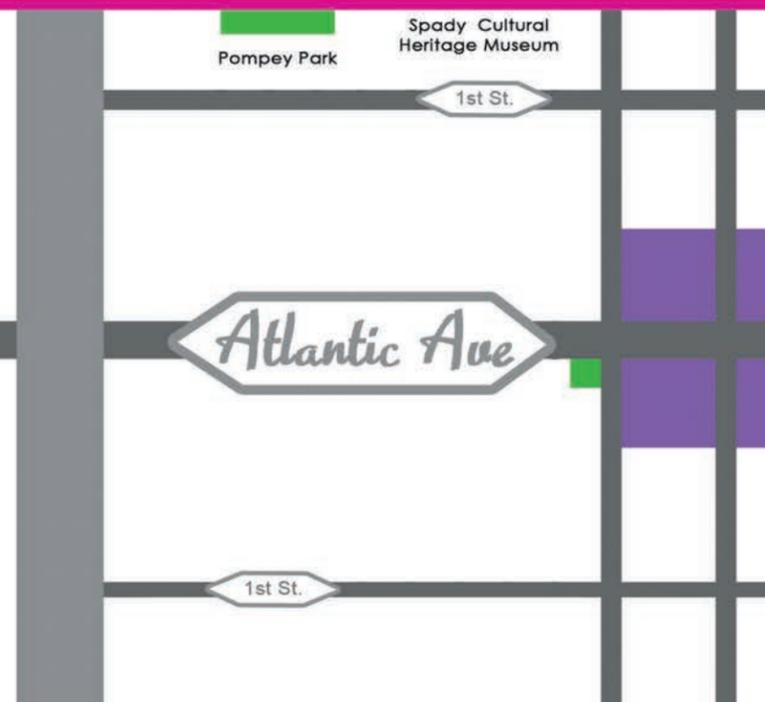
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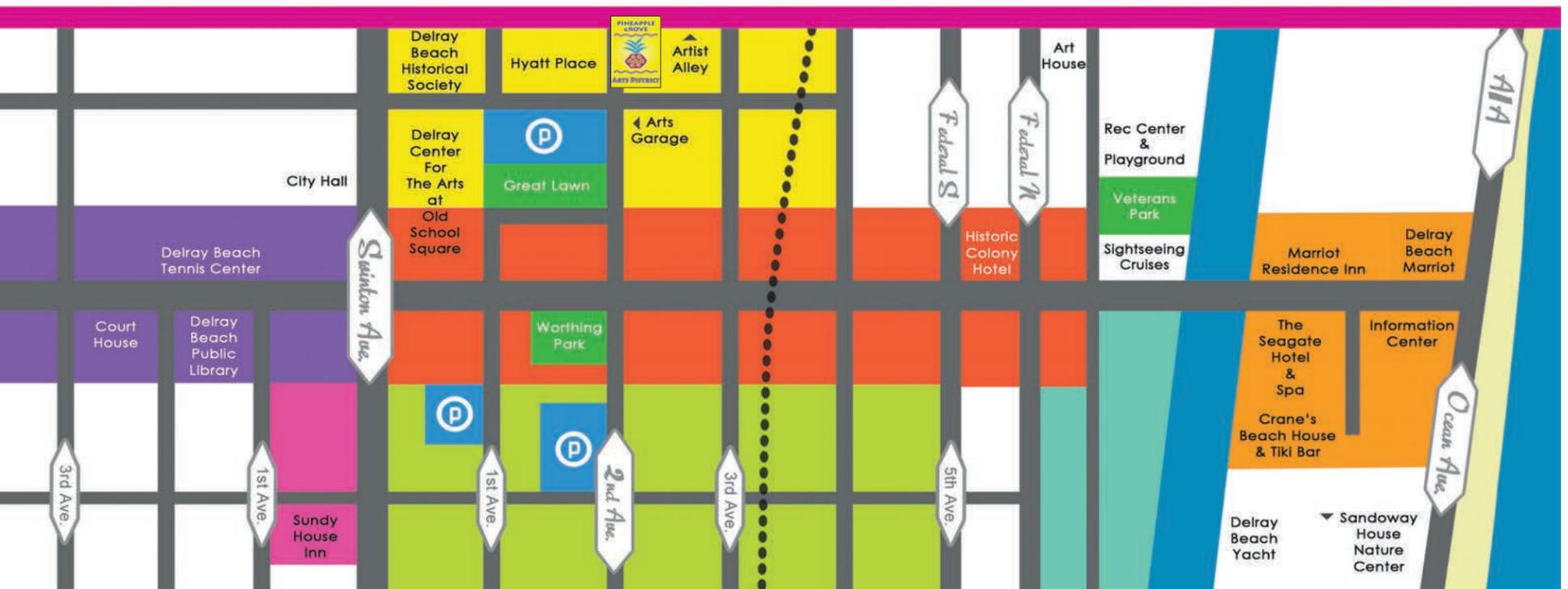
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DELRAY BEACH OPEN - continued from page 1

Two singles wild cards remain for tournament director Mark Baron, and the top four players in the Delray Beach Open by The Venetian qualifying tournament also receive direct entries into the tournament. Two special exemptions are also held by the ATP to round out the 32-player draw.

Tickets to the 17-session event, which includes an ATP Champions Tour event starring Andy Roddick and Goran Ivanisevic (Feb. 14-16) in a "USA vs International" team format, range in price from \$30 – \$60 for reserved seats and \$65 – \$85 for box seats. ON-court "Best Seats in the House" as well as covered Stadium Veranda seating are also available.

2014 SPECIAL OFFERS & EVENTS

VALENTINE'S DINNER PARTY. Fri. Feb. 14, 6pm: Bring your loved one to an evening of fine dining and superior tennis... Event to include Gourmet Cuisine, Full Open Bar, Delicious Dessert, Premier parking, and Stadium Court Box seats for the evening's ATP Champions Tour matches. \$99pp

LEGENDS CLINIC featuring Andy Roddick, Goran Ivanisevic & Mats Wilander. Sun. Feb. 16, 10am: Want to be coached by the best of the best? Sign up for this exclusive and extremely limited clinic taught by ALL 6 ATP CHAMPIONS TOUR PLAYERS! Participants also receive Box seat for the day's matches, Premier Parking, Lunch in the Players' Lounge, Gift bag, and Professional Photos. Limited availability. \$750pp.

USTA KIDZ DAY. Mon. Feb. 17, 10:30am: Since the kids are off for Presidents Day, treat them to a day of fun-filled tennis activities! Event is FREE for kids 12 & under, but you must RSVP to Janet Sprague (USTA) at Sprague@florida.usta.com or 561-385-7399. On-court activities will include 78', 60', and 36' tennis games. Off-court activities will include arts & crafts, face painting, door prizes and more!

BRYAN BROS CLINIC. Sold Out! Mon. Feb. 17, 4pm: Delray Beach is serving up a once-in-a-lifetime opportunity to learn from the most successful doubles of all time - the World #1 Bryan Brothers! \$600pp

USTA MEMBER APPRECIATION RECEPTION & TICKET DISCOUNT. Mon. Feb. 17, 1 - 2:30pm: Present your membership card to enjoy a complimentary lunch, drinks and gifts while hanging out alongside ATP pros. A valid ticket for that session is necessary to enter the tournament grounds. Fri. Feb. 14 - Fri. Feb. 21: USTA Members can receive 20% Off Box or Reserved Tickets (sessions 1-14). Offer expires Dec. 31, 2013.

VIP - SPONSORS' RECEPTION. Tue. Feb. 18, 6:30pm: It's time to party and kick off the event in style... Exclusive to Marquee Sponsors, evening to include fine cuisine catered by Gourmet Expressions, Wine Tasting, Full Open Bar, Live Entertainment, and ATP player appearances. Rumor has it; some players might even play a few tunes! Please call for sponsorship information.

DOUBLES CLUB CHAMPIONSHIPS presented by New Balance. Tue. Feb. 18, 4pm: Men's & Women's 4.0 teams compete in a one-of-a-kind round robin event. Teams receive: 2 Reserved tickets to the evening matches & Two Official Tournament T-shirts. \$120 per team.

LADIES DAY LUNCHEONS presented by Altier Jewelers. Wed. Feb. 19 & Thurs. Feb. 20: Spend the day with your gal pals... Start with a fabulous luncheon (11am-12:30pm) in the Hospitality Pavilion, which includes a delectable menu, wine, gift bag, raffle, & ATP pro player appearances. Then, head over to Stadium Court for the day's matches. Buy early! Sold out in 2013! \$63 - \$78pp.

BOX HOLDERS' SERIES RECEPTION sponsored by Tilson PR, Unique Travel of Palm Beach, Regent Seven Seas Cruises & Altier Jewelers. Wed. Feb. 19, 5:30-7pm: One of the highlights to Delray Beach's social scene, this exclusive event is for Delray Beach elite week-long series ticket holders. Complimentary beer & wine, player appearances, and tasty food provided by local restaurant favorites: City Oyster, Ziree Thai, Shake Shack & Gourmet Expressions.

SENIOR DAYS sponsored by the Delray Medical Center & National Pain Institute. Wed. Feb. 19 & Thurs. Feb. 20 - Day Sessions only: For our friends, our seniors, BUY 1 Reserved or Box seat, get 1 FREE. (55+).



Dr. Jonathan Hersch (center), an orthopaedic surgeon and sports medicine specialist with Tenet Florida Physician Services in Boca Raton and on-staff at West Boca Medical Center, is back for his ninth consecutive year as medical director of The Delray Beach Open by The Venetian Las Vegas ATP 250 Pro Tennis Tournament in Delray Beach. Pictured are from left: ATP pro tennis player Mardy Fish, winner of the 2009 Delray Beach International Tennis Championships (ITC), Dr. Jonathan Hersch, medical director of The Delray Beach Open and ATP 250 pro tennis player Juan Del Potro, winner of the 2011 ITC.

Medical Director of The Delray Beach Open, takes cares of overuse injuries ailing tennis pros

By David DiPino

The Pineapple Contributing Writer

As medical director of a pro tennis tournament, Dr. Jonathan Hersch expects to treat more than just the annoying tennis elbow. With tennis being played at a higher intensity, Dr. Hersch, an orthopaedic surgeon and sports medicine specialist at Tenet Florida Physician Services (TFPS) in Boca Raton, said he is seeing a lot of tennis players with overuse injuries. Dr. Hersch is on-staff at West Boca Medical Center and will begin his ninth year as medical director of The Delray Beach Open by The Venetian® Las Vegas, February 14-23 at the Delray Beach Stadium & Tennis Center, 201 W. Atlantic Ave., Delray Beach. With the world's top-pro tennis players competing for over \$1 million in prize money on the stadium's hard-court Plexiplave playing surface, Dr. Hersch anticipates he will be treating a wide array of sports injuries, but also some of the common ailments that follow pro tennis players around the globe.

"As medical director I work closely with the physiotherapist from the ATP staff on everything from ankle sprains, broken and dislocated fingers, dehydration, players coming down with the common cold or the flu," said Dr. Hersch.

"I think we are seeing a lot of overuse injuries due to the higher intensity of the game. Pro tennis player's bodies break down due to the rigors of being on a pro-tennis tour. Sometimes these players can't get enough rest and their bodies never get the chance to fully recover."

Dr. Hersch works hard to keep those injuries and ailments from turning too serious, which could result in an early tournament exit, resulting in lost prize money or ATP ranking.

"We have had players too ill to continue. Players withdraw from a tournament due to injury or medical reasons," Dr. Hersch said.

Dr. Hersch works closely with the pro player's trainers, their physical therapists, and a physiotherapist on-staff with the Association of Tennis Professionals (ATP) on-site at the tournament. According to Delray Beach Open tournament chairman, Ivan Baron, a former ATP tennis player, a physician has to be on-site

during tournament play.

"ATP rules state we must have a doctor on-site during all match play. Dr. Hersch works closely with the ATP physiotherapist and then if the player needs hospital care, tests, or medication, Dr. Hersch is our on-site medical director to provide the type of individual medical care each player needs," said Baron.

"I'm on-site during the tournament and we're in constant contact over walkie-talkie. When a player is injured or has a medical issue I come over and evaluate the player. Then, I give a short-term or long-term diagnosis. I work with the staff on-site and through the ATP have access to the player's current online medical records that are constantly updated to make an evaluation for treatment and care," Dr. Hersch said.

Dr. Hersch, a tennis aficionado, began his career towards a medical directorship when he began medical consulting with the United States Tennis Association (USTA) and the Chris Evert Tennis Academy. Dr. David Dines, the medical director for the ATP Tour is Dr. Hersch's mentor. Dr. Hersch, a Parkland resident, began his medical directorship at a Sunrise Challenger ATP event over a decade ago.

"I have been practicing orthopaedics for over 12 years. With expertise in sports medicine and arthroscopic surgery, I have been getting athletes (professional and amateur), and weekend warriors back in their game. Along with a team of highly skilled therapists in the community I am dedicated to restoring people back to their good health. I am a compassionate listener and will individualize treatments to each patient as they are all unique," said Dr. Hersch.

Dr. Hersch is a board-certified orthopaedic surgeon and team physician for professional and junior athletes. He has been practicing sports medicine since 2000, and has a strong focus on helping athletes of all levels get back on track – competing once again at their prior peak performance. Dr. Hersch's Tenet Florida Physician Services practice is located at 6893 SW 18th St., Ste. F-101 in Boca Raton.

For more information on Dr. Jonathan Hersch visit: www.drjonathanhersch.com or call Dr. Hersch's office at 561-417-3339.

BEYOND THE LINES... 2014 ATTRACTIONS ON-SITE



Andy Roddick is playing his firsts ATP Champions Tour event in Delray Beach (Credit: CameraSport)

Qualifying Tournament

Sat. Feb. 15 - Mon. Feb. 17. Not to be missed! Featuring tomorrow's headline players in fierce competition for entry into the main draw. Only 4 of 32 survive.

Hawkeye presented by The Venetian® Las Vegas

The event will be televised nationally on Tennis Channel and internationally in over 100 countries. The Hawkeye Instant Reply System will be featured on Stadium Court throughout the week.

LIVE Music Stage presented by ADT

Enjoy the area's hottest bands as they heat up the Main Stage located in the Courtyard Plaza. Performances can be enjoyed before & after all matches, day/evening & both weekends.

VolleyGirls!

Keep your eyes and ears peeled for the most memorable residents of Delray Beach, the VolleyGirls promo squad found at all parties, social functions and autograph sessions.

Mark's Too - On-site Restaurant

Fans looking for a delectable-deli-dining experience? Enjoy tableside service at our on-site restaurant... Credit cards accepted.

Beach Bar & 'Drop Shots' -

On-site Bars There are fish stories and there are tennis stories - tell them collectively at the Delray 'Beach Bar' featuring beer, wine, & mixed drinks AND at 'Drop Shots,' featuring a selection of frozen drinks.

Exhibitors

When strolling the grounds of the event, visit the many exhibit booths set up for your exploration: Accelerated Business Solutions, City of Delray Beach/CRA, IBERIABANK, New Balance, Champion Porsche, Regent Seven Seas Cruises-Unique Travel of Palm Beach, USTA, Venetian Las Vegas, etc.

Food Court

All-American classics, savory sandwiches, the finest pizza pie, scrumptious salads, Panini's & more... the Food Court offers a dining option for everyone.

Quick Snacks

Need a tasty treat? Stop by one of the many snack and beverage stands located on-site. Peanuts, pretzels, popcorn, beer, ice cream, lemonade, and more - all guaranteed to make you say "yummm."

VIP Clubhouse Lounge hosted by Potions in Motion

Courtside Box, Best, & Veranda weeklong Series Holders will have an exclusive place to relax during the tournament. Located upstairs in the Clubhouse, guests will enjoy couches, TV with live match feed, choice dining options, and Buy 1, Get 1 Free beer & wine.

"Let's Wool!"

Lounge Meet the brains behind the beauty and interpretation of the 2014 Delray Beach Open by the Venetian brand and ad campaign. Local agency, Futuristic Woo, was tasked with delivering the tournaments message form Delray Beach to the world... See what THE WOO can do for you. Stop by their Stadium Sky Lounge throughout the week for a beer, to talk shop and look at pretty things on their computer.

The 'Merch' Store

From jackets to tote bags, the Official Souvenir Shop is here for your shopping pleasure. Choose from souvenir pins, visors, sweats & tees, and everything else in between. Credit cards accepted.

Official Souvenir Programs & Draw Sheets

Help benefit the National Junior Tennis League (NJTL) by purchasing an Official Souvenir Program & daily draw sheets.

Fast-Serve Challenge benefiting Delray Beach Tennis Center Program

Can serve like the pros? Here's your chance to prove it by visiting the Fast-Serve Challenge for Charity. Competition is by age group and gender, so see how you stack up against your peers and the pros while serving it up for untold riches!

Anytime Voucher

Can't decide which day to attend? Waiting for a particular player? Want to give the perfect gift to a tennis fan? Then the Voucher is just right for you! ANYTIME VOUCHERS may be purchased & redeemed for individual tickets to ANY session Friday, Feb. 14th - Sunday, Feb. 23rd (Sessions 1-17). Call 561.330.6000 for details.

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faith

TAO – The South Florida Center for Jewish Renewal is coming to Delray Beach

Are you looking for a new spiritual home? Are you looking for a place to really connect with community and your soul? Temple Adath Or (TAO) - The South Florida Center for Jewish Renewal will be holding Friday and Saturday night services, as well as Wisdom classes, Spirituality Groups and more, at the Duncan Center in Delray Beach, once per month beginning in January 2014. TAO will continue to meet at ArtServe in Ft. Lauderdale, Florida on the 1st & 3rd Friday & 4th Saturday of the month as well.



Rabbi Marc Labowitz

Rabbi Marc Labowitz recently met with a group of interested community members from Delray Beach, Boca Raton and Boynton Beach to discuss bringing TAO to Palm Beach County. Rabbi Marc brings his passionate expression of Judaism and his strong sense of social justice to the TAO North community. His deepest spiritual practice is to foster a world in which freedom, acceptance and love are the essence of all paths.

Temple Adath Or (TAO – Together As One,) is the largest Jewish Renewal community in the Southeast. It has been called the “singing & dancing shul.” It is a place where people can find joy, meaning and depth through the universal truths rooted in Torah, Kabbalah and other traditional Jewish sources. Meditation, dance, chanting, song and music present in Judaism throughout the ages is an integral part of all of the services at TAO. Now, TAO is available to serve those in Palm Beach County who are looking for this spiritual connection too.

See why folks say that coming to TAO is like coming home!

Join on Friday, January 24, 2014 at 7:00pm at the Duncan Center, located at 15820 S. Military Trail in Delray Beach, FL 33484 for our first joyful service and become part of the community.

Other scheduled TAO North events are:

- Saturday, February 15 @ 7:00pm
- Friday, March 14 @ 7:00pm
- Saturday April 5th @ 7:00pm
- Saturday May 10th @ 7:00pm

For further information call 954-888-1408 or visit our website at www.TAOcenter.net.

Karl Van Richards is new Music Director for Unity of Delray Beach

Not long ago, Unity of Delray Beach first heard the beautiful melodies played by its new music director, Karl Van Richards.

As a pianist, Van Richards made his orchestral debut at age 17 playing the Grieg Piano Concerto in A minor, having won the Victoria M. Griffith Concerto competition. Since then, he has appeared as a soloist, collaborative and orchestral performances in his native Jamaica, The Bahamas, Puerto Rico, The Cayman Islands, Austria, Slovakia and the Czech Republic. He has played in local orchestras in Florida, including The Greater Palm Beach Philharmonia, The Coral Gables Symphony, The Boca Sinfonia and The Klezmer Company Orchestra. He has served as staff accompanist for the University of Miami Opera, The Ebony Chorale of the Palm Beaches and The Young Singers of The Palm Beaches.

Van Richards has received Certificates of Distinction from the Royal Schools of Music, London, England. He holds a bachelor's degree from the University of Miami where he studied

with Ivan Davis, and in his undergraduate years he received full music scholarships including the WTMI Radio Music Scholarship and the Provost Award for study in Salzburg, Austria. He also holds a master's degree in Piano Performance from Lynn University in Boca Raton under the direction of Dr. Roberta Rust where at graduation he was bestowed the Most Outstanding Performer's Award.

He has performed on master-class recitals of notable pianist-performers including: John Perry (University of Southern California) Rebecca Penneys (Eastman School of Music) Howard Aibel (Juilliard School) Nicola Frisardi (Mozarteum) and George Kern (Mozarteum)

Devoted to full-time ministry, he is an ordained minister in the Methodist Church in addition to his role as music director here.

The Jewish Recovery Center announces plans for third annual Retreat and Shabbaton

BOCA RATON, FL – The Jewish Recovery Center has announced plans for a third annual Retreat and Shabbaton weekend on February 7-9, 2014. To be held again at the Boca Raton Marriott, located at 5150 Town Center Circle in Boca Raton, the weekend-long celebration is expected to generate continued interest and excitement, as attendance has grown each year. Sponsored by Caron Renaissance, the retreat offers Jews in recovery an opportunity to connect with other Jews in fellowship and camaraderie.

“It has been a sincere pleasure to continue our relationship with the Jewish Recovery Center as a sponsor of this event,” said Sid Goodman,

executive director for Caron Renaissance, sponsor for the third consecutive year. “The Jewish community faces unique challenges in recovery, and we value spiritual healing as part of the overall recovery process. Retreats such as this one are such a critical component to continued sobriety by offering the Jewish community an opportunity to connect in an uplifting environment.”

An incredible lineup of world-renowned speakers and lecturers highlights a weekend filled with workshops, meditation groups, recovery meetings, family support groups, and Jewish Spirituality classes. Inspirational keynote speakers include Rabbi Abraham Twerski, MD, Rabbi Shais Taub, Rabbi Dov Greenberg, Rabbi Meir Kessler, Lewis J. Abrams, Arnie Wexler and Sheila Wexler.

“The Jewish Recovery Center was founded to address addiction treatment in the context of Judaism,” said Rabbi Meir Kessler, founder and executive director of the Jewish Recovery Center. “Jews in particular often struggle with the stigma long associated with substance abuse. Addiction is a disease and recovery is something that should be celebrated. We are thrilled to be able to offer a platform for continued encouragement and mutual support. Currently, we are finalizing plans for the third annual event, which has seen an increase in interest and attendance since its inception.”

Costs for the retreat weekend are \$299 per person, which includes activities and all meals. Special hotel accommodations are available at the Boca Raton Marriott for Friday, February 7th and Saturday, February 8th. For more information, or to register for the retreat, please visit www.JewishRecoveryCenter.com.



A magical Valentine gratitude tour for grownups

Join the Duchess of Doodle™, writer/artist Karen Jean Leventhal, for a Gifts of Gratitude Funshop Celebration on Saturday, February 8th from 11 am to 1:30 pm at Unity of Delray Beach in the Mary Kupferle Fellowship Hall.

Bring along your personal choices of arts and crafts supplies with you, such as paper, wrapping paper, pencils, shoe boxes, cartons, baskets, bows, tote bags, card stock, fabric scraps, buttons, beads, sequins, glitter, tape, scissors, markers, crayons, and even hats and aprons to create your own Magical Gratitude Vessel. This is something your imagination will create to attach your own special affirmations to. This symbolic container will be a daily reminder that abundance is there for everyone, and that we all have wondrous and magical good to be thankful for.

Gratitude Goodies and Gumdrops Galore will be served. This is an event for grownups who are children at heart. Reservations a must: For more information call 561-276-5796 by 4 p.m. Tuesday, February 4.

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*Take 55% off "Tender Hugs and Kisses with Chocolates" and 20% off minimum product purchase of \$29.00. Discounts: (i) apply to the regular price of the products, (ii) will appear upon checkout and cannot be combined with other offers or discounts, unless specified, and (iii) do not apply to gift cards or certificates, international delivery, shipping & handling, taxes, or third-party hosted products (e.g. wine). Discounts not valid on bulk or corporate purchases of 10 units or more. Images in this advertisement may include upgraded, premium containers which are available for an additional charge. Prices valid while supplies last. Offer expires 2/13/2014.



at the library

UKULELE GET-TOGETHERS EXTENDED AT THE DELRAY BEACH PUBLIC LIBRARY

The Delray Beach Public Library has decided to extend the popular Ukulele Get-Together program on Tuesday evenings from 6:00 – 7:30 p.m. through the month of April. Everyone had such a good time strumming and singing with other ukulele lovers, that the Library has decided to schedule two sessions per month. Join us at the Ukulele Get-Together on the following dates:

Ukulele Get-Together

Tuesdays @ 6:00 p.m.

February 11 & 25

March 11 & 25

April 8 & 22

Registration is required. Please call Tavit at 561-665-1718 or e-mail him at tavitandlynn@gmail.com to reserve your spot!

These programs are free and open to the public. For further information on the many programs at the Delray Beach Public Library, please visit our website at www.delraylibrary.org or call the Director of Community Relations at 561-266-9490.

FREE RESUME COACHING

Former Executive Recruiter and Technical Writer Merrill Rutman, Library Volunteer, will be offering free private, 30 minute resume coaching sessions through March 29th, 2014. They will be held in the Library's Empowerment Zone (E-Zone) on the second floor.

The sessions are on Thursdays from 1:00 – 4:30 p.m. on a reservations only basis. A Delray Beach Public Library card is required. Mr. Rutman will offer help with resume creation and format, advice, and planning.

These sessions are free and open to the public. For more information and reservations, visit the Library's Reference Desk, or call 561-266-0196 or e-mail delraybeachpubliclibrary@gmail.com.

FREE FCAT TUTORING

For the fourth year, the Teen Advisory Board (TAB@DBPL) at the Delray Beach Public Library will be offering FREE FCAT TUTORING for all children in Grades 3, 4 & 5. The February schedule is as follows:



February 2014

Monday, February 3, 10, 24 – FCAT Tutoring – 4:00-6:00pm – 1st Floor Small Auditorium

Monday, February 17 – President's Day – Library Closed – NO FCAT Tutoring.

Wednesday, February 5, 12, 19, 26 – FCAT Tutoring – 4:00-6:00pm – 1st Floor Small Auditorium

Saturday, February 1, 8, 15, 22 – FCAT Tutoring – 1:00-4:00pm – 1st Floor Small Auditorium

For further information on the TAB@DBPL and the many Young Adult programs at the Delray Beach Public Library, please

visit our website at www.delraylibrary.org or call Reference, Young Adult Librarian & TAB Advisor Loanis Menendez-Cuesta @ 561-819-6299 or e-mail her at loanis.menendez@delraylibrary.org for more details.

MUSICAL MATINEE WITH PAUL BATITSKY

Musical Matinee #2 - Sunday, February 2, 2014 @ 2:00 p.m. - Paul Batitsky, world-class, Ukrainian born pianist, joins the Sunday Musical Matinee Series with his extraordinary talent. Playing jazz from ragtime to swing, American standards and music from Greece and Israel with perfect pitch, this will be a concert you will not soon forget.

For further information on the many programs at the Delray Beach Public Library, please visit www.delraylibrary.org or call 561-266-9490. Please "like" the library on Facebook: www.facebook.com/DelrayBeachPublicLibrary.



schools



Bootsie will help children learn at the Delray Beach Public Library

The Delray Beach Public Library, 100 West Atlantic Avenue, is pleased to announce an exciting new program in the Children's Department beginning on Saturday, February 2, 2014 @ 2:00pm. It is called "The Pawsitive Reading Program" and will feature Bootsie, a Therapy Dog trained and owned by Evan Kotler, a Children's Department employee.

This program will allow children who may need extra help in reading and interpersonal communication, to read to Bootsie in a comfortable, non-judgmental environment. Even though the children believe they are teaching the dog to read, in fact, with Bootsie as a comfortable, attentive audience, they are actually teaching themselves to read.

A child who may be hesitant to read aloud to his peers will be less stressed when reading to a dog and the dog never judges the child's reading ability.

For further information on this exciting new program please contact the Children's Department at 561-266-0197. Registration is required and a sign-up sheet is located at the Children's Desk at the Library.

Delray Beach selected as 2013 Pacesetter: City recognized for community effort to promote early reading

The City of Delray Beach campaign to improve reading proficiency among its youngest students has been recognized as a 2013 Community Pacesetter by the Campaign for Grade Level Reading, an honor that reflects the energy, mobilization and creativity that the local community has brought to this important work.

"We are honored to receive a Pacesetter Award from the National Campaign for Grade Level Reading and be recognized

for mobilizing our City in addressing 3rd grade reading proficiency," said Mayor Cary Glickstein. "Our City understands greater economic development requires world class schools and educational opportunities. Our Campaign for Grade Level Reading is part of a strategic foundation to implement successful educational initiatives for all of our schools."

Delray Beach launched its Campaign for Grade Level Reading, making it one of the 140 communities working with the GLR Campaign, a nationwide movement of local leaders, states, nonprofits, and foundations putting a stake in the ground on third-grade reading. The communities are adopting a collective impact strategy, engaging the full community around the goal of supporting low-income children from birth through third grade.

Acknowledging that schools alone cannot address all the challenges that keep children from learning to read, Delray Beach created a mobilization team including many businesses and non-profits such as: the City of Delray Beach, Children Services Council, Delray Beach Center for the Arts at Old School Square, Delray Beach Public Library, AmTrust Bank, The School District of Palm Beach County, Palm Beach County Literacy Coalition, Prime Time Palm Beach County, Palm Beach County Human Services Division, and The Achievement Center for Children and Families. Collaboratively, this team helped Delray Beach accomplish an assortment of successes to ensure that children arrive at kindergarten ready to succeed, attend school regularly and keep learning through the summer months.

Some highlights include: the infusion of summer academics in 5 summer camps that service low income children and distribution of books to over 500 children that attend Pine Grove and Orchard View Elementary

Schools to stem summer learning loss. A citywide attendance program was launched this year under the direction of the Mayor to decrease the number of children that are chronically absent and tardy to school.

The City is preparing more low-income children to be ready for kindergarten by expanding opportunities for children to attend Voluntary Pre-Kindergarten programs, quality child care facilities, and pre-natal programs. The City also recognizes that making inroads to improve third grade reading requires a communitywide effort and created Delray Reads Day, an annual event where 260 volunteers read to children in every public elementary classroom in the City.

"We are impressed and inspired by what Delray Beach has accomplished so far," said Ralph Smith, managing director of the Campaign for Grade-Level Reading and a senior vice president at the Annie E. Casey Foundation. "With its commitment, resourcefulness and collaborative spirit, Delray Beach truly is setting the pace and providing a model for communities across the nation who are seeking to give more children from low-income families a chance at a brighter future."

Delray Beach is proud to have been named one of the 32 finalists for the 2012 All-America City Award for their Campaign for Grade Level Reading Community Solutions Plan that has helped to mobilize the community and they have received both local, state and nationwide recognition for their efforts.

About Delray Beach's Campaign for Grade Level Reading

Part of a national call to action from the National Civic League in 2011, Delray Beach's Campaign for Grade Level Reading is a community-wide effort led by the City of Delray Beach to increase third-grade reading scores by 50 percent by the year 2020. This program resulted in the City being named as a finalist for the National Civic League (NCL) 2012 All-America City award, a prestigious award that the City has been honored to earn two previous times - 1993 and 2001.

Habitat for Humanity of South Palm Beach County's Collegiate Challenge

Over the last ten years, Habitat for Humanity of South Palm Beach County has hosted the Collegiate Challenge, a year-round alternative break program for thousands of high school and college students, as well as youth from church groups and other community organizations. This week, fifteen Canadian college students from McGill and Concordia Universities, who are also members of Montréal's Jack Reitman Hillel House, which advances awareness and understanding of Jewish culture and values, arrived in Florida to spend the week working side-by-side with future Habitat for Humanity homeowners building homes in Boynton Beach.

Habitat, a nonprofit, Christian organization dedicated to eliminating substandard housing and homelessness, contacted Jenni Frumer and Maxine Wolgin of Alpert Jewish Family & Children's Service to coordinate local collaborations with Jewish organizations that might be willing to provide special meals and accommodations for these students. The response was overwhelming!

The Chabad Student Center at Lynn University, B'Nai Torah Congregation in Boca Raton, The Hillel of Broward and Palm Beach, located at the Florida Atlantic University Campus in Boca Raton, The Adolph & Rose Levis Jewish Community Center and the Alpert Jewish Family & Children's Service have donated meals and housing facilities. Additionally, local families will provide kosher meals in their homes while other families will provide meals and snacks on the job site. But it is not all work for these generous young adults, as tickets for recreational activities were also donated.

"We are honored to have the opportunity to work with these students from Montréal, as they help make a family's dream to own a safe affordable home come true. We are so grateful to our community partners and local families who have helped make this a very special trip for these Canadian students" said Michael Campbell, Habitat for Humanity of South Palm Beach County's, Executive Director.

Delray Beach Mayor Invites Students to Participate in "If I Were Elected Mayor..." Essay Contest

Mayor Cary Glickstein invites seventh grade students attending public school in our City to participate in the "If I Were Elected Mayor..." essay contest. Sponsored by the Florida League of Mayors and the Florida League of Cities, this statewide contest will help to increase students' awareness of municipal government and promote the importance of civics education.

Essays will be judged by a committee comprised of members from the Florida League of Mayors Board of Directors. Three winners statewide will be selected and each will receive a joint Resolution from the Florida League of Mayors and the Florida League of Cities, to be presented by their Mayor. In addition, prizes will be awarded as follows:

1st Place - \$100 Gift Card and an opportunity to be "Mayor" for a day

2nd Place - \$50 Gift Card

3rd Place - \$25 Gift Card

Please note that the essay contest is open to seventh grade students attending a Florida public school and every student who submits an essay will receive a participation certificate. Entries must be postmarked by March 14, 2014.

For contest rules and official entry form, visit www.mydelraybeach.com and select "If I Were Elected Mayor..." Essay Contest under News.



15th Annual
Delray Beach

Garlic Fest

"A Gourmet
Food &
Entertainment
Event"

Presented by



Featuring
Garlic Chef
Competition

Children's Area
Full Liquor Bars

180 Artist & Crafters

FRIDAY
\$10 (5 pm - 6:00 pm)
\$20 (after 6:00 pm)

SATURDAY
\$10 (11 am - 6:00 pm)
\$20 (after 6:00 pm)

SUNDAY
\$10

Gates Open

FRI. Feb. 7 (5:00 pm - 11:00 pm)
SAT. Feb. 8 (11:00 am - 11:00 pm)
SUN. Feb. 9 (11:00 am - 7:00 pm)

Located

Downtown at Delray Beach
Center for the Arts

(Proceeds benefit local non-profit
organizations, staffing event)

No Pets • No Coolers
No Chairs • No Refunds
No Outside Food or Beverages

www.dbgarlicfest.com

561.279.0907

Like us on Facebook

Main Stage Nat'l Acts

FRIDAY, FEBRUARY 7
6:00 PM

FABULOUS FLEETWOODS
8:30 PM
**COLLECTIVE
SOUL**

SATURDAY, FEBRUARY 8

12:30 PM
ANDY CHILDS
2:30 PM
TAYLOR ROAD BAND
4:00 PM
NUCKLEBUSTERS
6:30 PM
ANDY CHILDS BAND

DISPATCH

SUNDAY, FEBRUARY 9

9:30 PM
WORSHIP SERVICE
Oceans Edge School & The Avenue Church
12:30 PM
ANDY CHILDS
with guest appearance by Mary Gaines Bernard

2:00 PM
AMBER LEIGH BAND

4:00 PM
B STREET BAND
The Original Bruce Springstein Tribute Band

6:00 PM
U2 BY UV
The U2 Tribute Show!

Garlic Chef Stadium Schedule

2012-2013 Reigning Garlic Chef
Bruce Feingold of Dada's, Delray
Beach returns to defend his title

CHECK OUR WEBSITE FOR
COMPLETE SCHEDULE

SPONSORS



CONTRIBUTING SPONSORS

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- COSTCO • VACATION VILLAGES • PERO FAMILY FARMS • WALMART •



events calendar

SATURDAY • FEBRUARY 1

Artist Val Grant - Starting February 1 and throughout the month of February. Oil paintings entitled "Heat, couples in sensual positions. Pineapple Grove Arts District. 3rd & 3rd Downtown Delray. Call Valerie for information 864-561-4442. 206 NE 2nd St. Suite 101. www.valgrantstudio.com

Nancy Kelly | Jazz — 8pm. Arts Garage. Award winning vocalist. \$25-\$35 in advance. 561-450-6357 artsgarage.org

SUNDAY • FEBRUARY 2

Sunday Musical Matinee | Paul Batisky — 2pm. Delray Beach Public Library. World-class Ukrainian pianist playing jazz. \$15 individual show. 561-266-9490 delraylibrary.org

FEBRUARY 2 - 16

You Can't Take It With You — Sat. & Sun. 2pm; Thurs, Fri, Sat 8pm. Delray Beach Playhouse, 950 NW 9th St. Pulitzer Prize winning comedy. \$30; \$15/students. 561-272-1281 ext. 4

MONDAY • FEBRUARY 3

South Florida Symphony Orchestra — 7:30pm. Delray Beach Center for the Arts / Crest Theatre. Master Concert Series. 561-243-7922 delraycenterforthearts.org southfloridasymphony.org

MONDAY • FEBRUARY 3, 10

Lifelong Learning Community Institute — 2pm. Total Brain Workout. delraylibrary.org

TUESDAY • FEBRUARY 4, 11

Lifelong Learning Community Institute — 2pm. Counter Intuitive History: The Grand Stories Behind Historical Facts. delraylibrary.org

FEBRUARY 4-9, 11-16, 18-23, 25-28

Shark Feeding — 10:30am Tues-Sat; 1:30pm Sun. Sandoway House Nature Center. \$4 admission fee ages 3+. 561-274-7263 sandowayhouse.org

WEDNESDAY • FEBRUARY 5

Southern Handcraft Society — 7pm. Veterans Park Senior Center. Meeting of Pineapple Grove Chapter with desserts. mhinken@gmail.com.

