



## Gary Rack to Debut New Restaurant Concept with Fish House + Oyster Bar

DELRAY BEACH, FL – Gary Rack Restaurant Management Group, of Deerfield Beach, announced it will soon add a surefire favorite to the already-bustling Delray Beach restaurant scene. Creative in design, concept and menu, RACKS Fish House + Oyster Bar is slated to open its doors at the beginning of 2013.

In keeping with founder Gary Rack's goal of establishing an unprecedented culture of restaurant dining experiences, the Delray Beach establishment sources a variety of inspiration for all aspects of its presentation. A New England seafood house featuring prohibition-style cocktails and Grand Central Oyster Bar-inspired steam kettles, RACKS Fish House + Oyster Bar will feature a unique, nouveau-nautical décor along with a responsibly sourced ocean-to-table menu that excites and inspires.

Culinary Director Matthew Danaher, known for his straightforward style of cooking, has developed an innovative menu that incorporates beloved classics with the modern style and appetite of South Florida. Guests will discover ever-evolving recipes for Ipswich clams, oysters Rockefeller, pan roasts and po-boys as well as an extensive live raw bar featuring what's fresh and in season.

Housed in a historic VFW building originally built in 1948, RACKS Fish House + Oyster Bar has restored the establishment to include hand-painted brick walls; a vivid raw bar displaying the day's fresh and responsibly sourced catches as well as the restaurant's signature custom-designed steam kettles; a zinc-topped bar exhibiting the best of American craftsmanship and lush seating paired with nautically-inspired tables.



Destined to become a downtown Delray Beach staple, anchored within the heart of Atlantic Avenue, facing Worthing Park, RACKS Fish House + Oyster Bar will offer more than an incredible meal. Gary Rack and his dedicated staff will provide an experience as unique as the waves of diverse and dazzling cultures that flow through South Florida each year.

With the mission of bringing hip and forward thinking diners the opportunity to explore contemporary takes on conventional cuisine, Gary Rack Restaurant Management Group offers a portfolio of several restaurants ranging in style from contemporary American to Italian eatery and regionally-inspired seafood.

## DELRAY BEACH SELECTS LOUIE CHAPMAN AS NEXT CITY MANAGER

*Commission authorizes staff to proceed with contract negotiations*

The City of Delray Beach City Commission has selected Louie Chapman, Jr. to serve as the City's next City Manager. Chapman was selected by the Commission on a 3 to 2 vote and, upon approval of an employment contract by the City Commission, will replace City Manager David T. Harden, who retires this month after twenty-two (22) years of service to the Delray Beach community.

For the past nineteen (19) years, Chapman has served as Town Manager for the Town of Bloomfield, Connecticut, a community of 20,000 residents. Prior to his current position, Chapman served as the Assistant City Manager in Charlottesville, Virginia. He has earned a Master's Degree in Planning from the University of Virginia and a Bachelor of Arts in Social Science from Norfolk State University. For additional information about Chapman's experience and education, please visit: <http://tinyurl.com/Mr-Chapman-Resume>.

An interim City Manager will be appointed by the City Commission to take on the responsibilities of the City Manager following the retirement of Harden on January 4, 2013, and will remain in this position until the new City Manager begins employment with the City of Delray Beach.



## PALM BEACH POETRY FESTIVAL SET JANUARY 21-26 AT DELRAY BEACH CENTER FOR THE ARTS

DELRAY BEACH, FL – The ninth annual Palm Beach Poetry Festival returns to the Delray Beach Center for the Arts at Old School Square for six days, January 21-26, 2013. Earlier this year, Festival received the prestigious Muse Award for Outstanding Arts & Cultural Organization (budget under \$500,000) from the Cultural Council of Palm Beach County.

"Eight of America's most gifted poets, including the winner of this year's Pulitzer Prize in Poetry, will be in Delray Beach to teach workshops for qualified writers of poetry, once again offering a great learning opportunity to both local poets and those from around the globe," said Festival Founder and Director Miles Coon.

Former U.S. Poet Laureate Billy Collins will deliver the Festival Gala Reading on January 23, and two extraordinary performance poets, Marty McConnell and Rives, will bring their powerful voices to a late night coffee house on January 26.

"In addition to offering professional workshops, the Poetry Festival will once again provide numerous opportunities for the public to hear truly great poetry, written from and for our time, read by poets who engage and enthrall the audience," added Coon. "They are a diverse group, ethnically, demographically and aesthetically. When people hear them, they will hear America singing."

Continued on page 7

## ARTS GARAGE HONORED



Alberto Ibarguen (President/CEO Knight Foundation), Alyona Ushe, (Executive Director) and Matt Hagman (Program Director)

### *Wins first ever \$20,000 People's Choice Award and \$30,000 Knight Arts Challenge Award*

Delray Beach, FL – Arts Garage ([www.artsgarage.org](http://www.artsgarage.org)) announced that it will expand its programming to facilitate the exchange of arts and ideas in the community with new funding from the John S. and James L. Knight Foundation. At a glamorous event held at the New World Symphony Campus in Miami Beach, FL, Arts Garage won the foundation's first ever People's Choice Award, winning against four Miami-based organizations. In addition, Arts Garage was also the recipient of the Knight Arts Challenge Award in the amount of \$30,000. Arts Garage was the only Palm Beach County cultural organization honored at this prestigious event.

Both awards will allow Arts Garage to continue its signature repertoire series and add special new programming including musical performances, new theatre productions, feature films, visual art exhibitions and educational initiatives.

The winner of the Knight Arts Challenge People's Choice Award had been a secret until the ceremony. The award was determined by the number of text message votes from supporters that were received on behalf of the nominated cultural organizations.

"In the short amount of time since the Arts Garage opened, it has garnered a big local following. The strength of its programming was reflected by the fact that so many people supported it for the first ever People's Choice Award for up-and-coming organizations," said Dennis

Continued on page 7



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Located on the corner of Atlantic & First in Downtown Delray Beach



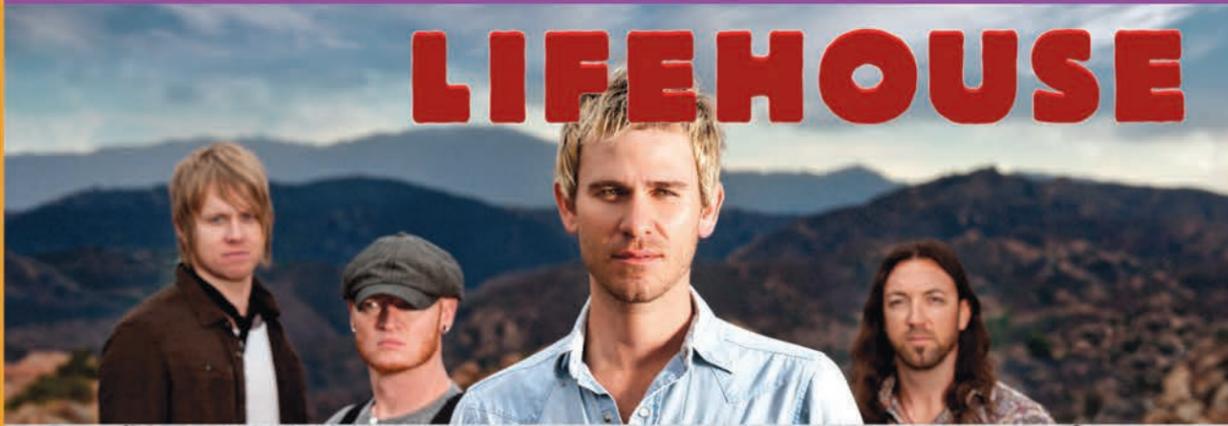
561.455.4041

[www.spotcoffee.com](http://www.spotcoffee.com)

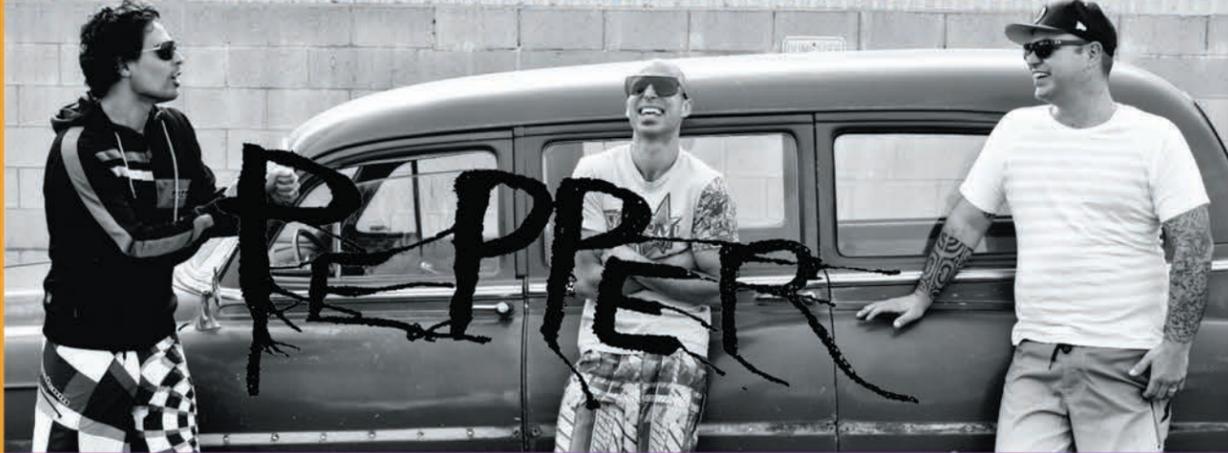
14th Annual **GARLIC FEST** 2013



MAIN STAGE



# LIFEHOUSE



# February 8, 9 & 10

FRI., Feb. 8 (4:00 pm - 11:00 pm)  
 SAT., Feb. 9 (11:00 am - 11:00 pm)  
 SUN., Feb. 10 (11:00 am - 7:00 pm)

## Located

Downtown Delray Beach at Old School Square

(Proceeds benefit local non-profit organizations, staffing event)

No Pets • No Coolers  
No Chairs • No Refunds  
No Outside Food or Beverages

[www.dbgarlicfest.com](http://www.dbgarlicfest.com)  
561.279.0907

Like us on Facebook

## Admission

**Friday:** \$10 (4 pm – 6:00 pm)  
\$15 (after 6:00 pm)

**Saturday:** \$10 (11 am – 6:00 pm)  
\$15 (after 6:00 pm)

**Sunday:** \$10

**CHILDREN UNDER 10 FREE**

## Additional Features

- Gourmet Alley
- House of Appliances Garlic Chef Stadium
- Garlic Oasis Bar
- Garlic Mercantile Area
- Home Depot Garlic University
- Cloves & Vines Wine Garden
- Children's Area
- Upscale Arts & Crafts Exhibitors

# Main Stage Nat'l Acts

**FRIDAY, FEBRUARY 8**

6:00 PM

**FABULOUS FLEETWOODS**

8:30 PM

**LIFEHOUSE**

**SATURDAY, FEBRUARY 9**

12:30 PM

**ANDY CHILDS**

2:00 PM

**KILLBILLIES**

4:00 PM

**THE JAY BLUES BAND**

6:30 PM

**ANDY CHILDS BAND**

9:00 PM

**PEPPER**

**SUNDAY, FEBRUARY 10**

9:30 PM

**WORSHIP SERVICE**

*The Avenue Church*

12:00 PM

**ANDY CHILDS BAND**

2:00 PM

**CAPTAIN REESE WITH SON OF MAN**

4:00 PM

**TURNSTILES**

*The Ultimate Tribute to the Music of Billy Joel*

6:00 PM

**THE LONG RUN**

*Experience the Eagles*

# Garlic Chef Stadium Schedule

2011-2012 Reigning Garlic Chef Chuck Gittleman, Delray Beach returns to defend his title

**CHECK OUR WEBSITE FOR COMPLETE SCHEDULE**



## UNVEILING THE COUNTY'S FIRST 'PINK PUMPER' AT A CANCER EVENT

Palm Beach County Fire Rescue, the Professional Firefighter & Paramedics Benevolent Fund, Inc and the Professional Firefighters and Paramedics of Palm Beach County announced their latest cancer fighting tool - the official "Pink Pumper."



The Pink Pumper was unveiled recently at Boston's on the Beach at a fundraiser for two firefighter families dealing with the devastating affects of cancer. The retired county fire engine, appropriately named "The Crusader" will be on a 'crusade' to raise awareness about cancer within our community. People who have suffered through the battle of cancer themselves will be able to sign the truck as a

rolling memorial and a testament to the reality that the fight can be won.

The pink pumper is being dedicated to two firefighter families who lost loved ones to cancer - one from male breast cancer and one from female breast cancer. Firefighter Mike "Lefty" Thompson lost his battle to male breast cancer in 2009. His wife flew in for the event and was one of the first to sign the truck. 911 Dispatch Supervisor Nancy Simpson lost her battle with breast cancer in 2008. Her family was also there.

Despite the popular association between the color pink and breast cancer, this truck will actually represent the battle against all cancers. Especially since it has been learned that cancer is a troubling and growing problem in the fire service. There is a current national study to identify what is the connection between being exposed to hazardous materials and substances during a fire service career and the higher incidence of cancer amongst firefighters nationwide.

## PLANS UNDERWAY FOR 2ND ANNUAL DELRAY BEACH TWILIGHT FESTIVAL

*One-of-a-kind sporting & lifestyle event, high-speed cycling race along Atlantic Avenue set for March 23*

By Chelsea Midlarsky  
Special to The Pineapple



Plans are underway for the 2nd Annual Delray Beach Twilight Festival to take place on Saturday, March 23 from 10 a.m. to 10 p.m. along Atlantic Avenue. As the event organizer, founder, and \_\_\_-year resident of Delray Beach, I am privileged and thrilled to bring this unique event - that attracts more than 700 amateur and professional bicycle racers - to this area.

I learned much of what I know about cycling from my younger brother, Michael, 24. He has been a professional cyclist for years and helped inspire me to bring this event to Delray Beach. Pairing my passion for cycling with support to our community - KIDS in Distress, Gumbo Limbo Nature Center and the YMCA Bike Program - makes this event that much more meaningful.

Most people have not been to a cycling race such as this. Unlike stage races, such as the Tour de France, which occur over great distances, criterium races are sprint-style, with a short, 1 kilometer course that is lapped over and over again, while spectators line the streets to watch. Cyclists race up to 35 mph with tight turns and straight-aways.

There will be something for everyone at this family-friendly event.

The festival will include events for all ages and levels to include The Granfondo Carneau Florida, presented by The Delray Beach Twilight (\$125 pp) including a custom jersey and Bib timing; Twilight Kids' Race for

children ages 3 - 10 (FREE); Amateur Men's Criterium for intermediate and advanced USCF riders; Twilight Children's Parade; Women's Criterium for elite and advanced women athletes; three 30 minute Keith King BMX stunt shows between 2 p.m. - 8 p.m.; Pro Men's Criterium for professional and elite athletes to include current and former Olympic athletes, national and international champions.

Spectators will also enjoy a fun-filled kid zone, health-centric vendor booths and the opportunity to meet celebrity cyclists, all while cheering on racers. Donations will be accepted for Kids In Distress at multiple locations throughout the Delray Beach Twilight Festival.

The Twilight races were founded in 1980 by Gene Dixon that became the first nighttime race in the U.S. in over in 60 years. Dixon hand-picked the top 10 night races to put on a nationwide series called the U.S.A. Crits that has grown to one of the most popular of its kind among professional cyclists, international racing stars and spectators. Most events draw thousands of people who come out to cheer racers on and be a part of the action.

All proceeds raised through this event will benefit KIDS in Distress, the Gumbo Limbo Nature Center and the YMCA Bike Program. Through our partnership with the YMCA, we will be visiting area YMCAs and schools with professional riders who will talk about their experiences and stress importance of helmet safety. We will also be donating 1,000 helmets.

We hope to see you on March 23!

For more information, visit [www.delraybeachtwilight.com](http://www.delraybeachtwilight.com) or call 561-869-4916.



This past November 6th, the City Commission honored those companies who donated new football uniforms to Atlantic High School. Pictured with a jersey signed by President Barack Obama are: Jim Knight, Maya Saxena from Saxena White, P.A., and daughter, Ryan Boylston, Lee Cohen, Mayor Woodie McDuffie, Uri Mann from the Related Group, and Rick Konsavage from Ocean Properties.

## Veterans' Pathway to Business Success raises \$100,000 at first fundraiser

Veterans' Pathway to Business Success raised \$100,000 recently at their first fundraiser, a dinner cruise aboard the Lady Atlantic in Delray Beach. The all-volunteer, non-profit organization bestows unique monetary grants that have no fees, no interest and no payback to Florida veterans of the Iraq or Afghanistan wars who display the entrepreneurial spirit necessary to run a business. Former service men and women who are interested in applying for the award must be fully vetted by South Palm Beach County SCORE. Application details are available at [www.veteranspathway.org](http://www.veteranspathway.org)

"We are thrilled to have raised this amount of money," said organization founder Jerry Kramer, a decorated Korean War veteran who founded the 501 c(3) with \$250,000 of

his own money. "We created this organization to provide veterans, who are aspiring entrepreneurs, with the financial means to launch their dreams. We hope to make those dreams a reality for about ten veterans a year. To do that we need the community's continued support and commitment."

Major General Joseph J. Taluto, US Army Retired, who is Vice President of the organization was honored at the event for his 44 years of service in the military including two years in Iraq as the commanding General of the 42nd Infantry. "Our veterans have risked their lives for us and now we can pay back that selfless dedication by investing in their future," he said. "We urge everyone to make a donation of whatever amount they can to help us in our mission."



MG Joe J. Taluto, Vice President of Veterans' Pathway, Jerry Kramer, President of Veterans' Pathway, and Fred Pollino, Grant Recipient

## Former champs Haas & Nishikori sign on for ITC

DELRAY BEACH, FL - Former champions Tommy Haas and Kei Nishikori have signed on to play in the 2013 Delray Beach International Tennis Championships (ITC), giving the tournament five former champions in its ATP World Tour field.

Haas, the 2006 champion, and Nishikori, who began his ascent to the Top 20 with his first career win in the 2008 ITC, will join Mardy Fish (2009) and the world's top-ranked doubles duo of Mike and Bob Bryan (2009, 2010) in returning to the tournament where they have won ATP titles.

Add top-ranked American John Isner to the mix, and excitement is evident when tournament director Mark Baron discusses the 2013 event. "Not only are these guys returning champions, but all of them, plus John Isner, have spent time in the Top 20 this year," says Baron. "We will see more Top 20 players on the courts in Delray Beach in 2013 than any other year in our history."

The ITC is also returning two of its ATP Champions Tour event champions - Carlos Moya (2012) and Mark Philippoussis (2011) - giving fans the opportunity to see seven former champions in the ITC's two events. Both the ATP World Tour and the ATP Champions Tour tournaments play during the same week - the only event in the world to combine both Tours into a single event.

Haas recently won the ATP's 2012 "Comeback Player of the Year" award after an

improbable run back to the Top 20 from his third career-threatening injury. Ranked No. 896 in 2010 following hip surgery, the 34-year-old fought back to finish the 2012 season with a 31-16 record and a No. 21 world ranking. He won his 13th career ATP title and capped the season with his 500th career ATP win.

After reaching No. 2 in the world during the 2002 season, Haas' career was on the ropes after he missed all of 2003 following shoulder surgery. He was the ATP's "Comeback Player of the Year" in 2004 after fighting back to the Top 20, but the shoulder required more surgery in 2007. Once again he reached the Top 20 in 2010, only to miss 14 months over the next two years with the hip injury.

"I just want to enjoy that moment of going out on the court, in front of a crowd, and have that feeling of a little pressure and wanting to win," Haas told Duce Magazine at the beginning of 2012.

Nishikori also enjoyed a stellar 2012 season with a 37-18 singles record and a career-high No. 19 ranking. He won his second ATP title (at the Rakuten Japan Open in Tokyo), and reached the quarterfinals in the Australian Open and the London Olympics. In addition to his '08 title in Delray Beach, which helped earn him the ATP's 2008 "Newcomer of the Year Award," the 22-year-old was an ITC semifinalist in 2011. Nishikori is one of two qualifiers to win ITC titles in tournament history.

# pineapple slices

## Learning Castilian Spanish while having fun at Parks & Rec Dept.

Join the Parks & Recreation Department in learning conversational Spanish to help you become familiar with the language while in an office setting, restaurant or while traveling. Small grammar introduction will be taught at the beginning of each class, especially dealing with verbs.

Classes will be held twice a week for six weeks at the Delray Beach Community Center. They will start Tuesdays, January 8, 2013, from 6:30 pm - 8:30 pm and Saturdays, 10:00 am to 12:00 pm. Cost for Delray Beach Residents is \$30 and for non-residents \$40, for a 6-week session.

To register contact the Community Center at (561) 243-7250 or for more information please call: (561) 278-9535.

## Volunteer at this year's Garlic Fest

The 2013 Garlic Fest is in need of volunteers to work their will call booth. Available shifts are listed Below. Let them know if you would like to help out!

### Friday, February 8th

11:00 am - 3:00 pm  
2:45 pm - 7:00 pm  
6:45 pm - 11:00 pm

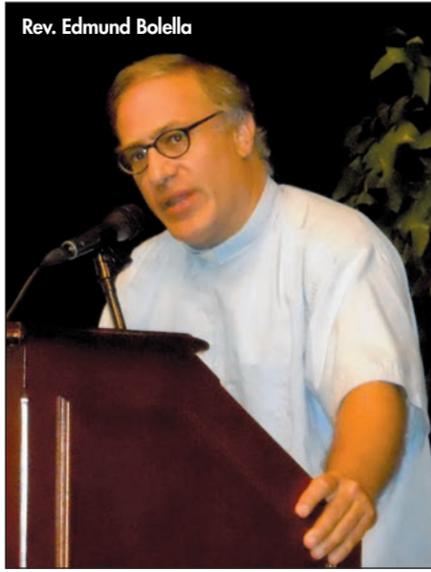
### Saturday, February 9th

10:00 am - 2:30 pm  
2:15 pm - 7:30 pm  
7:15 pm - 11:00 pm

### Sunday, February 10th

10:30 am - 3:00 pm  
2:45 pm - 8:00 pm

Email Sarah at sarah@festivalmanagementgroup.com with your name, cell phone #, email address and shift you would like to volunteer for. For additional questions, please contact Sarah Vallely at 561-279-0907.



## 12th Annual Mayor's Interfaith Prayer Breakfast set January 8th

January 8th, 2013 from 7:00 am - 9:00 am at Pompey Park, 1101 NW 2nd Street in Delray Beach. Cost: \$25.00 per person

Rev. Edmund Bolella will present "A Life in Community." What it means to serve. When are you called to serve. How to draw from your own traditions in service.

Bolella is a graduate of Rutgers College and the Divinity School at Yale University. An ordained Unitarian-Universalist Minister for 22 years, he has served congregations in Santa Barbara, California, New York City and Lanoka Harbor, New Jersey.

Bolella also has a dual Career in Public Health and Social Work. He coordinated the first Tuberculosis prevention initiative for Staten Island, New York after the resurgence of the disease in the 1990's. He has served as Clinical Director for the Park Slope Women's Shelter, a 95 bed facility for woman impacted by addiction and severe mental illness. He later served as Program Director for Volunteers of America's - Salyer House, a 125 bed facility serving adult males diagnosed

with HIV and severe mental illness.

Bolella is a Delray Beach resident and the Director of Education for the Unitarian-Universalist Congregation in Boca Raton. He is also working on a book of Pastoral Reflections based experiences in New York City on 9/11/01 and his activities in the aftermath as a Chaplain for first responders.

For additional information regarding tickets, table reservations, sponsorships etc. contact Sarah Vallely at 561-279-0907.

## Community invited to bid farewell to City Manager David T. Harden

The community is cordially invited to join the City as it bids farewell to City Manager David T. Harden, who is retiring after twenty-two years of dedicated service to the Delray Beach community. A reception in his honor will be held on Friday, January 4, 2012, 10:00 am - 12:00 pm (noon), in the Ocean Breeze Room at the Delray Beach Center for the Arts at Old School Square, 51 North Swinton Avenue.

During his tenure, Mr. Harden helped to revitalize Delray Beach from a struggling community in the early 1990's to the professionally managed, vibrant community it is today. The renewal and redevelopment efforts under Mr. Harden's leadership have distinguished Delray Beach as a model for growth management and innovative practices, both of which have helped the city to be considered one of the premier communities in Florida and around the country.

Over the years, David Harden's efforts have contributed to the city earning numerous accolades locally and nationally. Some of the awards and recognitions that the City of Delray Beach has earned during his tenure include: The only two-time recipient of the All-America City Award in the state of Florida (1993 & 2001), The 2011 Florida Municipal Achievement Award - Florida Citizenship Award from the Florida League of Cities for the city's innovation and excellence in developing civics educational programs for the Delray Beach community, Certification as a Blue Wave City for our clean

and beautiful beaches, and most recently, The Palm Beach County's League of Cities Member City of the Year for 2012 for the Delray Beach's excellence in municipal service.

For more information, contact the City of Delray Beach Public Information Office at (561) 243-7190 or email pio@mydelraybeach.com.

## Delray Beach Police Department announces promotions

Congratulations to Tina Heysler, who is being promoted to the rank of Assistant Chief, Michael Coleman, who is being promoted to the rank of Captain, John Crane-Baker, who is being promoted to the rank of Lieutenant and Brian Cambell, who is being promoted to the rank of Sergeant, effective this past December 15, 2012. We wish them all good luck in their new positions.

## Japanese officials tour Library and attend Rotary meeting

The City of Delray Beach has been selected by the National League of Cities (NLC) as one of only a few local governments from across the country to receive one-on-one technical assistance to promote its Campaign for Grade Level Reading. Delray Beach was recognized as a strong leader by the NLC for its "Community Service Action Plan", a program that is intended to achieve grade level reading for all local children by the third grade.

The NLC will provide support beginning in 2013 which will include technical assistance calls, E-mails and facilitation of peer exchanges to help the City of Delray Beach implement strategies to improve local students' reading proficiency. In addition, the NLC will assign a liaison to keep our City informed of Reading Campaign news, events and available resources as well as initiate community-to-community networking in an effort to share best practices and learn about other programs' successes.

For more information about the City's Campaign for Grade Level Reading, contact Janet Meeks at (561) 243-7231 or E-mail meeksj@mydelraybeach.com.

801 East Atlantic Ave | Delray Beach 561.243.0686 | DelrayYachtCruises.com



## DELRAY YACHT CRUISES

ESCAPE FOR THE DAY

<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>	<b>TUESDAY-SUNDAY</b>
<b>LIVE ENTERTAINMENT</b>	<b>DINNER CRUISE</b>	<b>SUNSET CRUISE</b>	<b>BRUNCH CRUISE</b>	<b>SIGHTSEEING CRUISE</b>
Come aboard our yacht & enjoy our Steel Drum Cruise on January 10th or our Irish Sing-along on January 17th. Cruise from 6-8pm. Full cash bar & casual dining menu available.	Join us for our 2-hour sunset dinner cruise featuring either our Italian Dinner Buffet or Double Entrée Buffet.	End your day or kick off your night on our 2-hour Sunset Cruise! Take in a beautiful Sunset as you have a cocktail from our full cash bar or enjoy a bite to eat from our Casual Dining Menu.	Start your morning with our brunch cruise featuring our 2-hour sightseeing cruise along with our full brunch buffet.	2-HOUR NARRATED SIGHTSEEING CRUISE Tuesday-Sunday, 1:30pm
<b>\$20 per person, call to reserve.</b>	<b>Call for schedule, pricing &amp; availability</b>	<b>\$23 Adults \$20 Seniors &amp; Children</b>	<b>\$39 per person, reservations required</b>	<b>\$23 Adults \$20 Seniors &amp; Children</b>



YEAR ROUND CRUISES | LIVE ENTERTAINMENT | PRIVATE CHARTERS AVAILABLE | RESERVATIONS REQUIRED

## VISIT WWW.DELRAYYACHTCRUISES.COM

The above cruises, prices, schedule & availability are subject to change without prior notice. Please call our ticket office for more information on any of our cruises. FL State Sales Tax may apply.



# pineapple slices



**Delray Beach Elks receive donation from the Delray Beach Police Dept for Florida Elks Youth Camp. Left to right - Carol Dugan; Elks Grants and PR Chair, Chief Anthony Strianese; Police Chief, Bob Shell; Elks PSP and Police Advisory Board.**

## Spady Museum honors Martin Luther King, Jr. at annual breakfast

The Spady Cultural Heritage Museum invites the community to be a part of its annual breakfast, celebrating the life of Dr. Martin Luther King, Jr. The 12th annual breakfast will be held at 8 a.m. January 21, 2013, at the Delray Beach Golf Club, 2200 Highland Ave.

