



Laugh with The Library



Nancy Dockerty - Board President, Casey Flaherty - Delray Honda (Sponsor), Bob Currie - Board member

DELRAY BEACH, FL – On Friday, January 31, 2014 the Delray Beach Public Library, a not for profit organization, will once again host the unusual and exciting Laugh with the Library, Chapter 8 event at the Delray Beach Marriott. Delray Beach residents and Library Board members Becky Walsh & Heidi Sargeant will serve as co-chairpersons for this creative and casual, fun-filled night of comedy, cocktails, fabulous raffle prizes, and supper by the bite.

This year the evening will feature the non-stop comedy of one of America's favorite comedians – Dennis Regan. His quit wit and brilliantly funny insights into the world around him makes him a favorite on both The Tonight Show with Jay Leno and the Late Show with David Letterman. He has also been seen on Showtime and Comedy Central, has toured nationally for many years, and has worked as a television writer for such sitcoms as The King of Queens.

The Master of Ceremonies will be Paul Castronovo, the host of the popular "Paul & Young Ron Show" on BIG 105.9 FM. For more than 23 years, Paul has hosted this entertaining morning show. The Opening act will be Comedienne Angela Manfredi, who is an award-winning **Continued on page 3**

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Historical Society presents "Winter Harvest"

Celebrating Delray's Agricultural Heritage & Contemporary Farm-to-Table Movement

Winter Harvest" will explore and celebrate Delray Beach's agricultural heritage with an exciting food and wine-pairing event. This event will boost awareness about our local area farms and honor the restaurateurs who see value in supporting local farmers with their commitment to providing the best quality, local food to their customers.

Four Delray Beach chefs from Max's Harvest, The Grove, 32 East and Jimmy's Bistro who authentically integrate locally harvested foods into their menus will partner with The Glamorous Gourmet, Sommelier, Stephanie Miskew. The evening will begin with a champagne reception and gallery tour of images depicting Delray's farming history. A sit-down event follows, outside under the famous Jacaranda Tree. Delicious small-bite tastings and wine pairings will tell the story of our important agricultural beginnings and weave in how we've become a contemporary farm-to-table community today. Tickets go on sale to the public on January 1st, 2014.

A special, historical Delray Beach farm photography exhibit is being created for the event and guests from the Florida Farm Bureau as well as "Farmer Jay" Jason McCobb will join us to provide valuable and **Continued on page 3**



BEST BETS GUIDE TO THE DELRAY BEACH OPEN BY THE VENETIAN®

DELRAY BEACH, FL – After 15 years of being known simply as the "ITC" in Delray Beach, the pro tennis event that has re-branded as the Delray Beach Open by The Venetian® Las Vegas has a new twist.

The 10-day ATP event is still the only one in the world to combine ATP Champions Tour (Feb. 14-16) and ATP World Tour (Feb. 17-23) events at the same venue the same week. But the five-year-old ATP Champions Tour's new format is one that organizers predict will add an exciting element.

All-Star Lineups For Both Events

Former world No. 1 Andy Roddick, who played in the Delray Beach ATP World Tour event five times, will play his first-ever ATP Champions Tour event on the three-player Team USA that will compete against an international trio led by 2001 Wimbledon champion Goran Ivanisevic. All ATP Champions Tour matches will be prescheduled, with the competition coming down to the final day (Sunday, Feb. 16) when all six players are in action.

"Because all ATP Champions Tour matches are scheduled, fans can pick which matchups and players they want to see," said tournament director Mark Baron. "The highlight will be our 'Super Sunday' session when all six players will be in action. Every match counts and national pride is on the line."



An exciting lineup for the 23rd annual (16th in Delray Beach) ATP World Tour event features four Top 20 players — American John Isner, Tommy Haas, Kei Nishikori and Kevin Anderson—as well as a quartet of former Top 10 players that includes Janko Tipsarevic, Marin Cilic, Lleyton Hewitt and Marcos Baghdatis (Haas, Nishikori, Anderson and Hewitt are former Delray Beach champions). The all-time world No. 1 doubles-playing Bryan Brothers are back to compete for their third Delray Beach title. **Continued on page 6**

MISSION EXPANDS AT THIS YEAR'S WELLFEST DELRAY

Transformational event will inform, educate, motivate and inspire people to stay fit, eat well, think positive, reduce stress, care for themselves and others, and take green initiatives.

DELRAY BEACH, FL – With over 12 Sponsors, 60 Exhibitors and 20 Expert Speakers (as of mid-December), WellFest™ Delray has earned more than a US trademark designation in just its second year. It has also earned the support of more and more businesses and organizations in and around Delray Beach.

"The support has been impressive, to say the least" states Bob Lipp the event creator. "In just our second year, we've seen businesspeople and organizations that support businesses, residents and visitors from Delray and surrounding areas get behind this important event."

WellFest™ Delray 2014 is becoming a very significant and unique addition to the Delray event calendar. On the weekend of March 8-9, 2014, thousands of attendees will come to WellFest to interact with a range of Exhibitors from Wellness Doctors to Chakra and Meditation authors, as well as Fitness and Nutrition experts.

WellFest™ Delray 2014 will even include a WellPet Area, along with our Business Expo, Expert Speaker Sessions, Food Court (with samples), and WellFit/WellBeing Area complete with demonstrations, classes and more.

The event will take place in the Vintage gym and many outside areas at Delray Center for The Arts (off Swinton and Atlantic Avenues in downtown Delray) as well as the meeting rooms at Hyatt Place from 11AM – 5PM, Saturday and Sunday.

Sponsors are literally coming on board almost daily and include Acupuncture Associates (Dr. Susan Schiff), Celsius Energy Drink, Delray Medical Center, Delray Public Library, Fiesta Pet Deli (for our WellPet Area), Gulfstream Business Bank (Fiscal Wellness), Hyatt Place (a Silver LEED Certified-energy efficient hotel), Mint Fit, Smart Car Palm Beach (showcasing their new all-electric car), 21 Drops (higher-quality aromatherapy and essential oils) Yoga Journey and Zaaz Studios (featuring NASA-developed fitness equipment).

In addition, attendees will receive a PassPort to WellFest, a range of high-value coupons that will save hundreds of dollars at many Wellness-related businesses. "This is really getting exciting," said Sandra Tribioli, Director **Continued on page 6**



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The *Icon Prive* is rarely found in salons, but at Cloud 10 we don’t spare any expense to ensure that you will love your hairdo as much as we love styling it.

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City of Delray Beach Parks and Recreation



New programs for the New Year, January 2014

The City's Parks and Recreation Department offers recreational and fun programs to our residents and visitors year round. New programs starting in January 2014 features a variety of activities to get a jump start on a healthy new year!

ZUMBA GOLD

Ongoing
Veterans Park, 802 NE 1st St, 243-7350
Tuesdays 3:00 pm - 4:00 pm • Fridays 9:30 am - 10:30 am
Community Ctr, 50 NW 1st Ave., 243-7250
Wednesday, 5:30 pm - 6:30 pm
55 years of age and older
\$5 residents, \$6 non-residents (per class)
Zumba combines invigorating Latin-inspired dance music and moves including; Merengue, Salsa and Flamenco to improve physical health, balance, memory and posture. Zumba Gold is a fitness program designed to improve the quality of life for the active older adult population. Get in shape, have a blast...and dance your cares away!!! For more info, call (561) 243-7350.

TAI CHI

Ongoing • Mondays, 10:00 am - 11:00 am
Veterans Park Rec Ctr 802 NE 1st Street
Adults • \$15 residents; \$20 non-residents (per class)
Experience the benefits of this ancient Chinese system of exercise and meditation. Improve your flexibility, balance, muscle tone, energy and mental well being.
For more info, call (561) 243-7350.

COUPLES ROUND DANCE CLASS

Starts January 4
Saturdays, Beginner 10:00 am - 11:30 am,
Intermediate 11:30 am - 1:00 pm
Pompey Park Park, 1101 NW 2nd Street
Adults • \$5 residents, \$6 non-residents, per class
Couples can learn round dance and choreographed ballroom routines. For more info, call (561) 243-7356.

TAOIST HEALING EXERCISE

January 4 • Saturdays, 9:30 am - 10:30 am
Veterans Park, 802 NE 1st Street
14 years of age and up
\$5 residents, \$6 non-residents; per class
We will learn and practice ancient breathing and stretching techniques that are easy yet very effective. Perfect for our contemporary lifestyle. Leaves you feeling peaceful and comfortable in your body. Some of the benefits of these techniques which originate from the Qigong and Yogi tradition, include restorative sleep, increased energy, more effective metabolism for weight stabilization, boosted immune system, reduced stress and much more! This class is dedicated to the Health, and Spiritual Development of All. For more info, call (561) 243-7194.

VETERANS PARK HOUSE WARMING PARTY

January 18 2:00 pm - 4:00 pm
Veterans Park, 802 NE 1st Street
All ages • FREE
Get a free hands on experience with all new and existing programs here at Veterans Park! The whole family can participate in our Zumba, Line Dancing, Tai Chi, Taoist Stretch, Yoga, Kettlebell, Belly Dancing and introducing Bokwa. Sing and dance with Kindermusik. Create with Young Artwork and other arts and crafts. Live performances by our adorable Ballet Butterflies and the exciting Kidz Cultural dancers, along with a live music performed by the talented Redemption Church musicians. Make sure your kids have their running shoes on so they can kick around with our Soccer Shots program. For more info, call (561) 243-7350.

BELLY DANCING

January 22 • Wednesdays, 1:00 pm - 2:00 pm
Veterans Park, 802 NE 1st Street
14 years of age and up
\$5 residents, \$6 non-residents; per class
Belly dance is a non-impact, weight-bearing exercise and is thus suitable for all Ages. Many of the moves involve isolations, which improves flexibility of the torso help burn fat, improve circulation, increase joint flexibility and reduces stress. Belly dance moves are beneficial to the spine, as the full-body undulation moves lengthens (decompress) and strengthens the entire column of spinal and abdominal muscles in a gentle way. Dancing with a veil will build and strengthen upper body, arm and shoulders. It is a good exercise for the prevention of osteoporosis in older people. Join and meet others who share your love for dance. Belly dancing is a fun, safe, low-impact dance class for all ages. For more info, call (561) 243-7352.

MODERN LINE DANCE

Ongoing • Wednesdays, 2:30 pm - 4:00 pm
Veterans Park, 802 NE 1st Street
50 years of age and up
\$4 residents, \$5 non-residents; per class
Learn line dances to Latin music, top 40's, country music, oldies and hip hop music. This active aging group exercise class is safe, heart-healthy and gentle on the joints. The workout includes easy-to-follow low-impact movement, and upper-body strength designed to energize your active lifestyle. For more info, call (561) 243-7350.

H.O.P.E (Helping Other People Exercise)

Tuesdays and Fridays, 8:00 am - 9:00 am
Pompey Park, 1101 NW 2nd Street
55 years of age and up • FREE
Light exercise program designed with any and every one in mind. Bring a towel. For more info, call (561) 243-7356

For a complete list of programs and activities being offered, visit www.mydelraybeach.com, select Parks and Recreation under Departments. For more information, call (561) 243-7250.

"WINTER HARVEST" - continued from page 1

enlightening information about our local farming community.

This event is being sponsored by Floridian Community Bank, The Florida Farm Bureau, Thomas Produce Company, Bedner's Farm Fresh Market, Farmer Jay Organics and the generosity of Mr. Sandy Simon and Mary & Allen Whittemore.

The Delray Beach Historical is a vibrant center for community life. Their renewed focus is to bring together families and multiple generations to share in a series of fun-filled and contemporary themed events, which will showcase the colorful stories of Delray's past.

Three buildings encompass the Delray Beach Historical Society campus. Authentically furnished and reflecting the South Florida lifestyle from 1915 to 1935, The Cason Cottage Museum is an education institution devoted to the preservation of Delray Beach History, named after Dr. J.R. Cason, Sr., the town's first physician. Visitors enjoy rotating exhibits of art, artifacts and records pertaining to the City's storied past. The 1926 Florida Bungalow and Gift Shop provides the museum with additional space for exhibits on local Florida history and is a rental space for various events and meetings.

The Hunt House is an original Florida farmhouse, which was dedicated and named the Ethel Sterling Williams Archive and History Learning Center in 2009. This

state-of-the-art and award-winning center houses the City's archives and is open for local research, school classes and exhibits.

The Delray Beach Historical Society Presents "Winter Harvest."

Sponsored by Floridian Community Bank, The Florida Farm Bureau, Thomas Produce Company, Bedner's Farm Fresh Market, Farmer Jay Organics and the generosity of Sandy Simon and Mary & Allen Whittemore.

January 15, 2014 from 6:30 - 8:30pm.

Delray Beach Historical Society is located at 5 NE 1st Street, in Delray Beach.

The cost for tickets is \$45. Delray Beach Historical Society members can purchase tickets for \$40. Tickets go on sale first to Delray Beach Historical Society members and then to the public beginning January 1st, 2014.

The Delray Beach Historical Society is a non-profit organization. Proceeds from the evening will benefit programs, exhibits, archiving and staffing at the Delray Beach Historical Society.

Parking is available across the street at Old School Square Parking Garage.

Visit or call the DBHS to learn more about their calendar of events plus membership and volunteer opportunities. 561.274.9578 or <http://www.delraybeachhistory.org> The Delray Beach Historical Society is located at 5 NE 1st Street, Delray Beach, FL 33444.

LAUGH WITH THE LIBRARY - continued from page 1

television and radio broadcaster, comedy writer and comedienne who will warm up the Laugh with the Library audience with her humor about her life and her dating experiences.

The Library is grateful to the many local residents and businesses that are supporting the Library and this event with their sponsorship and they are as follows:

- Platinum Level - Bank of America, Cheney Brothers, Marriott Delray Beach, Ocean Properties, Private Jewelers, Joseph & Tandy Robinson.
- Gold Level - Bank United, Cendyn, John & Amy Crompton, Honda, Northwestern Mutual
- Silver Level - Delray Beach Magazine,

Printers Choice, Sandy Simon, Stuart & Shelby, Tauriello Real Estate, The Coastal Star.

• Bronze Level - Domain Holdings Group, Florida Power & Light Co., Floridian Community Bank, Morocco Orthodontics, Weekes & Callaway, Inc.

You won't want to miss this non-stop party! The cost for Laugh with the Library, Chapter 8 is \$175 per person. Celebrate with us! Last years' event collected over \$70,000 to enhance programs for children and teens.

For further information, to receive an invitation, to find out about other sponsorship opportunities, or to place an Ad in our Laugh with Library Ad journal, call the Delray Beach Public Library Development Office @ 561-266-0775 today!





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WHEN "IMPOSSIBILITIES" HAPPEN WHAT'S BEHIND IT?

Saturday, February 8, 2014 at 3pm
First Church of Christ, Scientist
200 SE Seventh Ave., Delray Beach, FL 33483

- Discover the Bible-based Science behind prayer that heals and put it into practice in your own life.
- Put the "impossible" under a spiritual microscope and open a world of unseen possibilities.



Jon Benson, a practitioner of Christian Science healing, has served in a wide variety of fields including being Managing Director of a non-profit organization providing planning and management facilitation for governments and volunteer organizations in the developing world (including Africa). Now Benson is a member of the Christian Science Board of Lectureship, traveling from his home in Los Angeles County, California, USA.

This lecture is sponsored by
First Church of Christ, Scientist, Delray Beach.
For more information please call:
561-734-4717 or 561-601-9011



Feb 14-23



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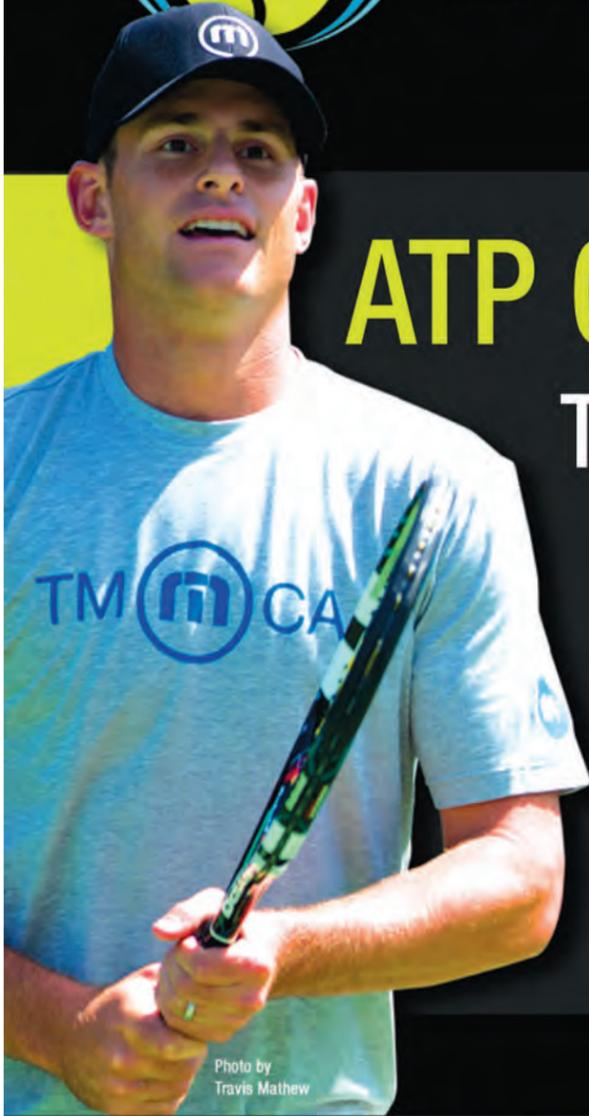


Photo by Travis Mathew

ATP CHAMPIONS TOUR

TEAM USA vs TEAM INT'L

FEB. 14 – 16, 2014



USA: RODDICK, KRICKSTEIN, GAMBILL
INT'L: IVANISEVIC, WILANDER, PERNFORS

Photo by Tim Edwards



ATP WORLD TOUR

FEB. 17 - 23, 2014

ISNER, HAAS, BRYAN BROS.,
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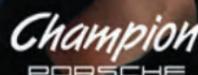
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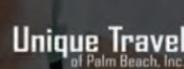
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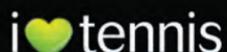
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SUN-SENTINEL | THE SEAGATE HOTEL & SPA | TRANS AFRICA SAFARIS & UNIQUE TRAVEL | WYNDHAM BOCA RATON | TENNIS VIEW MAGAZINE



pineapple slices

Negotiated sale results in \$811,000 savings to City

The Delray Beach City Commission approved Resolution 52-13, authorizing the issuance of Delray Beach General Obligation (GO) Refunding Bonds, Series 2013, not to exceed \$9 million. The Resolution provides for the refunding or refinancing of, in part, the City's outstanding GO Bonds, Series 2004, through a negotiated sale at a reduced interest cost for an approximate 10 year term. The estimated net present value savings rate is 9.44%, exceeding the target net present value savings rate of 3% - 5% for refinancing bonds.

Seven (7) financial institutions responded to a Request for Proposal (RFP) that was issued to refinance the City's GO Bonds, Series 2004, in the amount of \$8.595 million. The City selected Compass Mortgage Corporation, who came in with the lowest net interest cost of 2.17%. Based on its selection, the City will realize a total net present value savings of approximately \$811,000 over the 10 year term (average savings of \$81,000/year).

Please note that these bonds were issued through private placement and, therefore, not available for public sale.

For more information, contact the Public Information Office at (561) 243-7190 or E-mail pio@mydelraybeach.com.

City selects new ESD Director

The City of Delray Beach is pleased to announce that Randal Krejcarek has been selected as the Director of Environmental Services.

Krejcarek has served as Delray Beach's City Engineer since 1997. His extensive knowledge of the City will prove to be instrumental in his responsibilities as Director, which includes overseeing four (4) divisions: Construction, Engineering, Public Utilities and Public Works.

A Registered Professional Engineer with the states of Florida, Georgia and Wisconsin, Krejcarek received a Masters of Public Administration from Georgia State University and a Bachelor of Civil Engineering from the University of Minnesota. He also holds accreditations in Leadership in Energy and Environmental Design Accredited Professional (LEED AP) and Geographical Information Systems Professional (GISP).

Public Notice to customers of the Water System of Delray Beach

To ensure that the City's drinking water remains safe and compliant with all State and Federal water quality requirements, the City is required to implement preventive measures that are safe and approved by the Florida Department of Environmental Protection (FDEP). As a result, the City is preparing to begin its water distribution line enhanced disinfection program on Friday, December 27, 2013 and will continue through Monday, January 6, 2014.

The City's routine maintenance program will include a "system burn" which utilizes free chlorine as the primary disinfectant. During this preventive maintenance activity, water customers may notice an increased chlorine odor and taste in their tap water. This is a normal occurrence and will cause no adverse

health effects.

During this time period, customers with special needs should be aware of potential problems with their equipment and systems (e.g., kidney dialysis machines). In addition, owners of tropical fish aquariums and holding tanks for fish and shellfish (i.e., stores and restaurants) should be aware that this temporary change in our disinfection process may be toxic to aquatic life if not properly addressed. Any such side effects will diminish when the City reverts to the normal disinfection method on January 6, 2014.

The City will also flush fire hydrants during this period as part of the enhanced disinfection procedure. Customers may notice flowing water in streets and swales, localized lower water pressures and a slight discoloration of their tap water. This is a safe and normal occurrence during this process and will cause no adverse health effects. If you notice flushing activities in your immediate area, please refrain from using laundry machines until activities have ceased.

Please be assured that this is a routine preventive maintenance procedure. The City's public drinking water remains safe and compliant with all State and Federal requirements for primary water quality. If you would like additional information, please contact the City of Delray Beach Public Utilities Department at (561) 243-7312 between 7:00 am and 3:30 pm - Monday through Friday or visit the City's website at www.mydelraybeach.com.

New Parks and Recreation Director to begin January 2014

The City of Delray Beach is pleased to announce that Suzanne Fisher Davis, Certified Park and Recreation Professional (CPRP), has been selected as the new Parks and Recreation Director. Davis has served at both supervisor and director levels in the field of Parks and Recreation for over seventeen years and brings a wealth of knowledge and experience to our community.

Currently employed as the Director of Recreation, Parks, Civic Center and Auditorium for the City of Albany, Georgia, Davis is responsible for the administration, budget and overall program format for 64 full-time and 100+ part-time employees in eight (8) divisions: aquatics, athletics, parks maintenance and cemeteries, gyms and centers, natural resources and park planning, health/wellness/community events, golf, and the civic center and auditorium.

Davis also oversees a number of facilities including 76 parks, 1 golf course, 6 youth baseball facilities, 4 boat ramps and 1 skate park. She has been instrumental in the development of special programs and events including the Youth Indoor Football League in coordination with the Albany Panthers, Albany Annual Family Play Day, and the summer outdoor "Movies in the Park" series.

Davis earned a Masters of Public Administration at the University of North Florida and a Bachelor of Science in Education (Recreation and Leisure Studies) at the University of Georgia. At the present, she is pursuing a Doctorate of Public Administration at Valdosta State University.

"Indulgence" Event Raises Over \$63,000 for the Achievement Centers for Children and Families



"Indulgence," a charity event presented by Harriett and Harvey Polly Sheltering Palms Foundation, was recently held at the Delray Beach Club. The event raised more than \$63,000 to benefit the Achievement Centers for Children and Families. This was double the amount raised at last year's event.

Jessica Rosato, Luxury Residential Specialist with Nestler Poletto Sotheby's International Realty and member of the Indulgence Committee stated, "This is my second year participating in this event that featured an evening of glamour and giving at the Delray Beach Club. It set the scene for an indulgent experience benefiting low-income children in our community."

Photo (L to R): Virginia Dollard, Barbara Sivak, Marisa Breton, Teresa Dunnoco, Donna Mason, Jessica Rosato, Diana Myers, Sandra West

For more information, contact the Public Information Office at (561) 243-7190 or E-mail pio@mydelraybeach.com.

Veterans Park plans day trip

Join the City of Delray Beach Parks and Recreation Department for an exciting day trip on January 21 to the Miami Seaquarium.

Miami Seaquarium offers eight different marine animal shows and presentations each day and provides a fun-filled mix of exhibits, shows, attractions, food and shopping opportunities. In addition to marine mammals, the Miami Seaquarium houses fish, sharks, sea turtles, birds, reptiles, and manatees. Miami Seaquarium is a premier entertainment destination that is dedicated to education, wildlife conservation and community involvement. Cost for Delray Beach Residents is \$40 and \$50 for Nonresidents, which include admission, lunch and City bus ride. City Bus leaves from Veterans Park at 9:00 am and will return at approximately 5:00 pm.

Advanced reservations and payment are required for all bus trips and bus seating is limited.

For more information on this trip, please contact Samantha Roland, Recreation Supervisor II, at (561) 243-7350 or by E-mail at Roland@mydelraybeach.com.

City Seeks Public Input to Encourage Walking/Biking

All across America, towns are becoming more pedestrian and bicycle friendly. A growing number of municipalities are introducing innovative projects to promote alternative methods of transportation in their

cities including bike sharing programs, public art and safe paths for walking.

Our City is ideal for walking and biking with its unique downtown, historic districts, beautiful beach and charming neighborhood communities. We invite all citizens to provide comments on the Open City Hall Online Public Forum topic.

What could the City do to encourage you to walk or bike more?

Give us your feedback by visiting www.mydelraybeach.com and selecting Open City Hall Forum in the Quick Link Box on the right hand side of the home page or click on the link: <http://www.mydelraybeach.com/open-city-hall>.

The closing date for this topic is January 31, 2014. All comments will be forwarded to the City's Sustainability Officer and the Green Implementation Advancement Board for review.

For more information, contact the Public Information Office at (561) 243-7190 or E-mail pio@mydelraybeach.com.

About Open City Hall Online Forum

Open City Hall is an online forum where topics are posted on the City's website to promote civic engagement and public comment/feedback. This innovative approach to local government, which is maintained by Peak Democracy, a non-partisan company and a member of the Alliance for Innovation, enables residents to provide input and share ideas on City-related issues. The forum continues the City's efforts to provide more opportunities for citizen interaction and engagement and enables City officials to hear the voices of those who are unable and/or unwilling to speak publicly at City Commission meetings.

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South Tech Academy students sweep awards

Three students from South Tech Academy won First, Second and Third Place in the 2014 SDPBC Technology Conference Mickey Schemer Program Cover Design Competition. The following designs were chosen as this year's winners:

First Place: Rocky Jimenez, South Tech Academy

Second Place: Marvin Cooper, South Tech Academy

Third Place: Shamis Mahoney, South Tech Academy

Rocky's winning design will be featured as the 2014 SDPBC Technology Conference program cover, and he will receive a \$500 award. In addition, Rocky and his instructor Adam Fiveson will each receive a copy of software by Adobe. Marvin will receive a \$250 award, and Shamis will receive a \$100 award. In addition, all three designers and their teachers will be invited to be special guests at the SDPBC Technology Conference on Tuesday, February 18, 2014 where they will be recognized during the Opening Session.

"We all are very proud of Mr. Fiveson and his students", said Jim Kidd, president of South Tech Academy. "It's another example of creating success stories one student at a time".

South Tech Academy is an A rated Charter school based in Boynton Beach, which recently added South Tech Prep Middle School. For further information, call 561. 371.4001 or visit www.southtechacademy.com.

KinderMusik classes for pre-school aged children at Veterans Park

Kindermusik offers developmentally-specific educational programs for kid's ages newborn to four. The program is based on research demonstrating the benefits of music at each stage of a child's development. We start from where your child is, regardless of his age, and provide activities that stimulate his mind, body, and sense of play.

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Classes are divided into age groups from 3 months to 5 years old and six-week sessions will be held on Tuesdays and Saturdays at various times. Tuesday sessions run through January 21 and start again on February 4 and will run until March 11, 2014. Saturday Sessions run through February 1 and again from February 15 through March 22. Each six-week session will cost \$96 for Delray Beach Residents and \$108 for non-residents.

For more information or to register please contact Veterans Park at (561) 243-7350. Veterans Park is located at 802 NE 1st Street, Delray Beach.

THE VIETNAM WAR - PART I & II AT THE DELRAY BEACH PUBLIC LIBRARY

The Delray Beach Public Library always welcomes a variety of historical programs at the Library.

This January and February, they offer a two-part program on the history of the Vietnam Wars with Dr. Donald Borsand who has studied military history for over 55 years both formally at university and informally in between his professional and business careers.

Part I - Tuesday, January 23rd @ 2:00 p.m. - The French Indochina War - Dr. Borsand will explore this decade long war that lasted from 1946 until 1956 when the French were forced by Communist forces to leave Vietnam. Learn about how the Vietnamese revolted against French colonial rule in Indochina. And how this was the precursor to the American War.

Part II - Tuesday, February 27th @ 2:00 p.m. - The American War in Vietnam - 1959 - 1975 - Dr. Borsand will review the "Domino Theory" and its effect on U.S. foreign policy and how it related to a fear of the spread of Communism. Investigate the reasons why the Vietnam War was America's fourth most costly war in terms of casualties (killed, wounded and MIA) and how it strongly affected America's worldwide image.

These programs are free and open to the public. Registration is not required.

SOMETHING FOR EVERYONE AT THE LIFELONG COMMUNITY INSTITUTE

Even after achieving the lofty goal of being elected President of the United States, some of those national leaders are unappreciated. Dr. Ronald Feinman will discuss the contributions of four of those under-rated presidents during a four part lecture series at the Delray Beach Public Library, located at 100 West Atlantic Ave., Delray Beach FL 33444. There is ample free parking. "America's Unappreciated Presidents: Polk, Taft, Carter and H. W. Bush" will be presented by Feinman on Thursday, March 6, 13, 20, 27 from 2 to 3:30 p.m. The lectures will be among the offerings of the winter/spring semester of the Lifelong Learning Community Institute. In all, Feinman's course will be among 12 other educational programs offered during the semester.

The upcoming semester starts on Monday January 13, 2014 with a program called "Total Brain Workout." Course instructor Barbara Klau will discuss various memory enhancement strategies during a four part series of lectures at the library on Monday, Jan. 13, 27 and Feb. 3, 10 from 2-3:30 p.m.

Geoffrey Kashdan will talk about "Counter Intuitive History: The Grand Stories Behind Historical Facts" on Tuesday, Jan. 28 and Feb. 4, 11. His lectures will touch on such diverse topics as ancient China, the Civil War and the stories behind unsolved mysteries. The series will be from 2 to 3:30 p.m. each week.

On Wednesday, Jan 29, Aaron Kula,

Andrew Kahn and Dr. Claudia Dunlea will discuss a "Potpourri" of subjects including music and the people of the Harlem renaissance, Chinese Culture from Confucianism to Maoism and the Dreyfus Affair including political anti-Semitism in the 20 century. The lectures will be on Jan. 29, and Feb. 5, 12 from 2 to 3:30 p.m.

Steve Gershenson will present "Sing a Song of Protest" on Thursday Jan. 30 and Feb. 6, 13 from 2 to 3:30 p.m. He will explore songs about slavery, worker protests and social upheaval.

Starting on Monday, Feb. 24, Dr. Carol Gould will discuss "Exploring Philosophy Through Films." The program from 10 a.m. to noon will take place of March 3, 10, 17.

Additionally on Mondays, Dr. Thomas McKinley will look at the "The Exotic Influence on Classical Music." The programs will be on Feb. 24 and March 3, 10 and will run from 2 to 3:30 p.m.

Colonel Alfred Biegel will discuss the complex aspects of "U.S. & Israeli Policies: Contemporary Middle East Crises." The lecture series will take place on Tuesday, Feb. 25 and March 11, 18 from 2 to 3:30 p.m.

On Wednesday, Feb. 26, Al Carmen Guastafeste will explore "Popular Jewish Composers" including Irving Berlin, Jerome Kern, Richard Rogers, Lorenz Hart, Oscar Hammerstein and George and Ira Gershwin. The lectures will be on Feb. 26, March 5, 12, 19 from 2 to 3:30 p.m.

Dr. Ben Lowe explores "The Tudors: The True History of England's Most Famous Dynasty," on Wednesday, March 12, 19, 26 and April 2 from 6 to 7:30 p.m.

Judith Klau will talk about "New Yorker Short Story," on Monday March 17, 24, 31 and April 7 from 2 to 3:30 p.m.

"The Work of Bryant, Emerson & Whitman: A Look at Transcendental Poetry," will be explored by Dr. Jeffrey Morgan on Tuesday, March 25 and April 1, 8 from 2 to 3:30 p.m.

The semester will conclude with "The Greatest Stories Ever Sold," by Dr. Caren Schnur Neile on Wednesday, March 26, and April 2, 9 from 2 to 3:30 p.m.

Single classes are \$20 each. A three part series is \$45 and four session classes are \$50. For questions call 561-266-9490 or go to Lifelong Learning Community Institute at www.delraylibrary.org.

For further information on the many programs at the Delray Beach Public Library, please visit www.delraylibrary.org or call 561-266-9490. Please "like" the library on Facebook: www.facebook.com/DelrayBeachPublicLibrary.

WELLFEST DELRAY BEACH 2014 - continued from page 1

of Operations. "The energy and enthusiasm continues to grow as more and more Exhibitors sign on for the Expo, Fitness, and WellPet area and participants are added to the Food Court.

Alicia Terrell founder of Naked Gourmet will showcase her healthy foods delivery service at the Food Court, with many other participants, and also direct the WellFit area.

"This will be an event that will inspire people to want more for themselves," said Ms. Terrell, who herself left the IT world to concentrate of what has become a lifestyle dedicated to fitness and nutrition.

Supporting the effort to inform and educate a public eager to take positive steps with their lives and the lives of friends and family will be the Palm Beach County Library System, in addition to our own Delray Beach Public Library.

"It's amazing to think that the event debuted one year ago and now we're looking at holding a significantly larger event for the weekend of March 8-9, 2104," stated Bob Lipp. "Frankly, I'm not surprised at the enthusiasm, but delighted none-the-less that so many businesses, organizations and local residents have come forward to be a part of enhancing the WellFest Delray experience."

