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Embrace medical, ditch old habits

By Michael Hinman

mhinman@cnewspubs.com

Nancy Reagan made the saying popular in the 1980s, and it's time Pasco County learns it: Just say no.

That was the recommendation of the Urban Land Institute, the independent growth and development analytical group that has spent the past five years exploring

the ins and outs of the county.

And in its first major presentation of its findings in a meeting last week, ULI officials said Pasco has approved enough residential and commercial development that would keep builders busy — until 2088.

"This condition presents tremendous challenges to the master planner," said Dan Conway, an urban land economist from Denver who works with ULI. "Supply out-

paces demand by a factor of 8-to-1."

That number caught retiring County Commissioner Pat Mulieri by surprise.

"I think it's interesting, the idea that we have to say no," Mulieri said after the meeting. "We recently started not spreading (new development) like peanut butter, but I didn't know we had enough for 75 years. I would

See MEDICAL, page 14

Local salon takes fashionable field trip to Paris

By Michael Hinman

mhinman@cnewspubs.com

A trip to a hair show is a rare treat for a stylist. And that's just to places like New York, Las Vegas or even Miami.

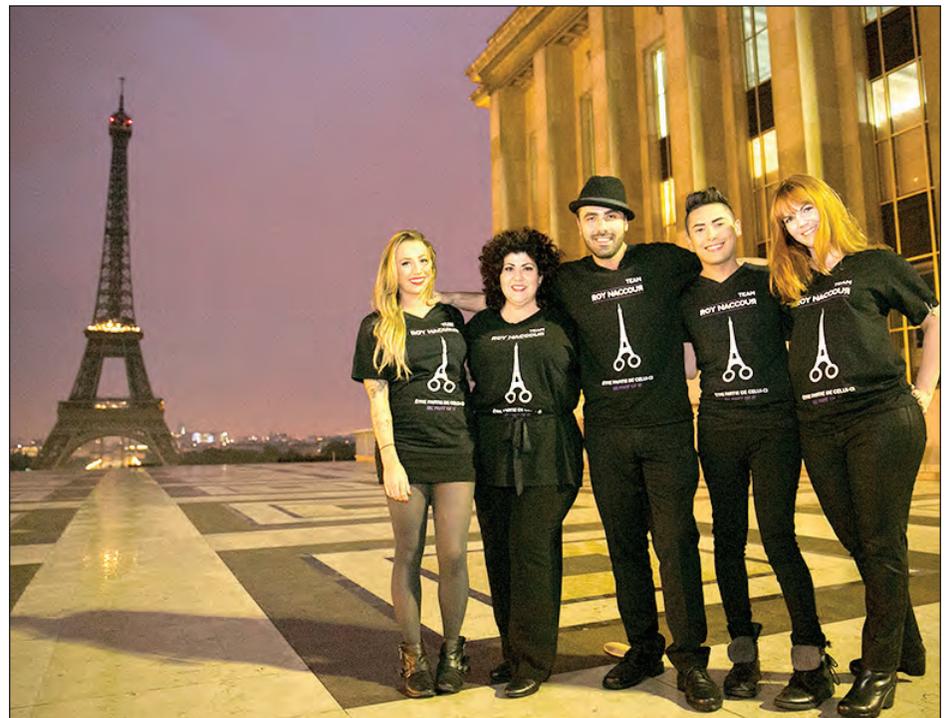
A small group of stylists from J. Joseph Salon in Land O' Lakes got to go far beyond that, however, as they hopped a plane to cross the Atlantic Ocean, landing in Paris.

It was more than just a hair show for these stylists. Salon owner Roy Naccour wanted these artists to be inspired by what many consider to be the center of fashion.

"Every couple of years, we like to travel to fashion capitals of the world, which Paris is one of," Naccour said. "We want to get inspiration for what's in or what's hot for the following year. Fashion kind of gets born over there — in places like France, Italy, New York and Tokyo — and then it spreads out throughout the world."

Instead of waiting for that fashion wave to hit the United States, Naccour wanted an early preview — all to keep his clients ahead of the trends.

"Women are women, wherever they are, and beauty is beauty wherever it is," Naccour said. For him, clients don't have to travel outside of the Land O' Lakes area to get the latest fashion trends typically found in places like New York and Los Angeles.



Not too many hair stylists go to Paris to look at what's in, but some of the crew from J. Joseph Salon in Land O' Lakes made the trip to France last month to do just that. Joining salon owner Roy Naccour, center, were Justine Fallon, left, Linda Boyington, Jeremy Bisano and Melanie Kennedy. (Photo courtesy of Roy Naccour, with Redken and Pureology)

And keeping such a fashion-forward business in the area is a good way to attract new residents.

"Good doctors and good hairdressers are the No. 1 things that people look for when they move into an area," Naccour said. "Those two things are very personal and important."

If someone gets the wrong medicine from the doctor, they're in trouble, Naccour said. And the same can be said about a bad haircut or color.

"People look at you, and you want to

look your best," he said.

Naccour, 32, got his own education in fashion and art through his time in three countries, his latest stop, the United States. He first worked in his original home in Lebanon where hair was "thick and black." He moved on to Sweden, where hair was much different.

"It helped me get my brain opened up to so much fashion around the world, and how

See PARIS, page 14

Keeping kids safe from human trafficking

By B.C. Manion

bcmalion@cnewspubs.com

It's a crime that is so horrible it's hard to imagine it happening in our own backyard — but statistics prove that it does, Cpl. Alan Wilkett, of the Pasco County Sheriff's Office, told a group of Rushe Middle School parents.

Florida ranks third behind New York and California in the number of human trafficking cases, and Tampa Bay routinely ranks second or third in the state. Cpl. Alan Wilkett shared those numbers with a group of Rushe Middle School parents last week.

"Human trafficking is a form of modern-day slavery," Wilkett said. "It involves exploitation," adding that it could be sexual exploitation or forced servitude.

Wilkett came to the Land O' Lakes school to inform parents about human trafficking at the suggestion of the school's Parent Teacher Student Association president Anne Fisco.

Fisco had seen a presentation on the topic and believed parents and students at

Rushe would benefit.

Rushe principal David Salerno said he wants parents to help their children avoid potential harm.

"Parents need to be aware of what the dangers are, not to scare them, but to inform them," he said.

"We think this particular subject is one of those things that really needs to be talked about," Wilkett said, noting he would be giving another presentation to the school's students. The student talk, he said, would be tailored to the younger audience, with an emphasis on how to stay safe.

There's an estimated 15,000 to 18,000 people trafficked in the United States each year, Wilkett said. Tampa Bay is fertile ground for the crime because it has major sports teams, is a popular tourist destination, brings in big conventions, has lots of hotels, and has a large agricultural economy.

The sports teams and tourism create crowds, which can generate more customers for prostitutes, Wilkett said.

See TRAFFICKING, page 14



Mechelle Flippo is among the parents from Rushe Middle School who came to learn more about human trafficking and what they can do to help keep their children safe. (Photos by B.C. Manion)

Weightman sends message: Bullying not welcome here

By B.C. Manion
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As teachers at Weightman Middle School were gearing up for the beginning of the academic year, they took part in a training session led by Sharon Morris, the school's counselor.

Morris had seen a rise in bullying reports in the previous year, and wanted to talk to teachers about the need to identify bullying and stop it. Teachers agreed the issue needed to be tackled and suggested the school take aim at it early in the school year.

Morris also believed the issue called for a more sustained effort than in previous years, so she recommended a weeklong slate of anti-bullying activities.

Each day of the week had a theme, inviting students to get involved.

For instance, they came to school on one day decked out in pink, with crazy hairstyles and glasses. The theme was "Don't be a crazy bystander and watch someone get bullied."

On another day, they made pinwheels for peace. The theme that day was "Too cool to be a bully, give peace a chance."

On other days, they wore boots or jeans or bright colors, all tying in with a special theme.

The bottom line was to saturate the campus with the message that everyone must do what they can to stop bullying, said Morris, who has been an educator for 18 years.

"We did not let up," she said. The counselor knew the kids would have fun dressing up, but she didn't expect the event to arouse such deep emotions by



Mark Sweet, a parent volunteer, is holding the 'Chain of Courage.' Every Weightman Middle School student signed a link of the chain, pledging not to be a bystander to bullying. (Photo courtesy of Weightman Middle School)

both staff members and students.

One teacher got on the school's television morning show to share what it felt like to be bullied when she was young. Another staff member approached Morris to tell her how guilty she felt about being a bully when she was young.

One student came in to see Morris and told her about being bullied in the past by a school athlete. The student said he knew the boy would never apologize, but he said he also knew the boy was sorry when he saw he was wearing pink — and he smiled at him.

Morris estimated that 90 percent of the teachers and students took part in the activ-

ities and help set an anti-bullying tone on campus.

Weightman principal Brandon Bracciale emailed Morris to congratulate her and her committee for organizing the activities.

"What a great week last week was," the principal wrote. "One of the most enjoyable and best I have been part of on any level as an educator."

As principal, Bracciale wrote, he could not be more proud to see the school community "stand up to bullying in such a fun, creative and engaging manner."

"The fact that the event occurred in the beginning of the school year helped to build a sense of community, and set the expectation that bullying would not be tolerated in our school," he added.

Bullying is a real issue and can have deadly consequences, Morris said, noting the recent death of a 12-year-old Polk County girl who committed suicide at an abandoned cement plant. Authorities reported that the girl had been harassed by as many as 15 girls for about a year.

Remarks that kids make to each other may seem insignificant to adults, but they can be devastating to youths who are trying to fit in with their peers, Morris said.

In addition to bullying that happens on campus, bullying that happens online is a huge issue. Parents need to monitor what their kids are doing online, Morris said. They need to tell their kids that while they trust them, they don't trust everyone else that has access to the Internet.

It's important to realize the power that words can have, Morris said.

Ways to help, if your child is being bullied

- Encourage your child to talk about the bullying experience. Listen.
- Don't criticize your child the way he or she is responding to the bullying.
- Teach your child ways to stay safe at school, such as telling an adult if he feels threatened.
- Encourage your child to pursue friendships at school.
- Encourage your child to walk with an adult or an older child if she doesn't feel safe at school in the neighborhood.
- Identify safe areas, such as a neighbor's home, library or community center. Tell your child to go to one of these areas if he feels threatened.
- Make sure your child has a phone number of an adult who can help.

To reduce the threats of cyberbullying

- Keep your home computer in an area of the house where it is easily viewable.
- Talk to your children about online activities.
- Consider installing parental control software.
- Know your children's passwords and tell them not to give them out to others.
- Monitor your children's Internet activity. Let them know that you can review their current or history of online communications at any time.

Report a bully

Go to: www.pasco.k12.fl.us, and click on the "stop bullying" link.

"Whether you're a teenager saying something to another teenager, or whether you're an adult that's stalking a kid online, your words are so powerful," she said. "They can change a person's life forever."

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Seminar tackles serious threat of concussions

By B.C. Manion
bcmanion@cnewspubs.com

Dr. Jonathan Phillips was in his residency near Pittsburgh when he was introduced to the realm of concussions and the kind of harm they can inflict.

The deficits they cause can affect much more than an athlete's ability to get back onto the playing field, said Phillips, whose office is in the Wellness Plaza at Florida Hospital Wesley Chapel. They can harm the athlete's learning abilities and the impacts can spill over to family life, as parents have to shift their priorities to get proper treatment for their child.

Phillips is sharing that and more in a seminar, "Rising Dangers of Concussion: What Coaches, Parents and Young Athletes Need to Know." It takes place Oct. 22 beginning at 6 p.m.

Admission is free, and so is a meal that comes with it, but those wishing to attend must register in advance.

Phillips is certified in sports medicine and has provided care for many athletes. During his fellowship at the University of South Florida, he took care of the Tampa Bay Buccaneers, the USF Bulls, and even the Philadelphia Phillies baseball team when they were in town for Spring Training.