In celebration of the legacy and spirit of Dr. King, four local speakers will share their insights on King's contributions in the areas of education, religion, civil rights and humanitarianism/social justice.

The program will also include two musical selections from local students and presentations by the student winners of the Palm Beach Poetry Festival and the South Florida Youth Speak Out! oratorical contest, presented by the Knights of Pythagoras Mentoring Network.

A new addition to the celebration will be the recognition of community leaders with the new Unity Awards.

"The Martin Luther King Jr. Breakfast has become one of our signature events, and this year, it closely follows the second inauguration of President Barack Obama, which is a great opportunity to recognize our own local leaders," said Museum Director Charlene Jones. "We also are proud that the breakfast is a showcase for our young people, who represent the potential of our future."

Cost: \$25 per person in advance; \$30 at the door; event includes a full breakfast buffet and beverages. Please RSVP by January 14. For more information, call 561-279-8883 or visit [www.spadymuseum.org](http://www.spadymuseum.org)

## Two Centennial Series programs in January at the Public Library

As part of the year long celebration of the 100th birthday of the Delray Beach Public Library, two historical programs will be presented this January.

**Monday, January 7th at 2:00 p.m.**  
Florida genealogist Marc Thompson will present a program titled: "From Whom Our Street Names Came." Learn all about early local residents including Linton, Swinton, Boynton, Yamato, Lake Ida, and Mizner to name a few. Thompson will provide some interesting details about them and their backgrounds.

**Wednesday, January 23rd @ 6:30 p.m.**  
Palm Beach Post news and feature writer and native Floridian, Eliot Kleinberg, will speak about "Florida's Amazing History & Why You Should Care." He will give a whirlwind tour of 500 years of Florida history, including Delray Beach and how it has changed the state, for better or worse, capped with a strong argument that Florida's biggest challenge is encouraging its transplants to become Floridians and work to solve the state's problems. Kleinberg is a member of the Florida, South Florida and Palm Beach County historical societies.

These programs are open to the public. Registration is not required. For further information visit [www.delraylibrary.org](http://www.delraylibrary.org) or call the Director of Community Relations at 561-266-9490.

## Residents are invited to attend the Delray's Fire-Rescue Open House

Have you ever wondered what the skills are to be firefighters in the City of Delray Beach? Would you like to watch firefighters demonstrate their training by rappelling off a 100 foot ladder truck? How would you like to see how firefighters would cut you out of a car if you were trapped after an accident?

You can see all of this and much more at the upcoming Fire-Rescue Open House on Saturday, January 19, 2013, between 10:00am and 1:00pm, at the City of Delray

Beach Fire-Rescue Headquarters (Station #1), 501 West Atlantic Avenue. In addition to the demonstrations by the fire department, attendees will be able to take part in the following activities/demonstrations:

- Demonstrations by the Delray Beach Police Department SWAT Team and K-9 Team
- Free fingerprinting for children
- Blood pressure checks for all residents
- Demonstrations on how to perform hands-free CPR
- Information on disaster preparedness from your local Community Emergency Response Team
- Information booths by local city and county agencies

For more information, contact Captain Curtis Jepsen at (561) 243-7456 or by E-mail at [jepsen@mydelraybeach.com](mailto:jepsen@mydelraybeach.com).

## Delray Beach to dedicate 100 Year Centennial Time Capsule

The Delray Beach Preservation Trust announced that it will donate a 100 Year Centennial Time Capsule (2011 to 2111) to the City of Delray Beach to celebrate the city's recent Centennial and to provide future generations with a glimpse into what Delray Beach was like in 2011. The Centennial Time Capsule, is installed in the lobby of City Hall at 100 NW 1st Avenue.

The Time Capsule will contain a number of artifacts including:

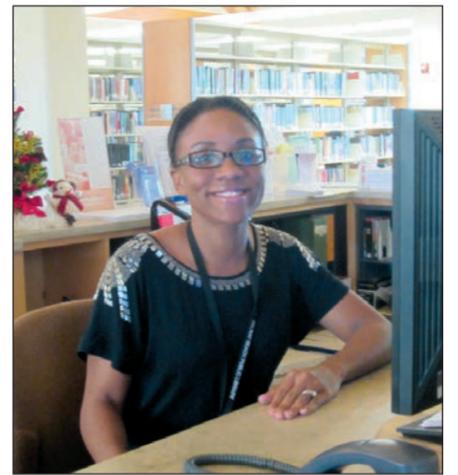
- A DVD of the movie "Delray Then and Now," which reviews and documents Delray's history
- An architectural coloring book illustrated by notable Delray architects & designers
- A local area telephone phone book
- An iPod loaded with current music
- Current local newspapers that report on the events and happenings in Delray Beach
- Many other interesting items that will be considered artifacts when the time capsule is opened 100 years later

All the artifacts are sealed in a specially designed aluminum container that is filled with an inert (non-flammable and non-toxic) gas designed to hold back the effects of time for its 100-year life.

For more information on the Delray Beach Preservation Trust and/or the Centennial Time Capsule dedication, visit the Trust's website at [www.delraybeachpreservation.org](http://www.delraybeachpreservation.org) or contact Dan Sloan, Preservation Trust Board Member, at (561) 243-8755 or by E-mail at [dsloan@sloandesign.biz](mailto:dsloan@sloandesign.biz).

## New Reference Librarian at the Delray Beach Public Library

The Delray Beach Public Library announced the newest addition to the professional staff. Ms. Sabine Dantus has recently been hired as the



new Reference Librarian.

Dantus was raised in Miami and has a Bachelor of Science Degree from Florida International University in Communications and a Master's Degree from Clarion University of Pennsylvania in Mass Media and Journalism. She is currently working on a Master's Degree in Library Science and will receive her MLS in May, 2013.

Dantus has a strong background in mass media and journalism. She worked at WPBT 2 in Programming and Production and then was a Librarian and teacher for YOUmedia Miami where she taught young adults to connect books to the visual arts.

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### Participate in the City's Christmas Tree Recycling Program

The City of Delray Beach Litter Prevention Program is offering several "Drop Off Locations" for Christmas tree recycling for residences and business locations that DO NOT currently maintain "vegetation" collection service. Multiple "Drop Off Locations" will be provided around the City to enable the recycling of real Christmas trees. This free program will run from December 26th to January 22nd.

Single family residences and business locations that DO maintain "vegetation" collection service may also participate in this important recycling effort by placing Christmas trees "curbside" on your scheduled pick-up day for vegetation. This "curbside" service will be offered at no cost.

By participating in the City's Christmas Tree Recycling Program - either at the "Drop Off Locations" or "Curbside" - residents and businesses will be contributing to a sustainable Delray and Palm Beach County. Real Christmas trees are bio-degradable and by recycling them after Christmas, it can make a huge difference in reducing holiday waste. Instead of taking up space in the landfill and reducing our limited resources further, trees can be ground into mulch, which can be used to mulch gardens or parks or to prevent erosion at a local watershed. In fact, mulch and compost are offered FREE (at no cost) to all residents at the County's Solid Waste Authority, 7501 North Jog Road, Monday through Friday, 7:00 am to 5:00 pm, and Saturday, 7:00 am to 2:00 pm.

"Drop Off Locations" for residences and businesses that DO NOT currently maintain "vegetation" collection service include:

**Barwick Park**, 4321 Lake Ida Road

**Orchard View Park**, 4060 Germantown Rd.

**Knowles Park**, 1001 South Federal Hwy.

Before recycling, please remove all tinsel, lights, ornaments, decorations and stands.

For more information on the Christmas Tree Recycling Program, contact the City's Litter Prevention Coordinator, Jennifer Buce, at (561) 243-7138 or E-mail buce@mydelraybeach.com.

### Wine education class at the Delray Beach Public Library

Are you confused by wine? Do you know how to read a wine label? What type of wine goes with specific dishes? These questions and many more will be answered at the Delray Beach Public Library, 100 West Atlantic Avenue, "Wine Education Class" - Wednesday, January 9 @ 6:30 p.m. seminar.

Join Bob Burchill aka "The Wine Guy" in a fast moving discussion on how to navigate your way through the sometimes overwhelming world of wine. You will learn how to choose, serve, taste and enjoy wine in a fun and lively format. The class is designed to appeal to everyone from the wine novice to the connoisseur. Intermediate and advanced wine topics will also be discussed.

This program is open to the public. Registration is not required. For further information visit [www.delraylibrary.org](http://www.delraylibrary.org) or call the Director of Community Relations at 561-266-9490.

### Pancake breakfast and yard sale

DBFR Benevolent would like to announce a Pancake Breakfast and Yard Sale on January 12th from 8:00-12:00 at Old School Square in Delray Beach. All proceeds from this event will go to support the family of fallen firefighter brother, Eric Patrie. Patrie died in November of this year after losing his battle against brain cancer, and is survived by his wife and two young daughters.

Items are also needed for the yard sale. DBFR Benevolent is hoping to sell clothes, furniture, sporting equipment, home goods, jewelry, toys, and any other donated item in good condition.

For any questions on this event please contact Paramedic John Wagner at [jwag7648@hotmail.com](mailto:jwag7648@hotmail.com). For any other inquiries on the DBFR Benevolent, please contact Captain Curtis Jepsen.

### Free FCAT tutoring at the Delray Beach Public Library

For the second year, the Teen Advisory Board (TAB) at the Delray Beach Public Library, 100 West Atlantic Avenue, will be offering FREE FCAT TUTORING January through March 2013 for all children in Grades 3, 4 & 5. Prior registration is required. The schedule is as follows:

#### January

Monday, January 7, 14, & 28

4:00-6:00 pm - 2nd floor Large Study Room

Wednesday, January 9, 16, 23 & 30

4:00-6:00 pm - 2nd floor Large Study Room

Saturday, January 12, 19 & 26

1:00-3:00 pm - 2nd floor Large Study Room

#### February

Monday, February 4, 11, & 25

4:00-6:00 pm - 2nd floor Large Study Room

Wednesday, February 6, 13, 20 & 27

4:00-6:00 pm - 2nd floor Large Study Room

Saturday, February 2, 9, 16 & 23

1:00-3:00 pm - 2nd floor Large Study Room

#### March

Monday, March 4, 11, 18 & 25

4:00-6:00 pm - 2nd floor Large Study Room

Wednesday, March 6, 13, 20 & 27

4:00-6:00 pm - 2nd floor Large Study Room

Saturday, March 2, 9, 16 & 23

1:00-3:00 pm - 2nd floor Large Study Room

Space will be limited to the first 12 students to sign in per day!

For further information on the TAB@DBPL and the many Young Adult programs at the Delray Beach Public Library, please visit [www.delraylibrary.org](http://www.delraylibrary.org) or call Reference, Young Adult Librarian & TAB Advisor Loanis Menendez-Cuesta @ 561-819-6299 or e-mail her at [loanis.menendez@delraylibrary.org](mailto:loanis.menendez@delraylibrary.org) for more details.

### New Years Resolution Open House

If you're like many who think of getting fit for the New Year, then go immediately to The Gym 111. Their New Year's Resolution Open House is scheduled for January 12th from 8am to 12pm. All classes and day passes are complimentary, refreshments will be served, you may talk with a training professional for help in resolving your fitness goals and challenges. Call or visit for details: 561-274-7477 or [www.thegym111.com](http://www.thegym111.com)

# Cool Cats Need Your Help.



Cool Cats Air Conditioning and The Pineapple Newspaper are out to help the cat colonies in our city that need our help.

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## POETRY FESTIVAL - continued from page 1

## Participating professional poets include:

**Billy Collins**, former U.S. Poet Laureate (2001-2003), whose work has appeared in *The New Yorker*, *The Paris Review*, and *The American Scholar*, and is well known for his appearances on National Public Radio. He is a Distinguished Professor of English at Lehman College of the City University of New York.



**B.H. Fairchild**, an award-winning writer whose poems have run in *The New Yorker*, *Paris Review*, *Southern Review*, *Poetry*, *Sewanee Review*, and many other journals and anthologies, including *Best American Poems*. He teaches at California State University, San Bernardino.

**Terrance Hayes**, the winner of the 2010 National Book Award and finalist for the National Book Critics Circle Award, a recipient of a National Endowment for the Arts Fellowship and a Guggenheim Fellowship, and a professor of creative writing at Carnegie Mellon University.

**Jane Hirshfield**, the author of seven much honored books of poetry and the winner of The California Book Award, The Poetry Center Book Award, the Northern California Book Award and three Pushcart Prizes. In 2012, she was elected a Chancellor of the Academy of American Poets.

**Tony Hoagland**, who has published four collections of poems and whose recognitions include the Jackson Poetry Prize, the O.B. Hardisson Award for teaching, the James Laughlin Award, the Brittingham Prize, and the Mark Twain Award, for humor in American Poetry. He teaches in the writing program at the University of Houston.

**Laura Kasichke**, who has published eight collections of poetry and eight novels, has a Guggenheim Fellow and has received two grants from the National Endowment for the Arts. She teaches in the MFA program at the University of Michigan.

**Thomas Lux**, a winner of the Kingsley-Tufts Poetry Award whose latest collection of poems is *Child Made of Sand*, (Houghton Mifflin 2012). He holds the Bourne Chair in Poetry and directs the McEver Visiting Writers Program at Georgia Tech in Atlanta.

**Marty McConnell**, whose work explores the intersection of gender, sexuality, religion, and history, has appeared on both the second and fifth seasons of HBO's *Def Poetry Jam*.

**Rives**, a poet and multimedia artist from New York City, a "Def Poetry Jam" touring cast member, the 2004 National Poetry Slam champ and the co-host of the annual TEDActive conference in Palm Springs.

**Tracy K. Smith**, who won the 2012 Pulitzer Prize in Poetry and is the author of three books, is the recipient of a Rona Jaffe Writers Award in 2004 and a Whiting Award in 2005. She teaches Creative Writing at Princeton University.



**Lisa Russ Spaar** is the author of three poetry collections *Satin Cash*, *Blue Venus*, and *Glass Town*, for which she received a Rona Jaffe Award for Emerging Women Writers in 2000. She serves as poetry editor for the *Chronicle of Higher Education Review* and is Founder and Director of the Area Program in Poetry Writing at the University of Virginia, where she is Professor of English.

All events of the Palm Beach Poetry Festival 2013 take place in the Crest Theatre and Vintage Gymnasium of the Delray Beach Center for the Arts at Old School Square.

Tickets are available on the festival website and at the Crest Theatre Box Office. General Admission ticket prices per event are \$15/adult, \$12/senior and \$10/student. Special student group rates are available. For more information and a complete schedule of public events, please visit [www.palmbeachpoetryfestival.org](http://www.palmbeachpoetryfestival.org).

## Decoist ranks Delray Beach's 100 ft. Christmas Tree as one of the 10 most amazing Christmas Trees in the United States



Delray Beach announced today that the very popular website Decoist.com has voted Delray Beach's 100 ft. Christmas Tree as one of the Top 10 Christmas Trees in the United States (<http://www.decoist.com/2012-12-06/the-10-most-amazing-christmas-trees-in-the-u-s/>).

Decoist ranked Delray Beach's 100 ft. Christmas Tree #5 behind Rockefeller Center in New York City, The National Christmas Tree and US Capital Christmas trees in Washington DC and the Coeur d'Alene Resort Tree in Idaho.

Decoist states "There were many trees to choose from—we chose our selections

based on their size, as well as their unique characteristics, from beautiful lights to attractions at the base of the trees!"

Upon learning of the recognition, Sarah Martin, Director of Delray Beach Marketing Co-operative the organization charged with producing the event on behalf of the City of Delray Beach said, "We are delighted and honored to receive the recognition as one of the Most Spectacular Christmas Trees in the U.S. is overwhelming and a great tribute to the event. To be included in the category with Rockefeller Center, The National Christmas Tree and The US Capital Christmas Tree is wonderful for our residents and visitors of our area" Martin added. "The tree is unique because you can walk through it and see animatronic scenes of elves, reindeer and a model train" Martin commented.

Decoist is a web magazine that brings daily bits of architecture, furniture and interior design.

## ARTS GARAGE HONORED - continued from page 1

Scholl, Vice President of Arts at Knight Foundation.

"We are honored and humbled by the support we received from our patrons, supporters and the entire South Florida artistic and cultural community," said Chuck Halberg, President of Arts Garage Board of Directors.

"This is a major gift for the Arts Garage and is confirmation that it is headed in the right direction in cultural place-making," said Bill Nix, Vice President of Marketing and Government Affairs at Palm Beach Cultural Council. "Delray Beach should be very proud of the recognition this brings to its effort to continue to use the arts as economic stimulus. I know Palm Beach County is."

Launched in 2011, Creative City Collaborative, also known as Arts Garage, was designed to promote the cultural community of Delray Beach and to enhance the city's reputation as an international cultural destination for artists and patrons. The Knight Arts Challenge Award will allow Arts Garage to build on this mission while also aiding in the expansion of these key areas:

- Performances that will highlight regional emerging artists
- Producing new plays
- Expanding educational programs
- Collaborating with regional cultural arts organizations

"The artistic programs we feature stimulate and challenge our patrons, inspire and engage our youth and enhance the quality of life in our region," said Alyona Ushe, Executive Director of Arts Garage. "The Knight Foundation leaders are visionaries who realize that cultural venues and arts organizations are vital for communities to flourish. We are grateful to the Knight Foundation for the recognition and for empowering us to pursue our mission with a vengeance." To secure the Arts Challenge Award, Ushe needs to raise an additional \$30,000 in matching funds. "We are in the midst of our next 'first' – Art Garage's first end-of-the-year fundraising drive," said Ushe. "I implore our patrons to step up to the plate and to make as generous a gift as they can."

"Everywhere you go in South Florida we want you to have an encounter with art. Places like the Arts Garage help bring culture deep into communities as a way to delight, inspire and challenge us," said Dennis Scholl.

## About Arts Garage

An initiative of the city of Delray Beach, FL and Delray Beach Community Redevelopment Agency, Creative City Collaborative (DBA Arts Garage), was designed to advance arts and culture as an economic engine. The venue, which held more than 150 different events during its first year, is a testing ground for many artistic programs and is setting the foundation for a much bigger site in the future, Arts Warehouse. Arts Garage hosts an array of signature performances including Jazz Project, Garage Blues, Urban Underground, Global Invasion, Shades of Soul, Theatre at Arts Garage and also offers numerous educational programs for underserved youth in the region. As part of this effort, Performing Arts Academy at Arts Garage was born of the inspiration to change culture and bring performing arts education to the fore. With committed performers, mentors, educators and role-models, Performing Arts Academy is setting the stage for innovative programming, performance-based learning and group classes that are far from ordinary.

## About the John S. and James L. Knight Foundation

The John S. and James L Knight Foundation promotes journalism excellence world-wide and invests in the vitality of the United States communities where the Knight Brothers owned newspapers. Since 1950 the Foundation has granted more than \$300 million to advance journalism quality and freedom of expression. Knight Foundation focuses on ideas and projects that create transformational change. To learn more visit [www.knightfoundation.org](http://www.knightfoundation.org)

## The Delray Beach Public Library is looking to party with 100-year-olds

The Delray Beach Public Library is going to honor its' neighbors who have reached 100 years old. Why? Because the Library is celebrating its' Centennial year on April 11, 2013. We want you to be part of the festivities

Anyone 100 years old or older is invited to help blow out the candles on a giant birthday cake during the Library's Centennial Birthday Bash on April 11, 2013 at the Library. The Library is eager to meet area residents who have proudly reached the 100 year old mark.

The Library will be hosting about 500 guests at 6:30 p.m. at the Library at 100 West Atlantic Ave., Delray Beach, 33444. If you are 100 years old and would like to attend the party, free of charge, please call Diane Haines, Library volunteer, at 561-455-2184 or e-mail at [haineshaines@aol.com](mailto:haineshaines@aol.com). Proof that you are 100 years old will be required.

Others interested in attending the party



which will feature fabulous food, music, and many surprises may buy tickets for \$100 per person by contacting Kimberley Trombley-Burmeister, Director of Development at 561-266-0775 or by e-mailing her at [ktburmeister@delraylibrary.org](mailto:ktburmeister@delraylibrary.org).

For further information about the many programs and services at the Delray Beach Public Library, please visit our website at [www.delraylibrary.org](http://www.delraylibrary.org).

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# Making a meaningful lifestyle change to your health and fitness

**M**aking a New Year's resolution is easy. Making a resolution stick is the hard part. This is especially true with fitness and diet related promises that are so common after the holiday feeding frenzy comes to an end. So how can we change this? How can we make this January 1st the turning point for our health and fitness? The honest answer to this is that a meaningful change in fitness requires commitment, planning and effort.

So how important is health and fitness to you? This will largely determine your willingness and motivation to make the necessary commitment. Fitness needs to be important enough to you that you are willing to rearrange parts of your busy schedule to make sure you can workout on a consistent basis. Your workouts need to be given a certain level of priority that is below family, children and spouse but above television, internet surfing and Facebook.

If you do not go out of your way to make the time, the time will never be made for you, and fitness will continue to be something that other people achieve and enjoy. So after you have decided that fitness is important enough to you that you are willing to make it a real priority in your life, you must then make a plan.

Planning for your fitness starts with identifying as many potential pitfalls that would interfere with your training as you can find. Most of these will involve constraints of time and current physical abilities. So many otherwise motivated individuals have abandoned their fitness campaigns because they could not consistently make time for the gym, or they kept getting hurt.

You want to be practical when you plan your training around major life responsibilities such as career and family. Make the most use of time that is the least affected by home and work responsibilities. Early mornings and the hour after work are

very popular times to exercise for these very reasons. Once you have made the time, you can then focus on avoiding injury.

Avoiding injury is best achieved with a structured training program that is created by a personal trainer. A qualified trainer is able to assess your current fitness level and plan your training accordingly. This helps you avoid training injuries that result from exercising too hard, too soon.

We are all rather vulnerable to getting hurt at the start of a training campaign. This is because our muscles, ligaments, and tendons have not had enough time to adapt to the training loads being placed on the body. A trainer will help you pace yourself appropriately to give your body the time it needs to adjust. Your effort needs to be sustainable over the course of time if you wish to achieve sustainable results.

Instead of an "A", how about some "abs" for your effort! The final necessary element to achieve fitness, after you have made the necessary commitment and the appropriate planning, is your actual effort level in the gym. There are a few different variables with regards to effort that matter here.

The first is frequency of effort. We do need to exercise often enough for it to matter. Twice a week will simply not cut it. We need to aim for 3 to 4 times a week, at least. It is actually easiest to incorporate a 5 to 6 day a week training schedule. At that frequency, even if some of the workouts are for 30 minutes, your body will start to dislike inactivity and it will push you to exercise. This frequency tends to result in the highest levels of energy and wellbeing. It is important to always reserve at least one day off a week.

Next is the duration of your effort. Cardiovascular exercise should be 30 minutes or more. Resistance training can be 30-45 minutes, depending on the intensity level and the amount of rest between sets. Intensity will vary depending on your fitness

by **Dr. Raul Rodriguez**



level and your goals. Fat burning is best achieved at a lower to moderate intensity level that is sustained over a longer period of time. A trainer will work you up to a higher intensity level when your body is ready to handle it.

The last effort variable is consistency of effort. If we can keep our structured regimen going week in and week out, month after month, and year after year, we will be able to achieve and sustain a much higher level of fitness than we ever have before.

It is necessary for us to believe that achieving a significantly higher level of fitness is possible if we implement meaningful changes. We must set ourselves up for success and then not be afraid to go for it. So much of fitness is a mental game. If we can get past the psychological part, the physical part is really not so hard. The hardest part has always been and continues to be just showing up.

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# health & wellness

## NEW YEAR! With Coach Julia Kadel

### NEW YOU!



A lot of people begin the New Year by making resolutions. We've all been there. We take a vow to lose weight, exercise more or spend more time with our family. We start the year with great intentions, but then we quickly relapse into old habits. Why is it so hard to stick to those New Year's resolutions?

Here are some ways you can make your intentions a reality this year:

1. Write down your intentions and keep them in a visible place, like taped to your bedroom mirror or the dashboard of your car.

2. Get to the source of whatever is keeping you in a rut. Are you in a stressful relationship that causes you to eat a pint of Ben & Jerry's every night? Are you stressed at your job and feel too tired to exercise after work? If you don't tackle the root of the behavior, it will be much harder to accomplish your goal.

3. Be clear about what your life would look like once you achieve your goal. If you resolve to go to the gym more, how will this benefit you? Get connected to the result of your action, and you will be more likely to stick with your plan.

4. Share your resolutions with friends and family. Hold each other accountable for achieving your goals. If you want to go to the gym more, have a friend call you two or three times a week to check on you or invite them to join you.

5. Reward yourself with every little accomplishment. If your intention is to lose weight and you lose 1 pound a week, pamper yourself with a massage.

Big changes do not require big leaps. Permanent change is more likely to happen gradually than through one big restrictive plan. Allow yourself to climb the ladder one rung at a time.

Happy New Year!

*To improve your odds of success, schedule a FREE initial consultation with Coach Kadel. During this session, we will discuss your health and lifestyle to determine how I can best support you in achieving your goals. Visit [www.CoachKadel.com](http://www.CoachKadel.com) or call 561-414-4441.*

*Julia C. Kadel CPT, CHHC, AADP  
Board Certified Holistic Health Coach  
Nutrition Counselor – Personal Trainer – Life Coach*



by the Milagro Center Stars

During this past month of December, the Milagro Center STARS explored the living value of "PEACE". Here, in their own words, is what the kids said about the meaning of "PEACE":

"Peace is being nice and quiet."  
- Cashalie, age 6

"Peace is when you want a slice of pie or cake."  
- Shondy, age 8

"Peace is creating personal space for each other."  
- Alylin, age 8

"Peace is being in silence and concentration."  
- Kris, age 5

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health & fitness

## 2nd Annual Delray Beach Fit Day

Old School Square Park • January 5, 9:00 - noon

The City of Delray Beach Parks and Recreation Department and Ground Zero Fitness invites the public to attend the 2nd Annual Delray Beach Fit Day and learn how to make 2013 a healthy, fit and beautiful new year. This exciting event will take place on Saturday, January 5, 2013, from 9:00 am until 12:00 pm (Noon), at Old School Square Park, 95 NE 1st Ave.

This exciting free event will feature local fitness, health and beauty businesses that will offer free demonstrations, samples, health screenings, discount

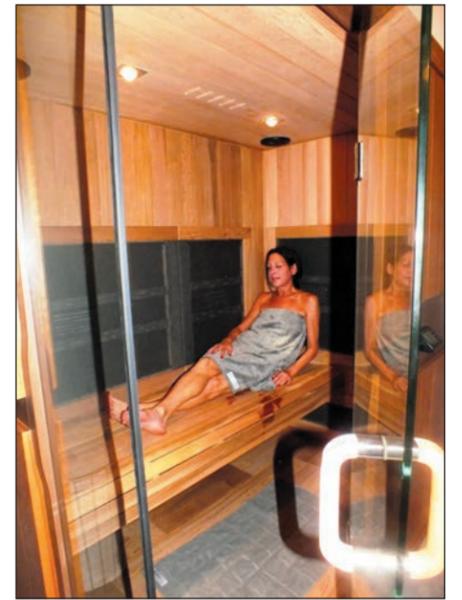
offers and more. In addition, Ground Zero Fitness will offer free 30 minute workout demonstrations of their Boot Camp style classes (9:00 am, 10:00 am and 11:00 am) Yoga Fox, a local Yoga studio, will have class demos at 9:30 am, 10:30 am and 11:30 am.

For more information on the 2nd Annual Delray Beach Fit Day, visit [www.DelrayBeachFitDay.com](http://www.DelrayBeachFitDay.com) or contact Tom Kwiatek, Recreation Supervisor III, at (561) 243-7250 or by E-mail at [kwiatek@mydelraybeach.com](mailto:kwiatek@mydelraybeach.com).

## INFRARED SAUNA STUDIO, INFRASWEAT, OPENS IN CITY WALK AT PINEAPPLE GROVE

DELRAY BEACH, FL – Infrasweat, a proven yet cutting-edge wellness concept that delivers infrared heat directly to the human body, will open in this past December 21st in Pineapple Grove. Located at 200 N.E. 2nd Ave, Suite 106, the Infrasweat sauna studio is destined to be a sanctuary for customers interested in health and fitness. The Delray Beach location is the first of many in the South Florida market planned by Infrasweat. According to studies done at the University of Missouri and by The Journal of American College of Cardiology, infrared sauna treatments are proven to lower blood pressure as well as significantly increase circulation, improve heart health, and aid in weight loss.