FEBRUARY 5, 8, 12, 15, 19, 22, 26

Alligator Feeding — 1pm. Sandoway House Nature Center. 142 S. Ocean Blvd. \$4 admission fee ages 3+. 561-274-7263 sandowayhouse.org

WEDNESDAY - THURSDAY • FEBRUARY 5 - 6

Casablanca | Radio Theatre — 7:30pm. Arts Garage. Timeless love story. \$15-\$25 in advance. 561-450-6357 artsgarage.org

THURSDAY • FEBRUARY 6

Vixity Grand Opening. 5-7 pm. Raffles, Drinks, Hor D'oeuvres, meet and greet with the Designers. Fine jewelry, Bridal jewelry, Fine gifts, Home decor. sales@vixity.com 561-270-3544. 812 E. Atlantic Ave, Delray Beach 33483. www.vixity.com

Lunch With Liz @ the Library — 11:30am. Library. Liz Sterling on Wake Up Calls based on insights of Joan Lunden. Free. 561-266-9490 delraylibrary.org

Olive Kitteridge — 2pm. Delray Beach Playhouse, 950 NW 9th St. Books on Stage. \$25. 561-272-1281 ext. 4

THURSDAY • FEBRUARY 6, 13

Lifelong Learning Community Institute — 2pm. Sing a Song of Social Protest. delraylibrary.org

FRIDAY • FEBRUARY 7

Love Stories — 2pm. Delray Beach Playhouse, 950 NW 9th St. Interactive theatre. \$25. 561-272-1281 ext. 4

Peter and Will Anderson | Jazz — 8pm. Arts Garage. Virtuosos on clarinet & saxophone. \$25-\$35 in advance. 561-450-6357 artsgarage.org

FRIDAY - SUNDAY • FEBRUARY 7 - 9

Garlic Fest — Fri 5-11pm, Sat 11am-11pm, Sun 11am-8pm. Old School Square. Gourmet food & entertainment event with live national act entertainment, cooking competitions and demonstrations, family activities http://dbgarlicfest.com/

SATURDAY • FEBRUARY 8

The Olive Taste of Delray — 1pm. Executive Chef Ellis of 3rd and 3rd Restaurant prepares special Valentine's recipe. Free. Space is limited. 561-266-228 info@theolivetasteofdelray.com.

Federico Britos Quintet | Jazz — 8pm. Arts Garage. 5-time Grammy winner. \$25-\$35 in advance. 561-450-6357 artsgarage.org

First Church of Christ, Scientist. 3 pm. Lecture by Jon Benson. When "Impossibilities" happen-Whats behind it. 200 SE 7th Ave, Delray Beach 33483. Call 561-734-4717 or 561-601-9011 for more information.

SATURDAY - SUNDAY • FEBRUARY 8-9

Artists in the Park - 10am-5pm. Outdoor Art Shows at Veterans Park. Presented by Delray Art League.

SUNDAY • FEBRUARY 9

Swing for the Cure | Benefit Concert — 7pm. Arts Garage and Leukemia and Lymphoma Society fundraiser featuring Chloe Dolandis. \$30-\$35 in advance. 561-450-6357 artsgarage.org

The public is invited to attend the 27th Annual Southbeach Blast one-day bus trip leaving the Delray Beach Public Library rear parking lot at 9:30am. Mimosas & Muffins begin the morning and then stroll the Antique Collectible Market on Lincoln Road. A three-course at Smith & Wollensky's on the Water will follow. Then view Art Deco architecture and a visit to an Art Exhibit in Ocean Drive Hotels! All inclusive cost is \$90, if RSVP by January 12, 2014. For more info visit www.ArtDecoPB.org or call (561) 276-9925.

Fourth Annual Walk for Life - 8am- 1pm Florida Atlantic University, 777 Glades Road in Boca Raton \$25 for pre-registry / \$30 day of race Through Gift of Life, Walk for Life raises awareness about the need to increase the number of donors in the worldwide registry so that more matches can be found for patients in need. To date, Walk for Life has sponsored over 3,200 new donors and found matches for 36 patients in need. Please visit www.giftoflife.org/walkforlife for more information. Gift of Life Bone Marrow Foundation, (Marti Freund, 561-923-0993, mfreund@giftoflife.org)

MONDAY • FEBRUARY 10

Booksigning — 7pm. James Patterson author of Private LA. Murder on the Beach Mystery Bookstore, 273 NE 2nd Ave. Ticketed event. 561-279-7790 murderonthebeach.com

MON - THURS • FEBRUARY 10-13, 17-20

Call Me Madam! — 2 & 8pm. Delray Beach Playhouse, 950 NW 9th St. A tribute to Ethel Merman. \$30; \$15/students. 561-272-1281 ext. 4

THURSDAY • FEBRUARY 13

Robert D. Chapin Lecture Series | Elizabeth Smart — 2 & 5:30pm. Delray Beach Center for the Arts/Crest Theatre. \$30/\$45. Inspirational message of life after a tragic event. 561-243-7922 DelrayCenterForTheArts.org

Frane and Ivana Mlinar Exhibit Opening — 6:30pm. Arts Garage. "Recipe for Happiness" collaborative exhibition of original paintings. 561-450-6357 artsgarage.org

ARTISTS ALLEY

OPEN STUDIOS & GALLERIES

THURSDAY, FEBRUARY 20 • 6-9PM

All artists will be available to discuss their works. Painting...Pottery...Sculpture...Works of Art

ARTISTS ALLEY - runs north and south between NE 3rd and 4th Streets, east of 3rd Avenue and west of the RR tracks in the Pineapple Grove Arts District in downtown Delray Beach.

FOR MORE INFO - Call Vincent Cacace 561-276-1177 or 561-523-5300

THURSDAY • FEBRUARY 13, 27

Steel Drum Cruise — 6-8pm. Delray Yacht Cruises, 801 E Atlantic Ave. \$25. 561-243-0686 ext. 301 meghan@delrayyachtcruises.com

FRIDAY • FEBRUARY 14

Valentine's Special | Roseanna Vitro — 8pm. Arts Garage. Grammy-nominated vocalist shares smooth sounds. \$25/\$35 in advance. 561-450-6357 artsgarage.org

Valentine's Day Dinner Cruise — 6:30-9pm. Delray Yacht Cruises, 801 E Atlantic Ave. \$80. 561-243-0686 ext. 301 meghan@delrayyachtcruises.com

FRIDAY - SUNDAY • FEBRUARY 14 - 16

HAIR - The American Tribal Love Rock Musical — Fri 8pm; Sat 2 & 8pm; Sun 2pm. Delray Beach Center for the Arts / Crest Theatre. Award winning revival brings "Age of Aquarius" to Delray. \$45. 561-243-7922 DelrayCenterForTheArts.org

FEBRUARY 14 - 23

Delray Beach Open - Delray Beach Tennis Center. World's only combined ATP World Tour and ATP Champions Tour event. 561.330.6003

SATURDAY • FEBRUARY 15

Johnny Rawls | Garage Blues — 8pm. Arts Garage. Soul-flavored blues, solid pop hooks, smooth vocals & stax-style horns. \$25/\$30/\$35 in advance. 561-450-6357 artsgarage.org

SATURDAY - SUNDAY • FEBRUARY 15 - 16

Delray Art League Artists in the Park — 10am-4:30pm. Delray Beach Center for the Arts. Fine art exhibitions and sales. 561-243-7922, DelrayCenterForTheArts.org

SUNDAY • FEBRUARY 16

Mark Morganelli | Jazz — 7pm. Arts Garage. Flugelhornist & Jazz Forum Arts Executive Director and his All-Stars featuring veteran pianist Don Friedman. \$25/\$35 in advance. 561-450-6357 artsgarage.org

MONDAY • FEBRUARY 17

Town Hall Lecture Series | Leigh Gallagher — 6-8pm. Crest Theatre. Assistant Manager Editor of Fortune Magazine on "Where the American Dream is Moving: The Importance of Cities in the 21st Century." 772-221-4060 lgulick@trcpc.org

TUESDAY • FEBRUARY 18

Wine Seminars — 6-8pm. Murder on the Beach Bookstore, 273 NE 2nd Ave. Mark Spivak on Old World vs. New World and The Wines of Spain. \$50. 561-279-7790 murderonthebeach.com

Please Send Your Calendar Listings To: Calendar@delraypineapple.com

Advantage Golf Cars

(561) 767-8055 | ADVANTAGEGOLFCARS.COM

events calendar

TUESDAY • FEBRUARY 18

Art on the Road: Palm Beach - This season the Cultural Council of Palm Beach County brings you to the art with exclusive bus tours. Many galleries and studios are not open to the public so this is a one-of-a-kind opportunity to meet fascinating collectors, artists and owners of some of the most well-known venues in Palm Beach County. 8:45am-12:45pm \$50 public / \$40 members www.palmbeachculture.com. Phone for reservations: Kristen Smiley 561-472-3342 or email ksmiley@palmbeachculture.com

WEDNESDAY • FEBRUARY 19

An Evening with Sam Harris- 8pm. Delray Beach Center for the Arts / Crest Theatre. Tickets \$35. Singer/songwriter, actor, producer, director, author on selections from his new book. 561-243-7922 DelrayCenterForTheArts.org

ProActive Health Screenings. Delray Beach 8 am - 12 noon 7 ultrasound screening tests for \$139. Bring a friend for \$10 off. Delray Beach Community Center/Pompey Park (1101 NW 2nd St, 33444) Call for an appointment. 855-738-9910. www.proactivehealthscreenings.com

THURSDAY • FEBRUARY 20

National League of American Pen Women fundraiser for college women in the arts luncheon and discussion - 11:30am Prudy Taylor Board, Author and Publisher shares her writing expertise and 101 Writing Tips - Price: \$28.00 - Delray Beach Golf Club, 2200 Highland Ave. Delray Beach, FL 33445. www.bocapenwomen.org 561/865-9756

Artists Alley Open Studios - 6-9pm - Pineapple Grove Arts District between NE 3rd & 4th Streets, east of 3rd Ave, west of RR tracks. artistsalleydelray.com

The Artists' Guild Gallery - 6-8pm. 512 E Atlantic Ave. Opening reception 561-278-7877 bocaguild.com

Meet the Masters | Dick Hyman - 7pm. Arts Garage. Lving, breathing, swinging encyclopedia of Jazz with expertise in creating, performing music for major films & TV. \$10. 561-450-6357 artsgarage.org

FRIDAY • FEBRUARY 21
Early Elton - Tribute to Elton John Trio Tours from 1970-1972. Delray Beach Center for the Arts. Crest Theatre. www.delrayarts.org. Call 561-243-7922 or visit box office. VIP tickets available.

FRIDAY • FEBRUARY 21
Dick Hyman | Jazz - 8pm. Arts Garage. Award winning pianist, organist, arranger, music director, composer. \$25/\$35/\$45 in advance. 561-450-6357 artsgarage.org

SATURDAY • FEBRUARY 22
22 - 17th Annual Chili Cook-off - 10am-12noon. GreenMarket, Delray Beach Center for the Arts / Old School Square Park. Traditional, new age & vegetarian chili. delraycra.org

Manuel Valera & New Cuban Express | Jazz - 8pm. Arts Garage. Grammy-nominated jazz pianist and composer. \$25/\$30/\$35. 561-450-6357 artsgarage.org

SATURDAY - SUNDAY • FEBRUARY 22 - 23
Delray Art League Artists in the Park - 10am-4:30pm. Delray Beach Center for the Arts, Old School Square. Fine art exhibitions and sales. 561-243-7922 DelrayCenterForTheArts.org

SATURDAY - SUNDAY • FEBRUARY 22 - 23
Boxer Shorts 3 - Sat 7pm; Sun 1 & 5pm. Delray Beach Playhouse, 950 NW 9th St. Palm Beach Playmakers with some fresh new shorts. \$12 advance; \$15/day of show. 561-272-1281 ext. 4

MONDAY • FEBRUARY 24

Lifelong Learning Community Institute - 10:30am. Exploring Philosophy Through Films. delraylibrary.org

Lifelong Learning Community Institute - 2pm. The Exotic Influence on Classical Music. delraylibrary.org

TUESDAY • FEBRUARY 25

Lifelong Learning Community Institute - 2pm. U.S & Israeli Politics: Contemporary Middle East Crises. delraylibrary.org

Playwright Workshop - 7pm. Delray Beach Playhouse, 950 NW 9th St. Carol White talks on the short play. Free. RSVP to delraybeachplayhouse@gmail.com.

Lifelong Learning Community Institute - 2pm Popular Jewish Composers plus U.S & Israeli Politics: Contemporary Middle East Crises. delraylibrary.org

TUESDAY - THURSDAY • FEBRUARY 25 - 27
Wayside House Spring Boutique to benefit Wayside House - Colony Hotel. Complimentary valet parking. aweinwurm@waysidehouse.net

WEDNESDAY • FEBRUARY 26

Candidates Forum - Crest Theatre. 6:30pm. Moderated by former news anchor Jim Sackett. Presented by the Chamber of Commerce.

THURSDAY • FEBRUARY 27

ProActive Health Screenings. Boca Raton 9:30 am - 1:30 pm 7 ultrasound screening tests for \$139. Bring a friend for \$10 off. Boca Raton Community Center (150 Crawford Blvd, 33452). Call for an appointment. 855-738-9910. www.proactivehealthscreenings.com

The Vietnam Wars Part II - 2pm. Delray Beach Public Library. History of the Vietnam Wars with Dr. Donald Borsand. Free admission. 561-266-9490 delraylibrary.org

FRIDAY • FEBRUARY 28

Fighting over Beverly by Israel Horowitz | Theatre - 7:30pm. Arts Garage. Romantic comedy centers on love triangle between 70+ year olds. \$30/\$35/\$45 in advance. 561-243-7922 DelrayCenterForTheArts.org

EXHIBITS

Through February 2 - School of Creative Arts Showcase - Delray Beach Center for the Arts / Crest Theatre Galleries. Multi-media exhibit showcasing work by adult and youth students and instructors. 561-243-7922, DelrayCenterForTheArts.org

Through February 2 - Elvis: Grace & Grit. Delray Beach Center for the Arts/Cornell Museum of Art & American Culture. Old School Square, 51 N. Swinton Ave. \$8 general admission; \$6 senior & students; free 10 years and younger. Palm Beach County residents free admission every Thursday. www.DelrayCenterForTheArts.org 561-243-7922

Through February 2 - Flashback: A Retro Look at the '60s and '70s. Delray Beach Center for the Arts/Cornell Museum of Art & American Culture. Old School Square, 51 N. Swinton Ave. \$8 general admission; \$6 senior & students; free 10 years and younger. Palm Beach County residents free admission every Thursday. www.DelrayCenterForTheArts.org 561-243-7922

Through February 23 - Breaking Boundaries: Contemporary Street Fashion in Japan: Popular and imaginative clothing styles made and worn on the streets of Japan today. Contemporary Kogei Styles in Japan: Nearly 90 contemporary arts and crafts or kogei-style works comprising ceramics, textiles, lacquerware, dolls, and works of metal, wood, bamboo, and glass. Morikami Museum & Japanese Gardens, 4000 Morikami Park Rd. www.morikami.org 561-495-0233

February 1 - 28 - Watercolors, Mixed Media by Darlene Erickson. Delray Beach Public Library. delraylibrary.org

February 4 - April 27 - Delray Art League- Delray Beach Center for the Arts / Crest Theatre Galleries Multi-media exhibit showcasing oils, watercolors, acrylics, sculptures and photographs.

February 14 - May 11 - National Juried Exhibition - Delray Beach Center for the Arts / Cornell Museum of Art & American Culture. Juried works by artists from around the United States

February 16 - March 22 - Juried Art Exhibition - Artists' Guild Gallery, 512 E Atlantic Ave. Fine art paintings, sculptures, and photography. 561.278.7877 bocaguild.com

February 28 - April 18 - Oil Paintings & Giclees - Delray Beach Public Library. Art by Carol Gold

Through March 2 - Art Exhibit "Journeys" featuring the paintings of artist, Vicki Siegel, at the Weisman Delray Community Center, through March 2, 2014. Artist reception and brief artist talk, Sunday Feb. 16th 2-4pm. The Center is located at 7091 W. Atlantic Ave. in Delray Beach. Monday - Thurs. 9am - 5pm. Friday 8:30am - 4:30pm. Free and open to the public. Call 561-558-2100

library calendar

CALENDAR OF EVENTS • FEBRUARY 2014

MONDAY, FEBRUARY 17
LIBRARY CLOSED - PRESIDENTS' DAY

NO PROGRAMS FEBRUARY 14 - 23
DUE TO INT'L TENNIS CHAMPIONSHIPS

Saturday, February 1 & 8 @ 10:00 am
The Writer's Studio weekly Saturday morning program Contact Howard Gleichenhau 561-638-7251

Sunday, February 2 @ 2:00 pm - "Sunday Musical Matinee Series" presented by pianist Paul Batitsky

Monday, February 3 & 24 @ 10:00 am
Craft Series - "Quilting Bee" - twice monthly quilting class presented by Karen Pugh & Linda Bouvier

Monday, February 3, 10 & 24 @ 1:00 - 4:30 pm
Empowerment Zone presented by Reference Department

Monday, February 3 & 10 @ 2:00 pm
Lifelong Learning Community Institute Course - "Total Brain Workout" - See brochure for course listings and fees

Monday, February 3, 10 & 24 @ 5:15 pm
Got Gaming! presented by Young Adult Librarian Loanis Menendez-Cuesta

Monday, February 3 @ 4:30 pm - Financial Conversation on Mondays - "Taking Control of Your Retirement" presented by Merrill Lynch Wealth Management

Tuesday, February 4 & 11 @ 2:00 pm
Lifelong Learning Community Institute Course - "Counter Intuitive History: The Grand Stories Behind Historical Facts" - see brochure for course listings and fees

Wednesday, February 5, 12 & 26 @ 11:30 am
Socrates Cafe - Weekly discussion group facilitated by Don Clare, Claire Drottell and rotating group leaders

Wednesday, February 5 & 12 @ 2:00 - 3:30 pm
Lifelong Learning Community Institute Course - "Potpourri" - See brochure for course listings and fees

Thursday, February 6 & 27 @ 10:30 am
Craft Series - "Knit 'N Purl" twice monthly knitting class presented by rotating facilitators

Thursday, February 6 @ 11:30 pm
Lunch with Liz @ the Library - "Wake Up Calls" based on the insights of Joan Lunden presented by radio personality & columnist Liz Sterling

Thursday, February 6, 13 & 27 @ 1:00 - 4:30 pm
Empowerment Zone presented by Reference Department

Thursday, February 6 & 13 @ 2:00 - 3:30 pm
Lifelong Learning Community Institute Course "Sing A Song of Protest" - See brochure for course listings and fees

Friday, February 7 & 28 @ 10:00 am
Great Books Discussion Group - "Great Conversations Four" presented by Gilbert Schechtman

Tuesday, February 11 @ 6:00 pm
Evening Book Group - And the Mountain Echoed by Khalid Hosseini presented by rotating book group leaders

Thursday, February 13 & 27 @ 10:00 am
Great Decisions Discussion Group presented by Carl Wetstein

Thursday, February 13 @ 10:30 am
Publix Apron's Cooking School Demonstration - "Wine & Dine in Monterey" presented by Resident Chef Rey De La Osa

Monday, February 24, March 3, 10 & 17 @ 10:30 am - 12:00 noon - Lifelong Learning Community Institute Course - "Exploring Philosophy Through Films" - See brochure for course listings and fees

Monday, February 24, March 3, & 10 @ 2:00 pm
Lifelong Learning Community Institute Course - "The Exotic Influence on Classical Music" - See brochure for course listings and fees

Monday, February 24 @ 2:00 pm
Cercle Français - French conversation group with rotating facilitators

Tuesday, February 25, March 11 & 18 @ 2:00 - 3:30 pm - Lifelong Learning Community Institute Course - "U.S & Israeli Politics: Contemporary Middle East Crises" - See brochure for course listings and fees

Tuesday, February 25 @ 3:00 pm - Healthy Living Series "TBA" presented by Delray Medical Center

Wednesday, February 26, March 5, 12 & 19 @ 2:00 - 3:30 pm - Lifelong Learning Community Institute Course - "Popular Jewish Composers" - See brochure for course listings and fees

Thursday, February 27 @ 2:00 p.m. - Vietnam - Part II presented by Donald Borsand

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February 28 - April 18 - "Oil Paintings & Giclees" by Carol Gold

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Athletes training at ELEV|8 Sports Institute sign college commitments, receive scholarships

Two baseball players will attend St. Louis University; Basketball standout headed to Western Kentucky



Spanish River High School's Michael Brenner (Baseball) has signed a letter of commitment to attend St. Louis University

DELRAY BEACH, FL – Three student athletes training at the ELEV|8 Sports Institute have signed letters of commitments to play at the college level and all will be receiving scholarships to cover costs of their higher education.

"With commitments in hand, these three student athletes can now shift their focus onto preparing for college, both academically and in their respective sports," said Luis Alicea, executive director of baseball at the Delray Beach, FL based Elev|8 Sports Institute. "We expect to see several more of our seniors receiving scholarships in the next few months."

The Elev|8 athletes signing letters of commitment with NCAA Division 1 schools were baseball players Michael Brenner, a senior at Spanish River High School in Boca Raton, FL; and Justin Walker, a senior at Suncoast High School in Riviera Beach, FL. Both will attend St. Louis University.

Basketball standout Derrick (D.J.) Clayton, a 6-foot-5 shooting guard, who also signed a letter of commitment and is receiving a scholarship, will be playing at Western Kentucky University.

DJ Clayton

"D.J. is a prime example of a kid that has unlimited potential," says Cody Toppert, director of basketball operations at the Elev|8 Sports Institute. "He's got tremendous athleticism and explosiveness going to the basket, and in addition to that, he's got a great ability to shoot the ball."

Originally from California, Clayton transferred to ELEV|8 Sports Institute, a residential academic and sports training program, for his senior year to take advantage of the high level of training and competition.

Michael Brenner

Brenner, a centerfielder, has been training with the top-notch coaches at Elev|8 for the past two years and has also continued to play with the South Florida Bandits travel team.

A leader on and off the field, Brenner recruited a handful of other teammates to work with him on several Habitat for Humanity projects in South Florida. **Continued on page 25**

First Annual Fabulous Fashion Week A Success!



Downtown Delray Beach brought fashion boutiques and salons to life through Fashion Week 2014

Delray Beach's DDA, also known as the Downtown Development Authority, Jule Guaglardi, owner of Roxy Lulu boutique, located in the Pineapple Grove Arts District of Delray Beach, along with a string of other local volunteers, have pulled off another successful Delray Beach event. With a focus on fashion and beauty, the team pulled together more than 60 downtown Delray Beach merchants to participate in more than

40 events that spanned the week of January 11th - 19th, 2014 to celebrate the First Annual Fabulous Fashion Week.

One of the main goals of the DDA is to market and promote the downtown businesses driving economic growth and what a fantastic way to do it! "We are very proud to have the opportunity to share with the local residents and visitors to Delray Beach, the unique mix of downtown retail fashion that is now here, from ball gowns, and local designers, to shoes and accessories, all within a 12 block radius" says Marjorie Ferrer, Executive Director, DDA.

The festivities kicked off with 20 beautiful models in two piece bikini's from many of the area's **Continued on page 30**

"We got the beet!" JuiceBuzz is buzzing with superfoods for heart healthy month



DELRAY BEACH, FL – A consummate supporter of healthy lifestyle options -- JuiceBuzz embraces February as Heart Healthy month and introduces "beet-tastic" beverages. Owner Jacqueline Pfeffer-Sheridan and her team of "beet baristas" have served up "Just Beet it" – a lively concoction featuring Apple, Carrot, Celery, Beet Root, Cucumber and Ginger. And, "Give us a Beet", including vibrant ingredients of Carrot, Orange, Apple, Beet Root and Lemon.

The "juicetenders" continue to impress and inspire with signature drinks that contain an abundance of vitamins, minerals and enzymes to purify your body from the inside - out. Beetroot juice stands among the most heart-healthy juices. Approximately 17 ounces of **Continued on page 25**

WELLFEST DELRAY FUNDS SCHOLARSHIPS AT BANYAN CREEK ELEMENTARY SCHOOL

DELRAY BEACH, FL – WellFest™ Delray, a second year event that will be held the weekend of March 8-9, 2014 at Delray Center for the Arts and Hyatt Place, has announced the funding of a scholarship program at Banyan Creek Elementary School to promote fitness, good nutrition and self-esteem. It's a lesson Bob Lipp, WellFest creator, learned at a young age.

"When I was ten my family moved to a new neighborhood with new kids, many of whom had already formed friendships," states Lipp. "That can be difficult for a young person, and it was for me. So when our gym teacher challenged the class to complete a series of fitness tests, I saw it as a chance to connect with some of my classmates. As it turned out, it was also great for my self-esteem."

The WellFest™ Delray Scholarship fund will select two students from the graduating class that according to school guidelines "support a lifestyle that promotes staying fit, eating responsibly and feeling positive about yourself."

Commenting on the program, Principal William Fay Jr. said, "Wellness is a concept that we incorporate into the curriculum at Banyan Creek Elementary School through educational activities and athletic programs. We're delighted that WellFest™ Delray has provided this incentive to further **Continued on page 24**



Weekend of March 8-9, 2014 from 11AM - 5PM
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City of Delray Beach Parks and Recreation

Three spring camps are now open for registration

Delray Beach Parks and Recreation is excited to invite our community youth to register for one of the City's 2014 Spring Break Camps. Registration is now open for the following Spring Break Camp Programs.

Spring Break Skate Camp

505 Teen Center and Hobbit Skate Park
505 NE 5th Avenue
March 17th - 21st & March 24th (6 days)
Times - 9:00 am - 4:00 pm (drop off time 8:30 am, pickup time 4:00 pm - 5:30 pm)
\$144 residents, \$156 non-residents
Contact Danielle Pearson, (561) 243-7158 or pearson@mydelraybeach.com

Six full days of skate camp! Combination of skate instruction, skate park field trips, arts/crafts, trips to movies, bowling, zoo, ice skating, etc. Participants will learn all aspects of skateboarding including board set-up, safety tips, history of skateboarding and skateboard graphic design. Each student must provide their own skateboard, helmet and knee/elbow pads. Snacks will be provided each day. Please bring a bag lunch and water bottle each day.

To register, visit the 505 Teen Center Monday-Friday, 3:00 pm - 9:00 pm or Saturday 12:00 pm (noon) - 9:00 pm. Acceptable forms of payment: cash, credit card (MasterCard or Visa) or check.

Catherine Strong Spring Break Camp

Catherine Strong Splash Park
1500 SW 6th Street
March 17th - March 24th (6 Day Program)
Times - 7:30 am - 5:30 pm
\$80 residents, \$90 non-residents
Contact Erik Lawson, (561) 243-7194 or lawsone@mydelraybeach.com

This camp (14 participants only) for children ages 6-12 years old will include sports and educational activities, arts and crafts, skating and other fun field trips.

Register online or visit Catherine Strong Splash Park Tuesday-Friday 8:00 am - 7:00 pm, Saturday-Sunday 10:00 am - 7:00 pm. Acceptable forms of payment: cash, credit card (MasterCard or Visa) or check.

Junior Lifeguard Program Spring Break Session 2014

Anchor Park
340 South Ocean Boulevard
March 17 - 21
Times - 9:00 am - 11:30 am
\$45 residents, \$50 non-residents
New participants must pass a 100 yard swim test and two minute survival float held at Pompey Pool on March 15th at 10 a.m.
Contact Heather Irurzun or Dianne Gaffney, (561) 243-7352 or gaffney@mydelraybeach.com

Participants are introduced to the skills, training and rescue methods of professional Ocean Rescue Lifesavers. By actively practicing Ocean Rescue skills, participants explore a potential career path while learning the value of physical fitness and beach safety. Swimming, paddling and performing mock rescues in the ocean are daily activities which require competent swimming abilities.

Register online or visit Ocean Rescue Headquarters at Anchor Park Monday-Friday 9:00 am - 4:00 pm. Acceptable forms of payment: cash, credit card (MasterCard or Visa) or check.

5K WALK/RUN AT FAU AIMS TO SAVE LIVES AND RAISE FUNDS FOR BONE MARROW TRANSPLANT RECIPIENTS

BOCA RATON, FL – Gift of Life Bone Marrow Foundation (www.giftoflife.org) will hold its Fourth Annual Walk for Life on Saturday, February 9, 2014 at Florida Atlantic University, 777 Glades Road, Boca Raton. The event will take place from 8 am until 12 pm.

Walk for Life (www.giftoflife.org/walkforlife) is \$25 for advanced registration, and \$30 the day of the event. Students can participate for just \$10. This is a Certified 5K Race and runners and walkers at all levels are encouraged to participate in this family friendly event.

A highly unique aspect of this event includes the introduction – for the very first time – of a donor and a bone marrow transplant recipient. Over a year ago, the recipient, a 59 year old woman diagnosed with leukemia underwent a blood stem cell transplant. She was matched with her donor, a 21-year old male who she has never met. Once the donor was told by Gift of Life that he was a perfect match for the recipient, he immediately underwent the bone marrow donation process to help save her life.

“This is one of the most powerful moments some people may experience in their lifetime,” said Marti Freund, Walk for Life Coordinator. “This annual walk is a critical fundraising initiative for Gift of Life, but the best part is getting to witness such a



Last year, Gift of Life Donor Kate met recipient Rebeca at 2013 Walk

beautifully emotional scene when the donor and the recipient meet face-to-face for the first time.”

Walk for Life is the only 5k event in South Florida that is solely dedicated to raising awareness for bone marrow and blood stem cell transplants. Gift of Life uses funds raised at the Walk for Life to add new donors to the worldwide bone marrow registry. Registering just one volunteer donor through a simple swab process costs \$60. Every year, 100 percent of all net proceeds raised at the Walk are used to add new donor to the

worldwide bone marrow registry. The 2014 fundraising goal is \$80,000. Sponsorships are also available.

Males and females in good health between the ages of 18 and 60 are eligible to be screened and join the worldwide registry for patients in need. A simple swab from the inside of your cheek is all it takes to determine if you are a match.

For more information on the event, sponsorships, or to register, please contact Marti Freund at 561.923.0993 or mfreund@giftoflife.org.

Do You SUFFER FROM HEART RHYTHM ABNORMALITIES?

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Delray Medical Center is the first hospital in South Florida to offer a new option to patients with heart rhythm abnormalities. The revolutionary subcutaneous ICD, recently approved by the FDA, is the first ICD that can defibrillate the heart without using leads threaded to the heart through bloodvessels. This procedure provides a lower chance of complications and it may help you resume an active lifestyle.

To learn more about Delray Medical Center's Heart Rhythm Device Management Program, call 866.432.7894 or visit DelrayMedicalHeart.com



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THE MEANING OF LIFE ACCORDING TO ME

I have searched my entire life to find meaning in everything I do. From going to work, having a relationship, exercising, or even attempting to learn something. I ask myself the same question continuously... What is the point of life and does it matter how I live it? Should I strive for certain material things, enjoy a good party, or thrive on approval of others? Instead, should I be turning over all possessions, live a full holistic life and spend my days and nights meditating on OM.

Everybody seems to have an opinion on how to live your life, from religion, parents, Hollywood, your husband or wife etc. All you can do is listen to the points of view and make your own decision based on the type of person you are.

I recently came across a random article that shed some light on the subject. The article was interpreting The Book of Ecclesiastes in the Bible. This is a well known book that is about a man who led a fruitful life, and in his final days looked back with reflection and narrates this particular book.

He writes, "I searched in my heart how to gratify my flesh with wine, while guiding my heart with wisdom... I made my works great, I built myself houses... I became great and excelled. I looked on all the works that my hands had done and on the labor in

which I had toiled, and indeed all was vanity and grasping for the wind."

After reflecting on his life he concluded, "Eat your bread with joy and drink your wine with a merry heart... Let your garments always be white and let your head lack no oil... Live joyfully with the wife whom you love... Whatever your hand finds to do, do it with all your might, for there is no work or device or wisdom in the grave where you are going."

So what I interpreted from the author, is enjoy life! Drink up. It's ok to have plenty of fun. However, just don't make it all about having fun. Find the best life to live, work your hardest, live to your fullest, love till you burst, and be a good person. Then die knowing anything else wouldn't have really made a difference.

Do not get hung up on being happy every moment of the day, it is part of the human experience to be angry, sad or depressed. Just try to relax into the emotions and take the good with the bad.

In the end It's all vanity anyway. But it's fun, and you get one chance, so you might as well start making the most of it right now, before it's too late.

Write me at: DavidJames.Yoga@gmail.com or call 561-929-8905

"OM"

WASN'T BUILT IN A DAY

by David James



The Palm Beach County Chapter of the National Organization for Women (NOW) is hosting its yearly fundraising Susan B. Anthony Luncheon on Sat. Feb. 22 at 12:00 pm. Doors open at 11:30am. It's being held at the Boca Country Club, 17751 Boca Club Boulevard in Boca Raton. Awards will be given to Rep. Lori Berman and other outstanding feminists. The keynote speaker is Senator Nan Rich. Tickets are \$65.00 for non-members with discounts offered to members. For more information go to www.pbcnow.org, call 561-802-3722 or email adelegg@comcast.net

Boca Raton chiropractor announces expansion of athletic-focused sports chiropractic treatment services

BOCA RATON, FL – Sports Chiropractic and Natural Health Solutions now offers additional support for pro and amateur athletes.

Dr. Todd Rodman of Sports Chiropractic and Natural Health Solutions recently announced an extension of chiropractic services for athletes in Boca Raton and surrounding cities, including Delray Beach.

Biomechanically, chiropractic joint manipulation or mobilization restores normal motion and alignment to the joints assisting in restoring proper mechanics, thus allowing the body to perform at its best through proper alignment.

At SCNHS, the musculoskeletal system is viewed as a collection of interrelated parts that work together to achieve a desired movement. In order to get the most effective therapy, treating the body in layers starting with the outermost soft tissue is important. Then working deeper toward

the skeletal system is part of Dr. Rodman's treatment.

If a muscle has developed scar tissue from overuse or trauma, it will be very tight and may be the reason why the vertebrae has gone out of its normal alignment. If only the chiropractic adjustment is used and the scar tissue is not addressed, then there may just be temporary relief. Combining chiropractic adjustments with highly-effective soft tissue therapies and rehabilitation exercises lead to the long-lasting permanent relief.

"Don't wait for the body to break down to fix it," Dr. Rodman says. "Too many people wait for a catastrophic event to take their health serious. We can help people fix their minor health issues before they become major."

For more information, contact Sports Chiropractic and Natural Health Solutions and make an appointment at (561) 313-9117 or visit its website at <http://scnhs.com>.

Labyrinth Retreat at Duncan Center

DELRAY BEACH, FL – The Duncan Conference Center is holding its annual Labyrinth Retreat "The Hero's Journey" on their beautiful grounds. All are welcome.

The Duncan Center's Labyrinth Retreat will incorporate both the inside and outside Labyrinth walks as well as yoga, breath work and hoop dancing. Sara Dochterman LCSW will facilitate along with Brook Waszak, Benicio Farina and Cassandra Tanenbaum.

"The Hero's Journey" is best described in the book The Hero with a Thousand Faces by Joseph Campbell.

Come explore your own hero's journey and enjoy yourself with overnight accommodations and three wonderful meals by our own Chef!

Friday, March 28 – Saturday, March 29,
 5:30 pm Registration
 \$135 dbl occupancy/\$85 commuter
 Duncan Conference Center
 15820 S. Military Trail in Delray Beach



To register for the Labyrinth Retreat visit their website at www.duncancenter.org or call 561-496-4130.

About the Duncan Conference Center

Duncan Conference Center is located on five serene tropical acres and welcomes over 500 diverse groups a year. It was built in 1985 by the Episcopal Diocese of Southeast Florida as a Conference Center. It has meeting spaces for up to 200 people, an outdoor labyrinth, a beautiful chapel with indoor labyrinth, meeting spaces, lodging for up to 80 people, a dining room and a large pool and spa.



Laura Norman

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Integrative Health Practitioners conduct successful day wellness retreats in Delray Beach

Devin Burke, Holistic Wellness Coach and Founder of Renew Wellness Retreats, believes that people are beginning to seek alternative holistic ways of restoring themselves back to health. That's why he created Renew Wellness Retreats. Renew Wellness Retreats offers day and weekend retreat experiences that are focused on enhancing health and well-being with an integrative approach.

They are conducted by wellness experts ranging from a holistic M.D to an energy healer and held in intimate retreat-like settings. "I was really happy with the turn out for the Grand Opening Wellness Retreat... (held at DU20 Holistic Oasis on January 11th) and was surprised by the age range of participants" Guests ranging in age from 24 years old to 64 years old and traveled as far as Canton Ohio to participant in the Grand Opening Wellness Retreat.

The goal of all Renew Wellness Retreats

is to enhance and promote the health and wellbeing of each guest, while providing tools to be practiced and used when returning back to everyday life increasing health and happiness. While attending a retreat, guest will be exposed to both innovative, holistic treatments as well as knowledge from experts and visiting wellness consultants.

Burke hopes to draw more "out of town" guests to attend his wellness retreats and experience the active community of health conscious individuals and local businesses in the "Village by the Sea".