Delray Beach was chosen as the perfect

DELRAY BEACH OPEN - continued from page 1

"BEST BETS GUIDE TO THE 2014 DELRAY OPEN BY THE VENETIAN" (Detailed information can be found on www.YellowTennisBall.com)

1. SENIOR DAYS: Seniors 55 years and older can enjoy "Buy One, Get One" tickets to two ATP World Tour sessions. The longtime promotion is good on box seats (\$65 for two) and reserved seats (\$40 for two) for Wednesday (Feb. 19) and Thursday (Feb. 20) day sessions (sessions A - J only)

2. VALENTINE'S DINNER PARTY: Tennis and love have always gone hand-in-hand, so here's a unique Valentine's Day evening (Friday, Feb. 14) that your loved one will never forget! \$99 a person pays for the entire Opening Night package at the Delray Beach Stadium & Tennis Center. Start with a gourmet meal (6:00 - 7:30 pm) that includes full open bar and dessert and then move into the stadium box seats for the evening's ATP Champions Tour matches Preferred parking is included.

3. LADIES LUNCHEONS: One of the most popular events (Wednesday, Feb. 19 & Thursday, Feb. 20) and always sold out—so grab your tickets early! Start with a gourmet luncheon (11:am - 12:30 pm) complete with wine, gift bags and ATP pro appearances in the Hospitality Pavilion and then head over to the Stadium Court for the day's ATP World Tour matches. Packages including reserved seats are \$63 and box seats packages are \$78.

4. USTA KIDZ DAY: Kids are off for President's Day, so the place to go is the Delray Beach Stadium & Tennis Center for a morning of fun activities at the FREE USTA Kidz Day (Monday, Feb. 17 at 10:30 am). Kidz must be 12-and-under and must RSVP for the event (Sprague@florida.usta.com) Activities include round-robin matches, tennis games and activities, arts & crafts, face painting and door prizes.

5. FOOD DRIVE: Want to help your community and earn a free ticket to see the world's greatest ATP stars? The Food Drive promotion is of the event's best-kept secrets! Donate eight (8) non-perishable food items and receive a free grandstand ticket to Tuesday's (Feb. 18) day session. All pantry items go to the Community Food Pantry/Christians Reaching Out To Society.

Ball Kids Sought

Community kids can get involved in the Delray Beach ATP event by joining the 2014 Ball Kids Team.

Ball Kids must be 12 years old, are required to attend three training sessions at the Delray Beach Stadium & Tennis Center, and work at least three sessions during the 17-session event. Ball kids receive uniforms, meals during working sessions, match tickets for families and friends and are invited to ever-popular Ball Kids party.

The 2014 training dates are Wednesday, Jan. 29 (5 - 7pm), Wednesday, Feb. 5 (5 - 7pm) & Saturday, Feb. 8 (10am - Noon). New applicants must attend two of the three sessions.

All ball kids information, including an application and release form, can be found on the event's [YellowTennisBall.com](http://www.YellowTennisBall.com) website. Go to the bottom of the home page and click on Ball Kids.

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place to launch WellFest, based on the community's feel good vibe and substantial health and fitness-oriented business infrastructure. Bob and his team hope to build a "WellFest-oriented" lifestyle into the Delray brand, something that he believes can be accomplished in-part with WellFest Delray.

"A wellness-branded Delray can help to attract like-minded businesses to our area for a potential headquarters or regional office," adds Bob. Of course we'll also welcome them here to hold their meetings or to sponsor events like WellFest."

Bob is not alone in that belief and has enlisted the services and expertise of former mayor Jeff Perlman, who is consulting on WellFest Delray.

"WellFest Delray 2014 will be the next big step in what we believe will become a yearly tradition in Delray, added Perlman. "With its year round temperatures that favor an active lifestyle, Delray has always attracted sports, exercise and fitness enthusiasts. Plus many of our restaurateurs and chefs are promoting healthier eating, which is why the new Eat Well Food & Beverage Court at WellFest Delray is a win-win."

For further information, visit www.WellFestDelray.com.

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and Dr. Travis Lamperski, Chiropractic Physician



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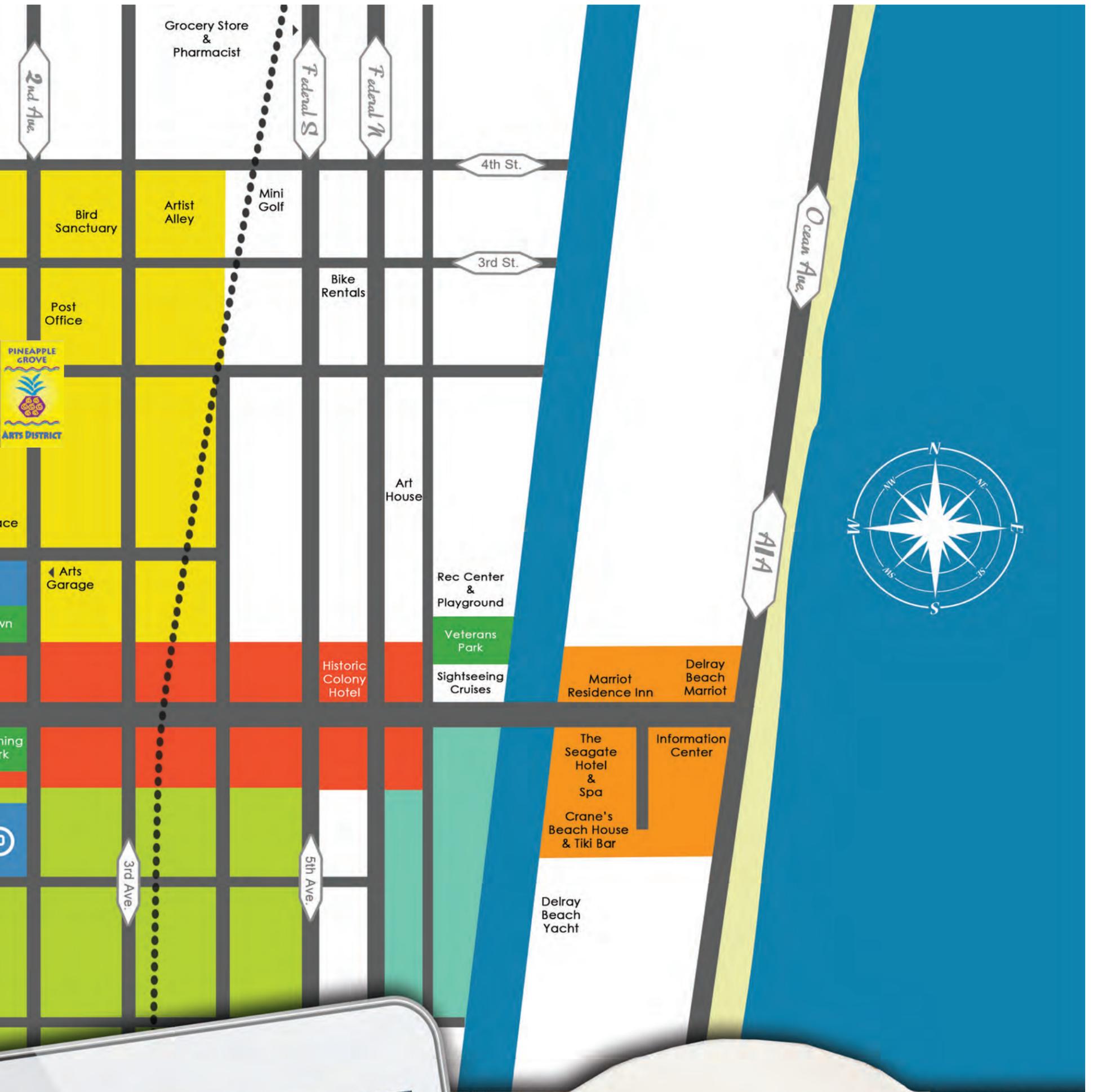
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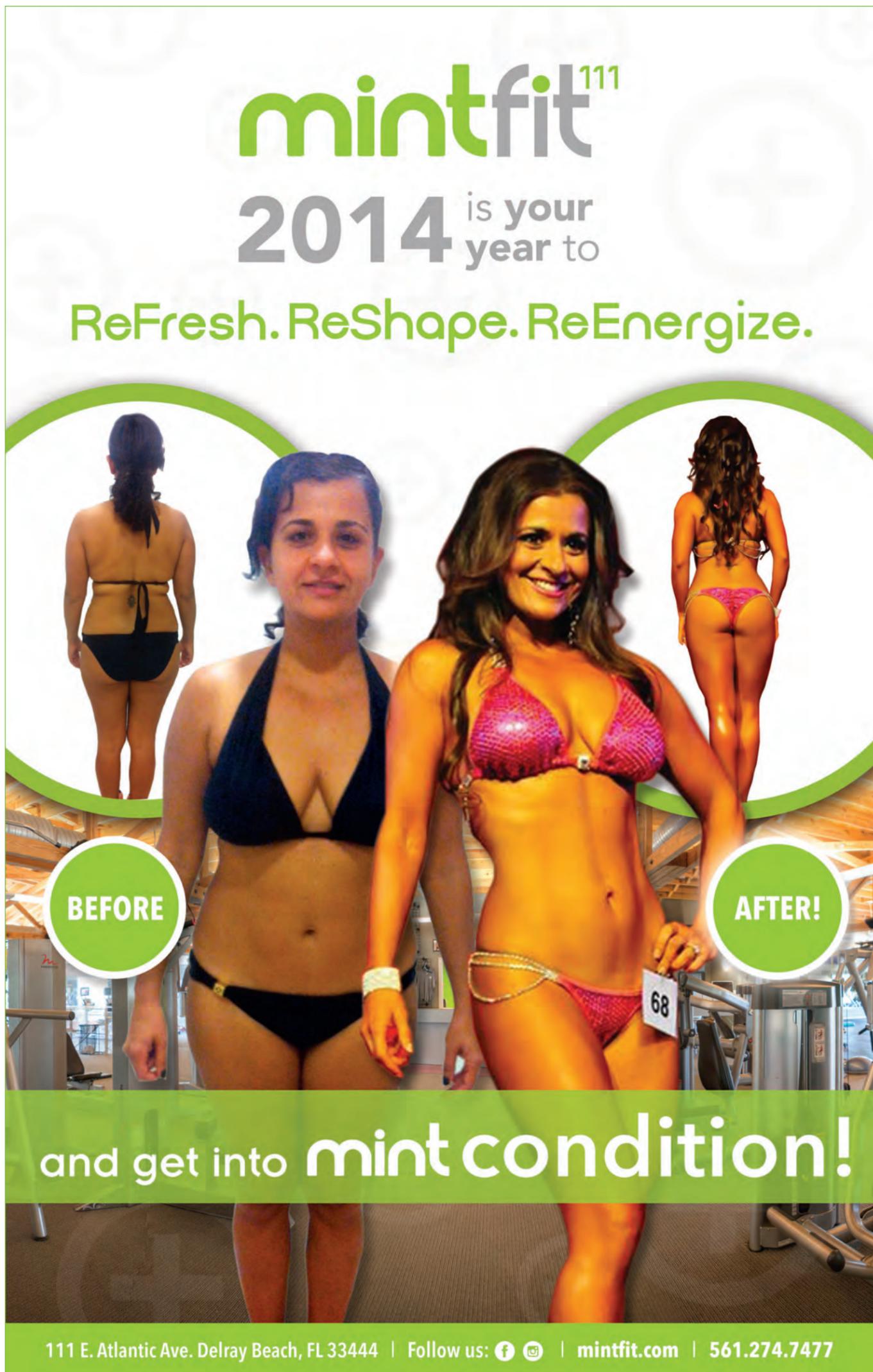
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Starting in the New Year a new way to find wellness will be accessible to South Florida Residents ...Day Wellness Retreats. The retreats will take place once a month on select Saturdays, with a grand opening retreat on January 11th, and will be held at



Devin Burke

the beautiful downtown Delray Beach Wellness Center, DU20 Holistic Oasis. The retreats offer an escape from everyday life as well as an opportunity to learn and experience

holistic ways of living and healing from the area's top health experts. By attending Renew Wellness Retreat, participants will gain new insights, capabilities and skills to help them live a happier, healthier, life while leaving with a renewed sense of wellbeing.

Devin Burke, Holistic Wellness Coach and Founder of Renew Wellness Retreats, believes that people are beginning to seek alternative holistic ways of restoring themselves back to health. People are searching for alternative options to prescription drugs, which often only mask the underlying causes of illnesses and often don't truly treat the root causes.

Even western doctors are beginning to shift their practices toward more integrative and alternative health methods. Renew Wellness Retreats makes these alternative health practitioners accessible, while providing a full day of purpose-driven activities such as yoga, tai chi, and meditation. When attending a Renew Wellness Retreat participants will also experience food that is as delicious and visually attractive as it is healthy. The private chef's focus is on providing food that is high quality, seasonal, locally sourced and organic.

"The Retreats are a platform for health transformation and a catalyst for healthy living," says Burke. He plans on extending the one day retreats to weekend long retreats to be held in Delray Beach in the near future. He eventually plans to hold Renew Wellness Retreats in other stunning locations around the world. His vision is to create wellness retreat experiences that not only leave people feeling inspired, strengthened, renewed and transformed, but also with new knowledge that can be applied to everyday life increasing health and happiness.

It is also important to note that a portion of all the Wellness Retreats' profits will be donated to Pamoja Charity, a non-profit charity organization dedicated to meeting the physical and spiritual needs of orphaned and vulnerable children in Kenya.

For more information on Renew Wellness Retreats, please visit www.rwretreats.com

For info on Devin Burke, please visit www.EmpowermentWellnessSolutions.com

COMING SOON TO THE PINEAPPLE





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Executive Editor/Publisher

Jeffrey Diaz
561-299-1430 - jd@delraypineapple.com

Community Relations

Gene Fisher
561-414-5067 - gene@delraypineapple.com

Director of Marketing

Ryan Boylston
954-415-1895 - ryan@delraypineapple.com

For Editorial

call: (561) 299-1430
e-mail: info@delraypineapple.com

Contributing Writers

Dianne E. Adams • David DiPino
Jule Guagliardi • Stephanie Immelman
Julia Kadel • Kurt Lehmann
Tara Monks • Ash Otocky
Jamie Salen • Drew Tucker

For Advertising

Kylee Treyz • 561-542-3838
Kylee@PineappleNewspaper.com

Distribution

561-299-1430 - Info@delraypineapple.com



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by **Dr. Raul Rodriguez**

How is success in recovery defined?

Successful recovery from addiction to drugs or alcohol can be defined in a number of different ways. Most people think of accumulated “clean time” when grading sobriety, but there is much more to it. Physical health, mental health, emotional health, spirituality, relationships, and happiness are all essential elements of global recovery success.

Having a global perspective about recovery is critical. If you do not look at the big picture, you will miss something important. Ignoring any major facet of life will usually create problems that could have been prevented. To be perfect in every facet is not realistic, but to achieve some measure of improvement is. Betterment in one dimension will spill over and make progress in other dimensions easier. The desired effect, of course, is a decreased rate of relapse.

The relative rate of relapse is a much more meaningful statistic than simple “clean time”. Simply counting the days of chemical abstinence may give misleading information about a person’s overall progress. To suddenly stop relapsing once and for all, without even a single unintentional setback, may be an unrealistic expectation for most. Some become unreasonably discouraged by a relapse that they really were not prepared to prevent. They see it as yet another failure and experience hopelessness. That is precisely the time when they must persevere.

Most long-term success cases work through short relapses early in the recovery process. These relapses are typically shorter, minimally enjoyable, less frequent and not premeditated. The context of the relapse also matters. Someone who has done a substantial amount of therapy work may still be vulnerable to relapse from deeper underlying issues that are coming to the surface. This is entirely different from the individual who relapses over and over from basic triggers such as poor choices in friends or environment.

A person who has a “slip” but has otherwise demonstrated global progress is in a more favorable position than someone who is fully abstinent but

has not changed any other aspect of how they live. The degree of change in how someone lives their life will often determine their degree of recovery success. Positive changes result in decreased stress levels over time. Avoidable conflicts are avoided and unavoidable conflicts are managed more effectively and with less distress. Stress is a natural trigger for relapse so the less, the better. Improved self-care preserves gains in physical and mental health, which in turn protects against relapse. These positive effects of healthy living become increasingly more prominent over time.

In a manner comparable to how addiction creates negative neuro-adaptive changes in the brain, recovery stimulates positive changes. The effects of these beneficial changes include less depression, less anxiety, and less addictive cravings. This allows for sustainable happiness that is stable and consistent over time. This is the true “bottom line” that really indicates success. When a person is chemically abstinent, but otherwise not living a globally healthy lifestyle, these positive changes

develop less. This is typically seen in the “dry drunk”, who is abstinent but otherwise unhappy, unpleasant, and emotionally stunted.

Everyone is capable of a successful recovery but a global approach is necessary. Abstinence is enough to start the recovery process, but more is needed. A person needs to grow emotionally, psychologically and spiritually by making positive changes in the many facets of life. Sustainable happiness is the ultimate goal of successful recovery, not just “clean time”.

Dr Rodriguez is the founder and Medical Director of the Delray Center For Healing. The Delray Center For Healing is a comprehensive outpatient treatment center that incorporates the most advanced psychotherapeutic and psychopharmacological modalities in the treatment of complex Addiction and Dual Diagnosis cases.

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health & fitness

Balance

How do you define balance? Take a moment and think about what balance means to you and how you would explain it. Start with a quick look at where your focus has been and where has your time been mostly spent. Now factor in your hopes, goals and dreams and consider where you prefer your focus and time to be spent.

Finally, think about all the challenges that life throws at you on a daily basis, and how you usually end up floating somewhere between how you spend your time and what you wish you spent your time on.

Take me for instance. Three holiday parties, my birthday and the actual holidays taking place, have seriously thrown me off my rhythm. Combine that with the unexpected over budget, pressures at work, and a few other “are you @#%\$ kidding me moments”, and suddenly my well thought out plans are slowly vanishing.

Every area suddenly becomes more stressful, due to the sudden change of events. Such is life, but it doesn't have to be a tragedy, and I found the answer can be a simple reevaluation of my priorities.

Here are some helpful tips to get you back on track for the new year and on to your balanced day to day living.

1. Define what are your priorities.

Socrates once said “Know thy self”. In regards to priorities, the ball is in your court. Nobody knows what makes you tick, and figuring out what is important to you should be the first step. Not to mention, a second look at if what you consider important still serves you well.

2. Have a Plan.

A simple plan of action will be invaluable as life happens. You must take the time to think through what you want to accomplish in a realistic way so that you know how to divide your time and resources toward the achievement of those things.

3. Exercise.

There is more than enough information to obtain on the benefits of exercise. However, for whatever reason, if you can't dedicate a good portion of your life to a workout routine, simply walk, stretch, or even focus on your breath. Benefits range beyond a six pack, and exercise can even help you stay focused during the most stressful of times.

4. Just do it!

Every action has a reaction. The first step is action, and without it all the planning and defining of priorities means nothing. Instead of creating far, out of reach goals that will deter you at the first sign of failure, make your life easier and break your goals down to the tiniest of steps. Whether by the day, month, or year, having obtainable goals will be key to your success.

So there you have it. I can't promise you that this is the cure for a balanced life, but I can tell you it eliminates some of the pressures of my own. Life is a moving target and always changing, so we have to allow, and plan in advance, the time to move and change with it when necessary. It's the only way!

It also reminds me of this famous quote: “Life is change. Growth is optional. Choose wisely.”

Write me at: DavidJames.Yoga@gmail.com or call 561-929-8905

“OM”

 WASN'T
 BUILT IN
 A DAY
 by David James


Facet Syndrome: A major cause of back and neck pain

By Dr. Travis Lamperski
 Special to The Pineapple

Shockingly, 8 out of 10 Americans will suffer from neck and low back pain sometime during their life, with facet syndrome accounting for a large percentage of these symptoms. A recent study on low back pain showed involvement of one or more facet joints in 79% of the patients.

Many individuals with facet syndrome will often notice low back stiffness that becomes worse when sitting for long periods of time or when they first wake up in the morning and begin to move. They also may have trouble turning their head side to side or at times need to turn their entire upper body because it is too painful. Even bending forwards and backwards or walking upright can be very difficult.

Facet syndrome can present itself as well-localized, dull or burning pain in the neck and low back, but that is not always the case. Lumbar facet syndrome can radiate into the buttock region, pelvis or thighs rarely traveling below the knee, while cervical facet syndrome can produce pain in the shoulder, arms, mid back and can also cause severe headaches. Most often individuals will blame their stiffness and pain on such things as their mattress, pillow or stress. They may even think that it is “normal” to feel this way.

Articular facets are bony projections on the superior (upper) and inferior (lower) portion on the backside of the vertebrae of the spinal column. These areas interlock with each other making up the zygapophyseal joint or “z-joint” which promote spinal support and are the key components to insure proper spinal motion. Like any other joint within the body, these areas experience constant repetitive movements where they interlock and become susceptible to injury and other degenerative conditions. Conditions such as Arthritis, Overuse Syndrome and Stereotypic Movement Disorders are some of the most common.

Facet joints are incased in a synovial capsule which supplies proper nutrients to the joint

and provides the “meniscoid” structure with lubrication needed to insure smooth gliding over one another, much like the meniscus in our knees. These joints are in constant motion throughout our life and can become worn and traumatized. As these joints become worn, they no longer provide the proper lubrication they need and can become inflamed and irritated, leading to Facet Joint Osteoarthritis in the future. Bony projections begin to form within the joint causing it to become hypertrophied (enlarged) and inflamed, limiting an individual's range of motion and producing pain.

The main focus when treating any facet syndrome is to restore proper motion and function to the joint along with decreasing pain and inflammation. Conservative treatment options should be the first choice for an individual suffering from this condition. Chiropractic spinal manipulation is one of the best ways to restore that lost mobility in the spinal column.

Non-surgical spinal decompression and flexion-distraction can be a gentle and painless way to decompress the facet joints and aid in stretching tight musculature in the neck and low back. In addition, applying class IV cold laser therapy to the involved area will enhance the metabolism of local cells, increasing blood flow, reducing pain and swelling thus speeding up the healing time. “Re-training” or “firing” specific areas of the brain by way of neurophysiologic exercises can increase tone within the muscles of the spine to improve stability. Lastly, ergonomic changes, mobilization therapy, and properly prescribed stretch/strengthening exercises will help ensure any recurring episodes.

Dr. Travis Lamperski is a Board Certified Chiropractic Physician with The Conde Center for Chiropractic Neurology. Our office provides specialized care for difficult cases of back-neck pain, numbness-tingling, vertigo-dizziness balance disorders, fibromyalgia, migraines, AD/HD, autism, and dyslexia. Visit www.thecondcenter.com. or call (561) 330-6096, or email drlamperski@thecondcenter.com.

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health & fitness

Journey to good health: How screenings, a nutritionist and big helping of support are shrinking waistlines and changing a government agency for the better.

With New Year's around the corner, employees at the Palm Beach County Tax Collector's office are celebrating their successes in 2013 and nudging the bar a little higher for 2014.

Thanks to the "Journey to Good Health" program implemented by Tax Collector Anne Gannon in 2011, employees better understand their risks of chronic disease and are discovering tools to make significant lifestyle changes. "Health care is a major expense for any organization and we're doing what we can to lower our agency's risk of major claims and provide our employees with excellent health care," says Gannon.

The Journey to Good Health

The elective program, first initiated in 2011, has seen increased participation year after year and improved employee results. In this past year, 80 percent of eligible employees participated in the screenings. Screenings include clinical laboratory values, biometric measures and a risk factor questionnaire. Screening results track risk factors associated with cardiovascular diseases and type two diabetes. These diseases can be reversed and by doing so, risk factors for hypertension and certain cancers can also be significantly reduced. Following screening a health report

card is sent to participants with lab results and risk level indicators and ideal levels to aim for.

Of the 224 screened in 2013, 169 participants were invited to attend classes to learn to manage their risks in one or more of the three areas of focus: cholesterol, diabetes and weight. The classes feature a registered dietician to educate employees on diet choices and new ways to prepare old favorites. At risk participants can also receive one-on-one counseling with the dietician to address specific concerns and eating habits. All participating employees are welcome to attend the classes and in 2013 new elective classes were added to reach new levels of wellness beyond diet and exercise. The classes included, Life after 40, A Roadmap for Fitness, A Healthy Cooking Class, Stress Management and more. In 2013, participating employees also received a discount on healthcare premiums.

When you look at Anne Gannon, a marathon runner and yoga lover fueled by a plant based diet, it's pretty clear she knows the value of a healthy lifestyle. She wants her employees to reap the same benefits of good diet choices and frequent exercise, as well as lower their risk of a major health event.

"The Journey to Good Health program has become a part of our agency culture and we're seeing more and more employees embrace a healthier lifestyle – and they're doing it together. A doctor may tell you that you need to lower your cholesterol, but the program not only shows them their risk, it shows them their ideal level and gives them the tools to get there," says Gannon.

The results from the past year alone have been significant:

- 53 participants of the 8 week program lost a total of 455 lbs.
- 69% of the High Risk Total Cholesterol Group decreased their risk with an average reduction in total cholesterol of 11%.
- 18 lost an average of 19 lbs.
- 67% of the High Risk Diabetes Group lost an average of 8.75 lbs.
- 15 identified as "pre-diabetic" were removed from the "pre-diabetic" classification at re-screen.
- 9 with elevated Triglycerides were identified as "within normal limits" at re-screen.
- Only 1.9% had "slightly" elevated blood pressure (either systolic or diastolic) compared to a national average of 31%

The Journey to Good Health not only

helps employees take back their lives, but it underlines Anne Gannon's commitment to Palm Beach County. The program is intended to minimize her agency's risk of major healthcare claims, "it's an investment we're making in our employees and its return results in not only better health but also a reduction in preventable major health incidents in our future." Since the program's inception the agency has seen a significant reduction in prescription medication claims and while the long-term healthcare savings is not known, they're confident that major incidents from complications with preventable diseases has been reduced, now and in the future.

To change the agency's risk factors, the Tax Collector's office had to reach beyond traditional wellness programs to offer employees attainable goals, measurable results and most of all support. What can't be seen in the numbers are the lives that have been changed as a result of the program. The true results are in the smiles of healthier, happier employees, who are proud of their accomplishments and are now advocates of a healthy lifestyle, impacting their family and friends.



THE PINEAPPLE
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 **health & fitness**

3rd Annual Delray Beach Fit Day

Ground Zero Fitness, a local Delray Beach Fitness Company has partnered again with Delray Beach Parks & Recreations to host their 3rd Annual Delray Beach Fit Day. The plans are to make 2014 Fit Day be even bigger and better!

This year the Event will take place on Saturday, January 25th 9am to 1pm at the Seacrest Soccer Complex located at 2505 Seacrest Blvd in Delray Beach. There will be GZF classes, Kid's Boot Camps, Soccer Clinics and Lacrosse Clinics on the field, with vendors set up around the events.



The Soccer Complex is already home to soccer, Lacrosse and the Ground Zero Fitness Classes. Vendors will be offering samples, screenings, demos and discount offers at their booths and all are geared toward supporting a healthy lifestyle for 2014.

GZF plans to have a DJ present to provide some energetic music. No stranger to hosting events, the team at GZF just recently sponsored the Delray Beach Turkey Trot, where owner Rod Redzanic got the crowd ready with a fun warm up and cool down. There is free admission to the event, offering the GZF classes (adults and kids) as well as soccer and lacrosse clinics, as a free trial for all. A schedule of the event can be found at www.DelrayBeachFitDay.com

Living a Compassionate Life

By Laura Norman
Special to The Pineapple

"If you want others to be happy, practice compassion. If you want to be happy, practice compassion." – The Dalai Lama

Compassion can be defined as one's emotional response to suffering or unhappiness in another. It also involves an authentic desire to help alleviate that suffering.

Why is compassion so important?

Consider compassion's tremendous benefits for our physical and mental health and our overall well-being. Connecting with others in a meaningful way helps us enjoy better health, speeds up recovery from disease and, based on research by Stephanie Brown, at Stony Brook University and Sara Konrath at the University of Michigan, may even lengthen our lifespan.

Living a compassionate life may also boost our well-being by increasing our sense of connection to others. Concern for others involves both an understanding of what another might be feeling and compassionate caring. Since compassionate caring is fostered by face-to-face contact, it's important that we encourage more physical contact and less virtual contact with one another.

People who feel more connected to others have lower rates of anxiety and depression. Studies show that they also have higher self-esteem, are more empathic to others, are more trusting and cooperative and, as a consequence, others are more open to trusting and cooperating with them.

I have dedicated my life to helping people live exceptional lives physically, mentally, emotionally and spiritually through my practice of Reflexology and Life Wellness coaching. The connections I have made are very fulfilling, and the results my clients experience are powerful, positive and long-lasting.

As we begin a brand new year, here are some ways my clients have helped me discover toward living a compassionate life:

Live the Passion in Compassion.

Pursue your passion in life. It's what makes life worth living, and gives our lives true meaning and purpose. Doing something you love creates a deep sense of joy. For some, compassion is the purpose of life, what gives it meaning, and what leads to ultimate happiness.

Find a way to give back. We all want to feel our lives have value. Choose something that honors your beliefs and passions, while giving something back to the world. Your life will have meaning and purpose.



If you can't manage (or aren't ready) to work on your passion for a living, make time for it every day. By working on your passion and becoming expert at it, the opportunity to make money from it will appear.

"As we work to create light for others, we naturally light our own way." – Mary Anne Radmacher

Focus.

Balance your inner and outer focus. Inner focus is about paying attention to your values, intuition, and ways of responding. Outer focus involves knowing how to be present and develop empathic connections with others.

The ability to focus on one person or thing to the exclusion of others – to be present - is a lost art among many today. Yet focus is a very important skill to have in life. It fosters greater happiness, better relationships, and increased productivity.

Focus also makes your life feel simpler. You will find you have more time to do what fulfills you and gives your life meaning. Focus can also help reduce stress and make your overall life easier to manage. It really is a great feeling.

Take some time right now to consider if your career and life's trajectory are in alignment with your inner values and passions. Whatever path speaks to you, a life filled with compassion brings with it greater meaning, deeper satisfaction, stronger relationships and a heightened sense of well-being.

"Compassion is the chief law of human existence." – F Dostoyevsky

Laura Norman, M.S., LMT, Holistic Reflexologist and author of the best-selling book, *Feet First: A Guide to Foot Reflexology*, offers private Reflexology and Life Wellness Coaching sessions and Holistic Reflexology Training Programs in Delray Beach, Massachusetts and New York City. Visit www.lauranorman.com • Call 561-272-1220

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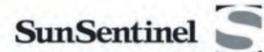
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DELRAY MARKETPLACE CONTINUES GROWTH



DELRAY BEACH, FL – Delray Marketplace, Delray Beach's new dining, entertainment and shopping destination, has announced new tenant openings, including Cabo Flats Cantina & Tequila Bar, Crave Kids & Tweens Boutique, and Gymboree that will contribute to the center's ever-growing tenant mix.

Cabo Flats Cantina & Tequila Bar is your home for a tasty and true Mexican meal featuring the very best tacos, burritos, enchiladas, guacamole and signature dishes. Cabo Flats' huge, delicious, fresh and famous Cabo Margaritas and drink specials help guests unwind at any time.

Crave Kids & Tweens Boutique specializes in the coolest toys, gifts and special occasion wear for kids and tweens between the ages of newborn to 12 years. Crave features premium children's apparel and the latest accessories, socks and shoes to compliment any outfit as

well as a huge selection of educational and fun infant toys, rockers, scooters, cuddly plush animals, picture frames, jewelry boxes, and other novelty items.

Gymboree has been dressing children since 1986. The brand's fashionable clothing and accessories are created to celebrate kids being kids in unique head-to-toe looks. Available in sizes newborn to 12 years, Gymboree clothing is designed with colorful, high-quality fabrics and detailed touches throughout.

Additional retailers will continue to open throughout the fall, including: Mondana Kitchen, My Day Spa, Pop Culture Vault, TAP Global Beer Collection, and more. The center also features an open-air amphitheater which accommodates 200 guests and regularly hosts live entertainment and special events.

For more information on Delray Marketplace, please call (561) 865-4613 or visit www.delraymarket.com.

Entrepreneurs at Shuttle Dudes provide a better way home

DELRAY BEACH, FL – There is finally an amazing way to travel to destinations such as restaurants, bars and nightclubs from Deerfield Beach, all the way to Boynton Beach. Founder Ronald Prassas has a unique company called "Shuttle Dudes." Prassas, from Philadelphia, moved here in 2008 to study hospitality and recently graduated from Lynn University. One evening after drinking and socializing with friends, Prassas decided to take a cab home instead of going in his friend's car. That evening his friends were in a car accident. Fortunately no one was injured however it was a life learning experience that led to Prassas's idea to start Shuttle Dudes.

Prassas, who is an entrepreneur and member of the Greater Delray Beach Chamber of Commerce, is partnering with community bars, restaurants, and entertainment venues to eliminate alcohol-impaired driving by offering their clientele a protected ride home with Shuttle Dudes. What makes Shuttle Dudes unique is that their drivers will not only pick you and your company up, but also your car.

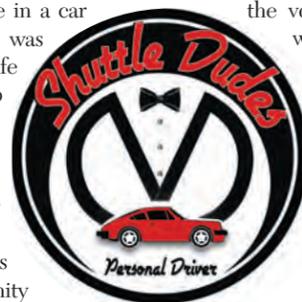
Prassas sees his service of value to college students in the area. They don't have to worry about getting back home after a night of drinking and they don't have to worry about leaving their car in a parking lot overnight. This service also puts parents' minds at ease knowing their son or daughter is acting responsibly. The company's mission is to help remedy the

ongoing issue of drinking and driving.

The following is how Shuttle Dudes work: The first thing is to make a reservation online or by texting or calling 561-400-0467. After that, you will receive an email confirmation for your reservation; the drivers will call you 30 minutes prior to pick up. During this call you would notify the driver if you have changed locations. Upon arrival, a Shuttle Dudes driver will greet you and your party (the maximum is 7 people) and get everyone into your vehicle safely. After the vehicle owner signs the customer waiver, the driver will transport you and your party home in your own vehicle. A floater Shuttle Dude, Smart car will pick the Shuttle Dudes up and repeat for the next customer. All drivers are professional and Shuttle Dudes is fully insured and bonded.

With Shuttles Dudes, you can enjoy a guaranteed safe ride home at a great price; the local shuttle will be \$20.00 for the first 5 miles. After that, there will be a \$2.00 charge for each additional mile. All fares are determined using Google maps mileage calculator. For a personal driver, it costs \$20.00 an hour for 5 hours minimum. Services in other areas within the South Florida region can be arranged using the hourly Personal Driver. The price is worth it because it can save peoples' lives and prevents you from getting a DUI or going to jail.