Infrasweat is the first of its kind in South Florida and features multiple Sunlighten™ private infrared saunas in one location. The Sunlighten™ mPulse™ brand sauna is the world's first bio-feedback enabled or "smart" infrared sauna and can help users wirelessly track heart rate, weight and body mass index changes, calories and burned, and more. The sauna also features the first customizable full spectrum infrared heater, which allows users to control the settings. Options include: near-infrared light (for pain relief and skin purification), mid-infrared (which assists in weight loss and improved circulation), and far infrared (which reduces blood pressure and is whole-body detoxifying).



### Infrared sauna health benefits include:

- **Detoxification.** Sweating is the body's natural and safe way to heal and stay healthy. Infrared Sauna heat heats the body directly and can help detoxify the body by getting rid of highly toxic metals as well as alcohol, nicotine, sulfuric acid and other organic and inorganic compounds.
- **Increase Metabolism & Burn Calories.** Studies show that a 30 minute infrared sauna session can burn upwards of 700 calories. As the body works to cool itself, there is a substantial increase in heart rate, cardiac output and metabolic rate, all of which cause the body to burn more calories.

• **Anti-aging & Skin Purification.** The profuse sweating achieved after just a few minutes in the infrared sauna carries off deeply imbedded impurities and dead skin cells, leaving the skin glowing and clean. Further, increased blood circulation has been shown to relieve acne, eczema, psoriasis, burns, lesions and cuts.

• **Relaxation & Stress Relief.** While traditional saunas operate at extremely high temperatures in order to heat the air, infrared saunas heat the individual directly and therefore feel gentle, soothing and therapeutic. One session at Infrasweat will leave you feeling relaxed, rejuvenated and renewed.

• **Pain Relief.** Infrared heat penetrates tissue, joints and muscles to relieve anything from minor aches and pains to chronic conditions, such as fibromyalgia. Increased blood circulation also helps carry off metabolic waste products and delivers oxygen-rich blood to oxygen-depleted muscle so they can recover faster.

• **Heart Health.** Infrared saunas cause a deep sweat which makes the heart pump faster, in turn increasing blood flow, lowering blood pressure and helping circulation. Scientific evidence, in fact, shows that using an infrared sauna two or more times a week lowers blood pressure.

To learn more visit the Infrasweat website at [www.infrasweat.com](http://www.infrasweat.com); or call 561-276-5550.



"For the past year, I have been traveling across the country to California in order to access and experience the benefits of infrared sauna therapy," said Infrasweat owner Kelly Dorsey. "I am thrilled to finally be able to introduce this proven wellness concept to South Florida through the Infrasweat studio, and help the community understand the impact of infrared heat therapy first-hand."

The infrared sauna wellness concept has already taken off in California, Finland and other markets around the world. It offers a range of benefits, including detoxification, weight loss, improved circulation, skin purification and pain relief. Infrared saunas have been featured on Oprah, their benefits proven in studies conducted by Kagoshima University in Japan, and their results cited in Harvard Health Publications.

Infrared heat therapy uses these infrared light characteristics to heat the body directly rather than just the air. Infrared saunas increase the body's core temperature thus resulting in a much deeper, more detoxifying sweat from the cellular level of the skin where many toxins are housed.

## Delray Beach Athletic Club hosts lacrosse clinic



The Delray Beach Athletic Club hosted a free beginner's clinic Thanksgiving weekend presented by the Orange Bowl and the US Lacrosse Chapter of South Florida. Seventy five boys and girls had the opportunity to learn the fundamentals, rules, positions and history of lacrosse. The highlight of the day was a visit by "Obie" in preparation for the march 3rd Orange Bowl Classic which features the University of Florida vs. Syracuse University in a matchup of top-ranked women's teams and the University of Michigan men vs. Army. "It was great to have so many volunteer coaches come out to help grow the game," commented head clinician, Kevin "Coach Finn" Finneran, "the South Florida lacrosse community is excited for the upcoming contests at Sun Life Stadium"

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Doctor of Oriental Medicine, Acupuncture Physician

If the NHL Panthers Trust Dr. Tony, you can too!



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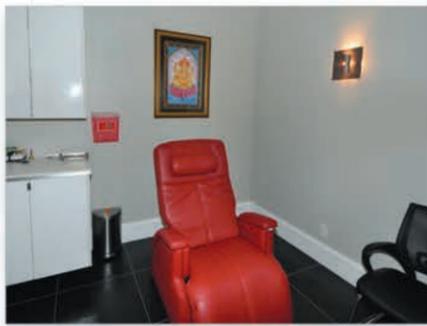
-Ed Jovanovski #55, NHL Florida Panthers

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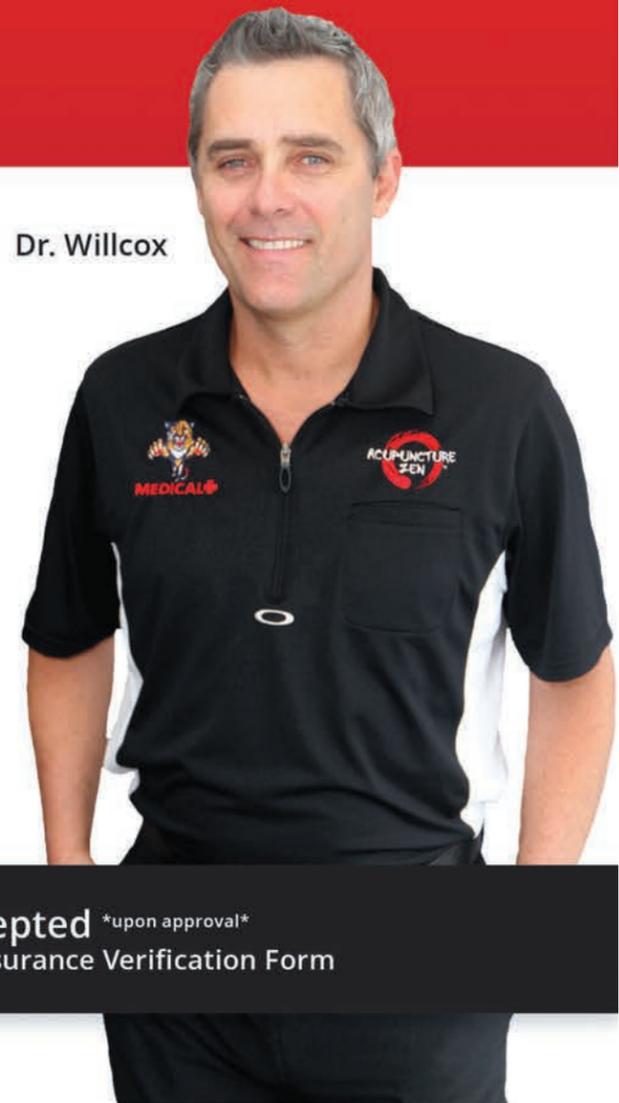
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# destinations



## The Morikami Welcomes the Year of the Snake at Oshogatsu, the Traditional New Year's Celebration

DELRAY BEACH, FL. – The Morikami Museum and Japanese Gardens will celebrate the Year of the Snake with the 36th annual Oshogatsu New Year's Celebration on Sunday, January 13, 2013, from 10 a.m. to 5 p.m.

Truly a family festival, Oshogatsu is loved by local residents and visitors of all ages as they take part in fun and unique Japanese pastimes, games and customs. This year, Oshogatsu will include:

- Mochitsuki, the pounding of the rice and making of mochi, large, round Japanese cakes
  - Shishimai, performances by the lion dancer and taiko drumming by Fushu Daiko
  - Musical performances by Friends of Koto
  - Omikuji, Japanese fortune telling (additional \$1 charge)
  - Tea ceremony demonstrations, where participants observe the serenity of the Japanese Tea Ceremony
  - Hands-on craft and kids' activities
  - Second annual Social Scavenger Hunt
- Oshogatsu is also pleased to introduce new events to the annual festival, including:
- All About Oshogatsu exhibition
  - New Year's storytelling
  - Craft, plant, orchid and tea vendors
  - Open air koto musical performances

In the galleries, visitors can view the exhibition Entertaining the Gods and Man: Japanese Dolls and the Theater.

Guests are also invited to stop by the Kirin Beer Garden and Sake Station. Cornell Café will be open, and a variety of American and Japanese food will also be available from vendors throughout the

festival grounds. For additional information, please call 561-495-0233 or visit [www.morikami.org/newyear](http://www.morikami.org/newyear).

**TICKETS:** \$15 for adults; \$10 for children 4-10; free for museum members and children 3 and under.

Oshogatsu is Japan's most important yearly observance and a time of renewal. The Japanese make special effort in the final days of December to clear away debts and obligations so as to start the New Year afresh. Before Oshogatsu arrives, typically on January 1, many Japanese gather at local shrines and temples to greet the stroke of midnight with exclamations of "Akemashite omedeto gozaimasu!" or "Happy New Year!"

Morikami Museum and Japanese Gardens has been a center for Japanese arts and culture in South Florida since its opening in 1977. The Morikami invites guests to discover South Florida's heritage and its connection with Japan, explore a series of six diverse gardens inspired by a different historical period and style of Japanese gardening. Experience traditional and contemporary Japanese culture through world-class exhibits, varied educational programs and seasonal events, bonsai display, pan-Asian cuisine and a distinctive Museum Store. Morikami Museum and Japanese Gardens is open 10 a.m. to 5 p.m. Tuesday through Sunday. The Morikami is located at 4000 Morikami Park Road in Delray Beach, Florida. For more information about the Morikami, its exhibitions, programs and events, visit [www.morikami.org](http://www.morikami.org) or call 561-495-0233.

## Travel Tips for People with Hearing Loss

Delray Beach, FL.—During the holiday season and winter months, many boomers and seniors will travel to visit with friends and family or head to warmer destinations to escape the cold days of winter. While travel is usually quite enjoyable, communication challenges can directly impact one's experience during family visits and vacations.

According to the Better Hearing Institute, 1 in 6 baby boomers (14.6%) are experiencing hearing loss, and as boomers continue to reach retirement age, more and more will be looking to spend their well-deserved retirement days traveling.

The Audiologists at Hearing Partners of South Florida are offering the following tips to help those experiencing hearing loss better enjoy their travels.

- Don't miss important announcements. Low-quality PA systems can make airport and station announcements difficult to hear and understand. Be sure to set a vibrating alert on your smartphone or watch with your departure time, and check video monitors frequently for updates. You can also ask a fellow traveler sitting nearby to keep you posted on important announcements and boarding instructions.

- Texting isn't just for teens. Airports, train stations, and public transportation are places with significant background noise, making it difficult to hear on the phone. Use text messaging to coordinate and communicate easily with drivers and traveling companions.

- Utilize looping technology when in a looped facility. The majority of today's hearing aids are equipped with telecoils. When turned on in a looped facility with the push of a button, the technology allows the user to hear with clarity in noisy public spaces. Loop America provides a full list of looped facilities in the U.S.



- Book hearing accessible accommodations. Many hotels will provide accommodations such as closed caption TVs. Some hotels are now providing looping in rooms and lobbies.

- Leave in hearing aids through security checkpoints. The TSA recommends leaving hearing aid devices in place when going through airport screening. Be sure to ask the security officer for assistance or to repeat instructions if needed. Visit the TSA's website for information about the screening process for people with hearing loss and assistive hearing technology.

- Pack and plan accordingly. A vibrating alarm clock, extra hearing aid batteries, cleaning brush, and protective waterproof case for your aids are great items to pack for travel. Additionally, when traveling to a hot and humid location, you will want to bring along a small drying kit to protect your hearing aids from moisture.

If you do encounter a problem with your hearing technology while traveling, or are in need of supplies, please call Hearing Partners at 561-638-6530

### About Hearing Partners of South Florida

The practice specializes in the diagnosis and management of hearing loss, tinnitus, vertigo, and balance. The staff adheres to the highest standards in Audiology, providing the best care, customer service and products to our patients. At Hearing Partners, we are dedicated to the health and wellness of the community.

## Village Stroll

## Spady Cultural Heritage Museum



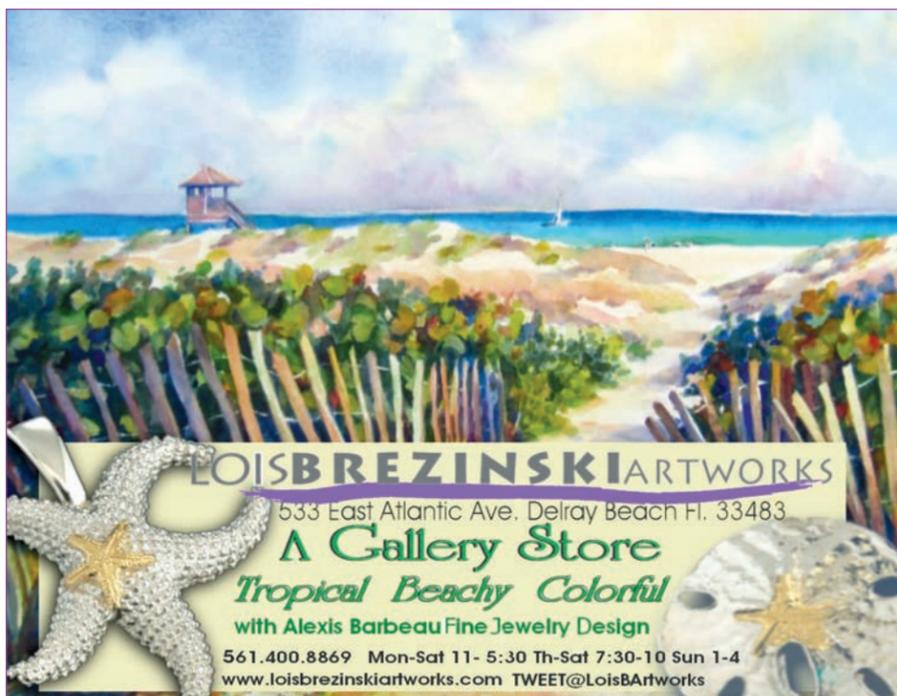
**The Spady Cultural Heritage Museum**, a non-profit organization at 170 NW Fifth Avenue in the historic West Settlers District of Delray Beach, is dedicated to discovering, collecting and sharing the African-American history and heritage of Florida. Located in the former home of the late Solomon D. Spady, the most prominent African American educator and community leader in Delray Beach from 1922 to 1957, the museum opened in July 2001 and is the only African American Cultural Heritage museum of its kind in Palm Beach County.

It has become a destination for people of all cultures seeking information about Florida's early black communities and culture. The museum has exhibited a series of shows, highlighting the talents and influences of African-Americans, Caribbean-Americans and Haitian-Americans. Shows ranging from handmade quilts to photographs from the Civil Rights movement have adorned the Spady Museum. In addition, through its Kids Cultural Club, Trolley Tours, special events, annual Living Heritage Day and guest lecture series, the museum has moved beyond Delray Beach, reaching statewide and regional audiences.

Through its Kids Cultural Club, the museum conducts community outreach programs for youngsters; it has also produced two documentaries, *Colored Town*, and *African American Neighborhoods of Old Delray Beach* that are available to the community. For more information about the S.D. Spady Cultural Heritage Museum, visit the museum on Northwest Fifth Avenue in downtown Delray Beach, one and a half blocks north of Atlantic Avenue, or call the museum at 561-279-8883.

**SAVE THE DATE** 13th Annual Martin Luther King Jr. Breakfast,  
Monday, January 21, 2013, 8-10 am, Delray Beach Golf Club, \$25 per person

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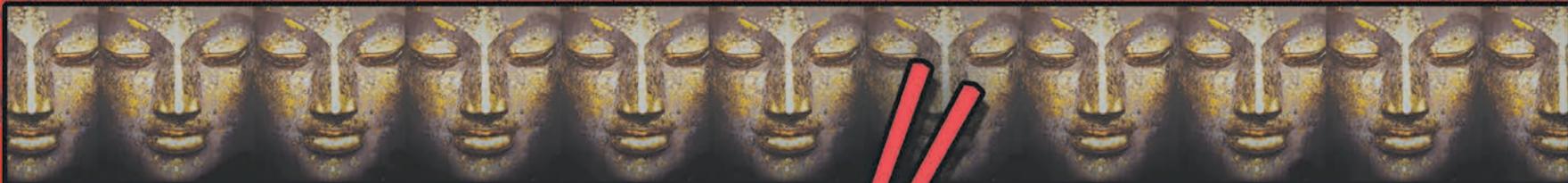
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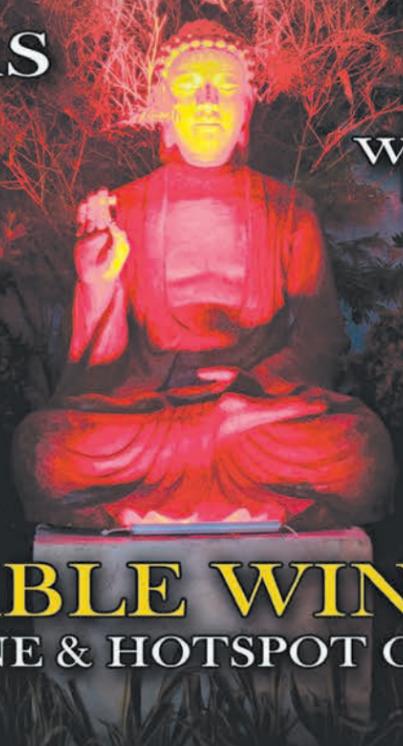
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## SofA Delray wins approval from city



DELRAY BEACH, FL – SofA Delray, the 172 unit downtown rental apartment community, proposed by the Related Group of Miami, received unanimous approval from City Commissioners at their December 11th public hearing. Several members of the local community applauded the project and it was praised by commissioners as a perfect example of smart downtown design and development.

Designed by Delray Beach architect Richard Jones of Richard Jones Architecture, construction will start in early summer 2013. The modern styled buildings will be Green certified and incorporate several amenities

and feature a signature cantilevered pool with acrylic edge.

Jones, who named the project SofA (South of Atlantic) sees this as a catalyst for revitalization of the area one block south of the downtown core. "This neglected area in the middle of our downtown has tremendous potential to become Delray's new hip urban neighborhood", said Jones, "we envision it as the SofA District complete with office, retail, and several loft style modern rental studios and apartments".



## Lang Realty celebrates opening of 9th office in Palm Beach County, First in Delray Beach

BOCA RATON, FL - Lang Realty recently celebrated the opening of their ninth office in Palm Beach County and first in Delray Beach, located at 900 East Atlantic Avenue, with more than 100 guests. Among those in attendance were Delray Beach city officials, members of the Chamber of Commerce, former Delray Beach Mayor Tom Lynch and representatives from the Delray Beach Naoma Donnelley Haggin Boys & Girls Club of which Lang Realty actively supports.

"We have experienced tremendous success and growth in the past year leading to the opening of a second office in three months," said Scott Agran, president of Lang Realty. "Located in east Delray Beach near the Intracoastal, this office helps to reinforce our specialty in the luxury and waterfront residential real estate market. We anticipate continued growth in this area."

With nine offices from Boca Raton to the Treasure Coast, Lang Realty has convenient locations to serve homebuyers and home sellers throughout Palm Beach County.



L - R - Karen Granger, Delray Beach Chamber of Commerce; Tom Carney, Vice Mayor, City of Delray Beach; Bill Issacson, Co-Owner, Lang Realty; Scott Agran, Co-Owner & President, Lang Realty

The Delray Beach location will serve communities east of Delray Beach, Highland Beach, Gulfstream, Ocean Ridge and Manalapan. For more information, visit [www.langrealty.com](http://www.langrealty.com) or call 561.989.2100.

## GIVING BACK

### A Passion for Delray *Visionary on a mission for education, preservation and conservation*

By Jamie Salen  
The Pineapple Staff Writer

“ I have no other wish than a close fusion with nature and I desire no other fate than to have worked and lived in harmony with her laws.” – Claud Monet

A romantic getaway for locals and visitors, an awarding winning restaurant, mesmerizingly beautiful botanical gardens, and a relaxing pool stocked with exotic fish. Most readers will immediately identify the yummy description as belonging to the pride and joy of Delray Beach. . .The Sundry House. So now that I have gotten all of the obvious features out of the way, let's venture into the largely unknown world of one of this community's most important businessmen and philanthropists, Sundry House owner, Tom Worrell.

Worrell moved to Delray Beach in 1984, years before our thriving city experienced it's magical transformation from proverbial caterpillar into world-class butterfly. When Worrell first purchased property on South Swinton Avenue in 1998, it was a string of dilapidated old homes in a dangerous part of town. Realizing that many of these neglected structures belonged to founders of the community and housed generations of Delray Beach's most historical figures, he then began the process of having the properties restored and designated historical sites. This was the first step into the resurgence of one of the most important neighborhoods in today's Delray Beach.

Worrell's passion for preservation, conservation and education has been the driving force behind so much of his contribution to our city and to the world. Not only did he bring the 1902 home of our city's former Mayor, Mr. John Sundry, back to life, he transformed the shell-rock parking lot behind it into a magnificent tropical paradise full of botanical treasures.

Taru Gardens is a nonprofit Living-Spaces Museum providing education for students all over Palm Beach County, not to mention a natural refuge for dinner and hotel guests of the Sundry House. Worrell's dream was to create a sustainable

green village right in the middle of downtown Delray Beach. A number of other houses and buildings surrounding the Sundry House property are also owned and maintained by Worrell and he is constantly making new plans for expansion.

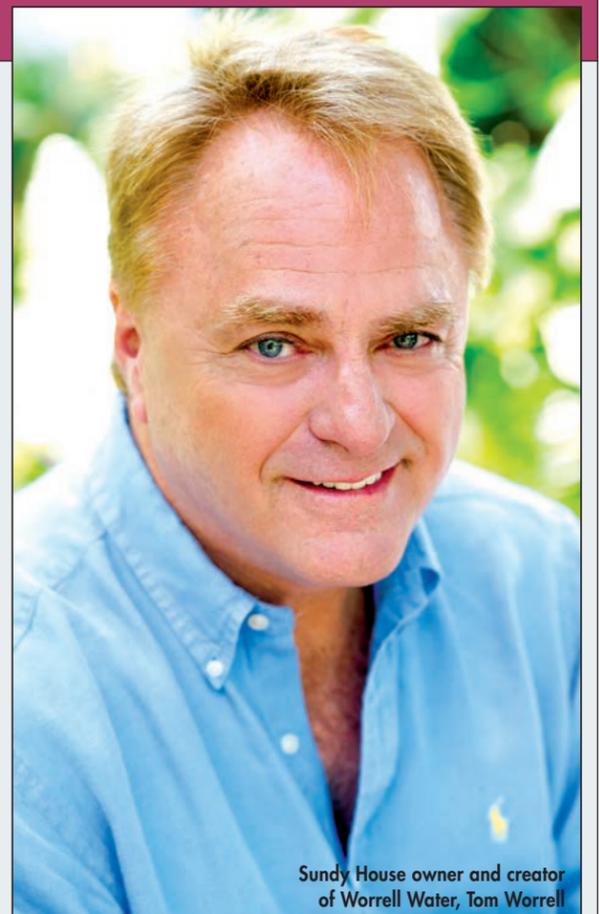
While the Sundry House in itself supports many community organizations and frequently sponsors and hosts local charity events, Worrell's most important contribution to the Delray Beach community (and maybe the world community) is Worrell Water Technologies. Few are aware that Worrell, and his Vice Chairman Kimberly Goodyear, are the brains and passion behind some extremely important inventions.

Much of the existing infrastructure that processes and provides water to cities around the United States are aging and in need of repair, and a lack of access to clean water sources is a serious cause of illness and death around the globe. Worrell Water is responsible for a number of life saving tools including the Living Machine which takes advantage of the earth's natural processes and blends cutting-edge science and engineering with plants and bacteria to efficiently reuse wastewater. Not only can the Living Machine turn every drop of water waste into the purest drinking water possible, it is also a modular machine that can be used on any scale, from one home, to a large office building, to a university campus and beyond. "The earth has been creating its own technology for billions of years and humans only for thousands. I will put my money on the earth any day," says Worrell.

“ I will put my money on the earth any day.”

- Tom Worrell

The second tool created by Worrell Water is Hydrosecure, a water purification system that creates the purest and tastiest water possible. It was created at the request of the State Department after a fatal dose of the chemical cyanide was dumped into the water system of a U.S. Embassy overseas in an attempted attack. Out of every company that submitted a purification system to the State Departments, only Hydrosecure passed every test. "This system can turn any poison into pure water," says Worrell. "Hydrosecure provides the only water the President of the United States drinks," he adds. Anyone who visits the Sundry House can have a taste themselves. Worrell and Goodyear's plan for



Sundry House owner and creator of Worrell Water, Tom Worrell

Worrell Water brings their passion for the environment full circle by offering the tasty water in recycled wine bottles that can be returned and refilled. "We hope this will be the water everyone in Delray drinks very soon," says Goodyear.

Worrell sees the beauty that is possible in this world and he proves his dedication to uncovering and nurturing that beauty in places where others may not see it. Whether it is an old forgotten building, the water most think is beyond use, or the barren land that seems long since dead. It is his mission and his gift to show the rest of us the endless possibilities our Mother Earth provides.

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## Delray Innovation Corridor takes off with Alta Congress project

In 2008, The Alta Congress Project, a 369 unit Mid-rise Apartment Community just south of Atlantic Avenue, was the first project to be approved in Delray Beach's newly zoned and renamed "Delray Innovation Corridor" along Congress Avenue.



Alta Congress is ideally positioned to put its new residents in the middle of a wide variety of transportation, cultural, dining and recreational opportunities. The first new residents are expected to occupy their new homes in January 2013.

The community is located less than 1,000 feet from the Delray Beach TriRail station, linking Miami, Fort Lauderdale and West Palm Beach along a 70.9 mile system with 18 stations. The development is a quarter mile from I-95 and five miles from Florida's Turnpike. West Palm Beach, Boca Raton and Fort Lauderdale are all within 30 minutes of Alta Congress.



The community has excellent proximity to a number of employment centers including the Boca Raton office market, which is home to the Boca Corporate Center and Campus, Office Depot's corporate headquarters. The West Palm Beach office market included the \$600 million Scripps Research Institute.

Delray Beach Golf Club, designed by legendary golf course architect Donald Rose, is just west of Alta Congress.

A Wood Partners property, built by Coastal Construction, the community offers amazing interior extravagances, outstanding luxuries, and solid construction. The expansive apartment homes feature beautiful 42" espresso wood cabinetry, stainless steel appliances, granite countertops and ceramic tile floors in select areas. Most homes feature balconies, spacious closets and premier locations to choose from. Every home will also feature ENERGY STAR qualified appliances, and high efficiency full-size washers and dryers. The community offers a controlled access garage and elevators.

Residents can stay active with an on-site personal trainer in the state-of-the-art fitness center, splash in the beautiful heated linear pool, or relax in one of the community's pet-friendly lushly landscaped green-spaces, enjoying South Florida's natural splendor.

Professionally managed by Lincoln Property Company, the staff is dedicated to making life easier through an extensive list of concierge services, from valet waste removal to valet dry cleaning, and automatic enrollment in the Purqz program, offering entertainment and service discounts around town.

**real estate** by Kurt Lehmann  
www.kurtlehmann.com

### TIME IS RUNNING OUT

Unfortunately this month I am forced to drift away from my usual love stories of historical Delray neighborhoods. There is a major issue facing homeowners who are underwater in their homes and time may have run out.

The Mortgage Forgiveness Debt Relief Act of 2007 was set to expire on December 31st and as of the time I am writing this article, no real ground has been made. The act allows taxpayers to be excluded from paying taxes on forgiven debt in certain circumstances.

Their website explains:

"The Mortgage Debt Relief Act of 2007 generally allows taxpayers to exclude income from the discharge of debt on their principal residence. Debt reduced through mortgage restructuring, as well as mortgage debt forgiven in connection with a foreclosure, qualifies for the relief."



In the words of the IRS:

"If you borrow money from a commercial lender and the lender later cancels or forgives the debt, you may have to include the cancelled amount in income for tax purposes, depending on the circumstances. When you borrowed the money you were not required to include the loan proceeds in income because you had an obligation to repay the lender. When that obligation is subsequently forgiven, the amount you received as loan proceeds is normally reportable as income because you no longer have an obligation to repay the lender. The lender is usually required to report the amount of the

cancelled debt to you and the IRS on a Form 1099-C, Cancellation of Debt."

Thus this applies to debt forgiven in short sales. Whether or not the Act will be extended is crucial for anyone considering or currently in the short sale process.