The next Renew Wellness Retreat is again being held locally at DU20 Holistic Oasis, in Downtown Delray Beach FL, on March 29th with a theme of "Healing the Five Senses". If you want to learn more about attending a Renew Wellness Retreat please visit www.rvretreats.com or contact Devin Burke at (954)708-0970.



Advanced Dentistry lends a helping hand



Katie Schanz, Stacie Baughman and Najea Moss packaging meat for grocery bags for those in need.

BOCA RATON, FL – The team from Dr. Richard Staller's Advanced Dentistry South Florida was glad to lend a helping hand to Boca Helping Hands. It was just before Thanksgiving and the team at Dr. Staller's office volunteered more than 40 hours to help those in need.

Team members carried out groceries to recipient's cars, packaged grocery bags, packed bags of meat and cheese; and others prepared food and handed out food to those in need. Boca Helping Hands does not turn away anyone that is looking for a warm meal. With only a few actual employees, they rely heavily on volunteers.

"Giving back to the community is one of our core values. We strongly believe in helping others and this is just one of the ways our team has shown this commitment. During the holidays especially, we all remember how grateful we are for what we have and it is important to help others who are less fortunate," said Dr. Richard Staller.

The team at Advanced Dentistry South Florida was not the only volunteers at Boca Helping Hands. Volunteers from Boca West County Club, Henry Schein Dental Supply and other community volunteers helped serve hundreds of families. It is quite the operation over at Boca Helping Hands.

In addition to the volunteer efforts, Dr. Staller's team also brought canned food and toothbrushes for children and adults.

Boca Helping Hands is much more than just a soup kitchen. Volunteers at the food center serve hot meals six days a week to families and individuals that include the unemployed and underemployed, single parents, children and the elderly.

In addition, they provide a pantry program that supplies grocery bags of food and staples for qualified people to help them meet their food needs.

Job mentoring clients work with experienced human resource mentors to find employment for clients who are in need of a job, discussing with them interview

skills needed to secure employment. The Resource Center provides many resources to clients facing financial difficulties.

The Esperanza Catering at Boca Helping Hands provides catering services to many organizations while providing employment opportunities for those looking for work in the service industry.

Treasure Chest Early Learning Center- Boynton Beach

Dr. Staller and his team were also proud to sponsor the Treasure Chest Early Learning Centers initiative to teach children ages 3-5 to learn about nutrition. The partnership with the Community Caring Center of Greater Boynton Beach allows a special teacher to come into the classroom with young children and teach them not only about colors and numbers, but about making healthy decisions.

Many of the children who come to the Treasure Chest Early Learning Center do not receive the required nutrition and learning about the benefits of fruits and vegetables help the children become more familiar and want healthier choices.

In addition to sponsoring the program, two of Dr. Staller's team members went out to the center to help plant a garden. The children learned about seeds and how they grow into food that can be eaten. The children had placed a seed into a moist environment the week before and saw the bean begin to sprout!

They planted the beans, along with other vegetables in the garden just outside of their classroom. Every day, they can see the progress and watch their plant grow into food which they will eat!

Katie and Kelli also taught about dental health for children. The students counted their teeth and learned how to brush properly. Good home care along with better nutrition will help to reduce the number of dental emergencies for children.

Each child left with a toothbrush, toothpaste and coloring pages.

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It isn't much good having anything exciting, if you can't share it with somebody. It's so much more friendly with two.

-Winnie the Pooh

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Hobbit Skate Tournament

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Date: February 22
Location: Hobbit Skate Park, 505 SE 5th Avenue in Delray Beach
Ages: 5 - Adult
Times: 3:00pm - 6:00pm
Cost: Entry Fee - \$5.00 for all skaters
Contact: Christian Smith, 243-7158



the coach

With **Coach Julia Kadel**



Soul Food

Think for a moment of a food from your past, one that makes you feel great after you eat it, for no specific reason. Maybe it is macaroni and cheese, slow-simmered tomato sauce, ice cream cones or potato pancakes. Eating comfort foods (every now and then) can be incredibly healing, even though your rational brain might not consider it highly nutritious.

Food has the power to impact us on a level deeper than just our physical well-being. What we eat can reconnect us to precious memories, like childhood playtimes, first dates, holidays, our grandmother's cooking or our country of ancestry. Our bodies remember foods from the past on an emotional and cellular level. Eating this food connects us to our roots and has youthening and nurturing effects that go far beyond the food's biochemical make-up.

Acknowledging what different foods mean to us is an important part of cultivating a good relationship with food. This month when we celebrate lovers and relationships, it's important to notice that we each have a relationship with food—and that this relationship is often far from loving. Many of us restrict food, attempting to control our weight. We often abuse food, substituting it for emotional well-being. Others ignore food, swallowing it whole before we've even tasted it.

What would your life be like if you treated food and your body as you would treat your

loved ones – with gentleness, kindness, communication, honesty, respect and love? The next time you eat your soul food, do so with awareness and without guilt, and enjoy all the healing and nourishment it brings you. If you find yourself going back to the soul food over and over, ask yourself what might be missing in your other relationships and what can be done to add it.

Food Focus: Beans

Beans, or legumes, including peas and lentils, are an excellent source of plant-based protein. Beans are found in most traditional cultures as a staple food, offering grounding and strengthening properties that enhance endurance. They offer a highly usable, highly absorbable source of calcium for the body. A very inexpensive source of high nutrition, beans can be rich, delicious and satisfying.

Beans have a reputation for causing digestive distress, but this is usually because they have been undercooked or improperly prepared. To help reduce gas-forming properties, soak beans overnight prior to cooking, increase cooking time, add spices like bay leaf, oregano or cumin, or add kombu (a sea vegetable) when cooking.

Recipe of the Month:

Easy Beans and Greens
 Prep time: 10 minutes
 Cooking time: 10 minutes

Yield: 2-3 servings

Ingredients:

1 can black beans (or pinto, red, kidney)

1 bunch collard greens (or kale, spinach—your choice) your favorite toppings, such as salsa, avocado or guacamole and sour cream

Directions:

1. In a medium saucepan, heat drained beans. Add your favorite seasonings, if desired.
2. Fill a separate medium saucepan with 1-2 inches of water and bring to a boil.
3. Wash and chop greens (you can use the stems, too) and add to boiling water.
4. Cook for 2-3 minutes until greens are bright green and tender. Drain off water.
5. On a plate, arrange a portion of the greens, top with a portion of the beans and finish with toppings of your choice.

Coach Kadel is a firm believer in that you are what you eat. She is a Board Certified Holistic Health Coach and a loving mother of three active boys. She supports the idea that by integrating food, exercise and lifestyle choices on a personal level, you will obtain a more balance and happy life. Coach Kadel is a graduate of The Institute of Integrative Nutrition in New York City. She is Board Certified by the American Association of Drugless Practitioners and is a Certified Personal Trainer by the American Exercise Council. She runs workshops on exercise and nutrition, and offers individual and group, health and nutrition coaching.



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WELLFEST - continued from page 17

encourage our students to realize the value of a healthy lifestyle.”

Assistant Principal Alison L'Etoile added, “It's no secret that our children are the future and the importance of encouraging a strong mind and strong body can never be overlooked.”

The scholarship was particularly important for Sandra Tribioli, Director of Operations for WellFest and a mother of three school-aged children. “It's great when an event like WellFest or a business or an individual can make such a positive impact on our children, and we are pleased that Principal Fay and Vice Principal L'Etoile have been so gracious in accepting our offer.”

As of this writing, WellFest Delray 2014 has 16 Sponsors and over 80 Exhibitors and Speakers. Sponsors include: Acupuncture Associates, Celsius Energy Drink, Fiesta Pet Deli, Delray Library, Delray Medical Center, Gulfstream Business Bank, Hyatt Place Delray, Javita Coffee, Mint Fit 111, Naked Gourmet, Mind, Body and Spirit Café, Smart Car Palm Beach, 21 Drops, Synergy Fitness Boca, Yoga Journey and Zaaz Studios.

Speakers include noted area author Margaret Lembo, who has written several books for adults and one for children on Chakra and Crystals, and Dr. Brian Clement, of the famed Hippocrates Health Institute.

Support and interest in this educational and inspirational event that features a Business Expo, Expert Speaker Sessions, Fitness/Well-being Center, WellPet area and Eat Well Food & Beverage Court grows every day.

“The support has been impressive, to say the least” states Bob Lipp the event creator. “In just our second year, we've seen businesspeople and organizations that support businesses, residents and visitors from Delray and surrounding areas get behind this important event.”

The event will take place inside and out at Delray Center for The Arts (off Swinton and Atlantic Avenues in downtown Delray) as well as the meeting rooms at Hyatt Place from 11AM – 5PM, Saturday and Sunday.



Shown (l-r) Bob Lipp, WellFest creator, Sandra Tribioli, Director of Operations, Principal William Fay Jr., Assistant Principal Alison L'Etoile.

In addition, attendees will receive a “PassPort to WellFest,” a range of high-value coupons that will save hundreds of dollars at many Wellness-related businesses, plus a range of food and product samples, consultation with experts, even free massage stations throughout the event.

Based on the funds collected for the event, Lipp and the WellFest team hope to add to the scholarship funds and bring additional schools into the program.

“It's amazing to think that the event debuted one year ago and now we're looking at holding a significantly larger event for the weekend of March 8-9, 2104,” stated Bob Lipp. “Frankly, I'm not surprised at the enthusiasm, but delighted none-the-less that so many businesses, organizations and local residents have come forward to be a part of enhancing the WellFest Delray experience.”

Delray Beach was chosen as the perfect place to launch WellFest, based on the community's feel good vibe and substantial health and fitness-oriented business infrastructure. Bob and his team hope to build a “WellFest-oriented” lifestyle into the Delray brand, something that he believes can be accomplished in-part with WellFest Delray.

“A wellness-branded Delray can help to attract like-minded businesses to our area for a potential headquarters or regional office,” adds Bob. Of course we'll also welcome them here to hold their meetings or to sponsor events like WellFest.”

Bob is not alone in that belief and has enlisted the services and expertise of former mayor Jeff Perlman, who is consulting on WellFest Delray.

“WellFest Delray 2014 will be the next big step in what we believe will become a yearly tradition in Delray, added Perlman. “With its year round temperatures that favor an active lifestyle, Delray has always attracted sports, exercise and fitness enthusiasts. Plus many of our restaurateurs and chefs are promoting healthier eating, which is why the new Eat Well Food & Beverage Court at WellFest Delray is a win-win.”

For further information, visit www.WellFestDelray.com.

Love Your Self This Valentine's Day

By Laura Norman

Special to The Pineapple

In most cultures around the world today, being labeled a “selfish” person is something to be avoided at all costs. Yet, if you look closely, most of us spend our entire lives selfishly searching everywhere for ways to feel fulfilled.

We will go to almost any lengths to find something – or someone – that makes us feel good about ourselves. And what do we do when we finally get it—the job, relationship, house, car, politician or gadget we were sure would make us happy? We soon begin to feel like we're missing something again, so we question what we have, and the vicious cycle continues:

“Oh, this job wasn't what I expected it to be.”

“Hershe isn't the same as when we met.”

“I can't wait until this year's gadget comes out!”

What's going on here?

We have been trained from birth to look outside ourselves to find happiness and contentment. The same is true for our parents and their parents before them. We constantly look to others – people and possessions – to make us feel good about ourselves.

As long as people behave in a way that is “acceptable” to us, that makes us feel safe or good, all seems to be well. The minute their behavior or beliefs step outside our comfort zone, we criticize, ostracize and, ultimately, dehumanize them to coerce them to behave in a way that makes us feel good.

Are we having fun yet?

Since we cannot always control external circumstances, events or the billions of people supposedly capable of making us either happy or unhappy by their behavior, what is there left for us to do?

We can focus on “Self-fulness.”

The healthiest, happiest, most generous people know the secret to true joy and happiness. They understand that only by being full of “Self” first can we create miracles for ourselves and others!

Consider airline pre-flight safety instructions. Remember how the flight attendant always tells you that “...should the plane experience turbulence or loss of cabin pressure, your oxygen masks will be deployed. Please put your own mask on first, and only then place the mask on your child.”

Why are we rightly told to ignore others? Because we are in no position to help anyone else until we have enough oxygen ourselves.

Similarly, unless we have enough “Self” – love, compassion, Source – within us, we have nothing to give others. While we are all connected to Source, we forget our connection and start to believe we are on our own. We then perpetuate the cycle of looking to others to try to fill that “void.”

We can only offer the real gifts of peace, love, joy and clarity to our children, spouses,



colleagues, and everyone else whose lives we touch by embodying those qualities. As Gandhi is so often quoted, “Be the change you seek in the world.” Our real gift is simply being full of “Self.” We will then naturally become a shining example for everyone in our lives.

Meditation, Yoga, Qigong and Reflexology are some of the powerful ways available to help our transition to Self-fulness. Removing stress and clearing the mind of negative thoughts and feelings are critical steps to remembering and reconnecting with who we really are.

Reflexology works by relieving stress, promoting relaxation and creating a profound sense of inner peace, all the way to the cellular level. Using reflexology within a broader, holistic context helps awaken the knowingness of who we really are. By calming your central nervous system, changing habits of thought and clearing the resistance that stand between where you are now and a true sense of fulfillment, Holistic reflexology helps you “open the door” to allow your own Self-fulness.

Remember the Self-full person you are capable of being. The person who no longer needs to look outside themselves for fulfillment. The person who is keenly aware of the infinite powers and resources of this glorious universe. The person who knows intuitively how to tap into those powers and resources for themselves and others.

Celebrate Valentine's Day this year by taking steps to love and honor your Self. Create new possibilities and live the fulfilled life you deserve.

Laura Norman, M.S., LMT, world-renowned Holistic Reflexologist, educator and author of the best-selling book, Feet First: A Guide to Foot Reflexology, offers private Reflexology and Life Wellness Coaching sessions in Delray Beach and Holistic Reflexology Training Programs in Boynton Beach starting February 9th. Gift Certificates available online for Valentine's Day and all occasions. Visit www.lauranorman.com • Call 561-272-1220

Palm Beach County to host 2014 and 2015 NAIA Men's Soccer National Championships in Delray Beach

The National Association of Intercollegiate Athletics (NAIA) has announced that the 2014 and 2015 NAIA Men's Soccer National Championships will be hosted by the Palm Beach County Sports Commission in conjunction with Northwood University (Fla.). The sixteen-team Championship will be played at the Seacrest Soccer Complex and Hilltopper Stadium in Delray Beach, Florida, on December 1-6, 2014, with the 2015 Championship taking place November 30-December 5.

The state of Florida has welcomed the Men's Soccer National Championships on five prior occasions, most recently in 2005 and 2006 in Daytona Beach. The Championships have since been held in Olathe, Kan. (2007), Fresno, Calif. (2008-09), Orange Beach, Ala. (2010-11) and Montgomery, Ala. (2012-13).

“We are grateful to have an incredible host partner in Northwood University, an NAIA member and one of the leading universities in south Florida,” said George Linley, Executive Director of the Palm Beach

County Sports Commission. “Together with the NAIA, we are looking forward to bringing the pinnacle of collegiate soccer to Palm Beach County. Our venue, the Seacrest Soccer Complex and Hilltopper Stadium, has been home to many premier sporting events in the past, including national soccer tournaments and collegiate showcases.”

The Seacrest Soccer Complex and Hilltopper Stadium, which are owned by the City of Delray Beach, have hosted numerous athletic events in a variety of sports including soccer, lacrosse, field hockey, rugby and flag and tackle football. The complex has also served as the venue for major collegiate sporting events - most recently in March of 2012, when Hilltopper Stadium hosted an NCAA Division I Women's lacrosse showdown between perennial contenders Yale and Notre Dame.

For more information about the 2014 and 2015 NAIA Men's Soccer National Championships, contact the Palm Beach County Sports Commission at (561) 233-3180.

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City kicks off 25th Annual Delray Beach Senior Games

The Delray Beach Parks & Recreation Department is proud to announce the 25th Annual Senior Games starting January 31st through February 7th, at various locations throughout Delray Beach. The Delray Beach Senior Games gives people who are 50 years young or more the chance to revel in the spirit of goodwill, good sportsmanship and good health, win medals and advance to the Senior State Games. Enter any of the 12 exciting social, recreational and competitive events, starting at \$15.00 per person for Delray Beach Residents and \$25.00 per person for non-residents.

Events are: Basketball Skills, Basketball 3-on-3, Billiards, Bowling, Croquet, Golf, Shuffleboard, Swimming, Racewalk, Pickleball, Table Tennis and Track & Field.



January 31, 2014

Opening Ceremonies, 9:00 am, Pompey Park
Free Healthwalk, open to everyone -10:00 am
Starts at Pompey Park
Bowling Singles 1:00 pm, Strikes at Boca Raton

February 1, 2014

Track and Field, Atlantic High School, 8:00 am

February 3, 2014

Golf (Option 1, State Qualifier), Assigned Delray Municipal
Billiards, 1:00 pm, Slate Billiards

February 4, 2014

Basketball 3-on-3, 9:00 am, Pompey Park
Golf (Option 2, Scramble), Assigned, Delray Municipal

February 5, 2014

Croquet, 10:00 am, National Croquet Center
Basketball Skills, 10:30 am, Community Center
Shuffleboard, 11:00 am, Veterans Park

February 6, 2014

Pickleball, 9:00 am, Community Center
Swimming, Warm-up 10:00 am, Aqua Crest Pool

February 7, 2014

Pickleball, 9:00 am, Community Center
Bowling Doubles/Mixed, 9:00 am. Strikes at Boca Raton
Table Tennis, 10:30 am, Pompey Park

For more information, please contact Danielle Beardley (561) 243-7277 or by email at beardleyd@mydelraybeach.com

JUICEBUZZ - continued from page 17

beetroot juice per day significantly reduces blood pressure, according to a 2008 study from the London School of Medicine and the William Harvey Research Center at Barts. The high nitrate content of beetroot juice, which actually widens the blood vessels when it enters the body as nitrite, lowers blood pressure within one hour of ingestion.

Surpassing the health kick trend, juicing holds amazing power to boost health and vitality and provides a cornucopia of wellness benefits.

Being organic isn't the only benefit, the cold-press process maintains nutrients to balance pH and sugar levels, boost the immune system, detox the body, increase mental clarity, aid digestion, clear skin, and help with weight loss regimens.

JuiceBuzz continues to quench the palate and imagination with innovative, delicious and healthy juices and smoothies. Be inspired, meet and mingle with the "juice tenders" and be invigorated with juice-tastic energy. The artsy, foodie and eclectic Atlantic Avenue in Delray is an idyllic location where visitors and locals can enjoy sip, stroll and savor the body-beautiful beverages – day or evening. Cheers!

JuiceBuzz is located at 6 NE 5th Avenue Delray Beach, FL 33483. For more information, please call (561) 278 - 6122.

About the JuiceBuzz

JuiceBuzz, located at 6 NE 5th Avenue, purées the freshest, most seasonal, vitamin-rich fruits and vegetables into sensational smoothies as well as organic, cold-pressed juices and creative tinctures. Husband and wife team of Matthew Sheridan and Jacqueline Pfeffer-Sheridan are a zesty "blend" of partnership. Matthew has over 20 years of business expertise from a finance and sales career. His business acumen and principle responsibilities support the operation behind the juices. Local Yoga instructor, Jacqueline Pfeffer-Sheridan "Yoga with Jax" has been teaching yoga for seven years to her devoted followers. Her passion for a healthy lifestyle inspires the juice creations and fuels the soul.

ELEV8 ATHLETES - continued from page 17



Basketball standout Derrick (D.J.) Clayton, a 6-foot-5 shooting guard, signed a letter of commitment and is receiving a scholarship to play at Western Kentucky University.

"What was just a dream eight years ago finally became a reality," he said of signing with St. Louis University. "It just goes to show that with hard work and perseverance anything is possible. I am excited to begin the next chapter of my baseball career and in life."

Justin Walker

Walker, a student in the prestigious International Baccalaureate program at Suncoast High School, is a right-handed hitting third baseman, who has been training at ELEV8 for the past year, following several years of high school baseball.

Walker, who has spends summers volunteering, mentoring and umpiring at a

youth baseball program run by his father, says he believes he has benefited greatly from the quality of coaching he received at ELEV8, in addition to the leadership skills he says will be important in the future.

"All three of these athletes are proof positive that our program can change lives," Alicea says. "The values these young men have embraced, from teamwork to dedication, not only make them better athletes but also helps them become better people."

About ELEV8 Sports Institute

ELEV8 Sports Institute is a multi-sport training center offering a variety of

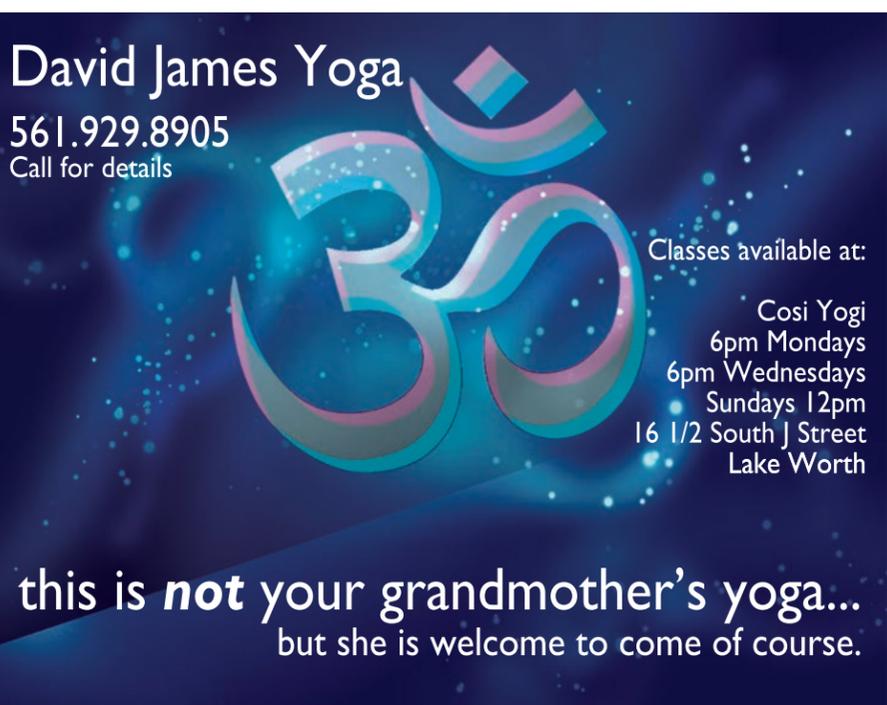


Suncoast High School's Justin Walker (Baseball) has signed a letter of commitment to attend St. Louis University

programs, including a residential nine-month academy program, professional athlete training, high-intensity training camps, and other customized training opportunities. ELEV8 Sports Institute is a destination for athletes around the world and at all skill levels. ELEV8 Sports Institute offers sport-specific training in basketball, baseball, lacrosse, and performance training. With the mission of "Training Excellence," ELEV8 is a leader in the athlete-training industry. For additional information, please visit www.ELEV8SportsInstitute.com

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YOUR LOVE DEFINED

Go from an attraction to a lifelong commitment of true love!

By **Jianny Adamo**
Special to The Pineapple



Everyone wants love but not everyone finds it. Interestingly enough, when you love or are in love, you know exactly what it is. Love paints our view of the world and bestows purpose and meaning to life. Somehow, when love is absent or lost, amnesia sets in. It's hard to define love; you ask if it's even real. You are either on a journey toward love or on a journey to defy it.

Love is fluid, offering different flavors and depths. In the attraction phase, being in love is an emotion producing, strong affection and obsession for another. It's driven by chemistry racing around your brain and body, an experience many poets and artists have written about. It's euphoric and cannot be understood unless you have experienced it yourself.

This experience is a hallmark of new love, marked with preoccupation with your beloved and making the world around you disappear. It transcends time and commands your attention. A three-hour conversation with your beloved can seem like a blink of an eye when smitten with love. Existence quickly moves from okay to "I can climb Mount Everest," simply because of your experience with love.

But not every relationship experiences such a high, nor does experiencing this bliss determine the longevity of your relationship. Dopamine, the pleasure chemical in your brain, norepinephrine, which produces the racing heart and excitement, and endorphins--the body's natural painkillers--act like magnets bringing lovers together in ecstasy. This chemical reaction produces a dependency on your love object. For some, the need for this natural high has tripped them up to becoming addicted to love, cycling through relationships looking for the next rush. On average, this phase lasts 18 to 36 months and is nature's way of attracting us into venturing into 'real' love.

Consider the attraction phase the prelude. Many relationships naturally phase out here when there isn't enough interest, commonalities or shared values and goals. For those that continue, the next phase is attachment. The attachment phase centers on commitment. You've moved through the fantasy and are ready to embrace real love. It's as if in the attraction phase, all the possibilities of what this love can bring flashes before your eyes--and in the attachment phase you get to build it...together.

Playing a key role in this stage are oxytocin, vasopressin and endorphins, which are released when having sex and when engaging in things that makes you feel close to your partner. They produce a general sense of well-being, including feeling soothed, peaceful and secure, leading to happy feelings and deeper attachment. The commitment or attachment needs to be strong, as problems and distractions will arise testing your patience, your love and at times, push you over the edge.

Attachment and commitment are central in long-term relationships. Marriage cannot happen without these key ingredients. The pathways to attachment and commitment are developed initially in infancy with your primary caregiver. This is part of your emotional and social development and is necessary for your survival. As an infant, you attached to adults who were sensitive, responsive and consistent in their care for you. These caregivers or attachment figures became a source of security and based on their responses, you developed patterns of attachment. These primary relationships became your relationship blueprint guiding your perceptions, emotions, beliefs and expectations for future romantic relationships. This is why when you fall in love it feels like you have always known him or her...your other half.

There's a lot of work that goes on in this phase. You are building a home and a life together; you're establishing careers, and perhaps raising a family. At times, your different styles and personalities harmonize and at other times, clash. What's important here is to be sensitive, responsive and consistent--be present and available to your partner and your relationship. Checking out mentally or emotionally can run the peril of riding a run-away train with no one at the helm.

It takes conscious effort to maintain attitudes that ensure the success of your relationship. A perspective of a glass half full, works better than the glass half empty to keep you together. It's important you see the best in your mate; acknowledge and appreciate each other. The actions and the choices you make--even when you don't feel in love and at times may even question it--determine whether or not you sustain a satisfying relationship and keep love alive.

In real love, your attitudes matter. Your actions matter. The choices you make matter. Being responsible matters. Having fun matters. Pleasure matters. Real love brings two strangers together for the dance of a lifetime. It gives you the opportunity to co-create the lives you desire and leads to deep personal growth and fulfillment like no other relationship offers.

In real love, each partner takes great care to satisfy the other's needs and regards the other as his or her most valued prize; held in high esteem and with gratitude. There is a great sense of security and freedom in this form of love which comes with time. Statistically, lasting love has a greater chance in marriage than in cohabitation. Perhaps, it's for the single notion of commitment.

Real love guides us to live in peace and with vitality. It teaches us to have courage to face and rise above the challenges life brings. It inspires us to a spirit of generosity and kindness. It leads us to live with dignity and honor. And it reminds us to be quick to forgive as this is the journey of love.

Jianny Adamo, LMHC, founder of Fearless Love Relationship Coaching and Counseling supports singles and couples to break through fears and limitations and to embrace a rewarding life centered on freedom to love, ability to connect deeply and live with purpose and vitality. For more information or a free consultation, please contact Jianny at 954-495-4566 or visit www.fearlesslove.net.

Chiropractic improves golfers' performance

By **Dr. Travis Lamperski**
Special to The Pineapple



According to the National Golf Foundation, there are 28.6 million golfers in the United States, with Florida having more golf courses than any other state...1,440! Studies show that 80% of players, at some point in their golf playing years, will experience back pain or suffer from some type of joint pain which will not only make their score suffer but will take all the enjoyment out of the game.

With season in full swing, more and more people will be traveling to Florida to get away from the cold weather, the ice and snow and from being stuck indoors for days at a time. Players will be dusting off their golf clubs and making tee times. That being said, golf is not only a tough sport mentally, but physically as well. Regular chiropractic care has not only proven to keep your spine aligned but research shows it will also boost your golf performance.

Let's start with proper posture and spinal alignment. Proper posture is extremely important on and off the golf course. Performing activities with the proper posture is not only essential for your health but for avoiding injuries as well. If your spine is out of alignment you can bet your golf game is out of alignment as well. Correct posture and spinal alignment will give you the biomechanical advantage over other players. Improving posture will advance your ability to strike the ball with more consistency by improving your range of motion, balance and stability.

To swing a golf club our bodies need to perform in a synchronized fashion. A golf swing affects the spine with loading forces that are very rapid, intense and complex. The L4-L5 and L5-S1 discs are subject to the most compression in the spine, research shows that the amount of this load can reach up to eight times our body weight.

For some of us, that's equivalent to 1500-2000 lbs with each swing, with the average golfer making about 35-45 swings, that is 70,000 lbs placed on your lower discs during each round!

Very often this repetitive motion can lead to acute injuries such as bulging discs in the neck and low back, which if left untreated, can result in a very debilitating situation. When injured, the disc can place pressure on the

spinal cord and/or spinal nerves causing pain, numbness and even weakness of the arms and legs making it very difficult to function day to day. Low back injuries are generally the biggest complaint amongst golfers. Injuries of the elbows, wrists & hands, shoulders and knees can happen just as often.

When golfers experience any type of injuries, conservative treatment options should be their first choice. There are a number of advanced treatments for golfers, including spinal adjustments, muscle release technique, cold laser therapy, non-surgical spinal decompression, rehabilitation exercises, anti-inflammatory nutrition and advanced neurological therapies which can drastically improve balance and stability. Spinal adjustments are known to restore spinal mobility and reduce pain.

A proper rehabilitation program should be created, not only for therapeutic reasons, but for injury preventative as well. Class IV cold laser therapy to the involved area will enhance the metabolism of local cells, increasing blood flow, reducing pain and swelling thus speeding up the healing time. Spinal decompression helps to reduce pressure within the discs to relocate it in a non-offending position.

Advanced neurological rehabilitation procedures can improve the players balance, rhythm and tempo, which in turn will improve their golf swing. As we grow older, keeping an active lifestyle is more important than ever and you don't have to be a pro golfer to benefit from chiropractic care.

Dr. Travis Lamperski is a Board Certified Chiropractic Physician with The Conde Center for Chiropractic Neurology. Our office provides specialized care for difficult cases of back-neck pain, numbness-tingling, vertigo-dizziness balance disorders, fibromyalgia, migraines, AD/HD, autism, and dyslexia. Visit www.thecondcenter.com or call (561) 330-6096, or email drlamperski@thecondcenter.com.

Soccer Shots, an intro to soccer, at Veterans Park

Soccer Shots is the national leader in youth soccer development for children ages 2 through 8. This intro-to-soccer program has been created under the guidance of childhood education specialists. By enrolling your child in Soccer shots, you can expect your child to have an overall increased understanding of team dynamics, character formation, skill development and coordination through fun fitness activities. No gear needed! All soccer equipment is provided.

Ages: 2-8 years

Days: Saturdays 9:30 am-10:30 am

Place: Outside at Veterans,
802 NE 1st Street, Delray Beach

Winter 2014 Session Dates:

Now through March 8, 2014

Cost: \$65 Residents / \$70 Nonresidents
per 8 week winter session

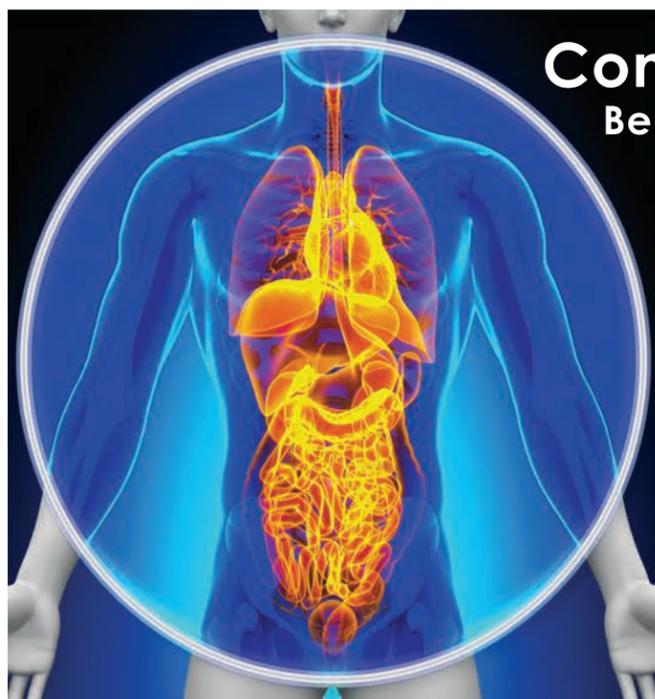
For more information or to register please contact Samantha Roland, Recreation Supervisor II, at (561) 243-7350 or by email at Roland@mydelraybeach.com.

Spring 2014 Session Dates:

March 22 - May 31, 2014

(No Class April 26th)

Cost: \$80 Residents / \$85 Nonresidents
per 10 week spring session



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FEBRUARY 27, 2014
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9:30 AM- 1:30 PM

My personal trainer once bit me

By Dr. Raul Rodriguez
Special to The Pineapple



OK not really, but she did get me in really good shape and made me a believer in personal training. Professionally facilitated fitness involves working with fitness and nutrition specialists to achieve "professional grade" results. Professional grade refers to

achieving results and performance levels that are usually seen in elite level athletes.

The common misconception is that you need to be an aspiring Olympian to justify taking your fitness this seriously. If your health and global state of wellness are important to you, then that is justification enough.

I had always taken my fitness seriously, but had also always thought that personal trainers and nutritionists were only for professional athletes and celebrities. I had worked out on my own since high school, picking up basic exercises from other people in the gym and a few books. I worked hard at it and enjoyed pretty good results. When I was in my 20's it all came easy and I really thought I knew it all. After medical school I was convinced that I knew more than any trainer or nutritionist could not imagine ever wanting or needing one. Reality set in after reaching my later 30's.

When the effects of age started to work against my human physiology, I finally accepted that maybe, just maybe, some trainer somewhere would have something to offer me. If you are in your 30's or older, then you know exactly what I mean.

Our ability to train, heal and recover is greatly affected by age. Exercise practices that worked in our 20's can outright injure us when we are older. I found this out the hard way, even though I had never let up on my training and tried hard to maintain fitness since the age of 13. I started to experience injuries and they seemed to take so long to heal. If I stubbornly tried to do things the old way, I would injure myself even more. Soon the time lost to injury caught up to me and I started to lose fitness because I could not train often enough. I finally broke down and got my first personal trainer.

Finding the right personal trainer is very important. I went through 3 of them before I found the right one. The first one was just not competent and simply misrepresented his degree of expertise. The second one pushed me way too hard, which led to overtraining and even more injuries than before. The third one could have been a fitness model but was also not that effective at helping me get results for myself. The "right" trainer for me, which is the one I still train with to this day, was the one

that was able to get the injuries to stop and the results to return.

The results that I achieved with my trainer were results that I had never achieved before, even in my 20's. It was then that I realized that there was much that I did not know, even being a physician. I also came to understand the other benefits of working out under the guidance of a trainer. An extra set of attentive eyes helps watch and correct your form.

Advanced knowledge of exercises and growing familiarity with your abilities facilitates appropriate weight and repetition selections. Careful observation helps determine when to push harder as well as when to pull back. The best trainer is the one that knows you and the science of fitness training well enough to push you to your very limit, but never past it to the point where you actually injure yourself.

The best trainer also mixes it up and keeps it interesting. Monotony is one of the worst things that could happen your training regimen. The personal relationship with your trainer also helps boost your motivation and adds accountability to keep you from slacking off. The overall quality, efficiency and consistency of trainer directed workouts are so much greater than most self-led workouts.

Careful study and experimentation have led to the development of safer and more efficient training regimens that are custom tailored to meet each individual's needs. Functional training exercises focus on training bodily movements rather than isolated muscles. Agility and balance exercises can appear difficult but are actually very fun and add a fresh challenge to any workout.

High-intensity interval training (HIIT) is an enhanced form of interval training that alternates intense anaerobic efforts with recovery periods to create a quality cardiovascular workout.

Body sculpting involves using specific exercises to significantly change body proportions to that which is desired. These popular training forms deliver prominent and consistent gains with fewer injury setbacks. Having dietary needs addressed professionally with a licensed nutritionist really makes the difference as far as losing the most body fat and improving energy levels.

Once you reach a certain level of fitness, you cannot imagine ever going back to the way it was before. My trainer made the biggest difference in me getting there and I have no intention of ever going back. If I can do it with the appropriate professional help, how could you not possibly be able to?

Dr. Rodriguez is the founder of the Delray Center for Healing and Performance Fitness & Nutrition. PFN is a professional fitness studio that focuses on progressive training techniques and nutritional optimization.

Delray Center For Healing
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SloBody celebrates 2014 in Delray Beach with Grand Welcoming and Ribbon Cutting



DELRAY BEACH, FL – Less than a year after SloBody – conditioning infused yoga™ – first opened its doors in Delray Beach, the personalized and high-caliber tutelage of founders Kirk Slobody and Janine Tiede, continues to influence and change the way South Floridians are seeing both yoga and fitness today. SloBody – which Strengthens, Lengthens, and Opens the Body – kicked off 2014 with a ribbon cutting ceremony featuring the Greater Delray Chamber of Commerce.

The Grand Welcoming event at SloBody's studio at 209 NE 5th Terrace in Delray Beach, featured a ribbon cutting with the Delray Beach Chamber of Commerce as well as a tour and history of SloBody's facility, a meet-and-greet with the founders as well as students, photos from classes and events over the past year, raffles courtesy of numerous local Delray Beach establishments, and delicious and healthy refreshments and food.