Now, he's the team doctor for the Arena Football League team Tampa Bay Storm.

"The biggest thing that people don't realize is that concussions account for about 1.6 (million) of the 3.8 million of traumatic or mild brain injury in the folks ages 15 to 24," said Phillips, citing statistics compiled by the Centers for Disease Control and Prevention.

To combat that problem, it's essential for coaches, parents and athletes to become more aware of the causes and symptoms of concussions, and the proper course of treatment.

Parents whose children don't play heavy contact sports, such as football, may think their children aren't at risk, Phillips said. But



Dr. Jonathan Phillips, of Florida Hospital Wesley Chapel's Wellness Plaza, conducts a concussion exam. (Photo courtesy of Florida Hospital Wesley Chapel)

that isn't true. Concussions can occur in athletes playing a wide range of sports, including soccer, basketball, baseball and volleyball.

The CDC has published educational materials to help coaches, parents and athletes learn prevention strategies and how to identify symptoms. Phillips will discuss prevention, symptoms and treatment of concussion at his seminar.

A concussion, the doctor said, "is a mechanical stress on the brain itself that causes it to move, or shift inside the head."

That shifting causes a metabolic injury to the brain, Phillips said.

While concussions often result from a jolt or blow to the head, they can also be caused by a hit to another part of the body, such as a whiplash action, the doctor said.

Symptoms of a concussion can include loss of consciousness, headaches, nausea, dizziness, blurred vision, confusion, changes in behavior and sensitivity to noise or light.

Those symptoms may become evident on a playing field, on the sideline or in a locker room, Phillips said. Sometimes, how-

If you go

What: A seminar on the Rising Dangers of Concussion: What Coaches, Parents and Young Athletes Need to Know

When: Oct. 22, 6 p.m. to 7:30 p.m. (meal is provided)

Where: Florida Hospital Wesley Chapel, Wellness Plaza

Admission is free, but reservations are required. Call (813) 929-5432 or visit, www.FHWesleyChapel.org/events

ever, the signs of a concussion show up later.

When a concussion is suspected, the next step is to seek medical care and then to receive medical clearance before returning to sport, the CDC says.

Phillips recommends seeing a doctor who is knowledgeable about concussions — to get the proper care as quickly as possible and to avoid unnecessary tests, which can be expensive and may delay appropriate treatment.

"Not everyone needs an MRI. Not everyone needs a CAT scan. Not everyone needs an EEG," Phillips said, describing an electroencephalography exam.

One tool that's helpful is an online baseline test of an athlete's memory, reaction time, motor speed and so on, Phillips said.

"After they have a baseline test, if they were to get injured, it would be easy to see the comparison," Phillips said, noting it's just one of the tools that doctors use to evaluate a patient with a suspected concussion.

Florida Hospital Wesley Chapel provides these baseline tests for free to youth athletes, said Tracy Clouser, director of marketing for the hospital.

While people may think that dramatic, head-jolting hits cause the worst concussions, Phillips said that small, repeated injuries are generally more damaging.

"A lot of times those spectacular hits that

you see where people get knocked out for one- or 15 seconds, and then they're up — those folks recover fairly quickly as opposed to those with multiple hits," he said.

That's because the athletes suffering the smaller, repeated hits tend to shake it off and get back into the game. But they are usually injured again before the first damage has a chance to heal, Phillips said.

If a parent suspects his or her child has a concussion and they can't get immediate medical care, the best course of treatment for the child is brain rest, Phillips said.

"You need as much energy as possible to go to that area of the brain to heal it," he said. "So, no texting. No computers. No TV. No reading."

They should have a medical professional check them out. Then, if they need continued treatment, they can seek a modified educational plan to help them heal, Phillips said.

For instance, they may need more time to complete homework assignments.

With concussions taking center stage in recent months, especially with the National Football League, there have been some fears that focusing so much attention on the problem will weaken sports. But no one is saying that athletes should be less competitive, Phillips said. They simply need to learn the proper techniques for the sport and to pay attention to their health.

"They can still be aggressive. They can still want to win. That's part of sports," Phillips said. "The key is safety for the kids."

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Builders taking part in the tour include Ryland Homes, Taylor Morrison, M/I Homes, and Homes by WestBay. Each offers different types of homes ranging in price from the higher \$100,000, to more than \$700,000.

Ryland can be reached at (813) 996-1800, or at Ryland.com. Taylor Morrison is at (866) 495-6006, or at TaylorMorrison.com. M/I is at (813) 388-6836, or at MIHomes.com, while WestBay can be reached at (813) 428-5973, or at HomesByWestBay.com.

Connerton is located west of Interstate 75 on U.S. 41, five miles north of State Road 54.

For more information on the community, visit Connerton.com.

AQUAFINZ RELAUNCHES WITH NEW LEASE ON LIFE

With a 30-foot inflatable crab welcoming new customers earlier this month, Aquafinz is open for business after importing the management team from the one-time Lutz restaurant Splash.

Splash recently closed after a dispute with its landlord, allowing executive chef Lenny Tarlaje to move to Aquafinz. Terlaje, who also pulled stints at 21 Club in New York, was previously the executive sous chef at the Double Arrow Resort in Seeley Lake, Mont.

Aquafinz is located at 16553 Point Village Drive in Lutz.

PHHCC BUSINESS & CAREER EXPO

The Pasco-Hernando Hispanic Chamber of Commerce and Wesley Chapel Toyota will host a Business & Career Expo Oct. 18 from 3 p.m. to 8 p.m. at the car dealership, 5300 Eagleton Blvd. in Wesley Chapel.

The free event includes workshops on financing, health care, elder care and career options.

For more information, call (813) 435-1499, or email info@phhchamber.com.

WOMEN-N-CHARGE

Women-N-Charge will meet Nov. 1 beginning at 11:30 a.m. at the Pebble Creek Country Club, 10550 Regents Park Drive in Tampa.

The cost is \$15 for members in advance, or \$18 for guests or those not paying in advance. It includes lunch, networking, and fitness enthusiast Ashley Poptodorov as guest speaker.

To register, visit www.Women-N-Charge.com, or call (813) 600-9848.

WHEELS OF SUCCESS NAMES DIRECTORS

Wheels of Success, which helps families obtain reliable transportation to get to and from work, has announced its board of directors for 2013-14.

John Imming of AAA Auto Club Group will serve as chair, while Tina Narron of GTE Financial will be vice chair.

Leann Rowe of Precision Kia of Wesley Chapel was named secretary, and Scott Decelles of Warren Averett Pender Newkirk has become treasurer.

Other board members include Carl Berry of Trenam Kemker Attorneys, Jonathan Browy of PNC Bank, Luis de la Torre Sr., Alicia Lyons of Shriners Hospital for Children, Eric Nowak of de la Parte & Gilbert, and Eric Vogt of BBVA Compass Bank.

The president and chief executive of Wheels of Success is Susan Jacobs.

For more information about Wheels of Success, visit WheelsOfSuccess.org, or call (813) 417-1090.



A donation with a Christian connection

Christian Business Connections Central Pasco presented a check for \$250 to Oasis Pregnancy Care Centers, which recently opened its second location in Wesley Chapel, and now boasts more than 500 clients. The donation money came from member dues over the last quarter. Taking part in the presentation are, from left, Chris Cherp, Rene Van Hout, Michelle Pentifallo, Peter Castellani, Edda Gilbert and Shantelle Beachler. Christian Business Connections meets every Thursday at Myrtle Lake Church. For more information, visit www.ChristianBusinessConnections.com, or call Rene Van Hout at (813) 300-7511. (Photo courtesy of Rene Van Hout)

ALLEN EARNS PROFESSIONAL CHAMBER DESIGNATION

Hope Allen, executive director of the Greater Wesley Chapel Chamber of Commerce, has earned the designation of Florida Certified Chamber Professional during the recent Florida Association of Chamber Professionals conference in St. Pete Beach.

The designation was implemented in 2012 to recognize standards of excellence in the chamber profession on local, state and national levels. The recipient, according to a release, must have demonstrated a commitment to the profession through continued professional development and involvement with chamber-related programs.

Allen now joins leaders of chambers of commerce in South Tampa, Lakeland, Destin, Sarasota and Boca Raton.

The FACP is a statewide organization

whose mission is advancing excellence in chamber management, and whose vision is enhancing Florida's business communities by cultivating successful chamber professionals.

BIZGROW 2.0 COMING TO PASCO

Pasco-Hernando Community College in New Port Richey is hosting BizGrow 2.0, a conference and entrepreneur exchange, Nov. 8 from 9 a.m. to 4 p.m. on the school's campus.

Registration is \$35 per person, and includes lunch, sponsored by BB&T.

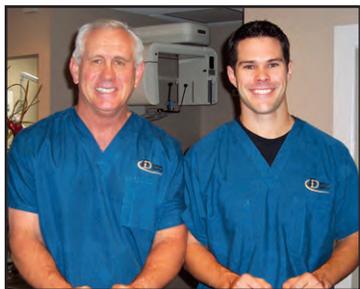
The conference is designed for entrepreneurs, business owners and startups, as well as those involved in growing companies.

For more information, including sponsorship opportunities, contact Summer Martin at the Pasco Economic Development Council at smartin@pascoedc.com.

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San Antonio sizzles: It's Rattlesnake Festival time

By B.C. Manion

bcmajian@cnewspubs.com

Every year, on the third Saturday of October, thousands head to San Antonio Park to enjoy wide-ranging activities and foods at the annual Rattlesnake and Music Festival.

The event almost didn't happen this year, though.

Previous event organizers had decided not to have the annual festival. So a half-dozen Rotary clubs from East Pasco County stepped up to take on the event, said David West, a festival board member.

While this festival marks the 47th year that people have gathered to experience the festivities, this year's lineup has a few changes.

For one thing, music will play a larger role — hence the festival's new name. For another, there will be a beer garden, said Mike Mira, president of the East Pasco Rotary Charities, which has taken over the festival.

Another change is that the event will be one day, instead of two.

But the Oct. 19 festival will begin at 9 a.m. and go until 10 p.m., featuring an evening concert — another new twist, West said.

The planned reptile show had to be cancelled, but Wild Things of Dade City will be doing a wild life show, Mira said.

Efforts also are underway to try to bring a gator show to the festival, Mira said.

In conjunction with the annual event, the Rotary Club of San Antonio is hosting the 35th annual Rattlesnake Run. Runners can choose to race for 5 miles or 1 mile on a course that includes hills, sidewalks, groves, a bridge and more hills.

The event also features festival foods galore.

Eddie Herrmann, one of the festival's



If you go

The 47th annual Rattlesnake and Music Festival will be on Oct. 19, from 9 a.m. to 10 p.m., in San Antonio. It is off State Road 52, three miles east of Interstate 75, or five miles west of U.S. 301. To find out more about the festival, go to www.RattlesnakeFestival.com.

original founders, recalls its early days when it actually featured a rattlesnake roundup, with people bringing rattlesnakes they had captured. They would enter them in competitions judging size, weight and appearance.

The snakes would win prizes, and in turn, they would be used in payment for the snake expert who put on a show, Herrmann said.

Real gopher tortoises were used in races, too, Herrmann said. But that stopped after state officials objected to people handling the reptiles.

Mechanical tortoises, designed by Herrmann, now take the place of the live ones.

While there have been changes over time, the festival still aims to provide affordable family fun, and to raise money for community causes, West said.

There's no admission charge or parking fee, but attractions within the festival and food will carry a cost, West said.

Those attending the festival will have plenty of choices of things to see and do and can get their fill of festival foods.

This year's slate of entertainers includes The Beaumont Family Bluegrass Band, the Florida Cracker Boys, Steelhorse and Crabgrass Cowboys. Cowboy Tom will be there, too.

There will be animal shows, arts and

crafts, a truck show, and rides and games for kids.

People who want to grab a bite to eat or something to drink can purchase such offer-

ings as barbecue chicken, corn on the cob, rattlesnake bites, gator nuggets, pizza and funnel cakes.