Here's a "Lehmann's Terms" explanation:

John still owes \$300,000 to the bank on his home in the Seacrest Neighborhood but has to relocate to New York for work (only time anyone leaves Delray Beach is when they absolutely have to, of course). He bought the recently renovated 1950's gem at the height of the market, at the going price of \$315,000. As is the story throughout most of the country, values have declined and now comparable homes in that neighborhood are selling in the \$200,000 range. John gets an offer for the going rate of \$200,000, the Realtor submits it to the bank, and they accept it. While out of work, John used all of his savings to get by as long as he could but is now a few months behind in his payments. The bank decides they will have to forgive the \$100,000 difference to close the transaction.

According to the information above, that money will be reported like income. Giving John an additional tax burden of \$100,000, almost as if he had received one really big bonus check. Can you see how this might cause a problem for him?

The current bills in the works, should you want to reach out to any of our elected:

**U.S. House of Representatives:**  
Resolution 4336 and Resolution 4202  
**Senate:** Senate Bill 2250

Now I must point out that I am not an attorney or an accountant so I firmly suggest if any of these circumstances apply to your situation that you consult one as soon as possible. Preparation may be your only protection.

## FINANCIAL LIFE ROPE

By Ed Maass

The Pineapple Staff Writer

It appears to me that our leaders in Washington D.C. have a case of stinking thinking and could use a well needed check up from the neck up. All of the talk about the fiscal cliff, and the negative ramifications of same, are extremely important, but nonetheless, not the end of the world.

Why do the leaders of our country have the inability to provide long-term solutions for the problems before us? If these same people were leaders of industry or large corporations, they would be ousted/terminated by the Board of Directors for their inability to deliver solid results.

Leaders of companies want to increase shareholder value (build wealth), create goodwill amongst their employees, and provide a cordial work environment. Congress on the other hand, can't agree with any certainty as to the best course of action and direction for our country. They seem to be unable to stand to be in the same room with one another, and they certainly aren't building goodwill or trust amongst their constituents.

Suffice it to say that we have little control over what Congress decides, unless of course we (The People) clean the slate and implement term limits. But that's a topic of conversation for a later date. So before I digress any further, let's look at a life rope that can be used with the fiscal cliff, or whenever there is doubt and/or uncertainty in the equities markets.

Many investors were weary and worried at year end 2012 with the fear of our nation falling off the fiscal cliff. Other investors were concerned that the latest upward trend in the markets may once again be unsustainable and thus catch them in a trap. Investing, like many things in life, can be a challenge, and it has been my experience that some of us fall into the trap of trying to "time the market" rather than concentrating on "time in the market". For one reason or another we become short-term investors who are actually speculators. We make investment decisions based upon emotions or the daily business news, and more often than not, end up unsuccessful in the investment selection process.

On the other side are those of us who succumb to investment paralysis by analysis – the act of spending so much time researching, thinking and trying to decide, while time moves on without our ever taking any action.

Finally we have the successful investor who falls between the two, and in my opinion, uses all the tools and resources available to make a timely and informed investment decision. I've heard it said that investing is more confusing than the game of golf, in which you yell "fore," shoot six and write down five. In actuality, it is the simple things that in many cases are the safest things. With that in mind, that you may want to construct your life rope by investing in what I call "Dividend Helpers".

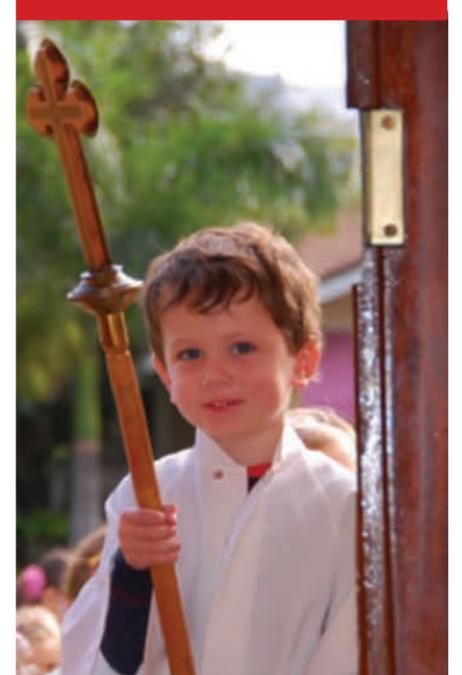
Dividend helpers are designed to work for you in two different ways. First, they pay a dividend income that can be spent and/or invested whichever and however way you choose. Secondly, they offer the potential for capital appreciation (growth of your money). Note! The actual value of your investment will fluctuate and may be worth more or less when you decide to sell.

As of this writing a brief list of dividend helpers and their current yields might include: Altria; 5.27%, AT&T; 5.34%, Verizon; 4.68%, Bristol Myers 4.27%, Duke 4.76%, Nextera 3.47%, and Exxon Mobil 2.68%. If you are going to invest, then why not do so and include a financial life rope, or more simply stated, if you want your cake (stock ownership) and eat it too (income you can use), then you just might be able to achieve this by investing in dividend paying stocks.

Ed Maass is a Certified Financial Planner, Chartered Financial Consultant, and Chartered Life Underwriter. Located in Downtown Delray Beach, you can contact him directly at 561-272-0663, or by email at Ed@physicianswealthcare.com



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# “Matching People With Properties”



**Seagate ~ Delray Beach \$1,895,000**

Light & airy 4 BR, 4 1/2 BA pool home with a 2 car garage, close to the beach. Completely demolished to the studs in 2010 ~ brand new everything from top to bottom! Master bedroom balcony with Intracoastal view. **Sue Tauriello, 561-441-4200**



**Delray Beach Waterfront ~ \$1,495,000**

Location! Lifestyle!! Sunny & bright 4 BR, 3 1/2 BA beach cottage with 90 ft. frontage, private dock and 12K boat lift, ideally situated close to the Intracoastal. 2,765 sq. ft. of living area with beautiful upgrades. **Linda Lake, 561-702-4898**



**Lake Ida ~ Delray Beach \$1,050,000**

Exceptional renovation of this 3 BR, 2 1/2 BA pool home situated on a 123' x 141' corner lot. 3,000 sq. ft. of living area with tumbled marble floors, impact glass, whole house generator and quality appointments. **Linda Lake, 561-702-4898**



**New Monmouth ~ Delray Beach \$925,000**

Enjoy amazing ocean views the minute you enter this 2 BR, 2 BA southeastern corner penthouse with impact glass and a 24' x 13' outside deck. Completely renovated in 2004. Sold furnished and turn-key. I speak, French, Spanish and English. **Tania Agran, 561-376-1010**



**Barr Terrace ~ \$895,000**

A stunning renovation. 3 BR, 3 BA lower penthouse with fantastic Ocean and Intracoastal views. 2 adjacent units on the 11th floor have been incorporated into one with 2 master suites, 2 balconies and 3,150 sq. ft. **Sue Tauriello, 561-441-4200**



**Delray Dunes ~ 12th Fairway \$649,000**

Tastefully renovated 3 BR, 2 1/2 BA home with a 2 1/2 car garage situated on a 1/2 acre+ lot. Very open, great room plan boasting over 2,600 sq. ft. with top of the line kitchen and large covered porch. **Erik Ring, 561-441-6880**



**Delray Beach Commercial ~ \$599,000**

Free standing 3,200 sq. ft. building on .68 acres with GREAT potential for expansion. Exceptional exposure and signage with 24 parking spaces (7.5 per 1,000 sq. ft.) Great for medical office or retail. **Francisco Perez-Azua, 561-702-0028**



**Lake Ida ~ Guest Cottage \$599,000**

Originally built in 1928, this 3 BR, 2 BA pool home features a beautiful master suite addition with a luxurious bath. Charm throughout with hardwood floors, fireplace and cathedral ceilings. Detached 1/1 cottage. **Cheran Tauriello, 561-870-8855**



**Town Place At Delray ~ \$589,000**

Exceptional 4 BR, 4 BA tri-level townhome with impact glass, elevator, 2 car garage and 2 master suites. Elegantly appointed with wood cabinetry and granite, plus tile and wood floors. 2 blocks to Atlantic Avenue. **Megan Bailey, 561-702-4003**



**Mariners Village \$389,900**

Beautifully renovated 3 BR, 2 1/2 BA waterfront townhome with a 24' dock. Marble floors in the living areas, open kitchen with wine cooler, granite and stainless. Deck with retractable awning and built-in bar. **Laura Gallagher, 561-441-6111**



**Sea Fields ~ Ocean Views \$379,900**

Very desirable second floor end unit with ocean and pool views! 1 BR, 1 BA Key West style co-op right across the street from the beach. Great vacation property. May be sold furnished and turn-key. **Stacey Hamilton, 561-441-4681**



**Delray Beach Club Condominiums \$345,000**

Open and bright 2 BR, 2 BA southeast corner unit on the sixth floor offering outstanding Ocean and Intracoastal views. Very spacious living area with custom mirrors. Beach access and community pool. **Linda Welch, 561-951-6433**



**Valencia Court ~ Delray Beach \$235,000**

Very private and exclusive community to build your dream home! This gated, 6 home subdivision off Germantown Road is already 2/3 complete with 4,000+ sq. ft. homes. Perfect for a courtyard home. **Francisco Perez-Azua, 561-702-0028**



**East Wind Beach Club ~ Delray Beach**

Right across the street from the beach and one block to Atlantic Avenue. 1 Bedroom, 1 Bath. 2 units on the second floor offering ocean views currently available. Prices from **\$200,000 - \$220,000**. **Elizabeth Rurey, 561-302-1552**



**Southampton ~ Delray Beach \$185,000**

Direct oceanfront complex. Beautiful pristine beaches at your doorstep from this 1 Bedroom, 1 Bath ground floor corner unit with an updated kitchen. This building is a cooperative with only 20 units. **Boyd Schoeller, 561-702-5159**

**biz briefs**



**MARGIE WALDEN RECEIVES MAJOR AWARD FROM PALM BEACH COUNTY SPORTS COMMISSION**

Delray Beach, FL – On December 4th Tom Carney's Mayoral Campaign Manager Margie Walden received the prestigious 2012 Lois Kwasman MVP Award from the Palm Beach County Sports Commission for her dedication to Palm Beach County sports and for generating more than \$9 million in economic impact for Delray Beach.

"Margie's work in the community and her commitment to Delray Beach are a big reason why she was selected to receive the Lois Kwasman MVP Award. Margie has proven to be a dedicated public servant and has served as a leader on the issues important to Delray Beach. As Vice-Mayor, I have had the pleasure of working with Margie and value the experience and commitment she brings. I am proud to have her as part of my Mayoral campaign team," Tom Carney stated.

Beyond her service on the Palm Beach County Sports Commission, Walden is the Executive Vice President for the Alliance of Delray, a community based organization comprised of 87 condominium and homeowner's associations in Delray Beach extending from the Everglades to the ocean and representing more than 100,000 residents. Walden serves as the representative of the Alliance to the Delray Beach Chamber of Commerce and participates in the Economic Development and Political Action Committees. Margie also serves on the West Atlantic Redevelopment Coalition, the Parking Management Advisory Board and is a Board Member of the Spady Cultural Heritage Museum.

"I am honored to have received the Lois Kwasman MVP Award. It was a collaborative effort between the City Commission, the County Commission and the Sports Commission staff and board members to see all these great sporting events come to Delray Beach. The economic impact of more than \$9 million for our City is an example of what Delray Beach can do when the right leadership is in place. I am looking forward to working with Tom Carney on his mayoral campaign and will continue to identify economic and cultural opportunities that benefit our community," Walden said.



Lynn Van Lenten, Promotions Associate at Duncan Conference Center, Delray Beach, is pictured at the November Delray Chairman's luncheon with Habitat for Humanities Mike Campbell and one of his board members. Lynn made a presentation about the Center to more than 50 local business members.

**VILLAGE STUDENTS TO RECEIVE NEW SHOES FROM SHUZZ, PEERS**

DELRAY BEACH, FL - Students from Pine Crest School and a local non-profit organization were presented more than 100 pairs of athletic shoes to their peers at Village Academy this past December 19.

"This means a lot to our students," said Village Academy Principal Guarn Sims. "It's no secret that many of our kids come from struggling financial situations, so a new pair of shoes is truly a gift—especially during this time of year. We appreciate the support from

Shuzz and the Pine Crest students."

Shuzz, a Delray Beach-based non-profit organization, co-founded by Rita Johnson, a Pine Crest parent, focuses on providing new shoes to the needy in devastated and poverty-stricken areas around the world.

With more than 300 million children in the world barefoot because they can't afford a pair of shoes, Johnson founded SHUZZ to bring shoes to children in America and developing countries around the world. SHUZZ's founders are committed to ensuring 100 percent of all public donations go directly to the organization's cause. Since the organization's establishment in August 2010, SHUZZ has provided more than 3,000 new pairs of shoes to needy children, families, and elderly throughout Haiti, Peru, Bolivia, and Tuscaloosa, AL.

The event was coordinated by KOPMN, formerly KOP, formerly the Knights of Pythagoras Mentoring Network. KOPMN provides a non-traditional approach to help nurture and develop youth between the ages of 7-17. KOPMN instills the core values of academic excellence, honor, civic duty and teamwork.

Mentoring services and activities include: interactive seminars on topics such as conflict resolution, life skills, and interpersonal skills, guest speakers, recreational activities, and tutoring/homework assistance. More than 3,000 boys, girls, and their families have benefited from our services since the organization was founded in 1991.

**JANUARY 2013 BUSINESS PROGRAMS AT THE DELRAY BEACH PUBLIC LIBRARY**

The Delray Beach Public Library at 100 West Atlantic Avenue offers business and professional programs throughout the year. They are especially important to everyone in today's economic climate. So mark your calendars now for the following events!

**Thursday, January 17th @ 2:00 pm**

Boynton Beach attorney Michelle Hofkin will present a program titled: "Wills & Probate: What You Need to Know." She will cover all aspects of this topics including how probate works, what are probate assets, what is a will and what makes it valid. Charles Schwartz of Beth Israel Memorial Chapel will also be discussing the topic of pre-arranged funerals. Refreshments will be served.

**Tuesday, January 22nd @ 3:00 pm**

Colleen Schuhmann of UBS Financial Services together with Suzanne Falcone will present a program titled: "Cleaning Up the Clutter/Financial Organization." Most likely you are surrounded by paperwork at home and at the office. Learn what papers are worth saving and what should be discarded. These professionals will help you "get your house in order" and teach you how to live a clutter-free life.

These programs are free and open to the public. Registration is not required. For further information visit [www.delraylibrary.org](http://www.delraylibrary.org) or call the Director of Community Relations at 561-266-9490.

**LOCAL WEB DESIGN FIRM CREATES NICHE WITH WEBSITES FOR TOP COLLEGE COACHES**

Delray Beach, FL. – Power Play Marketing has announced the launch of their newest project, the official website of Harvard Basketball Coach Tommy Amaker. The new website officially launched on December 10th at [TommyAmaker.com](http://TommyAmaker.com).

Tommy Amaker is currently the Head Men's Basketball Coach at Harvard University, a position he also held at the University of Michigan and Seton Hall University. As an All-American player at Duke University, Amaker earned many honors and set numerous records. In his tenure as Harvard, Tommy Amaker was the first Coach in school history to lead a team to a share of the Ivy League championship.

The new website features information about Amaker's coaching career, camps and clinics, as well as the latest Harvard Basketball news. There are links to purchase tickets, as well as to connect to Harvard Basketball's Twitter page.

Yanni Hufnagel, Assistant Basketball Coach at Harvard University said: "We couldn't be more pleased with Jeff Klein and Power Play Marketing for their work on the re-design



The Delray Beach Elks Mark Gerretson Memorial Fishing Tournament Donates \$3000 To the Delray Citizens for Delray Police 2012 Holiday Toy Drive

and re-launch of TommyAmaker.com. They took a few core ideas about what we wanted out of the site and creatively put all the pieces of the puzzle together. We wanted a visually stimulating website that was easy to navigate. Power Play Marketing really came through!"

Jeff Klein, Founder and President of Power Play Marketing said: "We are excited to have launched Tommy Amaker's Official website, and we are confident it will be a great resource for anyone wanting to learn more about Coach Amaker and Harvard Basketball."

This is the second high profile Coach to select Power Play Marketing as their website solution provider. The company also designed and has managed the official website of Duke Basketball Coach Mike Krzyzewski (<http://www.CoachK.com>) since 2004.

Klein is a 13-year veteran of the internet marketing industry, having held senior level positions in web design, internet marketing and e-commerce.

To find out more about Power Play Marketing, visit <http://powerplaymarketing.com/>.

**DELRAY BEACH HAS A BRAND NEW WEBSITE**

[www.VisitDelrayBeach.org](http://www.VisitDelrayBeach.org)

Visit Delray Beach is aimed at, you guessed it, tourists to Delray Beach. It is simple and straightforward:

- How to Get Here
- Where to Stay
- What To Do
- Special Events

This website will help visitors find Delray beach and plan their day. It will be useful for locals and tourists alike.

This website is part of a larger Destination Marketing campaign initiated by the Delray Beach Marketing Cooperative. The Visit Delray Beach theme and corresponding turtle logo will be repeated via Facebook and You Tube.

[www.facebook.com/downtowndelraybeach](http://www.facebook.com/downtowndelraybeach)  
[www.youtube.com/visitdelraybeach](http://www.youtube.com/visitdelraybeach)

Future campaigns will focus on bringing people to Delray Beach during the more quiet summer months.

For more information about things to do in Delray Beach or the Delray Beach Marketing Cooperative go to [www.visitdelraybeach.org](http://www.visitdelraybeach.org)

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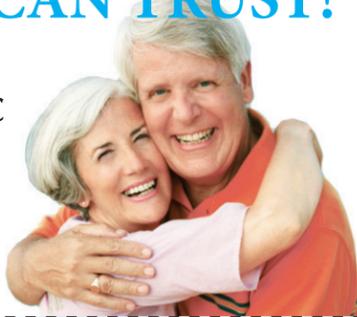
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## Regus opens in Delray Beach, giving businesses flexible work options

*Regus' model finds much success in Florida as companies look to customize their workspace needs*

DELRAY BEACH, Fla. - (Dec. 17, 2012) - Having experienced strong demand across Florida, Regus, the world's largest provider of flexible workplaces, is making headway in a new city and today announced the opening of its first full-service business center in Delray Beach at 1615 South Congress Avenue.

"At a time when businesses are acutely focused on cost containment, minimizing risk and improving work-life balance, flexible working is emerging as the solution, which checks all of these boxes," said Donna Scott, Regus' Regional Vice President.

Regus has been consistently expanding in Florida as businesses embrace flexible working and seek a resource that is prepared to offer a range of workplace choices. The company has more than 35 locations, covering both downtown and suburban markets.

Regus provides entrepreneurs, small- to medium-sized businesses as well as international companies a range of options, including fully equipped offices and virtual offices as well as meeting rooms and

membership to its drop-in business lounges. Terms are flexible allowing clients to choose the amount of space they use and the length of time they stay.

"Our new center allows businesses to take advantage of opportunities in market without committing to a long-term lease or any upfront capital investment. This is particularly beneficial for the many start-ups and small businesses in the region," added Scott.



Delray Beach's economy is driven by the tourism sector along with a growing number of professional and financial services firms. The recent designation of Innovation Corridor is expected to attract new companies to the city.

"Our expansion into Delray Beach will help any business looking to enter the market and grow their company," said Scott.

For more information: [www.regus.com](http://www.regus.com).

### Chamber of Commerce

Grand Openings and Ribbon  
Cutting Ceremonies

**Thursday, January 17th • 5pm**

Dr. Richard Davidson  
Chiropractic Physician  
1449 Yamato Rd., Ste 2, Boca Raton

**Wednesday, January 23rd • 5pm**

HiWay Burger  
12 SE 5th Ave, Delray Beach

**Wednesday, February 6th • 5pm**

Acupuncture Zen  
900 E. Atlantic Ave., Suite 11, Delray Beach



### DELRAY BEACH CITY DIRECTORY

Delray Beach City Hall  
100 NW 1st Avenue  
Delray Beach, Florida 33444  
[www.mydelraybeach.com](http://www.mydelraybeach.com)

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**Emergency 9-1-1**

**Non-Emergency**  
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**Citizen Service Requests**  
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**City Manager's Office**  
(561) 243-7010

**Utility Billing**  
(561) 243-7100

**Water/Sewer Maint.**  
(561) 243-7312

**Parks & Recreation**  
(561) 243-7250

**Municipal Golf Course**  
(561) 243-7380

**City Clerk's Office**  
(561) 243-7050

**Jobline**  
(561) 243-6201

**PBC Animal Control**  
(561) 276-1344

**Police Department**  
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**Fire Department**  
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### Vince Canning 1st Annual Stiletto Race Raised Over \$5,000 for Achievement Centers

DELRAY BEACH, FL - Sprinters of all walks strapped on stilettos to compete for top ranking at the fabulous 1st Annual Vince Canning Shoes Stiletto Race on November 16th off Atlantic Avenue in Delray Beach. Hosted by Vince Canning Shoes, the event celebrated their 60th year of doing business on Atlantic Avenue. The event was not without a cause - the race raised over \$5,000 for the Achievement Centers for Children & Families, another long-standing facet in the Delray Beach community.

The festivities kicked off at 5 pm with performances by both Achievement Centers' Drumline and Elegant Emerald Dance Team, followed by entertainment from DJ Mike Perry. Anchor Suzanne Boyd of CBS12 News This Morning was there to command the courageous challengers as they got on their marks to strut, sprint, sashay, or run the 75-meter track.

The race heats culminated to the final competition where David took home the grand prize for Ultimate Stiletto Champion, along with a little bit of razzing from his college buddies. Awards were also given for Women's 75-Meter Dash, Relay, Best Shoe, Best Strut and Best Costume. Prizes ranged from gift certificates and cold hard cash to a two-night stay at the Hyatt Place in Pineapple Grove. No racer walked away empty handed, everyone received a swanky swag bag from Vince Canning Shoes.

LaRonda Denkler, Owner and Buyer of Vince Canning Shoes, stated, "After seeing our city win the honor of Rand McNally's 'Most Fun Small Town in America', I was inspired to bring a fresh and fun event downtown. It seemed like the perfect opportunity to celebrate Vince Canning's 60th year of business on Atlantic Avenue and support a community that has supported our business all these years. Partnering with the Achievement Centers for Children & Families felt like a natural fit and, thanks to our gracious sponsors and spirited community, this event was a huge success!"

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### BEST OF OLD AND NEW DELRAY, 8 BLOCKS FROM ATLANTIC

Quintessential East Delray Charmer preserves all the details of a Historic Samuel Ogren Home. Enjoy the close proximity to Downtown from this charming 3/2 pool home, 1 mile to the beach in sought after Historic Swinton neighborhood. Veranda with gorgeous pool. \$935K  
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### LAKE DRIVE MIZNER-INSPIRED MEDITERRANEAN HOME

This 3,982 square foot artists home includes a light filled studio, four bedrooms and three baths. Spacious living areas are highlighted by gorgeous updated kitchen with Miele stainless appliances. Three tiered fountain leads past the two car garage to a private tropical backyard with pool, pond and avocado tree. Wonderful location in proximity to Downtown Delray Beach and the beaches of Boynton. \$649,900  
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Jennifer Kilpatrick  
Realtor Associate





# events calendar

## JANUARY 3, 8, 9, 14, 15, 16, 23, 29

January Healthy Living Series @ the Delray Beach Public Library. Month-long line up of programs. All programs are free and open to the public. Go to [www.delraylibrary.org](http://www.delraylibrary.org) for full details. 100 W. Atlantic Avenue. 561-266-9490

## THURSDAY - SATURDAY • JANUARY 3-5

New Year Wizard — Puppetry Arts Center, 94 NE 2nd Avenue. Kids of all ages will enjoy magic by real wizard the Amazing Mr. A. 10:30 am weekdays, 2 pm Saturday. \$6.50. [www.puppetcenter.org](http://www.puppetcenter.org) 561-243-4330

## JANUARY 3 - MARCH 21

Improv at the Gym. Every Thursday 8 pm. Delray Beach Center for the Arts Vintage Gymnasium. 51 N. Swinton Ave. \$10 at the door. Nationally renowned, Mod 27, presents their hilarious, fast paced and quick witted improv comedy shows. 561-243-7922. [www.DelrayCenterForTheArts.org](http://www.DelrayCenterForTheArts.org)

## FRIDAY • JANUARY 4

Free Friday Concert Series — 7:30 pm — 10:30 pm  
The Long Run (Eagles Tribute) Old School Square Entertainment Pavilion. Food trucks and cash bar. 561-243-7922 or [www.delraycenterforthearts.org](http://www.delraycenterforthearts.org)

## SATURDAYS • JANUARY 5, 12, 19, 26

GreenMarket — 9 am-2 pm — Old School Square Park. January 5th is Slow Food Saturday. The seven wonders of raw milk demonstration 12:00 pm with Heritage Hen Farm

## SATURDAY • JANUARY 5

Jace Vek Creates The New Standard — 8 pm. Delray Beach Center for the Arts Crest Theatre. 51 N. Swinton Ave. A powerful performance featuring an eclectic mix of music by Emmy Award-winning composer Jace Vek. Tickets \$25. 561-243-7922. [www.DelrayCenterForTheArts.org](http://www.DelrayCenterForTheArts.org)

Jazz Project Lenore Raphael with Howard Alden — 8 pm at Arts Garage. Piano prodigy Raphael pairs with seven-string guitar master Alden melding classics and improvisation. 180 NE 1st Street. [www.artsgarage.com](http://www.artsgarage.com) or call 561-450-6357. \$25-\$35

## SUNDAY • JANUARY 6

Annual Ocean Mile Swim. Registration at Anchor Park; Race on Delray Municipal Beach. One-Mile Ocean Swim with medals for the top three finishers in each age group. Open to all ages. Participants must sign a liability waiver when registering. Registration starts at 8 am. Race begins at 9:30. Cost is \$25 per individual, \$20 per team. For more information contact: Ocean Rescue 561-243-7352.

Dialogs and Drawings — 3 pm — 6 pm. Talk with the wife and daughter of Benjamin Canas the most important visual artist of El Salvador. Champagne and tea. Ford Fine Art 260 NE 5th Avenue. [www.fordfineart.com](http://www.fordfineart.com) 561-900-7167

## TUESDAY • JANUARY 8

The 12th Annual Mayor's Interfaith Prayer Breakfast — 7am-9am Pompey Park, 1101 NW 2nd Avenue. \$25 per person. "Life in Community" by Rev. Edmund Bolella. Musical performance by the Delray Community Choir. Contact Sarah Vallely at 561-279-0907 for tickets or sponsorship opportunities.



# library calendar

**New Year's Eve** — Monday, December 31st — Library Closed  
**New Year's Day**, Tuesday, January 1st - Library Closed  
**Martin Luther King, Jr. Day** - Monday, January 21st - Library Closed

**Wednesday, January 2, 9, 16, 23 & 30** at 11:30 a.m. — Socrates Café — Weekly discussion group presented by Claire Drattell and Don Clare

**Thursday, January 3** @ 11:30 a.m. — Lunch with Liz at the Library — Brown bag lunch & Discussion Group "Behind the Scenes-Inspiring Stories from Celebrity Interviews" based on Liz Sterling's new book Behind the Scenes

**Thursday, January 3, 10, 17, 24 & 31** from 1:00 p.m. — 4:30 p.m. — Empowerment Zone

**Thursday, January 3** at 2:00 p.m. — Healthy Living Series — "Hear Raising Experiences" presented by Dr. Valerie Rossetti

**Friday, January 4, 11, 18 & 25** at 10:00 a.m. Great Books Discussion Group — "Great Conversations Three" presented by Gilbert Schechtman

**Saturday, January 5, 12, 19 & 26** at 10:00 a.m. "The Writer's Studio" weekly Saturday morning writer's program Contact Howard Gleichenhaus 561-638-7251

**Monday, January 7, 14, & 28** from 1:00 p.m. — 4:30 p.m. — Empowerment Zone

**Monday, January 7** at 2:00 p.m. — Centennial Series — "From Whom Our Street Names Came" presented by Marc Thompson

**Monday, January 7, 14, & 28** at 5:15 p.m. Got Gaming? presented by Young Adult Librarian Loanis Menendez-Cuesta

**Tuesday, January 8** at 3:00 p.m. — Healthy Living Series "TBA" sponsored by Delray Medical Center

## TUESDAYS & WEDNESDAYS

### JANUARY 8-9, 15-16, 22-23, 29-30

Studio Painting Lessons 1 pm — 4:30 pm — Tuesday lessons from Vincent Cacace for those who have painted before, Wednesday lessons for beginners. 4 painting lessons are \$300, 4 painting lessons with all supplies included \$400. Call Vincent Cacace Fine Art at 561-523-5300 to reserve your spot. Space is limited

## WEDNESDAY • JANUARY 9

The Wednesday Murder Club will discuss The Litigators by John Grisham - Murder on the Beach Mystery Bookstore. 273 NE 2nd Avenue. 6:30 pm. [www.murderonthebeach.com](http://www.murderonthebeach.com) 561-279-7790

## THURSDAY • JANUARY 10 & 24

Complimentary Wine Tasting with real glasses! 5:30-7:30 pm. Old Vines, Wine & Spirits, 900 E. Atlantic Avenue, Suite 3. For more info, visit [www.oldvinesdelraybeach.com](http://www.oldvinesdelraybeach.com) or call 561-276-2076

## THURSDAY • JANUARY 10

Joe Gillie on a Stick — 8 pm Delray Beach Center for the Arts. Crest Theatre. 51 N. Swinton Ave. The 20th Anniversary Roast of Center for the Arts President, Joe Gillie. A FUNdraising night of laughs. Tickets \$50 - \$100. 561-243-7922. [www.DelrayCenterForTheArts.org](http://www.DelrayCenterForTheArts.org)

## FRIDAY • JANUARY 11

Free Friday Concert Series — 7:30 pm — 10:30 pm  
Plaid Lazer (Old School Hip Hop) Old School Square Entertainment Pavilion. Food trucks and cash bar. 561-243-7922 or [www.delraycenterforthearts.org](http://www.delraycenterforthearts.org)

Jazz Project Federico Britos — 7:30 pm at Arts Garage. Five time Grammy winner soars on the violin earning him a stellar reputation as a jazz, Latin and classical music master. 180 NE 1st Street. [www.artsgarage.com](http://www.artsgarage.com) or call 561-450-6357. \$25-\$35

Friday Art House Night - 7:00 - 10:00 pm. Enjoy a great night out with art, drinks, and fun. The art scene has transcended to Delray Beach at Art House of Delray. Also be a part of the opening of our latest exhibit, "Who Does She Think She Is?!" - an all powerful, all women's exhibition. 255 NE 6th Avenue. [www.arthousedelray.com](http://www.arthousedelray.com) or 561.859.0856.