"Our welcome to the Delray Beach community over this past year has been truly wonderful," said co-founder Tiede. "Now it's our turn to thank the local businesses that have supported us, the community that has adopted us, and our students who have dedicated themselves to the practice of SloBody."

SloBody is also using the Grand Welcoming party as an opportunity to introduce a variety of new offerings including its new TheraStretch (Therapeutic Stretch) class and new "Ramp Up" program. Designed to get folks the best results possible out of their group training program in the shortest amount of time, TheraStretch is geared to those with limited mobility, new to yoga and stretching, and/or deconditioned. The Ramp Up program is for all new SloBody students and consists of a consultation and three 30-min private training sessions.

Former NCAA Division I athletes, Certified Personal Trainers, Yoga Instructors and Masters at breaking movement down, Kirk Slobody and Janine Tiede, created SloBody. By stripping Yoga to the essence of what makes it great exercise and blending it with old school conditioning (squats, lunges, core work, push-ups) they created a unique workout that builds: strength, awareness, balance, flexibility, and mobility.

Learn more at www.SloBody.com.

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Hair Styles

Shine On

By Dianne E. Adams
Special to The Pineapple



It's February and things are dull, the holidays are over and summer seems like an eternity away. There is a way to break up the doldrums of winter and that is to be sure you have the shiniest hair in town. We all know that shiny hair looks more beautiful and when our hair looks beautiful we feel better and as far as I am concerned, that's the name of the game.

There are lots of ways to get and keep hair shiny, some are very inexpensive and you can do yourself, some cost a bit more and have to be done in the salon. It doesn't matter what you do, what does matter is that you do it!

Some home remedy tips that are inexpensive and easy....

1. Mayonnaise, dampen hair with warm water, but not dripping, apply as much mayo as you need to completely coat your hair and saturate your strands, wrap your head in plastic wrap or use a shower cap. (the plastic will seal in the warmth from your body to help open the cuticle of your hair so the mayonnaise can penetrate better) leave on 20 to 30 minutes. Shampoo with a moisturizing shampoo, probably more than once, style as usual, you will see an immediate boost!

2. Apple Cider Vinegar, shampoo your hair with your favorite high quality shampoo, mix equal parts of apple cider vinegar and water, put in a spray bottle and douse your clean hair with the mixture, leave on for 5 minutes rinse well. You will not even need conditioner, dry and style as usual, and you will see a glow you didn't have 10 minutes before!

3. Yogurt, brush dry hair well to remove any knots, take a container of plain yogurt and spread it all over your tresses, tie it up and wrap in plastic or use a shower cap, leave it on for 20 to 30 minutes then shampoo, condition and style as usual and you will see shine, bounce and resilience that was not there before!

Here are some things that we can do for you at the salon...

1. Gloss, it can be applied with a single process (roots) or on its own, gloss can be clear or it can have color in it, a gloss usually lasts about 4 weeks and will add shine and also helps close down the cuticle which will make your hair look shiny and healthy. It is my opinion that a single process (roots) that does not include a gloss is an incomplete color service. I feel that if your base has been colored you must gloss the entire head to make everything even, shiny and beautiful.

2. Keratin, this is a more costly option but a Keratin will boost elasticity, reduce frizz, close down the cuticle and add a layer of Keratin (your hair is made of Keratin) in turn your hair will be healthier, and less frizzy which in turn will make it shinier.

3. Shine products, hair oil & shine spray are all great options, they are temporary but they work wonders, many of these products also keep humidity out and keep moisture in so invest in a product that your stylist recommends and add it to your beauty regimen.

4. Flat iron, it's just a fact that straighter hair will reflect light better than curly hair, so invest in a good flat iron, get thermal protector and go for it, once you have done it a few times it will get easier (I promise) after you have achieved the desired effect use your hair oil or shine spray to add the glossy finishing touch.

Remember shiny hair is beautiful so try a few of these tips and shine on!

Dianne E. Adams is owner-stylist of Studio Seven Hair in Pineapple Grove. Visit www.StudioSevenHairDelray.com



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fashion & beauty

Hair Cuttery Salons In Delray Beach to provide free haircuts for the homeless

For every adult or child who visits any Delray Beach Hair Cuttery salon to purchase a haircut on February 4-5, a free haircut certificate will be donated to a homeless person right in their community through local organizations such as the United Way and Salvation Army.

Hair Cuttery salons nationwide have participated in the annual August Share-A-Haircut program, where for every child's haircut purchased, one in turn is donated to a disadvantaged child in the community, just in time for back-to-school. Hair Cuttery is now adding another way to give with next month's Share-A-Haircut for the homeless.

"Through our Share-A-Haircut program, more than 725,000 free haircut certificates have been donated to children in need over the years," said Dennis Ratner, Founder and CEO of Hair Cuttery. "We're evolving this program so adults in the

community who are in need of a fresh look for a job interview or simply for added self-confidence as they get back on their feet can benefit as well."

In partnership with government and non-profit social service organizations near each salon location, vouchers are distributed to adults to obtain a free haircut this winter. Last year, 100,000 free haircut certificates were donated through Share-A-Haircut at nearly 900 Hair Cuttery salon locations nationwide, a result of excellent participation from Hair Cuttery communities.

Hair Cuttery is proud of its history of charitable giving through local and national causes, including (but not limited to): Dress for Success, American Cancer Society, Special Olympics, Buzzing 4 Change, The St. Baldrick's Foundation, Easter Seals, The Hero Campaign and Susan G. Komen for the Cure. For info visit www.haircuttery.com

Cut-4-A-Cause a huge success!

DELRAY BEACH, FL – The Delray Beach Elks Lodge Third Annual Cut-4-A-Cause was a huge success. Special thanks to generous hairdressers from Naked Hair Salon, Salvatore Hair and Denise Swyrt. This year's beneficiary was Atlantic Community High School's AVID program. The program exposes students to a college mindset through test prep, seminars, tips for better organization skills, and field trips to various colleges. These opportunities help students achieve their goals in advanced high school courses and in attending college. Join the Delray Elks if you have the same passion for having fun and doing great things for our community, our state and our nation.



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FASHION WEEK - continued from page 17

resort wear stores, strutting the sidewalks in the center of Downtown Delray Beach on a bustling Saturday night, to promote the beginning of Fabulous Fashion Week in 2014! "We wanted to create a splash of excitement and buzz that Fashion Week had begun and at the same time, share with the customers the schedule of the weeks happenings," expresses, Laura Simon, Associate Director, DDA.

The activities of the week consisted of scheduled trunk shows, "meet the designer gatherings", "model for a day" events, beauty makeovers, anti-aging seminars with top national doctors. High-fashion evening events were set up in various stylish locations throughout the downtown from the beach to Pineapple Grove, showcasing swimwear, menswear, resort wear, ready-to-wear, along with evening wear and accessories creating many memorable activities that drew in thousands of visitors to the area.

The week's signature event was the 2nd Annual Fabulous Fashion Show, which raised \$1,500 for the Dress for Success of the Palm Beaches organization. The show took place on the famed Atlantic Avenue in front of the Historic Colony Hotel, illustrating the truly wide variety and diversity of gorgeous seaside apparel and accessories available to be purchased in downtown Delray Beach, Florida. This fabulous fashion event, emceed by Jule Guagliardi, owner and designer of Roxy Lulu Boutique, and Chris Cruz, the radio and TV personality from Y-100, showcased 150 outfits of beachwear, resort and evening wear from designers from Miami to Italy and many other destinations around the world, it also showcased local Delray designers, such as Furst, Roxy Lulu, Zen Dali, and Oh My Bod, which in addition to carrying other designer labels in their shops, they also carry their very own designs.

Delray Beach has been experiencing steady growth and expansion in luxury developments and commercial ventures during a time when the world and the United States specifically, have not fully recovered from the economic crisis of 2008. However, despite the slow movement in other regions, our charismatic and fashionable Village by the Sea is receiving both national and international acclaim through today's hottest travel programs and through first-rate newspapers, such as the New York Times.

"We are a bustling beachside town filled with creative energy, cultural diversity, kicking nightlife, serious style, a community focused on wellness and healthy living, and a city with capable, motivated individuals with a compassionate heart. Delray's Fabulous Fashion Week was an example of the wide range of talent, creativity, high style and compassion this downtown business community, and the DDA, continuously bring to the table," states Jule Guagliardi, owner Roxy Lulu Boutique.

Additional volunteers and sponsors that helped to make Delray's First Annual Fabulous Fashion Week a success, included the Colony Hotel, Sloan's Ice Cream, La Cigale, Solita Restaurant, Salt 7, The Sandbar, One Redline Photography, VUM Media, Delray Garden Center.

For more information about Delray Beach's Fabulous Fashion Week, visit Delray's Downtown Development Authority's website at www.downtowndelraybeach.com or Like the Delray DDA on Facebook at [fb.com/DelrayDDA](https://www.facebook.com/DelrayDDA).



Then Jack Happened



A "YOLO" MOMENT?

Question

Hey Jack,
 Alright... My problem is short and sweet. I've been dating this guy for a little over a month, he's cool and we have a lot of fun together. Is he my soul mate? Probably not. But he has opened my eyes to a... we'll say a new side of myself. Things are great and we've had a lot of fun, but now he wants to go from "50 Shades of Gray" to "Eyes Wide Shut." Are you following me?

Now, I know better than to do something I don't want to do, or something I am uncomfortable with, but I am completely torn. It sounds intriguing and adventurous, but on the other hand - who does he think he is?!?! Am I being a naive for letting him manipulate me into doing this? I have been racking my brain with this and I can't tell my friends about it.

So should I (for the lack of a better term) YOLO it and just have a good time? Or should I preserve the little bit of innocence I have left and not open pandora's box?

Answer

I don't think I can answer your direct "should I do it," question any better than you can. It comes down to, which would you regret more: going through with it, or not. It's good to be in a relationship with a partner that encourages you to expand your horizons and interests, so long as you're happy and comfortable with it, but it's up to you to determine if these new horizons and interests are directions you want to go. Getting involved with a guy that only likes to watch and play sports is a terrible idea if you aren't interested in sports.

But it seems that you do like sports, you're just not sure how much. What I find interesting is the interplay of this guy and your new relationship. You say he isn't your 'soul mate,' and chances are you're right, but it seems that you do have some sort of feelings for him beyond the physical. If he was a sexy mannequin and this was strictly physical, you probably wouldn't have written in. Simply, either you'd want to go there with him, or not. Your pleasant description of him and that you were a little offended by his ask seems to indicate that this might be more than just a physical thing, good long term prospects or not.

You should sort out your issues with him before pushing the envelope on something you aren't sure about. What's the rush? This opportunity is not going anywhere. I'm not a prude, but in one month he has changed a very personal part of your life and asked you to participate in an adventure you're not sure you're ready for. This could be his manipulative MO: meet new woman, invite her along for fun, find next woman for party, repeat. He also could be very interested in you and wants to share this part of himself because this is his genuine article. You might have no real interest in him, but he's fun and cool and you'd like to try this...and on and on. You might be fine with all this unknown, but until you can get a clearer view of, primarily what you want, and secondarily, what he wants, you should maybe hold off so your decision is as informed as possible.

Also, talk to him about it. If you tell him you want to think about it, and he pressures you, then you know his intentions. With that knowledge you can make a clearer decision. If you are gung-ho regardless of what he says, and it sounds awesome, by all means dive in. Most importantly, if you do actually like him, don't do something to simply appease him, that will likely result in regret. Only do (or not do) this for you. Remember, you can't take back what's been done, but you can always participate when you're appropriately revved up and ready.

Dear Delray, I am a one question a month kind of guy, so please send your trials and tribulations to andthenjackhappened@gmail.com and we can have some fun.

Lynn University Raises Curtain on 2014 with Stayin' Alive

Lynn University and producer Jan McArt, director of theatre arts program development, are kicking off the New Year with STAYIN' ALIVE presented by the Libby Dodson's LIVE AT LYNN Theatre Series: February 15 and 16.

- Saturday - 7:30 p.m.
- Sunday - 4 p.m.

One Night of The Bee Gees!

This show pays homage one of the most legendary groups of all time - The Bee Gees, who provided the soundtrack to the blockbuster disco flick, Saturday Night Fever. Three talented singers will rekindle the magic memories of numerous mega-hits like "How Deep is Your Love."

Individual show tickets for STAYING ALIVE are \$40 for Box, \$30 for Orchestra and \$25 for Mezzanine, and can be purchased by phone at 561.237.9000; online at <http://give.lynn.edu/theatrearts>; or at the Boice Box Office in the Wold Performing Arts Center on the Lynn University campus, on the west side of Military Trail in Boca Raton.

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For more info contact: WellFestDelray@gmail.com or call 561-921-5182.

CLEMSON'S JOHN KELLY SELECTED AS SEVENTH PRESIDENT OF FLORIDA ATLANTIC

BOCA RATON, FL – John Kelly, Ph.D., was selected as Florida Atlantic University's seventh president by the University's 13-member Board of Trustees.

The Board of Trustees on Friday selected Kelly, 59, over two other finalists, Christopher Earley and former U.S. Sen. George LeMieux.

"Today marks a great day in the history of FAU," said Anthony Barbar, chair of FAU's Board of Trustees. "We are proud of our selection of Dr. Kelly as our leader, and we are confident that his vision will guide FAU to its next level of greatness."



New FAU President John Kelly

Kelly has been the vice president of economic development at Clemson University, where he was tasked with developing and implementing university policy, strategic planning, hiring strategies, communication and budgeting.

Delray Chamber leads group generates more than \$222,000 in gross dollar sales among its members

DELRAY BEACH, FL – The Greater Delray Beach Chamber of Commerce boasts many reasons why a business might want to join and participate but one of the organization's Leads Groups, the Delray Business Partners, can give thousands of reasons why it would be more than worth joining.

Leads Groups are entities within the Chamber comprised of local business people who share a simple belief—that they can be more successful together than on their own. Through leads, referrals, sharing of best practices and encouraging each other through common experiences, each group builds a network of trust and confidence that helps its members thrive.

Under the leadership of Kelli Freeman, Chairman of the Delray Business Partners Leads Group, the group has set a record for collaboration with one another. During 2013, the 33 members of the Delray Business Partners generated more than \$222,000 of gross sales dollars by doing business with one another as well as by referring their colleagues in the group to other potential clients.



"I am privileged to have been selected as the next president of FAU," said Kelly. "It was a long and open process, and I am honored that the Board of Trustees unanimously chose me to lead FAU."

Kelly is a big supporter of sports and said he hopes to strengthen FAU's athletic programs to create excitement among students and alumni.

While FAU has struggled to compete with other state universities for funding, Kelly said the university needs to think bigger.

"If we compete globally, we automatically compete locally," he told the trustees. "When you have a national reputation, more financial resources are going to come. Students from other states will all want to come to Boca Raton."

Since January 2007, Kelly has served as executive director of the Clemson University Restoration Institute, where he built a highly collaborative team to educate students and direct research in energy systems. In addition, he had overall responsibility for the public service mission of the university and served as the State of South Carolina agency head of "Clemson University Public Service Activities" including the S.C. Experiment Station, Clemson University Cooperative Extension Service, Regulatory Services and Livestock Poultry Health, with programs in 46 counties. Kelly also oversaw Clemson University Undergraduate Service Learning and had administrative responsibility of numerous Institutes and Centers.

Kelly earned his doctoral and master's degrees from The Ohio State University and his bachelor's degree from Clemson University.

Kelly succeeds Mary Jane Saunders, Ph.D., who stepped down as FAU's sixth president in May 2013.

Shaun Telford, President of PerfecTemp Air Conditioning and Refrigeration, and a member of the Group states, "People like to do business with people they know, like and trust and this group certainly provides the means through which to do that. I have received many referrals from our Delray Business Partner members and certainly appreciate their confidence in PerfecTemp."

According to Ms. Freeman, "Chamber leads groups allow members to develop strong relationships with their counterparts in a variety of other businesses. At each meeting, members are encouraged to exchange business leads—potential clients or customers for other members of the group. In effect, their contacts become your contacts; their customers can become your customers. Members also rotate making short presentations about their businesses."

For more information about the Greater Delray Chamber of Commerce and their Leads Groups, contact Kim Bentcover at (561) 278-0424, ext. 106 or visit their website at <http://www.delraybeach.com/leads-groups>.



Delray Beach Open by The Venetian® Las Vegas Collaborates with Woo Creative

Delray Beach creative agency rebrands Int'l Tennis Tournament

DELRAY BEACH, FL – The Delray Beach Open by The Venetian® Las Vegas is proud to announce its partnership with Woo Creative as the official marketing and branding firm for the 2014 tennis tournament. The inventive team at Woo Creative has created marketing materials for both print and web in preparation for the 2014 Delray Beach Open, kicking off on Valentine's Day/President's Day weekend and running through February 23.

This year marks the second consecutive year that Woo Creative has been a part of the Delray Beach Open as both a collaborator and a sponsor. The 7-person group entered the project in 2014 with fresh ideas for the 10-day tournament, and faced the unique challenge of rebranding the tournament as the Delray Beach Open from its previous title, the

International Tennis Championships.

"Working with the Delray Beach Open is a perfect fit for our company," said Ryan Boylston, founder and CEO of Woo Creative. "It's the premier Delray Beach event and it needed to look the part. We accomplished this by renaming and rebranding the event, and applying an evolutionary approach to their creative."

The Delray Beach-based company designs and produces original projects for a diverse client list, ranging from Arts Garage locally to Harbourside Place, located in Jupiter. The innovative team works harmoniously to generate ideas that alter perceptions and generates solutions that push past the status quo.

The Delray Beach Open by The Venetian® Las Vegas is the only ATP tournament in the world featuring an ATP Champions Tour event and an ATP World Tour event in the same week at the same

Continued on page 40

Delray Beach Marketing Cooperative names Stephen Chrisanthus as Associate Director

DELRAY BEACH, FL – Stephanie Immelman, executive director of the Delray Beach Marketing Cooperative is pleased to announce that Stephen Chrisanthus has been named the organization's associate director.

Chrisanthus, 34, has a strong background in marketing and finance and is focused on destination marketing and promoting Delray Beach globally to business and leisure travelers with a goal of making a significant impact on the community's economic development efforts.

The former owner and marketing manager of a beach club in the Mexican resort community of Cabo San Lucas, Chrisanthus works closely with local hotels, restaurants and others in the hospitality industry, hoping to increase tourism-related visits to the area throughout the year, with an emphasis on the summer and shoulder seasons.

"Delray Beach is easy to promote because it has a lot to offer," he said. "Receiving the Most Fun Small Town in America designation has helped people become more familiar with Delray Beach. Now they need to know all there is to do here, not just during the winter months but also during the summer and shoulder seasons."

Chrisanthus said the DBMC under



Stephen Chrisanthus

Immelman's direction is focused on continuing to expand its events beyond the city's traditional downtown and promote the entire area.

Prior to coming to Delray Beach, Chrisanthus served as the director of marketing and business development for an independent finance and insurance company and has also

Continued on page 40

INJURED?

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Madison Lakes gated community. You must see this newly listed three bedroom, two bath home. Sparkling remodeled home with 2 car garage. Kitchen features new top of the line stainless steel appliances. Easy outdoor living on this screened in patio with tile floors. Community pool among many of the amenities in this community. \$225,000



Aventura address. Hidden charm is this area of townhomes. Four bedroom, four bath townhome with cathedral ceilings in the living room. Escape to the backyard patio and experience the bliss of the waterfalls and gardens. Four bedrooms to accommodate your office, exercise room and more. \$1,196,000



Search no more. This "perfect 10" features three bedrooms and two baths. Open floor plan with formal dining room and living room. Cozy breakfast nook adds to the comfort of this kitchen with lots of storage. Professionally landscaped corner lot completes this property. Split bedroom plan and the master bedroom has all the amenities to relax in comfort. \$225,000



Short sale Beauty. Waterford model features three bedrooms, two baths. Updated kitchen with granite countertops for the cook in the house. Extended screened patio for outdoor serenity in the Florida lifestyle. Community features social director, health spa, heated pool and spa and six Har Tru courts. \$289,000



2nd home beauty. No need for a seasonal rental when you can own this two bedroom, two bath first floor unit in Banyan springs. Furnished immaculate unit with neutral décor and enclosed patio. Move into today! \$85,000

Keep your eyes on Keyes.

Celebrating our first anniversary in our Keyes Delray downtown office. Keyes has been serving the Florida communities for 86 years and continues to grow. We are here to take care of you and your family needs.



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No maintenance on this three bedroom, two bath home. HOA fee includes all the services to allow you to enjoy this home. Updated kitchen features stainless steel appliances. Tile floors in the living areas and carpet in the bedrooms. Development featuring pool, tennis courts, basketball and clubhouse. \$179,500



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*Keyes Delray Beach Associates, (from left to right) Dianne Kieffer, Scott Kleinman, Sandee Wichard, Joann Epstein, Joy Linet Broker/Manager, Justin Hoover, Bijan Kose, Chris Goldstein, Maria Colandrea, Brian Donovan, Marc Hershman, Linda Hartz, Jude Larson (Office Manager), Cindy Maniscalco, Vicki Hulsman, Riley Atwater (Intern).

biz briefs

BRINKLEY MORGAN HOSTS HELPING HANDS FOOD DRIVE TO CELEBRATE GRAND OPENING OF NEW BOCA OFFICE

BOCA RATON, FL – The law firm of Brinkley Morgan recently celebrated the grand opening of its new Boca Raton office with a food drive benefitting Boca Helping Hands, a community-based charity that provides food and emergency assistance and job mentoring services to meet basic human needs.

Attorneys and staff at the firm's Fort Lauderdale and Boca Raton offices collected nearly 1,000 pounds of food that will be distributed to clients in need at the Boca Helping Hands' Food Center. The firm's donation included canned fruits and vegetables, pasta, beans, rice, soup, cereal, canned and boxed milk, and other non-perishable foods.

"Boca Helping Hands is a hard-working organization that offers valuable resources, programming and services to Boca Raton's most vulnerable residents," said Brinkley Morgan Managing Partner Philip Morgan. "When we opened our new office at One Boca Place, it seemed like a natural fit to celebrate the occasion by helping an organization that helps so many in our community."

Boca Helping Hands Executive Director James Gavrilos said, "Thanks to businesses like Brinkley Morgan, we are able to serve people who otherwise might not have anywhere to turn. We thank all the attorneys and staff in the firm's Boca Raton and Fort Lauderdale offices who helped make this food drive such a success."

Founded in 1975, Brinkley Morgan is committed to helping others through the firm's charitable campaign, Brinkley Morgan Cares. In addition to helping Boca Helping Hands, the firm has also held various drives for non-profits such as ChildNet and Kids in Distress of Broward and Palm Beach counties, the Literacy Coalition of Palm Beach, Feeding South Florida, and the Broward Partnership for the Homeless.

Brinkley Morgan's new Boca Raton



Ronald Siegel, William Kramer, Boca Raton Deputy Mayor Susan Haynie, Philip Morgan, Yueh-Mei Kim Nutter

office is located at 2255 Glades Road and offers a full range of legal services. Attorneys practicing at the firm's new office include Jodi Colton, Kenneth Gordon, William Kramer, Yueh-Mei Kim Nutter, Marissa Pullano, David Riggs, Ronald Siegel, and Roberta Stanley, among others.

For more information, call 561-241-3113 or visit BrinkleyMorgan.com.

ARLENE HERSON APPOINTED TO GOLD COAST TIGER BAY CLUB

Boca Raton Radio/TV personality, celebrity interviewer and public speaker Arlene Herson has been appointed to the Gold Coast Tiger Bay Club board of directors, it was announced by Tiger Bay Club Chairman Jamie Titcomb.

"Arlene is a dynamic community activist and we know she will be a tremendous asset to the board", said Titcomb.

Herson has had a remarkable career interviewing celebrities on television on the award winning, The Arlene Herson Show, and on the radio on Florida Forum. She produced The Magic Flute with Victor Borge conducting, and the musical 1776 with members of Congress playing our founding fathers, at the historic Constitution Hall in Washington, DC. She is also a public speaker and a journalist.

Hundreds of nationally known

personalities have been interviewed by Herson, revealing meaningful, inspirational and personal stories, oftentimes never heard before. Sammy Davis, Jr., Tony Bennett, Julio Iglesias, Suzanne Somers, Danny DeVito, Chuck Norris, Placido Domingo, Paul Anka, Neil Sedaka, Linda Evans, Phyllis Diller, and Gloria Steinem were just a few of her guests.

Herson has been honored by an appointment from President George W. Bush to the U.S. Holocaust Memorial Council, Governor Jeb Bush to the Florida Film & Entertainment Advisory Council, and President George H. W. Bush to the Take Pride In America Advisory Board. She is one of the few non-lawyers appointed to the Florida Bar Grievance Committee.

The next meeting of the Tiger Bay Club is 11:30 a.m. Jan. 21 at Bogart's in the Premiere level of the Boca Palace Cinemark Theatres, featuring Mayoral candidate current vice mayor Susan Haynie and candidates for Boca City Council. See www.goldcoasttigerbayclub.com for reservations or call 561.852.0000 for more information.

INSURANCE BROKERAGE VETERAN RON RESHEFSKY ANNOUNCES LAUNCH OF CENTURY RISK ADVISORS

BOCA RATON, FL – Insurance brokerage veteran Ron Reshefsky announced his return to the independent brokerage agency arena with the launch of a new risk management and insurance brokerage firm, Century Risk Advisors (CRA). Based in Boca Raton and serving clients on a national scope, Century Risk Advisors provides businesses, public entities, professional service providers and individuals with insurance and risk management services. Reshefsky, who serves as Chairman of Century Risk Advisors, has launched the new agency with his son, Gary Reshefsky, Principal of the firm.

CRA provides innovative and value-driven services for property & casualty insurance, risk management consulting, employee benefits and personal insurance needs. The company's



Gary Reshefsky, Principal, and Ron Reshefsky, Chairman, of Century Risk Advisors (CRA)

goal is to identify an account's exposures to loss and to then design risk management and insurance programs that mitigate the risks if they cannot be eliminated or transferred. The company's Private Client Team extends its risk management expertise to the needs of high net worth individuals and families who have complex and unique personal insurance needs (i.e. for high value homes, luxury automobiles, recreational vehicles, jewelry and fine art collections).

Striving to provide its clients with the best services in the industry, Reshefsky has recruited several highly experienced key individuals from his previous company, Century Financial Services, along with a number of extremely talented risk management professionals from other prominent national insurance companies. The firm is also looking to hire the "best of the best" in the industry with positions currently available for top Property & Casualty Sales Executives. Qualified applicants can visit www.centuryriskadvisors.com for more information.

Century Risk Advisors is located at 2600 North Military Trail, Suite 240 in Boca Raton, Florida. For more information call 561.409.2420 or visit www.centuryriskadvisors.com.



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SOLD

DELRAY BEACH – LAKE IDA - \$739,000

Live in the heart of downtown Delray beach! This home sits on an expansive corner lot just one block west of Swinton. This home is only a quick bike or golf cart ride away to the trendy Atlantic Avenue, where you can enjoy all of the shops and restaurants our village by the sea has to offer! This home has a spacious first floor with an extended family room, formal dining room, walk in pantry, separate laundry room, two guest rooms and an updated cabana bath. Oversized 2 car garage with impact rated garage doors and plenty of additional parking space. The living/family room overlooks the very private fenced in back yard which includes a gazebo, awning covered patio and an in-ground swimming pool. The second floor is a private master suite. This home features real hard wood floors, crown molding, built in shelves, and charming bay windows with storage!



SOLD

BOYNTON BEACH - YACHTMAN'S COVE - \$335,000

This is a Gorgeous home tucked away in the intracoastal community of Yachtmans Cove. This 3/2/2 pool home features a brand new kitchen with wood cabinets, granite and wood counter tops, stainless steel appliances, built-in dishwasher, wine cooler and bar-top seating! This open concept kitchen features beautiful views of the formal dining room, living room and family room. This home also features: All impact windows and doors! For more information or to schedule a private showing please call Noelle McIntyre.



UNDER CONTRACT

BOYNTON BEACH - BOWERS PARK - \$229,000

This 1928 home was built during the mission revival architectural movement and is still inspiring builders today! If you are looking for charm - look no further - this house has it all! This Spanish style home features 2bd/2ba downstairs and includes an additional 3rd bedroom and/or office upstairs. The moment you walk through the beautifully appointed arched pecky cypress front door you will see that this home has the right balance between historic significance and modern convenience. With its bright open floor plan, high ceilings, arched doorways, built in book cases, original in-laid hardwood floors and romantic fireplace it's hard not to fall in love. Old world charm meets modern living! For more information or to schedule a private showing please call Noelle McIntyre.



JUST LISTED

BOYNTON - GOLFVIEW HARBOUR - \$249,000

Charming 3/2/2 in Boynton Beach. Enjoy entertaining in the large dining and living room. The eat-in kitchen comes complete with a double pantry and a pass through to the patio area. The master features double walk-in closets and his & her sinks. This spacious home is close to Bethesda Hospital, downtown Delray Beach, shopping and entertainment. Wonderful home in a great neighborhood!
NO HOA! All ages and pets welcomed!
For more information or to schedule a private showing please call Noelle McIntyre (561) 266-3119



JUST LISTED

BOYNTON BEACH - CYPRESS CREEK - \$389,000

This gorgeous 4bd, 2.5ba home rests nestled in the gated community of Cypress Creek. The large eat-in kitchen overlooks the living room where you can walk outside to your fully fenced-in backyard making this perfect for entertaining and lounging around your salt water heated pool. Two spacious family rooms and a formal dining room! Just a few of the spectacular features include bamboo flooring, vaulted ceilings, built-in closet organizers in each room and custom baseboards, an alarm system, a newer roof, a newer A/C, plantation shutters and a 2 car garage! For more information or to schedule a private showing please call Noelle McIntyre



PRICE REDUCED

BOYNTON BEACH - CHAPEL HILL - \$289,000

Stunning home nestled in the community of Chapel Hill features a BRAND NEW roof, impact windows, New A/C and a beautifully appointed kitchen with granite countertops, gorgeous tile backsplash and stainless steel appliances. There is a separate laundry room as well as lots of storage space for all your storage needs. Extras include crown molding, freshly painted inside and out, updated bath(s) & hi-hat lighting! For more information or to schedule a private showing please call Noelle McIntyre



Noelle K. McIntyre, Broker-Owner

CONNECT WITH US!







"FINANCIAL CONVERSATIONS" CONTINUES AT THE DELRAY BEACH PUBLIC LIBRARY

The Delray Beach Public Library is pleased to continue an exciting and informative series entitled: "Financial Conversations on Mondays" sponsored by Merrill Lynch Wealth Management and Louise Weir Glover, Financial Advisor.

This series will take place on the first Monday of the month –

Monday February 3, 2014 from 4:30 – 5:30 p.m. - the topic will be "Taking Control of Your Retirement."

Monday, March 3, 2014 from 4:30 – 5:30 p.m. – the topic will be "Consider Health Care Costs When Planning Your Retirement."

You won't want miss this innovative and educational series. Light refreshments will be served and registration is required as seating is limited.

For further information and to register, please call 561-276-1608.

This program is free and open to the public. For further information on the many other free programs at the Delray Beach Public Library, please call the Director of Community Relations @ 561-266-9490 or visit our website at www.delraylibrary.org. Please "like" us on Facebook: www.facebook.com/DelrayBeachPublicLibrary.

CLIENTS OF BUSINESS CONSULTANTS OF SOUTH FLORIDA ON THE MOVE . . . AGAIN!

Business Consultants of South Florida (BCoSF) www.BCoSF.com, a Delray Beach based Business, Marketing and Sales Consulting Company has clients on the move.

Salon Trace just celebrated their one-year anniversary in December. After hiring BCoSF to help them with their business and marketing plan for the upcoming year, Salon Trace has been growing at a steady pace. If you know of a hair stylist looking for an awesome new place to work, Salon Trace is the place! Contact

Lisa or Taylor at (561) 272-2328. Staying true to their vision, Lisa and Taylor Trace are passionate about having a Delray Beach salon where clients not only come for their expert hair services but also because it is a warm, friendly atmosphere that makes everyone feel like they are home. Go to www.SalonTrace.com for more information about their services.

Emiliano Brooks, owner of Emiliano Brooks Productions, Inc, recently purchased a new Canon 70-200mm camera lens that will allow him to service his photography clientele in an even more professional manner. Are you looking for a place in downtown Delray to get a professional headshot in under an hour? Contact Emiliano today at (954) 854-6148. For information on all of his services including photography, print, architectural signage and much more, go to www.EmilianoBrooks.com.

Athletes Edge - Boca Raton, LLC, hired BCoSF to assist them to create their one year marketing & sales plan. They are gearing up to launch their new Corporate Fitness Training program. Located in Boca Raton, Athletes Edge is a company with a history in Sports Performance training for youth. Started by Don Icsman, an ex-NFL player and two colleagues, Athletes Edge is passionate about bringing quality training like professionals receive to young athletes. Look for more information coming soon at www.AthletesEdgePerformance.com or contact Joe Horter at (954) 406-0716 x2

Kimberly West, partner at BCoSF attended the FETC Conference in Orlando on January 28th to 31st on behalf of BCoSF client, Educational Consulting Inc. ECI are the founders of a global behavioral analysis software, ObserverWare. FETC is the content-rich conference that brings education leaders and technology experts together to exchange techniques and strategies for teaching and learning success. For more information on ObserverWare go to www.ObserverWare.com.

James Green



Green attended Palm Beach State College. In his free time, he volunteers with Boca Helping Hands and is currently involved in a fundraising project for The Milagro Center, an arts and education program for children in Delray Beach.

HABITAT FOR HUMANITY OF SOUTH PALM BEACH COUNTY AWARDED A \$95,000 LEADING THE WAY HOME (R) PRIORITY PROGRAM MARKETS INITIATIVE GRANT

The Wells Fargo's Housing Foundation has recognized Habitat of Humanity of South Palm Beach County (HFHSPBC) with The Leading the Way Home program Priority Markets Initiative grant in the amount of \$95,000. This grant supports neighborhood projects located in areas designated for revitalization to help accelerate growth, stability and investment in distressed areas.

The Leading the Way Home(R) program Priority Markets Initiative grants are administered through the Wells Fargo Housing Foundation. The Housing Foundation has invested more than \$284 million, since 1993 to support affordable housing and community revitalization programs. Housing Foundation programs have also delivered 4.7 million volunteer hours to build or rehabilitate more than 5,000 homes during the past 20 years.

"We are deeply honored to be chosen for the Leading the Way Home program Priority Markets Initiative Grant" said Habitat Executive Director, Michael Campbell. "This award will allow us to continue our mission to build stronger, safer neighborhoods".

The Wells Fargo's Housing Foundation is the lead sponsor of Habitat's Ocean Breeze West project. This 21-new home community, located in the Heart of Boynton Beach, came to fruition through collaboration with the City of Boynton Beach, the Community Redevelopment Agency (CRA) and the Boynton Beach Faith Based Community Development Corporation (CDC). To honor their commitment in the affordable homeownership field, Habitat will dedicate the 21st and last home, which will be completed this summer, in the name of the Wells Fargo Housing Foundation.

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THE PORCH OPENS FOR BUSINESS AT HISTORIC BLANK HOUSE

The Porch is happy to announce that they are open for business serving seafood, pizza and pasta daily. Open for dinner at 5pm starting Monday, January 27th and soon to be open for lunch, The Porch is located in the Historic Blank House at 85 SE 6th Avenue with a beautiful new outdoor deck. (561) 303-3647 www.theporchdelraybeach.com

FIFTH THIRD BANK HIRES JAMES GREEN AS MORTGAGE BANKER

WEST PALM BEACH, FL – Fifth Third Bank (South Florida) recently hired James Green as a mortgage banker for clients with residential mortgage loans up to \$10 million.

Green has more than eight years of experience in finance and was previously a Senior Mortgage Consultant in West Palm Beach.

"James' mortgage experience and knowledge of the local market make him an asset to Fifth Third – especially as we continue to expand our presence in South Florida," said Andy Insua, SVP, Affiliate Division Head of Mortgage. "We're excited to welcome him to the team."

Heart Phoenix to speak at Tiger Bay Club

Joaquin and River Phoenix's mom Heart Phoenix will be the guest speaker at the Gold Coast Tiger Bay Club lunch, 11:30 a.m. to 1:00 p.m. Feb. 11 at Bogart's, on the Premiere level of the Boca Palace Cinemark Theatres, 3200 Airport Road, Boca Raton, FL, it was announced by Tiger Bay Club Chairman Jamie Titcomb.

Heart's work, service and activism has spanned over five decades. Having worked as an educator, activist and champion throughout the United States and numerous countries on environmental and animal rights issues, social justice, peacebuilding and gender equality, she brings the passion and energy of her name....Heart.

She is a co-founder of The Peace Alliance working towards legislation for a Department of Peacebuilding, the Youth PROMISE Act and other key legislative issues, and is the Chair of The Peace Alliance Educational Institute. She served as the Executive Director of the Florida School of Traditional Midwifery and has been on its board for over 10 years.

She is currently living her dream as President of the River Phoenix Center for Peacebuilding, in honor of her son. Her tireless efforts to launch and drive this work has led to success in forming partnerships with the Department of Juvenile Justice, Florida's State Attorney's Office, Law Enforcement, the University of Florida and countless partners in peacebuilding. Her passion and commitment to nonviolence has been the center point of her life.

The River Phoenix Center for Peacebuilding is a non-profit organization whose primary function is to formalize, coordinate, facilitate and champion the implementation of resources to further the prevention, intervention and healing from violence in all its forms.