To get more information, please call 561-400-0467 or email ShuttleDudes@gmail.com; furthermore, check out their website at www.shuttledudes.com.



COMMUNITY STARS

Martels mix children, real estate . . . and puppetry?

By David DiPino
The Pineapple Contributing Writer

Hang around Steve Martel for just a few minutes and it is evident that he is driven by the kid inside. Martel has been busy promoting "Puppet Jelly (not quite a Jam)!" a Puppetry Arts Center Event featuring local singers, songwriters, and puppeteers "jamming" their performance together in front of a live audience at 7:30 p.m. on Saturday, January 11, at the Puppetry Arts Center, 94 NE Second Ave., in Downtown Delray Beach. Tickets to Puppet Jelly are just \$10.

The following week, January 18th, begins the first of four events sponsored by The Delray Beach Initiative, a new organization formed to enrich the lives of local children. The Delray Beach Initiative is planning four singer/songwriter showcases in the first four months of 2014 spanning across the locales of Delray Beach and Boca Raton.

"The showcases will feature top-shelf talent while at the same time benefiting a number of worthy causes," said Martel while promoting the event during his local stop at the Delray GreenMarket to support local vendors.

The local schools and kid-centered programs the benefits will support include: The Milagro Center, an arts and education program combining cultural arts and living values to students in Delray Beach, the Achievement Center for Children and Families, a nonprofit social services agency in Delray Beach serving Palm Beach County's neediest children and families since 1969, Tomorrow's Promise Community School, a Delray Beach based youth vocational school, and Pine Grove Elementary School in Delray Beach.



Lori and Steve Martel with their son Ethan (center) are in it for the kids. The couple came to Delray Beach to start a family and also build their business as realtors. Today, they combine a loving family life, successful business and involve themselves in numerous charities and volunteer opportunities geared towards helping out kids and student development programs. On Saturday, January 11, at 7:30 p.m. Steve Martel will help produce Puppet Jelly (not quite a Jam)!" a Puppetry Arts Center Event featuring local singers, songwriters, and puppeteers "jamming" their performance together in front of a live audience.

"Puppet Jelly (not quite a Jam)!" will feature the music of Bill Hartmann, Steve Martel, & Steve Minotti and the puppet magic of Alan Gibson and Sherry Reardon. Martel, Minotti and Hartmann are local singer/songwriters and Gibson and Reardon are accomplished puppeteers. Gibson recently took a couple of minutes off from a break on his Citizens On Patrol volunteer work patrolling the High Point of Delray Beach residential community for the Palm Beach County Sheriff's Office, to share how the opportunity for Puppet Jelly came about. Gibson and his wife Beverly moved to Delray Beach a year-and-a-half-ago when he retired from a career as a union pipe fitter in New Jersey.

"I retired from UA Local 9 (Plumbers Pipefitters & HVAC/R Service Technicians) as a pipe fitter in Ewing, Continued on page 23

HABITAT FOR HUMANITY RECEIVES GRANT FROM THE HOME DEPOT FOUNDATION

Through its Community Impact Grants Program, The Home Depot® Foundation has awarded \$5,000 to Habitat for Humanity of South Palm Beach County (HFHSPBC). The donation will be used to assist a local veteran's family with home rehabilitation.

"Habitat for Humanity of South Palm Beach County is deeply honored to receive a Community Impact Grant from The Home Depot Foundation," said Michael Campbell, Executive Director of HFHSPBC. "This \$5,000 grant will allow us to continue our mission to build stronger, safer neighborhoods and we are delighted to help a veteran's family improve their home."



The Home Depot Foundation's Community Impact Grants Program supports the work that local nonprofit veteran organizations are doing to improve the lives of veterans and their families.

"The Home Depot Foundation is committed to ensuring that every veteran has a safe place to call home," said Kelly Caffarelli, President of The Home Depot Foundation. "We are proud to work with HFHSPBC in our efforts to give back to those men and women who have so bravely served our country."

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Equestrian community features this pristine 4 bedroom, 4 bath home. Impact windows, custom crown molding and central vacuum are just a few of the luxuries. Retire to a beautiful master bedroom with his and her closets. This well maintained home is located on a large corner lot with a large play area. Lush landscaping for privacy and relaxing by the pool.
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Immaculate home with. Split bedroom plan Open floor plan with formal dining room. Kitchen features breakfast nook. Clubhouse features indoor/outdoor pools, fitness center and theater and café.
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Large well maintained 3 bedroom/2 bath home. Spacious open living area with new carpet, new a/c, eat-in kitchen and skylight. Located in quiet, luxurious community.
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Waterford 3 bedroom/2 bath model with den converted to 3rd bedroom. Updated kitchen with granite counters. Extended screened patio for outdoor entertaining. Vizcaya amenities include social director, health spa with state of the art equipment, saunas, showers and lockers. Heated pool/spa and 6 Har-tru courts.
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biz briefs

AN IMPORTANT FINANCIAL CONVERSATION BEGINS IN 2014 AT THE DELRAY BEACH PUBLIC LIBRARY

The Delray Beach Public Library is pleased to announce an exciting and informative series beginning in January 2014. Merrill Lynch Wealth Management and Louise Weir Glover, Financial Advisor will sponsor a series entitled: "A Financial Conversation on Mondays."

On the first Monday in the months of January, February & March, 2014 from 4:30 - 5:30 p.m., the Delray Beach Public Library, located at 100 West Atlantic Avenue will host this innovative and educational series of important financial conversations presented by Merrill Lynch Wealth Management. Light refreshments will be served and registration is required as seating is limited!

- On Monday, January 6, 2014 – the topic will be: "Social Security & You: Potential Strategies for Maximizing Benefits"

- On Monday, February 3, 2014 – the topic will be: "Taking Control of Your Retirement"

- On Monday, March 3, 2014 – the topic will be: "Consider Health Care Costs When Planning Your Retirement"

For further information on this series and to register please call 561-276-1608.

BARRY R. EPSTEIN ASSOCIATES RECEIVES 2013 BEST OF BOCA RATON AWARD

BOCA RATON -- Barry R. Epstein Associates, Inc. has been selected for the 2013 Best of Boca Raton Award in the Public Relations & Publicity category by the Boca Raton Award Program.

Each year, the Boca Raton Award Program identifies companies that we believe have achieved exceptional marketing success in their local community and business category. These are local companies that enhance the positive image of small business through service to their customers and our community. These exceptional companies help make the Boca Raton area a great place to live, work and play.



Barry R. Epstein

Various sources of information were gathered and analyzed to choose the winners in each category. The 2013 Boca Raton Award Program focuses on quality, not quantity. Winners are determined based on the information gathered both internally by the Boca Raton Award Program and data provided by third parties.

About Boca Raton Award Program

The Boca Raton Award Program is an annual awards program honoring the achievements and accomplishments of local businesses throughout the Boca Raton area. Recognition is given to those companies that have shown the ability to use their best practices and implemented programs to generate competitive advantages and long-term value.

The Boca Raton Award Program was established to recognize the best of local businesses in our community. Our organization works exclusively with local business owners, trade groups, professional associations and other business advertising and marketing groups. Our mission is to recognize the small business community's contributions to the U.S. economy.

MIZNER COUNTRY CLUB RECEIVES DISTINGUISHED GOLD CLUB AWARD

Mizner Country Club announced that it has been awarded the prestigious Distinguished Gold Club of the World award, as determined by the annual Distinguished Clubs of the World award program conducted by BoardRoom magazine. The Distinguished Clubs award program uses a club-specific rating system based on an extensive evaluation process that distills and measures a club's Member Experience.

As defined by Distinguished Clubs, "Member Experience" is that special combination of "Qualities" that a private club provides its members. It is not just the quality of service, or of the facilities, or of the product provided, it is also the quality of the staff and of the management, as well as the overall club governance they deliver. The most important quality, however, is the quality of the intangible. While difficult to measure, the latter is comprised of those magic moments experienced, the members befriended, the memorable social and family events attended.

To be a Distinguished Gold Club is to be one of a select group of private clubs that have been recognized as providing an absolutely excellent Member Experience.

"We are honored to receive this prestigious recognition in great company with the Distinguished Clubs of the World. Mizner's membership is deserving of this award as they support the commitment to excellence that permeates their lifestyle", said Larry Savvides, General Manager. "Mizner Country Club's mission is to provide members, their families and guests with gracious and personalized service, excellent social and recreational amenities that enable enduring friendships that nurture a sense of community."

"We'd like to congratulate Mizner Country Club for earning Distinguished Gold Club status," said John Fornaro, Publisher of BoardRoom magazine, "Special recognition also goes out to Mizner Country Club's General Manger, Larry Savvides, as well as

the club's board of directors, its department heads, and entire staff for their efforts in providing an excellent member experience."

DIANA HILEMAN LAUNCHES NEW LAW FIRM

DELRAY BEACH, FL – Diana Hileman, 20-year veteran of estate, trust and real estate law, announced the formation of Hileman Law. P.A. in Delray Beach. The practice will focus on estate planning, probate and probate litigation, guardianship, and transactional real estate.

Hileman began her legal career in Florida with the Law Office of Allen Wm. Martincavage, ultimately forming Martincavage & Hileman in 2000 with a focus on Estate Planning, Probate, Guardianship, and Real Estate. She then moved her practice to the Boca Raton law firm of Rutherford Mulhall in 2008. Prior to starting her own firm, Ms. Hileman was with Weiner, Lynne and Thompson, P.A. as a Senior Attorney to lead the firm's Estate Planning & Probate Litigation Practice Group.

According to Ms. Hileman, "The new firm's goals are to provide sound, practical counsel, to provide winning advocacy when conflict arises, to obtain the best results for our clients, and to achieve this on an economical basis. We want our clients to feel that they are the most important in our practice whether the matter is large or small, and to be happy they entrusted their matter to our firm."

About L. Diana Hileman, Esq.

L. Diana Hileman, Esq. was born in Louisville, Kentucky and attended the University of Louisville on a tennis scholarship, graduating cum laude in 1989 with a Bachelor of Arts degree in Political Science. In 1992, Diana obtained her Juris Doctorate from the Salmon P. Chase College of Law at Northern Kentucky University, having also attended the University of Miami School of Law as a visiting student. Hileman Law, P.A. is located at 601 N. Congress Avenue, Suite 431, Delray Beach, FL 33445, (561) 921-0149.



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Live in the heart of downtown Delray beach! This home sits on an expansive corner lot just one block west of Swinton. This home is only a quick bike or golf cart ride away to the trendy Atlantic Avenue, where you can enjoy all of the shops and restaurants our village by the sea has to offer! This home has a spacious first floor with an extended family room, formal dining room, walk in pantry, separate laundry room, two guest rooms and an updated cabana bath. Oversized 2 car garage with impact rated garage doors and plenty of additional parking space. The living/family room overlooks the very private fenced in back yard which includes a gazebo, awning covered patio and an in-ground swimming pool. The second floor is a private master suite. This home features real hard wood floors, crown molding, built in shelves, and charming bay windows with storage!



UNDER CONTRACT

BOYNTON BEACH - YACHTMAN'S COVE - \$335,000

This is a Gorgeous home tucked away in the intracoastal community of Yachtmans Cove. This 3/2/2 pool home features a brand new kitchen with wood cabinets, granite and wood counter tops, stainless steel appliances, built-in dishwasher, wine cooler and bar-top seating! This open concept kitchen features beautiful views of the formal dining room, living room and family room. This home also features: All impact windows and doors! For more information or to schedule a private showing please call Noelle McIntyre.



JUST LISTED

BOYNTON BEACH - BOWERS PARK - \$229,000

This 1928 home was built during the mission revival architectural movement and is still inspiring builders today! If you are looking for charm - look no further - this house has it all! This Spanish style home features 2bd/2ba downstairs and includes an additional 3rd bedroom and/or office upstairs. The moment you walk through the beautifully appointed arched pecky cypress front door you will see that this home has the right balance between historic significance and modern convenience. With its bright open floor plan, high ceilings, arched doorways, built in book cases, original in-laid hardwood floors and romantic fireplace it's hard not to fall in love. Old world charm meets modern living! For more information or to schedule a private showing please call Noelle McIntyre.



JUST LISTED

BOYNTON - GOLFVIEW HARBOUR - \$249,000

Charming 3/2/2 in Boynton Beach. Enjoy entertaining in the large dining and living room. The eat-in kitchen comes complete with a double pantry and a pass through to the patio area. The master features double walk-in closets and his & her sinks. This spacious home is close to Bethesda Hospital, downtown Delray Beach, shopping and entertainment. Wonderful home in a great neighborhood!
NO HOA! All ages and pets welcomed!
For more information or to schedule a private showing please call Noelle McIntyre (561) 266-3119



JUST LISTED

BOYNTON BEACH - CYPRESS CREEK - \$389,000

This gorgeous 4bd, 2.5ba home rests nestled in the gated community of Cypress Creek. The large eat-in kitchen overlooks the living room where you can walk outside to your fully fenced-in backyard making this perfect for entertaining and lounging around your salt water heated pool. Two spacious family rooms and a formal dining room! Just a few of the spectacular features include bamboo flooring, vaulted ceilings, built-in closet organizers in each room and custom baseboards, an alarm system, a newer roof, a newer A/C, plantation shutters and a 2 car garage! For more information or to schedule a private showing please call Noelle McIntyre



JUST LISTED

BOYNTON BEACH - CHAPEL HILL - \$289,000

Stunning home nestled in the community of Chapel Hill features a BRAND NEW roof, impact windows, New A/C and a beautifully appointed kitchen with granite countertops, gorgeous tile backsplash and stainless steel appliances. There is a separate laundry room as well as lots of storage space for all your storage needs. Extras include crown molding, freshly painted inside and out, updated bath(s) & hi-hat lighting! For more information or to schedule a private showing please call Noelle McIntyre



Noelle K. McIntyre, Broker-Owner

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biz briefs

BCoSF CLIENTS GROW

Business Consultants of South Florida (BCoSF) www.BCoSF.com, a South Florida based Business, Marketing and Sales Consulting Company, located in Delray Beach, is honored to announce three of their clients have strategically expanded their business.

Emiliano Brooks Productions, Inc. (EBP), secured a new office space in downtown Delray located at 341 NE 3rd Avenue. With this expansion, EBP will be able to expand his business which includes photography, design, and architectural signage by offering headshots completed while you wait. www.EmilianoBrooks.com

Francisco Perez-Azua and Andrea Trucco-Perez, co-owners of Perez Design, a well-known architectural company in Delray, launch FPA Enterprises. They combined their expertise in effective real estate investment strategies as a licensed broker and full service real estate and development company with modern and vernacular design concepts to generate valuable, sustainable real estate developments. Their vision is to be of even greater service to potential investors and the place they call home, Delray Beach. New website coming soon.

Educational Consulting Inc (ECI), developers and visionaries of a global behavioral analysis software, launch their approved Apple app for iPad and iPhone called ObserverWare®. Located in Hobe Sound, Florida, ECI hired BCoSF in November 2013, to help them gain national market exposure, increase revenues and build a national sales team for 2014. www.ObserverWare.com

Kimberly West and Allison Turner, partners at BCoSF work with companies to strategically grow and increase revenue through proven business, marketing and sales plans & strategies. To learn more about the company, go to www.BCoSF.com or call (561) 276-4422.



Captain Eric Coleman, Sheriff Ric Bradshaw, John McKenna and Randy Schultz

DRUG ABUSE SUMMIT GATHERS PANEL OF SPEAKERS TO DISCUSS SOLUTIONS TO DRUG PANDEMIC

WEST PALM BEACH, FL—Hanley Center and the Palm Beach County Sheriff's Office joined forces recently to co-present their first annual Palm Beach County Drug Abuse Summit on Tuesday, December 3. Presented as a free community service and open to the public, the event attracted an audience of nearly 150 people to the Hanley Resource Center auditorium. Covering a wide range of provocative topics, the Summit was broken down into four separate panel discussions – each exploring the drug abuse pandemic from a different perspective.

"The Palm Beach County Drug Abuse Summit's mission is to effectively restrict the impact of the prescription and synthetic drug pandemic and its far-reaching effects through common awareness, communication and networking within our communities locally, regionally and nationally," said Dr. Rachel Docekal, CEO of Hanley Center Foundation and vice president of external relations for Caron Treatment Centers.

The Summit's criminal justice/law and order panel featured: Eric Coleman, captain, Narcotics Division, Palm Beach County Sheriff's Office; Mike Gauger, chief deputy, Palm Beach County Sheriff's Office; Norman Hemming, special counsel, U.S. Attorney's Office; and John J. McKenna, assistant special agent in charge, Drug Enforcement Administration, Ft. Lauderdale District Office.

To roll over, or not to roll over: That is the question

By Colleen Hasey Schuhmann, CRPC
Special to The Pineapple

If you are lucky enough to work for a company that offers a pension, you may be faced with a major decision at retirement: to roll over or not to roll over. In other words, should you take a lump sum distribution at retirement or receive a monthly check during retirement? The choice you make can affect how you live in retirement, and what you can leave your heirs.

While pension plans, or defined-benefit plans, are meant to provide a certain amount of security in the form of monthly cash distributions, because retirees have no say in how pension plan money is invested, they have no opportunity to increase their monthly cash distribution.

One way to exercise more control and perhaps increase the value of your pension plan distribution is to take a lump sum distribution at retirement and roll it into an IRA. An IRA offers you greater flexibility for accessing and investing the money. Assets in a rollover IRA may be invested in mutual funds, individual stocks and bonds, and other investments that align with your financial, wealth transfer and retirement goals and your investment risk tolerance. Because IRAs are tax-deferred, taxes are only paid when you take a distribution from the IRA, which allows investment earnings to grow free of tax until you take a distribution.

Before rolling over your pension to an IRA, the following should be considered: 1. IRAs are not guaranteed, if you invest aggressively or inappropriately or the market fails to perform as you expect it to, you run the risk of reducing the value of your pension or perhaps outliving your assets, and 2. a rollover to an IRA from a qualified plan is protected from the claims of creditors in bankruptcy.

Here are some additional factors to consider:

Your company's future

If you stay in your company's pension and select the lifetime income option, the maximum annual benefit insured by the Pension Benefit Guaranty Corporation in the event your company goes bankrupt is \$55,840.

Your health

Pensions are meant to provide retirees with income for the rest of their lives.

However, if the pension holder passes away, depending on the annuity option chosen, the surviving spouse typically receives a reduced benefit of at least half of the amount the plan holder would have received. Once the surviving spouse dies, any remaining pension benefit remains with the pension plan. With an IRA, you can elect a beneficiary to receive the IRA upon your death, such as another family member or a charity, assuming there are still assets left in the account.

Minimum distributions

If you were to roll your pension into an IRA, you would be required to take minimum distributions from your account, and pay taxes on them, once you reach age 70½. Such requirements might not be an issue if you planned to begin withdrawing assets before you reach 70. But if you retire later in life and want to begin drawing down your funds after 70½, the requirement may cause you to incur tax on distributions before you want to.

Inflation

Typically, fixed monthly pension payouts will not keep pace with inflation. Some pension benefits have a cost of living adjustment built in, but most do not. So if you're concerned about the declining value of your assets due to inflation, the lump sum option might be more suitable for you.

So is an IRA rollover right for you?

The most important thing is to review your pension options in the context of your overall financial picture. Do you have other substantial sources of retirement income? Are they enough to fund your lifestyle, or will you need the pension income to do so? How important is leaving assets to your heirs or charity?

A qualified financial professional can help you identify your objectives, determine the costs associated with them, and decide whether a monthly check or rollover IRA is more appropriate given your circumstances.



For more information, please contact Colleen Hasey Schuhmann, Vice President - Wealth Management at UBS Financial Services in Boca Raton. She can be reached at 561-367-1817.

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ARTISTS FOR AUTISM

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HEY KIDS! Join the fun and do some painting at the **HAND'S 80th Anniversary Art Open House!** Help paint our Autism Speaks mural and enter your own canvas board painting to win lot's of fun prizes.

Watch and learn new techniques as professional artists paint and draw all day.

WHEN: Saturday, January 25, 2014
TIME: 10:30 am to 3:30 pm
WHERE: Hand's Art & Office Supply
325 E. Atlantic Ave.
Delray Beach, FL 33483

Be a Winner! Enter our Raffle to support Autism Speaks of Palm Beach!

A special thanks to our sponsor *Art Alternatives* for providing the canvas, paint, brushes and their generous support!

For more information about the event please call Liz Hughes at HAND'S at (561) 276-4194.

For more information about Autism Speaks please visit: www.autismspeaks.org and to register a team for the 2014 Palm Beach Walk Now for Autism Speaks go to: www.walkknowforautismspeaks.org/palmbeach



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real estate briefs

DELRAY BEACH SENIOR LIVING COMMUNITY COMPLETES \$6.5 MILLION RENOVATION PROJECT

DELRAY BEACH, FL – Abbey Delray South, a senior living community in Delray Beach, has completed a \$6.5 million renovation that focuses on enhancing dining experiences for residents. The project includes the creation of three distinct dining venues, as well as a variety of other upgrades to features and amenities at the community.

“Dining is huge among today’s seniors and the aging Baby Boomer population,” said David Randazzo, executive director of Abbey Delray South. “They want it to be a culinary experience and they want options. It’s one of the top considerations for people choosing to live at retirement communities.”

The renovations, designed by c.c. hodgson architectural group, create a resort atmosphere with resident-focused amenities. It includes a new bistro with attached bar and lounge, a formal dining room with a two-story ceiling, and a new garden dining venue. A new 5,000-square-foot gourmet kitchen also expands culinary choices for residents. Other renovations include a new Mediterranean-style entryway with a fountain and exterior facelifts throughout the community.

“We have an unwavering belief that environments affect people’s behavior and design is very important,” said Cornelia Hodgson, president of c.c. hodgson architectural group.

“The renovations are stunning and it reflects the refined atmosphere and hospitality focus at our community,” Randazzo said. “Senior living is seeing some major shifts in features, offerings and services, and it’s exciting to be on the forefront of those.”

“Our focus on resident-centered design puts us in a unique position to help translate the vision of forward-thinking communities like Abbey Delray South and its parent organization, Litespace Communities,” Hodgson said. “They share our passion and enthusiasm for design that enhances quality of life.”

TOLL COMPLETES \$84M BOCA RATON LAND PURCHASE

Major homebuilders continue to gobble up large development sites in Palm Beach County.

In the latest example, Toll Brothers has closed on the \$83.5 million purchase of 122 acres in Boca Raton, The Real Deal has learned. The Horsham, Pa.-based company plans to build gated luxury residential community called Royal Palm Polo on the 6300 Clint Moore Road site.

Polo Realty of Boca Raton is the seller, according to Palm Beach County records. The selling company is managed by the Oxley family of Tulsa, Okla.

Toll obtained a \$55.7 million mortgage for the acquisition. The loan document has not yet been recorded by the county.

Sales at Royal Palm Polo are expected to launch next spring. Prices for the 223 homes range from \$1.2 million to \$2 million. Homes will have between four and seven bedrooms and three or four-car garages.

Boca Raton council members approved

the annexation of the Royal Palm Polo site last month. It marked the first time the city expanded its boundaries in nine years.

Vacant land is at such a premium in Boca Raton that builders are turning to golf courses as potential project sites. County zoning commissioners were scheduled to address a proposal to develop 288 homes on the 130-acre Mizner Trail Golf Club. The project faces substantial resistance from nearby residents.

Proposed projects could bring more than 23,000 new homes to Palm Beach County. A 2,000-home development on 1,200 acres previously zoned for rock mining at Palm Beach Aggregates was approved by county commissioners last month.

Other potential developments include Minto Communities’ plan to build 6,500 residences and 1.4 million square feet of commercial space on the nearly 3,800-acre Callery-Judge Grove. Minto also wants to develop a college campus and baseball spring training facility on the site.

courtesy theRealDeal.com

JESSICA ROSATO RECEIVES RISING STAR AWARD FROM WOMEN’S COUNCIL OF REALTORS

BOCA RATON, FL – Jessica Rosato, Luxury Residential Specialist with Nestler Poletto Sotheby’s International Realty, recently received the Rising Star Award from the Women’s Council of Realtors (WCR). This award was given in recognition of a member who has participated on more than one committee, demonstrated leadership skills and has shown a desire to learn more about the WCR.

Rosato will be the Secretary and the Business Affiliate Marketing Chair of the Women’s Council of Realtors in 2014.



Jessica Rosato

NESTLER POLETTO SOTHEBY’S AGENTS RAISE MORE THAN \$1000 FOR THE AMERICAN CANCER SOCIETY

BOCA RATON, Florida—Many of the team at Nestler Poletto Sotheby’s International Realty came together for the second year in a row to help fight breast cancer raising more than \$1000 in hopes of finding a cure in our lifetime.



Photo (L to R): Front: Claudia Bleicher, Joanne Schaer, Jessica Rosato, Dina Boyer, Lezly Garrett Back: Bonnie Seidler, Jim Scandirito, Greg Knapp, Sallie Poletto, John Poletto

According to Jessica Rosato, Luxury Residential Specialist with the firm, “We not only walked for the American Cancer Society’s ‘Making Strides Against Breast Cancer,’ but we handed out cold water to all participants as they made their way up Palmetto Park Road in Boca Raton.” More than 12,000 people attended the event.

BMI ELITE HOLDS TOY DRIVE TO BENEFIT MIAMI CHILDREN’S HOSPITAL

For the second year in a row, BMI Elite has collected toys to be donated to kids who will spend the holidays at Miami Children’s Hospital. The drive was organized by BMI Elite employee John Mastrangelo, whose 11-year old niece Brianna was diagnosed with leukemia two years ago and has been treated at Miami Children’s Hospital ever since.

John asked his co-workers at BMI Elite to help out by donating a brand new toy, and the team has responded in a huge way, collecting dozens of items for the children ranging from seven months to 17 years old. They will be hand-delivered to the children this weekend.

“Due to the personal nature of this connection, our employees felt very compelled to participate, and have shown their support for the cause with great zeal and enthusiasm,” said BMI Elite’s president, Dan Lansman. “We hope bring a smile to the faces of many children at this festive time of year.”

This year’s toy drive began at the beginning of December and saw an even larger volume of toys, games, and DVD’s donated to the hospital than last year.

HC REAL ESTATE CAPITAL ARRANGES \$5,000,000 FINANCING FOR MULTI-FAMILY COMMUNITY

BOCA RATON, FL – Kurt Hoffmann and Chris Caveglia of HC Real Estate Capital have arranged \$5,000,000 in financing for The Forum Apartments located in Boca Raton, FL. HC Real Estate Capital worked exclusively with the borrower to obtain a 7-year fixed-rate loan through a regional bank at a competitive interest rate.

The Forum is a 73-unit apartment complex that was originally built in 1968 and is situated on 2.26 Acres. The property is currently 95% leased and the individual units are made up of 3 studio units, 24 one-bedroom/one bathroom units, 43 two-bedroom/two bathroom units and 3 three-bedroom/three bathroom units. The average unit size is 1,175 SF.

Chris Caveglia, Principal at HC Real Estate Capital states, “The Forum is conveniently located in East Boca Raton. The beach, Mizner Park, Royal Palm Plaza and the Boca Raton Resort are within one mile of the property.” Caveglia went on to say, “There are two college universities within 5 miles and three public schools within 2 miles of the Forum.”

HC Real Estate Capital also arranged \$9,100,000 in financing for Northmil Plaza located at 4367-4407 Northlake Blvd Palm Beach Gardens, FL. HC Real Estate Capital worked exclusively with the borrower to secure 15 year fixed rate financing and a 25-year amortization through a correspondent life insurance company relationship.

Northmil Plaza is a 90,736 square foot retail center that is currently 100% leased to a roster of national, regional and local tenants including Joseph’s Classic Market, Home Goods, Bank United, MD Now and AT&T.



The Forum Apartments in Boca Raton

Hoffmann and Caveglia also have arranged \$5,362,500 in acquisition financing for The Terrace at Florida Mall (“TAFM”) located at 730 West Sand Lake Road Orlando, FL. HC Real Estate Capital worked exclusively with the borrower to secure fixed rate financing through a commercial bank.

TAFM is a 146,764 square foot retail center leased to a roster of national, regional and local tenants. Built in 1989 on a 27.31-acre parcel, the shopping center is dually anchored by Marshall’s and Bed Bath & Beyond. The property sits adjacent to the Florida Mall, one of the largest single-story malls in the nation at 1.9 million square feet and a 120,000 SF Target shadow.

Chris Caveglia, Principal at HC Real Estate Capital states, “The borrower and lender worked well together. Both sides of the transaction stayed focused on successfully completing the financing.” Caveglia went on to say, “This property is well located and there is upside potential through lease up.”



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COMMUNITY STARS - continued from page 17



Puppeteer Alan Gibson (shown here with a fellow Puppetry Arts Center volunteer) has joined up with local realtor by day and visionary by night, Steve Martel, and the Delray Beach Initiative - Enriching Delray's Youths, to produce Puppets Jelly (not quite a Jam)! a Puppetry Arts Center event featuring local singers, songwriters, and puppeteers "jamming" their performance together in front of a live audience.

New Jersey, and I was looking for a venue to volunteer at down here. I had in my mind that I would probably donate my time to a soup kitchen when I walked by the Arts Garage. We had just moved down and were fixing up the house, it was a time when we just needed to get out of the house and get some fresh air. The Arts Garage told me the woman who runs the Puppetry Arts Center directly behind the Arts Garage was looking for a puppeteer," said Gibson.

"I wanted to donate time and Jo Janeen Timmis, who runs the Puppetry Arts Center, needed a puppeteer."

The first time he picked up the puppet, Timmis looked at him and his puppet technique and told Gibson he was a natural at it. He was hooked.

"I really spend time working with and learning the puppets. I'm really into the marionettes but I also walk around with the two-footer puppets. Each Saturday, I take the three-footer 'Tony the Tiger' puppet over to the Delray Green Market," said Gibson.

Gibson met Martel and Hartmann hanging out at the Living Room in Boynton Beach, a nouvelle cuisine restaurant where foodies flock. Each Monday night the Living Room turns into an eclectic venue with singers, songwriters, and creative performers like puppeteers.

"I go up to the Living Room on Mondays in Boynton Beach, and hang out with the singers and songwriters... I was hanging out with Steve Martel and Bill Hartmann; while they played music I would stand by the stage and perform with my puppet. They came up with the idea, to work puppets while doing a music showcase," Gibson said.

From 6:30-10:30 p.m. on January 18, Delray Beach Initiative - Enriching Delray's Youth will also host an event for the Milagro Center at Kevro's Art Bar, 166 SE Second Ave. in Delray Beach. According to Martel, this

is the first in a series of four (there could be more added...) singer/songwriter events for 2014. After several meetings and discussions regarding the evening, Martel and the Delray Beach Initiative - Enriching Delray's Youth came up with the following program: "A Night of Miracles & Music" to Benefit The Milagro Center and sponsored by the Delray Beach Initiative.

"This should be the model for future, similar, programs with adjustments made to suit each event," said Martel.

Martel will host the event and the artists are Michele Lynn, JD Danner (www.jddanner.com) and Teri Catlin (www.tericatlin.com). They will set up the performance outside and in front of the Mermaid Mural. Pizza will be ordered for everyone at 7:30 p.m. and there will be Speakers from the Milagro Center, as well as, artwork by the Milagro Kids and live painting called "Art on the Spot" at the event.

"We are in an art bar after all! We will raise funds in a number of ways, including, a 50/50 Raffle, donation jugs, a suggested donation station at the patio door sponsorships," said Martel.

Sponsorships for the event start at \$100 up to \$250, which also gets the sponsor a star on the Milagro Center Miracle Wall. Suggested donation is \$10.

Steve Martel is in it for the kids.

Martel and his wife Lori, are both local realtors with RE/MAX Advantage Plus actually came to Delray Beach, not for the sole reason to sell homes in paradise, but to also adopt a baby boy. Their son Ethan is now in elementary school, and while moving to South Florida to make the adoption, they fell in love with the boy and the City of Delray Beach. The couple's story zigzags across the U.S., over a period of decades. Steve met Lori in the third grade; they dated in high school and then went separate ways.

"I told everyone that our paths would cross again, and they did," said Steve Martel.

Mutual friends re-united the couple, Steve had ventured out to the left coast to run a hotel in California. Soon, Lori showed up at the hotel and then the duo ended up getting married and moving back to the Eastern Time Zone, settling in New England to take care of Steve's father. They helped his father for nine years and then his father passed away; Lori and Steve went to Italy to meet her family and returned to sell their home on the water. Then, they moved to Delray Beach, as an opportunity came to adopt the baby.

Since then the couple has called Delray Beach home and involved themselves in local charity and volunteer opportunities.

"We got involved in community and volunteer work because we just love what is going on in this City of Delray Beach. Last year, we pulled off a benefit for the Spady Cultural Heritage Museum and I spent a year hosting Friday night open-mic nights at Kevro's Art Bar," Steve Martel said.

Martel, a local real estate agent, is one of about two dozen men who in 2012 signed up for the Second Annual Real Men Bake competition. The event was organized by the GFWC Delray Beach Woman's Club in support of several local organizations, including the Delray Beach Public Library. Martel baked his wife's Italian Cookies recipe for the event.

Martel beams around Delray Beach chock-full of exuberance, just run into him and it is obvious he is more visionary than dreamer. Puppet Jelly is one of those visions that he will spread to an audience on January 11, at the Puppetry Art Center as he raises money with friends, for the kids.

For more information email Steve Martel at steveandlorimartel@yahoo.com or call Steve Martel at 561-573-3728.

Managing Your Growth is Imperative

By Kimberly West
Business, Marketing & Sales Consultant

When you start your own small business, you immediately start thinking about growth. Maybe you just dream of eventually opening a second store, bringing on partners or you might envision becoming a huge conglomerate or one day franchising the business.

Growth isn't just admirable - it's expected. But often, small business owners don't consider that growing a business too quickly can eventually cause the company's demise. You can easily find yourself lacking working capital, which is one of the biggest contributing factors to the failure of one in six new small businesses.

You and your business can avoid the dangers of overgrowth. By managing your business correctly and scaling up at a good pace, you'll guide your company on the path to success. Whether you're running a small business or a company with many employees, the key is planning.

There are five biggest risks associated with sudden, unexpected growth.

1. An Overbearing Debt Loan

If you don't plan properly for an increase in business, you can wind up taking on far too much debt. Growth takes money, and especially during the early stages of growth, working capital will be low. Many business owners take on massive debt to feed the growth machine, and a vicious circle begins. Increased orders require you to take on more debt, and so on. Too often, the cycle breaks only because the debt becomes so high that it topples the business. Even though more money is coming in, you owe even more and can't cover debts.