James Sheehan will speak and sign The Lawyer's Lawyer. Murder on the Beach Mystery Bookstore. 273 NE 2nd Avenue. 7 pm [www.murderonthebeach.com](http://www.murderonthebeach.com) 561-279-7790

## SATURDAY • JANUARY 12

Jazz Project Turk Mauro — 8pm at Arts Garage. One of the most versatile saxophonists in Florida. 180 NE 1st Street. [www.artsgarage.com](http://www.artsgarage.com) or call 561-450-6357. \$25-\$35

Happy Birthday Elvis! 7:30pm - Delray Beach Center for the Arts. Crest Theatre. 51 N. Swinton Ave. Scott Ringersen and the Whitestone Band perform their popular Elvis Tribute show. Tickets \$35-\$45. 561-243-7922. [www.DelrayCenterForTheArts.org](http://www.DelrayCenterForTheArts.org)

## SATURDAY - SUNDAY • JANUARY 12-13

12-13 - Artists in the Park — Fine art exhibition and sales. Sponsored by Delray Beach Art League. Veterans Park, Atlantic Ave & Intracoastal. 10am — 4:30 pm. 561-843-2311 [www.delrayartleague.com](http://www.delrayartleague.com)

## SUNDAY • JANUARY 13

Oshogatsu New Year's Celebration — 10am — 5pm. Morikami Museum. Celebrate the year of the Snake. Family festival where visitors can take part in unique Japanese pastimes, games and customs. Visit the galleries, stop by the Kirin Beer Garden and Sake Station or experience the Taiko Drummers and Lion Dancer. \$15 for adults, \$10 for children 4-10. 4000 Morikami Park Road. [www.morikami.org](http://www.morikami.org) 561-495-0233

The 14th Annual Author's Showcase — 2pm — Delray Beach Public Library. Twelve authors will speak briefly about their books. There are a wide variety of styles to fit everyone's taste. Free and open to the public. Go to [www.delraylibrary.org](http://www.delraylibrary.org) for full list of authors. 100 W. Atlantic Avenue. 561-266-9490

Meet the Author, Paul Dorrell "Living the Artist's Life" from 7pm — 9pm. Free reception at The Artists Guild, 512 E. Atlantic Avenue. RSVP Kathryn\_carlyle@comcast.net.

Performing Arts Academy Open House (12-3pm) and Arts Garage Open House (5pm) at Arts Garage. Complimentary admission, online reservation suggested. Sample our artistic menu, meet our creative volunteers, teaching staff and leadership team. Enjoy wine and hors d'oeuvres at the 5pm Open House. Featuring jazz vocalist Charmaine Forde and introducing our own Grease Monkeys. 180 NE 1st Street. [www.artsgarage.com](http://www.artsgarage.com) or call 561-450-6357.

## MONDAY • JANUARY 14

Spencer Quinn will speak and sign A Fistful of Collars. Murder on the Beach Mystery Bookstore. 273 NE 2nd Avenue. 7 pm [www.murderonthebeach.com](http://www.murderonthebeach.com) 561-279-7790

## TUESDAY • JANUARY 15

South Florida Symphony — 7pm. Delray Beach Center for the Arts. Crest Theatre. 51 N. Swinton Ave. Tickets \$55. The South Florida Symphony presents "Epic Heroes and their Goddesses", Rachmaninov: Piano Concerto No. 3, featuring Natasha Paremiski, piano. For more, visit [www.SouthFloridaSymphony.org](http://www.SouthFloridaSymphony.org) or [www.DelrayCenterForTheArts.org](http://www.DelrayCenterForTheArts.org)

An Interview with Martin Luther King by Pablo del Real — 7:30pm at Arts Garage (\$15 suggested donation). The great civil rights leader died 44 years ago, but he comes to life in this one-man show starring Tony Thompson. Networking after the show with the author, actor, and audience. Proceeds go to Auroras Voice, a 501(c)(3) nonprofit organization, devoted to continuing the work of Gandhi and Martin Luther King. 180 NE 1st Street. [www.artsgarage.com](http://www.artsgarage.com) or call 561-450-6357

## TUESDAY - WEDNESDAY • JANUARY 15-16

The cast and crew of "Forever from Now" are getting ready to perform this amazing new musical at Boca Raton Community High School both nights at 7:00 p.m. Written by Boca Raton resident and prolific songwriter, Fred Bonner, the production centers around a 40-year Woodstock. Performed by the Community Actors Showcase Theatre in association with the City of Boca Raton Community Center, the show is a benefit for Hurricane Sandy Relief. Tickets are available at the door or online at [foreverfromnow.com](http://foreverfromnow.com). For more information, please call 561-393-7995. Ticket prices are \$10 for adults and \$5 for seniors and children under 12 years old.

# CALENDAR OF EVENTS - JANUARY 2013

**Wednesday, January 16** at 2:00 p.m. — Healthy Living Series — "Posture & Pain: Learn the Alexander Technique" presented by Matt Pressman

**Thursday, January 17** at 10:30 a.m. — Publix Apron's Cooking School Lecture & Cooking Demonstration "Super Bowl Favorites" presented by Chef Rey De La Osa

**Thursday, January 17** at 2:00 p.m. "Wills & Probate: What You Need to Know" presented by Michelle Hofkin & Charles Schwartz

**Saturday, January 19** at 2:00 p.m. — Music Series "Doo Wop - West Coast Style" presented by Dr. Robert Weber

**Tuesday, January 22** at 3:00 p.m. — Business Series — "Clean Up the Clutter/Financial Organization" presented by Colleen Schuhmann, UBS Financial Services & Suzanne Falcone

**Wednesday, January 23** at 2:00 p.m. — Healthy Living Series — "The ABC's of Skin Cancer" presented by Dr. Ronnit Stein

**Wednesday, January 23** at 6:30 p.m. - Centennial Series — "Florida's Weird & Wacky History" presented by Eliot Kleinberg

**Thursday, January 24** at 2:00 p.m. — Armchair Travel Series — "Virtual Uptown Tour of New York City" presented by Steve Schlesinger

**Sunday, January 27** at 2:00 p.m. — "Sunday Musical Matinee Series" featuring jazz duo Rose Max & Ramatis

**Monday, January 28** at 1:00 p.m. Afternoon Book Group — Jerusalem Maiden by Talia Carner presented by Reference Librarian Kathleen Hensman

**Monday, January 28** at 2:00 p.m. — Cercle Français — French conversation group with rotating facilitators

**Tuesday, January 29** at 3:00 p.m. — Healthy Living Series "Brain Matters: Prevention of Aging, Dementia & Stroke" presented by Dr. Mark Brady

## ARTISTS ALLEY

OPEN STUDIOS & GALLERIES  
THURSDAY, JANUARY 17 • 6-9PM

All artists will be available to discuss their works.  
Painting...Pottery...Sculpture...Works of Art

ARTISTS ALLEY - runs north and south between NE 3rd and 4th Streets, east of 3rd Avenue and west of the RR tracks in the Pineapple Grove Arts District in downtown Delray Beach.

FOR MORE INFO -  
Call Vincent Cacace  
561-276-1177 or 561-523-5300

## THURSDAY • JANUARY 17

Actress/Author Joan Collins — Lecture 2pm — Iconic actress, best selling author and international fashion maven comes to Delray Beach! Delray Beach Center for the Arts. Crest Theatre. 51 N. Swinton Ave. Tickets 561-243-7922. [www.DelrayCenterForTheArts.org](http://www.DelrayCenterForTheArts.org)

Booksigning — 7pm — James Grippando will speak and sign Blood Money at Murder on the Beach Mystery Bookstore. 273 NE 2nd Avenue. [www.murderonthebeach.com](http://www.murderonthebeach.com) 561-279-7790

Artists Alley Open Studios - 6pm — 9pm - An exciting new warehouse arts area in the Pineapple Grove Arts District of Delray Beach Florida, runs north and south between NE 3rd and 4th Streets, east of 3rd Avenue and west of the RR tracks. All of the Studios and Galleries in Artists Alley will be open every third Thursday each month. [www.artistsalleydelray.com](http://www.artistsalleydelray.com)

National League of American Pen Women luncheon and discussion. Elle Schorr will explain the process of photo collages that are always single photographs. Delray Beach Golf Club, 2200 Highland Ave. Delray Beach, FL 33445. Register at [www.bocapenwomen.org](http://www.bocapenwomen.org) 11:30am \$25.00 For information: [bocapenwomen@aol.com](mailto:bocapenwomen@aol.com)

## FRIDAY • JANUARY 18

Fabulous 3rd Friday in Downtown Delray Beach 5pm — 9pm— presented by the Delray Beach DDA and the Downtown businesses; Enjoy strolling the brickpaved sidewalks visiting the boutiques, galleries, salons, restaurants and more for a fun night out in Downtown Delray Beach. Visit [www.downtowndelraybeach.com/](http://www.downtowndelraybeach.com/) promotions for details or call 561-243-1077

Free Friday Concert Series — 7:30pm — 10:30pm — La Requina (Salsa) Old School Square Entertainment Pavilion. Food trucks and cash bar. 561-243-7922 or [www.delraycenterforthearts.org](http://www.delraycenterforthearts.org)

Jazz Project Mike Levine— 7:30pm at Arts Garage. From smooth jazz to rocking rhythms, he is as comfortable playing jazz classics as he is his original compositions. 180 NE 1st Street. [www.artsgarage.com](http://www.artsgarage.com) or call 561-450-6357. \$25-\$35

**Monday, January 28, February 4 & 11** at 10:30 a.m. Lifelong Learning Community Institute Course "Bullet & Badges — Gunfighters of the Old West"

**Monday, January 28, February 4 & 11** at 2:00 p.m. Lifelong Learning Community Institute Course "Memory Matters-Beating Brain Drain"

**Wednesday, January 30, February 6, 13 & 20** at 2:00 p.m. — Lifelong Learning Community Institute Course "Writing Creative Fiction — Memoir Writing"

**Wednesday, January 30, February 6 & 13** at 6:00 p.m. — Lifelong Learning Community Institute Course — "The Ever-Changing World of Sports" -

**Thursday, January 31, February 7, 14 & 21** at 2:00 p.m. — Lifelong Learning Community Institute Course — "Music From Many Lands" - see brochure for course listings and fees

**ART EXHIBITS**  
Thru February 1, 2013  
Artist Alfred Biegel — "Oils & Landscapes"

**FREE COMPUTER WORKSHOPS**  
Registration Required — call 561-266-0196

1/7 @ 11:00 am	Beginning Computers
1/8 @ 2:00 pm	Internet
1/9 @ 2:00 pm	E-mail
1/14 @ 11:00 am	Beginning Computers
1/15 @ 2:00 pm	Word
1/16 @ 2:00 pm	Excel
1/22 @ 11:00 am	Internet
1/22 @ 2:00 pm	Excel
1/23 @ 2:00 pm	Facebook
1/28 @ 11:00 am	E-mail
1/29 @ 2:00 pm	Facebook
1/30 @ 2:00 pm	Word

Sign up @ Reference Desk - Computer classes meet in 2nd floor Technology Center



# events calendar

**SATURDAY - SUNDAY • JANUARY 19-20**

24th Annual Downtown Delray Beach Fine Art Festival – 10:00am – 5:00pm Est Atlantic Avenue to A1A in Downtown Delray Beach. 561-243-1077 or www.artfestival.com

**SATURDAY • JANUARY 19**

Garage Blues Bob Margolin – 8pm at Arts Garage. Nicknamed “Steady Rollin” for his mellow tunes and rolling melodies, he redefines old blues standards. 180 NE 1st Street. www.artsgarage.com or call 561-450-6357. \$25-\$35

**SUNDAY • JANUARY 20**

The Sunday Sleuths Book Group will discuss Guilt by Association by Marcia Clark. 3 PM Murder on the Beach Mystery Bookstore. 273 NE 2nd Avenue. www.murderonthebeach.com 561-279-7790

Cut For A Cause – The Milagro Center needs the community’s help! 2:00 – 6:00 pm. Come out and watch your favorite football team and get a haircut for \$10. 100% of proceeds go to the Milagro Center. Patio Grill open 1:00-4:00 pm. Delray Beach Elks Lodge No. 1770, 265 NE 4th Ave. 561-278-1770

**MONDAY - SATURDAY • JANUARY 21-26**

The 9th Annual Palm Beach Poetry Festival – Readings at 8pm. Delray Beach Center for the Arts. Crest Theatre. 51 N. Swinton Ave. Prices vary. An extraordinary week of poetry readings and events featuring an impressive line-up of 11 national, award winning poets with special guest, US Poet Laureate Billy Collins. 561-243-7922. www.DelrayCenterForTheArts.org or www.palmbeachpoetryfestival.org

**TUESDAY • JANUARY 22**

Resource Fair - Pompey Park, 1101 NW 2nd St. 10am – 1pm. FREE to participants. Cost for Vendors: \$25(non-profit), \$50(profit), \$20(vendor on the go). Local organizations and companies will be on hand to promote their services for after school programs, summer camp and schools! Bring your business cards to network and be entered in raffle prizes and contests! Contact 561-243-7158 or pearson@mydelraybeach.com

**THURSDAY • JANUARY 24**

Free reception and awards ceremony - 6pm – 8pm . View the latest art exhibition. The Artists Guild, 512 E. Atlantic Avenue

**FRIDAY • JANUARY 25**

Volunteer Delray - Friday, 5-7 pm. Free admission. The Non-Profit Council of the Greater Delray Beach Chamber of commerce invites you to find YOUR mission! Non-profit members will showcase their organizations and volunteer opportunities just prior to the Free Friday Concert At The Pavilion. DelrayBeach.com/nonprofit-council.

Free Friday Concert Series – 7:30pm – 10:30pm – Amber Leigh (Country) Old School Square Entertainment Pavilion. Food trucks and cash bar. 561-243-7922 or www.delraycenterforthearts.org

**JANUARY 25 - FEBRUARY 10**

Ethel Waters: His Eye is on the Sparrow – Delray Beach Playhouse – An inspiring musical biography with featured songs such as “Am I Blue?” and “Sweet Georgia Brown”. \$30. Call 561-272-1281 Ext 4 for tickets and showtimes. www.delraybeachplayhouse.com 950 NW 9th St.

**JANUARY 25 - FEBRUARY 17**

Theatre at Arts Garage – Gloucester Blue by Israel Horowitz. Sex, murder and mayhem – a dark comic drama exposing the human spirit in a tale of class, deceit and romance. 180 NE 1st Street. www.artsgarage.com or call 561-450-6357. \$25-\$35 Wed – Fri 7:30pm, Sat 2pm, Sun 7pm.

**SATURDAY - SUNDAY • JANUARY 26-27**

Artists in the Park – 10am – 4:30pm. Fine art exhibition and sales. Sponsored by Delray Beach Art League. Old School Square grounds. 561-843-2311 www.delrayartleague.com

**SATURDAY • JANUARY 26**

Magic – 2pm. Puppetry Arts Center, 94 NE 2nd Avenue. The Amazing Mr. A. presents a circus-themed show for kids of all ages. \$6.50. Show for adults that evening at 8pm for \$15. www.puppetcenter.org 561-243-4330

Booksigning – 6pm –Robert Crais will speak and sign Suspect at Murder on the Beach Mystery Bookstore. 273 NE 2nd Avenue. www.murderonthebeach.com 561-279-7790

Jazz Project Randy Brecker – 8pm at Arts Garage. Talented trumpeter, Grammy Award nominee, recorded and toured with music legend Bruce Springsteen. 180 NE 1st Street. www.artsgarage.com or call 561-450-6357. \$25-\$35

**SUNDAY • JANUARY 27**

Sunday Musical Matinee – 2pm – Brazilian Jazz guitar and vocal duo Rose Max & Ramatis. Delray Beach Library. 100 W. Atlantic Avenue. www.delraylibrary.org 561-266-9490. Tickets for all 4 performances (Jan – April is \$45) or \$15 per individual show.

**MONDAY - TUESDAY • JANUARY 28-29**

Cabaret Series – Broadway’s Elite – 8pm - Delray Beach Center for the Arts. Crest Theatre. 51 N. Swinton Ave. Tony Award Winner Donna McKechnie joins Andrea McArdle and Ken Page to celebrate the stories, songs and history of the Great White Way Tickets 561-243-7922. www.DelrayCenterForTheArts.org

**SATURDAY • FEBRUARY 2**

All American Tailgate Party 2:00pm – 8:00pm Delray Center for the Arts Pavilion. - Delray Beach Chamber of Commerce Men’s Group is pleased to partner once again with the Achievement Centers for the 7th Annual All American Tailgate Party. Also partnering with the Achievement Centers this year is the Miami Dolphins, Anthony’s Coal Fired Pizza and Craft Brewers Alliance. Join us for traditional tailgate fare & beverages, live entertainment (including Miami Dolphin Cheerleaders), raffles, auctions and a children’s area with bounce houses, mini-golf and other activities. Price: \$25 for adults 21+, \$10 for youth 13-20 and free for children 12 and under. Benefits the Achievement Centers for Children & Families www.DelrayTailgate.com

Artful Extravaganza Art – Books – Music Fair 11 am – 4 pm South County Civic Center, 16700 Jog Road, Delray Beach (Directly across from Morikami Museum) Featuring 40 Vendors ~ Artists, Authors, Music CDs Photographers, Jewelers, Craftpersons. Proceeds will support the Boca Raton Branch Achievement Award for College Women in the Arts. Admission: \$2.00 per person. Students with proper ID admitted free. Ticket includes drawing for 7-day Caribbean Cruise 3pm - must be present. www.bocapenwomen.org

**EXHIBITS**

**The Seagate Hotel & Spa World of Golf:** The Gary Wiren Collection – Cornell Museum of Art & American Culture at the Delray Beach Center for the Arts. 51 N. Swinton Ave. Tuesday-Saturday 10am – 4:30pm, Sunday 1pm – 4:30pm, Closed Mondays and major holidays \$10 general admission, \$6 seniors & Students with ID, \$3 ages 4-12, free for age 3 and under. November 9th – April 21, 2013. www.DelrayCenterForTheArts.org or 561-243-7922

**Academy of Golf Art** – Cornell Museum of Art & American Culture at the Delray Beach Center for the Arts. 51 N. Swinton Ave. Stunning collections of oils, watercolors and acrylics by America’s most recognized golf artists. See above for admission and opening times. Through April 21 www.DelrayCenterForTheArts.org or 561-243-7922

**Artist’s Guild Gallery Art Exhibition** Dec 16th – January 19th. Open 10am – 7pm Monday – Wed, 10am – 10pm Thurs-Sat. Open Reception December 20th from 6pm-8pm. 512 E. Atlantic Ave. www.bocaguild.com

**Provence and Beyond** – Art Exhibit by Alfred Biegel at the Delray Beach Public Library. Through February 1st, 2013. 100 W. Atlantic Avenue. www.delraylibrary.org 561-266-9490

**Boca Raton Museum of Art Exhibition** Through January 5th at 110 E. Atlantic Avenue in Delray Beach. www.bocaguild.com

**Entertaining the Gods and Man: Japanese Dolls and the Theatre** – This exhibition presents more than 60 visually stunning doll-like forms exemplifying this little-explored world of Japanese art. Through January 27th. Morikami Museum & Japanese Gardens. 4000 Morikami Park Road. www.morikami.org 561-495-0233

**Who Does She Think She Is?! Who Do You Think She Is?** - Art House of Delray Living Room Gallery. 255 SE 6th Avenue. An all powerful, all women’s exhibition. Opening reception, Friday, January 11th, 7 - 10pm. January 11 - February 6th. www.arthousedelray.comor 561.859.0856.

Please Send Your Calendar Listings To: [Calendar@delraypineapple.com](mailto:Calendar@delraypineapple.com)

**ALL AMERICAN TAILGATE PARTY**

**SATURDAY, FEBRUARY 2ND 2PM - 8PM**

**SOUTH FLORIDA'S LARGEST TAILGATE PARTY**

**SOUTH FLORIDA'S LARGEST TAILGATE PARTY RETURNS TO DELRAY BEACH**

**LIVE MUSIC • DOLPHINS' CHEERLEADERS • FAMILY FUN ZONE**

**\$25 for Adults 21+  
\$10 for Kids 13-20  
Free for Kids 12 and under**

**FOOD, SOFT DRINKS, AND BEER INCLUDED**

**Pre-purchase tickets at  
[www.DelrayTailgate.com](http://www.DelrayTailgate.com)**

**For more information, visit  
[Facebook.com/DelrayTailgate](https://www.facebook.com/DelrayTailgate)**

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# GUEST COMMENTARY: Atlantic Crossing Update

By Jim Smith, SAFE Chairman

Special to The Pineapple

## Delray Beach City Commission Approves Atlantic Crossing

The Delray Beach City Commission recently approved the Atlantic Crossing (formerly, aka Atlantic Plaza II) by a vote of 3-2.

Jeff Edwards, President of Edwards Companies, a co-developer, clearly explained all the changes that the developers had made since getting direction at the last meeting from the City Commission, and after listening and acting on the requests of the stakeholders most affected by the re-development.

Edwards began his presentation by explaining that the density request had been reduced from 51 du/ac to 43 du/ac. He went on to review all the other requests that were agreed to with the stakeholders including:

1. Widening the Atlantic Avenue sidewalk from the required 10' width to 15'. Wider sidewalks were requested by SAFE and by Colony Hotel Owner/Manager Jestena Boughton. Later in the meeting, the developer also agreed to Jestena's request of planting live oak trees along Atlantic Avenue.

2. Adopting all of the Transportation Demand Management (TDM) initiatives recommended by SAFE, and adding some of their own:

a. Free, high speed wireless system throughout the complex, a special telecommuting room so that residents will be able to telecommute from home,

b. A parking way finder system that will identify vacant parking spaces, thereby eliminating the need of driving around trying to find a parking space,

c. Encouraging employers to apply for reduced Tri-Rail and Palm Tran for their employees and,

d. An outreach program that will provide TDM info and support for both residents and employees.

The TDM initiatives recommended by SAFE and adopted by the developer include:

a. The applicant will work with the city of Delray Beach and TDM experts to include

features in the project that will minimize the traffic load on Atlantic Avenue, particularly as it may impact the traffic at the Atlantic Avenue Bridge, and north of NE 1 Street on 7 Avenue.

b. The applicant will encourage the city to utilize the previously agreed \$150,000 shuttle funding to improve service, reduce wait time, and expand service beyond what exists today.

c. The applicant consulted with TDM experts on initiatives which could be implemented by Atlantic Crossing; and, hosted a meeting with these experts and other interested parties,

d. The applicant will implement an employee transportation program that offers financial incentives for employees to use alternative means of transportation,

e. The applicant will support traffic improvements at NE 1 Street and NE 6 Avenue and NE 1 Street and NE 7 Avenue that are designed and endorsed by the adjacent community and the city of Delray to mitigate any increased traffic in this area associated with the project re-development. In the event it is determined by those parties that a new traffic signal and right turn on red lane at NE First and NE 6 Avenue is appropriate and desired and assuming sufficient right of way exists to accommodate such a right turn on red lane, the developer agrees to pay for these. Similarly if a determination is made to close 7 Avenue north of NE 1 Street, the developer agrees to pay for closure not to exceed \$20,000. (Note: during last night's meeting the City Commission added the 7 Avenue street closing as a condition of approval, without cost limitations.)

f. The applicant will work with SAFE, Delray and FDOT to maximize pedestrian safe crossing of Atlantic Avenue between NE 6 Avenue and Veteran's Park,

g. The applicant will, in addition to public bike racks placed throughout the project site, provide both tenant and employee inside bicycle storage facilities. Employee facilities will also include lockers and showers,

h. The applicant will include a bicycle sharing program, and explore car sharing – so that residents who do not own a bicycle or a car will have the use of either on a short term basis, and

i. The applicant will unbundle parking so that residents who don't own a car will pay less rent than those who own a car.

3. Donating \$500,000 to the City for

upgrading Veterans Park.

After Edwards completed his presentation, it was time for citizen's comments. And they did. And, the City Commission listened.

Then, it was time for questions and comments from the City Commissioners. Commissioner Gray questioned whether the project could be reduced further to 40 du/ac and that the number of efficiencies be reduced. Commissioner Adam Frankel also asked about a reduction to 40 du/ac. Commissioner Al Jacquet complimented Edwards for reaching out to the neighbors, and asked for lower density, and encouraged the developer to continue meeting with the neighbors. Mayor Woody McDuffie spoke the longest of all - going into the history of the project, and the vital need for downtown Class A office space. In closing his comments, McDuffie asked the developer if they could agree, then and there, to a reduction to 40 du/ac. Edwards said "yes".

The Commission next reached out to the Palm Trail and Marina District residents to formally add two additional conditions of approval that were asked for: closing NE 7 Avenue north of NE 1 Street, and traffic calming for the Marina District.

The vote was almost anticlimactic. The project was approved, and Atlantic Crossing goes next to the Site Plan Review and Appearance Board.

In summary, the approval was a win for the primary stakeholders from Palm Trail & the Marina District, a win for the City, a win for all the other Delray Beach residents and taxpayers, and a win for the developers. Of course, no one got everything they wanted. Those who threatened a lawsuit should reconsider their action. There were many sacrifices made by all. That's just one of the things that makes Delray Beach special. Now is the time for healing, and moving on. That's the Delray Beach way!

When fully built, SAFE believes Atlantic Crossing will be a model, the first of many future developments (the second will be Sofa Buildings 1 & 2) that will embrace TDM initiatives. When that happens, our downtown will have more people walking and bicycling resulting in fewer traffic trips than would otherwise occur.

Does anyone object to more people walking and bicycling, and fewer traffic trips?

Let's all take time to applaud ourselves. Democracy is alive and well in Delray Beach.

### FEATURED MATCHES:

**MCENROE & CASH**

FRI: 2/22  
NIGHT SESSION

**MOYA & PHILIPPOUSSIS**

SAT: 2/23  
DAY SESSION

**MCENROE & WILANDER**

SAT: 2/23  
NIGHT SESSION

**MARDY FISH**

TUES: 2/26  
DAY SESSION

**JOHN ISNER**

TUES: 2/26  
NIGHT SESSION

**BRYAN BROTHERS**

WED: 2/27  
DAY SESSION

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The Pineapple Newspaper has partnered with **Homes.com** to make buying and selling your home in Delray Beach even better. Starting in December, PineappleNewspaper.com will have a special real estate section with home listings, area information and featured real estate professionals.



# BIG BUSINESS GOES ALL-IN FOR CHARITY RAISING ALMOST \$300K

DELRAY BEACH, FL – Over 120 business leaders and corporate executives from all over South Florida and beyond came together November 29th in the renowned Cathedral Room at the Boca Raton Resort & Club for the premiere of Havana Nights. This high-stakes poker tournament raised nearly \$300,000 for the Achievement Centers for Children & Families.