Costs to attend are \$25 for members paid in advance or \$35 at the door and \$35 for guests paid in advance or \$45 at the door.

See www.goldcoasttigerbayclub.com for reservations or call 561.852.0000 for more info.



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561.742.4700

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561.209.8900



DELRAY MARKETPLACE ANNOUNCES OPENING OF NEW SPECIALTY RETAILERS

DELRAY BEACH, FL – Delray Marketplace, Delray Beach's 254,686 sq. ft. dining, entertainment and shopping destination, announces four new tenant openings, TAP Global Beer Collection, The Pop Culture Vault, My Day Spa, and Mondana Kitchen that will contribute to the center's ever-growing tenant mix.

TAP Global Beer Collection is the newest spot for tasting brews from around the world and offers 72 beer taps; more than 400 bottle brands; tapas and appetizers. TAP is equipped with over 30 HDTVs and an exclusive tasting room with a state-of-the-art entertainment system, where guests can host private events or special gatherings. Patrons of TAP can choose to sit at any of the beautiful wood bars, 12 foot community tables or lounge at the outside patio and fire pit.

Pop Culture Vault is committed to providing the highest quality art and memorabilia, offering diverse collections for the casual fan as well as the most avid collector ranging from affordable gifts to ultra-unique one-of-a-kind pieces. Specializing in the Art of Rock & Roll and Pop Culture, the company is proud to represent a wide variety of artists and studios in the publishing and distribution of their artwork including: Elvis Presley Enterprises; Alfred Wertheimer's Elvis 1956 Collection; Rock and Roll images of The Rolling Stones, Beatles and other classic rock of The Hulton/Archive; the Bob

Marley and The Grateful Dead Archives of photographer Peter Simon; and the Michael Ochs Collections of Classic Rock and Jazz. The Pop Culture Vault also takes great pride in offering the Fine Art Portfolio of premiere entertainment artist Joe Petruccio, featuring iconic images of Rocky, Led Zeppelin, Elvis Presley and others.

My Day Spa offers a unique spa experience including massages; facials, body scrubs and wraps; pedicures; manicures; permanent makeup; lash tinting; microdermabrasion; waxing for men and women; and couples massage treatment room.. My Day Spa carries skin care lines such as Eminence, and Environ; and trendy nail options such as OPI nail polish, Gel, Shellac, and Acrylic and Next Gen nails. Enjoy a relaxing atmosphere in the relaxation room, where guests can enjoy a glass of wine while wearing a fluffy robe and slippers.

Mondana Kitchen is a new line of retail stores specializing in tableware, kitchenware and barware. Mondana Kitchen is committed to offering the highest quality dinnerware, flatware, stemware, glassware, bar, coffee and tea accessories, small kitchen appliances, table linens, gourmet food. Mondana Kitchen carries well-known brands including Julia Knight, Michael Aram, Arthur Court, Juliska, Mikasa, Fortessa and Franz to name a few.

For more information on Delray Marketplace, please call (561) 865-4613 or visit www.delraymarket.com.

"Oh, The Places We'll Go!"

By **Jeremy Office**
Special to The Pineapple

As the year comes to an end, we reflect on where we've been, where we are, and where we may be going. Since we take a top-down macro approach to investing, we attempt to make educated decisions on what could be the dominant themes for 2014. Because we do not have a crystal ball, we try to be broad in our overall expectations and base our assumptions on historical statistics, fundamental analysis of economics and personal experience.

After many hours of research and debate among our team, we have come up with the following themes for 2014 and the possible implications associated with them. Going through this exercise reminded me of one of my favorite books, *Oh, The Places You'll Go* by Dr. Seuss. This book has been a backdrop throughout my life, so I thought it would be fitting to explore the places we think the markets will take us in 2014. As the great Dr. Seuss said, "Congratulations! Today is your day. You're off to Great Places! You're off and away!"

As we saw in May 2013, the mere hint of tapering for the first time pushed rates higher from a low of around 1.63% to above 2%. To much of everyone's surprise, in December we actually achieved \$10 billion of monthly reduced purchases. The FOMC also anticipates that it likely will be appropriate to maintain the current target range for the federal funds rate well past the time that the unemployment rate declines below 6.5%, especially if projected inflation continues to run below the 2% goal. With Janet Yellen at the helm, we expect an accommodative monetary policy to continue, with rates drifting higher as additional tapering becomes imminent. Tapering will not only test the resiliency of the markets, but will also indicate that in the eyes of the Fed, the economy has substantially improved—an encouraging nod that investors might be looking for to regain confidence.

In late 2012 and early 2013, Japan entered into uncharted territory and took a page out of the Fed's book by adopting an extremely accommodative monetary policy to overcome its stagnant economy. "Abenomics," named after Prime Minister Shinzo Abe's economic policies to encourage growth and private investment, is beginning to show signs that it is working. The CPI rose 1.1% year-over-year in October, marking the first time in five years that the CPI has remained above 1% in two consecutive months.

Japan's manufacturing PMI rose to 55.1, a new cycle high, and small business sentiment rose to near 20-year highs. Japan's November M2 monetary base grew by 4.3% year-over-year, the fastest pace seen since February 1998, and we've continued to see weakening of the yen against the dollar. We believe that Japan will remain on its current trajectory and that Japan will be willing and ready to implement further stimulus as we saw in December, an additional \$53 billion to offset the planned increase in the national sales tax.

Will the Eurozone catch up with the rest of the developed markets? We saw

meaningful progress out of the Eurozone in 2013 and believe that it will provide a positive economic backdrop in 2014. The Eurozone exited the recession in the second quarter, with gross domestic product expanding by 0.3% from the first three months of the year. European economies are in an early cycle recovery and valuations are still relatively inexpensive when compared to developed markets. The Eurozone's flash composite PMI climbed to a three-month high of 52.1 in December from 51.7 in November. The key to Eurozone success will hinge on getting all members of the 17-country currency bloc to synchronize growth. As there continues to be a divergence between the Eurozone's biggest economies, France and Germany, we believe that policymakers need to increase their stimulus and that monetary policy will remain accommodative for 2014.

China was under the microscope for much of 2013 and we anticipate them to be under the same scrutiny in 2014. Their explosive credit growth and shadow banking undermined the future of China's growth potential and fueled fears of a softening economy. Analysts expect the world's second largest economy to slow to anywhere from 6.8% to 7.6% this year, which would be the weakest in 14 years. As U.S. and Eurozone economies improve, we expect export growth to pick up and support the deceleration in China. China continues to be one of the major influential uncertainties in 2014.

Overall, we are expecting positive equity returns and continued challenges in fixed income for 2014. As the Fed weans the economy off of its stimulus, we will begin to see the resiliency of the markets and the true strength of the underlying economy. The Fed tapering, the Eurozone slipping back into recession, and a slowdown in China could derail the current recovery, but the return to normalcy and stabilization of markets support our positive view.

Although we recognize the potential headwinds, we believe the tailwinds outweigh them, and as economies begin to show life again, a renewed vote of confidence could be what spurs investors to invest back into the markets. We may not see the type of returns we saw in 2013, but the underlying fundamentals are improving and we are expecting an acceleration of global economic growth that should bode well for capital markets in 2014.



Jeremy Office, Ph.D., CFP, CIMA, MBA is Principal at Maclendon Wealth Management in Delray Beach and specializes in portfolio construction, strategic asset and liability management, and long term planning relating to financial matters as well as real estate, income tax, insurance and estate planning. He is also Managing Partner of SJO Worldwide a venture capital company.
www.maclendon.com • 855.MAC.WEALTH



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Delray Beach. Two Blocks north of Atlantic Avenue, this charming cottage with 140' water frontage is the most prime location for your next home, a renovation, or brand new build. Located in sought-after Palm Trail on a large basin of the Intracoastal, a tropical paradise with amazing water views allows you to enjoy sunrises over the east, and manatees as they float by. Watch the Atlantic Avenue bridge go up from a location perfectly situated in a neighborhood of estate homes, yet the closest to all the festivities of Downtown Delray Beach. Highly desirable location in East Delray Beach. 3 BRs and 3 baths. Listed at \$2.495M
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Delray Beach. Known for his Contemporary twist on the Key West style home, this new 4 BR, 2.1 bath pool home has just been completed by Delray Beach's premier home builder, Marc Julien Homes. Built to the same exacting standards of their million dollar homes, this latest home's quality is beyond compare, offering impact windows, security system, and energy efficient building techniques. Located in Historic Del Park, this charmer is within the beach, restaurants and shops and Atlantic Ave. Offering the best of both worlds; living in a quaint historic neighborhood, yet being close to the best Delray has to offer makes this charmer irresistible! Won't last long at \$899K
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Helpful business hints from Delray Beach Chamber members

Top leadership mistakes of entrepreneurs

By Andrea Hoffer
Special to The Pineapple

The top leadership mistakes often made by entrepreneurs fall into four areas.

The mistake I see most often with entrepreneurs is that they don't separate themselves from their business. It becomes part of their identity. This can be dangerous. If you identify so closely with your business, you may not see everything objectively and this makes it difficult to make the right decisions for your business.

For example, there may be one area of your business that is losing money and needs to be reworked or replaced or your business will suffer. If you cannot separate yourself from your business, you may overlook this until it is too late to turn it around.

Another mistake I see entrepreneurs make is thinking that no one can do it better than they can. This leads to micromanaging or the entrepreneur doing everything themselves. The entrepreneur continues to work in their business instead of on it, which makes it difficult to grow the business. Successful entrepreneurs see themselves as leaders and focus on growing their people to do their jobs effectively. This frees the entrepreneur up to work on the future of the business.

Entrepreneurs are often visionary when

they start their business but then somewhere along the way they forget how important it is to have a vision for their business. The mistake they make is getting caught up in the day-to-day operations and not leaving time to develop a vision for the business and a plan to get them there.

Finally, entrepreneurs often think they don't need to learn how to lead. Many areas of leadership may come naturally to entrepreneurs; however there may also be blind spots that they are not aware of. The most successful entrepreneurs are constantly working on improving their leadership skills to be more effective.

Andrea Hoffer brings a unique perspective to consulting and training. A small business owner with 35 employees herself, she knows first hand the everyday challenges of motivating employees, exceeding customer expectations, and meeting business and revenue goals. Contact Andrea to help you improve the experience you offer your customers and employees. www.andreahofferassociates.com 561-829-5611 andrea@andreahofferassociates.com



herself, she knows first hand the everyday challenges of motivating employees, exceeding customer expectations, and meeting business and revenue goals. Contact Andrea to help you improve the experience you offer your customers and employees. www.andreahofferassociates.com 561-829-5611 andrea@andreahofferassociates.com

WOO CREATIVE - continued from page 33

venue. This year's opening weekend features the all-new Super Sunday—an event that includes all six ATP Champions Tour stars, an "American" group consisting of Roddick, Boca Raton's own Aaron Krickstein and two-time Delray Beach ATP World Tour champion Jan-Michael Gambill, and an "International" group including 2001 Wimbledon champion Goran Ivanesevic, Hall of Famer Mats Wilander and former French Open finalist Mikael Pernfors. The ATP World Tour tournament features the world's all-time No. 1 doubles team, the Bryan Brothers and ATP World Tour singles headliners John Isner, Kei Nishikori, Marcos Baghdatis, Tommy Haas and Janko Tipsarevic. Attendees will witness past and future tennis legends as they take the court, hear up and coming musical artists, and be able to cheer on the worlds only promotional team tied to tennis, the VolleyGirls. Visit www.YellowTennisBall.com or call 561-330-6000 for details.

About Woo Creative

Woo Creative (formally FuturisticWoo) is a seven person, two year old, Delray Beach

based brand consulting company, with a knack for both the creative and technical. They advertise in cryptic fashion, and won't work with just anyone. Instead, they prefer to hand pick their clients in a unique and flat-out inscrutable manner. "We help companies we like and we like companies we help." Every company should have a brand consultant, a few graphic designers, a writer and a marketing department. The Woo is a pinch of all these things... and more.



CHRISANTHUS - continued from page 33

held positions in the finance industry with JP Morgan Chase and Morgan Stanley.

He holds a bachelors degree in communications from the College of Charleston and a masters degree in public relations from New York University.

About the Delray Beach Marketing Cooperative:

The Delray Beach Marketing Cooperative (DBMC) is a partnership between the City of Delray Beach, the

Community Redevelopment Agency and the Greater Delray Beach Chamber of Commerce. The DBMC's mission is to attract people to the City, create a positive image and increase awareness of Delray Beach for a positive economic impact through Destination Marketing, marketing programs, special events and community collaboration. For more information, please contact DBMC at (561) 279-1380 or visit www.VisitDelrayBeach.org.

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DID YOU EVER WONDER? Insurance Q & A

By Harvey Brown
Special to The Pineapple

Question: Why should I buy life insurance?

Answer: Because life insurance is one of the greatest estate planning tools available to you and will positively affect the lives of your loved ones in ways you can't imagine.

Insurance costs here in South Florida can really add up. By the time you add up your auto, health, and homeowners insurance you realize you're spending a good part of your budget on insurance of one type or another. As a result, adding life insurance may be the last thing on your mind when it comes to your expenses.

I am here to tell you that life insurance is arguably the greatest estate planning tool that you can buy. If you have a family then it is a must-have for your financial planning. Life Insurance will give your family the gift of time as they won't have to sell assets immediately to fund their lives.

If you are unmarried or don't have children, consider expenses your family/relatives would have to cover such as caring for your pet(s), clearing up your debts, emptying their contents of your home, funeral and burial costs. Life Insurance will really help here.

Life Insurance payments are usually tax-free and are paid outside of the probate process, meaning a check goes directly to you and isn't delayed by the legal process when someone dies.

Often my clients will tell me they need some life insurance because they have a mortgage and want it paid off should they die. I tell them that paying off the mortgage is just the start of the expenses and they should buy at least \$500,000 to \$1,000,000 of coverage if possible. Why the higher limits of coverage? Houses cost money to maintain. Things break or wear out. HOA assessments can happen. A two-income household that loses a breadwinner can quickly go into the "red" financially and force a sale of the house even if there's no mortgage and the remaining spouse works.

Life insurance can provide the funds for kid's medical expenses, school, braces, clothing (the list goes on-and-on) and aftercare or babysitting, allowing the remaining parent to make a living. College can still be possible with life insurance funding an educational account. Cars can be replaced without driving a "clunker" forever.

If you are a business owner, life insurance is the perfect way to provide funds to keep the business going until a successor or buyer is found. If you have a business partner, then life insurance can provide funds for the remaining partner to buy out your spouse's interest, giving your family the money to continue to live comfortably.

Life insurance is not a luxury, it is a necessity. Too often I have seen instances where friends or acquaintances either didn't have life insurance at all or didn't have enough. It was hard to see their lifestyles change for the worse when a spouse passed away.

Here's the good news: People are living longer; mortality tables are improving so rates continue to go down, which is great for the consumer!

There is quite a bit more to this issue but to keep things simple I will say do yourself and your loved ones a favor - buy Life Insurance and do it sooner rather than later. I've never met a beneficiary of a Life Policy who said they had too much coverage!

The Harvey L. Brown Agency are experts in auto, home, business, life/health and represent over 40 companies. If you have questions or concerns about your insurance, call 561-276-0369 Monday-Friday 9-5pm.





real estate briefs

LANG REALTY CELEBRATES SUCCESSFUL YEAR & COLLECTS A HALF TON OF FOOD TO BENEFIT MOVE FOR HUNGER



(Above L – R) Dawn Forgione, Lang Realty agent with Alexandra Shea and Chris Shaw

(Below L – R) Tripta Chawla with Scott Agran, president of Lang Realty



BOCA RATON, FL – Lang Realty recently celebrated a banner year with their annual holiday party whereby more than a half a ton of food was donated by Lang associates to benefit Move for Hunger.

“Through the generous efforts of our associates we collected enough food to feed more than 840 people in need this holiday season,” said Scott Agran, president of Lang Realty. “We have realized tremendous growth this past year and look forward to continuing to give back through on-going outreach in our communities.”

The annual event recognizes associates for the year’s accomplishments. This year, Tripta Chawla, a Lang agent, brought a new milestone to the company being the only agent in the company’s history to reach earnings of more than \$1 million. A new award, the Diamond Star Award, was presented to her for this pinnacle of achievement.

In 2013, Lang Realty opened new offices in Jupiter, Manalapan and Hunters Run of Boynton Beach and has closed more than \$1 billion in sales.

For more information call 561-853-2300 or visit www.langrealty.com.

NOVEMBER 2013 PROPERTY TAX COLLECTIONS BRING IN MORE THAN 75 PERCENT OF BILLED REVENUE

WEST PALM BEACH, FL – Anne M. Gannon, Constitutional Tax Collector, reports her office collected \$2.29 billion of the \$3.02 billion billed for the 2013 property tax season during November. This revenue represents 467,985 or 68 percent of all billed properties in the 2013 cycle. November payments receive a 4 percent discount, the highest allowable by

Florida law.

Electronic payments increased by \$72 million, or 62 percent over November 2012. Also notable is the agency’s successful collaboration with area banks to convert their online bill payments from paper checks to digital payments. “That’s over \$31 million or nearly 10,000 bank transactions that we didn’t have to hand process,” said Gannon. “This is a huge efficiency improvement.”

The majority of property owners pay by mail. Of the \$2.29 billion collected, \$1 billion was received by mail. Unlike electronic payments, there is a higher rate of processing delays that result from taxpayers who staple, clip fold or mark on payments. These taxpayer errors cause payment rejections in the agency’s high speed mechanical processing. Rejected payments must be processed manually, creating delays for property owners and increasing processing costs for the Tax Collector’s office. In November, \$276 million or 80,994 mailed payments required hand processing. This issue could be completely avoided if taxpayers pay online.

Property owners can pay online at www.pbctax.com. Online payments are secure. Multiple transactions are accepted and an online e-pay tutorial is posted to help first-time users. Payments made by January 31 receive a 2% discount and there is a 1% discount in February. Taxes are delinquent on April 1, 2014.

LENNY FELBERBAUM OF POSH PROPERTIES REACHES CHAMPIONSHIP LEVEL

Congratulations to Lenny Felberbaum for reaching Championship award level within the first 12 months at Posh Properties. Lenny’s extraordinary ability to know his market, the inventory and work ethic has helped him achieve over \$8 million in sales his first 12 months.



LANG REALTY CLOSES 2013 WITH RECORD SALES OF MORE THAN \$1 BILLION

BOCA RATON, FL – Lang Realty, one of the dominant real estate companies in South Florida (www.langrealty.com), has announced record sales of \$1 billion for the year 2013.

“This historic achievement further illustrates the power of local Realtors with extraordinary knowledge and experience out performing multi-national franchises, companies affiliated with art auction houses and several power house New York based companies,” said Scott Agran, president of Lang Realty. “This past year also saw the addition of three new Lang offices in Jupiter, Manalapan and Hunters Run of Boynton Beach, further strengthening our market share and influence in Palm Beach County.”

Lang Realty was established in 1989 and has grown from a modest start with just three sales associates to become one of the top real estate companies in South Florida. The company has more than 350 agents with offices in Boca Raton, Delray Beach, Boynton

Posh Properties pops up at Polo Club



Catherine McGlennon and Jerilyn Walter of Posh Properties and Delray Beach are joined by Patricia Delinios of Century 21 Premier Elite Realty of Miami, to enjoy the opening day of the International Polo Club. Although the match was rained out, the festivities continued with a delicious champagne brunch and dancing.

Beach, Manalapan, West Palm Beach, Palm Beach Gardens, Jupiter and Port St. Lucie.

For more information about Lang Realty and details on current listings, call 561-989-2100 or visit www.langrealty.com. You can also follow Lang Realty on Facebook, Twitter, LinkedIn and Lang’s blog for real estate updates and Lang Realty news.

LOCAL BUSINESSWOMAN SELECTED DELRAY CHAMBER’S AMBASSADOR OF THE MONTH

DELRAY BEACH, FL – Each month, the Greater Delray Beach Chamber of Commerce (Delray Chamber) celebrates one of its Ambassadors with the Chamber’s Ambassador of the Month Award. Jessica Rosato, Luxury Residential Specialist with Nestler Poletto Sotheby’s International Realty, won the award for December.

According to John Campanola, a Financial Services Professional at the New York Life Insurance Company and Chairman of the Delray Chamber Ambassadors, “Each month we highlight an Ambassador who exemplifies all the positive traits of the position. This is one way to recognize these hardworking volunteers and the value they provide to the Chamber membership and to the Delray Beach Community.”



Jessica Rosato and John Campanola

Rosato joined the Greater Delray Beach Chamber of Commerce in 2012. “I joined the Chamber because it is an amazing organization whose main purpose is to support local businesses and bring out the best that Delray Beach has to offer,” she said. “There is a lot of enthusiasm and devotion in the local business community because of what the Chamber does. I love being part of our community and I love working with others who grasp the importance of supporting and helping to grow an already prosperous foundation laid by the Chamber and it’s members.”

Along with being a member of the Delray Chamber Ambassadors program, Rosato is involved with other Chamber activities including the Chamber Programming Board, the Delray Business Partners, and she is a member of the Focus on Women

Committee. She also serves as the Secretary and the Business Affiliate Marketing Chair of the Women’s Council of Realtors.

About the Greater Delray Beach Chamber Ambassador Program

The Greater Delray Beach Chamber Ambassadors are members who volunteer their time to provide a crucial link between the Chamber and its members. They ensure all members receive the maximum benefit from their investment. The mission of the Ambassadors is to represent the Chamber by exhibiting the highest degree of professionalism, knowledge and integrity to their members and the business community. Ambassadors serve as the greeting arm of the Chamber to promote new member participation and retention.

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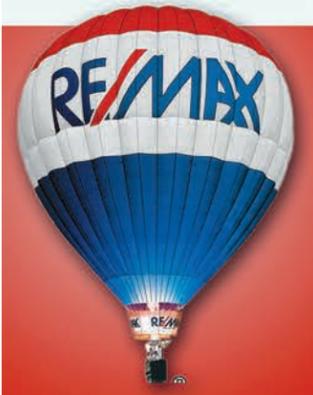
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Deck The Grove



The Pineapple Grove Arts District was festive with holiday cheer on December 12th when the merchants came together to present the Holiday celebration, Deck the Grove to the community. This free Holiday event included live entertainment from talented local performers, Lily Forte, Ariel Moyer and Daniel Hopin. The event also included a pet adoption by MisFit ResQ, craft vendors from the Southern Handicraft Society, and a visit from Rudolph the Red Nosed Reindeer. The store owners got into the spirit and decorated their shops for a store front decorating contest. The Gingerbread contest was another popular attraction and included entries donated by the South Tech School. The public voted and Geri Cue of Pilates by Geri won the "Best Store Front". Erinn Beck, Cookie Beck and Marcella Robins created the public's favorite Gingerbread House, an edible version of the Paradise Salon.



COMING SOON TO THE PINEAPPLE



The Pineapple Newspaper has partnered with Homes.com to make buying and selling your home in Delray Beach even better. Starting in December, PineappleNewspaper.com will have a special real estate section with home listings, area information and featured real estate professionals.



'Wings, Wheels & Heels' – The new, ultimate hanger party with a purpose – debuts February 27 at Signature Flight Support

Boca Raton event benefits youth who age out of foster care with a real home and continued support at Place of Hope at the Haven Campus

BOCA RATON, FL – An ultimate hanger party will bring together the best of planes, automobiles and fashion to benefit young people who age out of foster care, yet still need a place to call home.

Place of Hope at the Haven Campus in western Boca Raton is proud to announce "Wings, Wheels & Heels," a social event featuring a live auction of luxury recreational activities, live music/DJ, tapas from the area's most popular restaurants and an ultra-cool setting, the hanger of Signature Flight Support in Boca Raton. "Wings, Wheels & Heels" is scheduled for February 27, 2014; ticket cost is \$100 per person.

Sponsored by Lamborghini Palm Beach, "Wings, Wheels & Heels" will raise funds to create a cottage home especially for emancipated youth, or those who age out of foster care, but who still need family-style support and guidance. Designed in the model of Villages of Hope in Palm Beach Gardens (www.villagesofhope.net), the new cottage will be supported by a new program called Alumni Impact Project. The Alumni Impact Project will encourage local alumni of universities, fraternities, sororities and other institutions to support the alumni of the foster care system, providing the youth with a network of friends and mentors.

"Wings, Wheels & Heels" is the first fundraiser to support this new element of the new Place of Hope at the Haven Campus, which is an extension of Place of Hope, a foster care community in Palm Beach Gardens. The event committee is chaired by Denise Day of Parkland and Jennifer Lentoski of Coral Springs.

"Each of us on the committee has benefited in some form from being a part of a network, whether it is from our family, school, work or volunteer organizations. When a young man or woman ages out of foster care, they typically don't have this kind

of circle to lean on," said Day.

"Wings, Wheels & Heels is a way for us to use our alumni connections to create alumni connections for these young people," added Lentoski. "At Place of Hope at the Haven Campus, they will continue to learn how to be a productive, confident adults in a cottage setting that is safe, nurturing and family-oriented."

The "Wings, Wheels & Heels" committee is hosting a festive pre-event reception at 6:30 p.m. on Jan. 15, 2014, at Lamborghini Palm Beach, 2345 Okeechobee Blvd., West Palm Beach; www.lamborghinipalmbeach.com. RSVP to Jodi@Hopeatthehaven.org.

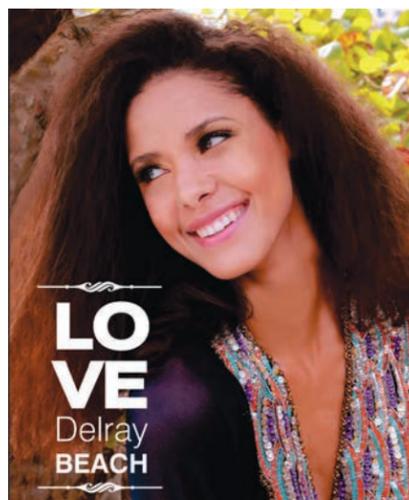
For more information on "Wings, Wheels & Heels" and/or the pre-event reception, contact Lisa McDulin, special projects manager for Place of Hope at the Haven Campus, at 561-483-0962 or find POHATH on Facebook at www.facebook.com/PlaceOfHopeAtTheHaven.

WHO/ABOUT PLACE OF HOPE AT THE HAVEN:

After 36 years of serving more than 1,000 foster children, The Haven's Board of Directors selected Place of Hope to carry on its mission and to steward its assets and resources. With locations in Palm Beach Gardens, West Palm Beach and Boca Raton, Place of Hope is a faith-based, state-licensed child welfare organization that provides family-style foster care (emergency and long-term); family outreach and intervention; maternity care; safety for domestic minor sexually trafficked victims; transitional housing and support services; adoption and foster care recruitment and support; hope and healing opportunities for children and families who have been traumatized by abuse and neglect. Place of Hope at the Haven is located at 21441 Boca Rio Road, Boca Raton. For more information about Place of Hope, visit www.placeofhope.com.



Caption (From left): Peggy Mackey, Trisha Saffer, Neil Saffer, Maria Fife, Suzette Hernandez, Monica Gonzalez, Sean Caplen, Christine Dzus, Carol Steiner, Iris Smeltz, Valerie Larson, Therese Leonzal, Renette Verhaeghe, Lisa McDulin, Charles Bender, Robert Lentoski, Co Chair Jennifer Lentoski, Co Chair Denise Day, Floyd Raglin. Photo by Ren Dittfield of Ren Dittfield Photography.



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Brave Man Media (561) 789-4800, 260 NE 5th Ave., Delray Beach,
FL 33483, www.bravemanmedia.com
ADVERTISING & MEDIA / VIDEO PRODUCTION

Mindful Management (561) 357-0121, 280 NE 2nd Ave., Delray
Beach, FL 33444, www.mindfulstorage.com
MOVING & STORAGE / SELF STORAGE
(Referred by Michael Weiner, Weiner, Lynne & Thompson
& Brian Rosen, Marcus & Millichap Real Estate)

Therapy by the Sea, LLC (201) 271-7887
15300 Jog Rd., Ste 108, Delray Beach, FL 33446,
www.rianamilne.com – THERAPIST / LIFE COACH

The Cardiology Center, Inc. (561) 495-7787
16244 S. Military Tr. Ste 560, Delray Beach, FL 33484
www.cardiologycenter.md – PHYSICIANS & SURGEONS / WEIGHT LOSS
& FITNESS (Referred by Mary Jo Gioffi)

Aluminum Design Products, Inc. (561) 894-8775
1055 SW 15th Ave., Ste 1, Delray Beach, FL 33444
www.aluminumdesignproducts.com
DISTRIBUTORS & MANUFACTURERS (Referred by
Christina Morrison, Carmel Real Estate & Management)

South Florida Elder Mediation (561) 702-0550
Delray Beach, FL 33483, www.sfeldermediation.com
SENIOR CARE / ELDER SERVICES
(Referred by Candy Cohn, Palm Beach Senior Placement)

Broad and Cassel (561) 832-3300, 1 N. Clematis St., Ste 500, West
Palm Beach, FL 33401, www.broadandcassel.com ATTORNEYS (Referred
by Connor Lynch, Plastridge Insurance)

One Aveda Salon - 561-272-1147, 1020 S Federal Hwy, Suite 103,
Delray Beach: SALONS, SPAS & BARBERSHOPS

Danon Management Group - 561-278-2171
401 W Atlantic Ave., Ste R-12, Delray Beach: PROPERTY MANAGEMENT

Gold Coast Down Syndrome Organization - 561-752-3383,
915 S Federal Hwy, Boynton Beach: NONPROFIT ORGANIZATIONS

Dare 2 Be Great, Inc - 561-243-7231, 200 Lindell Blvd, Ste 902,
Delray Beach: NONPROFIT ORGANIZATIONS

Cooper May Communciations - 561-509-5919, One Town Center
Rd, Ste 300, Boca Raton: ADVERTISING & MEDIA / MARKETING, PR

Dockery Romer & Co - 561-330-8000, 70 SE 4th Ave, Delray Beach:
REAL ESTATE / COMMERCIAL & MORTGAGE BANKING

Polo Trace Golf Club - 561-495-5300,
13479 Polo Trace Dr, Delray Beach: GOLF & COUNTRY CLUBS

24/7 Perfect Cleaning - 561-901-5229,
152 Via D'Este, Delray Beach: CLEANING & MAID SERVICES

The Atlantic Current LLC - 561-583-0035, 7491 N Federal Hwy,
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February 11, 2014 11:00 AM - 12:00 PM

Focus On Women Program Committee
At Delray Beach Chamber of Commerce
Monthly planning meeting

February 11, 2014 3:30 PM - 4:30 PM

Programming Committee Meeting
At Delray Beach Chamber of Commerce
Monthly planning meeting

February 12, 2014 12:00 PM - 1:00 PM

Chairman's Club Monthly Luncheon
Location: To Be Determined

February 13, 2014 5:30 PM - 7:30 PM

Focus on Women "Elizabeth Smart Lecture"
This lecture will be followed by a meet and greet cocktail reception with Elizabeth Smart. Please contact Lynn at lynn@delraybeach.com or patty@delraybeach.com or calling 561-278-0424 for tickets. Call today... limited number of tickets!

February 18, 2014 11:45 AM - 1:00 PM

Budget & Finance Committee
At Delray Beach Chamber of Commerce

February 19, 2014 5:45 PM

Contacts, Cocktails & Tennis: Tri-Chamber of Commerce 9th Annual Tennis Bash
At Delray Beach Stadium & Tennis Center

February 20, 2014 8:00 AM - 9:00 AM

Healthcare Committee
At Delray Beach Chamber of Commerce

February 20, 2014 11:30 AM - 1:00 PM

New Member Lunch & Orientation
At Delray Beach Chamber of Commerce

February 21, 2014 8:00 AM - 9:00 AM

Government Affairs Committee
At Delray Beach Chamber of Commerce

February 21, 2014 11:30 AM - 1:00 PM

Executive Committee Meeting of the Greater Delray Beach Chamber of Commerce
At Delray Beach Chamber of Commerce

February 25, 2014 8:00 AM - 9:00 AM

Economic Development Committee
At Delray Beach Chamber of Commerce

February 26, 2014 11:45 AM - 1:15 PM

Greater Delray Beach Chamber of Commerce Board of Directors
At Delray Beach Chamber of Commerce

February 28, 2014 8:00 AM - 9:00 AM

Development Cooperative
At Delray Beach Chamber of Commerce

March 4, 2014 11:30 AM - 1:00 PM

Non-Profit Council Luncheon
At Banyan Creek Elementary School

February 3, 2014 5:00 PM - 7:00 PM

Chamber Community Open House
At Delray Beach Chamber of Commerce

February 4, 2014 11:30 AM - 1:00 PM

Non-Profit Council Luncheon
At Delray Beach Chamber of Commerce

February 5, 2014 12:00 PM - 1:00 PM

Tech Talk & Pizza, "How to Increase Your Sales Through LinkedIn"
At Delray Beach Chamber of Commerce

February 6, 2014 11:45 AM - 1:00 PM

Ambassadors Monthly Meeting
At Delray Beach Chamber of Commerce

February 10, 2014 5:00 PM - 6:30 PM

Young Professionals Open House
At Delray Beach Chamber of Commerce

Chamber of Commerce
Grand Openings and Ribbon Cutting Ceremonies

Wednesday, February 5 • 5:00pm
Greenlands Variety Store
2000 N. Federal Highway (Near Ellie's 50's Diner)

Thursday, February 6 • 5:00pm
Vixity, LLC
812 E. Atlantic Avenue
Special "PINK" collection presented by Kattan Diamonds and Officina Bernardi. Meet the designers and win raffle prizes. Hors d'oeuvres provided by DECK 84

Wednesday, February 12 • 5:00pm
Fearless Love
Jianni Adamo, M.A. in Counseling
238 NE 1st Avenue, Suite 104

Thursday, February 20 • 5:00pm
The Porch (Formerly The Tarramore House Restaurant)
85 SE 6th Avenue

Wednesday, February 26 • 5:00pm
Donna Pascoe Salon
2 SE 6th Avenue

Thursday, February 27 • 5:00pm
24/7 Drug Testing
Location TBD

What does Marketing really mean?

By **Kimberly West**
Business, Marketing & Sales Consultant

Marketing is taking a product or service from an idea on the drawing board into the hands of a client or customer. First and foremost decisions must be made on what products or services to offer depending on your target market, what to price them, and then how to inform your potential customer of your product so that person understands why they should choose your product or service over a competitor's.

With this definition of Marketing in mind, we recommend you be CLEAR on three key elements before you move forward.

1. Who is Your Target Market?

Being clear about who your target market is must happen and NO, not everyone is your target market. Understanding the Demographics, Psychographics (hopes and fears) and Behaviors of your Target Market help you paint a strong picture so you know exactly whom they are and how to market to them. You will also be clear about what type of product or service they will be likely to purchase.

2. What Product or Service are you going to package for your Target Market?

Now that you are clear about who your target market is, you must look at how you create, package and present your product or service. Will that product or service appeal to your target market? If yes, then what is the best way to present your

product or service? In other words, how will your brand or the way your company is presented appeal to your target market. Will they see your product and say, "YES, I need that."

3.) How do you reach your Target Market to inform them of your product/service?

When you look at the Demographics, Psychographics and Behaviors of your target market, you will learn very clearly how to market to them. Remember that advertising and sales are just one aspect of marketing. Marketing encompasses so much more including Networking, Customer Service, Media Relations and Communications just to name a few.

Kimberly West & Allison Turner are business, marketing and sales consultants for their company BCoSE, Inc d/b/a Business Consultants of South Florida. They are passionate about teaching other entrepreneurs and business owners how to successfully start or grow a sustainable and profitable business through their strategic and methodical business, marketing and sales consulting. They are also available for on-site training. For more information visit www.BCoSE.com or call 561-276-4422. 301 W Atlantic Ave. Suite 05, Delray Beach, FL 33444. Your Success IS Our Business!



Protecting the stay-at-home spouse

By **John M. Campanola**
Special to The Pineapple

When married couples have young children, often one spouse stays home while the other works outside the home. While most parents understand the necessity of purchasing a life insurance policy on the income earner, few realize the importance of also insuring the stay-at-home spouse.

Being Prepared for the Unexpected

What if the stay-at-home spouse suddenly died? The family would be devastated. Friends and family members would initially pitch in to help. But eventually they would return to their regular lives. Before the surviving spouse returned to work, a caretaker for the children and home would need to be hired, presenting a potential financial hardship. Had life insurance been purchased on the stay-at-home parent, however, the family's needs would have been protected.

Measuring the Value of the Stay-at-Home Spouse

Despite the importance of the stay-at-home parent, there's little research to quantify its value. In its 12th annual "Mom Salary Survey," Salary.com reported the most popular functions performed by mothers equate to \$112,962 per year[1] in salary. It further states the stay-at-home spouse works a 95-hour week, performing, among other

roles, the duties of housekeeper, cook, day care teacher, driver, and psychologist.

Flexible, Customizable Choices

The type of policy you select depends on your needs and budget. Term life insurance provides affordable coverage for several years. In contrast, permanent life insurance provides protection for your entire life (provided premiums are paid) and accumulates cash value tax-deferred. This cash value can be accessed (loans accrue interest and reduce the policy's cash value and death benefit). Plus, riders, available with term and permanent life insurance, enable you to customize your policy to meet and grow with your changing needs.

The loss of a parent is an emotional hardship for a family; purchasing insurance coverage for a stay-at-home spouse can help ensure that it doesn't become a financial hardship as well.

[1]Salary.com, "Mom Salary Survey," May 2012.