Rod Lincoln, owner of Sonny's Real Pit Bar-B-Q in Zephyrhills, has donated 700 chicken dinners and is the event's primary sponsor, Mira said.

Proceeds from the event will benefit the Rotary clubs, which in turn provide a considerable amount of support in the community, Mira said.

Rotary clubs, for example, provide food bags for families in need during the holidays, bags of food to help feed hungry children during summer months, and school supplies for kids going back to school.

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(NAUSEA)



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PUBLISHER'S COLUMN

Saying goodbye to Zeke

By Diane Kortus
Publisher



I purposely didn't write a column about saying goodbye to Zeke, my family's yellow lab who was almost 14 when it was time for us to let him go last March.

I didn't want to be just one more self-absorbed writer spewing about the punch to the gut I felt every time I walked in the door because my dog was not there to greet me. I didn't want you to read my sad story about losing Zeke, only to have it churn up the pain you felt when you lost your own pet.

But here I am, six months later, telling you about Zeke.

Maybe I waited until now because it has taken me this long to accept that Zeke is really gone. Or, maybe I needed to be sure that life was going to be OK without Zeke as my companion.

There have been many first-person accounts written about the anguish of losing a pet. The heartache my children and I felt is no different, no less painful, than what other families feel when they too make the difficult decision to euthanize their pet.

The difference for me in this case, of course, was that our pain was acutely personal. Zeke was a member of our family for 13 years. And unlike my kids, who grew up and moved away, Zeke never left home.

Parents often talk about the unconditional love they have for their children. But Zeke taught me that the most unconditional love of all is the love a pet has for his family.

Pets only remember the good times and quickly forget the bad. If only we humans could focus on life's joys and forgive and forget unkind actions we experience as quickly as our four-legged friends.

When Zeke died, he left behind Sammy, our ginger cat that my daughter, Rachel, rescued from the neighborhood dumpster



Zeke loved boating and just about everything else in life.

when she was 14 years old. Now, Rachel is 21 and a senior at Stetson University, living in Deland.

Until she left for college, Rachel had slept with Zeke every night since she was 9 years old. Losing Zeke was wrenching for her, and I suggested she take Sammy back to Deland to comfort her through her sorrow.

That left me alone in Land O' Lakes with just Jonas, our 8-year-old Airedale Terrier that we had adopted five years earlier.

Unlike me, Jonas never seemed to miss Zeke or Sam. He has flourished as the family's new alpha dog, and with no other pets to compete with, has become more calm, loving and attentive.

The vet who came to our house to euthanize Zeke told us that other pets in a household are remarkably accepting of another animal's passing, that pets understand better than people the ebb and flow of mother nature. She told us not to expect Jonas or Sam to mourn Zeke, but to learn from them that Zeke's death was natural and even good.

I have tried to accept that advice and to let go of my grief of losing my friend.

I will always miss Zeke's presence, but also know that the love that we had endures beyond the boundaries of death.



Quilting for cancer

Joanne Hurley, a Pasco County School Board member and chair of the Making Strides Against Breast Cancer walk on Oct. 19, shows off one of her handcrafted quilts she's offering to raise funds for the walk. The reverse side features a pink ribbon, representing breast cancer, and has been appraised for more than \$1,200. For more information on the walk, which takes place at The Shops of Wiregrass, call (813) 996-5835. (Photo courtesy of Patricia Serio)

Breast cancer support

Florida Cancer Affiliates will host biweekly breast cancer support meetings on the first and third Thursday of each month at its New Port Richey center, 5500 Little Road. The next meeting is Oct. 17 from 6 p.m. to 7:30 p.m. For information, call (727) 372-9159.

Huntington's Disease group

The Medical Center of Trinity, 9330 State Road 54 in Trinity, will have its monthly support group for anyone whose life is affected by Huntington's disease on Oct. 17 from 6:30 p.m. to 8 p.m. For information, call Nina Qualters at (727) 236-3578, or email npasqualters@gmail.com.

Infant care class

The obstetrics program at Medical Center of Trinity, 9330 State Road 54 in Trinity, is offering an infant care class on two consecutive Thursdays at 6 p.m. The next class begins on

Oct. 17. The class provides parents with the knowledge and skills to make their transition into parenting smooth and comfortable. The cost is \$40. For information and reservations, call (727) 834-5630.

Gulfside memorial services

Gulfside Regional Hospice is hosting two memorial services to remember loved ones who have passed away. Both services are at 3 p.m.

- West Pasco: Oct. 18 at St. Mark Presbyterian Church, 7922 State Road 52, Hudson

- East Pasco: Nov. 1 at Seventh-day Adventist Church, 7333 Dairy Road, Zephyrhills

For information, call (727) 844-3946.

Diabetes education

Access Health Care is offering a lecture "The Role of Obesity: Glucometer Workshop"

on Oct. 21 at 1 p.m. at its office, 4270 Lake In the Woods Drive in Spring Hill. The lecture is for anyone who has been diagnosed with diabetes mellitus. Seating is limited and reservations are required. For information, call Arlene at (352) 597-7249.

Classes for siblings

The obstetrics program at Medical Center of Trinity, 9330 State Road 54 in Trinity, is offering monthly sibling classes. The classes feature activities to prepare children for the arrival of a new baby. The next class is for children age 7 years or older on Oct. 23 at 5 p.m. For information, call (727) 834-5630.

Trinity opens hyperbaric department

The Medical Center of Trinity, 9330 State Road 54 in Trinity, has announced the opening of Advanced Wound Care & Hyperbaric Medicine. The new department will provide

resources for patients with hard-to-treat wounds with an experienced team, treatments and options, and evidence-based clinical protocols. Dr. Luis Ramos is the medical director, and Sharon Owen is the program director. The center can be reached at (727) 834-5630.

Ombudsman council

The Pasco and North Pinellas Ombudsman Council will meet on Oct. 17 at 10 a.m. at Saint Anne Byzantine Catholic Church, 7120 Massachusetts Ave., in New Port Richey. The council's goal is to improve the quality of life and care of residents in long-term care facilities. All interested parties are encouraged to attend. For information, call Lynn Penley at (727) 376-2788.

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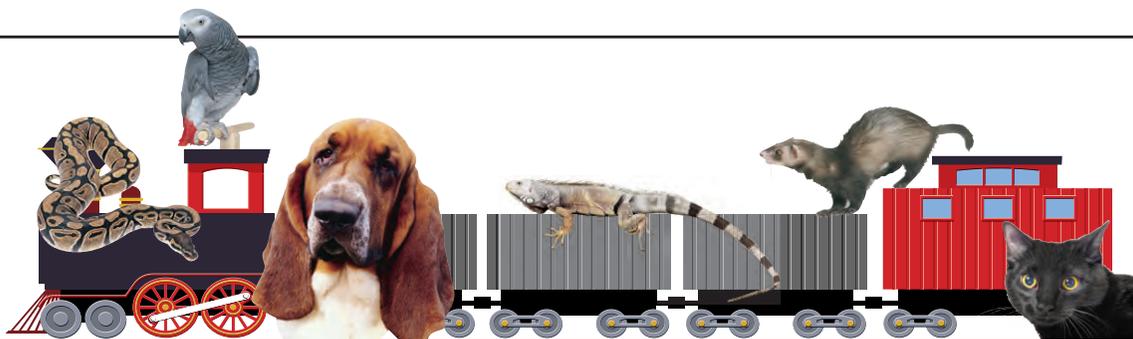
This is Loki, so named because he is so low key. He is afraid of almost everything, which is pretty amazing since he is a 120-pound Great Pyrenees. Loki is special because even though he came to his owner as a stray, he is very receiving of her love, and is very obedient — even with the kids. He likes sitting in the front yard, enjoying the breeze, and watching the cowbirds walk by. Loki's proud owner is Karen Vorhees of Lutz.

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RELIVE THE JFK YEARS

The Democratic Women's Club of Pasco County is presenting a two-act performance commemorating the John F. Kennedy years on Oct. 19 at 1 p.m. at the Jasmine Lakes Civic Association, 7137 Jasmine Blvd., in Port Richey. Storyteller Hudson Jones imitates all the characters. Refreshments will be served. Cost is \$20 per person, or \$5 for students with school ID. Deadline for reservations is Oct. 16. For information, call (727) 372-9321, or email jkeener14@msn.com.

OLD-FASHIONED CORN MAZE

Sweetfields Farm, 17250 Benes Roush Road in Brooksville, has opened a 5.5-acre corn maze for guests. Admission is \$4.50 for children ages 3-11, and \$8.50 for ages 12 and older. Children younger than 3 are free. Included with admission are a hayride, hay maze, farm animals, pig races, storytelling, a tree fort, swings, games and more. Pumpkins will be available for purchase. The farm and corn maze is open Saturdays and Sundays from 10 a.m. to 5 p.m. through Nov. 3. For information, visit SweetfieldsFarm.com.

THE HAUNTED ANGELUS

The Haunted Angelus, a benefit for the cerebral palsy group home The Angelus, is slated for Oct. 18-20, Oct. 25-27, Oct. 31 and Nov. 1-2, at the home, 12413 Hudson Ave., in Hudson. There will be a main haunted house, pirate haunt, hayride with zombies, and a one-mile haunted trail. Food will be available. For ticket prices and information, visit HauntedAngelus.com.

TAMPA BAY ORCHID SOCIETY

The Tampa Bay Orchid Society will meet on Oct. 17 at 6:30 p.m. at the McLaughlin Center of Christ the King Church, 821 S. Dale Mabry Highway in Tampa. The speaker is Antonio Toscano de Brito, curator of the Orchid Research Center at Marie Selby Botanical Gardens in Sarasota. Refreshments will be served. There will be plants for sale and a plant raffle. For more information and directions, call (813) 839-4959, or visit tinyurl.com/TampaBayOrchid.

DUNEDIN OKTOBERFEST

Our Lady of the Lourdes Church in Dunedin will host a Fall Festival & Oktoberfest on Oct. 17-20. There will be German and Polish music on Oct. 18, and a rock and soul band on Oct. 19. The carnival includes a Ferris wheel, games, flea market, crafts boutique and beer tent. Admission is free. For information, visit OLLFallFestival.com.

MOST HOLY REDEEMER CARNIVAL

Most Holy Redeemer Catholic Church, 302 E. Linebaugh Ave., in Tampa is hosting a fall carnival Oct. 17-20. The event includes rides, live entertainment, alumni event, bingo and a raffle. Admission and parking are free. Discount ride tickets can be purchased through Oct. 17. For information, call the church office at (813) 933-2859, or visit MostHolyRedeemerTampa.com.

LYLE LOVETT IN TAMPA

Tampa Theatre and Soulshine Music will present Lyle Lovett and His Acoustic Group

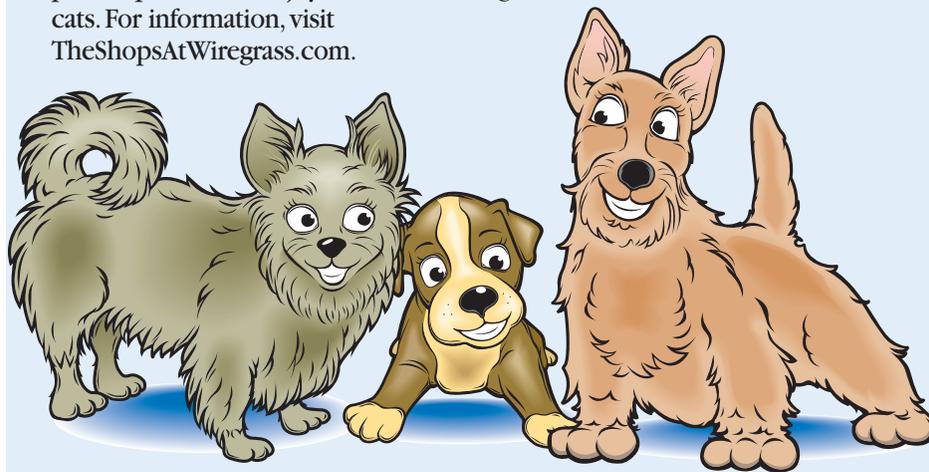
COMMUNITY SPOTLIGHT

BARKTOBERFEST IN SPRING HILL

The Rotary Club of Spring Hill Central will host a Barktoberfest on Oct. 19 from noon to 4 p.m. at the Rotary Centennial Park, 10375 Sandlor St., in Spring Hill. The event features various contests for dogs. There is a \$2 entry fee per dog, per contest. Vendors will sell pet-friendly items. Hot dogs, drinks, beer and wine will be available for purchase. Proceeds from the event will go to the Rotary Foundation of Spring Hill Central. Admission is free, but parking is \$1. For more information, email rotarySHC@hotmail.com.