Sultry Havana nights provided an alluring backdrop for the six-hour, first-time event presented by Kolter Kast Construction. The night of calls, bluffs and flops featured a cocktail reception, a professionally officiated poker tournament and the much enjoyed runway show featuring swimsuits by Bika and lingerie fashions by Lingerini – all in the name of charity.

Some lofty players left the game with nothing more than slightly bruised egos but were still in good spirits knowing they truly made a difference in the lives of the 700 low-income children and families. Either by skill or luck, the top ten players made it to the final championship table. Seven of them walked away with a cigar package from Prime Cigar & Wine Bar and a bottle of spirits from Union Restaurant. The top three winners raked in valuable prizes with the first place winner

taking home almost \$10,000.

Second place winner Michael Del Gigante, President of MDG Advertising and long-time partner of the Achievement Centers, was so moved by the success of the occasion that he graciously donated his prize back to the charity. “The first time I visited the Achievement Centers for Children & Families I was overwhelmed by the children, the programs and the compassion exhibited by the staff,” said Michael Del Gigante, “It was a truly uplifting experience. It’s no surprise that the outpouring of support and funds raised at the Havana Nights Poker event reached this level. I look forward to winning first place next year.”

“We were incredibly fortunate to have had so many corporate supporters – not only contributing to the success of the event but also bringing a greater awareness of who we are and what we do,” stated Stephanie Seibel, Executive Director of the Achievement Centers Foundation, “This is the highest revenue-generating fundraiser in our 43-year history. We could not have accomplished such a feat without the dedication and leadership of our co-chairs, Bobby Julien and Christine King, and the driving force of the team at Kolter Kast Construction.”

This premiere event was made possible with the commitment of more than 30 companies in South Florida that went all-in, particularly the top sponsors including Kolter Kast Construction, Gunster Law Firm, Interstate Hotels & Resorts, Moen, Regions Bank, White & Case, and Hyatt.



The five-hour Texas Hold'em tournament culminated at the final round where the ten finalists competed for top prizes and ultimate bragging rights. Photograph by Jim Greene.

## Hyatt Place to host/sponsor Wellfest Delray 2013

*New LEED certified hotel in the heart of Delray Beach gets behind new wellness event*

DELRAY BEACH, FL – Hyatt Place, which opened in the Pineapple Grove area of Delray Beach in 2012 knows a thing or two about creating a “Wellness” environment. So it was no surprise that this beautiful addition to downtown Delray Beach jumped at the chance of hosting and sponsoring the first-ever WellFest Delray Event.

“As a LEED-Certified (Leadership in Energy and Environmental Design) hotel, Hyatt Place Delray Beach is part of the green movement that recognizes the need to provide healthy, comfortable, and productive indoor environments with improved air quality, access to daylight, and other eco-friendly practices and controls,” states Tessa Hodge, Director of Sales. “When we heard about WellFest Delray, we welcomed the chance to become the host hotel and one of the sponsors.”

surrounding areas on Thursday, March 7, 2013

“Wellness is an all-encompassing term, which speaks to a lifestyle that recognizes the importance of staying fit, eating right, staying positive, planning ahead and protecting the environment, said Lipp. “Those qualities define much of what I’ve seen in Delray; and are amplified by the impressive Hyatt Place Delray, which fits in beautifully within this community.”

With WellFest Delray 2013 still about three months away, the number of exhibitors who have already committed has been impressive.

“We continue to see growing interest in this event,” states Julia Kadel, Director of Sales. “The reaction from businesses is very favorable, and we are trying to accommodate everyone’s request.”

WellFest Delray 2013 will feature an Expo that will be held in the Delray Center for Arts Gymnasium. Other activities including a “WellFest Food Court” featuring selections from local restaurants, WellFest Fitness Exhibitions, and a WellFest Lecture/Presentation Series are being planned.

“WellFest Delray 2013 will be the inaugural event of what we believe will become a yearly tradition in Delray, states Event Manager Sara Sloan. “With its year round temperatures that favor an active lifestyle, Delray has always attracted sports, exercise and fitness enthusiasts. Even many of our restaurateurs and chefs are promoting healthier eating, and we are inviting them all to participate.”

The WellFest Delray 2013 website, [www.WellFestDelray.com](http://www.WellFestDelray.com) is currently set up to provide exhibitors and sponsors with instant information on exhibiting at the Old School Square gymnasium Expo, sponsoring the Expo, or sponsoring a custom event.

“WellFest Delray should be a great addition to the many events that take place in Delray, states Perlman. “With our walkable downtown, our incredible facilities, and one of the nicest beaches in the country, Delray is ideal for an active, wellness-oriented lifestyle.”

For more information, on WellFest Delray 2013, please visit [www.WellFestDelray.com](http://www.WellFestDelray.com)

For more information, on Hyatt Place Delray Beach, please visit <http://delraybeach.place.hyatt.com>



**HYATT PLACE™**

Delray Beach, a popular Florida destination is also home to a growing number of businesses and residents who are embracing an active, health-oriented lifestyle where fitness, good nutrition, a positive mind-set and wellness-in-general is a way of life.

WellFest Delray, an event created by Bob Lipp, a marketing executive with a long-time interest in the fitness lifestyle and supported by area residents including former Mayor Jeff Perlman and wellness proponents Julia Kadel and Sara Sloan will be held at the Delray Center for the Arts Old School Square gymnasium and



**February 4 to 5, 2013 8:00 PM - 10:00 PM**  
Sam Harris at Old School Square  
Tony award nominee!

**February 8 to 10, 2013**  
14th Annual Delray Beach Garlic Fest  
City of Delray Beach

**January 4, 2013 11:45 AM - 1:00 PM**  
Ambassadors Monthly Meeting  
At Greater Delray Beach Chamber of Commerce

**January 8, 2013 7:00 AM - 9:00 AM**  
12th Annual Mayor’s Interfaith Prayer Breakfast  
At Pompey Park

**January 9, 2013 12:00 PM - 1:30 PM**  
Chairman’s Club Monthly Luncheon

**January 10, 2013 5:15 PM - 7:00 PM**  
Contacts & Cocktails  
formerly known as Business Card Exchanges  
At DeBilzan Studio

**January 16, 2013 12:00 AM - 11:59 PM**  
Leadership Delray Day - Class of 2012-13  
At Greater Delray Beach Chamber of Commerce

**January 17, 2013 2:00 PM - 4:00 PM**  
Joan Collins at Old School Square  
One of the most iconic actresses of all time!

**January 25, 2013 5:00 PM - 7:00 PM**  
Volunteer Delray  
At Old School Square

**February 1, 2013 11:45 AM - 1:00 PM**  
Ambassadors Monthly Meeting  
At Greater Delray Beach Chamber of Commerce

**February 13, 2013 5:15 PM - 7:00 PM**  
Contacts & Cocktails (formerly known as Business Card Exchanges)

**February 13, 2013 12:00 PM - 1:30 PM**  
Chairman’s Club Monthly Luncheon  
At Greater Delray Beach Chamber of Commerce

**February 14, 2013 2:00 PM - 4:00 PM**  
Heloise at Old School Square  
The High Priestess of Household Hints!

**February 15 to 17, 2013 8:00 PM - 10:00 PM**  
Michael Cavanaugh in Concert  
At Old School Square  
The new voice of the rock & roll songbook!

**February 20, 2013 12:00 AM - 11:59 PM**  
Leadership Delray Day - Class of 2012-13  
At Greater Delray Beach Chamber of Commerce

**February 21 to 24, 2013 8:00 PM - 10:00 PM**  
Fiddler on the Roof at Old School Square  
Winner of 9 Tony awards!

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## Bank donates \$5,000 to reading campaign

*Funds to be used to purchase books for summer reading program*

The City of Delray Beach’s Campaign for Grade Level Reading received a \$5,000 donation to purchase books for the City’s 2013 summer reading program. This donation, from AmTrust Bank, will provide each kindergarten and 1st grade student attending Orchard View and Pine Grove Elementary Schools with a “Reading Pack” that includes 5 to 8 high-quality and engaging books and individually created activity sheets to enhance the at-home learning experience.

“Putting a book in a child’s hands over the summer provides an opportunity to prevent the ‘summer learning slide’ and promote academic success. Research suggests that by providing access to books at home, in school, and over the summer months contributes to improving the reading achievement levels among all children,” stated Janet Meeks, Education Coordinator for the City of Delray Beach.

The City’s Campaign for Grade Level Reading, which is part of a national campaign

to promote grade level reading by the third grade, was created through the understanding that our local schools alone cannot address all of the problems that keep our children from learning to read. As a result, the City partnered with a coalition of community, civic and business leaders, non-profit agencies, educators and City representatives who believed in this important issue and committed to participating in the development and implementation of a new reading initiative that will benefit our local children and our community.

Brian Lynott, Regional Executive and First Vice President of AmTrust Bank in Delray Beach, learned about the shortage of reading material through discussions with the Greater Delray Beach Chamber of Commerce. He saw and understood the need to enable children to have access to books over the summer and coordinated AmTrust Bank’s contribution to the City’s reading program.

For more information contact Janet Meeks at (561) 243-7231 or by E-mail at [meeksj@mydelraybeach.com](mailto:meeksj@mydelraybeach.com).

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**Lenny Felberbaum**  
 561.376.3136

You could say that Lenny Felberbaum has Real Estate in his DNA; he is the fourth generation in his family in the industry.

A graduate of University of Miami majoring in Finance and Real Estate Development he cut his Real Estate teeth in the family business as one of the first developers of condominiums in Miami Beach during the early 70's. He then went back into New York City managing a portfolio of apartment buildings. Wanting to try out Corporate America he was recruited by Merrill Lynch Relocation Management to create a way for their fortune 500 clients to retain top executives that were temporarily assigned out of the country during a time of escalating home prices. While there he worked with Real Estate brokers managing the rentals and developing Merrill Lynch's broker certification program. After buying and selling a few coop's in New York he purchased a house on 2 1/2 acres that led to his interest in property and land development. He assembled old estates, sub divided them and sold to builders.

Relocating his family to south Florida 24 years ago he continued land development and was Director of Business Development for a title company representing major builders and developers. Moving to Delray Beach's Downtown 9 years ago he fell in love with the "Delray Lifestyle." When land development slowed he decided to go into residential real estate and sell his passion of Delray Beach.



**Catherine McGlennon**  
 561-239-0037

**THE ASTOR**



Luxurious 2 bedroom, 2 bath unit in a choice downtown location. Enjoy pretty courtyard garden view from your balcony. Kitchen features granite countertops and stainless steel appliances. Spacious master bath with Carrera marble tub and shower.

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**THE ESTATES**



Don't miss out! Brand new construction, east of 95. 3 bedroom, 2.5 bathroom, 2 car garage single family home, available immediately! Community features pool with low monthly HOA. Minutes to beaches and downtown Delray.

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**MARINA VILLAGE**



3 bed/2 bath condo with wrap around balcony, views of the ocean and marina. Kitchen features European cabinetry, granite counter tops, SS appliances, impact windows and 2 parking spaces. Newer high rise make this a perfect 2nd home or investment property. Amenities include 24 hr manned desk, business center, resort style pool, fitness center, media & billiards room. **Asking \$369,000**

**BAY REACH**



Upgraded unit with granite countertops, stainless steel appliances. Bay Reach features a resort style pool directly on the intracoastal waterway. Located in the quaint town of Lake Park its just a short drive to the Palm Beach gardens mall.

**Asking \$129,999**



**Sally Childs**  
 561-414-4668

**VALENCIA FALLS**



This 3 bedroom, 2 bathroom beautiful home includes many special features including accordion shutters, brand new A/C unit, black granite countertops and tumbled marble backsplash. Enjoy days and evenings in the screened porch relaxing in the serene environment of your own backyard. **Asking \$260,300**

**HUNTINGTON LAKES**



Priced to rent for this season! 2 bed, 2 bath condo in a very active +55 community. Huntington Lakes is known for its spectacular Performing Arts center and amenities. This special unit is stocked with everything you will need for your seasonal getaway! **Asking \$1900 mthly \$975.00 annually.**

**HOMWOOD LAKES**



Gorgeous villa sits on an enormous corner lot and is being offered "turnkey"! Immaculate 2 1/2 bath home with one car garage, attic storage, vaulted ceilings, sky-lights, florida room, screened porch, remodeled kitchen and tile throughout! Only minutes from the beach! **Asking \$159,750**

**ARTIST ALLEY!**



The newest trendy addition to Delray Beach, "The Artist's Alley" will soon be the hottest area for art galleries, live music and outdoor cafes. This large duplex is a great investment opportunity to develop artist's lofts and flow through gallery. Open beam ceiling, loading dock and garage doors, offer numerous options to create great space. Separate meters, parking spaces, dual entrances, walk to everything. **Asking \$610,000**



**Anthony Aliberti**  
 561-232-5924

**CITY WALK**



**RENTAL OPPORTUNITY**  
 Beautiful, spacious, downtown Delray Beach condo with hardwood floors, granite countertops, stainless steel appliances, crown molding and volume ceilings. Just steps away from Atlantic Avenue. 2 bedroom, 2 1/2 bathrooms. **Asking \$3,100 monthly**

**HOMWOOD LAKES**



Spacious 2 bed, 2 bath villa with huge private backyard, completely fenced with large screened porch, 1 car garage, and open floor plan. Hard to resist this all age, pet friendly community. Close to the clubhouse, large pool, gym area, and tennis. **Asking \$1700 monthly**

**THE ASTOR**

**Rental**  
 Gorgeous 2 bedroom, 2 bath with step out balcony overlooking courtyard. Large white porcelain tiles, granite kitchen, jacuzzi tub, walk-in closets, 2 parking spaces. Large kitchen, roof top pool, washer dryer in unit. Clean and bright. **Asking \$2,600**



**Brenda Wotherspoon**  
 561-716-7397

**SAN SEBASTIAN**



Spacious 3/2.5 townhouse in downtown Delray. Corner residence, lots of natural light, 2 - car garage with built-in storage. Granite kitchen w/generous bar, SS appliances, great master suite with soaking tub and step-in shower. Available 12/5 **Asking \$2,695 annually**

**THE ASTOR**



2 bed, 2 bath with courtyard view. Double master plan with generous kitchen boasting granite, glass front cabinets, and SS appliances. Separate dining and laundry rooms, arched entry foyer, simply beautiful. **Unfurnished Annual at \$2,550 monthly.**

**THE ASTOR**



3 bed, 3 bath Penthouse fully furnished, urban chic design, wood floors, huge master bedroom with sitting area, expansive closet, marble bath, soaking tub and separate shower. 3-sets of sliding glass doors, south/east exposure, courtyard view. Features private rooftop deck with spa. **Available April 1st Annual \$5,000 monthly**



**Lenny Felberbaum**  
 561.376.3136

**MALLORY SQUARE**



This beautiful townhome with southern exposure features hardwood floors, plantation shutters, and density night blinds in bedrooms. Walk to Amerca's most fun small city downtown to the beach. Motivated seller!! **Asking \$439,900**

**CANNERY ROW**



This 3 bed. 3.5 bath townhome is located in the heart of Pineapple Grove on a beautiful corner location making it light and bright. Custom wood floorings, limestone in first floor living area, and stainless steel appliances. New construction available for immediate occupancy. **Starting at \$599,000**



**Vanessa Vargas**  
 561-762-9319

**OAKWOOD LAKES**



Very large end unit with private oversized fenced patio. 3 bedrooms, 2.5 baths, 2 stor townhome tucked away on a private greenbelt. Located in a great community, this home has a brand new roof along with sliders throughout the home. **Asking \$94,900**

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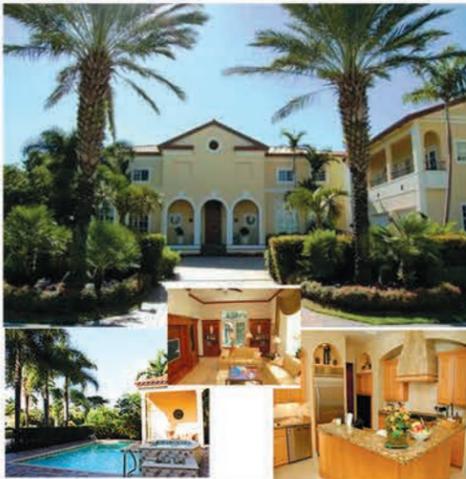
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Located in the highly desirable Seagate area of Delray Beach, this rare corner lot and gated estate home offers the homeowner complete privacy, expansive grounds, separate guest quarters and only steps to the sand. The main house offers 3 oversized bedroom suites w/private baths and walk-in closets, large office with ceiling to floor glass doors and custom wood built-ins. Volume ceilings, custom cabinetry, hurricane impact windows and doors, formal entrance and security system are only a few of the many amenities this home boasts. Guest suite sits atop the spacious 3 car garage and affords your guests their very own apartment with veranda. Entertain your guests poolside to the sound of waterfalls, ocean breezes and outside surround sound. Gated pool area features, jacuzzi spa, flow over waterfall, cabana bath, storage and charming pergola.  
**\$2,495,000 Jerilyn Walter 561-537-0050**

**THE ASTOR**

Fabulous new listing in Pineapple Grove's Luxury building, The Astor. This former builder's model has all the bells and whistles. Designer finishes, custom lighting, custom window treatments. Decorator furnished complete with art and mirrors. Move-in ready, roof top resort style pool. 2 garage spaces, secure building, 3 bedroom, 2 bath, granite kitchen jacuzzi tub, walk-in closets, light bright with white porcelain flooring.  
**Asking \$539,000**  
**Jerilyn Walter 561-537-0050**



**GROSVENOR HOUSE**



Don't miss this stunning ocean view 2 bed/2 bath plus enclosed sunroom, condominium. Fabulous established building, all new hurricane windows, new granite kitchen, new baths, high ceilings, crown molding all around, steps to pool. Perfect family retreat or full time residence. **Asking \$384,900 or \$5,000/ month seasonal rental**  
**Jerilyn Walter 561-537-0050**

**THE ASTOR**



3 bedroom 3 bathroom gorgeous penthouse in pineapple grove. Private rooftop deck with jacuzzi, expansive balcony on main floor, hardwood flooring, large kitchen with black granite, and stainless steel appliances  
**Asking \$579,000**  
**Jerilyn Walter 561-537-0050**

**SWINTON AVE**  
 Commercial/Residential



Very large duplex, 3/2 and 2/1 as well as detached 2 car garage with bath. Duplex sits on double lot on prestigious Swinton, zoned residential, commercial or multi family. High ceilings, large rooms, pristine terazzo floors, city gas, great buy!  
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### Tropic Isle

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Tippi Breakwell 561-302-4714



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Michael Mullin 561-441-0635



### Delray Dunes

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# ART, MUSIC, THEATER

## THIS MONTH AT DELRAY'S CENTER FOR THE ARTS

### Free Friday Night Concerts

January 3, 2013

#### The Long Run

7:30 pm; FREE admission! The finest Eagles tribute is now available for your party venue or corporate event. Long Run in a compilation of some of South Florida's finest and most respected musicians, who have reproduced the sound that made the Eagles one of the foremost successful band in Rock and Roll history. They capture the energy, melodies, and with five voices filling the harmonic vocals, they undoubtedly will please the greatest of any and all Eagles fans. Whether it's a corporate function, charity benefit, fund raiser, outdoor concert, festival, or county fair, The Long Run will bring back memories. You won't hear a Tribute Band this great till Hell Freezes Over.



January 11, 2013

#### Plaid Blazer

7:30 pm; FREE admission! Join an evening of old school hip-hop featuring Drew Tucker. Rain or shine; bring your blankets and chairs, and bring the family... but PLEASE, no pets or outside food or beverages. Food trucks and cash bar available.

January 18, 2013

#### Marlow Rosado y La Riqueña



7:30 pm; FREE admission! From salsa to rock, from merengue to hip-hop, from bachata to reggaeton, producer / composer / pianist Marlow Rosado has had his musical hand in all of it. A native of Puerto Rico, he is a salsero at heart, but has successfully written, played and produced hits in a variety of musical styles for some of the most renowned artists in Latin music.

From the driving rock tracks he co-wrote on Alejandra Guzman's "Lipstick," (nominated for Best Rock Album of the Year by both the American and Latin Grammys), to the emotionally charged Yolandita Monge production, "Sentimiento Borinqueño," written as a love letter to his home land, with touches of artists the likes of Elvis Crespo and Puerto Rican Power thrown in for good measure, and it's easy to realize that Marlow Rosado's compositions are heard across airwaves the world over on a daily basis. However, ask him what his proudest moments as a composer have been, and without pause he names his compositions "Me Dejo En El Aire" and "Un No Se Que," being recorded by the legendary El Gran Combo De Puerto Rico.

He has played and worked with a diverse repertoire of artists including Celia Cruz, the unforgettable Tejana signer Selena,

Larry Harlow, Tommy Olivencia, Marc Anthony, Ricardo Montaner, Olga Tañón and Desmond Child, among others. Recently, he arranged and directed the horns sessions for Ricky Martin's new production.

With the birth of Marlow Rosado y La Riqueña, the man behind the music takes to the stage himself, with the project closest to his heart and years in the making.



January 25, 2013

#### Amber Leigh

7:30 pm; FREE admission! A country music sensation since the age of 10, today Amber Leigh is seen by millions of people on The Country Network (TCN). It's on TCN where both her music videos and her new talk show, Nashville Nights, continue to fuel her exciting career while still only in her early 20's. She is always surrounded by her world-class band that combines the flavors of Country, Celtic, Rock, Pop and Singer/Songwriter styles to produce an energetic, hook-filled hybrid sound all her own. Amber's abilities as a performer, songwriter, arranger, and producer give her that signature sound that is embraced by her devoted fans around the nation who continue following her since the days of her earliest performances.

New in 2012, Amber Leigh's sixth release, "Live at The Crest Theater," was recorded during a hometown concert in Delray Beach, FL that also produced three music videos from the performance. This exciting new release, mixed by Grammy-winning engineer, Silvio Richetto, captures the energy of her live shows, and showcases her talents. Amber Leigh is also a performer with a big heart and she lends her time in support of organizations that truly help people in need. She and her band often lend their time to events in support of the U.S. Military, The Wounded Warriors Project, The Forgotten Soldiers Outreach, The Leukemia & Lymphoma Society, The Humane Society, The American Cancer Society, and others.

### Main Stage

January 5, 2013

#### Jace Vek and Drew Tucker present THE NEW STANDARD

A powerful performance of re-imagined classics and original works by Emmy Award-winning composer Jace Vek and world renowned percussionist Drew Tucker. Featuring music by John Williams, Vivaldi, Marvin Hamlisch, Aaron Copland, U2 and more! 8 pm; tickets \$25

January 7, 2013

#### Capitol Steps

Monday, 8 pm; tickets \$35

Political Satire at its Best! This ever popular ensemble digs into the headlines of the day to create song parodies and skits which convey their special brand of satirical humor.



### Broadway Cabaret

January 28 - 29, 2013

#### Broadway's Elite

Tony Award winner Donna McKechnie (center) joins Andrea McArdle and Ken Page to bring you three times the stories, three times the songs and three times the history



of the Great White Way in one celebrated evening. Andrea McArdle first captured the hearts of theatergoers everywhere in 1977 when she originated the title role in the mega-musical Annie. Since then she has starred in numerous Broadway musicals and appeared in theatres in New York, nationally and internationally. Donna McKechnie, Tony Award winner for A Chorus Line, is regarded internationally as one of Broadway's foremost singers, dancers and leading ladies. Ken Page is a Theatre World Award winner who created the roles of Old Deuteronomy in Cats and Fats Waller in Ain't Misbehavin. 8 pm.

### Art, Events, Showings, Etc.



January 10, 2013

#### Joe Gillie on a Stick 20th Anniversary Roast

Crest Theatre. Join us for a FUNdraising night of laughs. Joe has been marinating for 20 years, and it's time to throw him onto the fire! Master of Ceremonies, Bill Wood will lead a rambunctious group of celebrity roasters. From rare to well done, this roast will be something to savor! 8 PM.

Tickets are \$50 for reserved seating; cash bar available. \$100 for premium seating; includes a 7 p.m. pre-show party with open bar. Purchase online here or call the Box Office at 561.243.7922, ext. 1.

January 12, 2013

#### Happy Birthday Elvis!

Scott Ringersen and the Whitestone Band perform their popular Elvis Tribute Show; special appearance by Tony Mariano singing his Sounds of Sinatra, Dean Martin and Doo-Wop.

Through January 13, 2013

#### Palm Beach Watercolor Society Annual Showcase

A dazzling display of works in watercolor by Society members. Exhibit is free to public. Monday-Friday, 9:30 am - 4:30 pm; Saturday, 10 am-3 pm



January 15, 2013

#### South Florida Symphony Orchestra

The South Florida Symphony presents "Epic Heroes and their Goddesses", Rachmaninov: Piano Concerto No. 3, featuring Natasha Paremski, piano. For more, visit SouthFloridaSymphony.org. 7 p.m.; tickets \$55

January 16, 2013

#### Dreyfoos Goes Old School

An evening filled with art, music, theatre and dance by the talented students from Alexander W. Dreyfoos School of the Arts. Appetizers, a silent auction of student art and a performance by the Dreyfoos Jazz Combo. Crest Theatre performances by Dreyfoos dance, theatre and music students and a live auction. 6:30-9:00 pm; tickets \$75. Call 561.805.6298.

January 17, 2013

#### Joan Collins

One of the most iconic television actresses of all time, Joan is also a bestselling author, accomplished producer, successful entrepreneur and devoted mother. Her career ranks her as an unrivaled international icon. Joan has appeared in more than 60 feature films and dozens of television series including Dynasty, one of the most highly rated television dramas of all time. Her novels have sold over 50 million copies worldwide and have been translated into 30 languages. Joan regularly lends her support to celebrity causes. In 1997 she was honored by Queen Elizabeth II with the title of Officer of the British Empire. 2 PM.

January 21 - 26, 2013

#### 9th Annual Palm Beach Poetry Festival

An extraordinary week of workshops and poetry events featuring an impressive lineup of 11 national, award-winning faculty poets and special guest, U.S. Poet Laureate (2001-2003) Billy Collins. Workshops require application; submission deadline is November 9th. Poetry readings and other events are open to the public. For information, visit [www.palmbeachpoetryfestival.org](http://www.palmbeachpoetryfestival.org).

\$15 general, \$12 seniors, \$10 students. Group rate \$8; call our Box Office, 561-243-7922, ext. 1

January 25, 2013

#### Volunteer Delray

The Non-Profit Council of the Greater Delray Beach Chamber of commerce invites you to find YOUR mission! Non-profit members will showcase their organizations and volunteer opportunities at the January 25th Free Friday Concert At The Pavilion. Stop by the booths to discover all the great work that goes on in our community. Sign up to volunteer at any organization that night, and you will be registered to win free drinks during the concert.

Presented by the Greater Delray Beach Chamber of Commerce Non-Profit Council, Delray Beach Center for the Arts and Delray Beach magazine. For more information, visit [DelrayBeach.com/nonprofit-council](http://DelrayBeach.com/nonprofit-council).

5-7 pm. Free admission.



January 26, 2013

#### Coffee House and Performance Poetry

Old School Square Vintage Gymnasium, Corner of NE 1st St. and NE 1st Ave., Delray Beach. Tickets \$12 adults, \$10 seniors, \$8 students; 561-243-7922, ext. 1

Featuring performance poetry by Marty McConnell and Rives followed by a DJ Dance Party. 9 pm - midnight

January 26 - 27, 2013

#### Artists in the Park

An outdoor fine art exhibition and sale by members of the Delray Art League. See fantastic watercolors, oils, acrylics, photography, mixed media and three-dimensional works. 10 am-4:30 pm.

January 3 - March 21, 2013

#### Improv At The Gym

Nationally renowned Mod 27 presents their hilarious, fast paced and quick witted improv comedy shows. Their productions have been featured at the Chicago Improv Festival, the Out of Bounds Improv Festival (Austin), and the Del Close Marathon at the Upright Citizens Brigade in New York City. Mod 27 is part of Take Heed Theater Company.

Thru April 21, 2013

#### Academy of Golf Art

This stunning collection of oils, watercolors and acrylics by America's most recognized golf artists is on loan from the Academy of Golf Art and is presented in conjunction with the World of Golf exhibit. Admission: \$10 general; \$6 seniors & students with ID; \$3 ages 4-12; free for ages 3 and under.

Tuesday-Saturday, 10 am - 4:30 pm; Sunday, 1-4:30 pm.