John M. Campanola is an Agent for New York Life Insurance Company. For additional information on the information or topic(s) discussed, please contact him at 561-212-2903

Being prepared for life's transitions: Separation and Divorce

By **Colleen Hasey Schuhmann, CRPC**
Special to The Pineapple

In addition to the emotional impact, separation and divorce can have a financial impact when assets, debt and other financial connections need to be divided. The negative financial impact that separation and divorce can have has been written about extensively, and as with any major life transition, preparation is key. This article will discuss a few key issues that can have a large financial impact on both parties.

Maintaining financial security for all involved should be the focus. States often have laws regarding separation of property; however failure to understand your state's divorce law could also potentially impact the division of retirement plans, alimony, and child support. Following are some of the critical financial issues you and your spouse will need to consider during separation and divorce.

Dividing assets: In common law states, all property acquired by you or your spouse from marriage onward is subject to division. The intention is that property will be distributed equitably, but not necessarily equally. A court will consider the length of the marriage, earnings potential, responsibilities for children, debt, and tax consequences in dividing assets.

However, in the nine community property states (Arizona, California, Idaho, Louisiana, Nevada, New Mexico, Texas, Washington and Wisconsin) almost all assets are divided equally. Assets acquired before marriage, gifts to an individual spouse, and individual inheritances are not subject to division in both common law and community property states.

Marital debt: In common law states, in general, you are responsible for your individual debt and any debt in jointly held accounts and are not responsible for the individual debt of your spouse. However, in community property states, you will be responsible for half of all debt in jointly held accounts and potentially half of your spouse's individual debt. You will be accountable for half of your spouse's individual debt so long as that debt is for the "general benefit" of the marriage.

Retirement accounts: Funds accumulated over the course of a marriage are subject to applicable common law community property laws and may be subject to division during a divorce. If your employee benefit or pension plan is subject to ERISA (Employee Retirement Income Security Act), you will need to obtain a court order called a Qualified Domestic Relations Order (QDRO) and provide it to your spouse's plan sponsor before distributions are completed to your spouse. The QDRO directs the plan sponsor to pay to your spouse all or a portion of the participant's plan benefits, subject to the terms of the Plan.

Individual retirement accounts (IRAs) are subject to the Internal Revenue Code rules for transfers incident to divorce which does not require a QDRO, but does require a decree issued by a court in order to transfer assets between the IRAs of the spouses. The transfer incident to divorce rules can be applied before a divorce is finalized as long as there is a court order regarding separate maintenance and the division of the IRA.

In addition to dividing retirement funds, do not forget to update your beneficiary designations. Although a number of states have enacted statutes that automatically revoke beneficiary designations of an IRA upon divorce, some states have ruled that an ex-spouse is entitled to the IRA where the beneficiary designation is not updated. To avoid this scenario, discuss with your financial advisor or company's benefits department to update your beneficiary designations upon divorce.

Having legal and financial advisors on your side is important to help educate you on your choices, advocate for your best interests and protect your financial future for years to come.



For more information, please contact Colleen Hasey Schuhmann, Vice President - Wealth Management at UBS Financial Services in Boca Raton. She can be reached at 561-367-1817.

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Marina District	SOLD	130 Marine Way	Delray Beach	\$ 1,175,000.00	Jerilyn Walter	Buyer
Downtown Delray Beach	SOLD	150 NE 1st Ave	Delray Beach	\$ 1,050,000.00	Catherine McGlennon	Buyer
Marina District	SOLD	214 SE 7th Ave	Delray Beach	\$ 795,000.00	Jerilyn Walter	Seller
Seagate at the Hamlet	SOLD	3520 Glenwood Ct.	Delray Beach	\$ 660,000.00	Jerilyn Walter	Seller
Iron Horse	SOLD	8447 Iron Horse Ct.	West Palm Beach	\$ 625,000.00	Catherine McGlennon	Buyer
Weston	SOLD	818 Regal Cove Rd.	Weston	\$ 590,000.00	Vanessa Vargas	Seller
The Astor	SOLD	225 NE 1st street #310	Delray Beach	\$ 520,000.00	Lenny Felberbaum	Buyer
The Astor	SOLD	225 NE 1st #310	Delray Beach	\$ 520,000.00	Jerilyn Walter	Seller
The Astor	SOLD	235 ne 1st st #510	Delray Beach	\$ 505,000.00	Jerilyn Walter	Seller
The Astor	SOLD	225 NE 1st St. #411	Delray Beach	\$ 480,000.00	Lenny Felberbaum	Buyer
The Astor	SOLD	225 NE 1st St. #411	Delray Beach	\$ 480,000.00	Catherine McGlennon	Seller
Mallory Square	SOLD	305 Mallory Cir.	Delray Beach	\$ 469,500.00	Jerilyn Walter	Buyer
The Astor	SOLD	225 NE 1st # 204	Delray Beach	\$ 470,000.00	Anthony Aliberti	Buyer
Homewood	SOLD	355 Homewood Blvd	Delray Beach	\$ 460,000.00	Jeff Catalano	Buyer
Mallory Square	SOLD	524 Mallory Cir.	Delray Beach	\$ 450,000.00	Lenny Felberbaum	Seller
Mallory Square	SOLD	326 Mallory Cir.	Delray Beach	\$ 439,900.00	Jerilyn Walter	Buyer
Mallory Square	SOLD	331 E Mallory Cir.	Delray Beach	\$ 430,000.00	Jerilyn Walter	Buyer
Barwick Estates	SOLD	13387 Barwick Rd.	Delray Beach	\$ 425,000.00	Jerilyn Walter	Buyer
La Fontana	SOLD	2003 N. Ocean	Boca Raton	\$ 425,000.00	Lenny Felberbaum	Buyer
Delray Beach Club	SOLD	2000 S Ocean Y10	Delray Beach	\$ 405,000.00	Catherine McGlennon	Buyer
Courtyards Delray	SOLD	65 SE 5th Ave #J	Delray Beach	\$ 395,000.00	Jerilyn Walter	Seller
Greystone	SOLD	10820 Paperbark Place	Boynton Beach	\$ 385,000.00	Catherine McGlennon	Buyer
Coda	SOLD	117 E Coda Circle	Delray Beach	\$ 385,000.00	Catherine McGlennon	Buyer
Casa Costa	SOLD	450 North Federal Hwy.	Boynton Beach	\$ 385,000.00	Lenny Felberbaum	Buyer
Ocean City Lofts	SOLD	185 NE 4th Ave #210	Delray Beach	\$ 350,000.00	Catherine McGlennon	Buyer
Dell Park	SOLD	248 NE 9th St.	Delray Beach	\$ 340,000.00	Lenny Felberbaum	Buyer
Smith Farms	SOLD	7598 Oak Grove Circle	Lake Worth	\$ 325,000.00	Jerilyn Walter	Buyer
Estates at Heritage	SOLD	3644 Whispering Cypress Ln.	Boynton Beach	\$ 322,455.00	Catherine McGlennon	Buyer
The Astor	SOLD	235 NE 1st st #413	Delray Beach	\$ 320,000.00	Catherine McGlennon	Buyer
The Astor	SOLD	235 NE 1st Street #413	Delray Beach	\$ 320,000.00	Jerilyn Walter	Seller
Estates at Heritage	SOLD	1035 W Heritage Club	Boynton Beach	\$ 315,215.00	Jeff Catalano	Buyer
The Timbers	SOLD	21170 White Oak Ave.	Boca Raton	\$ 299,000.00	Jerilyn Walter	Seller
Marina District	SOLD	130 SE 7th Ave.	Delray Beach	\$ 295,000.00	Lenny Felberbaum	Buyer
Estates at Heritage	SOLD	446 Tiffany Oaks	Delray Beach	\$ 292,785.00	Michelle Sadownick	Buyer
The Barrton	SOLD	555 SE 6th Ave #12H	Delray Beach	\$ 283,500.00	Lenny Felberbaum	Buyer
Cascades Lakes	SOLD	5188 Bayleaf Ave	Boynton Beach	\$ 282,800.00	Jerilyn Walter	Buyer
Estates at Heritage	SOLD	458 Greensboro Way	Boynton Beach	\$ 280,000.00	Catherine McGlennon	Buyer
Estates at Heritage	SOLD	434 Greensboro way	Boynton Beach	\$ 275,450.00	Michelle Sadownick	Buyer
Vizcaya	SOLD	15370 Fiorenza Circle	Delray Beach	\$ 272,500.00	Lenny Felberbaum	Buyer
Majestic Lakes	SOLD	6376 Reflection Point Cir.	Delray Beach	\$ 270,000.00	Jerilyn Walter	Seller
Indian Wells	SOLD	6222 Jaipur Court	Boynton Beach	\$ 268,000.00	Alex Zamir	Buyer
Tropic Palms	SOLD	1315 Fulmar Dr.	Delray Beach	\$ 258,000.00	Catherine McGlennon	Buyer
The Barrton	SOLD	555 SE 6th Ave #8H	Delray Beach	\$ 254,900.00	Lenny Felberbaum	Buyer
Wedgewood Estates	SOLD	8548 Eagle Run Dr.	Boca Raton	\$ 250,000.00	Anthony Aliberti	Seller
Valencia	SOLD	7428 W Mercada Way	Boynton Beach	\$ 245,000.00	Sally Childs	Buyer
The Barrton	SOLD	555 SE 6th Ave #2G	Delray Beach	\$ 230,000.00	Sally Childs	Buyer
Carriage Point	SOLD	85 Nottingham	Boynton Beach	\$ 222,500.00	Catherine McGlennon	Buyer
San Remo	SOLD	8705 Via Giulia #4	Boca Raton	\$ 216,000.00	Catherine McGlennon	Seller
Estates at Heritage	SOLD	480 Francesca Ridge Road	Boynton Beach	\$ 195,390.00	Michelle Sadownick	Buyer
Coastal Towers	SOLD	760 E Ocean #109	Boynton Beach	\$ 194,500.00	Catherine McGlennon	Buyer
The Banyans	SOLD	555 Banyan Tree Lane #404	Delray Beach	\$ 188,000.00	Catherine McGlennon	Buyer
City of Delray	SOLD	4382 Brandon Drive	Delray Beach	\$ 185,000.00	Jerilyn Walter	Seller
Tropic Bay	SOLD	2307 Florida Blvd	Delray Beach	\$ 182,000.00	Michelle Sadownick	Buyer
Majestic Isles	SOLD	5779 Emerald Cay	Boynton Beach	\$ 175,000.00	Catherine McGlennon	Buyer
Swinton Square -	SOLD	116 S Longport Circle #3D	Delray Beach	\$ 174,000.00	Lenny Felberbaum	Buyer
Swinton Square	SOLD	116 S. Longport Circle #3D	Delray Beach	\$ 174,000.00	Michelle Sadownick	Seller
Casa Costa	SOLD	450 N. Federal Hwy #702	Boynton Beach	\$ 172,500.00	Lenny Felberbaum	Buyer
Marina Village	SOLD	625 Casa Loma #609	Boynton Beach	\$ 170,000.00	Catherine McGlennon	Seller
Boca Towers	SOLD	2121 N. Ocean Blvd #206	Boca Raton	\$ 160,000.00	Anthony Aliberti	Buyer
Homewood	SOLD	343 SW 27th Terrace	Delray Beach	\$ 160,000.00	Sally Childs	Seller
Delray Racquet Club -	SOLD	2255 Lindell Blvd.	Delray Beach	\$ 150,000.00	Catherine McGlennon	Buyer
Bayfront	SOLD	212 Bayfront Dr.	Delray Beach	\$ 128,000.00	Catherine McGlennon	Buyer
Tuscany on the Intracoastal	SOLD	Tuscany Way #2112	Boynton Beach	\$ 101,000.00	Catherine McGlennon	Buyer
Oakwood	SOLD	3654 Silver Lace Lane #17	Boynton Beach	\$ 90,000.00	Jerilyn Walter	Seller
The Fountains	SOLD	4793 Esedra #203	Boynton Beach	\$ 51,500.00	Catherine McGlennon	Buyer
The Fountains	SOLD	44832 Esedra #307	Boynton Beach	\$ 49,500.00	Catherine McGlennon	Buyer
High Point	SOLD	202 W. High Pt.	Delray Beach	\$ 39,900.00	Anthony Aliberti	Buyer

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DELRAY DUNES C.C.

\$995,000 - Just completed, this home was completely redone and extended. Stunning golf views overlooking the 13th, 14th & 15th holes. This southern exposure home is on an oversized lot with large pool area with lanai. All top of the line finishes and appliances.



SEASIDE DUNES

\$925,000 - Great 3 bedroom townhouse steps from the sand. Two 2nd story balconys from the bedrooms that overlook the ocean. Updated interior ready for immediate move-in. Seaside Dunes is a gated community on the ocean & only a few blocks Atlantic Ave. shops & restaurants.



DELRAY DUNES C.C.

\$449,000 - Great 4 bedroom with wide open golf course views of the 5th green and 6th hole. Screened in pool with large covered lanai. Split floor plan. Great family home.



DELRAY DUNES C.C.

\$935,000 - 4/3 completely remodeled home on a premier golf course lot overlooking the 13th, 14th and 15th holes. This home has wood floors, a gourmet kitchen, crown molding and impact glass. There is a large pool area with a summer kitchen.



MICHAEL MULLIN
Realtor

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DELRAY ISLE

\$1,695,000 - Nestled in the exclusive ole Delray enclave of Seaside Delray. This adorable home is almost 3100 sq. ft. under air and on a large lot over 1/3 of an acre. The home overlooks wide canal views and is only a block to the beach and a few more to Atlantic Ave.



SOUTHAMPTON

\$475,000 - Direct oceanfront unit with great ocean views, great beach cottage, building closed 5/31 to 10/1



DELRAY DUNES C.C.

\$649,000 - Large family home built in 2001 overlooking the 2nd fairway. Ground floor master bedroom with his & hers walk in closets and a oversized master bath with separate shower and Jacuzzi tub. Fenced backyard with pool and hot tub.



QUAIL RIDGE

\$229,000 - Completely updated condo on the 2nd floor with open views of the 4th fairway of the golf course. Extended kitchen with Thomasville cabinets and quartz counters and recessed lighting. Master bedroom overlooks the golf course and master bath has been reconfigured to have a large walk-in shower and dual sinks.



SHOREWALKER PLACE - DELRAY BEACH

\$1,150,000 - 4/3.5 Key West Style 3 Story Townhome is located a half block to the beach and within walking distance to Atlantic Ave., shops and restaurants. The building was built in 2005 and has a 2 car garage. The townhome has 2 balconies and a backyard and a hot tub.



WATERWAY NORTH - DELRAY BEACH

\$749,900 - 3/2.5 townhome on Intracoastal, deeded dock included in sale. 2 large decks. Recently updated. 2 blocks to beach and close to Atlantic Ave shops & restaurants.



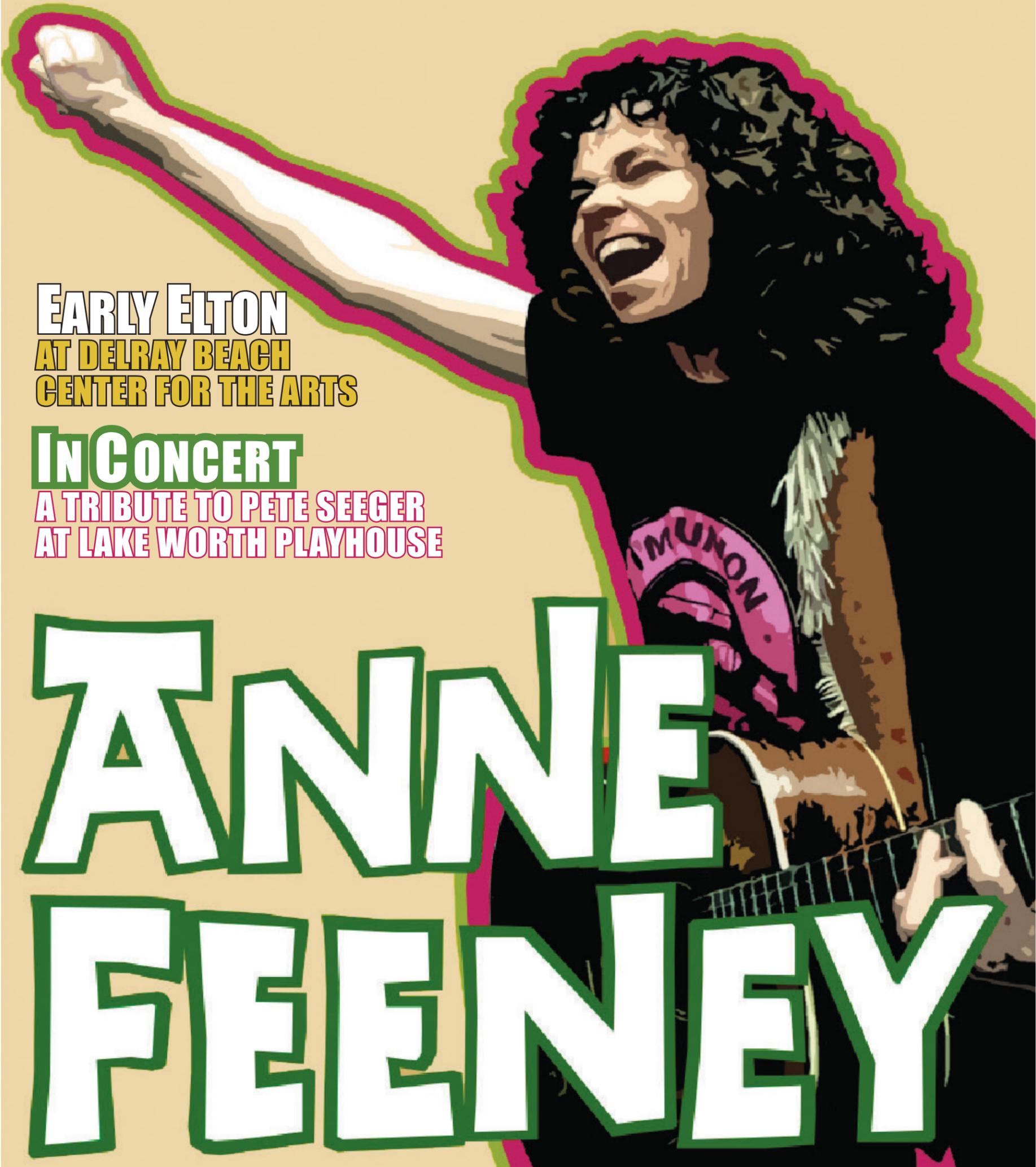
DELRAY DUNES C.C.

\$544,900 - Outstanding golf course home overlooking the 8th & 9th holes. Bordering the water this private oversized lot is set back from the golf course. The home has a large lanai area that opens to the pool with a waterfall. It has a split floor plan with large oversized rooms.

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Steve Blackwood Studio • Jeff Whyman Studio • Schmidt Stained Glass • Magnus & Gordon Fine Art



CITY OF BOCA RATON ANNOUNCES 60 DAYS OF FAMILY FUN

Music, theater and events puts focus on family & fun

BOCA RATON, FL – The City of Boca Raton’s 60 Days of Family Fun will bring music, live entertainment and family-centric activities to Downtown Boca’s Mizner Park Amphitheater at 590 Plaza Real, starting Sunday, February 2 at 2 p.m. with a FREE concert by the Florida Youth Orchestra.

“We are very excited about offering our community a variety of cultural activities and events that appeal to families with children of all ages,” said Chrissy Biagiotti, community relations manager. “These family friendly events will kick off and round out a season of cultural performances under the amphitheater’s big tent.”

Sunday, February 2 – 2 p.m.

The Florida Youth Orchestra
Enjoy an afternoon of free music performed by The Florida Youth Orchestra, featuring students of The Principal and Flute Orchestras. Cupcakes, confections, coffee and other treats will be available for purchase. Bring chairs or blankets – or rent on-site for \$5 each. This event is FREE.

Sunday, February 23 – 2 p.m. & 4 p.m.

Arts Power’s Production of:
Are You My Mother?
Arts Power’s national touring theatre brings to life the beloved children’s book by P.D. Eastman with two matinee performances. The first event to take place under the “Big Tent,” we encourage attendees to bring blankets or chairs. Chairs will also be available on site for \$5.00. Snacks and drinks will be available for purchase. Please RSVP to the Are You My Mother event page on Facebook.

Saturday, March 1 – 10 a.m. – 5 p.m.

1st Annual Health & Wellness Experience
Presented by the City of Boca Raton, CBS12 and Sun Sentinel, the 1st Annual Health and Wellness Experience will be the “must-see, must attend” health and wellness event in South Florida. The free, interactive event will offer something for every age and every interest including medical screenings, healthy cooking demonstrations, celebrity appearances and activities for the kids. As part of National Bike

Month a kid’s safety & fun zone will offer bike helmet safety tips, demonstrations and fittings. For more information, please call 561.881.0702 or visit www.thewellnessexperience.org. The event is FREE and takes place under the tent.

Sunday, March 16 – 6:30 p.m.

Rotary Club of Boca Raton’s 11th Annual Future Stars Performing Arts Competition
Recognized at South Florida’s most prestigious performing arts competition, this event will showcase the best and brightest local middle and high school vocalists and dancers. The event is FREE and takes place under the tent. Food and beverages will be available for purchase.

Saturday, March 29 – 7:30 p.m.

Peter and the Wolf:
A Magical Evening of Music and Dance
The City of Boca Raton will present “Peter and the Wolf: A Magical Evening of Music and Dance,” featuring the Boca Ballet Theatre and The SYMPHONIA, BOCA RATON.

The spectacular dancing of the Boca Ballet Theatre will be featured in both Voyage Classique from La Source and Peter and the Wolf. In addition, The SYMPHONIA will perform the Overture from the popular Marriage of Figaro and a concerto, in which they will be joined by the winner of The SYMPHONIA/Allegro Society Youth Music Scholarship.

Attendees will have an opportunity to meet and greet ballet and orchestra members as well as touch, feel and learn about the instruments at the instrument “petting zoo.” General admission tickets are \$5 per person and available in advance at www.festivalboca.com. Food and beverages will be available for purchase.

Sunday, April 6 – 11:00 a.m.

South Florida Parenting presents Egga-Palooza
Celebrate the spring season by enjoying an egg hunt, food, crafts, activities and family fun under the big tent and on the adjoining grass area.

All events are rain or shine. There is limited parking in Mizner Park garages. Attendees are encouraged to park for free and walk from City Hall and the libraries. For more information, visit www.mizneramphitheater.com or www.downtownboca.org. For recorded information call (561) 544-8600.

Tens of thousands in grants awarded to Palm Beach County arts organizations

LAKE WORTH, FL – The Cultural Council of Palm Beach County has granted tens of thousands of dollars to local non-profit arts organizations as part of the SmARTBiz program sponsored by the Cultural Council and PNC Bank. The program’s philosophy is really an equation: Good arts in a community = good quality of life = strong business development.

Eleven non-profit organizations received a total of over \$54,000 in grants during the SmARTBiz Summit held at the Palm Beach County Convention Center on December 10. The third annual event provided informative business, financial and marketing sessions, as well as dynamic speakers, including billionaire philanthropist William Koch.

The day-long program, which attracted more than 200 attendees representing arts organization all over Palm Beach County, also

helped guide non-profit organizations in how to improve the efficiency of their operations.

Cultural Council Director of Grants Jan Rodusky says “Each year SmARTBiz gives us an opportunity to bring together our local arts and business communities to learn from each other, and inspire them to do great things in Palm Beach County.”

“The collaboration between SmARTBiz and the grant recipient organizations will present many opportunities for training that will lead to concrete connections between business and the arts at the partner institutions,” says Craig Grant, PNC regional president for eastern Florida. “At PNC, we understand that a rich arts community is a significant driver of our economic success, but most importantly, children who learn about the arts early in life are more likely to remain involved and connected to the arts later on.”

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RICH PAGANO- Fab Faux
JEFF KAZEE- Southside Johnny
JOHN CONTE- Southside Johnny
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VIP TICKETS WITH ARTIST MEET AND GREET AVAILABLE! **MUSICWORKS**

A Passion to Perform

The love affair with Arts Garage only grows stronger...as time goes by. February brings an abundance of valentines including a Radio Theatre production, a multi-Grammy Award winning violinist, an incomparable list of legendary performers, a play about a hilarious romantic triangle and a benefit for the Leukemia and Lymphoma Society.

Of course, being February, romance is in the air and Valentine's Day brings a very special show that will get you in the mood with the seductive sounds of Roseanna Vitro.

And what better month than this to bring you the Radio Theatre production of *Casablanca*? Close your eyes and take out the hankies for one of the most romantic stories of all time.

"The Radio Theatre productions have been wildly successful," said Artistic Director Lou Tyrrell. "And we know that this show will really pull at your heartstrings."

Another romantic endeavor is the third play of the season, *Fighting Over Beverly*.

"We are thrilled to bring renowned playwright Israel Horovitz back to Arts Garage for another of his masterful works," continued Tyrrell. "And we know our South Florida audience will enjoy this entertaining play about a love triangle between three 70-somethings!"

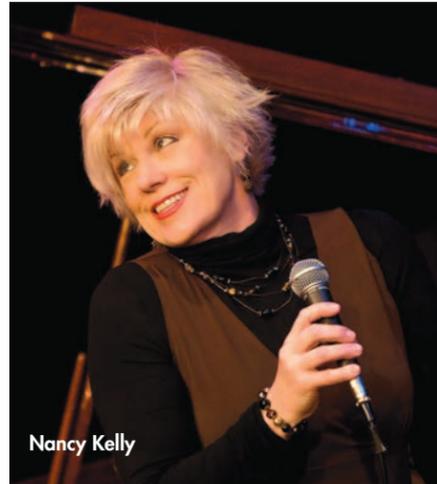
And although February may be the shortest month of the year, Arts Garage is jam packed with talent. "Each and every artist this month is iconic, with critical acclaim echoed by the country's leading critics. Any music lover will have a cherished experience," said Alyona Ushe, its Executive Director.

Meet the Artist event," said Ushe. "Being able to ask this iconic figure any question, hear his personal story, learn about his experiences and challenges in our intimate venue is priceless."

Always focused on helping the community, Arts Garage is hosting a very special fundraiser for the Leukemia and Lymphoma Society featuring home-town favorite Chloe Dolandis.

For more information about these and all of the other performances, please visit www.artsgarage.org or call 561-450-6357

Saturday 2/1 • 8:00pm
Nancy Kelly | Jazz | \$25-\$35



Nancy Kelly

'...precisely the right combination of good-time energy... and take-no-prisoners swing', Nancy Kelly is in a league of her own with her authentic expression, real emotion and stage presence! Twice named 'Best Female Jazz Vocalist', her vibrant, rhythm-driven vocals take us back to a time when jazz was jazz, and swing was swingin'!

Wednesday 2/5 & Thursday 2/6 • 7:30pm
Casablanca | Radio Theatre | \$15-\$25

Of all the gin joints, in all the towns, in all the world, *Casablanca* walks into ours! Don't miss a word as Arts Garage Radio Theatre tells the timeless story of lovers torn apart by war and personal sacrifice. With such a live performance of sensational sounds, you'll be begging us to 'play it again'!!

Friday 2/7 • 8pm
Peter and Will Anderson | Jazz | \$25-\$35

The New York Times hails them as 'Virtuosos on Clarinet and Saxophone'... the Wall Street Journal exclaims 'Remarkable!' Peter and Will Anderson are one of the most extraordinary duos in Jazz today! Playing with pure passion, predictable unpredictability and divine discovery, these boundless brothers take Arts Garage to another level.

Saturday 2/8 • 8:00pm
Federico Britos Quintet | Jazz | \$25-\$35



Federico Britos

Five Time Grammy Award Winner Federico Britos is the living proof of the universality of jazz and classical music than the career and life work of violinist Federico Britos. Equally adept within the world of jazz music as he is in the classical realm, he has performed with almost all the legends: Dizzy Gillespie, Dexter Gordon, Duke Ellington, Nat King Cole, Woody Herman and Benny Goodman, to name a few.



Chloe Dolandis



Michael Morganelli

Brothers Peter and Will Anderson launch this stellar month. Called "Remarkable" by The Wall Street Journal and "virtuosos on clarinet and saxophone" by The New York Times, their musical talent has made them the choice for Wynton Marsalis, Jimmy Heath, the Village Vanguard Orchestra, Wycliffe Gordon, Michael Feinstein and the New York City Ballet.

Five Grammy Awards grace the mantle of Federico Brito. This titan of the violin is as equally adept within the world of jazz music as he is in the classical realm and has gained recognition as one of the most versatile and talented instrumentalists of his generation.

In addition to Dick Hyman's activities in the jazz and concert worlds, he has been the music director for Arthur Godfrey and orchestrator of the hit musical *Sugar Babies*. He has served as composer/arranger/conductor/pianist for the Woody Allen films *Zelig*, *The Purple Rose of Cairo*, *Broadway Danny Rose*, *Stardust Memories*, *Hannah and Her Sisters*, *Radio Days*, *Bullets Over Broadway*, *Mighty Aphrodite*, *Everyone Says "I Love You"*, *Sweet and Lowdown*, *The Curse Of The Jade Scorpion* and *Melinda and Melinda*. Other scores have included *Moonstruck*, *Scott Joplin-King of Ragtime*, *The Lemon Sisters*, and *Alan and Naomi*. His music has also been heard in *The Mask*, *Billy Bathgate*, *Two Weeks Notice*, and other films.

"We are thrilled not only to have Dick Hyman perform, but also to host a special



Peter and Will Anderson

THIS MONTH AT arts garage

Sunday 2/9 • 7pm
Swing for the Cure | Benefit Concert | \$30-\$35

Arts Garage and the Leukemia and Lymphoma Society team up to raise money for Blood Cancer treatment with their 1st annual swing for a cure concert. Featuring Chloe Dolandis, with all proceeds going to benefit blood cancer research.

Friday 2/14 8pm and Saturday 2/15 2pm
Valentines Special - Roseanna Vitro | \$25-\$35

Grammy-nominated vocalist Roseanna Vitro shares her Heart and Soul with her smooth and seductive sounds. Enjoy a very special Valentine's evening performance. Her kinetic presence will make it an evening you'll remember and a performance you'll never forget!!



Roseanna Vitro

Saturday 2/15 • 8pm
Johnny Rawls | Garage Blues | \$25-\$35

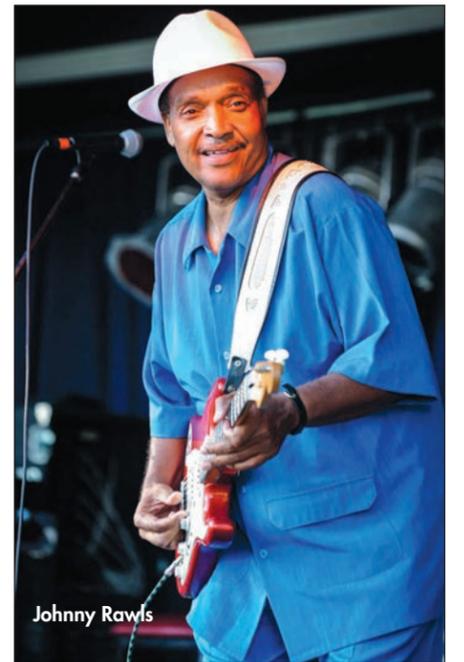
One of the most beloved blues icons out there today; Johnny Rawls is praised for his soul-flavored blues, solid pop hooks, smooth vocals and just the right touch of grit and stax-style horns. From Mississippi to Delray Beach, Arts Garage brings the bluest of blues!

Sunday 2/16 • 7pm
Mark Morganelli | Jazz | \$25-\$35

Flugelhornist & Jazz Forum Arts Executive Director, Mark Morganelli returns to Florida after an absence of 35 years, to lead his Jazz Forum All-Stars featuring veteran pianist Don Friedman in an evening of cherished standards by Rodgers & Hart, The Gershwins, Jerome Kern, Duke Ellington, and Miles Davis, as well as Brazilian favorites by Antonio Carlos Jobim.

Meet the Artist: 2/20 - \$10 • 7pm;
Concert: 2/21 - \$25-\$35 • 8pm
Dick Hyman | Jazz

'A living, breathing, swinging encyclopedia of Jazz', Dick Hyman has amazing chops and an inquisitive mind that has guided him through explorations of various styles of Jazz. He also brings to Arts Garage, tremendous experience in creating and performing music for countless major films and television. Come join us for a night of prolific versatility!



Johnny Rawls



Dick Hyman

Saturday 2/22 • 8pm
Manuel Valera | Jazz | \$25-\$35

Grammy-nominated jazz pianist and composer Manuel Valera's music pulses with the hot beats and deep soul of his native Havana!! Performing a sizzling set of Latin jazz, he's sure to spice up the night with his rad chops and solo flights.

Opening Night 2/28 Through 3/23
(Wednesday-Friday • 7:30pm and Saturday-Sunday • 2pm)

Fighting over Beverly by Israel Horovitz | Theatrel \$35-\$45

What does it take to realize that you are the love of your life? *Fighting over Beverly* centers on a hilarious love triangle between three 70+ year-olds in Gloucester, Massachusetts in the winter of 1998. Clever, witty and lovely, *Fighting over Beverly* is sure to please!!





Concert #4 ~ Tenth Season
Sunday, February 9 at The Colony Hotel • 4:00pm
 525 East Atlantic Avenue, Delray Beach

Guest Artist: Tao Lin, Piano
J. Turina: "Escena andaluza" op 7 (1912)
J. G. Bach: Piano Concerto no. 1 in d minor, BWV 1052
E. Dohnanyi: Piano Quintet no. 1 in c minor

Tickets: Single Admission: \$35 per event
 Season Subscription (5 concerts) : \$150

For information and reservations:
 call 561.213.4138 • www.DelrayStringQuartet.com
 Email Tickets@DelrayStringQuartet.com

THE BOCA RATON THEATRE GUILD PRESENTS BROADWAY HIT PIPPIN

BOCA RATON, FL – The Boca Raton Theatre Guild's production of *Pippin* will open on January 24th and run through February 9th at the Willow Theatre in Boca Raton's Sugar Sand Park.

"Although it's set in medieval times, *Pippin* is actually a joyous musical satire of the changing American culture in the early 1970s," explains the show's director, Keith Garsson. "It's another of Bob Fosse's classic (yet intimate) shows that proves once again his style has never dated."

"The musical comedy highlights a young man (Mike Westrich recently of *Tick, Tick... Boom!*) who tries to 'find himself'," Garsson continues, "And reflects the baby boomers' coming of age as they took longer to decide careers, life partners, and children. Guiding Pippin through his various peregrinations is the Leading Player (Cabonell Award-winner Reggie White - fresh from the national tour of *Porgy and Bess*) who opens the show with the classic number *Magic To Do*. *Pippin* features one of the most entertaining and vivacious scores in Broadway history by Stephen Schwartz (*Wicked*)," Garsson says. "And we're thrilled to have Carbonell Award-winner Patti Gardner back after her terrific performance in our 2013 season's production of *Chicago*, along with Leah Sessa as Katherine, Troy Stanley as

King Charlemagne, Conor Walton and Randy Charleville."

"I love playing the role of the Leading Player," Whitehead states, "Because I always find something new in the character and the show. This is my third time doing this role, and now that I am a little older, with a different outlook on life in general, I suppose some of that life experience will help me shape this incarnation, at this stage of my life."

Patti Gardner and Mike Westrich are equally excited to be a part of the Boca Raton Theatre Guild's first 2014 production: "I'm playing two roles: Fastrada and Berthe," says Gardner. "Berthe is the role I've ALWAYS wanted to play ever since I saw the original production of *Pippin* in New York. Both women are diametrically opposed in every way...so it'll be great fun to do that."

"I'm thrilled to be playing such an amazing role, as I love the score to *Pippin*," Westrich says. "I love the interpretive nature of the piece and I can't wait to bring a new Pippin to the stage"

Tickets for *Pippin* are on sale now and can be purchased by calling 561-347-3948. Performances are on Wednesday, Thursday, Friday, and Saturday at 8 pm, and Wednesday, Friday, Saturday, and Sunday at 2 pm. Tickets are on sale now, and may be purchased at the Willow Theatre Box Office at 561-347-3948. The Willow Theatre is located at 300 S. Military Trail, Boca Raton, 33486 (in the heart of Sugar Sand Park, just south of Palmetto Park Road).

42nd Street brings the Lullaby of Broadway to the Wick Theatre



Alex Jorth as Billy Lawlor photo by Amy Pasquantonio

Executive Director Marilyn A. Wick announced "The Wick Theatre's third production in their inaugural season, *42nd Street* opened on January 9th to enthusiastic applause and continues to sell-out each performance as the word-of-mouth spreads. The response has been so overwhelming that we've decided to extend the show another week through February 15th."

42nd Street is thought to be the quintessential Broadway musical. Based on a novel by Bradford Ropes, the story focuses on the heroine, Peggy Sawyer (Julie Kleimer - fresh from her recent star turn in Irving Berlin's *White Christmas*) who is plucked from the chorus to save the day when the leading lady takes a tumble and can't go on. This production boasts the largest cast to date at the Wick, with 24 singing and dancing actors.

The incredible cast of 22 singers and dancers recall the hey-day of the American musical theatre with a performance chock full of sentimental musical favorites like *Shuffle Off to Buffalo*, *We're in the Money*, *Lullaby of Broadway* and, of course, *42nd Street*. With the skillful guidance of veteran director, Norb Joerder and choreography by Florida resident, Ron Hutchins, a trip down the Wick's *42nd Street* is a love letter to the great musical extravaganzas of the 20's & 30's.