For example, if you owned a housecleaning business and suddenly began to get more customers, you'd need to purchase more supplies and probably hire some more help. These positive developments would involve a lot of cash flow, and they can quickly turn negative by eating up all of your reserves. The new business is good, so you give incentives to your existing customers to send you referrals, leading to even more customers. Again, you need more staff and supplies.

Perhaps you go as far as adding a company car with your logo to spread the word and support the increased workload.

Your working capital completely depleted, you take the next logical step: getting a loan. At first, it looks like the increased profits will more than cover the credit payments. But while the client list is growing, the debt is piling on more quickly, and keeping up with payments becomes a struggle. The growth was good, but it came too quickly and caught you unprepared as a business owner. Better fiscal management would have allowed for controlled growth based on revenue and profits.

2. Being Unable to Satisfy Your Customers
3. Forgetting Your Original Goal
4. Losing Employees
5. Focusing on the Short Term

Visit www.BCoSF.com/Blog for in-depth explanations of 2-5.

In closing, for your small business to succeed, the name of the game is growth. But growth is very complex. It's hard enough to grow in the first place, so make sure you handle it properly when that success comes. Keep your eye on three areas of the business: your systems, your staff, and your cash reserves. Successful growth requires taking the time to plan and prepare to sustain all three as your business increases.

Kimberly West & Allison Turner are partners of Business Consultants of South Florida, (BCoSF) located at 301 W Atlantic Avenue, Suite 05. They are both residents of Delray Beach as well and active members of the Greater Delray Beach Chamber of Commerce. They are passionate about helping their clients either start or grow a sustainable and profitable business through their strategic business, marketing and sales plans and consulting services. For more information visit www.BCoSF.com or call 561-276-4422.



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COMING SOON TO THE PINEAPPLE

The Pineapple Newspaper has partnered with Homes.com to make buying and selling your home in Delray Beach even better. Starting in December, PineappleNewspaper.com will have a special real estate section with home listings, area information and featured real estate professionals.

Welcome New Chamber Members

New Members:

Touch of Elegance Event Planning - 901-831-1808, 1499 S Federal Hwy, Apt 516, Boynton Beach: **EVENT PLANNERS**

Discovery Map of Delray Beach & West Delray
561-212-6582, 14280 S Military Trail, PO Box 6155,
Delray Beach: **PUBLISHERS / ADVERTISING & MEDIA**

Magnolia Veterinary Clinic - 561-450-6177,
15200 Jog Road, Ste C4, Delray Beach: **VETERINARIANS**

WellFest Delray, 200 Lindell Blvd., Ste 920, Delray Beach:
HEALTH & WELLNESS

Impact 100, 700 S. Dixie Hwy, Ste 200, West Palm Beach:
NONPROFIT ORGANIZATION (Referred by Ingrid Kennemer,
Coastal Commercial Group)

All County Pavement Management Solutions (561) 588-0949,
1302 South J Street, Lake Worth: **PAVING**

Allstate / Ted Todd Insurance (561) 483-5989,
14859 Lyons Rd., Ste 126, Delray Beach: **INSURANCE**

SC Advertising Solutions (484) 686-9628, 100 E. Linton Blvd.,
Delray Beach: **ADVERTISING / INTERNET MARKETING**

Carrie Leigh Designs (561) 450-6344, 2700 Windham Court,
Delray Beach: **INTERIOR DESIGNER**

Carol A. Dunning CPA (440) 554-4745, 7742 Monarch Court,
Delray Beach: **ACCOUNTING & TAX SERVICES**

Slydz Eyewear Technology (254) 644-5166,
1200 Clint Moore Rd., Boca Raton:
MANUFACTURER / SHOPPING & SPECIALTY RETAIL

24/7 Drug Testing Services II (318) 516-9582,
601 N. Congress Ave., Bldg 1, Ste 104B, Delray Beach:
HEALTHCARE / DRUG TESTING

Dash Away Travel (561) 502-9109, 504 E. Atlantic Ave.,
Ste 209, Delray Beach: **AGENTS & PLANNING**

Inspiration University WING (954) 464-1816,
783 W. Coco Plum Circle, Plantation: **ASSOCIATIONS & CLUBS**

Lang Realty / Phyllis Strain (561) 312-0477, 900 E. Atlantic
Ave., Ste 16B, Delray Beach: **REAL ESTATE / RESIDENTIAL**
(Referred by Drew Barta, Lang Realty)

Hair 2Day Shop 4 Tomorrow (561) 577-5255, 59 SE 4th Ave.,
Delray Beach: **SALON & SHOPPING & SPECIALTY RETAIL /
CONSIGNMENT STORE**

Erinn Beck, LMHC - 561-317-9800, 72 NE 5th Ave,
Delray Beach: **COUNSELORS**

Wendy's - 561-997-6002, 260 Linton Blvd, Delray Beach:
RESTAURANTS

Donna Pascoe Salon - 561-573-0006, 2 SE 6th Ave,
Delray Beach: **SALONS & SPAS**

Nourishe Organic Destination - 561-278-4144, 200 NE 2nd
Ave, #114, Delray Beach: **SPAS / SKINCARE & JUICE BAR**

Carner, Newmark & Cohen, LLP - 561-859-0900, 19 S
Swinton Ave, Delray Beach: **ATTORNEYS / PERSONAL INJURY**

Fearless Love - 954-495-4566, 238 NE 1st Ave, Ste 104,
Delray Beach: **COUNSELORS**

BOLO - Be On The Lookout - 561-279-2757, 1047 E Atlantic
Ave, Delray Beach: **SHOPPING & SPECIALTY RETAIL**

Think Like A Winner - 562-212-5094,
4801 Linton Blvd, Ste 11A-482, Delray Beach:
CONSULTANTS / COACHING & TRAINING

Expicare - 561-736-1422, 7200 S Federal Hwy, Hypoluxo:
SENIOR CARE

CHAMBER OF COMMERCE NEWS OF NOTE

Upcoming Grand Openings: Save the Date of Jan 8 for the Grand Opening of Spodak Dental Group's new facility! Grand openings are free and open to all members unless noted.

Discovery Map for Delray Beach & West Delray has a new owner, Tom Graver. Listen to their fun radio spot, and contact them for advertising in the 2014 Delray Beach & West Delray map.

Women of Tomorrow invite you to donate used cell phones and other technology to further their mission of inspiring, motivating and empowering at-risk young women to live up to their full potential.

Delray Beach Public Library offers free 30 min resume coaching sessions in their Empowerment Zone, Thursdays (Jan. 9 to March 29). Must have a Delray Library card and make reservation: Call Christopher Leary at 266-0196.



January 9, 2014 5:15 PM - 7:00 PM
Contacts & Cocktails at The Franklin

January 21, 2014 11:30 AM - 1:30 PM
Chamber Annual Membership Luncheon & Installation of New Officers



Guest Speaker Dr. Robert Watson

At Delray Beach Club, 2001 S. Ocean Blvd. Annual Membership Meeting, Installation of New Board Officers and special Guest Speaker, Dr. Robert Watson, Presidential Historian & Author, who will present "Leadership Lessons from the Presidents". Robert Watson is a professor, author, media commentator and community activist who joined the faculty of Lynn in 2007 after spending 15 years teaching at other universities around the country. He has published more than 30 books and hundreds of scholarly articles, book chapters, and encyclopedia/reference essays. Watson has co-convened a half-dozen national conferences on the American presidency, moderated political debates and forums and delivered more than one thousand keynote addresses, town hall programs and lectures to civic, professional and community groups. \$30 Members, \$40 Future Members/Guests

January 22, 2014 8:00 AM - 9:00 AM
Focus on Women Community Networking Breakfast at Arts Garage Generously Sponsored by Re/Max Advantage Plus / Sue Leonard FOW event - a simple networking breakfast! Network with other women in the Chamber in a friendly environment. The goal of this event is intimate real networking for the ladies. Introductions, a nice lite breakfast, and your chance to network with others away from the social hour of Contacts and Cocktails.

January 30, 2014 12:00 PM - 1:00 PM
Chairman's Club Monthly Luncheon
Location: To Be Determined
Guest Speaker Congressman Ted Deutch

February 13, 2014 5:30 PM - 7:30 PM
Focus on Women "Elizabeth Smart Lecture" This lecture will be followed by a meet and greet cocktail reception with Elizabeth Smart. Please contact Lynn at lynn@delraybeach.com or patty@delraybeach.com or calling 561 278-0424 for tickets. Call today...limited number of tickets!

February 5, 2014 12:00 PM - 1:00 PM
Tech Talk & Pizza, "How to Increase Your Sales Through LinkedIn"
At Delray Beach Chamber of Commerce

Chamber of Commerce Grand Openings and Ribbon Cutting Ceremonies

Wednesday, January 8, 2014 • 5:00pm
Spodak Dental Group
NEW OFFICE
3911 W Atlantic Avenue
Grand Opening/ Ribbon Cutting.
See their brand new state-of-the-art office!

Thursday, January 16, 2014 • 5:00pm
Edward Jones Investments
14842 S. Military Trail, #8
(SE Corner of Atlantic & Military)

Wednesday, January 22 • 5:00pm
Ava Gardner Hair Design
4th Avenue • New Salon Location
Grand Opening / Ribbon Cutting

Thursday, January 23 • 5pm
SloBody
209 NE 5th Terrace
Grand Opening / Thank You Party

Tuesday, January 28
Walmart Neighborhood Market
3155 S. Federal Highway
Grand Opening/Ribbon Cutting

Wednesday, January 29 • 5:00pm
Crave Kids & Tweens Boutique
9169 W. Atlantic Avenue, Suite 118
(Delray Marketplace)
Grand Opening / Ribbon Cutting

CHAMBER OPENING SCENES

Aloha Dry Cleaners

Taxi Taxi

Salon Trace 1st Anniversary

Realty Elite Boca Delray

Reminder to Contact Delray Beach Chamber of Commerce

CHAMBER HOLIDAY PARTY

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STATE OF THE ART WATERFRONT LE LAC ESTATE

Boca Raton. An ultra-luxurious tropical hideaway, perfectly referred to as "Serenity Point," this spectacular lakefront estate on 2.42+/- lush acres in the coveted 32-home Le Lac a Forbes ranked 10 Top Exclusive Gated Community in the heart of Boca Raton embodies the essence of class, character and contemporary elegance. Renovated like new with inclusion of all the bells and whistles, this awe-inspiring 1996-built home has been pristinely remodeled down to the very last detail, with approximately \$2M in thoughtful, premium upgrades ranging from all new systems to the finest finishes, to the most advanced high-tech features. 7 BRs, 8.1 baths. Listed at \$5.795M
Jennifer Kilpatrick 561.573.2573



PALM TRAIL PRIME LOCATION

Delray Beach. Two Blocks north of Atlantic Avenue, this charming cottage with 140' water frontage is the most prime location for your next home, a renovation, or brand new build. Located in sought-after Palm Trail on a large basin of the Intracoastal, a tropical paradise with amazing water views allows you to enjoy sunrises over the east, and manatees as they float by. Watch the Atlantic Avenue bridge go up from a location perfectly situated in a neighborhood of estate homes, yet the closest to all the festivities of Downtown Delray Beach. Highly desirable location in East Delray Beach. 3 BRs and 3 baths. Listed at \$2.495M
Jennifer Kilpatrick 561.573.2573



A1A CONTEMPORARY TOWNHOME AT THE VILLAS OF OCEAN CREST

Delray Beach. Located in a private oceanfront enclave, this stunning Bermuda-style townhouse is one of 16 gated beachside villas located. This contemporary showplace offers a unique lifestyle, modern design, and beautiful surroundings, close to a private beach club. The spacious townhouse boasts first-class finishes and creative touches throughout its open floor plan. Perfect for entertaining, the spacious great room with media center leads out to a heated 12-person spa on a lushly landscaped patio. Beautiful wood floors run through entire home. This 2-story beach villa is an exceptional home for a unique and discerning buyer. 3 BRs and 2.1 baths. Listed below appraisal at \$975K
Jennifer Kilpatrick 561.573.2573



CONTEMPORARY KEY WEST NEW CONSTRUCTION

Delray Beach. Known for his Contemporary twist on the Key West style home, this new 4 BR, 2.1 bath pool home has just been completed by Delray Beach's premier home builder, Marc Julien Homes. Built to the same exacting standards of their million dollar homes, this latest home's quality is beyond compare, offering impact windows, security system, and energy efficient building techniques. Located in Historic Del Park, this charmer is within the beach, restaurants and shops and Atlantic Ave. Offering the best of both worlds; living in a quaint historic neighborhood, yet being close to the best Delray has to offer makes this charmer irresistible! Won't last long at \$899K
Jennifer Kilpatrick 561.573.2573

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kilpatrickluxuryhomes.com



ELEGANT, TUSCAN-INSPIRED ESTATE JUST A BLOCK AWAY FROM THE BEACH

Delray Beach. Enjoy ocean and lush garden views, a resort-style pool with spa, and a verandah with cypress ceiling. Interior features include a library, billiard room, butler's kitchen, gourmet kitchen, Saturnia and wood floors. Harbor Court is located in the heart of bustling Atlantic Avenue in Delray Beach- the estate is in close proximity to shops, art galleries, and restaurants. With nearly 8,000 SF, this luxury estate is perfect for entertaining and relaxing. High-end finishes and details throughout. \$3.9M
Jennifer Kilpatrick 561.573.2573

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Helpful business hints from Delray Beach Chamber members

How to get stuff done

By **Andrea Hoffer**
Special to The Pineapple

Have you ever had so many things to do, you didn't know where to start? I have those days more often than I'd like to admit. I have tried many different time management techniques and always come back to the trusty "to do list." It is straightforward and simple. While my "to do list" has migrated from paper and pen to electronic form, it still is just as effective. Here are some tips to make your "to do list" work for you:

Pull off the band aid

When you look at your list of things you need to do, is there one thing that you really don't want to do? We tend to put off tasks that we think will be unpleasant or unusually challenging. It is easy to justify delaying these tasks as there always are other things to get done. Procrastinating the difficult tasks just adds stress and makes your "to do list" seem longer. Instead, tackle those tasks first thing in the morning. Pull off the band aid! Your day can only get better from there.

Schedule your "to do list"

If your day tends to be full with meetings and constant interruptions, schedule a block of time to get certain types of tasks done. Clump together tasks that make sense to do at the same time, such as reviewing mail and paying bills. Prioritize the urgent items, but don't ignore the important items that will be urgent tomorrow. This is a good time to make sure nothing slips through the cracks. If you don't get to something and it can wait, re-schedule it for another time. Putting

your to do items on your calendar ensures they will get done and not forgotten.

Find time to create

The next time you come up with an idea to improve upon your operation, product, or processes, write it down. Keep a running list of all project and business ideas you and your team generates. Schedule time with yourself and other stakeholders to review all new ideas regularly (monthly or quarterly). Choose one idea to focus on each time you have the review meetings. Assign people to test the idea and determine the next steps to make it happen. If you implement just one new great idea a year, you probably will be ahead of your competition.

Push through the hard stuff, allot time for your to do items, and set aside time for the ideas you keep pushing to a rainy day. You will find you accomplish more and create more opportunities.



Andrea Hoffer brings a unique perspective to consulting and training. A small business owner with 35 employees herself, she knows first hand the everyday challenges of motivating employees, exceeding customer expectations, and meeting business and revenue goals. Contact Andrea to help you improve the experience you offer your customers and employees. www.andreahofferassociates.com 561-829-5611 andrea@andreahofferassociates.com

employees. www.andreahofferassociates.com 561-829-5611 andrea@andreahofferassociates.com

After a loss: Managing a loved one's affairs and your inheritance

By **John M. Campanola**
Special to The Pineapple

You've just lost someone close to you, and it's a difficult, stressful time. You're grieving, yet there's so much to do: funeral arrangements to make, family to care for. And as painful as it may seem, there is also urgent business concerning your finances. Here's a checklist, by no means complete, to help you get started:

- Contact your loved one's places of employment. Find out whether he or she was covered by employee group insurance. You should also ask about any pension benefits, accrued vacation or sick pay, and credit union accounts.

- Contact any unions and service or professional organizations your loved one belonged to. You might be eligible for benefits through these groups.

- Gather your loved one's bills. Some loans and service contracts are covered by credit life insurance that pays off the balance in the event of a customer's death.

Security for Your Future

If you've been left a significant inheritance, you face further decisions for the long term. Some people choose to use a small part of the money to pay debts, or

buy something they might not otherwise be able to afford.

Keep in mind, though, that your loved one probably intended to provide security for your future as well. After your loss, other family members may be even more dependent on you. You may decide to use your inheritance to provide security for them, just as it was provided for you.

Life insurance can play an important role. A single premium policy can guarantee your heirs a financial legacy that's generally free from federal income tax. Permanent life insurance can also offer living benefits, like the option of borrowing against a policy's value.**

Life can change swiftly and unpredictably, so it's always wise to have your affairs in order. The best time to make arrangements for tomorrow is today.

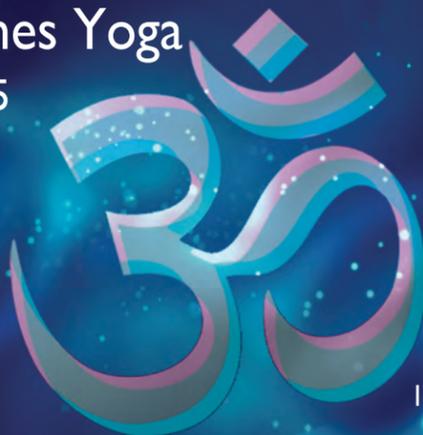
* Guarantees backed by the claims-paying ability of the issuer.

** Loans against your policy accrue interest and decrease the death benefit and cash value by the amount of the outstanding loan and interest.

John M. Campanola is an Agent for New York Life Insurance Company. For additional information on the information or topic(s) discussed, please contact him at 561-212-2903

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POSH PROPERTIES 2nd Anniversary Guest Appreciation Night



PHOTO LEFT: Michelle Walsh, Alex and Raquel Zamir of Posh Properties. PHOTO RIGHT: Jocelyn Lane of Gulfstream Bank, Katie Farnham of Prime Spa, Natalie Kusturic of DU20, Jerilyn Walter of Posh Properties

It was a night of celebration at the offices of Posh Properties in Delray Beach. Marking their 2nd anniversary, they celebrated with their annual Guest Appreciation Night. With more than 80 guests attending, it was easy to enjoy the evening of live music, dinner and drinks, catered by Mellow Mushroom, refreshments sponsored by Gulfstream Bank, and a custom cake by Shea Bakery.



PHOTO TOP: Brian Cumpton of Academy Mortgage and Michelle Sadownick of Posh Properties. MIDDLE: Anthony Aliberti and Michelle Sadownick of Posh Properties with Jeremy Matzo. BOTTOM: Alex Zamir and Lenny Felberbaum of Posh Properties

PHOTO TOP: Jerilyn Walter and Lenny Felberbaum of Posh Properties.

BOTTOM: Randy Gould of Epic Realty, Audrey Cosentino of Posh Properties, Art Snow of Epic Realty



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NEXT EVENT

WHEN

1/16

5:30-7:30

WHERE

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DELRAY 21

at downtowndelrayevents.com

Table Talk: 2013 Year in Review

By **Jeremy Office**
Special to The Pineapple

As 2013 wined down and the holidays are behind us, we're sure that most of you were surrounded by family, friends and co-workers, conversing over the dinner table or at a holiday party. Some of you might have even engaged in conversations about the markets and economy.

To refresh you on the hottest topics of the year, we thought we would give you a "Cliffs" version of what has happened in the markets and economy in 2013, so you can stay informed and engaged in the conversations.

The year started off with a bang, but it almost began with a whimper. The uncertainty of the "fiscal cliff" weighed heavily on investors as politicians continued to be at an impasse leading up to the deadline. Fortunately, as most of us were celebrating the New Year, Congress passed legislation and compromised to keep the country from falling off the cliff. The markets cheered and the Dow soared over 200 points on the opening. This was just the start of 2013.

Overseas, we saw an emergency €10 billion bailout of Cypriot banks. Cyprus, a small island country in the Eastern Mediterranean, had a banking sector about five times the size of the nation's GDP that was fueled by Russian money that was using the country as a tax haven.

Terms of the bailout gave depositors shares in the Bank of Cyprus and taxed depositors above a certain threshold, which ultimately turned the "bailout" into a "bail-in." This sent a ripple through the banking world as depositors began to question the safety of their deposits.

Meanwhile in Japan, Prime Minister Shinzo Abe was still implementing a combination of fiscal spending, monetary stimulus and structural reforms known as "Abenomics." This three-arrow approach involves a massive increase in fiscal stimulus through government spending, a huge increase in monetary stimulus through unconventional central bank policy, and a reform program aimed at making structural improvements to the Japanese economy.

In April, to combat a year of deflation, Japan took a page out of the Fed's book and began a bond-buying program an annual pace of 60-70 trillion yen, which will double the Bank of Japan's monetary base over two years and devalue the yen. This is all in hopes that a falling currency will make Japan's exports more attractive to international buyers by undercutting competitors.

Back home, we saw interest rates on 10-year Treasuries bottom at 1.61% on May 1st. This was followed by a precipitous rise in rates as investors began to speculate when and if the Fed would begin to taper its bond-buying program.

Unemployment and inflation data was analyzed with a fine-toothed comb to discover any clues on what the Fed was

contemplating regarding the continuation of quantitative easing. On September 18, the Fed surprised many investors as it decided not to taper and instead "await more evidence that progress will be sustained before adjusting the pace of its purchases." This subsequently led to a fall in Treasury yields and a stock rally as investors began to reassess when tapering would begin.

With the Fed tapering hurdle out of the way, we arrived at the next government impasse: the debt ceiling. On September 25, the U.S. Treasury announced that its borrowing capacity would be exhausted no later than October 17. Again, this threatened the stability of the economy as people lost confidence in the elected leaders and faced a government shutdown.

As Republicans and Democrats disagreed on the terms of raising the nation's debt limit, a partial government shutdown began on October 1, 2013, with about 800,000 Federal employees put on temporary leave at an estimated cost between \$2 billion and \$6 billion in economic output.

On October 16, the Senate passed the Continuing Appropriations Act, 2014, which funds the government until January 15, 2014, and suspends the debt ceiling until February 7, 2014, essentially putting off a final resolution on the issue. Investors cheered the results, sending the Dow up over 200 points.

Other headline news this year included the rise of Tesla Motors, the much-anticipated Twitter IPO, and the release of a new Apple operating system and iPhones. Tesla went from approximately \$35 a share at the beginning of the year to \$194.50, only to fall back down to \$132.32 on car fires and production constraints.

Twitter opened at \$45.10 on its trading debut, 73% above its IPO price of \$26. Apple's new operating system, iOS 7, was released ahead of the new iPhone 5s and 5c to raves from critics, although the 5s fell short of expectations.

One thing is certain—there was never a dull moment in the markets in 2013. The headline noise was deafening. We can only hope that next year will bring similar returns, which would certainly leave us talking.



Jeremy Office, Ph.D., CFP, CIMA, MBA is Principal at Maclendon Wealth Management in Delray Beach and specializes in portfolio construction, strategic asset and liability management, and long term planning relating to financial matters as well as real estate, income tax, insurance and estate planning. He is also Managing Partner of SJO Worldwide a venture capital company.
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Office Depot, Inc. selects Boca Raton for its corporate headquarters

BOCA RATON, FL. & NAPERVILLE, IL – Office Depot, Inc., a leading global provider of office products, services, and solutions formed by the merger of Office Depot and OfficeMax, announced that it has chosen Boca Raton, Fla. for its global headquarters.

The decision is the result of a thorough evaluation that took into account a number of important factors, including the cost to operate each headquarters location, lease obligations and sublease considerations, tax implications, government incentives, ability to add associates and incorporate functions in the current space, and people-related costs.

"Selecting the headquarters location is a critical step toward integrating our two companies," said Roland Smith, Chairman and CEO, Office Depot, Inc. "Both Florida and



Illinois have many positive attributes, but our analysis concluded that Boca Raton provides the best platform for us to achieve planned synergies, leverage assets to drive improved profitability, and launch a compelling vision for the future.

"We appreciate the significant efforts from legislators in Illinois and the generous support we have received from the State of Florida, Palm Beach County, and City of Boca Raton," Smith added. "We would like to thank Florida Governor Rick Scott, Illinois Governor Pat Quinn and the countless others involved in providing the information necessary for us to make this important decision."

The Company will remain in its current 625,000-square-foot corporate campus

located at 6600 North Military Trail in Boca Raton, which has ample space to accommodate associates who will relocate from Illinois.

"With the location of our headquarters now decided, we will quickly move forward to build a world class leadership team and organization focused on exceeding the expectations of consumers and businesses, becoming a more appealing partner to our vendors, and driving value for our shareholders," Smith said. "To do that, we will select the best talent available from both locations."

Office Depot, Inc. will maintain a presence in Naperville throughout the headquarters transition and accompanying integration activities.

Office Depot and OfficeMax retail store locations, customer service centers, warehouses and distribution centers

are not affected by the selection of the headquarters location.

About Office Depot, Inc.

The company has combined annual sales of approximately \$17 billion, employs about 66,000 associates, and serves consumers and businesses in 59 countries with more than 2,200 retail stores, award-winning e-commerce sites and a dedicated business-to-business sales organization – all delivered through a global network of wholly owned operations, joint ventures, franchisees, licensees and alliance partners.

Additional information about the recently completed merger of Office Depot and OfficeMax can be found at <http://officedepotmaxmerger.com>.

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events calendar

JANUARY 1-31

Pottery Classes — Mon-Fri. Cloud House Pottery, Artist Alley. Beginning, intermediate, advanced instruction on the potter's wheel. \$40 including materials. 561-862-9222

THURSDAY • JANUARY 2

"Celebration of The Broadway Musicals of 1963-64" — 1pm & 7pm wine & cheese reception; 2pm & 8pm show. Delray Beach Playhouse, 950 NW 9th Street. Hosted by Randolph Dellago \$35. 561-272-1281 Ext. 4t delraybeachplayhouse.com

THURSDAY - SATURDAY • JANUARY 2 - 4

Puppet Show | Peacock's Gift — 10:30am weekdays; 2pm Sat. Puppetry Arts Center, 94 NE 2nd Ave. Chinese folk tale performed by Katie Adams of Tampa. \$6.50 561-243-4330 puppetcenter.org.

FRIDAY • JANUARY 3

The Rum Crew, Beach Music Covers - 7:30pm. Outdoor Pavilion, Old School Square, 51 N. Swinton Ave. Free admission. Food trucks & cash bar. 561-243-7922 DelrayCenterForTheArts.org

Andrew Atkinson | Jazz - 8pm. Arts Garage. Musician draws on seductive beats of his native Jamaica and preys on percolating rhythms of Miami. artsgarage.org

SATURDAYS • JANUARY 4, 11, 18, 25

Delray GreenMarket in the Park — 9am — 2pm — Delray Beach Center for the Arts Great Lawn. Delrayca.org Budding Artists at the Delray GreenMarket. DelrayCenterForTheArts.org

SATURDAY • JANUARY 4

Rose Max and Ramatis | Brazilian Jazz. 8pm. Arts Garage. Latin Grammy-nominated duo infuse the heart of Bossa Nova with the influences of samba, jazz and world music. artsgarage.org

WEDNESDAY • JANUARY 8

Southern Handcraft Society — 7pm. Veterans Park Senior Center. Meeting of Pineapple Grove Chapter with desserts. mhincken@gmail.com.

Town Hall Lecture Series | Victor Dover — 6-8pm. Crest Theatre. Principal of Dover, Kohl & Partners on "Planning on Street Design: The Secret of Great Cities & Towns. 772-221-4060 lguilick@trpc.org

THURSDAY • JANUARY 9

Contacts & Cocktails — Hosted by Chamber of Commerce. The Franklin, 320 Franklin Drive. Members \$10/advance, \$15/ at the door; \$20 non-members. Wine, conversations, culinary delights. 561-278-0424 patty@delraybeach.com

FRIDAY • JANUARY 10

Jay Blues Band, Blues - 7:30pm. Outdoor Pavilion, Old School Square, 51 N. Swinton Ave. Free admission. Food trucks & cash bar. 561-243-7922 DelrayCenterForTheArts.org

Booksigning — 7pm. Don Bruns author of Reel Stuff. Murder on the Beach Mystery Bookstore, 273 NE 2nd Ave. 561-279-7790 murderonthebeach.com

JANUARY 10-31

The Hummingbird Wars | Theatre — 7:30p Wed-Fri; 2pm Sat-Sun. Arts Garage. Man discovers soldier within as he fights back against middle-class extinction, threatening social media, crippled economies and more. artsgarage.org

SATURDAY • JANUARY 11

Renew Wellness Day Retreat — 8am-5pm. DU2o Holistic Oasis. Learn & experience holistic ways of living & healing from area's top health experts. info@rwtreats.com 954-708-0970

Puppet Jelly — 7:30pm. Puppetry Arts Center, 94 NE 2nd Ave. Singer-songwriters perform live, joined by puppeteers. \$10. 561-243-4330 puppetcenter.org

Paula Poundstone — 8pm. Delray Beach Center for the Arts / Crest Theatre. Humorist presents her distinctive brand of wry, intelligent and witty comedy. \$50. 561-243-7922, DelrayCenterForTheArts.org

The Artists' Guild of the Boca Raton Museum of Art is hosting its Annual Silent Auction Saturday, January 11, 2014 from 6-9 pm, at the the Artists' Guild Gallery located at 512 E Atlantic Avenue in Delray Beach. Bid on fine art painting, sculpture and photography. The event is free and open to the public. Call the Artists' Guild Gallery for more information 561 278-7877 or visit our website at or Bocaguild.com.

SATURDAY • JANUARY 11

Calvin Newborn & the Al Waters Sextet | Jazz — 8pm. Arts Garage. Calvin redefines melodic interpretation and plays with great fluidity and a blues sensibility. artsgarage.org

SATURDAY - SUNDAY • JANUARY 11-12

Artists in the Park 10am - 4:30pm FREE at Veteran's Park. The Delray Art League's Artists in the Park is South Florida's longest running outdoor fine art show and sale. Participating artists work in a variety of mediums including watercolor, oil and acrylic, photography, sculpture, and mixed-media artists. Visit www.delrayartleague.com

27th Annual Boca Fest. Boca Center will be transformed into an outdoor art gallery with original artwork and affordable gift items by more than 100 artists from the U.S. Enjoy the eclectic art displays, live music and a free art giveaway. Saturday & Sunday, 10 a.m. to 5 p.m. www.ArtFestival.com - 561-746-6615. Free.

JANUARY 11-19

Fabulous Fashion Week — Week long stylish merchant event includes designer trunk shows, informal modeling events, receptions. 561-243-1077 downtowndelraybeach.com

SUNDAY • JANUARY 12

15th Annual Author's Showcase - 2pm. Delray Beach Public Library. Presenting 12 local authors speak, sell & autograph books. 561-266-9490. delraylibrary.org

Happy Birthday Elvis Tribute Show — 7:30pm. Delray Beach Center for the Arts / Crest Theatre. Award winning performer Scott Ringersen presents annual tribute. \$35/\$45 561-243-7922 DelrayCenterForTheArts.org

TUESDAY • JANUARY 14

Booksigning — 7pm. Lisa Unger author of In the Blood. Murder on the Beach Mystery Bookstore, 273 NE 2nd Ave. 561-279-7790 murderonthebeach.com

WEDNESDAY • JANUARY 15

Winter Harvest — 6:30-8:30pm, 5 NE 1st St. \$45. Delray Beach Historical Society. Four-course wine and food pairing with Max's Harvest, 32 East, The Grove, Jimmy's Bistro, Sommelier Stephanie Miskew. 561-274-9578

THURSDAY • JANUARY 16

Pen Women Luncheon and Discussion 11:30 am Organization Hosting and Benefiting: National League of American Pen Women. Scholarship fundraiser for college women in the arts Description of Program: Jennifer Wilson, Choreographer, will share her experiences as a dancer with Cirque du Soleil. Price: \$28.00 Delray Beach Golf Club, 2200 Highland Ave in Delray Beach. Website: www.bocapenwomen.org 561/865-9756 or bocapenwomen@aol.com

Robert D. Chapin Lecture Series presents Linda Evans — 2pm. Delray Beach Center for the Arts / Crest Theatre. Award winning actress and author. \$30/\$45 561-243-7922 DelrayCenterForTheArts.org

Nourishe Yourself - 6pm — 9pm - 200 NE 2nd Ave, Suite 114. Music, Nourishe Organics products sampling, organic Jus, Kombucha, and Elixir tastings, discounts, specials, and surprises.

Artists Alley Open Studios - 6-9pm - Pineapple Grove Arts District between NE 3rd & 4th Streets, east of 3rd Ave, west of RR tracks. artistsalleydelray.com

The Artists' Guild Gallery Opening Reception - 6-8pm. Artists' Guild Gallery, 512 E Atlantic Ave. Free and open to the public. 561-278-7877 bocaguild.com.

FRIDAY • JANUARY 17

Fabulous Fashion Show — 7-9pm. DDA and Downtown Fashion businesses present 2nd Annual Fashion Show. Atlantic Ave in front of Colony Hotel; \$10 VIP seating benefiting Dress For Success of the Palm Beaches. 561-243-1077 downtowndelraybeach.com

The Fabulous Fleetwoods, Rock Covers - 7:30pm. Outdoor Pavilion, Old School Square, 51 N. Swinton Ave. Free admission. Food trucks & cash bar. 561-243-7922 DelrayCenterForTheArts.org

Booksigning — 7pm. Justin Kramon signs The Preservationist. Murder on the Beach Mystery Bookstore, 273 NE 2nd Ave. 561-279-7790 murderonthebeach.com

FRIDAY - SUNDAY • JANUARY 17-19

FLIPSIDE — The Patti Page Story — Fri 8 pm; Sat 2 & 8 pm; Sun 2 pm. Delray Beach Center for the Arts / Crest Theatre. Winner of 18 Kennedy Center Awards including Best Musical. \$45. 561-243-7922, DelrayCenterForTheArts.org

SATURDAY • JANUARY 18

Bob Margolin | Blues — 8pm. Arts Garage. Last living Muddy Waters band member presents Chicago Blues. artsgarage.org

The Olive Taste of Delray — 1pm. Executive Chef Ellis of 3rd and 3rd Restaurant prepares a dish from featuring The Olive Taste's extra virgin olive oils and balsamic vinegar. Free. Space is limited. Lori at 561-266-3228 info@theolivetasteofdelray.com.