**Area Movie Theaters**



**Regal Delray Beach 18**  
1660 S. Federal Highway

**Delray Square Cinemas**  
4809 W. Atlantic Avenue

**Movies of Delray**  
7421 W. Atlantic Avenue

**Cinemark Boynton Beach**  
1151 N. Congress Avenue

**Boynton Cinema**  
9764 S. Military Trail

**Cinemark Palace 20**  
3200 Airport Road, Boca Raton

**Regal Shadowood 16**  
9889 West Glades Road, Boca Raton

**Living Room Theaters, FAU**  
777 Glades Road, Boca Raton



To Advertise Call Ryan  
at 954-415-1895 or email  
Ryan@DelrayPineapple.com

*Cultural Council of Palm Beach County's final 'Art on the Road' Bus Tour*

LAKE WORTH, FL – The Cultural Council of Palm Beach County invites the public to reserve a seat now for its final 'Art on the Road' bus tour of the season, taking place from 9:15 a.m. – 1:15 p.m. on Jan. 23, 2013. The Cultural Council's December 'Art on the Road Tour' of artist studios and galleries in West Palm Beach was a complete sellout, and the Jan. 23 upcoming event is sure to be a repeat performance offering three exclusive stops in Palm Beach.

"We are pleased to see such a great response to this unique invitation that allows us to educate the community with a behind-the-scenes look at how art is created, and to introduce them to a diverse, intriguing group of fascinating collectors and artists," said Rena Blades, President and Chief Executive Officer of the Cultural Council of Palm Beach County.

**Featured on the January 23 tour are:**  
**Holden Luntz Gallery** - Holden Luntz Gallery exhibits a broad range of vintage and contemporary American and European photographers who have left a definitive mark on the development of the medium. Exhibitions have ranged from: Henri Cartier-Bresson, Brassai, Harry Benson, Berenice Abbott, Irving Penn, Jacques Henri Lartigue, Julius Shulman, Duane Michels and Horst P. Horst.

**Gavlak Gallery** - Noticing that there were few galleries presenting top international contemporary artists to serve such art collectors, Sarah Gavlak, owner of Gavlak Gallery embarked on pioneering such a space in November of 2005. Over the next four years Gavlak presented solo exhibitions of many prominent artists as well as themed group exhibitions organized around the idea of putting contemporary art within an art historic context.

**Private Collection** - A visit to a private collection in Palm Beach.

Admission to 'Art on the Road' is \$50; \$40 for members of the Cultural Council. To RSVP, please call, 561.472.3342, or e-mail, ksmiley@palmbeachculture.com.

**2013 South Florida Fair Advance Tickets On Sale - Save Up To 30%**

WEST PALM BEACH, FL – Discount admission and ride tickets to January's annual South Florida Fair are now on sale at Publix supermarkets, BB&T, Bud's Chicken & Seafood and TD Bank locations. Tickets also may be purchased online at www.southfloridafair.org. The 2013 South Florida Fair, 9067 Southern Blvd., West Palm Beach, is slated for January 18 - February 3.

"Fair tickets are the perfect holiday gift for the entire family, friends or associates," said President & CEO Rick Vymlatil. "There is an assortment of ticket packages available to fit every budget."

An advance purchase saves up to 30 percent off gate prices, which go into effect January 18. The cost of an advance adult admission, 12 and older, is \$10 and \$15 at the gate. An advance child's admission is \$5 and \$8 at the gate (5 and younger are free), and an advance senior admission, 60 and older, is \$7 and \$9 at the gate. For details on this and other discounts, including the Mega Saver package, which represents a \$41 savings in advance, may be found online at <http://www.southfloridafair.com/tickets>.

The South Florida Fair, Palm Beach County's largest and oldest event, is starting its second century with a number of new attractions including an impressive 70,000 square foot exposition theme of "Washington, D.C., Our Nation's Capital." New entertainment offerings include a world class, patriotic ice show, an intriguing Elephant Encounter, a Firefighter Show and The Landshark Band. Returning fair favorites include pig racing, a petting zoo,

hypnotist Mark Yuzuik, Dennis Lee and the Sally Bennett Big Band orchestra. All are free with a Fair admission ticket.

National recording acts that have been booked include Jackyl, 10th Avenue North, Dustin Lynch and The Country Gold Tour. More than 90 rides will be open on the magical Wade Shows midway. Among the fair favorites are the thousands of farm animals and feathered friends gathered in the Agriplex and strolling through historic Yesteryear Village while perhaps munching on a famous corn dog or funnel cake.

For more information, call 561-793-0333 or visit the website, [www.southfloridafair.org](http://www.southfloridafair.org).



**Upcoming workshops at Delray Beach Center for the Arts**

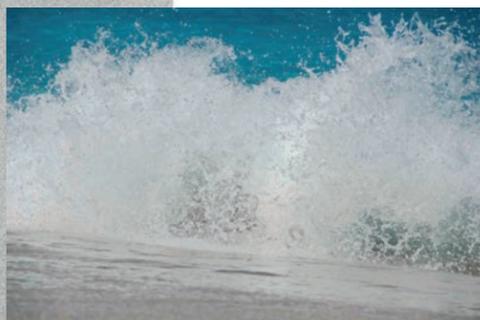
**January 4, 5 & 6, 2013**

Visiting Artist Workshop  
"Painting with Paper: The Abstract Landscape" 9:30 a.m. - 4:30 p.m., Fee: \$540  
In this 3 day hands-on intensive workshop, visiting artist, Mickey Bond, M.A. will explore a world of applications of abstract landscape painting.

**January 11, 12 & 13, 2013**

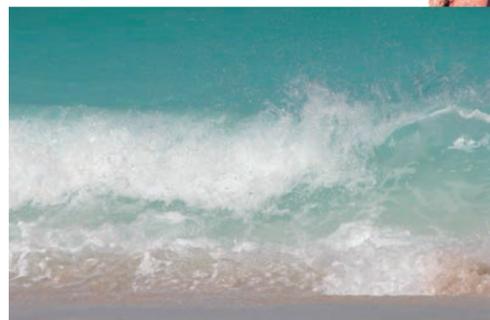
Visiting Artist Workshop  
"Introduction to Encaustics" 9:30 a.m. - 4:30 p.m., Fee \$540  
Master Artist, Ellen Komment will explore various paint application techniques to include fusing, glazing, inscribing and much more.

**Val Grant Studio**  
Artist / Photographer



206 NE 2nd St. #101  
(next to O'Connors)

ValGrantStudio.com  
864.561.4442



Pineapple Grove  
Delray Beach



**Library's 14th Annual Author's Showcase**

It will soon be that time of year again- National Book Month coming up in January. The Delray Beach Public Library, 100 West Atlantic Avenue, has once again selected the local authors for its prestigious 14th annual Author's Showcase to be held on Sunday, January 13, 2013 at 2:00 p.m. At this free event, the authors selected will speak briefly about their books and sell and autograph them as they meet the public. The books include fiction, non-fiction, biographies, memoirs and young adult literature. There are a wide variety of styles to match everyone's reading taste.

**The twelve authors scheduled to appear are:**

1. Sandi Krawchenko Altner, Boca Raton – Ravenscraig - fiction
2. Janet DeVries., S. Palm Beach – Pioneering Palm Beach - non-fiction
3. Rose Marie Dunphy, Delray Beach – Orange Peels and Cobblestones - fiction
4. Barbara Erlichman, Boynton Beach – One of A Kind - fiction
5. Esther Gropper, Lantana – Dance Until the Music Stops - fiction
6. Janet Kleinman, Delray Beach – Flirting With Disaster - non-fiction
7. Jake Packard, Delray Beach – The Manhattan Project - fiction
8. Vicki Penzell, Boca Raton - He Takes the Cake - non-fiction
9. Donald Scheer, Boynton Beach – From the Bronx to the Today Show - fiction
10. Liz Sterling, Boca Raton – Behind the Scenes - non-fiction
11. Lyndia Titus, Royal Palm Beach – I Got Kicked Out of Heaven Because of My PMS - fiction
12. Carol White, Delray Beach – From One Place to Another - fiction

For further information on these authors, this program or other Library programs, contact the Director of Community Relations at 561-266-9490 or visit our web site at [www.delraylibrary.org](http://www.delraylibrary.org).

*Join Project Maté Bar and create something from nothing*

Project Maté Bar cordially invites you and your family to be a part of a wonderful event taking place on "Three Kings Day" - Sunday, January 6th, 2013.

& refreshing Iced Red Berry Ma-Tea (a delicious blend of gourmet Meta Maté with organic red berries, ginger and rose hips)

The afternoon will be all about creating artwork from recycled materials promoting the concept of transformation as we assist our planet. They will be collecting materials and craft supplies from December 26th up to the day of the event, so bring them all of your post Christmas refuse, such as wrapping rollers, cardboard boxes, twisty ties, even old toys.

Project Mate Bar is fast becoming a new destination for meetings, art events and networking. They offer exclusive fashion items from around the world and a full line of traditional Maté utensils and accessories. Their art collection features world renowned artists and all pieces are one of a kind.

Project Maté Bar has a daily selection of freshly brewed Yerba Maté teas. Get in on this forward trend among those in search of a healthy, organic & sustainable, energy-boosting alternative beverage. Visit [www.projectmatebar.com](http://www.projectmatebar.com).



Artistic guidance and direction will be provided by featured Project Maté Bar artists. They will provide unlimited

**music**

by DrewTucker

Welcome to 2013 music lovers! This year promises to be a great one in the Delray Beach music scene, and we plan to keep you up to date with all of the movers and shakers by profiling one of their Delray Beach shows, as well as the artists themselves. We will also be getting back to helping you pick the best music for your tastes, for your night out on the town. To kick it off we wanted to give you a quick update on what some of last year's featured artists have been up to since we interviewed them last.



**Rachel Andes**

When we last spoke to Rachel, she was getting ready to launch the second act in her already successful music career. She has since recorded her first jazz album, performed to a sold out crowd at Arts Garage, and at Delray Beach Center for the Arts, and is recording her CD of originals in Nashville, TN. Rachel is currently booking her 2013 summer tour of the northeastern United States, and working with a booking agent in Europe, with a plan to begin touring Europe in 2014.



**Eric Biddines**

After we left off in February, Eric had just released the Southern FLA mixtape & the Southern FLA video. Since then Eric has focused on big success by making small constant steps day in and day out.

"I've focused on a idea I came up with called "Molding My Audience."

It keeps me ahead of myself because I only do what I want my fans and followers to accept," Eric says, "so I've put deep thought into making all of my projects, releases and shows, an individual and completely different experience." Eric went on to release an EP titled, "The Frozen Lake", produced entirely by a local producer by the name of J-Sharp.

Recorded during the time he was finishing Southern FLA, he released physical copies for free, exclusively at shows and on iTunes. Eric has began taking an even deeper emphasis on merchandise & apparel, selling coffee cups, shirts, sweaters, chains and more. Since we last spoke he's released a collaborative project and a couple more videos since the Southern FLA.

Now in the final stages of "planetcoffeebean 2", his second full studio LP, Eric is ready to take the next step for his fans. He says, "Going into 2013 the focus will be on turning my brand into an experience." Catch Eric at Arts Garage, backed up by a live band on February 2nd, at 9:00 pm.

His single "Coffee Cup" is now available on iTunes [www.ericbiddines.com](http://www.ericbiddines.com) and [www.planetcoffeebean.com](http://www.planetcoffeebean.com).

**Shawn Hagood**

Last we heard, Shawn was on the grind, doing what needed to be done to grow his craft, and following, in South Florida. Playing drums with RichKid Soundsystem, heading up the Joe Bonnamasa Street Team and being a first-call freelance keyboardist for some of the hottest South Florida hip hop acts. He



is still doing those things, but in addition, he is the steady keyboard player for the Dirty Heads, and has been touring with them since October. If you want to catch him locally, before he hits the road again, see him perform live at Delray Center for the Arts, January 11th, and with Eric Biddines, February 2nd, with the Classic Hip Hop band, Plaid Blazer. [Shawnhagood.com](http://Shawnhagood.com)

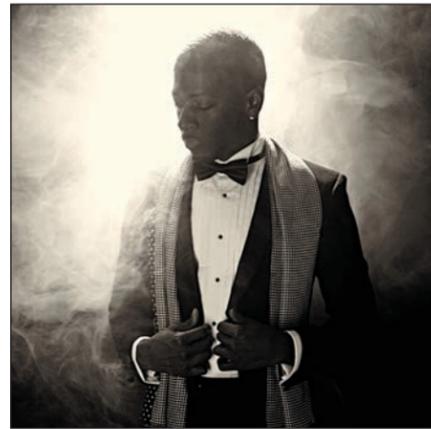
**Makiin**

Makiin was recently listed at #6 on the Broward New Times Top 10 Palm Beach Rappers and is working on her first solo album, titled "Makiin Moves." She has signed with a management company, "Man Meets Machine" (M3), in which both owners were a part of Notorious BIG's camp. Makiin opened up for Flo Rida & Frank Ocean in Brooklyn at Club OPM this past December 30th 2012. She will be dropping an interview with

NBC's very own Amanda Massa before the end of the year.

Along with her debut album dropping in 2013, she'll be shooting a documentary that coincides with the "Makiin Moves" album, entitled "A day in the life of Makiin".

[facebook.com/TeamMakiin](http://facebook.com/TeamMakiin)



**MusicJones Drew**

Since we last sat and spoke, a handful of things have occurred in the life of MJD. Our latest favorite song, "Believers" had dawned on iTunes this past November 29th. Prior to that he had the pleasure of getting a placement with top top New York City DJ, Statik Selektah, on his "1982 | 2012" album, and another with Shady Records/Bogis Brand

artist Ca\$h's "The Art Of Dying" album.

MJD's churning process continues as the Van Buren Court and I are in the final stages of my "Believers" album. And the revamped [www.MuzikJones.com](http://www.MuzikJones.com) is here so people can find everything out about MJD in one amazing place on the web. He plans to collaborate with a number of programs that focus on the uplifting of our community, such as the iPromote Peace and Art Officially Dope organizations, who do things such as host events to feed the hungry, and create opportunities for youth to display their many artistic talents in Palm Beach County. More music and videos are being released at the beginning of the new year.

**This Months Must - Hear List**

**January 5th**

8pm - Jace Vek will be with Drew Tucker, Jeff Oster, and Jonah Kim at Delray Center for the Arts. For tickets please visit [www.delraycenterforthearts.org](http://www.delraycenterforthearts.org)

**January 11th**

Plaid Blazer at Delray Beach Center for the Arts. Free outdoor concert series at the Pavillion.

**January 25th**

Rachel Andes Band at DADA

**February 2nd**

Eric Biddines LIVE at Arts Garage. For tickets please visit [www.ArtsGARage.org](http://www.ArtsGARage.org)

Drew Tucker is the Artistic Director of Arts Garage Performing Arts Academy and a freelance drummer and percussionist. Email him at [drew@artsgarage.org](mailto:drew@artsgarage.org) or twitter at [@tuckermusic101](https://twitter.com/tuckermusic101)

# ARTS GARAGE KICKS OFF 2013 IN STYLE!

The bubbly was flowing at Arts Garage when it was announced they had won both the \$30,000 Knight Arts Challenge Award and the \$20,000 Knight Arts Challenge People's Choice award. These amazing achievements mean the good times will get even better at this outstanding cultural venue, and January promises to set the tone for an outstanding New Year!

"In the short amount of time since the Arts Garage opened, it has garnered a big local following. The strength of its programming was reflected by the fact that so many people supported it for the first ever People's Choice Award for up-and-coming organizations," said Dennis Scholl, Vice-President of Arts for the Knight Foundation.

"These awards assist us in continuing and expanding our incredible programming," said Alyona Ushe, Executive Director of Arts Garage. "And we are kicking off the year in style."

Ushe is particularly excited about the caliber of performances coming up. "We are having Bob Margolin, who is one of the last remaining members of the Muddy Waters band. This show is going to be an amazing experience."

Margolin literally learned with the best. "In 1973, I went to see Muddy at Paul's Mall in Boston," he recalled. "He had seen me in opening bands and had been very encouraging to me because I was trying to play his style of 'Old School' (Muddy's term) Chicago Blues. He had just lost long-time guitarist Sammy Lawhorn and he hired me to play in his band. While most musicians in modern times learn from listening to recordings, Muddy put me on his right side on the bandstand so I could watch him play guitar. I sure appreciated that opportunity while it was happening, and tried to use it to learn to give Muddy what he wanted on the bandstand, and for myself."

Another legend hitting Arts Garage stage is Randy Brecker who has been shaping the sound of Jazz, R&B and Rock for more than four decades.

"His trumpet and flugelhorn performances have graced hundreds of albums by a wide range of artists including James Taylor, Bruce Springsteen, Parliament Funkadelic, Frank Sinatra, SteelyDan, David Sanborn, Jaco Pastorius, Horace Silver and Frank Zappa," said Ushe. "His show will be sensational!"

But Jazz and Blues greats are not the only draws this month. Theatre at Arts Garage brings their second production, Gloucester Blue by renowned playwright Israel Horowitz to the stage.

"Gloucester Blue is a black comedy about a man who returns home after a long absence and encounters all manner of infidelities and murders," said Ushe. "It was written multi-award winning playwright Israel Horowitz."

Horowitz has written over 70 produced plays and his screenplay for the film, *Author!*, starring Al Pacino was largely autobiographical.

"We presented a reading of this play during our festival last year, and it was such a success that we decided to add it to this season's repertoire," she said. "It's not to be missed!"

Ushe is also thrilled to announce two special complimentary community events: an open house for the Performing Arts Academy at Arts Garage featuring a meet and greet with the talented teachers and a performance by the Academy's own student band, the Grease Monkeys. This will be followed by an Arts Garage Open House hosted by the Arts Garage Guild, where guests will sample an artistic menu along with wine and hors d'oeuvres.

"These events are wonderful opportunities to see what Arts Garage is offering and to learn about getting involved with this growing and dynamic part of our community," said Ushe.

For more information and tickets, [www.artsgarage.org](http://www.artsgarage.org) or call 561-450-6357.

## Friday 1/4, 7:30 pm

### Divas in Art:

Tickets: \$15-\$25 in advance  
\$5 more at the door.

This handful of talented young drag divas has been tickling Arts Garage audiences since the beginning. Experience the vocal samplings and frisky humor of some of South Florida's best female impersonators. Pairing entertaining covers of classic favorites with sassy audience interactions, the ladies have captured a cult following that grows with

every performance. Come witness these luscious "ladies" strut their stuff!

## Saturday 1/5, 8:00 pm

### Jazz Project:

#### Lenore Raphael and Howard Alden

Tickets: \$25-\$35. \$5 more at the door

Lenore Raphael, a Steinway prodigy, performed at Carnegie hall when she was still a teenager. Now, she spends her time at major international jazz festivals and packed performance venues. Her swinging beats and deft fingers have earned her a spot at the top of the jazz piano roster of heavy-hitters.

Joining her for this performance is Howard Alden, a 7-string guitar master. As jazz critic Wayne Thompson of Jazzscene writes, "If there are better young jazz guitar players in America than Howard Alden, I have yet to hear them." He has won dozens of awards and has been featured in movie soundtracks, including Woody Allen's 1999 Academy Award-Nominated *Sweet and Lowdown*.

Together, this skillful duo delights audiences with harmonious melodies, peppered with surprising improvisation.



Lenore Raphael

## Friday 1/11, 7:30 pm

### Jazz Project:

#### Federico Britos

Tickets: \$25-\$35. \$5 more at the door

There is no greater proof of the universality of jazz and classical music than the career and life work of violinist Federico Britos. This titan of the violin, who is equally adept within the world of jazz music as he is in the classical realm, has built a solid reputation worldwide. In the span of his career, he has performed with almost all the living legends, including Dizzy Gillespie, Dexter Gordon, Duke Ellington, Nat King Cole, Woody Herman and Benny Goodman. Grammy winner Paquito d'Rivera credits Britos with introducing bossa nova in Cuba, and he has since gained recognition as one of the most versatile and talented instrumentalists of his generation. He has won five Grammy awards and collaborated on countless albums. Arts Garage is honored to feature this music legend for a concert that showcases this extraordinary talent.



Federico Britos

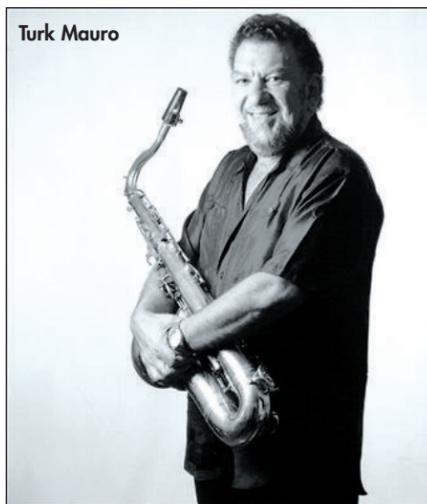
## Saturday 1/12, 8:00 pm

### Jazz Project:

#### Turk Mauro

Tickets: \$25-\$35. \$5 more at the door

Saxophone giant Turk Mauro is known worldwide for his precision and flare. First introduced to music through his father, a swing musician, Turk went on to play sax with Dizzy Gillespie. He then embarked on a stellar solo career that took him around the world. His comfort with a range of styles, from big band swing to hard bop and classic jazz, has earned him a reputation as one of the most versatile saxophone artists in the region.



Turk Mauro

## Open House at Arts Garage

### Sunday 1/13, 8:00 pm

12pm - 3pm | Performing Arts Academy at Arts Garage Open House (complimentary, online reservation suggested)

Presenting the highest level of performing arts education. Meet the talented staff and enjoy Academy's own student band Grease Monkeys.

5pm | Arts Garage Open House hosted by the Arts Garage Guild - complimentary (online reservation suggested)

Sample our artistic menu, meet our creative volunteers and leadership teams, and enjoy wine and hors d'oeuvres on us. Featuring jazz vocalist Charmaine Forde and introducing our own Grease Monkeys.

## Tuesday 1/15, 7:30 pm

### Martin Luther King Jr. Event

Suggested donation: \$15

The great Dr. King died 44 years ago, but he comes to life in this one-man show starring Tony Thompson. Benefits Auroras Voice, devoted to continuing the work of Gandhi and King.



Mike Levine

## Friday 1/18, 7:30 pm

### Jazz Project:

#### Mike Levine

Tickets: \$25-\$35. \$5 more at the door

Mike Levine is a man of many talents. After studying piano at the University of Miami, his career took off and has spanned genres and generations. He has collaborated with some of today's forefront musicians, like Jaco Pastorius, Michael Bolton, Ed Calle, and Duffy Jackson. His new album *Thinking of You* landed him on Billboard for five weeks in the top 30, as well as on the SmoothJazz.com Indie chart for 17 weeks. He entertains audiences with a variety of styles, at one moment playing seductive jazz from the heart and next rocking toe-tapping rhythm that gets people moving. He is as comfortable playing jazz classics as he is original compositions, and



Randy Brecker

always delivers a performance that brings audiences back for more.

## Saturday 1/19, 8:00 pm

### Garage Blues:

#### Bob Margolin

Tickets: \$25-\$35. \$5 more at the door

Inspired by Chuck Berry, Bob Margolin began playing guitar in 1964. A mere nine years later, Muddy Waters hired him, and Bob learned volumes from playing alongside him during performances. Margolin was featured with Muddy Waters in Martin Scorsese's *The Last Waltz* in 1976. He has recorded numerous albums, and in 2005 was honored with the W.C. Handy award for best instrumentalist. Nicknamed "Steady Rollin'" for his mellow tunes and rolling melodies, Margolin brings a classy elegance to his music and redefines old blues standards.



Bob Margolin

## 1/25 - 2/17

### Wednesday - Friday, 7:30 PM

### Saturday, 2:00 PM - Sunday, 7:00 pm

### Theatre at Arts Garage:

#### Gloucester Blue

Tickets: \$25-\$40 in advance

Sex, murder and mayhem in a sleepy New England seaside village; now, that's pure Chamber of Commerce! The renovation of an old Gloucester, MA harbor house is the setting for master playwright Israel Horowitz' dark comedy; the latest in his series of "Gloucester plays." As two painters apply the specific "blue" selected by the privileged lady of the house, revelations of old connections and mounting sexual tensions explode when her husband returns home to all manner of bondage, bad blood, and bedlam.

## Saturday 1/26, 8:00 pm

### Jazz Project:

#### Randy Brecker

Tickets: \$25-\$35. \$5 more at the door

South Florida legend Randy Brecker is one of the most versatile trumpeters in the industry. Well-known as part of the popular duo The Brecker Brothers and nominated for seven Grammy awards, Randy has also recorded and toured with music legends like Jaco Pastorius, Blue Oyster Cult, and Bruce Springsteen.

Randy Brecker has played music practically since he could walk, and has been swinging audiences for over 40 years. He began playing R&B and funk in local bar bands while in his teens, and developed an ear for hard bop through his father's record collection. When he was just 22, he won the first International Jazz Competition in Vienna. He is perhaps best known as part of the duo The Brecker Brothers, a group he formed with his brother, late trumpeter Michael Brecker. Together the Brecker Brothers were nominated for 7 Grammy awards, and won 2 Grammys for their 1994 album *Out of the Loop*.

## Cultural Council announces 2-for-1 discounts to arts and cultural destinations for hotel guests

LAKE WORTH, FL. – The Cultural Council of Palm Beach County is once again offering Palm Beach County hotel guests 2-for-1 discounts with its 'Culture Key' program. Culture Key gives visitors who stay in Palm Beach County hotels special 2-for-1 discounts to over 30 cultural destination-stops throughout Palm Beach County. From art museums to the zoo, courtesy of the Cultural Council and its many cultural venues, Culture Key offers something for everyone.

"Culture Key is our way of welcoming guests by helping them double their entertainment budget, and giving them a chance to discover first-hand why Palm Beach County is Florida's Cultural Capital," said Bill Nix, the Cultural Council's Vice President of Marketing and Government Affairs.

The cultural community of Palm Beach County has come together as truly a "community united," offering the very best way to experience Florida. In addition to palm-lined beaches and first-class shopping and hotels, there are hundreds of museums, theatres, performing arts centers, and nature-based venues with gardens, galleries, and eco-sites. Visitors in town for business or pleasure are invited to discover artwork by world-renowned masters or catch a dazzling performance piece by national and local talent, visit our gardens or learn about our animals. Participating cultural and arts organizations say, "Welcome to Palm Beach County" – where Culture has found its place in the sun®.

Here's how Culture Key works: Pick up Culture Key at PBI, participating hotel, the Cultural Council at 601 Lake Avenue in

Downtown Lake Worth, or online at [www.palmbeachculture.com/ck](http://www.palmbeachculture.com/ck). Choose a cultural attraction you'd like to attend from venues and call the phone number listed for details and ticket availability. Then, fill out the Ticket Voucher. Present the ticket voucher and your hotel room key/card at the box office or admissions window of the cultural venue, and receive a second ticket FREE with the purchase of one at regular price.

\*Some cultural venues participating in Culture Key may offer another type of discount in place of a 2-for-1 ticket offer; (offer good through March 31, 2013 and cannot be used as rain checks.)

To assist in planning your visit, check in frequently with the Cultural Council's Events Calendar at <http://artscalender.com/thebeaches>. There, you will find hundreds of arts and cultural events taking place all over Palm Beach County 24/7 and year-round!

### About the Cultural Council of Palm Beach County:

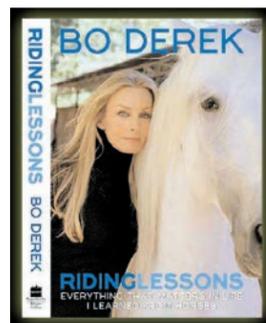
The Cultural Council is Palm Beach County's official arts agency and serves non-profit cultural organizations and professional artists throughout the county. The Cultural Council's responsibilities include marketing the county's cultural experiences to visitors and residents, administering grants to organizations and artists, expanding arts and cultural education opportunities, advocating for funding and arts-friendly policies, and serving cultural organizations and artists through capacity building training and exposure to funders and audiences. For more information, please visit [www.palmbeachculture.com](http://www.palmbeachculture.com).

## Bo Derek to Open 10th Anniversary Season for International Polo Club Palm Beach

WELLINGTON, FL. – What a perfect way to get the ball rolling on a new polo season at the famed International Polo Club (IPC).

Get the "Perfect 10" herself, Bo Derek - still gorgeously recognizable since her 1980s smash hit 10 - to throw out the season's first polo ball for the opening cup matches and to launch a new season at the IPC.

And not just any season - but the Club's highly anticipated 10th Anniversary Season. Perfect. Ms. Derek will do the opening day honors with the coin toss at the International Polo Club on Sunday, January 6. The match begins at 3 p.m. Opening day competition will feature the finals of the season-opening, 20-goal Herbie Pennell Cup. To the delight of polo fans, two high-goal polo teams will take the field in the sport's most beautiful polo stadium.