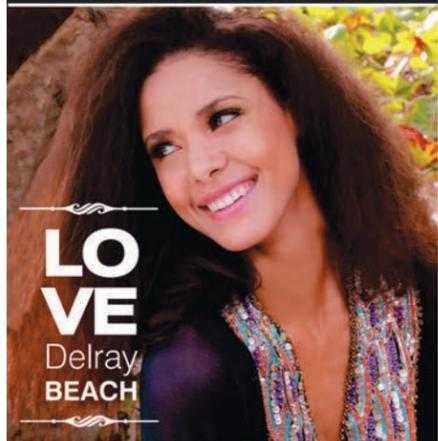
And, if that isn't enough to whet your appetite, the cast is dressed in an assortment of fabulous costumes from the 1980 Broadway production and the 2001 revival that are part of the permanent collection at the Wick's Costume Museum and Costume World, Inc. - all coordinated under the skilled eye of Kimberly Wick.

The *42nd Street* cast also features Jim Ballard, as the driven director, Julian Marsh; Aaron Bower as the aging diva, Dorothy Brock and Alex Jorth as Peggy's would-be suitor, Billy Lawlor.

Rounding out the cast are a host of local favorites that include Missy McArdle, Alan Gerstel, Jeffrey Bruce and Christopher George Patterson, who also serves as the company's dance captain. "We are thrilled to have such incredibly talented people working on this show," said Resident Musical Director, Michael Ursua. "This is going to be exciting and memorable production!"

Now extended through February 15th, showtimes for *42nd Street* are Wednesday, Thursday, Saturday and Sunday at 2:00 p.m. and Thursday, Friday and Saturday evenings at 7:30. Tickets may be purchased by calling the Wick Theatre box office at 561-995-2333 or on the web at www.theWick.org. The Wick Theatre (formerly the Caldwell Playhouse) is located at 7901 North Federal Highway in Boca Raton.

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IN CONCERT: A tribute to Pete Seeger on his 95th birthday

Lake Worth Playhouse presents "Carry It On" a history of the labor movement through song

Pete Seeger, the iconic singer, songwriter and tireless worker for the environment, peace, civil liberties and civil rights, will be celebrating his 95th birthday on May 3rd of this year. Pete's friends and admirers take this special occasion to honor Pete with a concert of songs based upon the book he co-authored, "Carry It On." The concert will take place on Saturday, February 8, at the Lake Worth Playhouse. Tickets are available on line (LakeWorthPlayhouse.org) and at the Playhouse box office for the 2PM matinee and the 7PM evening concert. Ticket prices are \$20/\$25 in advance and \$26/\$30 at the door. The concert benefits three Lake Worth non-

profit organizations.

In 1985, Pete Seeger compiled "Carry It On," a history of the Labor Movement, co-authored by Bob Reiser. For decades Seeger had been performing with labor on picket lines and at rallies. With his pal Woody Guthrie, Pete toured the country adapting words for the labor movement to old-time melodies. When first printed, the publisher used a non-union press. Pete and his wife Toshi withdrew all of their savings to have the book reprinted on a union press.

Anne Feeney, nationally recognized labor performer joins a cast of local musicians, all recognized for their musical talent and ability

to engage audiences. The concert will be narrated by Charlie Birnbaum, deep-voiced manager of the Stonzek Movie Theater. Sharing part of the narration will be the voice of Pete Seeger. On the screen, behind the performers, will be photographs of Pete's life, and the words to all of the songs, so the audience can sing-along.

A wine and cheese reception with the performers for both afternoon and evening concerts will be held for the audiences between concerts at the Clay Glass Metal Stone Gallery at 15 South J. Street in Downtown Lake Worth. Those holding tickets are welcome to attend.

Clay Glass Metal Stone Gallery Presents
The Spirit of the BRUSH
 The Art of Chinese Brush Making - A Workshop
 Featuring Master Artist Jiansheng (Jackson) LI
Saturday, February 15th 9 AM - 12 PM
 Learn the ancient art of Chinese brush making and enjoy demonstrations of brush applications on paper and ceramics with your completed brush.
 Class is limited to 20 artists, so sign up TODAY.
 Cost \$145 plus \$10 materials fee
15 South J Street, Lake Worth
561-588-8344



South Beach Blast Art, Antiques & Architecture!

The public is invited to attend the 27th Annual Southbeach Blast one-day bus trip leaving the Armory Art Center, WPB and the Delray Beach Public Library, on Sunday February 9, 2014. Mimosas & Muffins begin the morning and then stroll the Antique Collectible Market on Lincoln Road. A three-course on the water at Smith & Wollensky's will follow. Then view art and architecture along Ocean Drive in South Beach. All inclusive price per person is \$95 per person. For more info contact ADSPB at (561) 276-9925 or visit www.ArtDecoPB.org



EVENTS, THEATER, EXHIBITS and LEARNING DELRAY BEACH'S CENTER FOR THE ARTS

COMING THIS MONTH . . .

EVENTS

February 7-9, 2014

15th Annual Delray Beach Garlic Fest

Outdoor Pavilion and Old School Square Park, Friday, 4-11 p.m.; Saturday, 11 a.m.-11 p.m.; Sunday, 11 a.m.-7 p.m.; tickets \$10/\$15.

The Gourmet food, national act entertainment, professional cooking competition, large children's area, 185 vendors, full liquor bars. Produced by Delray Beach Arts, Inc.



Through May 10, 2014

Budding Artists at the Delray Green Market

Old School Square Park

Saturday, 9 a.m.-2 p.m. Bring the kids to our Budding Artists booth at the Delray Beach Green Market and take home a treasure! We'll have creative activities designed for fun and learning. Visit delrayca.org for special Green Market events and dates closed.

EXHIBITS

February 4, 2013 – April 27, 2014

Delray Art League

Crest Theatre Galleries

Monday-Friday, 9:30 am – 4:30 pm; Saturday, 10 am-3 pm; free admission. A multi-media exhibit showcasing oils, watercolors, acrylics, sculptures and photographs.

February 14-May 11, 2014



National Juried Exhibition

Cornell Museum of Art & American Culture

Tuesday-Saturday, 10 am – 4:30 pm; Sunday, 1-4:30 pm; closed Mondays and major holidays. Admission: \$8 general; \$6 seniors & students with ID; free for ages 10 and under. Palm Beach County residents receive free admission every Thursday.

This exciting, premiere exhibition features juried works by artists from around the United States, including 13 of our own School of Creative Arts students and instructors! 100 works were selected for the exhibit from nearly 400 submissions reviewed by independent juror, Michael Monroe. Mr. Monroe currently serves as Director of Curatorial Affairs at Bellevue Arts Museum and has also served as an independent curator, writer and advisor. Media includes acrylics, glass, jewelry, oils, photography, sculpture and watercolors. Come in and be inspired!

THEATRE

All performances are in the Crest Theatre.

Tickets are available at DelrayArts.org or 561-243-7922, ext. 1

February 3, 2014

South Florida Symphony Orchestra

Monday, 7:30 p.m. Tickets \$35/\$45/\$55

The South Florida Symphony Orchestra's Master Concert Series presents "DOUBLE SPEAK & HIDDEN MEANINGS," featuring the eminent American pianist, Christopher Taylor, who will perform Prokofiev's Piano Concerto, No.3. Completed in 1921, this concerto is one of his most popular works. In addition, Maestra Sebrina María Alfonso will conduct Liszt's Hamlet: Symphonic Poem No.10 and Shostakovich's Symphony No. 10. Premiered in 1953 after Stalin's death, this Symphony was Shostakovich's first mayor work after his 1948 denunciation. With "Hamlet," Liszt sought to recreate the one movement works by inventing the symphonic poem, a piece of music inspired by literary and other nonmusical sources. Learn more at www.southfloridasymphony.org.



February 10 & 11, 2014

Crest Broadway Cabaret Series presents Stephanie J. Block

Monday & Tuesday, 8 p.m. Tickets \$45.

Considered one of the most relevant and versatile voices in musical theater today, Stephanie is best known for playing the role of 'Elphaba' in Wicked on Broadway and creating the role for the first national tour. She starred in the revival of The Mystery of Edwin Drood and took over for Sutton Foster in the revival of Anything Goes. Stephanie received a Drama Desk Award nomination for creating the role of 'Judy Bernly' in 9 to 5: the Musical. She created the roles of 'Grace O'Malley' in The Pirate Queen and the much acclaimed 'Liza Minnelli' role in The Boy From Oz (starring Hugh Jackman).



Stephanie J. Block

February 12, 2014

Cinema Talk at the Crest: Race in Cinema

Wednesday, 7:30 p.m.

Tickets \$10 general; members free.

One of the most controversial aspects of cinema has been the portrayal of ethnic groups. This evening will feature film clips and a panel discussion about racial stereotypes and the often negative images that result. Cinema Talk is hosted by Caroline Breder-Watts and focuses on the art of film, its historical significance and its relevance today.

February 14-16, 2014

HAIR - The American Tribal Love Rock Musical

Friday 8 p.m.; Saturday, 2 & 8 p.m.; Sunday 2 p.m. Tickets \$45.

Winner of Tony and Drama desk awards for Best Revival of a Musical, the "Age of Aquarius" comes to the Crest! Creating a major stir when it opened on Broadway in 1968, the show's energetic and exuberant cast of social misfits are not afraid to tell the world how they feel about everything! "Its high spirits are contagious, and its young zestfulness is hard to resist." -- The New York Post.

February 19, 2014 –

Ham: Slices of a Life An Evening with Sam Harris

Wednesday, 8 p.m. Tickets \$35.

Singer/songwriter, actor, producer, director and author, Sam Harris will entertain with songs and stories based on his new book, "Ham: Slices of a Life" which releases January 2014. Called "New Yorker-worthy," by The New York Times, Harris' 16 humorous stories and essays discuss friendship, celebrity, growing up and getting sober.

February 21, 2014

Early Elton

Friday, 8 p.m. Tickets \$45/\$60.

A tribute to the music Elton John wrote and sang, and his Trio Period with Dee Murray and Nigel Olsson, from 1970-1972. Featuring JEFF KAZEE

(piano and vocals), RICH PAGANO (drums and vocals) and JOHN CONTE (bass and vocals). As the story goes, Elton's label didn't have the funds to send him out on a U.S. tour with a full band, but Elton needed to promote his pending releases. He brought Dee and Nigel on board and rearranged the songs and vocals to fit within the limitations of this trio. Suddenly, a new sound emerged that was both raw and poignant. While Early Elton's Jeff, John and Rich have used rare video, bootleg recordings and even Elton's own home demos in shaping their collective vision of Elton's Trio Period, they will be blurring the lines between replication and innovation slightly, while still capturing and utilizing the spirit, mood and energy from those early tours.

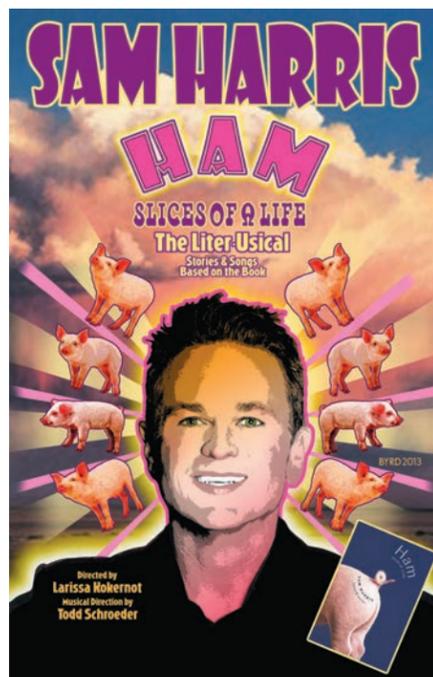


LEARNING

Try something new at the SCHOOL OF CREATIVE ARTS, where art, photography and writing classes are enriching hundreds of local residents every week. Whether you're a beginner or more advanced, we have opportunities for you! Do you have kiddos? We have six fun children's classes to choose from! Winter Term 2 opens March 3rd and runs through April 26th.

The Writers' Colony presents FREE OPEN READINGS on February 13th and March 13th from 6:30 to 8:30 p.m. Share your original works and make new friends in a literary gathering. All levels are welcome! Come to listen or sign up to participate. This is the perfect opportunity to get started writing or continue that memoir you put away last year. Open readings are organized by Barbara Cronie, Bobbie Kotler and Rosemarie Stinnett. If you would like to read or would like more information, please sign up by calling 561-364-4157.

The second installment of our Visiting Artist Workshop Series is slated for February 28th through March 2nd. National artist, BRENDA HOPE ZAPPITELL (who is also right here in Delray!) will teach "Building an Abstract Series," where artists will learn how to paint three or more paintings in a day to create their own series. Coming up in March is Alla Prima Figure Painting with David Shevlin.



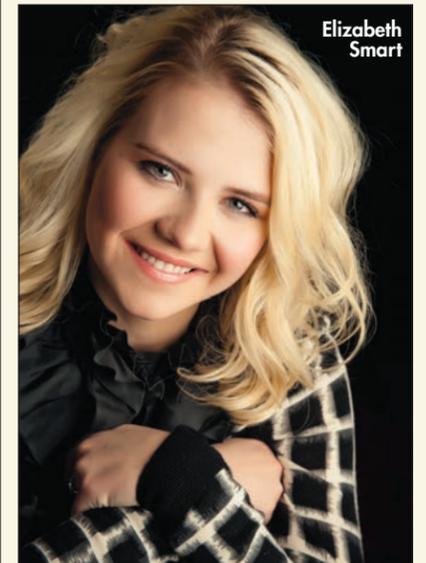
Delray Beach Center for the Arts announces the 2014 Robert D. Chapin Lecture Series

The 2014 Lecture Lineup

February 13 – Elizabeth Smart

Thursday 2 & 5:30 pm Tickets \$30/\$45.

The victim of one of the most horrific child abduction cases of our time, which lasted from June 5, 2002 to March 12, 2003, Elizabeth Smart shares her powerful, inspirational message of life after a tragic event and overcoming extreme adversity to make a positive difference in the world. She has become one of the nation's leading advocates for change related to child abduction, recovery processes and national legislation. Through her foundation, she motivates parents, law enforcement and leaders worldwide to focus on children's safety.



Elizabeth Smart

March 20 – Tony Mendez

Thursday 2 pm Tickets \$30/\$45.

This former CIA agent, who masterminded one of the most daring hostage rescue missions in history, was the inspiration for the Academy Award-winning film, ARGO which starred Ben Affleck. Mendez is the recipient of the CIA Intelligence Medal of Merit and was chosen among tens of thousands of agents to be one of 50 agents to receive the prestigious Trailblazer Medallion. He continues to consult the intelligence community and his new book ARGO: How the CIA and Hollywood Pulled Off One Of The Most Audacious Rescues In History was published prior to the release of the film. Tony is also an award-winning artist with an international reputation.

April 10 – Linda Evans

Thursday 2 pm Tickets \$30/\$45

Evans is an Award-winning actress and author of Linda Evans: Recipes for Life. In her talk, entitled "Aging Gracefully - Living your best life and life lessons," Evans will share her personal wisdom, using her own life experiences as compelling, inspirational stories to discuss aging in a culture that does not revere it.



Delray Beach Center for the Arts, located at Old School Square in the heart of downtown Delray Beach, offers world-class events, theater, exhibits and learning opportunities. The restored early 20th century school buildings (listed on the National Register of Historic Places as Delray Beach Schools) house the charming Cornell Museum of Art & American Culture (c. 1913), the intimate Crest Theatre (c. 1925) and a Vintage Gymnasium. The Pavilion, which opened in 2002, hosts outdoor concerts and festivals. The School of Creative Arts offers art, photography and writing classes. The Center also serves as a venue for community, corporate, private and media events. For information on performances, exhibits, classes or facility rentals, call 561-243-7922 or visit DelrayArts.org.

All dates, times, events and exhibits are subject to change without notice.



arts & ends

Delray Beach Historical Society debuts World War II exhibit

"Delray Beach: The World War II Experience," an exciting exhibit of memorabilia and artifacts of the war era in Delray Beach, will debut on March 7, 2014, with an opening night cocktail party from 5 to 8 PM. Veterans of all wars will be honored at a recognition ceremony. Those World War II participants who have passed away will also be remembered. There is no fee to attend the party, though donations are encouraged.

The exhibit will run for two weeks inside all three historic buildings on the Delray Beach Historical Society compound, and a \$3 fee to view it will be requested during that period. Those interested in attending the party or having questions regarding it or the exhibit should contact the DBHS at 561-274-9578.

Wallenberg, A New Musical Drama at Lynn University

In July 1944 Raoul Wallenberg, an ordinary business man from Stockholm, left the quiet of neutral Sweden and ventured into the heart-wartorn, Nazi-occupied Hungary. By December, he had saved over 100,000 lives.

Raoul Wallenberg's epic journey will be brought to life in a multi-media staged reading of Wallenberg, A New Musical Drama. The production will take place at Lynn University's Wold Center for the Performing Arts on February 12th and 13th only.

Lynn University's Professor Harry Murphy (College of International Communication) will direct the production which will feature Jan McArt, Harry Murphy, John Pickering, and Adam Simpson. Students and faculty of the Lynn University Conservatory of Music will also participate. Tickets for Wallenberg, A New Musical Drama are on sale now and can be purchased by calling 561-237-9000.

United States Holocaust Memorial Museum HBO screening

South Florida Speaker and Film Series: 50 Children: The Rescue Mission of Mr. and Mrs. Kraus on Feb. 5, 2014 @ 7-8:30PM (Temple Dor Dorim, 2360 Glades Circle, Weston, FL 33327) and Feb. 6, 2014 @ 7-9pm (Congregation B'nai Israel, 2200 Yamato Road, Boca Raton, FL 33431)

Please join a screening of the HBO documentary 50 Children: The Rescue

Mission of Mr. and Mrs. Kraus. Produced in association with the Museum, this film recounts the little-known story of Gilbert and Eleanor Kraus's extraordinary efforts to save 50 young lives in the heart of the Nazi empire just a few months after Kristallnacht, the worst outbreak of organized violence instigated by the Nazis against Jews until that point. A conversation with filmmaker Steven Pressman, Paul Shapiro, director of the Museum's Center for Advanced Holocaust Studies and Daniel Kraus, Granson of Gilbert and Eleanor Kraus, will follow the film. The 2013-2014 Speaker and Film Series is chaired by Helen Marshall.

Price is \$18; subscription to entire South Florida Speaker Series is \$65

Contact USHMM Southeast Regional Office, 561-995-6773, southeast@ushmm.org, www.ushmm.org

The Delray Beach Playhouse presents "You Can't Take It With You"

In February, The Delray Beach Playhouse warms up the winter season with a new production of the popular Pulitzer Prize-winning comedy, YOU CAN'T TAKE IT WITH YOU. Run dates are February 1 through 16, 2014, and tickets are \$30.

Set in the madcap Sycamore household, this play is a virtual celebration of American individualism. Everyone in the Sycamore family is encouraged to explore his (or her) personal passions. Their model is Grandpa Vanderhof, a man who quit his 9-to-5 job in middle-age to devote himself to the joy of simply living.

Outsiders tend to look askance at Grandpa's lackadaisical life-style, including his grand-daughter's prospective in-laws and the Internal Revenue Service; but in this rambunctious comedy, individualism triumphs in one of the funniest dinner parties ever seen on a stage.

Jim McConville plays Grandpa Vanderhof, while Charlotte Sherman and Bill Manikas play his daughter and son-in-law. Some of the people introduced to their unusual life-style are Dante Marelli (as a free-loading ballet instructor), Jay Underkofler as an I.R.S. agent and Francine Mulliez as an émigré Russian Countess.

Tickets for YOU CAN'T TAKE IT WITH YOU are \$30, \$15 for students 18 and younger. To make reservations, call The Playhouse Box Office at (561) 272-1261 Ext. 4. For more information visit us at delraybeachplayhouse@gmail.com.

Chamber Music Series of Palm Beach presents Jon Manasse and Jon Nakamatsu

Location: Mar-a-Lago Club, 1100 S Ocean Blvd., Palm Beach, FL 33480

Date: February 11, 2014 Time: 6pm

Price: For more information on the by invitation concerts, call 561-379-6773

Contact: Chamber Music Society of Palm Beach (www.cmspb.org) | 561-379-6773 or info@cmspb.org

Description: Jon Manasse, Clarinet, and Jon Nakamatsu, Piano. Music by Brahms, Bernstein and Paquito d'Rivera.

The SYMPHONIA presents Grant Cooper and Yevgeny Kutik

Location: Roberts Theater at Saint Andrew's School, 3900 Jog Road, Boca Raton, FL 33434

Date: February 9, 2014 Time: 3pm

Price: \$42.75-\$71.25

Contact: The SYMPHONIA (www.thesymphonia.org) | 866-687-4201 or info@thesymphonia.org

Description: Grant Cooper, Guest Conductor | Yevgeny Kutik, Violin Soloist

Program - Ravel Le Tombeau de Couperin | Viotti Violin Concerto No. 22 in A minor | Beethoven Symphony No. 4 in B-flat major, op. 60

"Inside The Music" features renowned classical duo



Jon Nakamatsu, Piano and Jon Manasse, Clarinet

BOCA RATON, FL – Chamber Music Society of Palm Beach Executive and Artistic Director Michael Finn will present "Inside the Music," a discussion on classical music, on Monday, February 10 at 7:00 pm at the Amarnick-Goldstein Concert Hall at Lynn University. Prior to and following the discussion, clarinetist Jon Manasse and pianist Jon Nakamatsu will perform a variety of classical music selections. This discussion and performance is co-sponsored by Lynn University's Conservatory of Music and the Chamber Music Society of Palm Beach. Admission is free*.

The event consists of a discussion about the various roles that premier artists perform in today's classical music world. Manasse and Nakamatsu will announce their featured musical selections from the stage.

"What a fantastic collaboration," said Finn. "Educating our guests on the story behind the music is such a wonderful opportunity, and the caliber of performers is simply second to none."

*Tickets are complimentary, but seating is limited to the first 250 guests. Interested parties are asked to email RSVP@thebuzzagency.net for ticket information.

Hellraiser Anne Feeney in Concert in Boca Raton

Pittsburgh-based Anne Feeney performs music she says is designed to "comfort the afflicted and afflict the comfortable." Not many women have chosen to walk the path of Woody Guthrie, but Feeney has made a career of it for the past 35 years. Feeney's bottomless songbag draws on Irish, bluegrass, traditional, labor, pop, folk, and contemporary material. She's as likely to sing a traditional song or an obscure gem, as she is to sing one of her own award-winning songs.

Anne Feeney will be performing in Boca Raton on Saturday February 15. The show is a benefit for Peace Action, the nation's largest, grassroots peace organization. The event is being organized locally by War vs Human Needs, South Florida (WvHN), an Organizational Member of Peace Action.

While Feeney may prefer the excitement of rallies and demonstrations, many of her fans prefer a pepper-spray free environment

AVDA's 7th Annual
Heart of a Woman Luncheon

Olympia Dukakis

FEBRUARY 24TH, 2014 • 10:30 AM
The Boca Raton Resort & Club, Boca Raton

Join AVDA as we present Academy Award winning actress, director, producer, teacher, activist and author Olympia Dukakis. Chairperson: Ann Bonhoff

TICKETS ARE LIMITED For reservations or more information please call 561-265-3797 www.avdaonline.org

Auxiliary acts and interpreters available upon request at no charge AVDA A Community of Hope

to listen to the songs and stories that make up her sometimes caustic, often hilarious, always inspiring show. The woman that Utah Phillips called "the best labor singer in North America" will perform: Saturday February 15, 2014 at 7PM at the Unitarian Universalist Fellowship of Boca Raton, 2601 St Andrews Blvd. in Boca Raton.

Tickets: \$15-\$25 It's a benefit, folks.

No one turned away for inability to pay.

To purchase in advance, send checks made out to Peace Action Education Fund to Frank Shulman, 544 Village Dr, Pompano Beach FL 33060. Your tickets will be held at the door. For further information, contact Frank Shulman at 954-942-0394 or franknick@gmail.com.

Joining Anne Feeney on the program will be PinkSlip, Bill Bowen and Joan Friedenberg, a popular local folk duo. There've also been rumors of an appearance by the Raging Grannies.

Tables are available to nonprofit activist groups to promote their objectives (free with no sales), and to commercial groups at reasonable rates. Contact Jim Elder, 561-379-3634, jmelder@bellsouth.net.

Music at St. Paul's: Gareth Johnson and Tao Lin in Recital

The Music at St. Paul's concert series, now in its 26th season, will feature violinist Gareth Johnson, and pianist Tao Lin, in a program of masterworks for violin and piano. The program will take place on Sunday, February 2nd, at 3:00 PM in historic St. Paul's Episcopal Church at 188 S. Swinton Avenue in the heart of Delray Beach. The program will include the Violin Sonata No.3 of Johannes Brahms, The Last Rose of Summer Variations by Heinrich Wilhelm Ernst, Antonio Bazzini's Round of the Goblins, Op.25, Camille Saint-Saëns' Havanaise, and J.S. Bach's famous chaconne from the Partita No.2 in D minor.

A \$15 minimum donation is requested for the concert, with preferred (front center) seating available at \$20. Students are admitted for a \$5 contribution. Tickets can be reserved by phone at 561-278-6003, or online at www.stpaulsdelray.org. No one will be turned away for inability to contribute. Updated information will be posted, as it becomes available, on the church's website, www.stpaulsdelray.org.

For additional information please contact:

Dr. Keith Paulson-Thorp, Director of Music, St. Paul's Episcopal Church
188 S. Swinton Avenue, Delray Beach, Florida 33444. stpauldb@aol.com, 561-278-2003, Fax (561) 276-0304

17th Annual Downtown Delray Beach Craft Festival

The finest crafters in the country will converge upon Downtown Delray Beach with their newest work and a wide selection of original handcrafted items, sure to entice those looking for unique Valentine's Day gifts. This eclectic display will feature a full spectrum of craft media including folk art, pottery, personalized gifts, handmade clothing, basket weaving, beaded utensils, candles, handbags & accessories, handmade cards, leather, mosaic, wood, stained glass

CARRY IT ON PETE SEEGER

A TRIBUTE TO A HISTORY OF THE LABOR MOVEMENT THROUGH SONG

Saturday, February 8, 2014
Lake Worth Playhouse
2 PM Matinee & 7PM Evening Concert
Reception with performers at Clay Glass Metal Stone Gallery (15 South J Street) between concerts

TICKETS
\$20/\$25 in advance or \$26/\$30 at the door
LakeWorthPlayhouse.org
Lake Worth Playhouse Box office
713 Lake Avenue, Lake Worth FL

CAST
Anne Feeney
Cerina Anderson
Grant Livingston
Kat Mahoney
Marie Nofsinger
Mel and Vinnie
Tracy Sands
Sound Engineer Ed Berkoff
Video Engineer James Venable

arts & ends

and much more. The prices are set to suit all budgets. The artists and crafters will line their booths along 4th Avenue, just north and south of Atlantic Avenue, creating an outdoor gallery style exhibit.

February 1 & 2, 2014
 Saturday - Sunday, 10:00 AM - 5:00 PM
 Along NE & SE 4th Avenues, just north and south of Atlantic Avenue in Downtown Delray Beach
 Free and open to the public
 Visit www.artfestival.com or contact info@artfestival.com or 561-746-6615

Sol Children Theatre and Evening Star Productions present productions in February and March

Sol Children Theatre, Evening Star Productions, and the companies' artistic director Rosalie Grant are not resting on any laurels. Grant, winner this year of the South Florida Theatre League's newly established Remy Award as the Outstanding Contributor to Children's Theatre, has two productions in the planned for February and March, and another ten in the works through December 2014.

Sol Children Theatre is presenting J.M. Barrie's Peter Pan or The Boy Who Would Not Grow Up now through February 2nd.

Evening Star Productions, the newly created off-shoot of Sol Children Theatre, will present Dr. Jekyll and Mr. Hyde from February 28th through March 16th. Evening Star offers serious young adult actors the opportunity to push the boundaries of their knowledge and talent in a safe and highly professional environment, and to work with professionals to provide practical experience, education, and support for those desiring a career in theatre.

Adapted for the stage by Jeffrey Hatcher from the Robert Louis Stevenson classic, Dr. Jekyll and Mr. Hyde is "a smart, tense, and suspenseful new take on Stevenson's look at 'the evil that lurks in the hearts of men...' Hatcher has fashioned a play that seems truer to Stevenson but hipper, sexier and more intense..." (The San Francisco Chronicle)

Tickets to both productions are on sale now, and are available on line at: <http://www.solchildren.org>, www.eveningstarproductions.org or by phone at 561-447-8829. Sol Theatre is located at 3333 North Federal Highway (just south of Spanish River Boulevard) in Boca Raton.

For more information about Sol Children Theatre and Evening Star Productions, as well as the company's popular summer camp program, and a complete list of upcoming productions, visit <http://www.solchildren.org>, www.eveningstarproductions.org, or contact Rosalie Grant at 561-447-8829 / solchildtroupe@aol.com or Carol Kassie at 561-445-9244 / ckassie@gmail.com

Vicki Siegel exhibits at Weisman Delray Community Center

"Journeys" featuring the paintings of artist, Vicki Siegel, takes the viewer on an artistic journey from the outside world to a world that exists in the imagination. The exhibition takes place at the Weisman Delray Community Center, January 21, 2014- March 2, 2014. Monday - Thurs. 9am - 5pm. Friday 8:30am - 4:30pm. A reception with a brief artist talk will be held Sunday, February 16th from 2-4pm. Free and open to the public. Call 561-558-2100

Vicki Siegel's paintings are informed by memory, both personal and collective.

"Memories are imperfect representations of the past that are altered, fragmented, reconstructed and reinterpreted over time" says Siegel. "In my narrations details are found in layers often revealing something forgotten or missing from actual experiences or by the collective memories we share".

The Weisman Delray Community Center is part of the Ruth Rales Jewish Family Service. It is located at 7091 W. Atlantic Ave. in Delray Beach. Call 561-558-2100.

"VISION" watercolor exhibit coming to the Delray Beach Public Library in 2014



The Delray Beach Public Library is proud to present a new art exhibit for the New Year entitled: "VISION" with paintings by Boynton Beach resident, Darlene Erickson, Ph.D. Her work will be on display at the Delray Beach Library's 2nd floor Gallery through February 28.

Dr. Erickson, holds a Ph.D. in literature and in addition to being an accomplished watercolorist, is an author, a poet, and a literary critic. She brings more than two decades of painting experience to this exhibit



which represents a variety of paintings about her summer travels through Europe. Dr. Erickson has served as President of the Briny Art League of Boynton Beach and her work has been shown in galleries in Florida as well as in Columbus, Ohio, where she spends her summers.

For further information on this exhibit and the many programs at the Delray Beach Public Library, visit our website at www.delraylibrary.org or call the Director of Community Relations at 561-266-9490.

FLORIDA YOUTH DANCE GALA Set for the Duncan Theatre in Lake Worth - February 8

Mauricio Cañete, Founder and director of MC Dance Productions, announced that tickets are still available for the inaugural FLORIDA YOUTH DANCE GALA, which will be held at the Duncan Theatre, located on

the Lake Worth campus of Palm Beach State College, on Saturday, February 8, at 7:30 p.m.

The first FLORIDA YOUTH DANCE GALA will feature will feature dancers Carlos Miguel Guerra and his wife Jennifer Kronenberg, making their first public performance since leaving Miami City Ballet, where they were both Principal Dancers.

The Gala will also showcase more than 40 extraordinarily talented dancers from 11 leading dance academies including 16-year old dancer Francisco Serrano from Sarasota Cuban Ballet School (picture above) and 14-year old dancer Brittany Weger from Dance Universe School in Royal Palm Beach (pictured below, pix by Isis Caro).

Dedicated to "celebrating and gathering talented dancers" from all over the state, the FLORIDA YOUTH DANCE GALA will "showcase new choreography, finalists from major dance competitions and some electrifying young dancers, resulting in what may be the most memorable dance event of the coming season," says Cañete, a former dancer with Houston Ballet, Ballet Florida and Ballet Eloelle, who has performed in England, Russia, Hong Kong, Canada, Austria, Germany, China and throughout the Far East.

Tickets for the first FLORIDA YOUTH DANCE GALA are only \$30 general admission and are available for purchase online at www.floridayouthdancegala.com.



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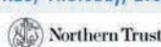
TREAT YOUR VALENTINE!

Coming Up in the Crest Theatre



Broadway Cabaret Series
STEPHANIE J. BLOCK
 Feb. 10 & 11
 Join this gifted performer for an evening of songs and stories from Broadway and the American songbook.
 Monday and Tuesday, 8 pm
 Presented by  Merrill Lynch Wealth Management Bank of America Corporation



Robert D. Chapin Lecture Series
ELIZABETH SMART
 February 13
 A powerful lecture with an inspirational message of life after a tragic event and overcoming extreme adversity to make a positive difference in the world. Elizabeth has become one of the nation's leading advocates for change related to child abduction, recovery process and national legislation. **TWO LECTURES, Thursday, 2:00 and 5:30 pm.**
 Presented by  Northern Trust



HAIR
 February 14-16
The AGE OF AQUARIUS is back!
 "The ultimate American Rock Musical" -- *The New York Times*
 Fri., 8 pm; Sat., 2 & 8 pm; Sun., 2 pm



SAM HARRIS - Ham: Slices of a Life
ONE NIGHT ONLY! February 19
 Singer/songwriter/actor and now author, Sam Harris will entertain with songs and stories based on his humorous new book.
 Wednesday, 8 pm

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Indian Summer, Photograph by Russell Levine, instructor

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DelrayArts.org









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arts garage

DICK HYMAN

MEET THE MASTERS:

THURS, 2/20, 7PM

CONCERT:

FRI, 2/21, 8PM

'A living, breathing, swinging encyclopedia of Jazz,' Dick Hyman has amazing chops and an inquisitive mind that has guided him through explorations of various styles of Jazz. He also brings to Arts Garage, tremendous experience in creating and performing music for countless major films and television. Come join us for a night of prolific versatility!

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NANCY KELLY

SAT, 2/1, 8PM

'...precisely the right combination of good-time energy... and take-no-prisoners swing', Nancy Kelly is in a league of her own with her authentic expression, real emotion and stage presence! Twice named 'Best Female Jazz Vocalist', her vibrant, rhythm-driven vocals take us back to a time when jazz was jazz, and swing was swingin!



**RADIO THEATRE
CASABLANCA**

WED, 2/5, 7:30PM
THURS, 2/6, 7:30PM

Of all the gin joints, in all the towns, in all the world, Casablanca walks into ours! Don't miss a word as Arts Garage Radio Theatre tells the timeless story of lovers torn apart by war and personal sacrifice. With such a live performance of sensational sounds, you'll be begging us to 'play it again'!!



**PETER
AND WILL
ANDERSON**

FRI, 2/7, 8PM

The New York Times hails them as 'Virtuosos on Clarinet and Saxophone'... the Wall Street Journal exclaims 'Remarkable!' Peter and Will Anderson are one of the most extraordinary duos in Jazz today! Playing with pure passion, predictable unpredictability and divine discovery, these boundless brothers take Arts Garage to another level.



**FEDERICO BRITOS
QUINTET**

SAT, 2/8, 8PM

Five Time Grammy Award Winner Federico Britos is the living proof of the universality of jazz and classical music than the career and life work of violinist Federico Britos. Equally adept within the world of jazz music as he is in the classical realm, he has performed with almost all the legends: Dizzy Gillespie, Dexter Gordon, Duke Ellington, Nat King Cole, Woody Herman and Benny Goodman, to name a few.

**BENEFIT CONCERT
SWING FOR THE CURE**

SUN, 2/9, 7PM

Arts Garage and the Leukemia and Lymphoma Society team up to raise money for Blood Cancer treatment with their 1st annual swing for a cure concert. Featuring Chloe Dolandis, with all proceeds going to benefit blood concert research.



**VANGELIS
ANDRIOTAKIS
-FROM GREECE,
WITH LOVE**

THU, 2/13, 7PM

Vangelis Andriotakis leads with love in everything he creates. His incredibly prolific body of work entices the senses with its bold colors, alluring compositions and beautiful subject matter. The GALLERY Arts Garage is excited to present a cohesive collection of the artists' work that embodies number of his series. Just in time for Valentine's Day, come experience how Vangelis' Art breeds passion and his passion breeds Art!



**JOHNNY
RAWLS**

SAT, 2/15, 8PM

One of the most beloved blues icons out there today; Johnny Rawls is praised for his soul-flavored blues, solid pop hooks, smooth vocals and just the right touch of grit and stax-style horns. From Mississippi to Delray Beach, Arts Garage brings the bluest of blues!



**VALENTINES SPECIAL
ROSEANNA VITRO**

CONCERT
FRI, 2/14, 8PM

MEET THE MASTERS
SAT, 2/15, 2PM

Grammy-nominated vocalist Roseanna Vitro shares her Heart and Soul with her smooth and seductive sounds. Enjoy a very special Valentine's evening performance. Her kinetic presence will make it an evening you'll remember and a performance you'll never forget!!



**MARK MORGANELLI & THE
JAZZ FORUM ALL-STARS
FEATURING IRA SULLIVAN**

SUN, 2/16, 7PM

Flugelhornist & Jazz Forum Arts Executive Director, Mark Morganelli returns to Florida after an absence of 35 years, to lead his Jazz Forum All-Stars featuring veteran Ira Sullivan and pianist Don Friedman in an evening of cherished standards by Rodgers & Hart, The Gershwins, Jerome Kern, Duke Ellington, and Miles Davis, as well as Brazilian favorites by Antonio Carlos Jobim.