SATURDAY - SUNDAY • JANUARY 18-19

25th Anniversary Downtown Delray Beach Festival of the Arts. One mile of Atlantic Avenue in Downtown Delray Beach, starting at US1 and continuing east over the Intracoastal Waterway to A1A and the Atlantic Ocean, will be transformed into an outdoor art gallery with original artwork and affordable gift items by more than 300 artists from the U.S. Enjoy eclectic art displays, live music and a free art giveaway. Saturday & Sunday, 10 a.m. to 5 p.m. www.ArtFestival.com - 561-746-6615. Free.

SUNDAY • JANUARY 19

Sunday Sleuths Book Group — 3pm. Murder on the Beach Mystery Bookstore, 273 NE 2nd Avenue. 561-279-7790 murderonthebeach.com

Lauren Kinhan | Jazz — 7pm. Arts Garage. Award winning vocalist debuts music from brand new release 'Circle in a Square.' artsgarage.org

MONDAY • JANUARY 20

13th Annual Martin Luther King, Jr. Breakfast — 8:30am. Delray Beach Golf Club. Sponsored by Spady Cultural Heritage Museum. 561-279-8883 spadmuseum.org

TUESDAY - SATURDAY • JANUARY 21 - 25

10th Annual Palm Beach Poetry Festival — Times & Prices vary. Delray Beach Center for the Arts / Crest Theatre. Impressive lineup of 15 award-winning, nationally acclaimed faculty and guest poets headlined by U.S. Poet Laureate Natasha Trethewey. , 561-243-7922 palmbeachpoetryfestival.org.

TUESDAY • JANUARY 21

Annual Chamber of Commerce Luncheon — 11:30am-1:30pm. Delray Beach Club. Installation of officers, guest speaker Dr. Robert Watson. \$30. Members, \$40 nonmembers. 561 278-0424x103 delraybeach.com

THURSDAY • JANUARY 23

The Vietnam Wars Part I — 2pm. Delray Beach Public Library. History of the Vietnam Wars with Dr. Donald Borsand. Free admission. 561-266-9490 delraylibrary.org

FRIDAY • JANUARY 24

The Brass Evolution, Rock Covers - 7:30pm. Outdoor Pavilion, Old School Square, 51 N. Swinton Ave. Free admission. Food trucks & cash bar. 561-243-7922 DelrayCenterForTheArts.org

SATURDAY • JANUARY 25

Hand's 80th Anniversary Art Open House — 10:30am-3:30pm. Hand's Art & Office Supply, 325 E Atlantic Ave. Benefit for Autism Speaks of Palm Beach. Help paint Autism Speaks mural, painting contest, raffle. 561-276-4194

Coffeehouse and Performance Poetry — 9pm-midnight. Delray Beach Center for the Arts / Vintage Gymnasium. Performance poetry by Taylor Mali and Glenis Redmond followed by a DJ dance party. \$12 adults, \$10 seniors, \$8 students. 561-243-7922

Randy Brecker | Jazz — 8pm. Arts Garage. Grammy Award brings the house down with one of the most versatile trumpet sounds in the industry. artsgarage.org

SATURDAY - SUNDAY • JANUARY 25 - 26

Delray Art League Artists in the Park — 10am-4:30pm. Delray Beach Center for the Arts. Fine art exhibitions and sales. 561-243-7922, DelrayCenterForTheArts.org

SATURDAY - MONDAY • JANUARY 25 - 27

ATP Pre-Qualifying Survivor Series - Delray Swim & Tennis Club. 100+ local, national, international amateurs & professionals. Free admission. 561-330-6003

SUNDAY • JANUARY 26

Sunday Musical Matinee | The Sound of Strings — 2pm. Delray Beach Public Library. Cuban guitarist Jorge Garcia and violinist Federico Britos. \$15 individual show; \$45 for all four series performances. 561-266-9490 delraylibrary.org

MONDAY & TUESDAY • JANUARY 27 & 28

Crest Broadway Cabaret Series presents Brian d'Arcy James — 8pm. Delray Beach Center for the Arts / Crest Theatre. Award winning actor/singer recently seen in NBC's SMASH. \$45. 561-243-7922, DelrayCenterForTheArts.org

TUESDAY • JANUARY 28

Playwright Workshop — 7pm. Delray Beach Playhouse, 950 NW 9th St. Focus on the short play. Free. RSVP to delraybeachplayhouse@gmail.com

WEDNESDAY • JANUARY 29

The National League of American Pen Women will present a book event at the West Boca Raton Branch Library on January 29, 2014 at 2:30pm. 18685 State Road 7 in Boca Raton Phone: (561) 470-1600 www.bocapenwomen.org For information email: polowhite@aol.com

Rotary Club of Delray Beach

Meetings
Every Tuesday - 12:15 PM at:
Delray Beach Public Library
100 West Atlantic Avenue, Delray Beach

UPCOMING EVENTS
January 7, 2014
Back by popular demand...Dan Mangru will present on Stem Cell Research and the harvesting of one's stem cells when young to use to fight disease when older

January 14, 2013
Lifestyle/Fitness Coach Julia Kadel will present.

For more information: contact Jimmy Weatherspoon at 561-441-4563 or email weat6347@bellsouth.net

Rotary Club of Delray Beach

COMING SOON TO THE PINEAPPLE

Homes.com

The Pineapple Newspaper has partnered with Homes.com to make buying and selling your home in Delray Beach even better. Starting in December, PineappleNewspaper.com will have a special real estate section with home listings, area information and featured real estate professionals.

Please Send Your Calendar Listings To: Calendar@delraypineapple.com

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library calendar

CALENDAR OF EVENTS • JANUARY 2014

THURSDAY • JANUARY 30

Capitol Steps - 5:30 & 8 pm. Delray Beach Center for the Arts / Crest Theatre. Ensemble digs into headlines of the day to create song parodies and skits. \$40. 561-243-7922, DelrayCenterForTheArts.org

FRIDAY • JANUARY 31

Turnstiles, Billy Joel Tribute - 7:30pm. Outdoor Pavilion, Old School Square, 51 N. Swinton Ave. Free admission. Food trucks & cash bar. 561-243-7922 DelrayCenterForTheArts.org

Laugh with the Library, Chapter 8 - 7:30-11pm. Marriott Delray Beach. \$175. Comedy, cocktails and dinner-by-the-bite with Headline Comedian Dennis Regan, MC Paul Castronovo, Opening Comedienne Angela Manfredi. 561-266-9490 delraylibrary.org

Please Send Your Calendar Listings To:
Calendar@delraypineapple.com

EXHIBITS

Through January 11, 2014 - Flowers of the Heart | The Photographs by Bob Johnston. Delray Beach Public Library. delraylibrary.org

Through February 2, 2014 - School of Creative Arts Showcase - Delray Beach Center for the Arts / Crest Theatre Galleries. Multi-media exhibit showcasing work by adult and youth students and instructors. 561-243-7922, DelrayCenterForTheArts.org

Through January 11 - Touch of Gold: Lacquerware Boxes and the Paintings of Elaine Ehrenkrantz. Morikami Museum & Japanese Gardens, 4000 Morikami Park Road. Japanese lacquerware boxes ranging in date from the 15th- to the mid-19th centuries and paintings inspired by these boxes. www.morikami.org 561-495-0233

Through February 23 - Breaking Boundaries: Contemporary Street Fashion in Japan: Popular and imaginative clothing styles made and worn on the streets of Japan today. Contemporary Kogei Styles in Japan: Nearly 90 contemporary arts and crafts or kogei-style works comprising ceramics, textiles, lacquerware, dolls, and works of metal, wood, bamboo, and glass. Morikami Museum & Japanese Gardens, 4000 Morikami Park Rd. www.morikami.org 561-495-0233

Through February 2 - Elvis: Grace & Grit. Delray Beach Center for the Arts/Cornell Museum of Art & American Culture. Old School Square, 51 N. Swinton Ave. \$8 general admission; \$6 senior & students; free 10 years and younger. Palm Beach County residents free admission every Thursday. www.DelrayCenterForTheArts.org 561-243-7922

Through February 2 - Flashback: A Retro Look at the '60s and '70s. Delray Beach Center for the Arts/Cornell Museum of Art & American Culture. Old School Square, 51 N. Swinton Ave. \$8 general admission; \$6 senior & students; free 10 years and younger. Palm Beach County residents free admission every Thursday. www.DelrayCenterForTheArts.org 561-243-7922

Library Closed

New Year's Day, Wednesday, January 1st
Martin Luther King, Jr. Day - Monday, January 20th

Thursday, January 2 @ 11:30 a.m.
Lunch with Liz @ the Library - Brown bag lunch & Discussion Group "Out on a Limb" based on the insights of Shirley MacLaine presented by Liz Sterling

Thursday, January 2, 9, 15, 22 & 29 from 1:00 p.m. - 4:30 p.m. - Empowerment Zone presented by the Reference Department

Friday, January 3, 10, 17, 24 & 31 @ 10:00 a.m. - Great Books Discussion Group - "Great Conversations Four" presented by Gilbert Schechtman

Saturday, January 4, 11, 18 & 25 10:00 a.m. "The Writer's Studio" weekly Saturday morning writer's program Contact Howard Gleichenhau 561-638-7251

Monday, January 6, 13 & 27 from 1:00 p.m. - 4:30 p.m. - Empowerment Zone presented by the Reference Department

Monday, January 6 @ 4:30 p.m.
Financial Series - "Social Security & You: Potential Strategies for Maximizing Benefits" presented by Merrill Lynch Wealth Management

Monday, January 6, 13 & 27 @ 5:15 p.m.
Got Gaming? presented by Young Adult Librarian Loanis Menendez-Cuesta

Tuesday, January 7 @ 3:00 p.m.
Art/Culture Series - "Poetry with a Touch of Midlife Insanity" presented by performance poet Andy Weil

Wednesday, January 8, 15, 22 & 29 @ 11:30 a.m. - Socrates Cafe - Weekly discussion group presented by Claire Drattell and Don Clare

Wednesday, January 8 @ 2:00 p.m.
Business Series - "Wills, Trusts & Probate" presented by Michelle Hofkin & Charles Schwartz

Thursday, January 9 & 23 @ 10:00 a.m. - 12 noon
Great Decisions Discussion Group - Text = Great Decisions 2013 Briefing Book presented by Carl Wetzstein

Thursday, January 9 & 23 @ 10:30 a.m.
Craft Series - "Knit 'N Purl" twice monthly presented by rotating presenters

Thursday, January 9 @ 2:00 p.m.
Art/Culture Series - "The Humor of Billy Crystal" presented by Marjorie Gottlieb Wolfe

Sunday, January 12 from 2:00 - 4:00 p.m.
"15th Annual Author's Showcase" featuring 13 local authors

Monday, January 13 & 27 @ 10:00 a.m.
Quilting Bee - twice monthly quilting class presented by Karen Pugh & Linda Bouvier

Monday, January 13, 27, February 3 & 10 @ 2:00 p.m. - Lifelong Learning Community Institute Course - "Total Brain Workout" - see brochure for course listings and fees

Tuesday, January 14 @ 3:00 p.m.
Armchair Travel Series - "Wildlife in Namibia" presented by Michael Rosenbaum

Tuesday, January 14 & 28 @ 6:00 p.m.
"Ukulele Workshop for Beginners & Players" For further information & registration, contact Tavit Smith at 561-665-1718 or e-mail at tavitandlynn@gmail.com.

Tuesday, January 14 @ 6:00 p.m.
Evening Book Group - Transatlantic by Colum McCann presented by rotating book group leaders

Wednesday, January 15 @ 2:00 p.m.
Art/Culture Series - "The History of Jewelry - 35,000 BC to the Etruscans" presented by Phyllis Annunziato

Thursday, January 16 @ 10:30 a.m.
Publix Apron's Cooking School Lecture & Cooking Demonstration" presented by Chef Rey De La Osa

Sunday, January 19 @ 2:00 - 4:30 p.m.
Author's Series - "Something for Singles" presented by Penny Burke & Joan Dunn

Tuesday, January 21 @ 3:00 p.m. - Healthy Living Series - "TBA" sponsored by Delray Medical Center

Tuesday, January 21 @ 6:30 p.m.
Music Series - "Chicago Blues & Street Corner Harmony" presented by Robert Weber

Wednesday, January 22 @ 2:00 p.m.
Financial Series - "Panel on Aging" presented by Colleen Schuhmann, UBS Financial Services

Thursday, January 23 @ 2:00 p.m.
"Vietnam History - Part 1" presented by Donald Borsand

Sunday, January 26 @ 2:00 p.m.
"Sunday Musical Matinee Series" - presented by Guitarist Jorge Garcia & Violinist Federico Britos

Monday, January 27 @ 1:00 p.m.
Afternoon Book Group - "The Last Wife" by Alyson Richman presented by Reference Librarian Kathleen Hensman

Monday, January 27 @ 2:00 p.m.
Cercle Français - French conversation group with rotating facilitators

Tuesday, January 28, February 4, & 11 @ 2:00 p.m. - Lifelong Learning Community Institute Course "Counter Intuitive History: The Grand Stories Behind Historical Facts" - see brochure for course listings and fees

Wednesday, January 29, February 5 & 12 @ 2:00 p.m. - Lifelong Learning Community Institute Course - "Potpourri 1" - see brochure for course listings and fees

Thursday, January 30, February 6 & 13 @ 2:00 p.m. - Lifelong Learning Community Institute Course - "Sing a Song of Social Protest" - see brochure for course listings and fees

Friday, January 31 @ 7:30 p.m. - "Laugh With the Library - Chapter 8" Gala Fund Raising Event at the Delray Beach Marriott

ART EXHIBITS

Through January 11, 2014 - "Flowers of the Heart - The Photographs" by Bob Johnston

January 11 - February 28, 2014
"Watercolors, Mixed Media" by Darlene Erickson

FREE COMPUTER WORKSHOPS

Registration Required - call 561-266-0196
1/7 @ 2:00 pm Beginning Computers
1/8 @ 2:00 pm Internet
1/14 @ 2:00 pm Email
1/15 @ 2:00 pm Word
1/21 @ 2:00 pm Internet
1/22 @ 2:00 pm Email
1/28 @ 2:00 pm Excel
1/29 @ 2:00 pm Facebook

Sign up @ Reference Desk
Classes meet in 2nd floor Technology Center

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Boys and Girls Baseball & Softball

DATES/TIMES

Saturday, Jan. 11, 18, 25, & Feb. 1 from 9am to 1pm
Wednesday, Jan. 15, 22, 29 from 6pm to 8pm

Player Evaluations - Feb. 4 & 5 at 6pm

REGISTRATION FEES

\$110 PER CHILD
Sponsorships Available
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Tee Ball: 4-6 yrs | Coach Pitch: 7-8 yrs | Minors: 9-10 yrs | Majors: 11-12 yrs
Junior: 13-14 yrs | Senior: 15-16 yrs | Big: 17-18 yrs

DOCUMENTS

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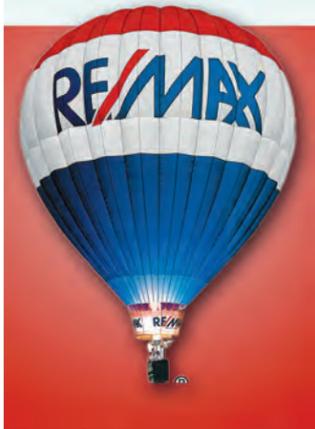
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Alex Zamir
561-271-8861



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3 bedroom/3.5 bathroom
Steps from Atlantic Ave -
Upgraded corner Unit -
Hardwood flooring
Asking \$439,900
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The Astor

235 NE 1st St #403
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Luxurious Astor building -
Balcony looks onto courtyard -
Wood flooring throughout
Asking \$429,900
Catherine McGlennon
561-239-0037



GREAT OPPORTUNITY!

The Astor

235 NE 1st Street #413
2 bedroom/2 bathroom
Amazing opportunity -
Hardwood flooring -
Split bedrooms
Asking \$419,999
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Marina Village

625 Casa Loma Blvd #808
3 bedroom/2bathroom
Intercoastal and Marina views -
Rare 3BR - Large Balcony
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Catherine McGlennon
561-239-0037



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Located by Delray Marketplace -
Beautiful well maintained home -
Many updates - MUST SEE
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Lenny Felberbaum
561-306-5440



Marina Village

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Penthouse Unit - Comes w/
storage unit - Ocean & Intracoastal
views - Resort style pool
Asking \$339,000
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561-239-0037



Tuscany - Intracoastal

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Gated Community -
Clubhouse w/ fitness center -
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DELRAY DUNES C.C.

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561-441-0635



DELRAY DUNES C.C.

\$935,000 - 4/3 completely remodeled home on a premier golf course lot overlooking the 13th, 14th and 15th holes. This home has wood floors, a gourmet kitchen, crown molding and impact glass. There is a large pool area with a summer kitchen.



LA COQUILLE CLUB VILLAS

\$895,000 - Ocean front 3 bedroom, 2 bath villa, 3rd floor unit with direct views of the ocean. This comes with membership to the Ritz Carlton Club. Wood floors and open floor plan. Too many extras to list.



DELRAY DUNES C.C.

\$649,000 - Large family home built in 2001 overlooking the 2nd fairway. Ground floor master bedroom with his & hers walk in closets and a oversized master bath with separate shower and Jacuzzi tub. Fenced backyard with pool and hot tub.



BOCA COUNTRY CLUB

\$439,000 - Stunning penthouse with 20 ft cathedral ceilings, overlooking 3 holes on the golf course. Three screened patios. Updated kitchen with granite countertops. Private elevator with only 2 condos per floor.



SHOREWALKER PLACE - DELRAY BEACH

\$1,150,000 - 4/3.5 Key West Style 3 Story Townhome is located a half block to the beach and within walking distance to Atlantic Ave., shops and restaurants. The building was built in 2005 and has a 2 car garage. The townhome has 2 balconies and a backyard and a hot tub.



WATERWAY NORTH - DELRAY BEACH

\$749,900 - 3/2.5 townhome on Intracoastal, deeded dock included in sale. 2 large decks. Recently updated. 2 blocks to beach and close to Atlantic Ave shops & restaurants.



DRIFTWOOD LANDING

\$13,000/MONTH - On almost a 1/2 acre this 4/4 family home with a pool is only a couple blocks to the beach. This is a great seasonal rental. This home has the master bedroom and a guest suite downstairs and 2 guest bedrooms upstairs. Call for more information.

Warren Heeg 561.441.1599 | Michael Mullin 561.440.0635

LangRealty.com

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FABULOUS FASHION WEEK

January 11-18



COUNTRY CLUB CHEFS RETURN
CLEVER CULINARY COMPETITION

CAPITOL STEPS
AT THE DELRAY BEACH CENTER FOR THE ARTS



SATURDAY IN THE STUDIOS

The Best Time to Shop the Alley - Saturday Afternoons - Noon to 5pm

Cacace Fine Art • Linda White Gallery • Cloud House Pottery • Amy Reshefsky Studio
Amanda Johnson Studio • A. Funk Studio • Laszlo's Painting Studio • Ona Steele Studio
Joni Sarah White Studio • Camilucci Signs • Pat Kaufman Studio
Steve Blackwood Studio • Jeff Whyman Studio • Schmidt Stained Glass

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EVENTS, THEATER, EXHIBITS and LEARNING DELRAY BEACH'S CENTER FOR THE ARTS

COMING THIS MONTH . . .

EVENTS

Budding Artists at the Delray Green Market
Old School Square Park
Saturday, 9 a.m.-2 p.m. Bring the kids to our Budding Artists booth at the Delray Beach Green Market and take home a treasure! We'll have creative activities designed for fun and learning. Visit delrayca.org for special Green Market events and dates closed.



January 21-25, 2014
Annual Palm Beach Poetry Festival
Crest Theatre,
Monday-Saturday, prices and times vary. An extraordinary week of poetry events features an impressive line-up of 15 award-winning, nationally acclaimed faculty and guest poets headlined by U.S. Poet Laureate Natasha Trethewey. For information, visit www.palmbeachpoetryfestival.org.

January 25, 2014
Coffeehouse and Performance Poetry
Vintage Gymnasium,
Saturday, 9 pm – midnight; tickets \$12 adults, \$10 seniors, \$8 students. Performance poetry by Taylor Mali and Glenis Redmond followed by a DJ dance party.

EXHIBITS

Through February 2, 2014
ELVIS: GRACE & GRIT
Cornell Museum of Art & American Culture
This fine art photography exhibition from the CBS Photo Archive includes 35 large format, candid and on air photographs, shot by various CBS Television photographers. The photos capture a 21-year-old Elvis on the brink of his meteoric rise to stardom. His appearances on the legendary Ed Sullivan Show introduced him to the world, and the candid shots caught backstage show just how easy it was for photographers to gain access.

Through February 2, 2014
FLASHBACK: A Retro Look at the '60s and '70s
Cornell Museum of Art & American Culture
This fun display of music, movie, sports, political and lifestyle memorabilia is nostalgic for those who lived it... and fascinating for those who didn't! All items in this exhibit are on loan from South Florida residents.

Museum hours: Tuesday-Saturday, 10 am – 4:30 pm; Thursday until 8 pm; Sunday, 1-4:30 pm; closed Mondays and major holidays.

Admission: \$8 general; \$6 seniors & students with ID; free for ages 10 and under. Palm Beach County residents receive free admission every Thursday!

THEATRE

All performances are in the Crest Theatre. Tickets are available at DelrayArts.org or 561-243-7922, ext. 1



January 11, 2014
Paula Poundstone
Saturday, 8 p.m.
Tickets \$50.
25 years ago Paula Poundstone climbed on a Greyhound bus and traveled across the country -- stopping in at open mic nights at comedy clubs as she went. A high school drop-out, she went on to become one of the great humorists of our time. She tours regularly, performing standup comedy across the country, causing Bob Zany with the Boston Globe to write: "Poundstone can regale an audience for several hours with her distinctive brand of wry, intelligent and witty comedy."

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January 12, 2014
Happy Birthday Elvis Tribute show
Sunday, 7:30 p.m.; tickets \$35/\$45. Award winning performer, Scott Ringersen presents his annual tribute to the legendary Elvis Presley. Enjoy a night of fun and entertainment with Scott and the Whitestone Band.

January 15, 2014
Cinema Talk at the Crest: The Best of World Cinema
Wednesday, 7:30 p.m. Tickets \$10 general; members of Delray Center for the Arts and Palm Beach International Film Festival are free!

This month, we explore great movies from around the world, taking a trip from the silent era to the present day. Film clips will include *The Cabinet of Dr. Caligari*, *The Seventh Seal*, *8 1/2* and *Wings of Desire*. Cinema Talk is a new monthly series dedicated to the art of film, its historical significance and its relevance today. The series is presented through a unique partnership between Delray Beach Center for the Arts and the Palm Beach International Film Festival. The series alternates between discussion with film clips and full screenings with post-film discussion. Each cinema night is hosted by Caroline Breder-Watts, the new Executive Director of Palm Beach International Film Festival. Caroline, along with guest panelists and experts, bring the wonderful world of film to life!

January 16, 2014
Robert D. Chapin Lecture Series presents Linda Evans
Thursday 2 p.m. Tickets \$30/\$45



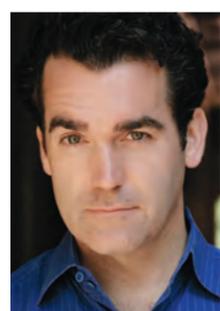
Evans is an Award-winning actress and author of *Linda Evans: Recipes for Life*. In her talk, entitled "Aging Gracefully - Living your best life and life lessons," Evans will share her personal wisdom, using her own life experiences as compelling, inspirational stories to discuss aging in a culture that does not revere it.

January 17-19, 2014
FLIPSIDE – The Patti Page Story
Friday 8 p.m.; Saturday, 2 & 8 p.m.; Sunday 2 p.m. Tickets \$45.

Winner of 18 Kennedy Center Awards including Best Musical. With a staggering 11 hits on the billboard charts and more than 100 million records sold, Patti Page is one of the most iconic female recording artists in music history. Written from interviews with Miss Page, *FLIPSIDE* is a sparkling musical celebration of her meteoric rise to stardom. The show is set in 1965 and takes place in what used to be the KTUL radio station. It moves back and forth in time, as well as in and out of the memories of Clara Ann Fowler, the young Oklahoma girl who was groomed into "The Singing Rage, Miss Patti Page." *FLIPSIDE* is a feast for Patti Page fans, featuring no less than 28 of her greatest hits including *Tennessee Waltz*, *Mockingbird Hill*, and of course *Old Cape Cod*. Sandra Thompson leads the brilliant 8-piece, on-stage orchestra.



January 27 & 28, 2014
Crest Broadway Cabaret Series presents Brian d'Arcy James
Monday & Tuesday, 8 p.m. Tickets \$45.



Brian recently played 'Frank Houston' in NBC's *SMASH*, starring opposite Debra Messing. Early Broadway credits include *Blood Brothers* and playing 'Barrett, the stoker' in *Titanic* (earning him a Drama League Award nomination). Brian received Tony nominations for his performances in *Sweet*



Through January 31, 2014
Start the New Year with a free Friday concert – it's a great night out for friends and family! We're heading into the home stretch with the last five of our 17 concerts for the season.

Delray Beach Center for the Arts / Outdoor Pavilion
561-243-7922, DelrayCenterForTheArts.org
Friday, 7:30 p.m. Free admission. Rain or shine; bring lawn chairs, and bring the family, but no pets or outside food and beverage. Food trucks and cash bar are available.
Presenting Sponsor is Delray Motors and Series Sponsor is PNC Bank.

January 3	The Rum CrewBeach	Music covers
January 10	Jay Blues Band	Blues
January 17	Fabulous Fleetwoods	Rock covers
January 24	The Brass Evolution	Rock covers
January 31	Turnstiles	Billy Joel tribute

FREE FRIDAY

CONCERTS AT THE PAVILION
A Mix of Music for the Masses



Smell of Success and the lovable 'Shrek' in *Shrek: the Musical*. He received the Outer Critics Circle and Drama Desk Awards for playing 'Shrek'. Most recently he gave a "powerhouse performance" as 'Dirk Benedict' in the Public Theatre's production of the new musical *Giant*.



January 30, 2014
Capitol Steps
Thursday, 5:30 & 8 p.m. Tickets \$40.
The Capitol Steps began as a group of Senate staffers who set out to satirize the very people and places that employed them. The group was born in December, 1981 when some staffers for Senator Charles Percy were planning entertainment for a Christmas party. Their first idea was to stage a nativity play, but in the whole Congress they couldn't find three wise men or a virgin. So, they decided to dig into the headlines of the day, and they created song parodies & skits which conveyed a special brand of satirical humor. In the years that followed, many of the Steps ignored the conventional wisdom ("Don't quit your day job!"), and although not all of the current members of the Steps are former

Capitol Hill staffers, taken together the performers have worked in a total of eighteen Congressional offices and represent 62 years of collective House and Senate staff experience. Since they began, the Capitol Steps have recorded over 30 albums, including their latest, *Fiscal Shades of Gray*. They've been featured on NBC, CBS, ABC, and PBS, and can be heard 4 times a year on National Public Radio stations nationwide during their *Politics Takes a Holiday* radio specials.

LEARNING

Find your art at the School of Creative Arts -- where art, photography and writing classes are enriching hundreds of local residents every week. Whether you're a beginner or more advanced, we have opportunities for you. Winter Term 1 opens January 6th and runs through March 1st. Winter Term 2 opens March 3rd and runs through April 26th.

This month launches our Visiting Artist Workshop Series, with four weekend workshops scheduled from January to March. The workshops, geared to the professional or serious amateur artist, cover abstract painting with oil and cold wax, painting color and light in watercolors, building an abstract series, and all prima figure painting. This month also launches NEW children's classes! Visit DelrayArts.org or call 561-243-7922, ext. 478 for all the details.

School of Creative Arts Showcase

School of Creative Arts Showcase
This multi-media exhibit, on display in the Crest Theatre Galleries, showcases drawings, paintings, collage, mixed media and photographs by adult and youth students and instructors. Monday-Friday, 9:30 am – 4:30 pm; Saturday, 10 am-3 pm; free admission.

Delray Beach Center for the Arts, located at Old School Square in the heart of downtown Delray Beach, offers world-class events, theater, exhibits and learning opportunities. The restored early 20th century school buildings (listed on the National Register of Historic Places as Delray Beach Schools) house the charming Cornell Museum of Art & American Culture (c. 1913), the intimate Crest Theatre (c. 1925) and a Vintage Gymnasium. The Pavilion, which opened in 2002, hosts outdoor concerts and festivals. The School of Creative Arts offers art, photography and writing classes. The Center also serves as a venue for community, corporate, private and media events. For information on performances, exhibits, classes or facility rentals, call 561-243-7922 or visit DelrayCenterForTheArts.org.

All dates, times, events and exhibits are subject to change without notice.

January Sets the Stage for a Brilliant New Year!

Exciting, bold, dramatic, innovative and adventurous are a just a few of ways to describe the programming scheduled at Arts Garage this year. Always the perfect blend of award winning artists and groundbreaking new shows, this venue proves the only definition that universally applies is... amazing!

"January sets the stage for an artistically expansive year for us," said Alyona Ushe, Executive Director. "Expect even greater creative diversity as we bring back all-time favorites while expanding programming in boundary breaking ways."

This month proves the paradigm with an eclectic mix including the return legendary greats Bob Margolin and Randy Brecker.

"These tremendous talents were on the top of our list for performers that our audiences craved," continued Ushe. "Both of these legends have transformed the musical scene. Margolin is the last living Muddy Waters band member and Brecker is a Grammy Award winner. They have played with a voluminous list of icons both in concert and on hundreds of albums."

And who taught Elvis to dance? Another legend who is set to take the stage in January, guitar great Calvin Newborn. Elvis Presley frequented the Plantation Inn Club twice a week to watch Newborn play.

"Elvis got swiveling his hips and wiggling his legs from me," said Newborn. Presley also used to eat at the Newborns' house and browse their music store for gospel records.

While Arts Garage is renowned for great American performers, they also feature international icons in the making. This month, Jamaican drummer, Andrew Atkinson, heralds the new year with sexy rhythms that blend an array of influences into a high energy show. Then Brazilian stars, Rose Max and Ramatis, showcase a sultry mix of samba, jazz and world music.

And January brings the return of Theatre at Arts Garage with a riveting family survival adventure, the Hummingbird Wars by Carter Lewis.

"Carter Lewis has a remarkable ability to sharpen the focus on important issues that we face today," says Artistic Director, Lou Tyrrell. "He does it with a scathing humor that allows us to laugh through our gasps of immediate recognition. His language is both completely natural and uniquely poetic, and unmistakably his very own singular voice. The Hummingbird Wars is a great new American play, and a work that will speak to us for generations to come."

To get tickets for these shows and season subscriptions, please visit www.artsgarage.org or call 561-450-6357

Friday 1/3 • 8:00pm

Andrew Atkinson

Andrew Atkinson is that rare type of musician who can play just about anything, and play it all with gusto. His drumming draws on the seductive beats of his native Jamaica, the percolating rhythms of his childhood home in Miami, and the world of jazz that has beckoned and captivated him in all his travels. The best part? He makes it all look like so much fun. Featuring musicians from around the globe who are just as comfortable with all kinds of amorphous rhythms: hard bop energy shooting through elements of Latin, R&B, deep funk and even drum n'bass, Atkinson's outfit takes on every number with confidence, skill and exuberant playfulness that could only have come from having tasted the world. (\$25-35)

Saturday 1/4 • 8:00pm

Rose Max and Ramatis



Sultry Brazilian vocalist Rose Max tours worldwide with Brazilian acoustic guitar master Ramatis, bringing her sweetly haunting voice to every performance. Born in Brazil and trained by some of its greatest musicians, she is a three-time

recipient of the Brazilian Press Award for "Best Female Brazilian Singer Residing and Performing in the USA."

Latin Grammy-nominated Rose Max and Ramatis may come from Rio de Janeiro, the land of bossa nova, but their music is also infused with the rich influences of samba, jazz, and world music. Rose & Ramatis will be joined for a special performance at the Arts Garage by pianist Mike Orta, bassist Paul Shewchuk, and drummer Goetz Kujack. (\$25-35)

Friday 1/10

Opening Night: Theatre at Arts Garage

THE HUMMINGBIRD WARS

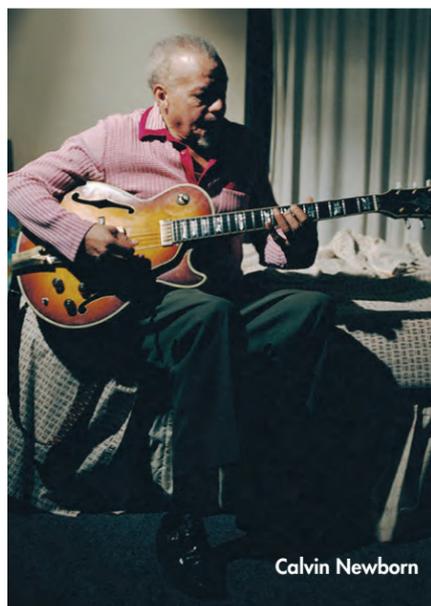
by Carter W. Lewis



Carter W. Lewis

**Wed-Fri 7:30pm,
Sat & Sun 2:00pm thru 2/2/14**

A hummingbird is always just a few hours away from starving. Warren wonders, who can live like that? - as he fights against middle-class extinction and the onslaught of threatening social media, deceptive cable companies, pharmaceutical invasion, a crippled economy, his flooding basement, and the mysterious appearance of guns throughout his home. When his wife disappears in the societal war on America, the soldier in him emerges, and he decides to fight back. (\$30-\$45)



Calvin Newborn

Saturday 1/11 • 8:00pm

Calvin Newborn/Al Waters Sextet

Meet guitar legend Calvin Newborn: He played on B.B. King's first recordings, taught Elvis how to dance, and tore up the Big Apple in the heyday of bop. Born and raised in Memphis, in the heart of the city's gutbucket blues scene, Calvin paid his dues on Beale Street when R&B was king. His impeccable jazz pedigree was honed at New York City recording sessions (and in smoky after-hours joints) alongside players like Jimmy Forrest, Hank Crawford, Charles Mingus, and Earl Hines.