IPC club president, John Wash, expects the 2013 polo season will be the best the Club has ever hosted. During the upcoming season, all eight of the world's 10-goal polo players will compete in IPC tournaments. With 10 goals being the highest handicap that can be attained in polo, local fans are guaranteed to see the game's most elite players.

Along with the top seven players from Argentina, including Adolfo Cambiaso, and David "Pelon" Stirling from Uruguay, the highest rated American player, Julio Arellano, with 9 goals, will also bring his talents to IPC.

Some of polo's most prestigious tournaments are scheduled at IPC this season as well. "It has taken a great deal of dedication and hard work to get to where we are today," said Wash. "We continue to attract not only the top players and teams from around the globe, but we have managed

to attract and keep the top polo tournaments in North America with the C.V. Whitney Cup, the USPA PIAGET Gold Cup, and the prestigious USPA Maserati 109th U.S. Open Championship."



On opening day, additional horsepower will be on display as IPC also hosts a preview of SuperCar week, featuring dozens of high-end, high-performance Maseratis, Ferraris, and Lamborghinis. "This 10th season, the Club is offering more than just polo," Wash added. "We feel that as the Club has developed and matured, it's become a Sunday afternoon destination for anyone looking for excitement and social interaction, along with some of the best polo in the world."

As a published author, Ms. Derek also wrote Riding Lessons: Everything That Matters in Life I Learned from Horses, a candid look at the life of a California beach girl, who at a young age was thrown into fame by becoming the epitome of California's desirable "It Girl."

"We're thrilled to have Bo on hand to help us celebrate the start of our 10th anniversary season," Wash says. "Being someone who loves horses and appreciates polo at a world-class level, she's a perfect choice."

Again. Ticket prices for Sunday polo at the world-famous International Polo Club range from \$10 general admission to \$120 box seating. Tickets for Sunday brunch at The Pavilion and its reception start at \$55, upward to \$330 for the Veuve Clicquot brunch package for two.

For more information about the IPC, tournament information, sponsorship, and tickets, please call 561-204-5687 or visit [InternationalPoloClub.com](http://InternationalPoloClub.com).

**Save the Date!**  
**LAUGH**  
with the Library  
Featuring Comedian  
**Tom Cotter**

Finalist in this year's "America's Got Talent" (first comedian finalist ever)

DOORS OPEN 7:30 PM  
SHOW TIME 9:00 PM

**Friday, February 1, 2013**  
at Delray Beach Marriott

Proceeds to benefit the Delray Beach Public Library Children & Teen Programs

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Contact Kimberley Trombly-Burmeister  
[ktburmeister@delraylibrary.org](mailto:ktburmeister@delraylibrary.org) or call 561.266.0775.

## DELRAY BEACH WELCOMES BACK ITS SIGNATURE FESTIVAL OF THE ARTS

DELRAY BEACH, FL. – Downtown Delray Beach welcomes back its signature art affair January 19 & 20, 2013. Sunshine Artist Magazine consistently ranks this two-day juried festival as one of the best art events in the U.S. This outdoor gallery style exhibit is the largest art affair in South Florida, spanning one mile of Atlantic Avenue in Downtown Delray Beach, starting at US1 and continuing east over the Intracoastal Waterway all the way to A1A and the Atlantic Ocean. A portion of the proceeds benefits the Delray Beach Downtown Development Authority. Admission is free and open to the public.

"Our roots are humble," says festival promoter Howard Alan. "We started 24 years ago in the Atlantic Plaza, the show wrapped around the entire parking lot but we quickly outgrew the location, spilling onto Atlantic Avenue."

The festival now features 300 of the finest artists in the country from more than 30 states. The exhibitors are juried by an independent panel of expert judges and hand-selected from hundreds of applicants based on quality and diversity. All artists will be on site for the duration of the festival, available to discuss their work and inspiration. All of their artwork is original and handmade in America.

### Festival At - A - Glance:

- Juried gallery style outdoor art showcase
- Consistently ranked among top 100 fine art shows in the country by Sunshine Artist magazine
- Largest art affair in South Florida spanning one mile of Atlantic Avenue in Downtown Delray Beach
- Original Art - Handmade in America
- 300 artists from 30 different states
- Prices set to suit all budgets - ranging from as little as \$25 to \$30,000
- Artists hand-selected by independent panel of expert judges from hundreds of applicants
- All artists on site for duration of festival
- Vast array of artistic media:
  - Paintings • Life Size Sculptures
  - Photography • Ceramics
  - Glass • Wood
  - Handmade jewelry • Collage

For additional information on the 24th Annual Downtown Delray Beach Festival of the Arts and other Howard Alan Events art and craft shows across the country, visit [www.artfestival.com](http://www.artfestival.com) or call 561-746-6615.

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**Jan. 11:**  
PLAID LAZER - Old School Hip-Hop

**Jan. 18:**  
LA REQUINA - Salsa

**Jan. 25:**  
AMBER LEIGH - Country

**POKER FOR PATRIE**

**On January 5th, 2013 join Delray Beach Fire Rescue and go "ALL IN" for the Patrie family.**

**EVENT: No Limit Texas Hold 'Em Fundraiser**

**Location: Seagate Hotel Delray Beach  
1000 E. Atlantic Ave**

**Time: 6:00 pm registration  
7:00pm first hand dealt**

**Buy in: \$50 donation = 10,000 chips  
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**RSVP: A MUST!**

**Mike Rodriguez  
561-779-4106  
[rodriguem@mydelraybeach.com](mailto:rodriguem@mydelraybeach.com)**

**Tournament will be capped at 150 Players.**

# THEATRE AT ARTS GARAGE

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## GLOUCESTER BLUE

BY ISRAEL HOROVITZ (\$30-40)

FRI, 1/25-SUN, 2/17 • WED-FRI, 7:30PM | SAT, 2PM | SUN, 7PM

### OPENING NIGHT FRI, 1/25, 7:30PM

MEET THE CAST wine and cheese reception after opening  
Two-time Obie Award winner, internationally renowned playwright Horovitz brings his dark comedy of sex, murder, and mayhem to Arts Garage.



COMING NEXT: **LUNGS**  
BY DUNCAN MACMILLAN  
MARCH 15-APRIL 14, 2013



## COMING SOON TO ARTS GARAGE...

Sat, 1/5, 8pm

### Jazz Project

**Lenore Raphael with Howard Alden (\$25-35)**

Piano prodigy Raphael pairs with seven-string guitar master Alden



1/11, 7:30pm

### Jazz Project | **Federico Britos (\$25-35)**

Five-time Grammy Award winning master violinist

Sat, 1/12, 8pm

### Jazz Project | **Turk Mauro (\$25-35)**

One of the most talented and versatile saxophonists in Florida

Sun, 1/13

### 12pm - 3pm | **Performing Arts Academy at Arts Garage Open House (complimentary, online reservation suggested)**

Presenting the highest level of performing arts education. Meet the talented staff and enjoy Academy's own student band Grease Monkeys.

### 5pm | **Arts Garage Open House (hosted by Arts Garage Guild) (complimentary, online reservation suggested)**

Sample our artistic menu, meet our creative volunteers and leadership teams, and enjoy wine and hors d'oeuvres on us. Featuring jazz vocalist Charmaine Forde and introducing our own Grease Monkeys.

Tue, 1/15, 7:30pm

### SPECIAL EVENT

**An Interview with Martin Luther King by Pablo del Real (\$15 suggested donation)**

The great Dr. King died 44 years ago, but he comes to life in this one-man show starring Tony Thompson. Benefits Auroras Voice, devoted to continuing the work of Gandhi and King.

Fri, 1/18, 7:30pm

### Jazz Project | **Mike Levine (\$25-35)**

Composer, pianist and producer of the best in "smooth jazz"

Sat, 1/19, 8pm

### Garage Blues | **Bob Margolin (\$25-35)**

Guitar guru, last living member of The Muddy Waters Band



Sat, 1/26, 8pm

### Jazz Project | **Randy Brecker (\$25-35)**

Jazz trumpeters, five-time Grammy Award nominee



arts garage

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# arts garage

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#### GREASE MONKEYS

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3/25 - 3/29

SUMMER '13 CAMP  
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**OPEN HOUSE**  
SUN 1/13 • 12pm-3pm

Learn more about the academy & meet the talented teaching staff including Director, Drew Tucker.

\*With a special performance by Academy's own student "street" band.



**grease monkeys**

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CHECK OUR WEB SITE FOR MORE DETAIL AND UPDATES. New classes are being added all the time and scholarships are available.



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## South Beach Blast

**Who:** Art Deco Society of the Palm Beaches

**What:** One-Day Bus Trip to Miami Beach Art, Antiques & Architecture!

**When:** Sunday January, 20 2013

**Departure Location**

**Where:** Delray Beach Public Library / 100 West Atlantic Ave. / Rear Parking Lot Depart 9:30 a.m. SHARP

• A Champagne Continental Breakfast of Mimosas & Muffins Will Be Served!

• Visit the Jewish Museum ... on exhibit "Project Mah Jongg" & "New York Daily News Mel Finkelstein Photos"

• Three Course Lunch at The Art Deco Astor Hotel at the "La Casa Fiorentina"

• Tour the Art Deco Architecture of Ocean Drive

• Visit to 36th Annual Art Deco Weekend Street Festival

• Free raffle prizes and videos for the ride home! Home Arrival approx. 6 p.m.

**Cost:** All Inclusive! \$94 per person

**RSVP ~** Delray Beach / Sharon Koskoff (561) 276-9925

**Email:** ArtDecoPB@comcast.net

**Website:** ArtDecoPB.org

## Sunday Musical Matinee Series – 2013 Returns to the Delray Beach Public Library

The Delray Beach Public Library, 100 West Atlantic Avenue, is pleased to announce the return of its highly successful Sunday Musical Matinee Series. Due to the generosity of an anonymous donor the Library will once again feature a stellar line-up of talent. You can enjoy wonderful musical programs and help support the Library at the same time.

A "subscription" to this series is available at \$45 per person for all four performances. All tickets can be purchased at the Library Circulation Desk. Tickets for individual shows are available for \$15 per person. The 2013 season offers a wide variety of music appealing to all ages. It is the best deal in town!

### The schedule is as follows:

• Musical Program #1 – Sunday, January 27, 2013 @ 2:00 p.m. – Brazilian Jazz guitar & vocal duo Rose Max & Ramatis will feature the beautiful voice of International favorite Rose Max and the Brazilian acoustic guitar of Ramatis in a soulful mix.

• Musical Program #2 – Sunday, February 10, 2013 @ 2:00 p.m. – Award-winning and critically acclaimed cabaret vocalist Rob Russell will feature piano and drum accompaniment to round out a delightful afternoon of Broadway, contemporary and American popular music.

• Musical Program #3 – Sunday, March 10, 2013 @ 2:00 p.m. - One of Florida's finest violinists, Mei Mei Luo, first violinist and founder of the Delray String Quartet, will perform with piano accompaniment an afternoon of classical music favorites.

• Musical Program #4 – Sunday, April 21, 2013 @ 2:00 p.m. – To celebrate Jazz Appreciation Month, you will be entertained by the Susan Merritt Trio featuring jazz vibraphonist Nathan Skinner.

All performances will be held in the Library Auditorium and doors open at 1:30 p.m. All seats are on a first-come, first-served basis. For further information on purchasing tickets, call the Director of Community Relations at 561-266-9490, the Circulation Desk at 561-266-0194 or visit [www.delraylibrary.org](http://www.delraylibrary.org).

## Delray Beach Playhouse Announces Auditions for "The Last Romance"

THE LAST ROMANCE – A Comedy by Joe DiPietro

Auditions: January 14 and 15 at 7:30

Production Dates: March 22 – April 7, 2013

3 Men (one 20-30, one over 70)

2 Women (70's)

Joe diPietro is best known for the musicals *I Love You, You're Perfect, Now Change* and *Memphis*, but his comedies are sure-fire crowd pleasers. This one depicts the unlikely relationship that develops between two senior citizens who meet in a dog park. There's not a cliché in this show! [No jokes about medicare or early-bird specials.] It's an intelligent play about two intelligent people who are astonished (and a little non-plussed) to discover that they might have (finally) met their ideal mate!

Auditions at The Delray Beach Playhouse, 950 NW 9th Street, Delray Beach, FL 33444 For information, call 561-272-1281 Ext. 4.



Vino Van Gogh is Delray Beach's newest spot for arts and entertainment

DELRAY BEACH, FL – Looking for something fun to do that is interactive and creative? Vino Van Gogh offers step by step instruction on one of their featured paintings in a stress-free upbeat studio. The best part? You leave with a beautiful masterpiece you created all on your own.

Everything you need is offered. Canvases, paints, brushes, easels, smocks, instruction.... and more. Plus, they offer beer, wine, soda, and other non alcoholic beverages to help make your experience more enjoyable! Come by and release your inner artist and Vino Van Gogh will take care of the rest!

They also have a boutique in their store with unique gift items.

Now open at 153 NE 4th Avenue in Pineapple Grove, visit their website at [www.vinovangoghflorida.com](http://www.vinovangoghflorida.com), pick a painting and reserve a seat.

Online reservations are available or just call to 561-272-5272. Grand Opening festivities are taking place on January 17th from 5:30-7:30. Be sure to stop in for a glass of wine. There will be music, raffles, and giveaways.

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# FIRST-OF-ITS-KIND SUPPLEMENT BRAND STARTS IN DELRAY

## *Beauty Bumps GROW is a revolutionary beauty product you eat*

DELRAY BEACH, FL – Voted the number one beach town, an arts and cultural hub, located between the sexy city of Miami and affluent Palm Beach, Delray Beach will also be known for being the birthplace of the new first-of-its-kind supplement brand Beauty Bumps.

Beauty Bumps GROW is a revolutionary hair TREAT “mint” Supplement YOU EAT. Formulated with the highest quality, carefully selected, all natural and vegan ingredients, Beauty Bumps GROW is clinically shown to increase your hair growth 42%. It’s a dietary beauty supplement that tastes like a mint that you eat to grow your hair!

Delray Beach residents and local salon owners Peter and Mark Hasche - De Rosa (PeterMark Salon) teamed up over a year ago with Erin Heit, marketing guru of Glacéau Vitaminwater, FUZE and

Celsius, to collaborate on a project that would forever change the supplement and salon industries. The partners have been salon owners for over nine years and each has over 15 years in the industry. They realized clients were becoming more educated about what they put into their bodies and how it was affecting their appearance. Salon clients were turning to their hair professionals to ask what they needed to take in order to achieve their beauty goals.

Soon thereafter, they turned to their longtime friend, and now business partner, Erin Heit, for her business and marketing advice. Ms. Heit immediately realized they had identified a huge opportunity for their salon and for salons across the globe. Ms. Heit, at the time, was immersed in the supplement industry and learning that the ‘Beauty from Within’ category was

the industry’s fastest growing. However, there was a huge lack of innovation and marketable brands to deliver such supplements. They all agreed they could each contribute their strengths and develop the right brand, at the right time, and in the right channel of trade. And that is when their company Salon Supplements was established, and immediate work on a unique brand was begun.

This team of young entrepreneurial innovators has launched their first brand Beauty Bumps GROW. The ingredients in Beauty Bumps GROW work together in giving your body what it needs to support hair growth, as well as multiple other beauty benefits.

Beauty Bumps GROW works using four main actions:

- Reduces DHT, which is one of the primary causes of hair loss



- Supports anti-aging of the hair follicle
- Significantly improves circulation, which is essential to healthy hair
- Helps reduce the effects of stress on the body

Beauty Bumps GROW is available at PeterMark Salon and will be available at several other select high-end salons. For more information visit BeautyBumps.com.

### advice



## “... Then Jack Happened”

**Question:** New Year is coming and I’m thinking of skipping my yearly crash diet where I lose 15 pounds and put on 20 by March. What are your thoughts on News Years Resolutions and am I doomed?

**Answer:** Yes, you probably are doomed to repeat last year’s failure in the weight loss department. But have no fear! Nothing is lost! Of course you can have a successful New Year’s resolution, you just need a better approach.

I’m not that excited about New Year’s resolutions. Obviously, as an advice columnist, I see value in self-help. On the other hand, limiting that self-help to once a year, encouraged by the guilt of gym ad hard bodies and gluttony, is destructive to actually achieving the results a New Years Resolution is intended for. Failure seems to occur more frequently when the resolutions take the ‘lose 15 pounds’ form, a kind of black-and-white, finish-line sort of goal. Rather than trying something specific and unreasonable like ‘No drinking before noon until Easter,’ it is more sensible to establish guidelines to reach more general goals such as, ‘be friendlier to my family.’ We don’t live in a black-and-white, finish-line world, despite appearances. Life is a process and you are a human being.

Addressing your goal, you will likely be down on yourself until you lose the 15 pounds, drinking kale juice, watching TV on an elliptical, and counting pounds. But once the weight is lost, where do you go? You’re fifteen lighter, you feel successful, you’re hot to trot, but then it sinks in that maybe it sucked to get there and now it’s easy to slack on the miserable-ness you endured to cross the finish-line. The trick is to establish routines and habits that you can live with, accept your shortcomings and fallibility without punishing yourself, and turn your resolution into a lifestyle. Go for a salad at dinner, but don’t get mad at yourself if you have some cheesecake, that stuff is good. Set short-term goals (go for three runs this week for example) that are achievable and facilitate your journey towards the person you want to be. Try and make more good decisions towards your routine then bad ones. And be Patient. Depending on what you want, realize this is a process.

My most successful resolution, based upon this system, was three years ago. It was: ‘Improve Personal Hygiene.’ An admirable goal for a guy occasionally inconsiderate of his neighbors. Don’t be under the impression that I am, or ever was, monstrous. But a missed shower post bike ride pre-bar hop, avoidance of hand sanitizer, or the use of friends’ toothbrushes (if at all) have occurred. Failure would have been a finish-line goal such as ‘Have a beautiful smile by Valentine’s Day.’ Impossible. But, I started flossing regularly until it became weird when I forgot to, and if I thought, ‘should I de-odorize? Should I shampoo? Is it a bad idea to wear this shirt again?’ I would generally answer that question affirmatively and try to follow through. Am I paradigm of germ free living? Absolutely not. Am I above average in the sanitation department? Sure thing, ladies. That’s when resolutions work, when they become consistent life long habits, thus eliminating the need to re-hash the same, tired finish-line every year. But the backsliding sure can be fun, pink eye anyone?

Send along any questions about life to [Andthenjackhappened@gmail.com](mailto:Andthenjackhappened@gmail.com), it is better than consulting Johnny Walker.

# GOASKMOE

GoAskMoe is a blog about everything and anything to do with Hair and Nails. Moe is a team of talented, resourceful and experienced cosmetology professionals. You can find this dynamic team at Blush Salon on Pineapple Grove in Delray Beach or Elite Cosmetology School in Southern California. Why Ask Moe?? Moe has over 70 years combined education and experience in the beauty industry that spans from Europe to California and up and down the East Coast. All of this, at your fingertips, in Downtown Delray Beach, Florida.

**Q:** What is a Keratin treatment and can a color and a Keratin Treatment both be done on the same day?

**A:** Keratin is found in all areas of the body including skin, hair, nails and teeth. When it comes to your hair, damaged keratin will look dry and brittle. Keratin treatments protect and smooth hair shafts by coating the hair follicle. The cortex (second layer of hair) is changed after the bonds of keratin are applied. Keratin is used to change the structure of the hair on the inside of the shaft and then bonds and locks into place on the outside of the hair follicle. The Keratin is up to an 80% frizz reducer and 20% curl reducer.

Hair should be colored either the day of the Keratin Treatment or any time after the hair is colored. If you choose to color your hair prior to the Keratin Treatment, we recommend you wait at least 2 weeks before the Treatment is done. You may ask yourself, how long do I have to wait to wash my hair after the Keratin Treatment is done? 3 days is the minimum time you can go with a leave-in conditioner. On the 4th day, use a rinse out conditioner. If your hair gets wet during the 3 day waiting period, you should blow dry and flat iron your hair immediately and contact your stylist as soon as possible to make sure you have not reversed the effects of your treatment. If you plan on getting your hair cut, the color should be done before the Treatment is applied, followed by the cut afterwards. Keratin Treatment usually last for 3-5 months depending on care. You can usually do another treatment after 2-3 months.

You should never get a Keratin treatment when you are pregnant and children’s hair should not be treated. A Keratin Treatment usually costs \$200 - \$450, depending on length and density of your hair. If you have further questions, contact a licensed professional prior to getting any services done to your hair. Once applied, it’s hard to reverse any damage that may have occurred.

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 dine out

## THREE FLOORS OF BUDDHA'S BEST: DOORS OPEN TO BUDDHA GARDEN

Delray Beach, Florida – December 27, 2012 –Atlantic Avenue's only rooftop dining experience, Buddha Sky Bar, is now offering guests a new view from the first floor. The long awaited debut of Buddha Sky Bar's ambitious expansion is here and South Florida locals and visitors are flocking to the now three-story, 10,000 square foot Asian Fusion eatery set to a backdrop of breathtaking architectural design and exquisite décor. The new first floor, aptly titled "Buddha Garden," allows the restaurant to serve more Buddha fans than ever.

"After months of planning, we are so thrilled to be open and able to share Buddha Garden with our guests," said owner, Christopher Licata. "We wanted to enhance the experience, give our fans something new and the response so far has been amazing"

Ft. Lauderdale-based PDT International designed the unique setting for Buddha Garden and the space includes a new sushi and sake bar, cherry tree, waterfall and living walls. Buddha Garden also offers both an indoor and an outdoor bar, including one that opens

onto Atlantic Avenue.

Guests can expect more of a late night lounge feel on weekends and local favorite, DJ Crunch

Time, has been named the official in-house DJ; spinning for crowds on Thursdays, Fridays and Saturdays. Buddha Garden will also offer late night sushi to hungry diners until 2am on Fridays and Saturdays.

In addition to the 96 seats that the intimate third floor currently holds, Buddha Sky Bar's second floor has been upgraded as well to include private space, hosting 110 people in total and customizable conference rooms available with direct access to multimedia, leaving the space open to corporate or holiday events from groups of 8 to 60. Buddha Sky Bar prides itself on providing an exceptional experience for parties of any size and is


 BUDDHA  
GARDEN

looking forward to becoming a go to venue for special events.

Buddha Garden seats 120 guests and offers a completely different atmosphere than Buddha Sky Bar, while serving the same cuisine that earned them Open Table Diners' Choice Awards for Top Asian Restaurant in Southeast Florida and Palm Beach County Hot Spot.

"It's the same great experience and food, but in a larger space that can accommodate more guests and a breathtaking new aesthetic," says General manager, Damian Burke.

For more information on Buddha Sky Bar or Buddha Garden, visit [www.BuddhaSkyBar.com](http://www.BuddhaSkyBar.com).

## Crane's BeachHouse welcomes 400+ friends to 10-10-10 Win-Win-Win birthday party

More than 400 friends and fans attended the recent 10-10-10 Win-Win-Win Birthday Party at Crane's BeachHouse Hotel & Tiki Bar, the popular, Key West-style boutique hotel in Delray Beach.

"We celebrated the hotel's 10th birthday by partnering with 10 popular restaurants and 10 local nonprofit organizations in a win-win-win promotion in which everyone had a good time and everybody benefited," said General Manager Cathy Balestriere.

The participating restaurants were competing for both the exalted title of Best Bite on the Ave and the chance to win \$500 for a partner charity. As determined by party attendees, the winning restaurant was Prime Delray and the \$500 donation went to the Take Heed Theatre.

Other participating restaurants and charities include 32 East and the Atlantic High School Band, 50 Ocean and the Delray Beach Public Library, Caffe Luna Rosa and Sandoway House, City Oyster and the Milagro Centre, Dada's and AVDA (Aid to Victims of Domestic Abuse, Jimmy's Bistro and the Spady Cultural Heritage Museum, Salt 7 and the Arts Garage, Pizza Rustica and Caring Kitchen, and Goll Taste of Brazil and the Delray Beach Center for the Arts.

In addition, attendees were encouraged to bring much needed gift items for You Are Not Alone, a local group of families who have loved ones stationed overseas, many of them bravely serving in conflict areas.

In addition to tasty menu samples from the 10 restaurants, attendees enjoyed a series of rousing performances from the Atlantic High School Jazz Band & Drum Line and the always-dynamic DYMiN.

Hotel owner Michael Crane said he was thrilled by both the turnout and the opportunity to raise more than \$1,000 for the 10 participating nonprofit organizations. He also gave special praise to Delores Rangel of Support Our Troops/Project Holiday, the talented students from Atlantic High School including jazz band singer Zoe Fromer, First Presbyterian Church for generously donating parking spaces for the evening, "and to my talented, tireless award-winning team at Crane's BeachHouse who never cease to amaze me with their creativity and enthusiasm."

## FLAVOR



### STRAWBERRY & DARK CHOCOLATE BALSAMIC VINEGAR SALAD Serves 4

8 cups mixed salad greens  
4 ounces honey-infused chevre  
2 ounce pistachios  
1 cup strawberries, sliced  
4 tablespoons extra virgin olive oil  
4 tablespoons Olive Taste Dark Chocolate Balsamic Vinegar  
pinch kosher salt



Directions: Divide the salad greens between two plates; top with the strawberries, nuts and cheese. Whisk the olive oil, vinegar and salt together in a small bowl until well combined. Drizzle over the salads and serve.

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**Great Food: It's All in the Family!**



Elie, Margaret and Joseph Boueri

**By Kay Renz**  
Special to The Pineapple

For most restaurateurs when a new establishment opens across the street, they consider it competition. But not Joseph Boueri. The owner of Joseph's Wine Bar and Café in Pineapple Grove was excited to see Bistro 241 recently open, because the owner is his son Elie.

"We love Pineapple Grove and when the space on the other side of 2nd Avenue opened, I was thrilled that Elie decided to create his own establishment there," said Joseph. "There is great synergy between our restaurants. I have been in business for five years, and Elie worked here during that time, and got to know both the business and our guests. Now, we can offer them two different experiences. And while our concepts are different, we both focus on serving incredible food and treating our guests as family."

And being part of the Boueri family is a good thing. The tight-knit Lebanese-American clan, which also includes Joseph's wife Margaret, a chef trained in the south of France, and his daughter Romy, who manages the bar, have lived in Europe and Canada, but they came to South Florida a few years ago and fell in love with Delray Beach.

"I had been in the banking industry for years," said Joseph. "But a while back, I became involved with restaurant management. I really enjoyed it and since my wife was a chef and I loved to cook as well, we thought we would create intimate space where we would entertain our guests just like

they were our family."

In 2008, they opened an elegant and romantic seven table restaurant in Pineapple Grove. The private dining room ambiance includes beautiful chandeliers, granite tables, 2000 wine bottles lining the wall and a lovely granite bar.

The four family members ran everything, with Joseph and Margaret creating incredible continental dishes with Middle Eastern influences, while Elie and Romy waited on the guests and helped them select wines which run in price from \$30 to \$20,000 a bottle.

During the past five years, Joseph's has garnered an array of critical kudos from guests and reviewers alike who praise he and his wife's personalized renditions of lobster bisque, tabouli salad, rack of lamb, baklava and a variety of nightly specials.

"I learned so much from my years working with my family at Joseph's that I wanted to expand and grow," said Elie, who holds a degree in engineering. "Bistro 241 showcases American/Mediterranean dishes, seats 100 and offers a full service bar. But our philosophy of how we treat our guests is the same...it's like eating in our home."

"I am so grateful to be able to open my restaurant here in Pineapple Grove right across from my Dad's place," said Elie. "I own several properties on the block, and I feel this is a dynamic, exciting, fun area of Delray. I am a tremendous advocate of how we are growing this section of our community, and I am thrilled to be a part of it."

**Joseph's Wine Bar and Café:**  
www.josephswinebar.com  
**Bistro 241:** www.bistro241.com

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**Chef Lindsay Autry**  
*Sundy House*

Chef Lindsay Autry has recently taken over the stoves at the historic Sundy House in Delray Beach, Florida and will debut a New Menu Concept. A "Top Chef Texas" finalist, Autry most recently served as the Executive Chef of Michelle Bernstein's at The Omphoy Ocean Resort in Palm Beach. Chef Lindsay has held various chef positions at award-winning restaurants on the east coast as well as in Mexico. She honed her skills under the James Beard Award-Winning Michelle Bernstein and graduated from Johnson & Wales University, where she received her B.S. in Culinary Arts. She received the Restaurant Hospitality Magazine Rising Star Award in 2008.

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Entrée photo courtesy of Richard Graulich

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