DOGTOBERFEST AT THE SHOPS

The fifth annual ASPCA Mega Match-A-Thon Dogtoberfest is on Oct. 20 from noon to 6 p.m. at The Shops at Wiregrass. ASPCA is the American Society for the Prevention of Cruelty to Animals. Guests can make on-site pet adoptions and enjoy activities for dogs and cats. For information, visit TheShopsAtWiregrass.com.



at Tampa Theatre on Dec. 9 at 7:30 p.m. Lovett is a Texas-based musician known for his storytelling. Tickets start at \$62 and go on sale Oct. 18. The theater is at 711 N. Franklin St. in downtown Tampa. For information, visit TampaTheatre.org.

GET A FREE BIKE HELMET

Local law enforcement and Amscot Financial Services are giving away free bike helmets, while supplies last, for children ages 5-15 on Oct. 19 from 9 a.m. to noon. It will take place at various Amscot locations, including 11148 Springhill Drive in Spring Hill; 8231 W. Hillsborough Ave., and 2301 Fowler Ave. in Tampa; and 7707 Gall Blvd. in Zephyrhills. Children should be present for proper fitting.

CELEBRATE WOMEN'S COURAGE

Basic Black Collection at The Shops at Wiregrass is hosting The Joy of Launching, an event to celebrate women's innate courage in treatment and recovery. The event is on Oct. 19 and features cake and a ribbon cutting at 10 a.m., and a wine tasting from 10:30 a.m. to 2 p.m. A portion of proceeds will go to women recovering from cancer for A Day of Pampering. For information, call Carin Bicker at (813) 857-7041.

WOMEN'S MINISTRY

North Pointe Community Church, 2427 Old Cypress Creek Road in Land O' Lakes, is hosting Impact Your World LifeSpring Women's Ministry Celebration on Oct. 19 from 3 p.m. to 7 p.m. Guest speaker is Susie Walther, president of The Well Women's

Bible Study & Training Ministry. Dinner is included with the cost of \$25. Child care is not available. To RSVP, visit AGreatChurch.net/women.

ALLIANCE FOR THE CAUSE

The Salvation Army's Domestic Violence Program is hosting Alliance for the Cause on Oct. 19 from 2 p.m. to 6 p.m. at 15325 Alric Potterberg Road, just west of the Suncoast Parkway. There will be live music, food, bounce houses, face painting, clowns, fire trucks and McGruff the Crime Dog. Admission and parking are free. For information, call Kimberly Clipper at (727) 856-6498, or email kimcdvp@gmail.com.

SPOOKTACULAR IN HUDSON

Veterans Memorial Park, 14333 Hicks Road in Hudson, is hosting a Spooktacular Halloween event Oct. 19 from 6 p.m. to 8:30 p.m. The event includes music, games, blow-ups and candy. Cost is \$1 per person. For information, call (727) 861-3033.

FIDDLER ON THE ROOF

Live Oak Theatre Company will present Fiddler on the Roof Oct. 18-19 and Oct. 25-27 at Faith Evangelical Presbyterian Church, 200 Mount Fair Ave., in Brooksville. Performances are at 7:30 p.m. Friday and Saturday, and at 3 p.m. on Sunday. Tickets are \$18 per adult or \$35 per couple, and include coffee or tea, and dessert. For information, call (352) 593-0027, or visit LiveOakTheatre.org.

SAN ANTONIO BARN SALE

Herrmann's Fifth Annual Barn Sale is Oct. 19

and Oct. 20 from 9 a.m. to 6 p.m. at 31131 Pasco Road in San Antonio. The event features unique and unusual goods and demonstrations. Included are local honey, soaps, apples, pumpkins, fall flowers, furniture, antiques, decorations, seasonal items, linens and more.

NATIVE PLANT SALE

The Nature Coast Chapter of the Florida Native Plant Society is having a native plant sale on Oct. 19 from 10 a.m. to 2 p.m. at the Land O' Lakes Community Center, 5401 Land O' Lakes Blvd. There will be nursery-grown plants, free literature and nursery information, and native plant books for sale. For information, visit PascoNativePlants.org.

SCRAPBOOKING EVENT

Scrapendipity Retreats will host a 17-hour Day Crop from 9 a.m. Oct. 19 to 2 a.m. Oct. 20 at Holiday Inn Express in New Tampa. Cost is \$50 per person and includes a gift bag, snacks, drinks, games and door prizes. To register, visit ScrapendipityRetreats.com.

PLANT AND BAKE SALE

The Fern Garden Club of Odessa is having its annual Plant & Bake Sale on Oct. 19 from 10 a.m. to 3 p.m. at Keystone Park, 17928 Gunn Highway in Odessa. For information, call Barbara Aderhold at (813) 968-6866.

BUSINESS AND FASHION

Rasmussen College North Tampa will host a planB Expo on Oct. 19 from 11 a.m. to 3 p.m. for those looking to earn holiday income, get decorating ideas, learn about health care and more. There will be product demonstrations, indoor and outdoor vendors, a fashion show and cocktail hour. The campus is at 18600 Fernview St. in Land O' Lakes.

TAMPA THEATRE GHOST TOUR

The Tampa Theatre, 711 N. Franklin St. in Tampa, will host two 90-minute ghost tours on Oct. 19 at 9:30 a.m. and 11:30 a.m. The theater is said to be "one of the most haunted buildings in town." Tickets are \$7.50 for adults and \$5 for children ages 2-12. Space is limited. For information, visit TampaTheatre.org.

CRAFT BEER FEST

A Craft Beer Oktoberfest will take place at Raymond James Stadium on Oct. 20. The event is also a tailgate party to watch the Tampa Bay Buccaneers take on the Atlanta Falcons on the road. Local acts will provide live music. Those going can pay a la carte or buy a wristband for unlimited access to craft beers and fair food. The event is dog-friendly. Admission is free. Armbands are \$35-\$70. For information, visit CraftBeerOktoberfest.com.

HABITAT HOME DEDICATION

Habitat for Humanity of East and Central Pasco County will celebrate the completion of its first home in Wesley Chapel on Oct. 20 at 6 p.m. at 26543 Brahma Drive when the Soto family receive their keys. Guests may tour the home and enjoy refreshments. Housewarming gifts or pantry items are welcome, but not required.



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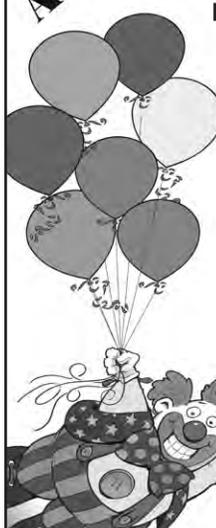
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Public broadcasting station accepting nominations

The Laker/Lutz News Staff Report

West Central Florida's primary Public Broadcasting Service station, WEDU-TV, is accepting applications and nominations that highlight the best work from area non-profit organizations.

Those selected from those nominations will be recognized at the WEDU Be More Awards ceremony and luncheon on Feb. 20. The event has become known as the "Academy Awards for nonprofits."

Now through Oct. 25, WEDU is accepting applications for nonprofit organizations, both large and small. Online nominations are being accepted covering a variety of categories. Each category recognizes acts of generosity and kindness by volunteers and individuals throughout the Tampa Bay region.

"The driving force behind the WEDU Be More Awards is not just simply to recognize the tremendous work that our area organizations and volunteers provide, but also to help build awareness and understanding for these organizations that rely so heavily on the support of the community they serve," said Allison Hedrick, WEDU vice president of communications, in a release.

Awards will recognize everything from marketing campaigns, special events, educational outreach, arts and culture, to philanthropists and volunteers.

There is no charge to apply. The WEDU Be More Awards application and complete details can be found at wedu.org/bemore, or by calling (800) 354-9338, ext. 2241.

Never forgetting our troops



Taps is played by a U.S. Marine Corps bugler during the inaugural motorcycle poker run benefiting the charity Support the Troops in September. The event, hosted by Wesley Chapel Toyota & Honda, was designed to collect donations for the charity, its mission to provide support to soldiers, their children, their families and related charities. (Photos courtesy of Eric Johnson)



Chris Smith, one of the U.S. Marine Corps members participating in the Support the Troops fundraiser, joins Wesley Chapel Toyota managing partner Patrick Abad, left, Naty Leon and Edwin Andino during the Sept. 22 fundraiser.



The motorcycle and poker run began with a patriotic opening ceremony that included the presentation of the colors by AVAST, the only amputee color guard in the country, as well as poem reading by Natalia Leon and a wreath that was carried in honor of fallen soldiers. This all took place Sept. 22 at Wesley Chapel Toyota & Honda.

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MEDICAL, from page 1

be 150 by the time they had it all built.”

The oversupply shows growth management in Pasco is out of control, Conway said, and could also affect overall values. By not focusing on key geographic areas — especially those areas that are already set up for utilities and other services — the growth in Pasco could easily become more expensive than the county can bear.

Over the next decade, the Tampa Bay region will average about 25,600 new jobs each year, bringing 53,000 new people into the area annually. Of that, 3,600 jobs will be created in Pasco each year, causing population to grow by 11,000.

And a third of those jobs, not surprisingly, will come from health care, said April Anderson Lamoureux, an economic development expert who worked under Massachusetts governors Mitt Romney and Deval Patrick, who now lends her services to ULI.

“You need to review all your public expenditures throughout the county and think of new ways to drive those dollars,” Lamoureux said. “And 25 percent of that marketing should go exclusively to the health market. This includes going to health companies, pitching them to locate in Pasco, and developing tools specific to the industry that will entice them to pick Pasco over other viable opportunities.”

The health care market in Pasco has exploded, especially in the central part of the county, where two new hospitals have been built in recent years. Pasco has to ensure the appropriate supporting medical facilities and doctor offices surround the hospitals.

Not only does the county have to attract the right companies, but it also needs to provide the necessary infrastructure — like workforce housing, efficient public transportation, and the appropriate retail and pedestrian routes to support the employee base that would work on these expanded campuses.

“Career academies are a terrific resource, but we should be careful not to dilute the offerings,” Lamoureux said. Instead, the county could focus on specific medical disciplines.

County Administrator Michele Baker said

Obstacles facing Pasco County

The Urban Land Institute outlined the key areas that are holding Pasco County back. They include:

- **Absorption and Projections:** Approved growth far exceeds the county's absorption capacity, meaning it will take decades for all the approved developments to actually be built.
- **Sustainable Site Systems:** Pasco needs to increase the priority for quality of life services, like affordable housing and transportation.
- **Transportation Planning and Funding:** Pasco needs to collaborate on regional transportation services, working with other counties to make everything connect.
- **Economic Development:** The biggest focus here must be on the medical industry as well as ecotourism.
- **Shaping Strategies:** County planners have to think further out with more effective plans to make future growth work.
- **Leadership:** Get rid of old habits. It's holding the county back.
- **Fiscal:** The overall vision needs funding. That means reconsidering the gas tax, and possibly increasing the tourism room tax.

she took 10 pages of notes throughout the ULI presentation, and would need some time to absorb all the information shared. She does agree, however, that it's time to cast away some of the old habits — like approving new development without considering its future impact — and make room for some new ones.