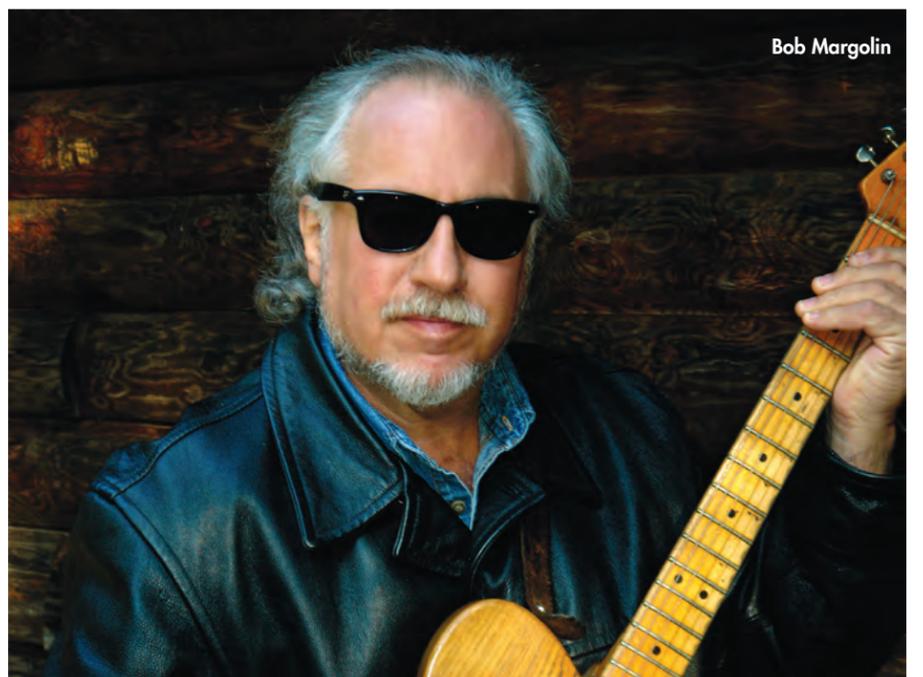
The last living member of Memphis' infamous Newborn Family jazz dynasty, guitarist Calvin Newborn is an excellent melodic interpreter, plays with great fluidity and blues sensibility, and can smoothly execute complex chord progressions or subtly accompany vocalists. (\$25-35)



Andrew Atkinson

THIS MONTH AT

arts garage



Bob Margolin

Saturday 1/18 • 8:00pm

Bob Margolin

Inspired by Chuck Berry, Bob Margolin began playing guitar in 1964. A mere nine years later, Muddy Waters hired him, and Bob learned volumes from playing alongside him during performances. Margolin was featured with Muddy Waters in Martin Scorsese's *The Last Waltz* in 1976. He has recorded numerous albums, and in 2005 was honored with the W.C. Handy award for best instrumentalist. Nicknamed "Steady Rollin'" for his mellow tunes and rolling melodies, Margolin brings a classy elegance to his music and redefines old blues standards. (\$25-45)

Sunday 1/19 • 7:00pm

Lauren Kinhan

Award winning, legendary vocalist Lauren Kinhan has wowed international audiences with her inherent musicality and stage presence. She will be debuting music from her brand new release 'Circle in a Square', produced with

Elliot Scheiner, her music and vocal magic really delivers! Since 1992, Lauren has been a member of the Grammy Award winning New York Voices; a career that has taken her all over the world and allowed her to work with some of music's greats like Nancy Wilson, George Benson, Bobby McFerrin, Paquito D'Rivera, Jon Hendricks, Annie Ross, Ivan Lins and The Manhattan Transfer. (\$25-\$45)

Saturday 1/25 • 8:00pm

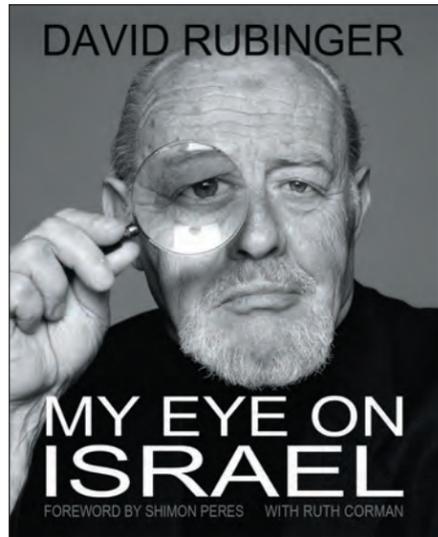
Randy Brecker

Randy Brecker has been shaping the sound of Jazz, R&B and Rock for more than four decades. His trumpet and flugelhorn performances have graced hundreds of albums by a wide range of artists from James Taylor, Bruce Springsteen and Parliament-Funkadelic to Frank Sinatra, Steely Dan, David Sanborn, Jaco Pastorius, Horace Silver and Frank Zappa. He is perhaps best known as part of the duo The Brecker Brothers, who were nominated for 7 Grammy awards; winning two. (\$25-45)



Randy Brecker

Conversation between two legendary photographers is focus of "Culture & Cocktails"



During his distinguished career, he earned several major honors from the National Press Photographers Association and received the Golden Career Award in 1998 from the Palm Beach Photographic Centre.

Admission to CULTURE & COCKTAILS programs is \$50 per person, and free for members of the Cultural Council (\$250 level and above). All proceeds go to support artist programs of the nonprofit Cultural Council of Palm Beach County. Each event runs from 5 to 7 p.m., with registration and cocktails from 5 to 5:45 p.m., and the "Conversation" from 5:45 to 7 p.m., including audience Q&A.

The Colony Hotel will serve complimentary beverages and an array of specially prepared hors' d'oeuvres, plus free valet parking. The center of Palm Beach society for more than 65 years, The Colony Hotel is located at 155 Hammon Avenue.

People interested in attending CULTURE & COCKTAILS should RSVP in advance by calling the Cultural Council at 561.472.3330.

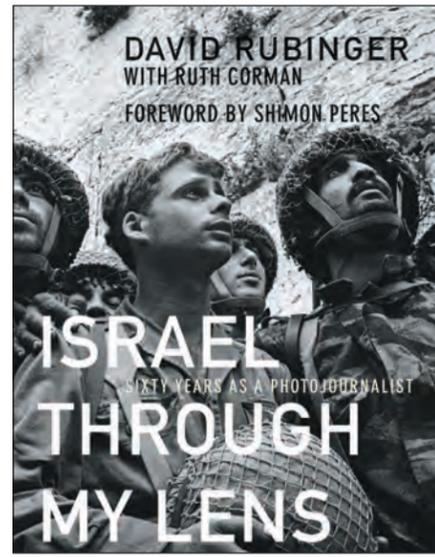
Connect with the Council at www.palmbeachculture.com, or 561-471-2901. Gallery hours are 10 a.m. - 5 p.m. Tuesday through Saturday.

LAKE WORTH, FL – Rena Blades, President & Chief Executive Officer of the Cultural Council of Palm Beach County, announced that the next session of the popular series CULTURE & COCKTAILS will be a conversation between two legendary and historic photographers: David Rubinger and Arnold Drapkin.

January 6
ISRAEL THROUGH MY LENS
A Conversation with Photojournalist David Rubinger

The unofficial photographer-historian for Israel since it was founded and for many years the primary photographer in the Mideast for Time-Life, Mr. Rubinger will receive the prestigious FOTOMentor award at the Palm Beach Photographic Centre's FOTOfusion 2014. His signature photograph is of paratroopers at the Western Wall shortly after its recapture by Israeli forces in the Six-Day War.

Mr. Drapkin spent more than 40 years associated with Time Inc., including a decade as Picture Editor of Time Magazine, and he was a member of the International Advisory Board of the World Press Photo Foundation for more than two decades.



Concert #3 ~ Tenth Season
Sunday, January 5 at The Colony Hotel • 4:00pm
525 East Atlantic Avenue, Delray Beach

"From Rio to Vienna & St Petersburg"
Villa-Lobos: Quartet no 5 "Popular"
Johann Strauss, Jr.: "Wiener Blut" (Vienna Blood Waltzes)
Borodin: Quartet no 2 in D major

Tickets: Single Admission: \$35 per event
Season Subscription (5 concerts) : \$150

For information and reservations:
call 561.213.4138 • www.DelrayStringQuartet.com
Email Tickets@DelrayStringQuartet.com

Delray Beach Festival of the Arts ranked 65th top art fair in the U.S.

Festival promoter Howard Alan Events and the Delray Beach Downtown Development Authority are thrilled to announce that the Downtown Delray Beach Festival of the Arts, has been ranked the 65th top art fair in the United States by Sunshine Artist, the nation's leading publication for art and craft shows.

"This is a wildly popular event," says festival promoter Howard Alan. "It truly is a wonderful honor and distinction as it was selected from among more than 10,000 festivals in the country."

"It is the city's signature art event, popular for the wide variety of art on display," says Marjorie Ferrer of the Delray Beach Downtown Development Authority. "It appeals to locals and tourists alike who look forward to seeing their favorite artists return each year and eager to explore the work of new and emerging talent."

This outdoor gallery style exhibit is the largest art affair in South Florida, spanning one mile of Atlantic Avenue in Downtown Delray Beach, starting at US1 and continuing east over the Intracoastal Waterway all the way to A1A and the Atlantic Ocean. The festival features

300 of the finest artists in the country from more than 30 states. The exhibitors are juried by an independent panel of expert judges and hand-selected from hundreds of applicants based on quality and diversity. The artwork on display and for sale is original and handmade in America.

The show will celebrate its 25th Anniversary this year, when it returns January 18 - 19, 2014. Art enthusiasts will have the opportunity to register to win the free art giveaway featuring the work of Delray Beach resident and watercolor artist Pat Kaufman, no purchase is necessary to participate.

WHAT: 25th Anniversary Downtown Delray Beach Festival of the Arts
WHEN: January 18 - 19, Saturday & Sunday, 10 am - 5 pm
WHERE: Atlantic Avenue in Downtown Delray Beach
WHY: To Support the Arts, the Delray Beach Downtown Development Authority and the Local Community
ADMISSION: Free and open to the public
WEBSITE: www.artfestival.com
INFORMATION: info@artfestival.com or 561-746-6615

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jimmy mills chef/owner mgr. julie levy

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FEBRUARY 21, 2014
DELRAY BEACH CENTER FOR THE ARTS
THE CREST THEATRE

Band photos: Christine Gatti

RICH PAGANO- Fab Faux **JEFF KAZEE**- Southside Johnny **JOHN CONTE**- Southside Johnny

TICKETS AT WWW.DELRAYARTS.ORG, 561-243-7922 OR THE BOX OFFICE
VIP TICKETS WITH ARTIST MEET AND GREET AVAILABLE! **MUSICWORKS**



arts & ends

Parade Productions presents *The Last Schwartz*

“...Rollicking, sad, shocking, goofy, and thoughtful. It is comic drama firing on all cylinders, a superb work...”

~The Washington Post

Parade Productions will present Deborah Zoe Laufer's *The Last Schwartz* from January 30th through February 23rd at the Mizner Park Cultural Arts Center's Studio Theatre.

Focusing on a family in flux gathered together on one fateful weekend, the play received unanimously glowing reviews when it debuted at Florida Stage in 2002.

“I'm thrilled to have Parade Productions give *The Last Schwartz* a production,” says playwright Deborah Zoe Laufer. “It's a play that's very close to my heart. It's had a nice life -- it's had many productions, ran for over six months in LA, and had three options for

commercial Off-Broadway productions (all of which fell through!). But it's been a while since anyone gave it a whirl. I hope everyone has a blast with it!”

Laufer has a deep fondness for South Florida and is very connected to its theatrical community. “*The Last Schwartz* was my first professional production,” she explains. “I fell in love with Florida Stage - it became my professional home for the next ten years. They gave every new play of mine a reading, produced three of my premieres; commissioned me; we collaborated on getting grants. I was down here at least once a year, frequently much more.”

“Maybe because of that, I think I've had more productions of my plays in Florida than anywhere else,” she continues. “At least ten that I can think of - and several readings and short plays. I've also taught for the past two years at the Playwright Development Program through the Miami-Dade County Department of Cultural Affairs. I was included in the One-Minute Play Festival as a Florida Playwright. It really is a second home (and my brother lives in Boca!).”

The Last Schwartz will be directed by Kim St. Leon, and will feature Ken Clement, Kim Ostrenko, Betsy Graver, Mark Della Ventura, Matt Stabile, and Candace Caplin.

The Last Schwartz will have one preview performance on January 30th, 2014. It will open on January 31st, and will run through February 23rd, with performances Thursday through Saturday evenings at 7:30 p.m., and Saturdays and Sundays at 3 p.m. Ticket prices are \$35 (\$30 for groups of 15 or more).

Tickets are on sale now, and can be purchased on line at: www.paradeproductions.org, or by calling 866-811-4111. For Group Sales call: 561-291-9678.

The Boca Raton Theatre Guild presents *Marilyn: Forever Blonde*

Sunny Thompson's dazzling performance is nothing short of a beautifully astute, highly credible portrait that honors the film and pop icon's timeless legacy with captivating pull.

~Dayton City Paper

BOCA RATON, FL – A photo shoot in the summer of 1962. As screen icon Marilyn Monroe poses for her photographer she finds herself wondering what it might be like if she had it to do all over again. In *Marilyn: Forever Blonde*, the legendary actress reveals much of what we know - but even more about what we don't know - of the roller coaster ride she took from the orphanage to the silver screen. It is a fascinating and provocative journey. The Boca Raton Theatre Guild will present *Marilyn: Forever Blonde* for a limited, three day run at the Mizner Park Cultural Arts Center's Studio Theatre from January 9th – 11th. The production is part of the BRTG's recently announced extended season.

Marilyn: Forever Blonde, stars acclaimed actress Sunny Thompson, and has won a dozen major awards including “Best Special Theatrical Event of the Year,” “Best Leading Actress in a Play,” “One of the Year's Top Ten Productions” and “Best Touring Production”. It has played throughout the United States, as well as in Canada, England and New Zealand.

Critics have consistently and unanimously praised Thompson's compelling and nuanced performance as Marilyn.

Playwright Greg Thompson painstakingly researched all aspects of Monroe's life – all the words spoken in the play have been documented as being Marilyn's own. *Marilyn: Forever Blonde* features 17 songs by some of the greatest songwriters in show business; Irving Berlin, Harold Arlen, and Johnny Mercer are all represented, and Monroe performed each of the musical numbers featured in the production in her films.

Marilyn: Forever Blonde is directed by Stephanie Shine, Artistic Director of the Memphis Shakespeare Company. The play was written by Greg Thompson, who has produced dozens of award-winning shows throughout the world. The play languished on the shelf for more than a dozen years before Thompson found the right actress to play the part. “I found Marilyn Monroe impersonators who couldn't act, and many wonderful actresses who just didn't seem to give off the sexual playfulness of Monroe,” says Thompson. “I didn't even think of Sunny as Marilyn until she put on a Marilyn styled wig to do a parody in her stage show.”

But Thompson turned the offer down, explaining that no woman should ever have to be compared with Marilyn Monroe. However after two years of ‘nagging’ Thompson finally got his way. “It took nearly 15 years to make it happen,” he says. “If I'd had to wait another 15 years I'm afraid I might have forgotten what it was about Marilyn Monroe that turned me on in the first place!” Tickets for *Marilyn: Forever Blonde* are on sale now and can be purchased on line at www.brtg.org or by calling 866-811-4111. Performances are on Thursday, Friday and Saturday at 8 pm and on Friday and Saturday at 2 pm.

Broadway's Tommy Tune at the International Polo Club Palm Beach



WELLINGTON, FL – Tommy Tune is used to sharing the stage with the greatest names on Broadway. Soon he'll be enjoying the spotlight (the South Florida sunlight, to be exact) with the most notable names in polo. On Sunday, January 5, 2014, the legendary actor/singer/dancer and

nine-time Tony Award winner will usher in the New Year, and the official kickoff of polo season at the International Polo Club Palm Beach, on a high note with a show-stopping rendition of the National Anthem.

In addition to a celebrity musical performance, guests will enjoy world-class polo, nonstop glamour, elegant tailgating, a Veuve Clicquot champagne bar, and the ever-popular halftime divot stomp. And before the last chukker, perhaps Tommy will sing just one more tune?

The 2014 Palm Beach Polo Season will open on Sunday, January 5, and will conclude 16 weeks later with the Maserati U.S. Open Polo Championship® final on Sunday, April 20. Polo matches are open to the public, with a wide range of hospitality and guest seating that includes elegant grandstand viewing, field tailgating, lawn seating, field-side champagne brunch at The Pavilion, and exclusive sponsor boxes. Tickets start at \$10. For ticketing and sponsorship information, or to book a special event year-round, please call 561-204-5687 or visit InternationalPoloClub.com.

New Sing and Dance Fun Bar opens in Delray Beach

The Congress Square Plaza off Congress and West Atlantic in Delray Beach has new tenants. Michelangelo and Karena have opened the Sing and Dance Fun Bar, set in a 3,000 square foot space. The clientele sings with a live piano as well as karaoke, and line dancing is also featured on the huge dance floor. There is plenty of singing, dancing, sitting, and stage space.

For several years, the couple owned a popular piano bar in downtown Delray Beach. Now they have expanded to a fabulous space that accommodates plenty of people and features easy and ample parking.

The club includes a wine and beer bar and is open Tuesdays through Saturdays from 8 p.m. to 2 a.m.

Directions: From I-95, exit at Atlantic Ave. and head west for less than a mile to Congress. At the end of Congress Square Plaza, Sing and Dance Fun Bar is located 200 feet behind Walgreen's.

For questions call 561-330 3000.

Karena and Michelangelo say, “We want to make your heart sing and your feet move!”

Call to Artists: New studio space for 3-D artists comes to Lake Worth First 30 artists wanted ASAP

The Flamingo Clay Studio of Lake Worth in a 501(c)(3) non-profit cooperative whose mission is to provide affordable gallery and studio space for 3-D artists. For nearly five years the non-profit has been running Clay Glass Metal Stone Gallery in Downtown Lake Worth.

The Flamingo Clay Studio, in partnership with the Benzaitan Foundation, will be bringing affordable studio space to Lake Worth. The Benzaitan project, under the direction of JB Berkow, of the Rosetta Stone Gallery in Jupiter, will be building a large foundry and a glass blowing studio in what was formerly a large train depot.

The Flamingo Clay Studio will be adding

ART POP
Sun. Jan. 26th
Urban Arts Lofts, Lucerne Ave & F Street.
Noon - 7pm. For more information visit
LAKEWORTHARTS.COM
or ARTSYNERGYPBC.COM

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South Florida Symphony Orchestra 2014 Season

Delray Beach Center for the Arts - Crest Theatre

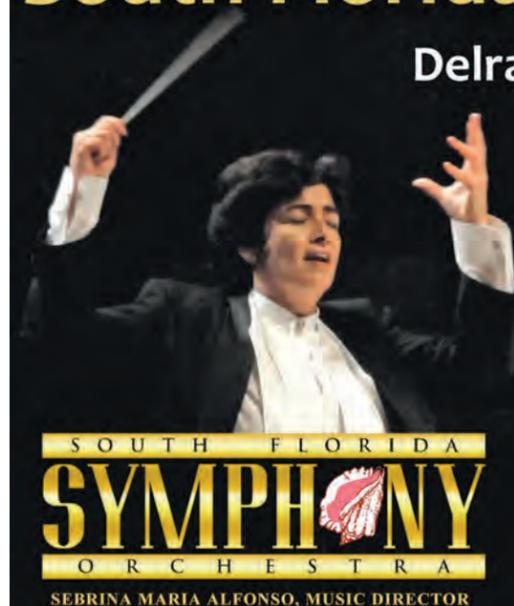
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DOUBLE SPEAK AND HIDDEN MEANINGS
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Liszt: Symphonic Poem No. 10 “Hamlet”
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Christopher Taylor, piano
Shostakovich: Symphony No. 10

A SUMMONS TO LIFE
March 31, 2014
Mozart: Symphony No. 35 “Haffner”
Zwillich: Shadows for Piano and Orchestra
Jeffrey Biegel, piano
Schumann: Symphony No. 1 Spring

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Arthur Cook, cello
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arts & ends

a kiln complex to the Benzaitan site. The kiln complex will consist of a wood-burning kiln, several large gas reduction kilns, a soda ash/salt kiln, raku kilns and pits for pit firing.

Across the alley from the Benzaitan site the Flamingo Clay Studio has rented space for a full service ceramic studio. This studio will house an electric kiln room (for clay and warm glass kilns), a bank of potters' wheels, glaze mixing and clay mixing areas, a glazing area with a spray booth, sand blaster, a small metals area, a small fused glass studio, and lots of studio work space for clay artists. There will be slab rollers, extruders, lots of shelving and plenty of work table space. The space will accommodate 30-40 artists. They will have access 24/7.

The Flamingo Clay Studio works as a cooperative. This keeps costs affordable for all of the artists. Although setting up the studio will be costly, the studio will be self-sustaining within a very short period. Estimated monthly dues for those willing to work and maintain the studio will be \$150 a month.

For snow-birds and those not able to work, the dues will be \$250 a month. Membership gives the artists full access to firings, studio glazes and all processes within the studio. The only additional costs will be the materials for each artist requires.

To help pay for the building of the studio, the licenses and permits, Flamingo Clay Studio is asking the first thirty (30) artists to pay three months of their dues in advance. For this they will receive four months of studio time when the studio opens.

Flamingo Clay Studio fully expects a long waiting list for the use of this studio space. The need is great. No other such facility exists in the region. Being the founding pioneers in such a project will assure those artists their space in the studio. They will be able to have initial input into studio design and equipment.

Flamingo Clay Studio, a non-profit arts organization whose mission is to provide affordable studio and gallery space for three-dimensional artists. The Flamingo Clay Studio will be located at 216 South H Street. Clay Glass Metal Stone Gallery is located at 15 South J Street in downtown Lake Worth. For information or to join the new Clay Studio call Joyce Brown-215-205-9441 or email JCLay6@aol.com. Gallery phone is: 561-588-8344.

Cultural Council of Palm Beach County events in January

Art on the Road: Delray Beach

This season the Cultural Council of Palm Beach County brings you to the art with exclusive bus tours. Many galleries and studios are not open to the public so this is a one-of-a-kind opportunity to meet fascinating collectors, artists and owners of some of the most well-known venues in Palm Beach County.

Wednesday, January 8, 2014

1:00pm-4:00pm

\$50 public / \$40 members

Kristen Smiley 561-472-3342 or

email ksmiley@palmbeachculture.com

It's What You See:

Exclusive Luncheon with Harry Benson

Join us for an exclusive luncheon with Harry Benson. Scottish born photojournalist, Benson arrived in America with the Beatles in 1964. His 60-year career as a photojournalist included: LIFE, Time, Newsweek, Town & Country, Vanity Fair, Quest, Paris Match, G.Q., Esquire, W, The London Sunday Times Magazine, People, Vogue, Harper's Bazaar, Architectural Digest and Vice Magazine. Benson will discuss his incredible experiences and how he translates his vision into his work.

Monday, January 13, 2014

11:30am-2:00pm

Cultural Council of Palm Beach County,

601 Lake Avenue, Lake Worth 33460

Debbie Calabria 561-472-3341 or

dcalabria@palmbeachculture.com • \$100

Transforming Schools through the Arts

Andrew Bott became principal of Orchard Gardens K-8 Pilot School in Roxbury, Massachusetts in 2010. As the school's sixth principal in seven years, Bott



reinvested the troubled school's capital away from security infrastructure, and into the arts. The Cultural Council and the Middle School of the Arts Foundation welcome Andrew Bott to Palm Beach County to speak about his school's success.

Please join us at the Bak Middle School of the Arts to hear about this incredible transformation. The program will include musical performances and a presentation of the a Key to the City by Mayor Jeri Muoio

Tuesday, January 21, 2014

1:00pm-4:00pm

Bak Middle School of the Arts,

1725 Lake Blvd, West Palm Beach

Free

Bebe Brodigan, 561-471-1602

or bbrodigan@palmbeachculture.com

A Rock n' Roll archaeological dig, as Elton John's music is performed in 'Early Elton'

Performance to draw directly from John's Live Trio Tour

On February 21, 2014 at the Crest Theatre in Delray Beach, a rock n' roll archaeological dig will get underway, as singer/songwriter/producer/drummer Rich Pagano, pianist/vocalist/songwriter Jeff Kazee and singer/bassist John Conte join together as 'Early Elton'. The trio of respected artists will deliver a historic recreation/interpretation of Elton John's music, based specifically on the superstar's live trio tour arrangements from the early seventies. No wigs, no costumes – just three great musicians performing the early music of a seminal artist. The event is presented by MUSICWORKS.

Elton John's studio/recording budgets were substantial, but from 1970 to 1972 his touring budgets were small by comparison. As a result, he was forced to restructure the arrangements of his albums and tour as a trio, since he had no money for a full band. Pagano, Kazee and Conte painstakingly scoured the net for rare video, soundboard mixes, bootleg recordings and even Elton's own home demos...in shaping their collective vision of Elton's Trio Period, they blur the line slightly between replication

and innovation. No one has ever tackled the live trio tour arrangements in this way before.

The Gospel/Funk of "Take Me To The Pilot", the soulful storytelling of "Levon" and "Amoreena", the epic-sounding "Burn Down The Mission", the countrified "Country Comfort" and the grand scale of "Madman Across The Water" are just a few of the fantastic chapters that make up the Early Elton songbook. Early Elton is dedicated to continuing the spirit of this period—arguably, his finest in terms of material, production and performance.

Early Elton

Friday, February 21, 2014 • 8:00pm

Crest Theatre. • Tickets \$45/\$60.

Tickets: www.delraycenterforthearts.org

All of MusicWorks' shows involve/benefit a local non-profit organization.

They have done over 50 benefit concerts and have worked with artists including Judy Collins, the Counting Crows, Harry Connick, Jr., Tony Bennett and Bruce Springsteen.

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START THE YEAR WITH SOMETHING NEW!

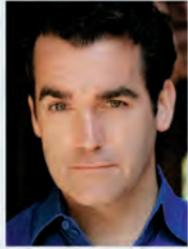
Coming Up in the Crest Theatre



PAULA POUNDSTONE
ONE NIGHT ONLY! Jan. 11
ONE OF THE GREAT HUMORISTS OF OUR TIME. "Poundstone can regale an audience for hours with her distinctive brand of wry, intelligent and witty comedy."--*Boston Globe*
Saturday, 8 pm



FLIPSIDE – The Patti Page Story
January 17-19
WINNER OF 18 KENNEDY CENTER AWARDS including Best Musical, *Flipside* tells the story of the "Singing Rage, Miss Patti Page," one of the most iconic female recording artists in music history. It's a feast for Patti Page fans with 28 greatest hits. **Fri., 8 pm; Sat., 2 & 8 pm; Sun., 2 pm**



BRIAN D'ARCY JAMES
BROADWAY CABARET Jan. 27 & 28
TONY NOMINEE AND STAR OF NBC'S SMASH. Broadway credits include *Sweet Smell of Success, Shrek: The Musical, Titanic* and *Blood Brothers* among others.
Monday and Tuesday, 8 pm
Presented by 



CAPITOL STEPS
January 30
HILARIOUS! This ever popular ensemble digs into the headlines of the day to create song parodies and skits that convey their special brand of satirical humor. **Thursday, 5:30 & 8 pm**

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Painting by Ralph Papa, instructor

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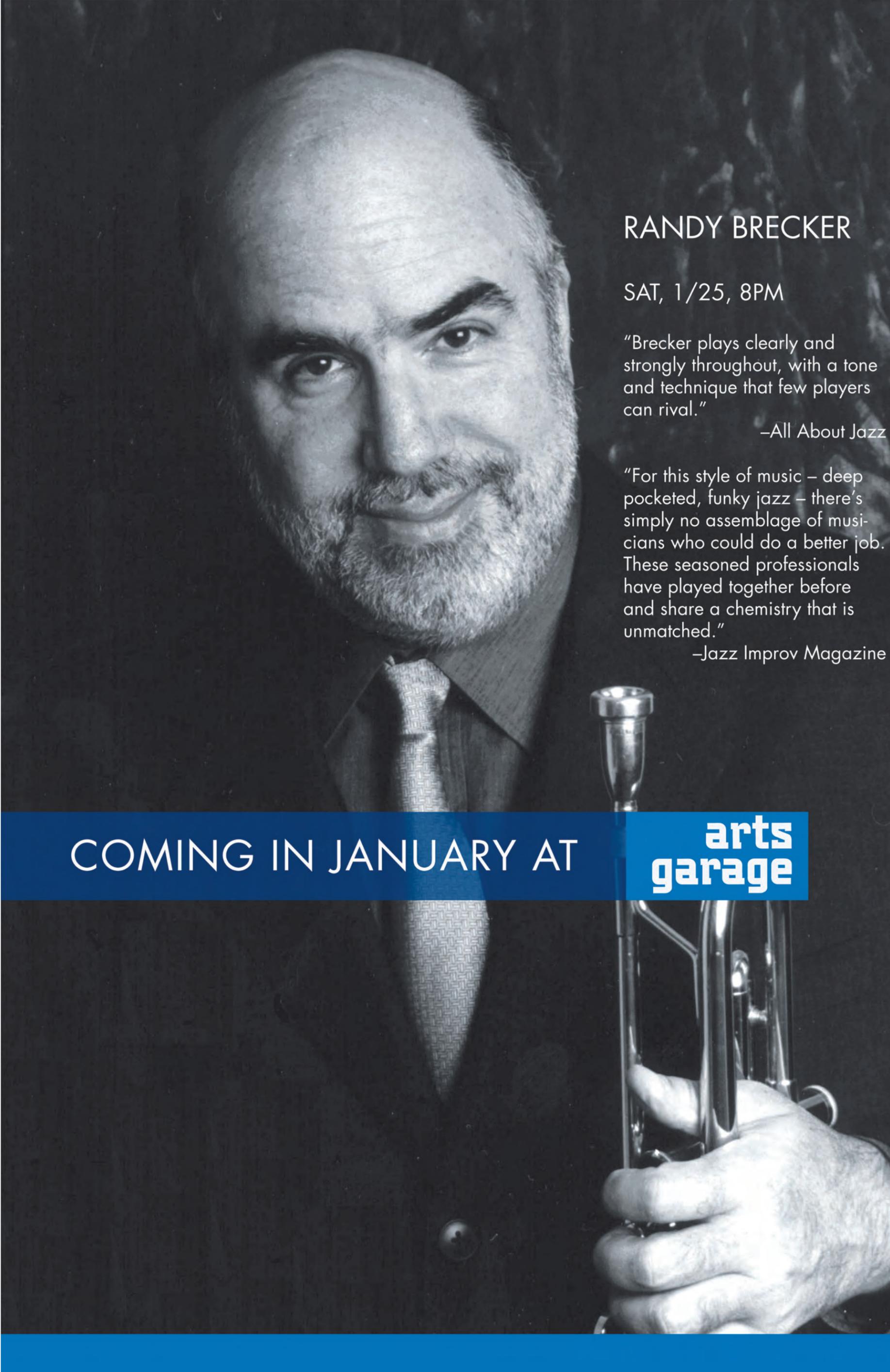
All dates/times/performances subject to change without notice.








[/OldSchoolSquare](http://OldSchoolSquare)



RANDY BRECKER

SAT, 1/25, 8PM

"Brecker plays clearly and strongly throughout, with a tone and technique that few players can rival."

—All About Jazz

"For this style of music – deep pocketed, funky jazz – there's simply no assemblage of musicians who could do a better job. These seasoned professionals have played together before and share a chemistry that is unmatched."

—Jazz Improv Magazine

COMING IN JANUARY AT

**arts
garage**

ANDREW ATKINSON

FRI, 1/3, 8PM

It's rare when you can find a musician who can play just about everything! Andrew Atkinson draws on the seductive beats of his native Jamaica and he preys on the percolating rhythms of Miami and is beckoned by the beats of Jazz! Come and be captivated!!



ROSE MAX AND RAMATIS

SAT, 1/4, 8PM

Latin Grammy-nominated Rose Max and Ramatis infuse the heart of Bossa Nova with the influences of samba, jazz and world music. Descendent of Brazilian music royalty, Rosa Max has won the honor of 'Best Female Brazilian Singer' six times and Ramatis is recognized as the 'Best Musician Residing and Performing in the USA,' by the Brazilian Press!!

THE HUMMINGBIRD WARS
BY CARTER W. LEWIS

PRODUCER: STEVE MICHAEL, HUDSON HOLDINGS, LLC
CO-PRODUCERS: ATLANTIC CROSSING & RJS

JAN 10 - FEB 2
Wednesday - Friday, 7:30pm
Saturday & Sunday, 2pm

A soldier returns home from his tour of duty in Afghanistan to the arms of his family only to discover that the homefront has become the new battlefield.



LAUREN KINHAN

SUN, 1/19, 7PM

Award winning, legendary vocalist Lauren Kinhan of the 'New York Voices' has wowed international audiences with her inherent musicality and stage presence.

'Hip, intelligent, and Vibrant!'
-Jazz Times

Debuting music from her brand new release 'Circle in a Square,' produced with Elliot Scheiner, her music and vocal magic really delivers!

RANDY BRECKER

SAT, 1/25, 8PM

Known as a Pennsylvania legend, half of 'The Brecker Brothers,' and a two time Grammy Award Winner/ seven time Grammy Award Nominee, Randy Brecker brings the house down with one of the most versatile trumpet sounds in the industry. But don't take our word for it, come and hear him toot his OWN horn!!



CALVIN NEWBORN & THE AL WATERS SEXTET

SAT, 1/11, 8PM

Wish you could've played with B.B. King, Jimmy Forrest, Hank Crawford, Charles Mingus and Earl Hines? Calvin Newborn did and now he's playing with the Al Waters Sextet! A member of Memphis's famous Newborn Family Jazz Dynasty, Calvin redefines melodic interpretation and plays with great fluidity and a blues sensibility.



BOB MARGOLIN

SAT, 1/18, 8PM

The last living Muddy Waters band member, 'Steady Rollin' Bob Margolin gets back in the saddle for another sell-out session of Chicago Blues. Bringing a classy elegance to his music and redefining old blues standards, Margolin says what he thinks and plays what he feels.