A five-time Grammy nominee, Ira Sullivan has been called "Pure lyric," "Fire," "Formidable," "Complex," "Ornate," "Unparalleled," "Haunting," or, more simply, "Legend." Some reviewers say he is a musical genius; others say this is an understatement.



DICK HYMAN

MEET THE MASTERS
THURS, 2/20, 7PM

CONCERT
FRI, 2/21, 8PM

'A living, breathing, swinging encyclopedia of Jazz', Dick Hyman has amazing chops and an inquisitive mind that has guided him through explorations of various styles of Jazz. He also brings to Arts Garage, tremendous experience in creating and performing music for countless major films and television. Come join us for a night of prolific versatility!



MANUEL VALERA

SAT, 2/22, 8PM

Grammy-nominated jazz pianist and composer Manuel Valera's music pulses with the hot beats and deep soul of his native Havana!! Performing a sizzling set of Latin jazz, he's sure to spice up the night with his rad chops and solo flights.



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destinations



Mata at Busch Gardens - Photo provided by Busch Gardens Tampa

"Mata," a Malayan Tiger, returns to Palm Beach Zoo

WEST PALM BEACH, FL — A familiar face that many members of the Palm Beach Zoo & Conservation Society will remember has returned to the Zoo. Keemas Mata, typically referred to as Mata, is back after more than two years at Busch Gardens in Tampa, FL. Mata, a 334-pound eight-year-old male Malayan tiger, has returned as part of a breeding recommendation under the Species Survival Plan (SSP) by the Association of Zoos and Aquariums (AZA). Mata fathered three cubs at Busch Gardens, and zookeepers at the Palm Beach Zoo are hopeful he will mate with Berapi, the female tiger who successfully littered three tiger brothers, Jaya, Bunga and Penari, in 2011.

Nancy Nill, Associate Curator for the Palm Beach Zoo, is thrilled to have Mata back. Nill worked closely with the tiger when he was at the Zoo from November 2006 to April 2011.

"Words can't describe how excited we are to receive Mata," said Nill. "He was an amazing tiger to work with when he was previously here, and it appears this has not changed. He was also a favorite of many of our Zoo members, so it is an exciting time for them as well."

"I am also looking forward to the possibility to be able to see tiger cubs born and raised here again," she continued. "We were very fortunate the first time, so hopefully we will be fortunate again."

Zoo officials say Mata has returned as a more experienced tiger regarding breeding, so they are optimistic that he will father cubs again. Right now, Mata is in the tiger night-house behind "Tiger Falls," the Zoo's Malayan tiger habitat, where he will remain until he and Berapi can be safely reintroduced.

About the Palm Beach Zoo

The Zoological Society of the Palm Beaches exists to inspire people to act on behalf of wildlife. We advance our conservation mission through endangered species propagation, education and support of conservation initiatives in the field. Our commitment to sustainable business practices elevates our capacity to inspire others.

The Palm Beach Zoo is located at 1301 Summit Boulevard in West Palm Beach, Florida. The Zoo is open from 9 a.m. to 5 p.m. every day, except Thanksgiving and Christmas. For more information, visit www.palmbeachzoo.org.

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Art, Music, Hearts and Street Painting Festival

Lake Worth's February calendar is filled with major events every week and weekend. With all of the free parking throughout town, Lake Worth is the perfect place to eat, stroll, and take in a movie, a show or a gallery. Several hundred thousand will stop in town for the world's finest **Street Painting Festival**. Celebrate the 95th birthday of legendary folksinger and humanitarian, **Pete Seeger** at the Carry It On Tribute to him at the Lake Worth Playhouse. Hearts and flowers will be everywhere in town for Valentine's Day. Some of the areas best bistros will provide your romantic little dinner.

The Lake Worth Street Painting Festival is celebrating its 20th Anniversary this year. Gallery owner Maryanne Webber (705-711 Lucerne) is the heart and soul behind this event. The festival takes place on **February 22, 23** with lots of set-up parties all day Friday, the 21st. With several hundred thousand expected for this big event, look for spectacular arts works, really great food and music, music, music everywhere.

Watch as over 400 artists use the pavement as canvas to transform downtown Lake Worth into a temporary outdoor museum of original art and masterpiece reproductions. See the streets come alive as the artists transform the pavement into works of art. It happens every February in downtown Lake Worth, Florida. Street performers, strolling minstrels and main stage musical entertainment add to the creative atmosphere.

"**A Taste of Lake Worth**," sponsored by the Kiwanis Club of Lake Worth, traditionally takes place on the Friday evening, February 21, preceding the festival. Buy your wrist band for \$20 and spend the evening going to most of Lake Worth's finest restaurants for tastes of their food. The money raised supports underserved children locally and globally. Only 300 wrist bands will be sold, so make your reservations early. 561-856-0832 or 561-827-1646. Visit AuctionForGood.com to bid on items donated for this event.

"**Carry It On**," a Tribute to Pete Seeger, will be performed at the Lake Worth Playhouse, Saturday, February 8 at 2PM (Matinee) and 7PM evening concert. The concert is based upon Seeger's Book, Carry It On, a history of the Labor Movement through song. The story is narrated with words and pictures flashed on the screen behind the performers so the audience can sing along. Appearing in concert will be **Anne Feeney**, national artist, and local performers, **Grant Livingston, Marie Nofsinger, Mel & Vinnie, Tracey Sands, Kat Mahoney and Cerina Anderson**. The concert will be narrated by Charlie Birnbaum. Tickets are available at LakeWorthPlayhouse.org or at the Playhouse box office.

"**The Spirit of the Brush**," a workshop for artists at the Clay Glass Metal Stone Gallery will be held on Saturday, February 15 from 9AM-12PM. **Master artist Jiasheng (Jackson) Li**, world renowned ceramic artist and brush maker will be leading a workshop on the ancient craft of **Chinese Brush Making**. The workshop will cost \$145 with a \$10 materials fee. This workshop is limited to 20 artists. Jackson and his wife Ying will be demonstrating brush applications to paper as well as ceramics once the brushes are complete. Call 561-588-8344 or JClay6@aol.com for reservations.

The Lake Worth Arts League is having an exhibition, "Celebrating Art" **February 11-March 8, 2014**. There will be a demonstration, "Painting with Wax" on February 20th at 7PM. The League is offering classes in **Oil, Acrylic, Pastel and Water Color Painting**. The Gallery is located at 604 Lucerne Avenue in downtown Lake Worth. For information call 561-586-8666. Outdoor shows are held monthly in the Cultural Plaza, 9AM-4:30 PM.

The Lake Worth Playhouse presents, **One Flew Over the Cuckoo's Nest**, Feb 27-Mar 16. \$26-\$35. McMurphy is a charming rogue who contrives to serve a short sentence in an airy mental institution rather than in prison.

He learns this was a mistake when he clashes with the head nurse, a fierce martinet. Quickly, he takes over the yard and accomplishes what the medical profession has been unable to do for twelve years.

The Stozek Movie Theater presents:

January 31 – February 6: Oscar nominated short films live action/animation/documentary.

February 7 – February 13 Claude Lanzmann's "Last of the Unjust" director of "Shoah"'s not to be missed 4 hr documentary about Theresienstadt, Adolf Eichmann's "model" concentration camp.

February 14-20 Oscar nominated short films live action/animated/documentary.

Friday, February 7, Evening on the Avenue: Most of Lake Worth's shops and restaurants will be rolling out the red carpet for you. Remember, parking is FREE.

Friday, February 7, Gail Erickson will be the featured artist at Clay Glass Metal Stone Gallery, 15 South J Street. Gail's dramatic ceramic sculptures, as well as her unusual, anthropomorphic bird feeders and orchid tree huggers will be center stage that evening.

Cupid's Clue Crawl (Scavenger Hunt & Downtown Crawl) takes place on Saturday, February 8, starting at 4:00 PM. 772-261-4360 or brains@beachzombierampage.com. or facebook.com/thirdyeadeventures

February 10, Food Truck Invasion on the parking lot of PNB Bank. 6-10 PM sponsored by South Shores Tavern.

Friday, February 14 is the night of Valentine Lovers. Look for **Sweetheart Specials** all over town. There will not be a shop in town that will miss the opportunity to dazzle your loved one with one-of-a-kind gifts.

Brogue's Down Under will be installing sliding glass doors in the large dining room. The glitter of lights will make for a most romantic dinner.

Look for lovers' specials at **South Shore's Tavern, The French House, La Bonne Bouche, Poutine Dog** and every bistro in between.

Friday, February 14, MaryEllen Dohrs will be the featured artist at the Clay Glass Metal Stone Gallery. MaryEllen is best known

for her sculptures of sports figures including basketball players, football players, sumo wrestlers, and hockey players.

Saturday, February 15-March 15, the Palm Beach Cultural Council, 601 Lake Avenue, features the works of Steve Horan. Titled, "People of Yellowstone Photo Exhibition," Steve has created a series of captioned portraits of the people whose lives are centered around Yellowstone National Park.

The Wellington Arts Society comes to Lake Worth for an exhibit of their works. The exhibit runs from **February 16-24** with special opening, Thursday, February 20. The exhibit will take place at the Clay Glass Metal Stone Gallery at 15 South J Street. Call 561-588-8344 for information.

Friday, February 21 is another Evening on the Avenue in Downtown Lake Worth. This is the start of Street Painting Festival. In addition to the Taste of Lake Worth, Theo Sable will be the featured artist at the **Clay Glass Metal Stone Gallery**. Theo will be displaying her multi-talented works of jewelry, ceramics and collage. She will be reading selections from her first edition publication of her poetry, Dirty Secrets.

The Bees Knees, 704 Lake, will be giving 20% to the Military personnel all of February. On Tuesdays there will be a free gift with every \$100 purchase. Wednesday is 20% off for all local merchants. Thursdays is 20% off for teachers, coaches and related educators. Friday the medical personnel of the world get their 20% off. On Saturdays, 20% off for anyone mentioning this article and on Sundays, 50% off many selected items...

A new **Wellness Center** has opened in Lake Worth. After all of your gallivanting around Lake Worth, you might want to stop in to see **Ron Gold** at 309 Lake Avenue. Dr. Gold has relocated his office to the downtown area after 26 years of practice. He has been helping families achieve lifetime wellness through affordable Chiropractic care. www.GoldChiro.net (561) 967-2225

For additional information contact JClay6@aol.com.

Museum of Discovery and Science

AMERICAN EXPRESS Everglades Forever Celebration

Everglades Forever Celebration made possible by American Express

Treasure Hunt

People are encouraged to participate in the Everglades Forever "Treasure Hunt" for fun and the opportunity to win prizes. Start your adventure by downloading the NPS Junior Ranger booklet in English, Spanish and Haitian Creole at this link: <http://www.nps.gov/ever/torkids/beajuniorranger.htm> Use the booklet as a guide while visiting a park, take photos of at least three examples of flora or fauna found in the Everglades and post it to Instagram. Then tag the Museum of Discovery and Science @m0ds with the hash tag #evergladeshunt.

For more information please go to <http://www.mods.org/everglades/index.htm>

MUSEUM OF DISCOVERY & SCIENCE
AUTONATION IMAX THEATER

Amateur Photography Contest

Amateur photographers are invited to participate in the Everglades Forever Photography Contest. All ages are welcome!

- All you have to do is visit the Everglades.
- Take nature photographs and post it to Instagram
- Then tag the Museum of Discovery and Science @m0ds with the hash tag #evergladesphoto.

Maximum of three photos per person, please.

www.mods.org

Sawgrass RECREATION PARK

BUY ONE GET ONE FREE!

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Valid for the Standard Airboat
30 minute airboat adventure through 5.31.14.
For more information, visit www.evergladestours.com
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Admission!

Seminole Tribe of Florida

AH-TAH-THI-KI Museum

Code 03M001212, Expires 5.31.14
For more information, visit www.ahththiki.com

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Ninth annual Children & Parents Day 2014 featuring the Apple Fruit



Sunday, February 23, 2014 at the historic Boynton Woman's Club

BOYNTON BEACH, FL – The annual Children & Parents Day has evolved into Palm Beach County's premier cultural culinary event for kids and their families mixing arts activities, kids cooking classes and culinary demos for the whole family.

The apple fruit has landed the lead role in the ninth annual Children & Parents Day set for Sunday, February 23, 2014 at the historic Boynton Woman's Club. Children & Parents Day was developed by the non-profit Museum of Lifestyle & Fashion History. The 2014 Children & Parents Day: Celebrating the Apple Fruit is serving as a prelude to National Nutrition Month and offering continued support to the State of Florida's Viva Florida initiative.

Returning as presenting sponsors are Target and Kingston Fresh, a produce company. New sponsors for 2014 are Coca-Cola and Blue Bell Creameries. A wide variety of educational, arts and crafts activities with an apple fruit theme are available at the event. Plus, local Palm Beach County artists will host interactive art activities. The artists are from ActivistArtista of Boynton Beach; Art-Sea Living Gallery of Boynton Beach; Boynton Beach Art in Public Places; and Inge Behrens of Boca Raton.

Five local chefs and bakers are confirmed to contribute to the event that will include an apple-infused five course all-you-can-eat farm-to-table buffet; tastings, cooking demos and kids cooking classes. The returning featured chefs and bakers are Chef Chrissy Benoit of The Little House of Boynton Beach; Chef Phillip Herman of the Secret Garden Café and the Urban Farm; Pastry Chef Lara Fisher of Lara's Cakes of Lantana; Pastry Chef Anna Orland of Palermo's Bakery in Boynton Beach and baker Bonnie Brown of Bonnie's Best Bites in Boynton Beach.

Some of the apple recipes are original creations by the chefs and bakers; and some apple recipes are from the U.S. Apple

Association. Other apple cuisines will be enriched by National Nutrition Month's recommended Spices from Around the World and Herbs from Around the World. The apple cuisines will also be enhanced with Florida grown fruits and vegetables. Blue Bell Creameries will be introducing tastings of apples and ice cream

The 2014 Children & Parents Day has joined First Lady Michelle Obama's Let's Move campaign. Additional health components added to Children & Parents Day: Celebrating the Apple Fruit are a Get Fit with the Apple Fruit exercise activity by the Zoo Gym of Boynton Beach; and health screenings by Florida Health Palm Beach County.

Families in attendance will enjoy the sounds of the Lake Worth High School Steel Band and jazz music by Greg Kokus.

An apple orchard created for Children & Parents Day is available for the souvenir photos. "Granny Smith" will also be making personal appearance and conducting storybook reading. The legacy of Granny Smith is that she cultivated the green apple in 1868. There are now more than 7,000 varieties of apples. The origin of the apple is Asia in 328 BC. Apples were introduced in North American in the 17th century by colonists. The apple fruit is very nutritious containing dietary fiber, protein and Vitamin C.

Families in attendance will also meet local farmers from the Florida Farm Bureau Federation. Student volunteers are from American Heritage School of Boca/Delray, National Honor Society of Palm Beach Lakes High School and the South Tech Culinary Academy.

The Boynton Woman's Club is located at 1010 S. Federal Highway in Boynton Beach. Tickets for Children & Parents Day purchased in advance of the event are \$15 per person and free for children under age 3. Tickets purchased on the same day are \$25 per person and free for children under age 3. Fees include all-you-can-eat buffet, all arts and crafts, activities and all entertainment. Tickets can be purchased at ChildrenParentsDay.org. For more information call 561-243-2662.

Here is a sample recipe from the U.S. Apple Association

Apple-Cheddar Mac and Cheese by U.S. Apple Association

Prep Time: 25 minutes **Baking Time:** 30 minutes **Yield:** 4 (1 ¼ cup) servings

Ingredients:

1 ¼ cup dry elbow macaroni (5 ounces)
1 ½ cup small diced, unpeeled, tart green or red apples
2 tablespoons butter
¼ cup finely chopped onion
2 tablespoons all-purpose flour
2 ¼ cup whole milk (lower fat milk can be substituted)
1 small bay leaf
2 1/3 cup shredded sharp white or yellow cheddar cheese (about 10 ounces)
½ teaspoon dry sherry
Salt to taste
Ground white pepper to taste
1/3 cup plain panko (Japanese bread crumbs - regular bread crumbs can be substituted)

Directions:

1. Preheat oven to 350° F. Butter a 11/2-quart round casserole; set aside.
2. Cook pasta in large saucepan according to package directions until al dente. Rinse with cold water to stop the cooking; drain well. Return pasta to saucepan. Add apples.
3. Meanwhile, melt butter in medium heavy saucepan. Add onion and cook over medium heat about 3 minutes or tender. Stir in flour; cook and stir about 1 minute or until fragrant.
4. Slowly stir in milk with wire whisk. Bring mixture to a gentle simmer, stirring constantly. Add bay leaf. Reduce heat to low and cook sauce for 10 minutes, stirring often.
5. Remove and discard bay leaf. Stir in 2 cups of the cheese and dry sherry. Cook and stir about 1 minute or until cheese is melted. Remove from heat; season to taste with salt and pepper.
6. Add cheese sauce to pasta-apple mixture; gently stir until well combined. Transfer mixture to prepared casserole. Sprinkle with remaining 1/3 cup cheese and panko. Bake, uncovered, in preheated oven about 30 minutes or just until heated through and lightly browned. Let stand about 5 minutes before serving.

The Museum of Lifestyle & Fashion History's ninth annual Children & Parents Day will feature an all-you-can-eat five-course buffet by Chef Phillip Herman of the Secret Garden Café and the Urban Farm using some recipes from the U.S. Apple Association.



Chrissy Benoit of The Little House of Boynton Beach will be conducting cooking demos and kids cooking classes for the Museum of Lifestyle & Fashion History's ninth annual Children & Parents Day. Sweet Potato Apple Soup is one of the cuisines she created for the event that will be showcased with a cooking demo and tastings.



Sweet Potato Apple Soup

Ingredients

1 cup chopped yellow onion
1/4 cup sliced leeks (whites only)
4 large Granny Smith apples, cored, peeled and quartered, plus 1 Granny Smith apple, cored and sliced thinly, for garnish
2 cups chicken broth
1 bay leaf
1/4 teaspoon dried thyme
3 cups evaporated milk
6 small sweet potatoes, peeled and sliced
4 ounces brie cheese, cut into small slices to over

Directions

Spray a soup pot with cooking spray. Add the onion, leeks and 4 of the 5 apples. Sauté over medium heat until softened, 5 to 7 minutes. Add the

chicken broth, bay leaf, and thyme. Bring to a boil, reduce heat to low and simmer for about 15 minutes. Remove the bay leaf. Turn off heat and set the mixture aside.

While the broth mixture is cooking, combine the evaporated milk and potatoes in a separate saucepan. Cook over medium heat until the potatoes are tender, 15 to 20 minutes. Stir frequently. Pour the potato mixture into the soup pot. Stir to mix evenly.

In a blender or food processor, puree the soup in batches until smooth, adding the pieces of brie cheese while pureeing. Return the pureed batch to the soup pot and heat until warmed through. Ladle into individual bowls and garnish with diced apple. Serve immediately

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Sold-out “Winter Harvest” event at The Delray Beach Historical Society honored farmers past and present

Delray Beach’s remarkable agricultural heritage and current farm-to-table renaissance was the inspiration for the food and wine pairing event that took place at The Delray Beach Historical Society, Wednesday, January 15th. Seventy lucky ticket holders gathered to taste the culinary creations of four of Delray’s most acclaimed chefs and taste wine pairings from celebrated Sommelier, Stephanie Miskew. There was a waiting list of 82 for tickets to the \$45 per person event.

The evening began with a first-course, “Catch of the Day” Ceviche and champagne reception in the Ethel Sterling Williams House, where guests toured a gallery of historic farming photos and meandered through a farmer showcase. Bedner’s Farm Fresh Market, Thomas Produce Company, Mr. Sandy Simon and Allen and Mary Whittemore. Through sponsorship donations and ticket sales the event raised approximately \$4,800 to help fund important educational programs, exhibits, City archiving efforts and staffing at the non-profit Delray Beach Historical Society.

Afterwards, the elegant, four-course, sit-down portion of the evening took place outside under the canopy of the Jacaranda Tree in the main courtyard adorned with twinkle lights. Tables were set with flameless glowing candles and featured awe-inspiring centerpieces created and donated by Daren Bahl of The Tailored Twig. Each centerpiece with four-foot sugarcane stalks, gladiolas, ornamental pineapples, fresh flowers and greens told its own story of Delray Beach’s nostalgic agricultural past.

Chef Eric Baker from Max’s Harvest, Chef Jimmy Mills from Jimmy’s Bistro, Chef Nick Morfogen from Thirty-Two East and Chef Michael Haycock from The Grove created dishes representing their restaurants and honoring the theme of the evening. Wait staff in tuxedo dress delivered plates as each Chef described their dish and talked about the local farms they partner with and the significance of sourcing local.

Certified Sommelier, Stephanie Miskew sourced complementary wines from the

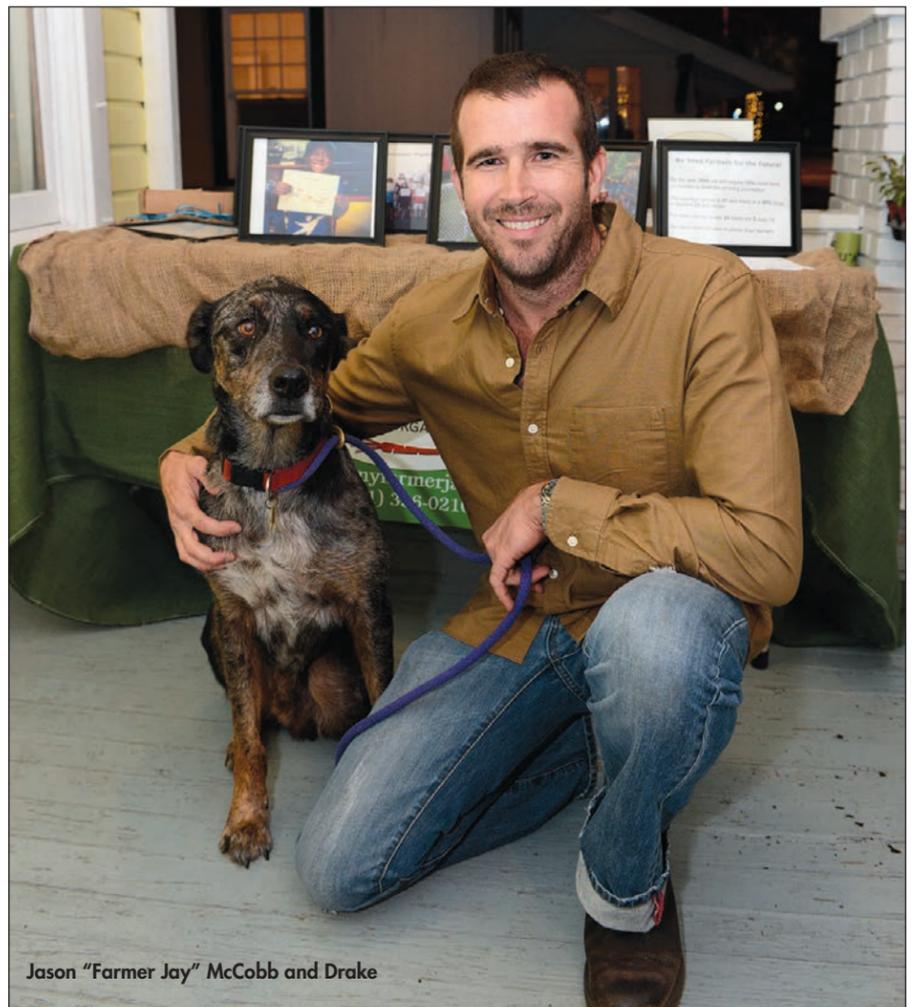
North Coast of California from Art + Farm Vineyard for the evening and spoke about each pairing and answered questions from the enthusiastic crowd.

Co-presidents of The Delray Beach Historical Society, Angela Kumar and Leslie Callaway, are very grateful to the event sponsors without whom the event would not be possible— Floridian Community Bank, Bedner’s Farm Fresh Market, The Florida Farm Bureau, Thomas Produce Company, Mr. Sandy Simon and Allen and Mary Whittemore. Through sponsorship donations and ticket sales the event raised approximately \$4,800 to help fund important educational programs, exhibits, City archiving efforts and staffing at the non-profit Delray Beach Historical Society.

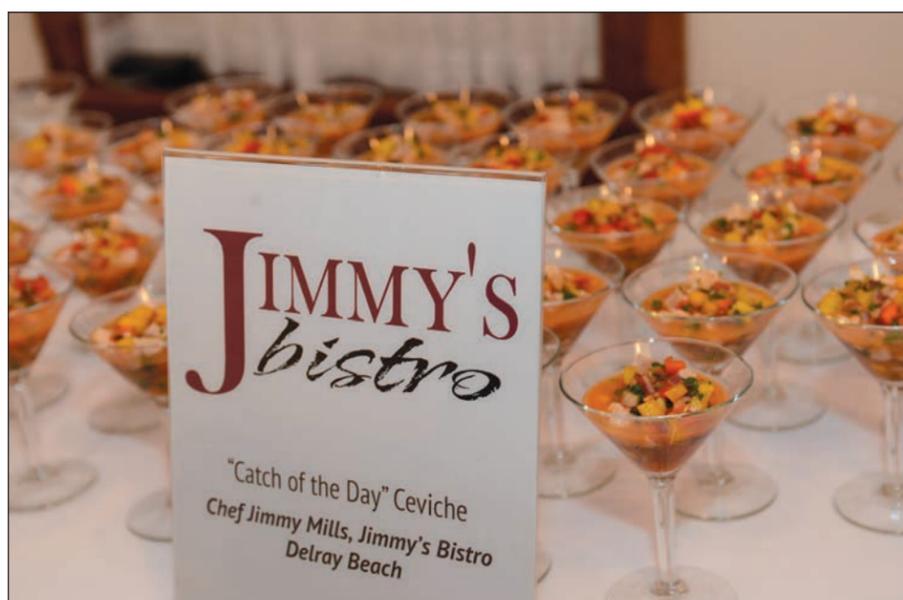
President, Angela Kumar reflects, “It truly was an evening to remember and honor those hardy and adventurous pioneers that settled here in the late 1800’s and turned Delray Beach’s raw land into the humble beginnings of a rural farm town along the banks of what is now known as the Intracoastal Waterway. They were filled with awe by the untouched wilderness and saw something in Delray. They persevered and tamed the wild into a thriving community. We’ve come full circle with our Winter Harvest event and are thankful to all of the local farms in our area and the restaurants who support them!”

Angela adds, “We really wanted to get the word about our local farmers, CSA (Community Supported Agriculture) programs and area farm markets. We’ve been overwhelmed with the positive feedback we’ve received and requests to hold additional events like this. The community really came together, had a great time and celebrated something truly unique and special happening in Delray Beach.”

Visit or call the DBHS to learn more about their calendar of events plus membership and volunteer opportunities. 561.274.9578 or <http://www.delraybeachhistory.org> The Delray Beach Historical Society is located at 5 NE 1st Street, Delray Beach, FL 33444.



Co-President Angela Kumar; Chef Nick Morfogen, Thirty-Two East; Chef Eric Baker, Max’s Harvest; Chef Michael Haycock, The Grove; Chef Jimmy Mills, Jimmy’s Bistro; Co-President Leslie Callaway; Sommelier, Stephanie Miskew





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 see website for hours and availability

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FOOD & DINING



"Rollin with Murph" is one of *The Food Beat's* original programs that feature Delray Beach restaurants. The show stars Danny Murphy, a professional actor who has appeared in several major motion pictures including "There's something about Mary," "Kingpin," "Shallow Hall," "Hall Pass," and "Me, Myself, and Irene."

In "Rollin with Murph," Danny who is a chair user, explores the accessibility attributes of the establishment for people in chairs, walkers and strollers.



THE FOOD BEAT

I love going into restaurants and shops where the owner is the person that welcomes you and prepares your order. Especially when the owner is as unique as the one at Gizzi's Coffee on South Federal Highway. I'm sure there are more than a few people reading this that believe the gregarious fellow behind the counter with the exotic accent is Gizzi. He's not. He's Andreas, but he is the owner, and he and his coffee shop are far from regular Joes.

Gizzi's is way beyond any coffee shop you'll find in Delray Beach...from 50 varieties of organic coffee to Andrea's off center commentary, there are many reasons to try Gizzi's and even more reasons to come back again and again. In fact, it is rumored that close to 70% of the people that come through Gizzi's doors each day are regulars. You can count me in that group now as I have grown fond of Gizzi's organic teas and organic desserts.

Of course, coffee consumers of every demographic find java love at Gizzi's. Latte's, cappuccinos, espresso, ice coffees, and a daily variety of fresh brews are available throughout the day. For those non-coffee fans, Gizzi's offers a full line of smoothies, vitamin drinks, sorbets, low calorie/no carbs beverages, and as I mentioned earlier, a nice assortment of organic teas. You can also purchase Gizzi's organic coffees in bulk to take home.

The food selection at Gizzi's is also varied, with a strong connection to fresh and organic. You can enjoy all the typical fair such as bagels, scones, assorted pastries, croissants and cheesecake, but for those seeking healthier choices, Gizzi's

does not disappoint. There are many organic sweets and even an assortment of gluten free options including cookies and banana bread.

If you have a grander appetite, Gizzi's has that covered too. There are a plethora of freshly prepared breakfast sandwiches from which to choose. I indulged in a turkey, egg, and cheese on a bagel, and it was "Gizzilicious." My camera man woofed down a bacon, egg, and cheese on a croissant in record time, and then chased it with a cheese Danish. To be young again.

Lunch and dinner choices include a variety of salads and ciabatta bread paninis.

The interior of Gizzi's is spacious and comfortable with a fireplace and plenty of seating. While I visited, there were many patrons gazing into their laptops and tablets and taking advantage of the free Wi-Fi. Gizzi's hosts live entertainment, and also provides space to a varied group of organizations. Seems all kinds of different folks enjoy the comforts and hospitality that is Gizzi's...from business groups to AA meetings...even speed dating.

For me, the ample free parking, the covered walk ways, and spacious interior are a huge plus. Too often, chair users or others with mobility challenges have a difficult time maneuvering in local restaurants. Gizzi's made accessibility a priority when designing the business and it shows.

But the one thing that separates Gizzi's from the rest is Andreas. You just never know what he's going to say next, as my friend found out during the filming of our Rollin with Murph episode. His quick wit and contagious laughter, paired with fabulous organic beverage and food options make Gizzi's worthy of a visit. Make sure to tell him Murph sent you.

That's how I roll, Murph

To see the Rollin with Murph episode featuring Gizzi's, visit www.thefoodbeat.com

Gizzi's Coffee

2275 S Federal Hwy, Delray Beach, FL 33483
www.gizzidelray.com

Chef Eric Baker named Executive Chef at Max's Harvest

Chef James Kampper moves to Max's Grille

DELRAY BEACH, FL – Acclaimed Chef Eric Baker, most recently of the Buckhead Restaurant Group's Lobster Bar Sea Grille, has joined Max's Harvest (www.maxsharvest.com) as Executive Chef. Chef James Kampper is moving to Max's Grille while Patrick Broadhead, Executive Chef and Partner in The Max Group, continues to oversee the culinary direction of both restaurants.

Prior to serving as the Executive Chef at the Lobster Bar Sea Grille in Fort Lauderdale, Chef Baker was the Executive Sous Chef at the W Hotel in Fort Lauderdale and the hotel's Steak 954, both Starr Restaurant Group establishments. He also held sous chef positions with Chops Lobster Bar in Boca Raton and Café Boulud at the Brazilian Court n Palm Beach.

Previously, Chef Baker was Chef de Partie at Restaurant Market in Paris, a restaurant of Jean-Georges Vongerichten and served in the kitchen at L'Espadon, Ritz Hotel Paris, and Louis XVI in Patchogue, New York.

"We are delighted to welcome the



Chef Eric Baker

acclaimed Chef Baker to the Max's family," said Dennis Max. "He will be instrumental as Max's Harvest continues to expand its network of local farmers who produce the highest-quality, sustainable ingredients for the eatery's farm-to-fork cuisine."

Max's Harvest is located in historic Pineapple Grove at 169 NE 2nd Avenue, Delray Beach, FL 33444. For more information, visit www.maxsharvest.com.



Key Lime Scones! A South Florida Tradition

Cultivated for thousands of years in the Indo-Malayan region, the Key lime made its way to North Africa and the Near East via Arabian traders, and then was carried on to Palestine and Mediterranean Europe by the Crusaders. Columbus is credited with bringing the Key lime to Haiti, where it was introduced by Spanish settlers to Florida.

The Key Lime along with other Florida citrus has seen its fair share of hard times. Hurricanes and citrus canker over the years have seriously depleted supply and hindered growing. But, if you're lucky, you've got Key Limes growing in your backyard. They are yellower and smaller than Persian limes and are coveted for their unique aroma and taste. If you don't have your own Key Lime tree, you can purchase a Mexican variety of Key Lime in your local grocery store.

Key Lime Scones

(makes 10-12 scones; the key to good scones is gentle preparation and handling and cold butter!)

Preheat oven to 350 degrees

2 cups + one tablespoon all purpose flour

¼ cup sugar

1 teaspoon baking powder

1 teaspoon baking soda

¼ teaspoon salt

½ cup COLD unsalted butter (place in freezer for 30 minutes) chopped into small chunks

½ cup buttermilk



2 teaspoons Key Lime peel from ripe limes (avoid the bitter rind)

Juice of 4 key limes

Additional sugar

In a medium bowl, combine flour, sugar, baking powder, baking soda and salt. Gently, cut in the COLD butter. Texture should resemble fine crumbs. Add buttermilk, Key Lime juice and Key Lime peel, stirring gently until just mixed.

Turn onto a floured surface and knead gently. Shape into a ball. On a greased baking sheet, pat dough into a circle about a ½ inch thick and 8 ½ inches in diameter. Using a sharp knife, cut wedges in the dough, being careful not to cut all the way through. Sprinkle lightly with sugar. Bake 350 degrees for 20 minutes or until edges are lightly browned.

Glaze

4 tablespoons Key lime juice

Zest from the key limes

¼ teaspoon clear vanilla extract

2 cups powdered sugar

Combine the above. When scones come out of the oven, wait 5 minutes and brush on glaze as desired.

Wine seminars at Murder on the Beach Bookstore

Murder on the Beach Mystery Bookstore is pleased to announce a series of wine seminars with noted local radio celebrity, author, and wine expert, Mark Spivak.

Wine: Old World vs. New World

Tuesday February 18 • 6-8 pm.

If you're a seasoned wine drinker, you probably grew up drinking bottles from France, Italy and Germany, while younger consumers likely cut their teeth on wine from California, New Zealand, Australia and Chile. There are distinct differences between the two styles in terms of aroma, flavor, fruit profile and winemaking approach. Explore these two very different versions of wine production, illustrated with tasting samples of four wines. Hors d'oeuvres served. \$50 per person.

Salud!: The Wines of Spain

Tuesday March 18 • 6-8 pm.

In terms of value for money, Spain is producing some of the best wine on the planet. In addition to being reasonably priced, Spanish wine is concentrated, flavorful and distinctive. Join local wine expert Mark Spivak for an exploration of basic styles such as Cava, Albarino, Grenache and Rioja, illustrated with tasting samples of four wines. Hors d'oeuvres served. \$50 per person.

Mark Spivak is an award-winning writer specializing in wine, spirits, food, restaurants and culinary travel. He was the wine writer for the Palm Beach Post, and was honored by the Academy of Wine Communications for excellence in wine coverage. Since 2001 he has been the Wine and Spirits Editor for the Palm Beach Media Group, as well as the restaurant critic for Palm Beach Illustrated. Spivak is the author of *Iconic Spirits: An Intoxicating History*, and is currently the host of *Quench!*, a weekly podcast that reveals the untold stories behind everyone's favorite alcoholic beverages, available on iTunes and at www.webtalkradio.net.

Murder on the Beach is a locally owned independent community bookstore located at 273 NE 2nd Avenue in Pineapple Grove in Delray Beach, frequently holding author signings, literary luncheons, writers seminars, and other events. www.murderonthebeach.com.

To Register: murdermb@gate.net or 561-279-7790.

For more information contact Joanne Sinchuk, 561-279-7790 or murdermb@gate.net



(L to R): PROPEL Program Director Drew Gaut; General Manager of the Delray Beach Zona Fresca Kelly Ashby; PROPEL Executive Director Nhu Nguyen

Zona Fresca celebrated grand opening in Delray Beach with ribbon cutting

DELRAY BEACH, FL – Zona Fresca, not your everyday Mexican food, but Mexican food you can eat every day, celebrated the grand opening of its Delray Beach location with a ribbon cutting ceremony and menu sampling. Joining in the celebration were members of the Delray Beach Chamber of Commerce and representatives of PROPEL, the non-profit that was named beneficiary of the grand opening.

"We are so proud to be a member of the Delray Beach community and grateful for the opportunity to partner with PROPEL to raise money for disadvantaged youth in South Palm Beach and North Broward Counties," said Kelly Ashby, general manager of the Delray Beach Zona Fresca. "This community has welcomed Zona Fresca with open arms and we're looking forward to offering great Mexican food that is fresh, light and made with natural ingredients to members of the Delray Beach Chamber, local business leaders and residents."

The Delray Beach Zona Fresca restaurant is located at 1705 S. Federal Highway and is open Sunday through Thursday from 11 a.m. to 9 p.m., Friday from 11 a.m. to 10 p.m. and Saturday from 11 a.m. to 9 p.m. For more information, please call (561) 901-ZONA (9662), visit www.ZonaFresca.com or visit the Delray Beach Zona Fresca Facebook page at <https://www.facebook.com/ZonaFrescaDelrayBeach>.



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