“I've been here for 20 years, so some of those old habits might be mine,” Baker said. “I might have to do a little gut-check myself.”

The key to successful growth would be a stronger working relationship between the county and its incorporated towns, a relationship that has never been solid. Yet, consistency across the board is going to be necessary to get Pasco back on the right development track, and that means having cities like Zephyrhills and New Port Richey as partners will be key.

“We cannot do it alone,” Baker said. “It requires better dialogue between us and the cities, and us and the development community to seek out the opportunities for us to take advantage of.”

list of clients, but he looks forward to trips like the one in Paris, where he also did a photo shoot for hair care product companies like Redken and Pureology.

“There are a million hair salons on every single corner, and if you don't stay up to date — especially in the beauty industry — you will fall behind,” Naccour said. “I always say I live in the future. I don't want to wait for fashion to come to me. I want to go grab it before anyone else gets it.”

TRAFFICKING, from page 1

Trafficking victims can also be forced into servitude performing jobs at hotels, or in agriculture.

Victims often are bought or kidnapped in other countries and smuggled into the United States. They can be forced to work a circuit that takes them from New York to Florida to Texas in a matter of weeks, Wilkett said. They are moved around to avoid being detected.

Parents should be vigilant in protecting their children because there are also victims who are American, Wilkett said. These kids often are runaways, vulnerable kids who are lured by expert criminals.

Statistics show that 70 percent of the trafficking victims are female, and the slavery can begin before they even reach their teenage years. The youngest victim Wilkett's ever run across was 8 years old.

Generally, trafficking victims have a lifespan of seven years because they are killed when they are no longer productive, he said.

The perpetrators tend to look for their victims in places where kids congregate, such as shopping malls, beaches and parks. They tend to go after kids who are alone or in groups of two, he said. They try to engage the kids by finding out what their interests are, or asking them if they're hungry.

With boys, they might lure them in by talking about video games or sports. With girls, they may use sweet talk and offer to help them, Wilkett said.

The main thing is that they're looking for some kind of hook. That's their window of opportunity, he said.

Nicole Hahn, a parent in the crowd, asked Wilkett what parents can do.

“We don't want to be helicopter parents, but we want our kids to be safe,” she said. “How do you give them some of that freedom, without making them vulnerable?”

Wilkett said that it's tough to balance safety with freedom.

Parents should instruct their children to make a lot of noise if they feel threatened. They should scream, shout or do whatever they can to attract attention, he said.

It is also good to remember that there's safety in numbers, Wilkett said. When kids go to a movie, or the mall, or the beach, they should go in groups of at least three, but preferably larger groups. They should also stick together once they get to wherever they're going.

Parents also need to remind their kids that no one has a right to violate them, and that means no one, Wilkett said.

Human trafficking is a brutal, dehumanizing crime.

“People who traffic humans often smug-



Nicole Hahn, a parent in the crowd, asks for advice from Cpl. Alan Wilkett of the Pasco Sheriff's Office, on how to balance freedom and safety.

Learn more about human trafficking:

www.WorldReliefTampa.org
www.SharedHope.org
www.RescueAndRestore.org

gle drugs and guns,” Wilkett said, noting groups like the Russian mob and drug cartels typically use the same routes for human trafficking as they do for smuggling guns and drugs.

The crime often goes unreported because the victims can't speak English, don't trust the police because they were corrupt in their home country, or are afraid something will happen to them or their family, Wilkett said.

He asked those in the crowd to help in the fight against human trafficking.

“Be observant in your neighborhood,” Wilkett said. A house that has its windows covered with aluminum, for example, may be a place where illegal activity is occurring inside.

“Listen, especially for detecting an involuntary domestic servitude victim,” he said.

People who look down when you talk to them or don't answer your questions may be afraid, he said. If something doesn't sound or feel right, people should report it.

“At least give us the opportunity to go look at it,” Wilkett said, adding the sheriff's office accepts anonymous tips.

Something has to be done to help these people, Wilkett said. “Inside, they are screaming, ‘I'm really not for sale. I'm really not for sale.’”

Parent Mechelle Flippo said she was glad she attended the meeting.

“Anytime you get information about something that can protect your child, you need to make that a priority,” Flippo said. “It is real. It does happen and it does happen in our community.”

PARIS, from page 1

fashion spreads and evolves,” Naccour said. “I have gained so much knowledge that has helped me educate my staff and team.”

Naccour started J. Joseph Salon in 2007, and was simply a one-man operation. Today, however, he has 28 employees, and an expansive location at 5132 Land O' Lakes Blvd. And not only does he deal with a crowded

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Sweetbay set to change its name ... again

By Michael Hinman
mhinman@cnewspubs.com

Life has not been good for a supermarket chain with roots in Tampa, as it prepares for its third name in the past 10 years.

Sweetbay Supermarket will soon become Winn-Dixie, a brand that has also struggled in the region under the dominance of both Publix Super Markets, and later Walmart. The name change will mark the end of the Sweetbay brand, which was introduced in 2004 as a way to refresh stores that had been known as Kash n' Karry since 1962.

The move was not unexpected after Sweetbay's parent, Delhaize Group, sold the regional chain to Bi-Lo Holdings LLC in May for \$265 million.

Bi-Lo already had purchased Winn-Dixie in 2011 for \$530 million, and with more than 600 stores already — including three in this area — it easily trumped the 72 remaining Sweetbay stores in Florida.

Signs aren't coming down just yet. Bi-Lo says it's waiting for its deal to acquire Sweetbay and two other regional supermar-



Don't get too used to seeing the Sweetbay name on storefronts, like this one in Wesley Chapel. The incoming new owner of the chain, Bi-Lo Holdings LLC, announced last week it would rebrand Sweetbay to Winn-Dixie, based on the larger grocery chain Bi-Lo purchased in 2011. (Photo by Michael Hinman)

ket chains to close before starting rebranding efforts. Sweetbay has four locations locally, including on State Road 54 in Wesley

Chapel, on County Line Road in Tampa, on Gunn Highway in Odessa, and on North Dale Mabry Highway. Once the rebranding

takes place, Winn-Dixie will have seven locations, including the ones already owned on Collier Parkway in Land O' Lakes, U.S. 41 in Lutz, and on State Road 54 in Zephyrhills.

At this point, Bi-Lo says it has no plans to close any of the stores, or lay off any workers. Local stores should be fully rebranded by the end of spring next year.

Even with a familiar rebrand, the new Winn-Dixie will have a ways to go to catch its local competitors. Publix is the nation's largest employee-owned company, and had sales of \$27.5 billion last year, according to Forbes magazine.

The chain's primary competition is Walmart, not Winn-Dixie or any other grocery chain in the state. Both Publix and Walmart have been focused on an advertising battle against each other in recent years, with Publix still holding on to the state lead.

Sweetbay started as a fruits and vegetable stand on the streets of Tampa in 1914 by Salvatore Greco. With his wife Giuseppina, the Grecos would open their first store in Plant City in 1947 under the name Big Barn, and would grow to nine stores by 1960.

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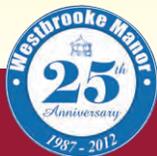
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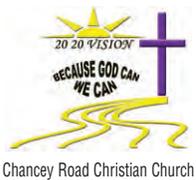


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A future tennis ace?

Amanda Walford, a third-grader at Wesley Chapel Elementary School, prepares to hit a tennis forehand shot to her partner. Tennis requires a great deal of hand-eye coordination, and plenty of practice to hit the ball over the net accurately. Students in teacher Christopher Gorman's class have been doing just that, averaging more than 100 tennis balls per class. (Photo courtesy of Christopher Gorman)

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Closer Look

AN ADVERTISER PROFILE



Donna Bruno (r), owner of Set apART Galleria, Gifts & Gathering, poses with her son, Levi.

Wesley Chapel welcomes local art gallery

by Mike Matthew

special to The Laker / Lutz News

Donna Bruno, owner of Set apART Galleria, Gifts & Gathering, started working with polymer clay only two short years ago. Her hands were filled with pain and almost useless, when she gave it the first try. To do something that caused more pain made little sense at the time. Not relying on her own understanding, she started down a path that would eventually lead to her hands becoming fully healed and so much more.

Donna started out making jewelry, selling the pieces at local bazaars and fairs. She enjoyed speaking to others about her experiences working with clay and sharing the story of her healing. "I wasn't sure where all of this was leading me until God showed me a vision of what was to come," says Donna. "I see now that the vision is my inspiration; my calling is clear."

The official grand opening of Set apART Galleria, Gifts and Gathering came to fruition on Sept. 14. The name of the store describes the three-fold mission.

Through the "Galleria," local artists, musicians and authors have an avenue to show and sell their consigned works of art. "The set-up is uniquely different, a cross between an art gallery and a boutique," says Donna. "We're currently displaying art, music and books created by a number of very talented local artists." Numerous mediums, styles and vibrant colors grace the walls, shelves and even ceiling of this 1500sf space.

The concept of "Gifts" goes well beyond a place to shop. "We are all uniquely and wonderfully made; our uniqueness is our gift. Artists feel the need to share their gift and the stories that go with it to the world," says Donna.

"Gathering" expresses a focus on community by providing a place where people can come together to share, learn and enjoy the company of others. Donna says, "The vision is to bring people together in their uniqueness, not to



Necklace Donna created and wears. The incomplete circle signifies that she is still a work in progress.

divide due to difference." The rear of the shop is a cozy place for this growing group of artists to offer a number of events, classes and an opportunity for fellowship.

Polymer clay classes are available for children and adults at \$10 per person. A beading group teaches classes to create unique jewelry using tiny glass beads. You can find the latest classes, events and information by calling the shop at (813) 501-4994 or visiting the Facebook page at www.facebook.com/SetApARTGalleriaGiftsGatheringLLC.

"Everyone has a unique, creative talent," says Donna. "My goal is to help people to find and express their creative talents with passion."

"I've always loved working with my hands, making something out of nothing," says Donna. "I've put all my heart, soul and finances into this adventure. I'm looking forward to seeing the impact."

Further down the line, Donna aspires to start a halfway house for women trying to get back on their feet. "I desire to teach them how to work with their hands, finding who they were created to be," Donna says. The Galleria is only the beginning.

Set apART Galleria, Gifts & Gathering is located in the Freedom Plaza in Wesley Chapel. The beautiful works of art being created by some of your artistic neighbors offer a unique shopping experience. Stop in for a real treat.

Set apART Open Tuesday-Saturday 11-7 **813.501.4994**
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Patients of Dr. Paul Glass Now Welcome at The Eye Care Professionals

Dr. David Scamard of The Eye Care Professionals of Tampa Bay, LLC is pleased to announce that the patient records of Dr. Paul Glass, O.D. (an independent optometric physician formerly located at Sam's Club Optical on 27727 State Road 56 in Wesley Chapel) have been transferred to The Eye Care Professionals of Tampa Bay, LLC (located at 24412 State Road 54 in Lutz) effective Oct. 7, 2013.

Dr. Glass has joined a multi-specialized ophthalmology group in Tampa and has entrusted Dr. Scamard with the continued eye care of his former patients.

The Eye Care Professionals of Tampa Bay, LLC is a full-scope

optometric practice that specializes in contact lenses and provides eye care to patients of all ages – from 6 months to the elderly. With the merger of Dr. Glass' records, the staff at The Eye Care Professionals of Tampa Bay, LLC, promises to make the transition of Dr. Glass' patients a simple one, while providing superior eye care at an affordable price.

Most vision plans are accepted. For more information on the patient records for Dr. Glass, please visit paulglassod.com or call (813) 949-7274. The staff at The Eye Care Professionals of Tampa Bay, LLC look forward to serving Dr. Glass' patients.