JAZZ BLUES LATIN HIP HOP THEATRE

"BRING YOUR OWN WHATEVER"
A BOTTLE OF WINE, FAVORITE BEVERAGES & MUNCHIES



DICK HYMAN

MEET THE MASTERS
THURS, 2/20, 7PM

JAZZ CONCERT
FRI, 2/21, 8PM

'A living, breathing, swinging encyclopedia of Jazz', Dick Hyman has amazing chops and an inquisitive mind that has guided him through explorations of various styles of Jazz. He brings tremendous experience in creating and performing music for countless major films and television. Join us for a night of prolific versatility!



fashion & beauty

Vixity brings a unique vision to bridal and jewelry experience

With over 35 years in the jewelry business, Mindy Zwerin, formerly of Hertz Jewelers, recently announced the opening of her own store, Vixity. Located at 812 E. Atlantic Avenue in Delray Beach, Vixity welcomes brides, tourists and the fashion forward!

From classic, timeless pieces to edgy, one-of-a-kind finds, Vixity's carefully curated collections include exquisite engagement and bridal jewelry, fine jewelry, and fashion jewelry. Also offered are a bridal registry, home décor, and a selection of fine gifts suitable for brides, grooms, and bridal parties.

Zwerin believes jewelry functions as a medium of expression. She wants every customer to discover that one-of-a-kind piece that perfectly expresses his or her personality.

Vixity also represents a long-held dream. Seemingly destined for a place in the jewelry business, Zwerin's father, also formerly a jewelry storeowner, would frequently send her to New York City to do buying. "He really

encouraged me from an early age and set a great example. The most important lesson I learned was how to do business with people. I saw how his moral fiber allowed him to relate to his clients and establish lifelong relationships."

Applying this lesson to Vixity, Zwerin cares about the in-store experience as much as the product selection. With an approach of turning strangers into clients, and clients into friends, Vixity stands apart by letting customers feel that upon their visit, someone is going to take care of you.

With a focus on quality and elegance, and a commitment to unsurpassed service and attention, customers are sure to be delighted the unique experience at Vixity.

"I get really excited thinking about it. I enjoy watching customers fall in love with the products as much as I love presenting them," added Zwerin.

Visit www.vixity.com or call 561-270-3544.

Nest features an ever-evolving mix of design delights

Once a closely-guarded secret of designers and stylists, the funky vintage shops along US-1 from Miami to Palm Beach have always been a favorite way to capture the essence of an eclectic "collected" look. Where else but in South Florida could you find a palm-frond chandelier, a vintage rattan settee, and a mint-condition Danish modern dining suite all in one day? Unfortunately, most people don't have the time to scour miles and miles of highway, so they settle for the convenience of big retail stores and end up with a home that's short on character and doesn't speak to their individual tastes.

Nest believes that your home should tell your personal story. They've done the legwork for you, collecting unique furniture, architectural salvage, and found objects on frequent shopping trips from New England to Key West. They represent an ever-evolving mix of resale and restyled goods, fused with unique accessories and original artwork, all coexisting happily in a hip, relaxed, and easy-to-shop atmosphere. Their far-flung design influences range from casual cottage chic, to neo-Victorian steampunk, to urbane Paris pied-a-terre, and everything in between. They also represent CeCe Caldwell's list of chalk paints.

Nest is your go-to for inspiration, featuring a spectrum of design styles, photo-worthy vignettes, and reference materials to put together your dream design. Find a special piece that inspires a whole new look, or layer your existing look with something that can't be found anywhere else. Well-made, quality pieces deserve a second chance, and everything is better with a bit of age.

For more information visit www.nestofdelray.com or call Jennifer Camacho at 561-900-7181

Hair Styles

New Year, New Hair, Why Not?

By Dianne E. Adams
Special to The Pineapple

Have you been looking in the mirror for the last 365 days and saying... I need to do something? You may not know exactly what you want to do, so you have been putting it off for a long time. Maybe you just broke up with your beau or you are looking for that dream job. Whatever the reason, it is the time for big, or even not so big changes.

When I am doing a client's hair, whether it is a new color, a few highlights, a new shaggy cut, or a full head of extensions, I can see the excitement in their eyes. Something powerful happens when you walk into a salon looking one way, and walk out looking another. It may sound over, the top but it can really change your life.

There are lots of fun hair trends for 2014 and the great thing is you can pick and choose what works best for you. When you book your appointment tell your stylist that you need some extra time for a consultation because you're looking for a change. Look at magazines and the internet for ideas that you may be interested in. Together you can formulate a plan to make some fantastic changes in 2014.

You have the option to do it all at once, or feel free to take your time and change your look over a few appointments. Your stylist will know what kind of girl you are and how far they can push the envelope. It is our job to push the envelope, but feel free to push back, but remember, change is good. While it may be scary, the results will be exciting and fresh.

There are lots of hair trends for 2014, and not all of them are for every person. Color trends are bolder, meaning highlights are less subtle and more in your face. If you have hair that is over all one color, that color is bolder

as well. No middle of the road browns this year. It's all or nothing. The beauty of this is you have the power to change as much or as little as you want, and you will feel differently about yourself.

Moving on to the cut, bobs are always en vogue, however this year asymmetrical bobs are making a big comeback. Have your stylist cut 2 inches different on one side and swoop the other towards your face and you will rock this look. My personal fave is the shag. Yes you heard me, an updated 80's shag.

It is such an easy style to pull off because it is perfect in its messiness. It is easy to maintain because of all of the layers. Once you have the cut, you can mess it up by adding mousse on damp hair, flip your head over and blow away. Flip your head back up and use a texturizing hair spray for the finishing touches. You will look like you just got out of a convertible, subtle and very sexy.

Super straight styles are on the way out the door. If you love it and I still do. Make it current by pumping up the volume in the crown by using a texture powder, then run your hands through it to make it just a bit messy.

2014 can be your signature year by making some changes. Maybe you move into that new apartment, buy a new car, ditch your not so great boyfriend, find the job of your dreams. Enhance your changes by changing your hair because in 2014 I want to see new hair for a new you.

Dianne E. Adams is owner-stylist of Studio Seven Hair in Pineapple Grove. Visit www.StudioSevenHairDelray.com



THE DDA INTRODUCES DELRAY BEACH'S FABULOUS FASHION WEEK TO BENEFIT DRESS FOR SUCCESS!

The Delray Beach Downtown Development Authority (DDA) is at it again! Last year the organization, created Delray Beach's Fabulous Fashion Show with the assistance of Jule Guagliardi from ROXYLULU, an upscale clothing boutique located in the Pineapple Grove Arts District, as well as many other volunteers and sponsors from the downtown area.

This year, the team's marketing wheels were in overdrive and the Fabulous Fashion Show has become Delray Beach's Fabulous Fashion Week, from January 11th through January 18th, in downtown Delray Beach. This year's event will honor and benefit the incredible organization "Dress for Success of the Palm Beaches", which helps thousands of individuals put their best foot forward to gain employment.

As illustrated in last year's event, the team developed an innovative way to showcase Delray Beach's elegant, fun, and unique styles that cater to the wonderfully diverse residents and visitors of this great seaside village destination.

This year, it's an entire week of fashion shows, trunk shows, designer demos, beauty makeovers, sweepstake giveaways, and so much more.

Opening night will kick off in Worthing Park directly in front of Salt7 and Park Tavern on E. Atlantic Avenue, where 20 beautiful models, dressed head to toe in the most gorgeous swimsuit designs of 2014, all available from nearby merchants, will disperse a calendar of the week's exciting fashion and beauty events.

The days to follow will consist of a wide variety of fashion and beauty must attend events, taking place in various locations throughout town, as well as within a significant



number of the area's merchant stores. Events, which will be showcasing designers from Miami Beach, Switzerland, Denmark and Delray Beach, are free for the public to attend.

The music pumping, grand fashion show will take place in the heart of Downtown Delray Beach on January 17th and will feature the clothing, hair and accessory designs from over 40 participating shops. The runway will divide the 500 Block on E. Atlantic Avenue, directly in front of the beautiful and historic Colony Hotel creating a "T" stage with seating on both sides for optimal fashion viewing.

"This will be a truly unique experience that you will not want to miss and a wonderful way to show the variety that our shops have in Delray Beach - even better than last year, not to mention for it is all supporting a wonderful cause" comments Laura Simon, Associate Director, DDA.

There will be VIP Seating available at the edge of the runway for \$10, providing an up close look at the fabulous fashions trends of the upcoming seasons. All proceeds, of course, will be handed over to the "Dress for Success of the Palm Beaches" organization in addition to many gift certificates donated by the cities generous merchants. Those who purchase a VIP seat will also receive a \$10 discount on purchases within the participating stores the following day.

Fashion enthusiasts will be in awe over the ever-growing fashion industry styles and trends that seem to be exploding in the Delray Beach area. This is a week certain to dazzle even the most discerning of shoppers and a must on this season's "To Do" list.

For more information about Delray Beach's Fabulous Fashion Week, visit Delray's Downtown Development Authority's website at www.downtowndelraybeach.com or Like the Delray DDA on Facebook at [fb.com/DelrayDDA](https://www.facebook.com/DelrayDDA).




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DELRAY'S FASHION WEEK *Fabulous*

JANUARY 11-19

All Events are Free to the Public

Donations excepted towards Dress for Success of the Palm Beaches or other designated Charity

Friday, Jan. 10, 2014

6 – 9 p.m. **Unique Boutique** at 204 E Atlantic Ave
"Meet the Artist" Michael Baksa, award winning fine Jeweler, refreshments will be served

Saturday, Jan. 11, 2014

10:30 a.m. – 6 p.m. **Furst Handbags and Jewelry** at 123 NE 2nd Ave
"Repurpose your jewelry" event – meet designer Flavie

11 a.m. – 3 p.m. **Petite Connection** at 1049 E Atlantic Ave
Open House event featuring informal modeling, refreshments, gift with purchase
Donations to the Animal Rescue Shelter

6 – 9 p.m. **Unique Boutique** at 204 E Atlantic Ave
"Meet the Artist" Michael Baksa, award winning fine Jeweler, refreshments will be served

6 – 8 p.m. **FASHION WEEK Opening Ceremony Event** at Worthing Park at corner of E Atlantic Ave & SE 2nd Ave (Runway Sponsor: Salt 7)

Sunday, Jan. 12, 2014

10:30 a.m. – 6 p.m. **Furst Handbags and Jewelry** at 123 NE 2nd Ave
"Repurpose your jewelry" event – meet designer Flavie (all week long)

1 – 3 p.m. **Ginjer's Unisex Boutique** at 133 East Atlantic Ave
"Model for a Day" Event with music, hair, makeup, photos and offering 20% off select items, door prizes

Monday, Jan. 13, 2014

10 a.m. – 5 p.m. **Nina Raynor** at 1031 E Atlantic Ave
Designer Trunk Show featuring Algo of Switzerland

10 a.m. – 4 p.m. **C.Orrico Lily Pulitzer Signature Store** at 1045 E Atlantic Ave
Instore Lily Pulitzer Spring Trunk Show

10:30 a.m. – 6 p.m. **Furst Handbags and Jewelry** at 123 NE 2nd Ave
"Repurpose your jewelry" event – meet designer Flavie (all week long)

10 a.m. – 5 p.m. **Trouser Shop** at 439 E Atlantic Ave
Designer Trunk Show – Corbin & H. Freeman
call 561-278-5626 for appointment

7 p.m. – 9 p.m. **Designer Fashion Event** at the Sandbar Restaurant at 40 S Ocean Blvd. (Open to the Public)

Tuesday, Jan. 14, 2014

10 a.m. – 12 p.m. **Salon Elite (Utopia)** at 777 E Atlantic Ave
"Eye Catchers" Beauty Event

10 a.m. – 5 p.m. **Nina Raynor** at 1031 E Atlantic Ave
Designer Trunk Show featuring Algo of Switzerland

10 a.m. – 5 p.m. **Trouser Shop** at 439 E Atlantic Ave
Designer Trunk Show – Corbin & H. Freeman
call 561-278-5626 for appointment

10:30 a.m. – 6 p.m. **Furst Handbags and Jewelry** at 123 NE 2nd Ave
"Repurpose your jewelry" event – meet designer Flavie

1 – 3 p.m. **Plaza Boutique** at 777 E Atlantic Ave
Trunk Show with Designer Da-Ru California by Ming Wang, refreshments and raffle prizes

3 – 5 p.m. **The Legacy Boutique** at 326 E Atlantic Ave
Designer Trunk Show of Sympli out of Canada, Micko Miatz of New York, Ivan Grundahl from Copenhagen, Denmark

3 – 5 p.m. **RoxyLulu Boutique** at 119 NE 2nd Ave
"Dress like a Model" event instore, fashions, refreshments, photos and more

5 – 7 p.m. **Evening of Fashion Event** at 777 Plaza E Atlantic Ave
(Featuring clothing from Chico's, Plaza Boutique, Patchington, and more)

Wednesday, Jan. 15, 2014

10 a.m. – 12 p.m. **Mint Fit 111 Gym and Salon 213** at 111 E Atlantic Ave
Body Trends from Brazil – Trunk Show and mini Fashion Show event with refreshments, prizes and more

10 a.m. – 5 p.m. **Second Time Around** at 10 SE 4th Ave
Storewide event of designer jeans at 90% off, refreshments, giveaways, Makeup sessions and more

10:30 a.m. – 6 p.m. **Furst Handbags and Jewelry** at 123 NE 2nd Ave
"Repurpose your jewelry" event – meet designer Flavie

1 – 3 p.m. **Sequin** at 445 E Atlantic Ave
"Luxury Fashion" Designer show offering 15% off

1 – 3 p.m. **RoxyLulu Boutique** at 119 NE 2nd Ave
"Meet the Designer" Jule Guaglardi showcasing new designs available only at this boutique

3 – 5 p.m. **RoxyLulu Boutique** at 119 NE 2nd Ave
Beauty Treatment and Seminars Session by Dr. Neigl, ocular facial plastic surgeon offering sessions and products

3 – 5 p.m. **The Legacy Boutique** at 326 E Atlantic Ave
Accessory event with Fahrenheit belts from New York City. Exclusive zinc jewelry and The Legacy custom exotic skin accessories

3 – 9 p.m. **Unique Boutique** at 204 E Atlantic Ave
"Meet the Artist" event Michael Baksa, award winning fine Jeweler, refreshments will be served

6 – 8 p.m. **Jewelry & Accessory Night in Downtown Delray** Open House (ICB Gallery, Kismet, RoxyLuLu, & Furst in Pineapple Grove, Sequin, Unique Boutique, Thadi Thai, Avalon, Forms, Zen Dali, Thida Thai, Ginjer, Debilzan, more listed on the website)

Thursday, Jan. 16, 2014

10 a.m. – 5 p.m. **Vince Canning Shoes** at 335 E Atlantic Ave
Naot Footwear Trunkshow

10 a.m. – 4 p.m. **C.Orrico Lily Pulitzer Signature Store** at 1045 E Atlantic Ave
"Anything is possible with Sunshine and a Little Pink" a fashion experience, gift with purchase, 10% discounts, refreshments

10:30 a.m. – 6 p.m. **Furst Handbags and Jewelry** at 123 NE 2nd Ave
"Repurpose your jewelry" event – meet designer Flavie

5 – 8 p.m. **Oh My Bod Boutique** at 1128 E Atlantic Ave
Meet the Designer Stephanie Graniero Trunk Show event

6 – 8 p.m. **Men's Designer Fashion Show** at Solita on NE 2nd Ave in Pineapple Grove
Featuring local designer Stillwind Spirit, Robert Graham, fashions, and more

Friday, Jan. 17, 2014

10:30 a.m. – 6 p.m. **Furst Handbags and Jewelry** at 123 NE 2nd Ave
"Repurpose your jewelry" event – meet designer Flavie

7:30 – 9:30 p.m. **Forms Gallery** at 415 E Atlantic Ave
Meet the Artist reception featuring David McEwen

6 – 9 p.m. **Featured Event: Delray's Fabulous Fashion Show** on 525 E. Atlantic Ave in front of the Colony Hotel
Featuring styles and designs from over 40 fashion boutiques and shops throughout Downtown Delray Beach. (Show to begin at 7p.m.; Arrive at 6 p.m. to visit the shops and specialty vignettes available at the event)
Runway Sponsor: The Colony Hotel and Cabana Club
**Limited runway seating available at \$10 donation per seat given to the Dress for Success of the Palm Beaches; seats to be purchased night of the event beginning at 6 p.m.

Saturday, Jan. 18, 2014

10 a.m. – 5 p.m. Downtown Delray's 25th Annual Fine Art Festival on E. Atlantic Ave – Free to the Public

11 a.m. – 6 p.m. Visit all the Fashion Show Boutiques and Salons and enjoy Open House events showcasing items and styles from the Fabulous Fashion Show visit downtowndelraybeach.com/promotions for the listing
(Those who donated \$10 to Dress for Success will receive a \$10 discount on purchase)

6 – 8 p.m. **House of Zen Dali** at 424 E Atlantic Ave
Meet the Designer Open House Event

7:30 – 9:30 p.m. **Forms Gallery** at 415 E Atlantic Ave
Meet the Artist reception featuring Tim Carter

Sunday, Jan. 19, 2014

10 a.m. – 5 p.m. Downtown Delray's 25th Annual Fine Art Festival on E. Atlantic Ave – Free to the Public

Visit DowntownDelrayBeach.com/promotions for more details, a list of participating fashion boutiques and salons or call 561-243-1077



WINTER HARVEST

A CELEBRATION OF DELRAY'S AGRICULTURAL HISTORY

January 15, 2014 6:30pm - 8:30pm

5 NE 1st Street, Delray Beach *(outside under the Jacaranda tree!)*

Join chefs from **Max's Harvest, The Grove, 32 East & Jimmy's Bistro & Sommelier, Stephanie Miskew** for a 4-course, farm-to-table wine pairing!

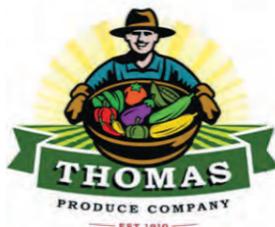
*Tour a gallery of historic Delray Beach farming images.
Special Guest: "Farmer Jay" Jason McCobb*

Event chairs: Dr. Anthony & Elisabeth Salvadore

Tickets: \$40/members & \$45/non-members

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LAKE WORTH, FL – The Inaugural Lake Worth Beach Sand Sculpting and Seafood Festival is now accepting applications for vendors to showcase and sell their nautical themed arts and crafts in the Nautical Marketplace and invites any local non-profit organization who specializes in ocean conservation and similar themed education initiatives to perform or have a booth at the inaugural event.

This creative new three day event, on the Lake Worth Beach is set for January 24-26, 2014. The event features the experts who produce the world famous Ft. Meyers Sand Sculpting events; bringing the same level of professional sculptors, plus an amateur sculpting contest, nautical vendors, ocean conservation education programs and a beachfront seafood festival. All amateur sculptors can sign-up on Saturday, January 25 between 9 am and 11 am. Amateur competition is 11 am – 4 pm on Saturday with prizes awarded at 5 pm on the main stage.

Nautical themed vendors can sell any sea or beach themed arts, crafts, clothing, accessories, jewelry, hats, purses, pottery, photography, etc. Food items that are bottled and not consumed on site are allowed. Lake Worth businesses who fit the theme can apply for only \$100 and all others only \$250 for all three days.

Non-profit organizations whose mission is ocean conservation, education, or similar are invited to provide educational and interactive programs at the event as well. Educational programs that are interactive, fun and also fit the theme can entertain and educate on the main stage.

To apply or email tneil@lakeworth.org for an application. Additionally, any local youth entertainers who would like to perform at the festival on the main stage are invited to submit their audition tapes and information to tneil@lakeworth.org.

The Lake Worth Beach Sand Sculpting and Seafood Festival takes place Friday, January 25 noon – 9 pm with a beach bonfire at 6 pm, Saturday, January 26 10 am – 5:30 pm and Sunday, January 27 10 am – 5 pm at the Lake Worth Casino and Beach Complex, 10 South Ocean Drive, Lake Worth, Florida. For more information visit www.lakeworth.org or call 561-533-7395.

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Youth Volunteer Corps applications open at Zoo

WEST PALM BEACH, FL — The Palm Beach Zoo is announcing online applications are now available for twenty spots within the Youth Volunteer Corps (YVC). Youth ages 14-17 can apply online by printing out an online registration form and sending in the application, along with all required material. This is the second year for the program, and more than half of the volunteers from last year are returning again this year, proving its success.

“We are proud of the progress we have made within this inaugural year,” said Joe Landmichl, Volunteer Services Manager. “I was inspired to begin the Youth Volunteer Corps here at Palm Beach Zoo after participating in a similar one when I was fifteen. The positive impact that young people receive by volunteering at the Zoo spills over into their schooling and everyday lives.”

One YVC volunteer, 16-year-old high school junior Alex Yanes, already has 570 service hours with the Zoo. He said, “As a volunteer serving the organization for almost a year now, I have learned more about the role I have in the local community. It’s been great how I have interacted with various kinds of events and citizens that I haven’t

seen before. I feel I have made a mark in this zoo, which shows I can really do a lot!”

Kristen Wentz, a 17-year-old high school senior, also plans to participate with YVC again. She said, “My experience at the Palm Beach Zoo has been better than I could ever imagine. It is an amazing place to interact with people, make lasting friends and expand your knowledge. I couldn’t have asked for a better place to volunteer my time.”

Alex Yanes, far left, and Kristen Wentz, far right, with two other YVC volunteers

An informational seminar about YVC will be held on Wednesday, January 15, 2014, beginning at 7 p.m. An RSVP is required to volunteers@palmbeachzoo.org before the seminar, which will be held at the Palm Beach County Library Main Branch at 3650 Summit Boulevard in West Palm Beach.

Deadline to apply for YVC is February 10, 2014, and space is limited to a total of 45 participants, with 25 spots already taken from returning volunteers. To find out more about the YVC, contact the Zoo, or download the application here: www.palmbeachzoo.org/youth-volunteer-corps

About the Palm Beach Zoo

The Zoological Society of the Palm Beaches exists to inspire people to act on behalf of wildlife. We advance our conservation mission through endangered species propagation, education and support of conservation initiatives in the field. Our commitment to sustainable business practices elevates our capacity to inspire others.



Youth Volunteer Corps in early 2013

The Palm Beach Zoo is located at 1301 Summit Boulevard in West Palm Beach, Florida. The Zoo is open from 9 a.m. to 5 p.m. every day, except Thanksgiving and Christmas. For more information, visit www.palmbeachzoo.org.

Lake Worth MOD Squad: 101 years and growing

Lake Worth celebrates its new century as an arts, design and entertainment district

With a growing number of unusual art galleries, the Lake Worth Playhouse, Stonzec Movie Theater and live entertainment on every block, the little town of Lake Worth, the town that time forgot, is rapidly emerging as a one-stop arts and entertainment district.

During the week of Arts Palm Beach, January 24-27, Lake Worth’s Galleries and Artist Lofts will hold open houses for Art Tours. Extremely expensive Fine Art will be on sale at Arts Palm Beach. For those who want the quality without the high price tag, visit the galleries of Lake Worth. Buy directly from Lake Worth artists. Lake Worth is where the art is made. The events throughout the county are titled, “Art Synergy.” January 26th is Lake Worth’s turn to host visitors.

Palm Beach Cultural Council Gallery, 601 Lake Avenue, has a rotating gallery exhibit of the finest artists Palm Beach County. Many consider these artists among the best in the nation. Closed on Sundays and Mondays, the gallery is open to the public Tuesday through Saturday. The Council’s gift shop offers wonderful works from local artists.

Clay Glass Metal Stone Gallery, 15 South J Street, is a non-profit 3-D artist cooperative of over 30 local artists. The artists produce works in clay, paper, bronze, glass, fibers and metals. Without the 50% mark-ups of regular galleries, the works at this Mecca for 3-D artists are affordable. From large sculptures to the finest of jewelry, the works are one-of-a-kind. From emerging artists to the old pros, the work spans a wide variety of styles and materials.

The gallery is cooperatively artist run. The artists are available to discuss commissioned works from any or all of them. The gallery can be contacted for special group tours that include pottery wheel, glass spinning and wood turning demonstrations. Call 561-588-8344 for information. January 17th- Works by Vandy. “Don’t Believe Everything You See in the Paper....Mache” 6-9PM

Bruce Webber and Maryanne Webber Galleries, 705-711 Lucerne Avenue Bruce Webber has created a true fine art gallery that is full service. It includes framing as well as the supplies artists need to create their works. Maryanne Webber specializes in handmade American Crafts by artists from around the USA.

The galleries are adjacent and attract a variety of customers, new and old, to their unique stores. They produce unusual exhibitions on a regular basis. Maryanne is the founder of the successful Lake Worth Street Painting Festival held every February, drawing visitors from all over the world.

Art Link International, 809 Lucerne Avenue, Art Link International is a family-owned business of three generations: for 75 years they have dealt in the finest of European, American, Modern and Pop Art. They house one of the finest collections of Highwaymen Art in the area.

Artefact Pardo Gallery, 805 Lake Avenue, buys & sells Old Masters, 20th Century Modern & Contemporary Art. The gallery is open by appointment. Email: Robert@TheArtefactGallery.com Phone: 561-329-6264

Margot Stein Gallery, 512 Lucerne Avenue, features painting, sculpture and works on paper by major post-war and contemporary artists. For over 30 years, Margot Stein has specialized in bringing to the art world outstanding examples of 20th century masters.

McMow Glass, 701 N. Dixie Highway, offers the best in stained glass windows and beveled art glass, as well as beautiful designs in carved, etched and faceted glass. Located in Palm Beach County, Florida since 1976 McMow Art Glass maintains an excellent working relationship with top builders, architects and designers and regularly ships their work throughout the US, Europe and South America.

Lake Worth Art League, 604 Lucerne Avenue, was founded on January 6, 1941. The League was established to further the study and development of art, and enhance the cultural life of its members, which number approximately 200. The league offers free exhibitions and demonstrations, art classes and outdoor show exhibits.

Exhibition “Visual Memories” is showing Jan. 14th - Feb. 8th 2014 at the Gallery, 604 Lucerne Ave. L.W., from 10:00 am - 4:00 pm. Outdoor Show Jan. 4 & 5, 2014 at the Lake Worth Cultural Plaza, 9:00 am - 4:30 pm Presentation “ Abstract Expressionism ”, presented by Brenda Zappitell, Jan 16, 2014, 7:00 pm. at the Gallery, 604 Lucerne Ave., L.W. For more information call the Gallery at 561-586-8666.

Art Gallery Designs, 630 Lake Avenue, is one on Lake Worth’s newest galleries. The front of the gallery carries works of local artists. The rear is used as classrooms for children and adults who want to wander in and create art works of their own.

Shoe String Designs, 716 Lake Avenue is located inside Palm Beach Home Interiors. This funky, fun and colorful shop features the works of local artists as well as jewelry, handbags and painted furniture.

LSD Gallery (Local Smoking Domain), 407 S Dixie Highway, features fine art and

glass blown pipes of all kinds. The works of art are created by celebrated artists from around the country.

The Lake Worth Artists’ Lofts were created from a federal neighborhood improvement grant to Lake Worth’s CRA. These lofts house 12 artists’ live/work spaces. They will be celebrating “Art Pop” during the Synergy Art Tour of Lake Worth from noon to 7PM.

The Lake Worth Playhouse and the Stonzec Movie Theater: The Lake Worth Playhouse has more fun in its theater per square foot than any other arts entertainment center in the region. A beautiful setting with the best of local talent, it is an experience not to be missed.

Ain’t Misbehavin’ January 16-February 2
Patsy Cline Tribute January 8, 8PM \$20

Stonzec Movie Theater: Whole new schedule every month, the Stonzec shows films that you will not see anywhere else in the county. Film shown seven days a week, films and show times vary. visit www.lakeworthplayhouse.org Call 561-296-9382 for more info. Tickets \$7-\$9

Friday, January 3rd: Evening on the Avenue in Downtown Lake Worth. Lake Worth’s shops and restaurants welcome you its 101st year. Look for artists and musicians on the streets throughout town and in most of the local restaurants.

Saturday, January 4th: Trinkets and Treasures and the Bees Knees hold their monthly Parking Lot Sales. Both shops are loaded with treasures they clear out at phenomenal prices. Enjoy their barbeque and drinks as you rummage through their unusual finds.

Friday, January 10th: Lake Worth Food Truck Invasion: Sponsored by South Shores Tavern (502 Lucerne Avenue), this newest of Lake Worth events has grown each month. The invasion will take place from 6-10 PM in the parking lot of PNC Bank. Eat first and then visit the Patio Bar behind South Shores Tavern for an evening of wonderful entertainment. South Shores is now open for Lunch in the Garden 11:30 - 3p everyday.

Friday, January 17th: Evening On The Avenue- enjoy a stroll through all of the shops and restaurants in town.

The Merchants of Downtown (MOD Squad) is a group that meets weekly to make Downtown Lake Worth a welcoming destination for neighbors and visitors alike. The MOD Squad, as they fondly refer to themselves, organizes block by block bringing activity, unity and camaraderie to the Downtown Lake Worth Business District.

For additional information contact JClay6@aol.com

FOOD & DINING



The Food Beat's *Kulinary Kidd* visits Delray Beach restaurants and shares their virtues through the eyes and tastes buds of a kid. A self-proclaimed "foodie," The Kidd visits with the establishment's owners, chefs, staff and customers to provide viewers with an insider's look at local restaurants.

In this installment, The *Kulinary Kidd* visits one of Delray Beach's most iconic locations, Ellie's 50's Diner.

"My Mission as the *Kulinary Kidd* is to show that healthy, fun, non-boring, and tasty choices for kids are available at Delray Beach restaurants. Ellie's 50's Diner is certainly one of the most fun and entertaining places to eat in all of Delray Beach.

Everything about Ellie's shouts the 50's. From the pink and black retro sign with an old muscle car parked under it, to the old school juke box in the entry way, you know right away that Ellie's is unlike any other restaurant around. It's like going back in time! The smiling servers are wearing poodle skirts, 50's music is playing, and great food is served up with satisfying portions. Somewhere, Elvis and Marilyn are smiling.

But it's not just the decor and 50's museum-like experience that has a 50's feel to it. It's the heaping helpings of home cooked meals served by really nice people. Ellie and her husband Bob have been in the food business for a long time, and the authentic diner has been serving Delray Beach locals for years.

Ellie's is open seven days a week and serves breakfast, lunch, and dinner. The menu is not only huge, it's fun too, as all the menu selections have been given 50's songs names. You can order the "Barbara-Ann" the "Chantilly Lace" or the "Long, Tall, Sally." On my visit, I went right to the kids menu and ordered "Let the Little Girl Dance." This was a tasty mountain of freshly prepared chicken fingers and fries that were as good as I have ever had. I also enjoyed an ultra-thick chocolate malt, made from real

KULINARY KIDD



THE FOOD BEAT

ice cream. Needless to say, I did not leave Ellie's hungry.

My parents were also impressed with the quality and volume of their meals. Mom enjoyed "Only You", which is a generous portion of homemade meatloaf, real mashed potatoes and gravy, and vegetable. She said the meatloaf reminded her of her moms. Dad had the Tuesday special, "My Special Angel", a homemade chicken potpie, and a fresh garden salad. He then completed his effort with a slice of blueberry pie.

Ellie's 50's Diner is a really fun place for kids and serves the kind of food we love. But it is also a great place for adults too. Ellie's 50's Diner has all the menu items that our parents love, at prices they'll love even more. They also serve up a full line of adult beverages and have a great "Happy Hour". The outdoor patio is huge and indoors, they have two private rooms for groups of almost any size.

Ellie's can cater and coordinate wedding receptions, rehearsal dinners, mitzvahs, engagement parties, company picnics, grand openings, corporate catering and fund raising events, birthday and holiday parties, beach parties, barbecues, picnics, fairs and festivals, school functions, church and religious gatherings, and class reunions or family reunions. Your event can be held at Ellie's, or the location of your choosing.

So the next time you get a hankering for some really good home cooked food or are planning a really special event, I suggest you wake up little Suzie and head to Ellie's 50's Diner. Tell Bob and Ellie the kid sent you."

You can see The *Kulinary Kidd*'s visit to Ellie's 50's Diner and other episodes at www.thefoodbeat.com.

Ellie's 50's Diner
2410 North Federal Highway in Delray Beach
(561) 276-7716
www.elliescatering.com



Top country club chefs return for a clever culinary competition



DELRAY BEACH, FL – Get ready for a fiery competition at the 3rd annual Country Club Chef Showdown as the finest country club chefs go knife-to-knife for top honors and a year's worth of bragging rights! Last year's winner, Zach Bell of Addison Reserve Country Club, will be hosting this year's event on February 11, 2014. Each chef will create a signature dish using the same main ingredient in this Iron Chef-style competition. A panel of expert judges will determine the winner after a thirty minute timed, live competition! The winning chef will have the opportunity to host next year's event.

The competing chefs are: Glenn Matusik of Delaire Country Club; Steve Nardiello of Gleanegles Country Club; Michael Schenk of the Polo Club of Boca Raton; and Bart Messing of Woodfield Country Club.

The esteemed panel of judges evaluating their creations are: Lindsay Autry, finalist in Top Chef Texas; Michelle Bernstein, Executive Chef at Michy's, James Beard Award Winner and 2008 Best Chef South; Nan Chisholm, Independent Fine Art Appraiser for PBS' Antique Roadshow; Stephanie Miskew, The Glamorous Gourmet; Virginia Philip, Master Sommelier, The Breakers Palm Beach and owner of Virginia Philip Wine Shop & Academy; and Marie Speed, Group Editor for JES Publishing, Boca Raton magazine.

The evening begins with a delectable cocktail hour featuring signature hors d'oeuvres from each of the participating clubs. Guests can

sip savory cocktails as they bid on wonderful silent auction prizes as smooth jazz echoes throughout the room. The evening progresses to the main ballroom where the Iron Chef-style competition is filmed live and projected on large screens throughout the ballroom. Later in the evening, guests will have the opportunity to sample each of the chef's creations.

"Each year this event gets more exciting," said Greg Leach, president of Hospice of Palm Beach County Foundation. "The food is simply fantastic and the friendly competition gets spirited with club members cheering on their chefs. We greatly appreciate the support of the country clubs, the chefs and judges, our sponsors, committee members, auction donors, volunteers and guests. Everyone comes together to have a great time and at the same time provide care for the families in our community who are facing the illness of a loved one."

The Country Club Chef Showdown is being presented by BB&T. Other sponsors include Sysco, Boca Raton magazine and WPTV Channel 5. The event Co-Chairs are Roz Shuster and Ilyse Shuster. All proceeds from this event will directly benefit Hospice of Palm Beach County's specialized programs, services and treatments that go beyond what is reimbursed by Medicare, Medicaid or private insurance, allowing Hospice to continue to put the needs of patients and families first.

Tickets for the event are \$200. For more info or to purchase tickets, call Mary Coleman at (561) 265-6042 or visit hpbpcf.org/chef.

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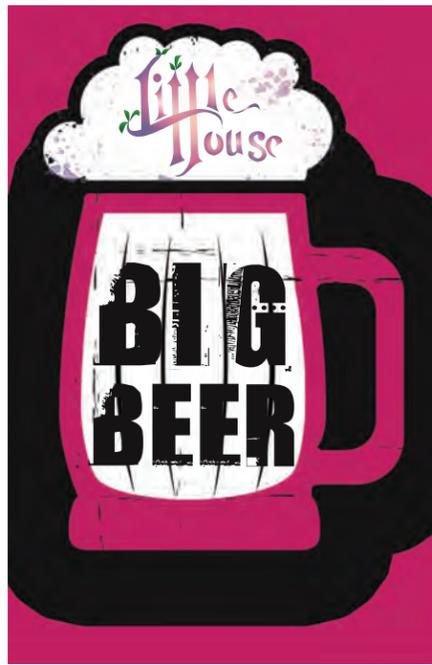
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JANUARY

Last year my New Year's Resolution was to become a Certified Cicerone. Last year was also my first beercation to California, home of some of the most well known craft breweries.

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PINEAPPLE EXCLUSIVE

February 7-8-9, 2014

A gourmet food & entertainment event

15th Annual Garlic Fest

2014

presented by



National Act Entertainment

Garlic Chef Competition

Gourmet Alley

Garlic Mercantile Area

Home Depot Garlic University

Children's Area

180 Upscale Artists & Crafters

Garlic Oasis Bar

Cloves & Vines Wine Garden

Italian Rose Garlic Marketplace

561.279.0907

www.dbgarlicfest.com

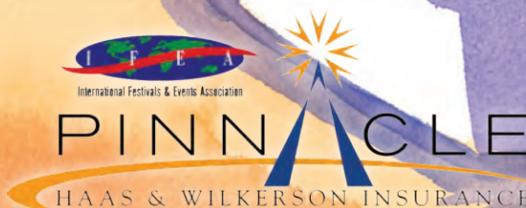
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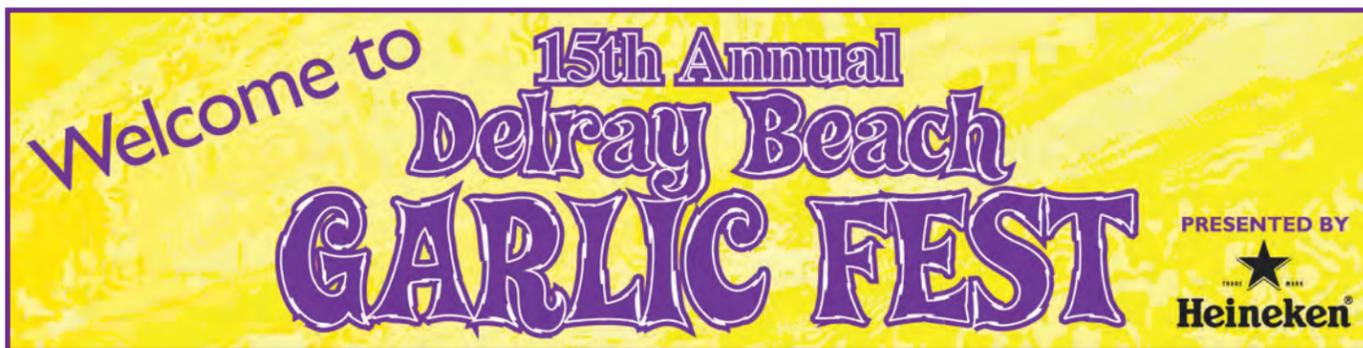


Follow our boards on Pinterest www.pinterest.com/dbfestfun



ELLEN NEGLELY

DELRAY BEACH



For thousands of years, human beings have gathered together at festivals and fairs to celebrate religion, the harvest and the arts. Festivals and fairs give families, friends and communities an opportunity to gather and enjoy each other's company and offered relief from the hardships of daily life and a chance to renew the human spirit.

Delray Beach is blessed with a plethora of festivals and fairs but for many the height of the festival season is the Delray Beach Garlic Fest. Now in its fifteenth year, The Garlic Fest is truly a unique Delray Beach tradition. It was started by a group of locals as a means to raise funds for local non-profit organizations dedicated to children's arts and activities and it is still run by those local organizations today! This year it will surpass \$500,000 in charitable contributions to the 16 organizations and the 500 community volunteers they represent. The Delray Beach Garlic Fest is a gathering that renews the communal spirit and it enriches the fabric of Delray Beach life.

Renewal is the theme of the 15th Annual Delray Beach Garlic Fest. It reflects our commitment to bringing you something new and different each year in entertainment and to educate you in a fun way. We believe that the 15th edition of the Garlic Fest will be the best ever! And we do not make that promise lightly!

A new presenting sponsor, Heineken, joins us for the 15th edition of the Garlic Fest. Our heartfelt thanks to Heineken for supporting the festival and welcome to the Garlic Fest family. Back by popular demand is an old friend, Italian Rose, with their lineup of innovative garlic products. And from Naples, Florida, we want to welcome Jimmy P's Butcher Shop. Fans have called Jimmy P's the best butcher shop in America!

Over the past five years, The Garlic Fest has brought great music to South Florida. Seminal performances by Buddy Guy, G Love & Special Sauce, The Waiters and Lifehouse in the last three years reflect our commitment to great music. This year, we are proud to bring one of the most requested bands by our Garlic Head fans on Friday, February 7, 2014, Collective Soul. With seven number one hits including "Shine," "The World I Know" and "Precious Declaration," the band from Stockbridge, Georgia will rock this seaside town.

On Saturday, February 8, 2014, we will feature a band that sold out three shows at Madison Square Garden and three shows at Red Rocks Amphitheatre in 30 minutes. Yet, they have never played Florida! The band is called Dispatch and we guarantee you that it will be a concert to remember! To quote Brad Corrigan, one of Dispatch's three singers and multi-instrumentalists, "We've been called the biggest band nobody's ever heard of. People either know everything about us or they know nothing. There never seems to be any middle ground." Listen to "The General" or "Bang Bang" online and you will be hooked!



The renewal theme continues at Garlic Chef Stadium with the introduction of our food waste and hunger awareness program. "Waste to Taste." Nearly 72 billion pounds of food are wasted in the United States each year. "Waste to Taste" seeks to raise public awareness of the potential to utilize our food products wisely at home and to help eradicate hunger in the United States in our lifetimes! Reigning Garlic Chef Champion, local Chef Bruce Feingold of Dada's is sharpening his knives and kitchen skills to repeat his amazing culinary performance of last year.

While we have many returning artists and crafters coming back to Garlic Fest, we have over 30 new vendors bringing a variety of food products, arts and crafts. Old friends like Kenny "The Tin Man" Hoff and Mike Syphrit's "Crushable Hats" return while new artist Haiyan Wang, brings his Pop Art along with Doug Thomas and his 1000 Oaks Barrel Co. Doug brings his American White Oak Barrels, Barrel Dog Collars, Barrel Canteens, Barrel Humidors, Infused Cigars and other Barrel like products.

So Garlic Heads, get ready to regale, rejoice, refresh and renew at the 15th Annual Delray Beach Garlic Fest presented by Heineken on February 7-9, 2014. For more information visit our website at www.dbgarlicfest.com

Ellen Negley
2014 Garlic Fest Poster Artist



For me, watercolor is the perfect medium although I will agree at times it can be frustrating and very unforgiving. It's elusive, unpredictable and has a mind of its own. One minute the colors are bold and electric and the next they're delicate and transparent. Maybe that's what keeps me interested because when I look back at some of my first paintings, it's a small miracle that I continued to paint! One thing's for sure, if I painted every day for the rest of my life, I still wouldn't know all there is to know about watercolor.

My paintings are a reflection of my travels. It's what I love to do. Traveling and painting have a lot in common... there's always something new to discover. For my subjects, I choose busy, urban settings where I can use lots of color and have people bustling about. Lately that often includes boats and palm trees, a reflection of my current tropical surroundings. The more I paint, the more I move toward abstraction. I don't strive for picture-perfect representation. I care less and less about accuracy and think more about composition and color. I often move things around for composition's sake although I rarely eliminate elements to make a "pretty" picture. If there happens to be telephone poles in the scene, they'll likely end up in my painting!

Please visit my website at negleywatercolors.com.

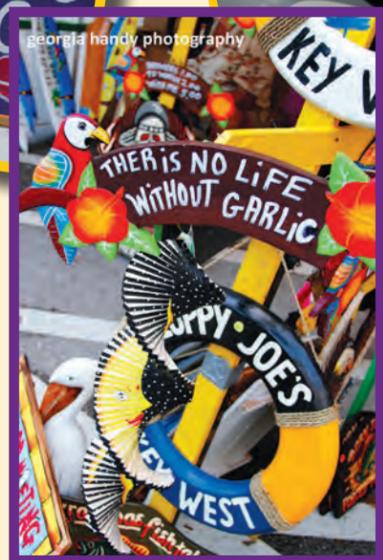
I can also be found at facebook. [com/NegleyWatercolors](https://www.facebook.com/NegleyWatercolors)

And I have a shop on etsy: www.etsy.com/shop/negleywatercolors



Welcome to **15th Annual Delray Beach GARLIC FEST**

PRESENTED BY **Heineken**



Georgia handy photography

**-FRIDAY-
COLLECTIVE SOUL**

**-SATURDAY-
DISPATCH**

**-SUNDAY-
TRIBUTE SUNDAY**
THE ORIGINAL BRUCE SPRINGSTEEN TRIBUTE BAND & THE U2 TRIBUTE SHOW



COLLECTIVE SOUL

**Main Stage
Nat'l Acts**

FRIDAY, FEBRUARY 7

6:00 PM

FABULOUS FLEETWOODS

8:30 PM

COLLECTIVE SOUL

SATURDAY, FEBRUARY 8

12:30 PM

ANDY CHILDS

2:30 PM

TAYLOR ROAD BAND

4:00 PM

NUCKLEBUSTERS

6:30 PM

ANDY CHILDS BAND

9:00 PM

DISPATCH

SUNDAY, FEBRUARY 9

9:30 PM

WORSHIP SERVICE

Oceans Edge School & The Avenue Church

12:30 PM

ANDY CHILDS

with guest appearance by Mary Gaines Bernard

2:00 PM

AMBER LEIGH BAND

4:00 PM

B STREET BAND

The Original Bruce Springsteen Tribute Band

6:00 PM

U2 BY UV

The U2 Tribute Show!



DISPATCH



B Street Band
- Original Bruce Springsteen Tribute Band



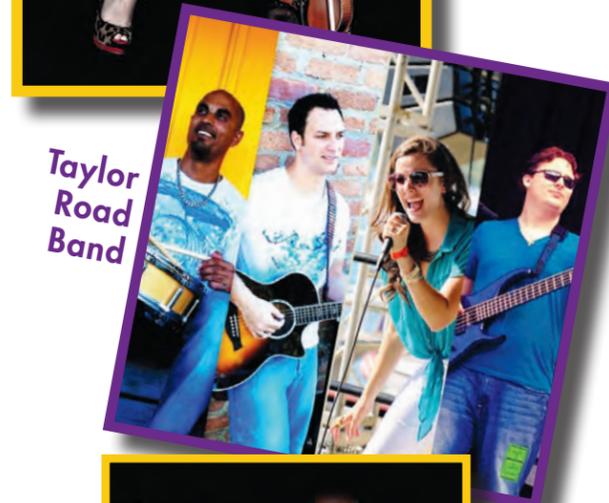
AMBER LEIGH



Andy Childs Band



Mary Gaines Bernard



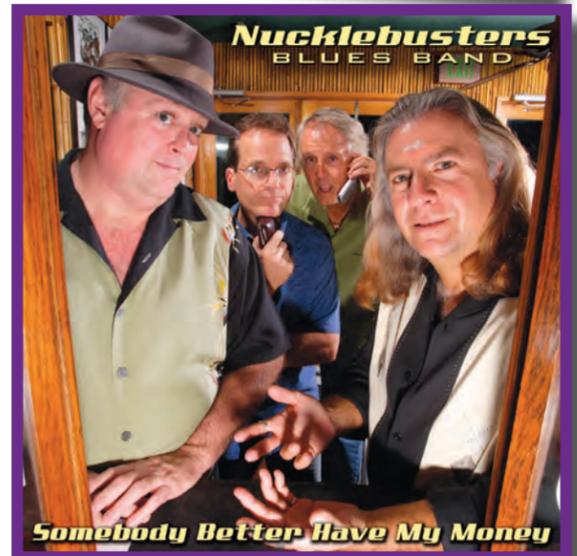
Taylor Road Band



U2 BY UV



FABULOUS FLEETWOODS



**Nucklebusters
BLUES BAND**

Somebody Better Have My Money



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Ocean's Edge School of Worship

GARLIC CHEF STADIUM

"2013 Garlic Chef"
Exec. Chef
Bruce
Feingold



Garlic Chef Stadium Schedule

Friday, February 7th
6:00 pm - 8:00 pm

"Garlic Infused Local Sustainable Cuisine VIP Dining Experience"
Executive Chefs Michael Giletto, Alan Lake & Bruce Feingold

Saturday, February 8th
11:00 am - 1:00 pm

Round #1
Garlic Chef Competition
Executive Chef Todd Webster of ICEBOX Café, Miami Beach
vs. Sous Chef AJ Benacquisto of 32 East, Delray Beach

1:30 pm - 2:30 pm

Demo by Executive Chef Alan Lake
(Garlic Chef Champion 2001, 2002 & 2003)

3:00 pm - 5:00 pm

Round #2
Garlic Chef Competition
Executive Chef Michael Vogler of Latitudes, Hollywood
vs. Executive Chef Jose Pinot of The Local House, Miami Beach

Sunday, February 9th
11:30 am - 1:30 pm

Round #3
Garlic Chef Competition Semi-Finals

2:00 pm - 3:00 pm

The Ancient Olive Demonstration

3:00 pm - 5:30 pm

Round #4
Garlic Chef Finals
Garlic Chef 2013 - Executive Chef Bruce Feingold
of Dada's, Delray Beach vs. Semi-finalist

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THE ANCIENT OLIVE
WINTER PARK, FLORIDA
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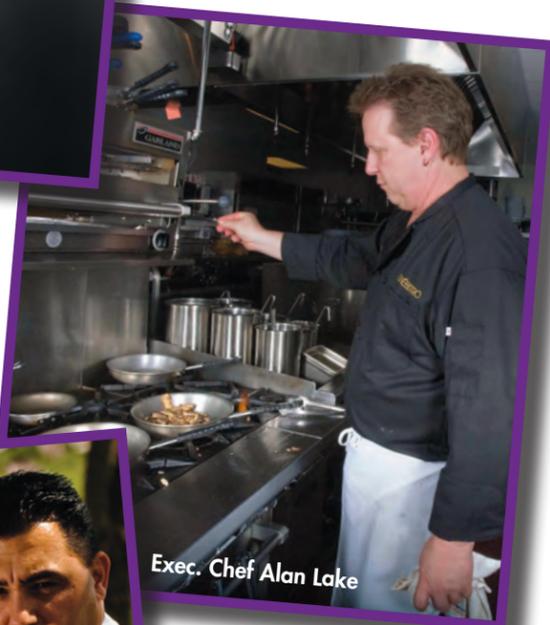
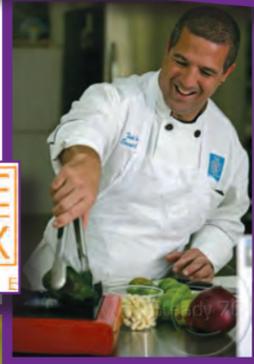
Cheney **C-B-I**
Brothers



Kitchen Craft
cookware



Exec. Chef
Todd
Webster



Exec. Chef Alan Lake

Exec. Chef Michael Gilette



Exec. Chef
Michael
Vogler



Exec. Chef Jose Pinot



Sous Chef AJ Benacquisto

The renewal theme continues at Garlic Chef Stadium with the introduction of our food waste and hunger awareness program, "Waste to Taste." Garlic Fest begins their awareness to the public while educating consumers about saving money on their grocery bill & offering creative ideas. With the help of local farmers, grocers, fish markets, bakeries, and dairy producers. This will be just the beginning of an on-going awareness program that we hope to continue on throughout the years to come.

Nearly 72 billion pounds of food are wasted in the United States each year. "Waste to Taste" seeks to raise public awareness of the potential to utilize our food products wisely at home and to help eradicate hunger in the United States in our lifetimes!

Facts about Waste in the US

- About 200 lbs of food per person will end up in the trash this year.
- 27 Million tons of food are thrown out annually at grocery stores.
- 5 Billion lbs of eggs will be wasted this year.
- 72 Billion lbs of food is wasted annually in the US.



Jimmy P's Butcher Shop

Garlic Fest 2014
Announces Presenting Sponsor
HEINEKEN USA Inc.



HEINEKEN USA, the nation's leading upscale beer importer, is a subsidiary of Heineken International BV, the world's most international brewer. European brands imported into the U.S. include Heineken Lager, the world's most international beer brand, Heineken Light, Amstel Light, Newcastle Brown Ale, and Strongbow cider.

HEINEKEN USA also imports the Dos Equis portfolio, Tecate portfolio, Sol, Indio, Carta Blanca and Bohemia brands from Mexico. For a safe ride home, download the HEINEKEN USA-sponsored Taxi Magic™ application from your smartphone at taximagic.heineken.com.

Please visit www.EnjoyHeinekenResponsibly.com.

15th Annual
Delray Beach
GARLIC FEST

A Special Thanks to our
2014 Garlic Fest Volunteers

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- ATLANTIC HIGH SCHOOL EAGLE-ETTES
- BANYAN CREEK ELEMENTARY SCHOOL
- BOY SCOUT TROOP 301
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- DELRAY BEACH POLICE EXPLORER POST 319
- DELRAY BEACH CENTER FOR THE ARTS
- OMEGA PSI PHI FRATERNITY
- S.D. SPADY ELEMENTARY MONTESSORI MAGNET
- SISTER CITIES
- SUNRISE KIWANIS
- THE AVENUE CHURCH

Garlic Fest Contributions to Volunteer Organizations:

Total Contributions to Date = \$430,000.00

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St. Patrick's Day

Save The Date March 14, 2014 • 5:00 pm – 11:00 pm
Celtic Siamsa Party (featuring Irish dancing, traditional pipe & drum bands, Irish storytelling, food, beer and live music)



Mar 15, 2014 • 11:00 am – 7:00 pm
St.. Patrick's Day Festival
(Front lawn of Delray Beach Center for the Arts)
Featuring full liquor bars, live music, food and craft vendors)

Mar 15, 2014 • 2:00 pm – 4:00 pm
46th St. Patrick's Day Parade
(Atlantic Avenue beginning at the intracoastal, west to NW 5th Ave)

Visit www.festivalmanagementgroup.com for more information or call 561-279-0907



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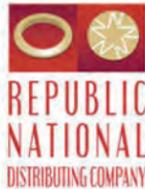
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Ms Opal's Wigs and Hairpieces has proudly been part of the newly designed Big Apple Shopping Bazaar (formerly the Carnival Flea Market) for 14 years and we served our customers many years in other places as well. My staff and I take great pride in the quality of the products we purchase. All of our customers are very special to us, but we specialize in helping customers with Cancer to achieve their goal in looking better. Our large selection of over 4000 wigs and pieces is sure to have something to make you look and feel great!

To show our appreciation to all of our loyal customers, we are even running a special. Buy one wig at regular price and get a second wig at 40% off if you purchase it on the same day!

Come by and see us soon!

Your Body Language started a few years ago in 2011. While working with distributors to sell their products we decided to open a spot and join the wonderful Big Apple Shopping Bazaar.

Brent Golub, the owner, has been in the industry for 12 years. We are excited to work with the public to provide quality hair care products at the best available prices. In 2012 we were recognized for being a top Amazon.com seller with an A+ customer satisfaction rating and ranked in the top 25% of all Amazon sellers. We look forward to seeing you!

For the past 9 years **Compliments Handbags** has offered a wide range of fashion handbags at prices so low that as many people as possible will be able to afford them. We are the dominant player in Palm Beach County always presenting the newest styles and colors reflecting the trends currently shown in hi fashion magazines le Vogue, Vanity Fair and Harper's Bazaar. We are the company the best understands and satisfies the product, service and fashion needs of women from Boca Raton through Palm beach, Florida.

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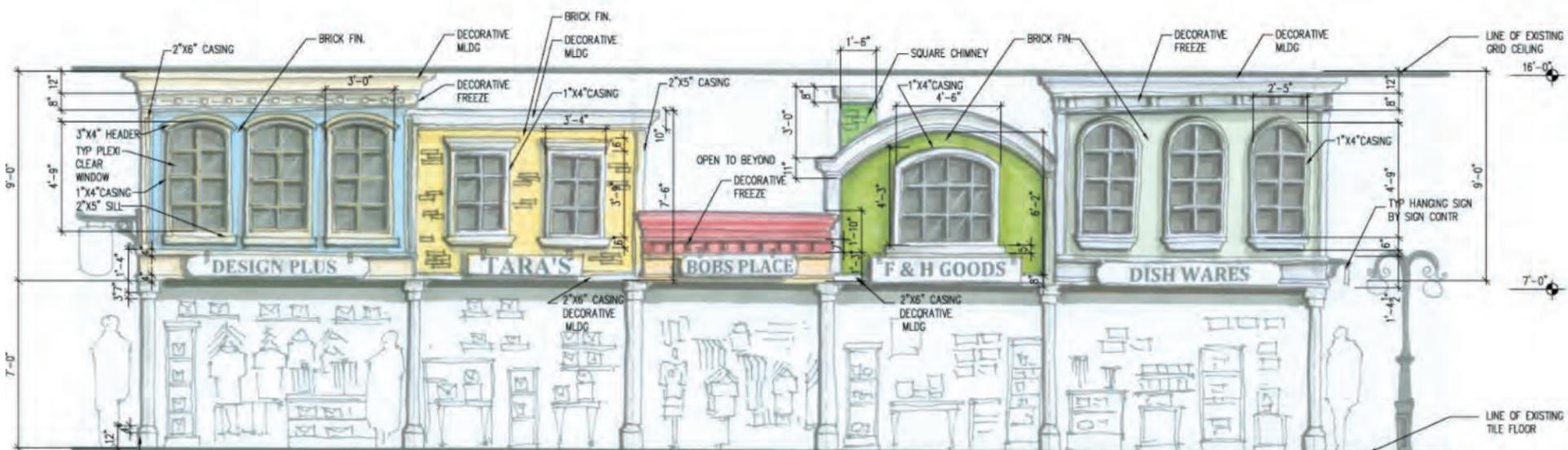
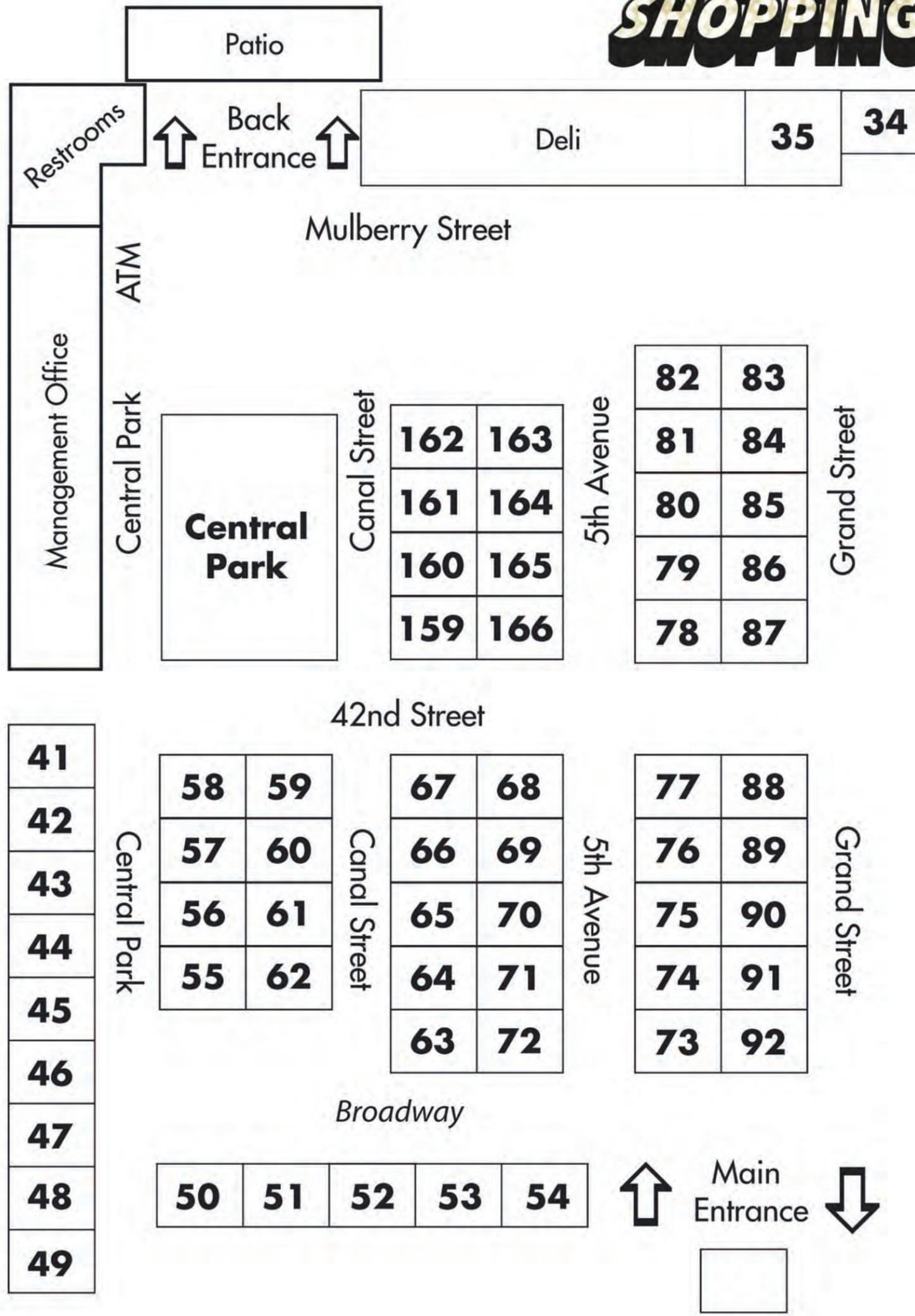
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33	32	31	30	29
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28	27	26
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105	106
104	107
103	108
102	109
101	110
100	111
99	112

Lexington Avenue

128	129
127	130
126	131
125	132
124	133

Madison Avenue

148	149
147	150
146	151
145	152
144	153

Park Avenue

25
24
23
22
21
20
19
18

42nd Street

98	113
97	114
96	115
95	116
94	117
93	118

Lexington Avenue

123	134
122	135
121	136
120	137
119	138

Madison Avenue

143	154
142	155
141	156
140	157
139	158

Park Avenue

17
16
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11

Broadway

1	2	3	4	5	6	7	8	9	10
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Jewelry & Watches

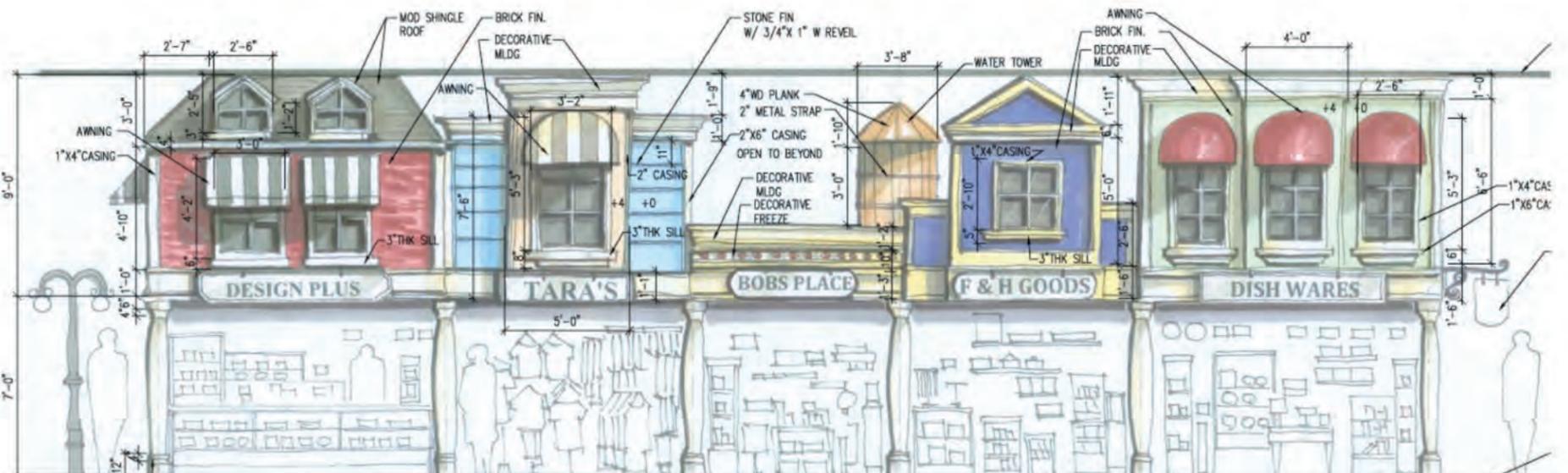
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Best Socks in Town!

Diabetic socks, nylons, underwear, pajamas & all kinds of socks for any size and any age.

Stargem Boutique
(561) 499-7088

Spanks, Danskin Workout, Valentina Jewelry

We have been in business for 25 years in Delray. We offer a "No-hassle" exchange policy and have fitting rooms available. We accept Mastercard, Visa & Discover card.

Sunglass Savy
(954) 560-3701
sunglasssavvy.yolasite.com

NYS Collection of Exceptional Affordable Eyewear

We are a independent dealer of NYS collection eyewear. We have been in business for over a decade selling the most current and fashionable eyewear. Please feel free to contact at JAD2725@aol.com or visit us inside The Big Apple Shopping Bazaar.

Touch of Class
(561) 498-2531

Hats, Belts and Accessories

Wanda's Cosmetics & Fragrances
(561) 498-8565

We Are a Haircut Service

Wanda's Cosmetics & Fragrances offers custom quality cosmetics and fragrances at affordable prices.

Watch Stop Inc.
(561) 495-4573

Ladies and Men's Fashion Watches

We have been selling fashion watches here since 1990.

Won T-Shirt
(561) 499-0057

Custom tee shirts and casual dresses

Customer custom design available starting at \$20. Handmade custom t-shirts with beautiful appliques. Family owned and operated for 18 years.

Your Body Language
(561) 809-7277

brentgolub@gmail.com

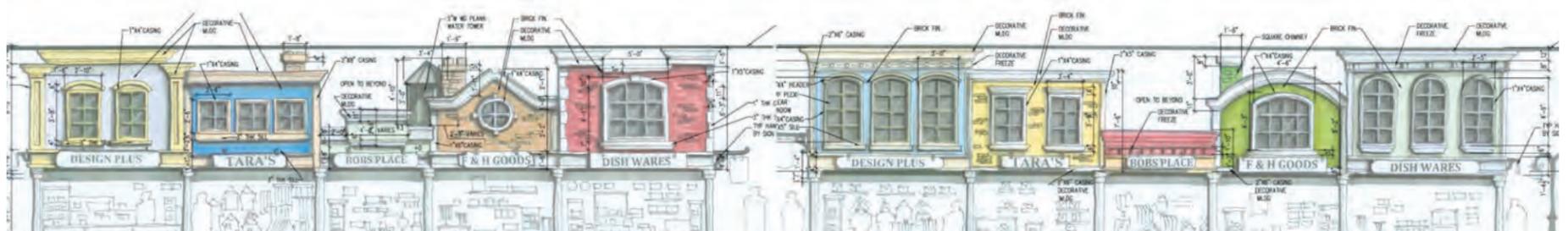
yourbodylanguage.net

Affordable hair care products!

We started in the industry over 12 years ago. Since then, created business relationships allowing us to provide amazing prices to customers. We try to carry a variety of hair care products along with knowledge of hair care needs.

Y.S. Trading
(561) 495-3015

Belts, Handbags, Costume Jewelry, Leather Goods & Luggage



THE BIG APPLE SHOPPING BAZAAR

OVERBEY'S

Get 2 batteries installed and **3RD BATTERY IS FREE.**

Equal or lesser value.

A PASSION FOR FASHION

\$5 OFF

any stringing job of \$20 or more.

E & H SHOES

10% OFF

original price on a 2nd pair of shoes.

Excludes items already discounted.

SOCK SPOT

White diabetic socks
1 DOZEN JUST \$20

BATH COLLECTION

Ultimate Cloth, Washable Beachable, Good for 100's of Jobs, Tough on Big Jobs, Soft on Delicate Surfaces **2 FOR \$10**

J&A

GAMES, TEES, AND NOVELTIES

Tee shirts, buy one get the

2nd for 50% off

All games **10% off.**

NICOLE'S HAIRCUT'S

\$8.00 Senior Men

Women **\$12.00 & UP**

EYEWEAR BAZAAR

UP TO 75% OFF

all designer eyewear

Expires 2/28/14

ART NOOK

30% OFF

PURCHASES OVER \$100

Does not include custom framing, as custom framing is already a very low, competitive price.

MORIAH JEWELRY DESIGNS

10% OFF

Your purchase of \$100 or more.

MILIEU BOUTIQUE

10% OFF

Your purchase of \$100 or more.

KIM'S GIFTS AND GADGETS

10% Off

purchase of \$20 purchase.

Buy TWO, Get One FREE:

Kaywos Magic Cloths - Cleans anything without streaks.

POSH NOSH DELI

\$1 OFF

your order of \$10 or more.

Cannot be combined with any other offers

MS. OPAL'S WIGS

Buy 1 full wig,

GET 2ND FULL WIG AT 40% OFF.

10% OFF

for all chemotherapy patients with proof of prescription.

* Cannot combine offers.



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