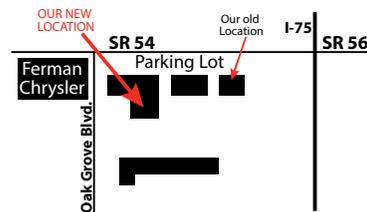
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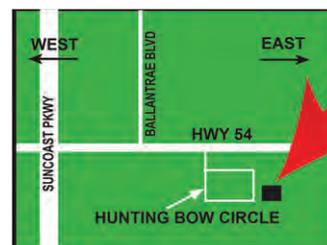
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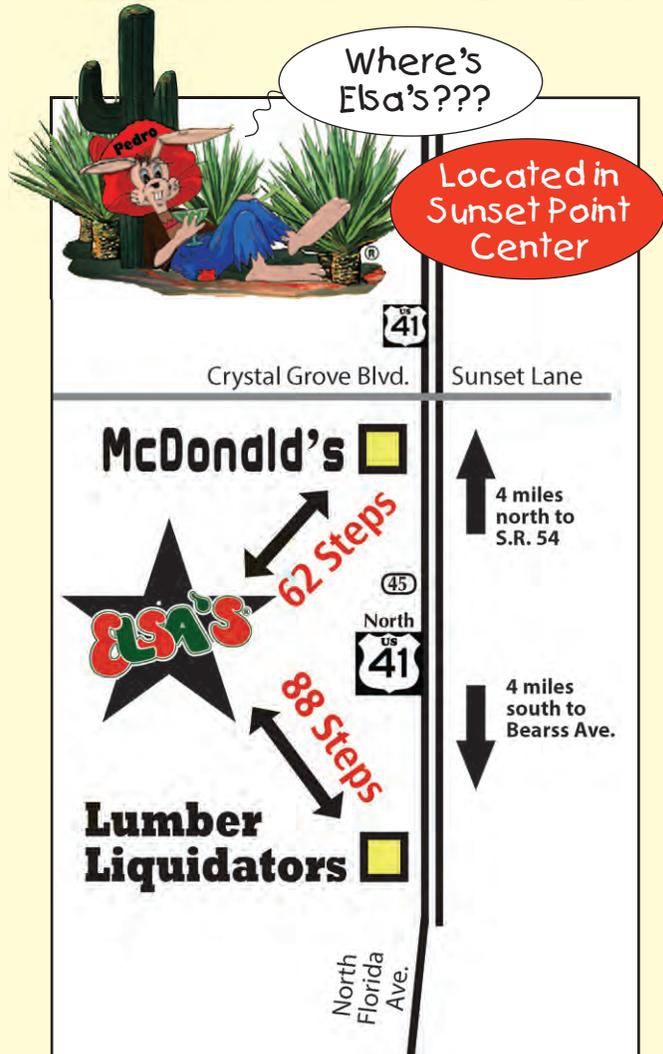
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Ocoee Founders' Day Festival November 8 & 9, 2013



'Pre-Founders' Day' Activities

Friday, November 1st

**Founders' Day
Golf Tournament at
Forest Lake Golf Course**

Registration: 11:30 a.m.

Shotgun: 12:30 p.m.

Prizes * Dinner served
after the tournament

Saturday, November 2nd

12th Annual Founders' Day Poker Run

Registration: 9:30 a.m.

Start Location: Sandwich Shop

1113 S. Clarke Road, Ocoee, FL 34761

End Location: "The Bar"

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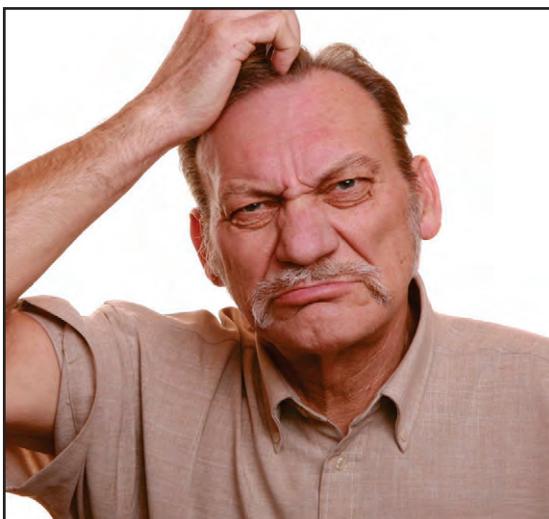
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H-LAK The Laker 4C-Thursday

Community Sports

Your Neighborhood Sports Source

Collision Course: Gators, Seahawks battle for gridiron supremacy

By Michael Murillo

The Laker/Lutz News Correspondent

The one thing a high school football team can't control is its schedule.

Some games look pretty lopsided; either a team is playing an outmatched opponent, or they're facing a superior team and have little chance at success. Other games look evenly matched but reveal a lack of talent, which might produce a dull contest.

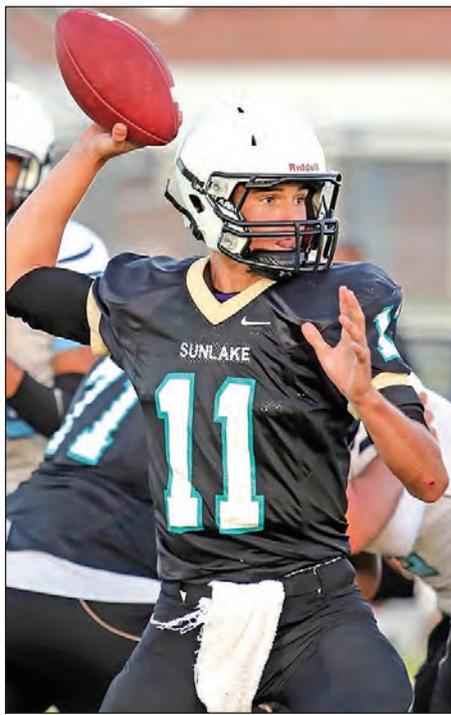
But every so often there's a game on the schedule that features two powerful teams that have enjoyed a lot of success, and are in each other's way as they battle for district supremacy. They both have a lot of strengths and relatively few weaknesses, and it will be up to the coaching staff and individual efforts on the team to try and exploit them.

With a lot on the line for the teams and plenty of entertainment for the fans in the stands, those are the good ones.

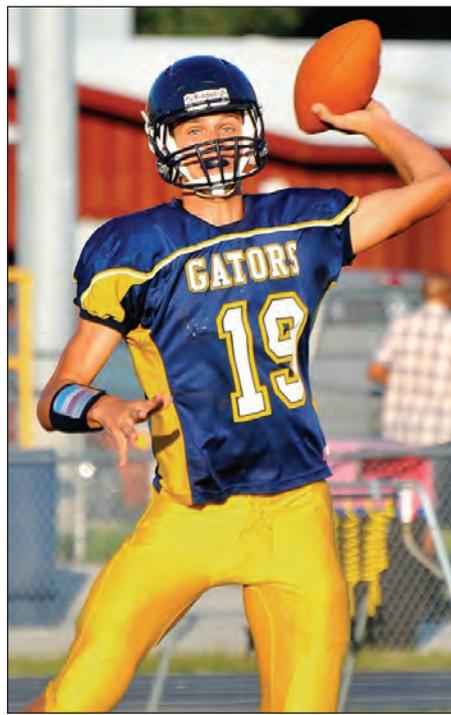
One of those good ones is on tap Friday night at Sunlake High School, when the Seahawks (6-1, 1-1 in district play) host the Land O' Lakes Gators (6-0, 1-0 in district play).

This isn't just a matchup featuring two good teams: It's the highest-scoring offense in the district (Land O' Lakes has already put up 181 points) facing the stingiest defense (Sunlake has given up just 23 points all year, with four shutouts).

It's also a true hometown rivalry, as the schools are less than 10 miles away from each other. And it's critical to the standings, as both teams are chasing Springstead (6-1 overall but already 2-0 in the district).



It's Land O' Lakes versus Sunlake this weekend, and while James Pensyl, right, is ready to tack on to his 230 yards per game, the Seahawks will have to do without Dayton Feiden, left, who suffered a season-ending knee injury. Senior Esteban LeWallen is taking over after shutting out Wesley Chapel last week. (File photos)



According to Land O' Lakes Head Coach Brian Wachtel, following the game plan will be key in a contest featuring two good teams.

"Football is kind of like a chess match out there on the field," he said. "The bottom line is, with football it comes down to exe-

cution. Your players have to execute the plays that are called."

Nobody will be surprised if Land O' Lakes tries to execute a number of passing plays, since they have a star in junior James Pensyl. He is averaging more than 230 yards per game, with a couple of rushing scores to complement double-digit touchdowns through the air.

Pensyl has shown a lot of growth in his second year, Wachtel said, and has a firm grasp of both the team's objectives and the scheme they're using to get there.

Even Sunlake Head Coach Bill Browning has taken note of Pensyl's progress.

"He is vastly improved over last year," Browning said. "They've developed a good scheme around him, that I think fits what he does well."

Unfortunately for Browning, his own starting quarterback won't be suiting up for

6A-6 Football Standings

Team	W	L	PF	PA
Land O' Lakes	6	0	181	54
Springstead	6	1	167	80
Sunlake	6	1	142	23
Mitchell	4	3	165	175
Fivay	3	3	151	192

Friday's game: Junior Dayton Feiden suffered a recent knee injury, and was scheduled for surgery earlier this week. He's out for the year.

That means senior Esteban LeWallen is transitioning from backup to starter (he was behind center for the team's win against Wesley Chapel last weekend). With four years' experience in the system, Browning saw good things in LeWallen's first start and has confidence in him going forward.

Still, fans can expect a lot of running plays for Sunlake, specifically for star running back Nathan Johnson. The junior scored two more touchdowns last week against Wesley Chapel (boosting his season total to 10), and already is closing in on 1,000 yards rushing.

But Johnson isn't guaranteed an easy time on Friday: Land O' Lakes is second in the district with just 54 points allowed all year.

Still, Browning admits that Johnson will, as usual, be the focal point of their offense. "He is every week. It's no secret," he said.

No matter how the game itself plays out, both coaches are coming into the contest with a healthy respect for their opponent and the realization that this is a special week.

"This is a rivalry game. This is a community game. There will definitely be a great atmosphere there; there's no doubt about that," Wachtel explained.

And Browning agrees. "This is what high school football is all about. You want challenges like this as you play," he said. "I would imagine that anybody who's a high school football fan in Land O' Lakes, Fla., will be at that game Friday night."

Stacking up

Only seven teams remain undefeated in Class 6A, with Land O' Lakes joining Hallandale, Heritage, Ida Baker, Escambia, Citrus and Armwood.

Sunlake has allowed just 23 points all season, tied for the best in Class 6A with Armwood, which has played one less game. Yet the Seahawks have not really put a lot of offense on the board with just 20.3 points per game.

Of the 25 teams with just one loss or better in the class, only Gainesville has scored fewer points. However, because they have played one less game than Sunlake, the Hurricanes are averaging 22.5 points per game.

CHECK THIS OUT

Soccer league registration

The Greater Tampa Bay Football Club is hosting a fall and winter soccer registration online for players ages 4-19.

Practice begins at the end of September or early October with game days running between Oct. 19 and Feb. 22.

Games will be played at the Land O' Lakes Recreational Complex, 3032 Collier Parkway. Fees range between \$89 and \$159. Uniforms are included for everyone except the under-12 and above, where uniforms may cost extra.

To register, go to www.gtbfc.com and click on "register." For more information, visit the website, call Mike Pearson at (813) 748-2060, or email him at mpear3118@msn.com.

Get registered for Hike for Hospice

With Hike for Hospice coming on Nov. 10, Gulfside Regional Hospice will have a registration session at its Lutz Thrift Shoppe, 1930 Land O' Lakes Blvd., Oct. 23 from 4 p.m. to 7 p.m.

The seventh annual event includes both a 5-kilometer run and a 5k walk. It will take place at Rasmussen College, 18600 Fernview St. in Land O' Lakes, with a 7 a.m. check-in, and 8 a.m. start. Prizes will be awarded for top fundraisers and fastest runners.

Registration fees are \$25 for adults, \$15 for students aged 11 to college, and \$10 for children 10 and younger.

All hikers will receive a T-shirt, breakfast

and beverages.

Proceeds benefit patients and their families facing life-limiting illnesses in Pasco County, as well as support programs at Gulfside's Hospice Houses and Bereavement Centers. The event has raised more than \$250,000 since it began in 2007.

For more information, visit www.FirstGiving.com/Hikeforhospice, or call (800) 561-4883.

5k Freedom Run at Lake Como

A 5-kilometer run and a 2.5-kilometer walk benefiting the Florida Gulf Coast Paralyzed Veterans of America, will take place Nov. 10 beginning at 8 a.m. at Lake Como Family Nudist Resort, 20500 Cot Road in Lutz.

The run will take place through the resort's 200 acres that includes a nature preserve as well as a mix of pavement and cross-country.

Entry fee is \$20 if registered by Oct. 28, or \$25 after. Awards will be given in 13 age categories.

For more information, call (877) 879-5253, or visit LakeComoNaturally.com.

Golfing for Alzheimer's

The Alzheimer's Family Organization and Full Circle Financial will host its 13th annual charity golf tournament Nov. 9 with an 8 a.m. shotgun start.

It will take place at the Seven Springs County Club, 3535 Trophy Blvd. in New Port

Richey, with registration beginning at 6:30 a.m.

The 18-hole, four-person scramble will have its top three teams awarded, as well as those who had the longest drive, was closest to the pin, and a special hole-in-one prize offered by Friendly Kia of New Port Richey.

The event will also include a continental breakfast, lunch from Argento's Italian Bistro, and prizes.

The cost is \$85 per person, with funds supporting the Alzheimer's Family Organization. The group services Citrus, Hernando, Hillsborough, Lake, Pasco, Sumter, Pinellas and Marion counties.

For more information, call (727) 848-8888 or (888) 496-8004.

Fly fishers invited to Crystal River

The Florida Council on the International Federation of Fly Fishers and the Tarpon Coast Fly Fishers are hosting the 2013 Florida Fly Fishing Expo Oct. 18-19 on the grounds of Plantation on Crystal River, 9301 W. Fort Island Trail in Crystal River.

The expo will include clinics, workshops and programs from fly-fishing experts, writers, authors, fly-casting instructors, charter captains and fly tiers.

Admission is \$10 for the two-day expo, with children 16 and younger admitted free.

For more information, call (850) 212-5396, or visit tinyurl.com/CrystalRiverFly.

Senior Slo Pitch registration

The Slo Pitch Softball League, geared toward players older than 60, will host registration every Friday beginning at 8:30 a.m.

at the Land O' Lakes Recreation Complex, 3932 Collier Parkway in Land O' Lakes.

Teams will be balanced, and will play Friday mornings at the community center.

For more information, call Walt Bockmiller at (813) 527-8211.

Soccer Gemz registration

Soccer Gemz, which provides year-round, noncompetitive programming for kids between the ages of 18 months to 8 years, is currently registering both boys and girls for the new season, which starts Oct. 26.

Games are over a seven-week period at the Lutz First Baptist Church, 18116 U.S. 41. Registration ends Oct. 21, and fees range from \$110 to \$130.

For more information, call Jerome Smalls at (813) 421-5203, or visit www.SoccerGemz.com.

Pasco Sheriff's Golf Classic

The 2013 Pasco Sheriff's Golf Classic, which supports Pasco County youth charities, will take place Nov. 4 at the Lexington Oaks Golf Club in Wesley Chapel.

This year's tournament will support the Pasco Police Athletic League, the largest law enforcement-coordinated football and cheer-leading organization in the Tampa Bay area.

Shotgun start is at 9 a.m. Cost is \$150 per person, or \$600 per foursome. Fees include a continental breakfast, 18 holes of golf, and a catered luncheon.

For more information on the event, visit www.PascoSheriff.com, or call (800) 854-2862, ext. 7732. Deadline to register is Oct. 25.



Sunrise of Pasco County chief executive Penny Morrill and heir apparent Kelly Sinn, center, join Dade City Police Chief Ray Velboom, left, and Dade City Police Department officer Kevin Burns during last year's candlelight vigil. The event creates awareness of domestic and sexual violence, and encourages victims to seek help, and that they are not alone. (Photos courtesy of Sunrise of Pasco County)

Candlelight vigil to shine light on domestic violence

By Michael Hinman
 mhinman@cnewspubs.com

Sunrise of Pasco County will take over Agnes Lamb Park in Dade City on Oct. 17 with its annual candlelight vigil.

It's the 17th annual event for the domestic and sexual violence center, but will be the first one with a new chief executive officer, Kelly Sinn.

She took over for longtime leader Penny Morrill, who retired in May after 27 years at the helm.

There is no other job more important to Sinn than helping victims of domestic violence. Yet it wasn't always that way. In fact, when Sinn first joined Sunrise 11 years ago as an advocate in the women's shelter, doing such work was the last thing on her mind.

"I had no idea what domestic violence was. I was very naïve," Sinn said. "I didn't even know agencies like this existed."

Sinn was introduced to Sunrise through another family member who was a children's counselor there at the time. Although she was still a college student, Sinn had no trouble getting through the interview. But Sinn didn't fully realize what she was getting into until she took a tour of the Dade City facility and its 24-bed shelter.

"We walked out into the back, and the first thing I saw was a mom," Sinn said. "She had a couple kids there with her, and what I remember the most was that she had a huge black eye. I stopped and smiled and said hello, but it was kind of surreal."

Later, a meeting broke up and all of the women who had taken part were crying. Sinn said she was worried something terrible had happened during their counseling session, but it was actually the exact opposite: They were tears of joy.

"Whatever was discussed in that group, it was so powerful to them and impacted them so much," Sinn said. "They cried because they were happy, they were safe, and were stronger for themselves and their children. I realized I really wanted to be able to impact somebody's life like that."

Sinn switched majors from business to social work, and as she progressed in her education, she rose in the ranks at Sunrise, becoming its chief operating officer in 2010.

She takes over an organization that has grown from just one employee and a \$35,000 budget three decades ago, to one that now operates on \$1.5 million a year, with 34 staff members. It's also in the middle of expanding its shelter from 24 beds to 40. Yet the focus of Sunrise has never changed — helping the victims of domestic violence and sexual abuse.

In 2010, more than 113,000 crimes of domestic violence were reported to police in Florida, according to the Florida Coalition Against Domestic Violence. Yet, many more go unreported.

"Fear is typically the No. 1 reason victims stay in an abusive relationship," Sinn said. "But fear is also the No. 1 reason why they will get out of a relationship as well, because they are afraid of what will happen if they continue to stay."

However, many abuse victims get caught in a cycle where they return to the person who abused them in the first place. Sometimes they can go back as many as 10 times before they finally stay away, Sinn said.

"When women and children come into our facility and into our shelter, many times they have very low self-esteem," Sinn said. "But seeing how they progress once they get here, where they have a new home that is safe, and how far they've come, that's so powerful."

The candlelight vigil begins at 6 p.m. at the park, which is located in the heart of Dade City's downtown. Besides the hundreds of lit candles, one of the more moving displays is the dozens of T-shirts hung from clotheslines designed by domestic violence victims.

It's part of The Clothesline Project, created by a group of women in 1990 after they discovered that during the Vietnam War, 51,000 women were killed in domestic violence incidents — at the same time 58,000 soldiers were killed in the conflict.

The shirts themselves come in various colors, each with its own meaning. A white shirt represents a woman who died from domestic violence. Yellow or beige is for those who have been battered or assaulted. Red, pink and orange are for survivors of rape and sexual assault. Blue and green represent survivors of incest and sexual abuse. And purple or lavender represents women attacked because of their sexual orientation.

Messages on the shirt can range from short statements like, "You may have defeated me, but you will not destroy me," to longer stories and poems.

"Every year, we use domestic violence month to acknowledge and honor the survivors that have been able to escape abusive homes, and remember those who have lost their lives," Sinn said. "We shed light on all of this, for those who are still living in those types of situations, with the hope that they'll seek out help."

The candlelight vigil is not a fundraiser for the group, which operates on donations and grants. Yet anyone interested in helping out Sunrise can call (352) 567-1681, or visit www.SunrisePasco.org.

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Closer Look

AN ADVERTISER PROFILE

This artist styles hair too

by Mike Matthew
 special to The Laker / Lutz News

Joan Cotter has been styling hair for 35 years. After learning her trade in Ireland, she moved to Long Island, New York and opened her first salon in 1987. Thirteen years later, she moved to Florida and opened her second salon, The Jagged Edge, in Lutz.

In March of 2012 she opened Hair Today in the Connerton Plaza in Land O' Lakes. "We're very convenient to residents in the new town of Connerton," says Joan. Hair Today is located in the Publix shopping center at the corner of U.S. 41 and Pleasant Plains Parkway.

Joan has four full-time stylists employed at Hair Today. Gail Strickland, formerly of Super Cuts in Land O' Lakes, and Meagan Whehle, formerly of J. Joseph Salon in Land O' Lakes, are her newest employees. Meagan is especially experienced with Keratin treatments and coloring.

"We have a great staff here," says Joan. "Everyone gets along with each other very well and shows a real willingness to help each other out when customers have questions or ask for opinions. This is a very friendly and welcoming environment for customers and the staff."

Her team is experienced with caucasian and ethnic hair care. In addition to hair care, they offer microdermabrasion and mini-facials, roller sets, updos, relaxers and perms. Her primary products are Eufora, GK, Mizani and Paul



Joan Cotter - Hair Today

Mitchell. She recently added a manicure and pedicure station.

The atmosphere of the salon is relaxed and personable. She started painting as a hobby a little over two years ago. "It's very relaxing," says Joan. "I paint mostly 19th century ladies and landscapes. I've always felt a closeness with things of that era, so it was only natural for me to focus my painting there."

You can find a number of her paintings displayed on the walls at Hair Today. Viewing her paintings while getting your hair styled enhances the experience and adds a personal touch not found in a typical salon.

Women's cuts start at \$25. Children's cuts are \$12. Men's cuts start at \$15, and she offers beard and mustache trimming for an additional \$5. Consultations are free. Stop on in if you have questions or want to explore a change in style. Walk-ins are always welcome.



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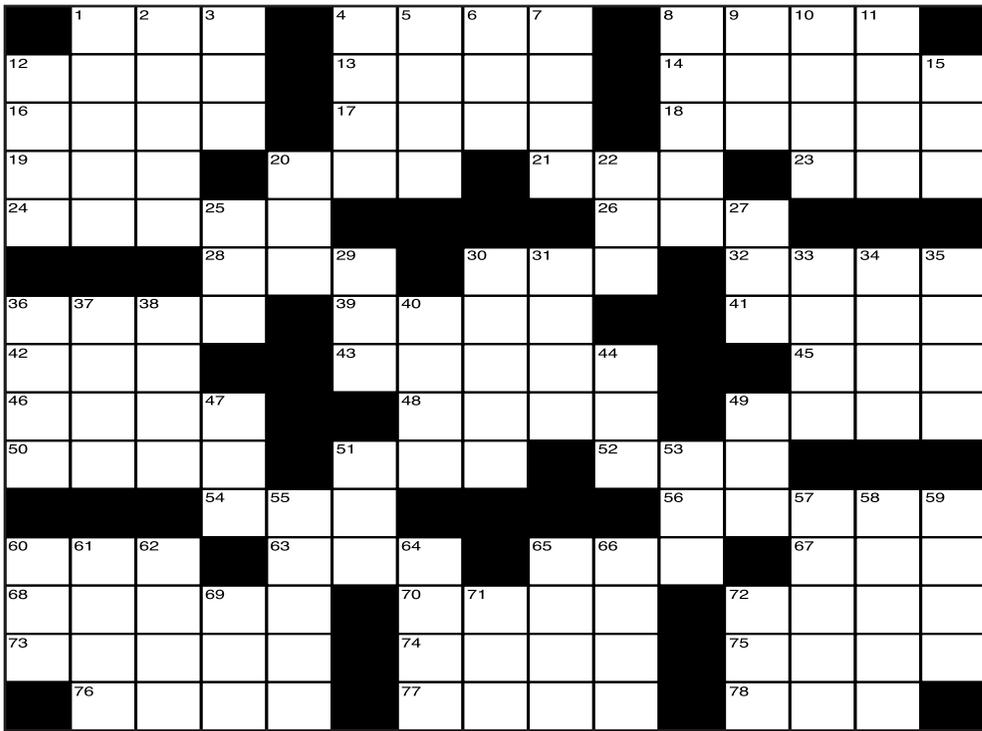
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ACROSS

- 1. Rate of revolution of a motor.
- 4. From a great distance.
- 8. Indistinct, shapeless form.
- 12. Make undecipherable.
- 13. Author _ James.
- 14. Singer _ Neville.
- 16. Nearly horizontal passage from the surface into a mine.
- 17. Golden Girl _ Nylund.
- 18. _ Devil.
- 19. New Year in Vietnam.
- 20. Cut off from a whole.
- 21. Albanian currency.
- 23. Author _ Caletti.
- 24. Make an attempt.
- 26. Dark-red resin.
- 28. _ with Mussolini.
- 30. Request.
- 32. _ Betty.
- 36. Paperlike cloth made by pounding tapa bark.
- 39. Continue undisturbed and without interference.
- 41. Bluish-black.
- 42. Play a winning serve in tennis.

- 43. Tall timber tree of New Zealand with white straight-grained wood.
- 45. Album by the English band King Crimson.
- 46. Torrent of rushing water.
- 48. Author _ Cook.
- 49. Eighth letter of the Hebrew alphabet.
- 50. Edible root of the taro.
- 51. Past tense of "get."
- 52. Large New Zealand parrot.
- 54. Brownish.
- 56. Aquatic plant native to southern Asia and Australia.
- 60. Strange person.
- 63. Large open vessel.
- 65. Conj. (logic) "if and only if."
- 67. Put to a purpose.
- 68. Republic in northern Europe.
- 70. Having inherent physical or mental ability.
- 72. Actress _ Popplewell.
- 73. Ordered by the papacy.
- 74. The _ of the White Worm.
- 75. Tomorrow Never _.
- 76. Bare, sandy tract near the sea.
- 77. Acronym for Iowa Research and

- Education Network.
- 78. South American wood-sorrel.

DOWN

- 1. Travels over a surface.
- 2. Prepares an edition for publication.
- 3. Examine closely.
- 4. Fictional character in Marvel Comics who first appeared in New Mutants #42.
- 5. Act of throwing one down.
- 6. East Indian tree.
- 7. American country dance, which starts with couples facing each other in two lines.
- 8. Coffeecake flavored with orange rind, raisins and almonds.
- 9. L.A. _.
- 10. Toward the mouth.
- 11. The _ Collector.
- 12. Dislike intensely.
- 15. Seize.
- 20. Short branch of a railway.
- 22. Member of a fraternal organization that supports various charitable causes.
- 25. Muztagh _ mountain peak in the Kunlun range in China.

WORD SCRAMBLE

Rearrange the letters in each word to spell something pertaining to Halloween.

TCSMOEU



ANSWER: costume

- 27. Awkward, inexperienced youth.
- 29. Large boat used to transport merchandise.
- 30. Fully developed person from maturity onward.
- 31. Entire sequence of ecological communities successively occupying an area from the initial stage to the climax.
- 33. Sticky substance used as an adhesive.
- 34. Item at the end.
- 35. Variant of yea.
- 36. Trivial lie.
- 37. Represented by the generic formula HA.
- 38. Undecided.
- 40. Jafar's sidekick.
- 44. Dark protective fluid ejected by cuttlefish and other cephalopods.
- 47. Move the head in agreement.
- 49. Aluminum coin and monetary unit of Vietnam.
- 51. African antelope.
- 53. Entangle hair.
- 55. Being of service.
- 57. Enveloping layer of body tissue.
- 58. Widely distributed lichens with a grayish or yellow pendulous freely branched thallus.
- 59. Freedom of the _.
- 60. Acronym for Off Street Parking.
- 61. Two items of the same kind.
- 62. Add impurities to a semiconductor in order to modify its properties.
- 64. Road to _.
- 65. _ N_stase, former Romanian professional tennis player.
- 66. _ Britton, a well-known English television presenter.
- 69. One of the British Isles in the Irish Sea.
- 71. Obstruct.
- 72. Bustle.

CRYPTOQUIZ

Each of the following cryptograms is a clue to the identity of a type of character often associated with Halloween. Using the hints V=L and E=U, decipher the clues to name the character.

- 1 WEDNR
- 2 HEVV JYYS
- 3 HED
- 4 NBVLRD AEVVRXN
- 5 FYGV

Oh, how many artists have taken on the role of this character over the years, including Michael Landon and David Naughton: _____

Answers: 1) Curse, 2) Full moon, 3) Fur, 4) Silver bullets, 5) Howl, Werewolf

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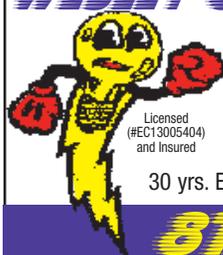
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Yard Sales

Local Employment

GARAGE / YARD SALES

GARAGE SALE AT SKYDIVE CITY, In support of Zephyrhills Fire Rescue! Saturday, Oct 19, 9am-2pm. Computer stuff, monitors, some tools, office accessories, some cabinets - you name it and we probably have it. 4241 Sky Dive Ln, Zephyrhills

GOLF YARD SALE. Sat 10/19 8-2PM New & Used Clubs, Bags, and More. 20819 Nectarine Pl, LOL, The Groves.

HUGE GARAGE SALE, FRI. & SAT. OCT. 18, 19 - 8AM - 2PM, BARRINGTON SUB., 17728 RIVENDEL RD., LUTZ

LAKESHORE RANCH COMMUNITY in LOL. Saturday, Oct. 19, 8:00 am-1:00 pm. **MULTIPLE FAMILIES PARTICIPATING!** Hwy 41 (7 miles N of SR 54) West side.

LUTZ MULTI FAMILY Garage Sale, Oct 18 & 19, 8 to 2 p.m. 2501 Rustic Oaks Dr. Lots of good stuff!

LUTZ, LAKE HERON COMM. GARAGE SALE

Sat. Oct. 19th. 7:30 am - 2:30 pm
GPS 21361 Lake Floyd Dr. 33549

LUTZ, MULTI-COMMUNITY YARD SALE

Oct. 20, 8am-? on Leonard Rd, 1 blk So. of Hwy 54 off Hwy 41. Look for signs.

MEADOW POINTE III and Meadow Pointe IV, Community Yard Sale
October 19, 2013 8:00am to 1:00pm

THE GROVES GOLF & COUNTRY CLUB Community Garage Sale
Saturday, October 19th, 8am - 3pm

TIFFANY LAKE MANOR Community Sale
SAT, October 26, 8am-1pm.
Off Hwy 41 on Whitaker in Lutz.

WILDERNESS LAKE PRESERVE

Community Sale!
Saturday, October 19
US 41, 4.9 miles North of SR 54

FREE GARAGE SALE ADS!

3 lines of text, with 35 characters and spaces per line, FOR FREE*!

Call Rachel at 813.909.2800
Ask about discounts for community garage sales & display ads!

*Private parties only

BUY 3 WEEKS GET 1 FREE
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 - 1-2 years experience preferred
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Need some extra cash?
Event workers needed! Ierna's Heating & Cooling participates in many community events. We need YOU to work these events and set appointments!

Must be friendly, reliable and approachable!

If interested, please contact Shantelle at 813-948-6355 or ShantelleJ@iernaAir.com

www.IernaAir.com
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YOUR AD HERE
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Great Business Opportunity!
START UP WITH LOW COST.
Established business for 8 years, has a room available for rent, everything included. \$500/mo. Must have valid Florida Massage License.

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Other Employment

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\$1000 WEEKLY PAID IN ADVANCE!!!** MAILING BROCHURES or TYPING ADS from home. FREE Supplies! Genuine Opportunity, PT/FT. No Experience Needed!
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Opportunity of a lifetime: unique USDA-certified grass-fed NOP organic livestock farm, see detail at
www.lewisfamilyfarm.com/recruitment (n)

NOW HIRING OTR Class A CDL Drivers New Pay Package and \$1500 Sign-On Bonus! Mostly 5-10 days out. Call today 1-888-378-9691 or apply at www.heyl.net (x)

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For Sale

AUCTIONS

AUCTION BANK OWNED Property - Bland County, Virginia. 425+/- acres offered in 13 tracts. 5,500+/- sq ft custom "Rocky Mountain Log Home," additional brick bi-level home, horse barn, 2 ponds and great views, plus 405+/- acres joining National Forest. Abundant deer, bear, turkey and WILD HOGS! 5% Buyer's Premium. Call Russell Senoff, November 8 at 5 PM, Auction Held Quality Inn, Bluefield, WV. Woltz & Associates, Inc. (VA# 321) Real Estate Brokers & Auctioneers.
540-342-3560 • 800-551-3588 • woltz.com (x)

ESTATE AUCTION--SAT. Oct 26th. 5200 SE 26th Ave, Ocala. Preview at 9am, Auction at 10am. Items collected over 6 decades! More information & pictures: www.brewerauctions.com (386)497-4438 AU#2604 AB#1940 12%-BP (x)

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R	E	V	A	F	A	R	B	L	O	B		
H	I	D	E	L	L	E	A	A	R	O	N	
A	D	I	T	R	O	S	E	B	W	A	N	A
T	E	T	L	O	P	L	E	K	D	E	B	
E	S	S	A	Y	L	A	C					
T	E	A	A	S	K	U	G	L	Y			
T	A	P	A	R	I	D	E	B	L	A	E	
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P	A	P	A	L	A	I	R	D	I	E	S	
D	E	N	E	T	R	E	N	O	C	A		

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COMPUTERS / ELECTRONICS

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ANNOUNCEMENTS

NOTICE OF ACTION BEFORE THE DEPARTMENT OF EDUCATION

IN RE: The Teacher's Certificate of:

Julio Alberto Machuca
8521 Northton Groves Blvd.
Odessa, Florida 33556

Notice is hereby given to Julio Alberto Machuca, Respondent, of the prosecution of an Administrative Complaint seeking the revocation or suspension of his teacher's certificate.

If Respondent, Julio Alberto Machuca, wishes to schedule an informal conference under the provisions of Section 120.60(6), Florida Statutes, with all requirements for the retention of the certificate, he should contact Marian Lambeth, Office of Professional Practices Services, Florida Education Center, 325 West Gaines Street, Room 224-E, Tallahassee, Florida 32399, (850) 245-0438.

If such a conference is not requested, this notice shall constitute service of the Administrative Complaint, which shall be filed with the Education Practices Commission.

Failure to file a response to the complaint with the Education Practices Commission, Florida Education Center, 325 West Gaines Street, Room 224, Tallahassee, Florida 32399 by November 20, 2013 shall constitute holding the Respondent in default. The Complaint will then be considered by the Education Practices Commission for final action to impose disciplinary sanctions, including revocation or suspension, under the terms of Section 120.57, 120.60, 1012.79, 1012.795, and 1012.796, Florida Statutes.

PLEASE BE GOVERNED ACCORDINGLY.

Dated this 9th day of September, 2013

Pam Stewart
Commissioner of Education

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Notices

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CASH FOR CARS: All Cars/Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: **1-800-864-5960** (n)

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WANTED

!!OLD GUITARS WANTED!! Gibson, Martin, Fender, Gretsch. 1930-1980. Top Dollar paid!! Call Toll Free **1-866-433-8277** (v)

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